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**A fang-tastic time**

STANDARD PHOTO BY DENNIS YOUNG

The Rushton and Spencer families took part in Halloween at the Museum hosted by the Dufferin Historical Museum last Saturday. Families gathered for a day of fun activities. Pictured clockwise from top left, Robert Rushton and Rosco (5), Chelsea Rushton and Josie (5 months); Lacey Spencer, Payton Spencer (5), Kaylee Rushton (3) and Crue Spencer (3). See more photos on pg. 12.

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# Boyne Regional Library has lots on the go for Canadian Library Week

By Ty Dilello

October was Canadian Library Month. Canadian Library Month is an opportunity for the local community to celebrate the importance of the Boyne Regional Library in Carman.

More than just a place to find books, libraries promote cultural awareness, engage in the community, provide educational programs, support freedom of expression, and so much more. The Boyne Regional Library has had a busy month and will have some other exciting events in the coming weeks.

The library partnered with the Carman-Dufferin Fire Department and Safe Communities Carman-Dufferin for Fire Prevention Week. Children participated in a colouring contest to enter a random draw to win a prize basket. The prize basket consisted of two fire department Lego sets, various books, and other activities. The winner of the prize basket will be randomly drawn on Nov. 1 and posted on the library website, social media, and bulletin board.

On Oct. 9, adults and seniors gathered at the library for its Afghan-athon, where they came together to crochet and knit six-inch squares. These colourful squares will be assembled into Afghan lap blankets

and donated to the Carman Palliative Care Program.

"It was a wonderful day of creativity and community spirit, as participants shared their skills and contributed to a meaningful cause," said Lynsey Hannah of the Boyne Regional Library.

At the library's monthly Creative Connection event on Oct. 17, local Hutterite authors Dora and Elma Maendel captivated an audience of over 50 community members and children with readings from their books, *Deborah's Journey* and *A is for Ankela*, respectively. Attendees were treated to a rich discussion about Hutterite life and culture, gaining insight into the inspiration behind the authors' works and the unique perspectives they bring to storytelling.

The Boyne Regional Library will host its third annual Youth Maker Market on Nov. 16 from 12 to 3 p.m. The market highlights talented youth's creativity and entrepreneurial spirit from the local community and surrounding areas. Visitors can browse various unique items, including hand-poured candles, watercolour bookmarks, and decorative key fobs. Every purchase gives shoppers a chance to win one of four \$50 Carman Chamber Cash Bucks, generously



STANDARD PHOTOS SUBMITTED BY LYNSEY HANNAH  
Creative Connections at the Boyne Regional Library on Oct. 17 welcomed Elma Maendel and Dora Maendel to share their newly published books.

sponsored by Community Futures Heartland. So come out and support the young entrepreneurs and enjoy a day of creativity.

The library is also excited to host its second Annual Mini Art Show, featuring incredible artwork created by some community members. Participants were given tiny canvases to paint at home, which will be returned for display. The exhibition will be open from Nov. 20 to Dec. 12, providing an excellent opportunity to admire the creativity of its patrons. Take advantage of this chance to ap-

preciate local talent and celebrate the artistic spirit of our community.

If you want to support the Boyne Regional Library, the current fundraiser is Wine Survivor. Wine Survivor is a fun and exciting way to do so, and participants have a chance to win wine before the holiday season.

Wine Survivor will help fund library programs for children and families this year. Registration is open from Oct. 30 until Nov. 29. To register, all you need is a team of four participants

Continued on page 2



**HAPPY HALLOWEEN**

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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

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## Advocacy network ensures families are not alone

By Siobhan Maas

Supporting a loved one with unique needs can feel overwhelming, especially when caregivers have minimal support or are left navigating a complex system alone. A program started seven years ago, the Family Advocacy Network (FAN) is a confidential support service for parents and unpaid caregivers supporting seniors, youth, and adults with intellectual or developmental disabilities or autism in inclusive education, navigating resources for special needs, and supporting independent living in Manitoba.

For one Morris mother, having FAN has helped alleviate the frustration she initially felt in 2021 when trying to make sense of “a government system that isn’t as efficient as it could be.”

This mother, who declined to give her name to protect her child’s privacy, feels much calmer knowing that someone out there has her back.

“Somebody somewhere knows the challenge I’m facing and where to go next. I don’t feel like I’m banging my head against the wall anymore,” she shared at a recent FAN meeting. “Sitting down with someone who is walking the same road is comforting. I understand that I’m not alone.”

“FAN is light to a family that only feels ‘I don’t know where to go.’”

She has struggled over the last decade with accessing resources for her

now adult son.

“We don’t talk about our autistic child. We speak of our child with autism. Autism should be viewed of as a trait, like curly hair or brown eyes,” she said. “Many people associate autism with IQ, yet there are many children [with] autism [who] are incredibly bright and intelligent. [With help from FAN,] my child is proud of who he is and it’s taken many years to get there.”

Autism is only one condition that families might need assistance with. Audra Latschislaw, Manitoba’s FAN coordinator, ensures that no families are turned away due to the cross disability nature of the organization’s advocacy work.

“We are all advocating for the same thing. We support parents with resources and action—how do we figure this out together?” Latschislaw said. “I’ve also navigated things alone, while in crisis, in a rural area.” FAN ensures a strong provincial voice of “I should be able to raise my child where I want, not where resources are.”

The Morris Family Advocacy Network branch meets monthly and is a safe place for families to be open about their struggles in the various systems interacted with on a regular basis: school, government, community living resources, or special needs accessibility.

Latschislaw says the families in-

involved in the various branches across the province are “a passionate bunch” through their advocacy for change at both community and government levels.

“No one needs to be alone. There is power behind hearing and sharing stories. We have to keep the conversation going.”

The Family Advocacy Network has grown exponentially since its formation in 2017 due to a grant from the Manitoba Government’s Department of Families’ Community Based Assisted Decision Making Pilot Project.

“We have developed peer groups and several action groups that report quarterly to the province. It is powerful and exciting to have families heard and recognized,” said Latschislaw.

Despite grant funding running out in January 2025, new provincial branches continue to emerge, and commitment to the organization remains strong. Carman will be holding their first meeting on Nov. 7 from 7-9 p.m. at the Carman Memorial Hall. FAN’s Morris branch will hold their next Peer Support Group on Nov. 23 from 2-4 p.m. at the Davidson Memorial Centre.

Visit fanmb.ca for additional information or reach out to 431-489-2542.

You can also connect with the Family Advocacy Network of Manitoba Facebook group.

## This week, the way it was through the years

By Dennis Young

100 Years ago, 1924.... Monument Engraver J. Billing has office 1st door north of Palace Barns and J.G. Gowan & Co sell corsets and brassieres from \$1.65-\$5.

75 Years ago, 1949....Just 393 of possible 1,100 voters cast for Town Coun-

cil and Dufferin Service Station offers new Austin cars for \$1565.

50 Years ago, 1974.....Arena ice rates set at \$5/hour for Cougars or 30 percent of gate and Kitching Bros offer “pick them yourselves” spuds for .025/lb due to lack of storage. 3,000 showed taking 30 tons.

25 Years ago, 1999.....Boyne Library awards an \$180,000 tender for the expansion and door-to-door canvassing begins to raise \$750,000 for a new pool.

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# Flashback...Hey you're going the wrong way!

By Dennis Young

In 1987, Carman residents had to adjust their driving habits on 1st Street SW and 1st Avenue SW when the town council passed a resolution to implement a one-way traffic trial period. The idea was initially presented by Councilor Al Boxshall, who claimed he had been pushing for changes since he owned the Ryall Hotel 10 years before. He noted that having a one-way would improve safety and increase parking spots by 21.

The trial period was from December to March but was extended to the end of April after concerns were brought forward. Some locals protested and petitioned, yet the *Carman*

*Valley Leader* printed a poll, and the results were 2/3s in favour. As was the Chamber of Commerce canvassing its members. Even with the new signage up, the assumption was that some traffic would be confused, so RCMP was instructed to hand out warnings for the first few days.

At an announced meeting in 1988, the town council recorded the vote on the issue, with all councillors present voting to keep the street/avenue's one-way designation. Any protestors failed to show up at that meeting, but a referendum was to be held on such street changes during the next election.



STANDARD PHOTO SUBMITTED

The view of Carman's 1st Street SW prior to one-way designation.

## Where are they now? Catching up with Jackie "McInnes" Hritzuk

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

**Q. Firstly, let's get familiar with you again. When did you live in Carman?**

I lived in the Carman area from birth to 1973. The first six years of my life was spent in the St. Daniel district until our family moved east of Carman in 1962.

**Q. Did you attend school here?**

I attended St. Daniel school to grade 1 then Carman Elementary and Carman Collegiate, graduating in 1973.

**Q. What did you do for jobs as a student?**

During high school I worked as a candy striper at the Carman Hospital and later as a server at the Fireside Inn.

**Q. What activities did you participate in as a student?**

I volunteered with the Fashion Club, Student Council, and did some cheerleading for the Carman Cougars hockey team.

**Q. Who and what did your parents do for a living?**

My parents were farmers. After retiring from the farm, my mom worked at McEachern's potato business and Aubin Nurseries for a few years.

**Q. What was your chosen career after school?**

After graduation I moved to Winnipeg where I obtained employment with an engineering and plumbing supply company. After deciding I wasn't going to attend university or college, a work colleague and I moved to Calgary, as I had accepted a transfer with this company.

**Q. What activities did you participate in while working there?**

I continued curling in a Business Girls league in Winnipeg. I also participated in fun ball tournaments through work.

**Q. Did you meet your spouse here or where?**

It was while living in Calgary that I met my husband to be, Wally Hritzuk. I eventually moved to Prince George where Wally lived. We were married in June 1980 in Carman. We eventually left Prince George and eventually settled in Flin Flon after a brief stop in Alberta.

**Q. Did you raise any children here or where? Names, where now and doing what?**

We've raised two children, Lindsey, who works for the University of Calgary and Brian who works for Superior Propane. No grandchildren.

**Q. What do you do now? Retired?**

I retired from working in a school for the Flin Flon School Division in 2016, however, I still do some casual work for them.

**Q. What passes your leisure time? Hobbies? Sports?**

For many years, I was an avid curler and now enjoy going to the Briers occasionally and watching my favorite teams on television. I have also been involved as a volunteer with Girl Guides of Canada for about 35 years, having received a Medal of Merit award and the Manitoba Red River Cart award. I have also volunteered with many other organizations that I have belonged to, or my children were in.

**Q. Have you travelled for leisure and where?**

My husband and I spent a few years as "Canadian Snowbirds" in Osoyoos B.C. before the pandemic came. Most of our other travelling has been in Canada and the U.S.A.

**Q. Any future plans? Do you have to do list?**

I don't have any concrete plans for the future so do not have a specific to do list.

**Q. Do you ever return to Carman?**



Jackie "McInnes" Hritzuk

I usually return to Carman/Winnipeg about three times per year as I have two sisters in Winnipeg, and one sister and three brothers in Carman or surrounding area as well as many nieces and nephews.

**Q. What are some of your fondest memories of your Carman days?**

Most of my memories of Carman are very favorable. It is still "home" to me. I remember hanging out in the Rex Café with friends or just cruising around town. You can't forget the ice cream cones at Syl's in the summer!



# Manitoba Ag Days gives back deadline approaching

By Lana Meier

"Community grant and scholarship applications are open now! Applications are being accepted November 1, 2024 and winners will be announced at the 2025 show in January.

Manitoba Ag Days has a strong tradition of investing in rural communities and agriculture education through the Ag Days Gives Back program. At the 2024 show \$51,000 in funds were awarded, in the form of seventeen community grants, four post-secondary scholarships and support for Ag in the Classroom - Manitoba. Since the program's inception in 2013 Manitoba Ag Days

Gives Back has committed \$485,377.50 to building the agriculture community.

Not-for-profit organizations are eligible to apply for the \$2,000 community grants, which can cover various project components such as infrastructure, supplies, equipment, volunteers, or training. However, the total project budget cannot exceed \$50,000. To promote inclusivity and diversity, priority will be given to communities or projects that have not been previously funded within the past three years.

Post-secondary scholarships of \$2,000 each are open to students in their final year of high school or

to post secondary students. All agricultural related education and training is eligible, including degree diploma, certificate and trade programs. To apply, candidates must submit a completed form and include a written or video biography that highlights their community involvement and volunteer work, career goals, and how they envision contributing to the agriculture industry.

One-hundred percent of the funds raised through the Manitoba Ag Days 50/50 are used to support K-12 ag education, post secondary ag education and community organizations throughout Manitoba

and Saskatchewan.

"On behalf of the board and our committee, we want to thank the public for their support. The allows us to pool our resources and make a significant impact in communities across the province, and on the lives of students through ag education. There really is a ripple effect through this program," said Nicole Maguet, chair of the Ag Days Gives Back committee.

For more information please visit <https://www.agdays.com/community-giving-program/>

# Canadian beef sector speaks out against Bill C-282

By Becca Myskiw

The Canadian beef sector is actively speaking out against federal Bill C-282.

The bill, brought forth by the Bloc Québécois, essentially takes supply management off the negotiating table for future trade agreements. It first came to the House of Commons in 2021 and is now at consideration in committee in the Senate.

On Oct. 10, members of parliament (MPs) from four political parties (Liberal, Bloc Québécois, NDP, and Green parties) attended a rally on Parliament Hill in support of Bill C-282. Among the supporters was current and former federal Minister of Agriculture and Agri-Food, the Honourable Lawrence MacAulay — and the beef sector is speaking out.

In a joint news release on Oct. 11, the beef producer associations across Canada said the rally left many sectors, including theirs, "both surprised and disappointed." Organizations involved include the British Columbia Cattlemen's Association, the Saskatchewan Cattlemen's Association, Beef Farmers of Ontario, Nova Scotia Cattle Producers, Alberta Beef Producers, Manitoba Beef Producers, New Brunswick Cattle Producers, and Prince Edward Island Cattle Producers. They went on to say it was "particularly disheartening" to see the minister take part in the public support of a bill that "seeks to undermine and threaten the interests of the majority of Canada's agri-food

industry, as well as export-dependent sectors that fuel the Canadian economy."

Carson Callum, Manitoba Beef Producers general manager, said Bill C-282 is a huge concern for the beef sector as a "heavily reliant trade industry."

"When you're in those negotiations, it can be give or take," he said. "If we go into these negotiations knowing supply management can't be touched, we could see increased tariffs for cattle, live or beef product. We could see tax implications that can really impede our bottom line as an industry."

Callum said Bill C-282 puts one sector in front of the other, calling it bad trade policy. The bill protects supply-managed agriculture sectors (like dairy, eggs, chicken, and turkey) from losing any more of their domestic market share to foreign competition, but it doesn't protect the other sectors.

"We understand that there's this major defence of the supply management system, but it shouldn't occur at the expense of trade and other sectors," said Callum.

Andre Steppeler has one of the largest purebred Charolais herds in Canada. At the end of May, he and four other Manitoba producers were part of a delegation that went to Ottawa to share their views on the bill as Manitoba Beef Producers to senators and MPs. He said Bill C-282 scares him in the sense that it can tie hands at the

negotiation table.

"If it's passed, it just takes away the ability for our trade negotiations to be achieved at their highest level," he said. "When we go into negotiations and already on the table, this is not something we can open and put on the books, it puts you at a direct disadvantage immediately. You don't want to have cards against you when you're walking up to the table."

In short, if Bill C-282 is passed, it could mean worse trade deals for the sectors not protected by supply management. For beef producers like Steppeler, that could mean lower cattle prices and less exports of beef overall.

In a letter from the Canadian Cattle Association in 2024 on Bill C-282, the organization said the average Canadian producer earns an additional \$1,158 per animal because of the ability to sell in international markets. 2022 was the seventh year in record value for beef and cattle exports.

The organization said for the industry to continue to grow and diversify, it needs improved market access through trade negotiations, which Bill C-282 takes away.

Canadian beef producers export approximately 50 percent of their products. In the news release, the beef sector said that though Canada is "uniquely positioned to meet rising global demand for protein," Bill C-282 threatens their export potential

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### When is the last time you checked out one of Jesus's parables?

Parables are short stories using very simple, every day, this-life situations and/or objects, to teach a truth.

The question of why parables, is simply answered: that people with eyes and ears of faith may see and hear truths that are and continue to be hidden from those who choose to walk in blind distrust and unbelief.

My favourite parables are found in Luke 15. These particular parables bring comfort to tax collectors and sinners who have come to Jesus in humble surrender to His call to receive God's comfort and grace. I'm assuming they have been in the crowd previously and they just want to hear the authoritative sermon or see the life-giving miracles that stir up hope of something utterly new upon the earth. These particular parables are also designed to put the Pharisees and scribes on high alert since they could sense that the parables were about them to a certain degree, but not knowing how to interpret these parables they nervously look for ways to trap Jesus in His own words and actions.

Once upon a time? No, these are not fairy tales but rather are stories that fit for all and every time; they are timeless. They have just as much meaning today as they did when Jesus spoke to the crowds. I don't have space to go into them all here. I hope you will look them up and read them for yourself.

In the first parable there was a very dedicated shepherd. So, dedicated in fact, that He went in search of one lost sheep. Jesus hints at the meaning of this parable by saying, "Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance" (Luke 15:7). Perhaps you are that lost sheep. The Good Shepherd will find you and tend to your needs.

Len Lodder

Continued on page 6



## Carman Collegiate students inspired to register to be Stem Cell donors

By Ty Dilello

On Oct. 22, Jack Phillips and his son Nate spoke at Carman Collegiate to talk about a campaign called The Hero Project, an education program that teaches 16-18-year-olds about the importance of donating stem cells, blood and organs.

Carman's Jack Phillips has had stem cell surgery for cancer in the past, and so The Hero Project facilitates inspirational sessions explaining how young people could save a life. After the presentations, students can register as donors with the Canadian Blood Services Stem Cell Registry.

People 17 to 35 years old are eligible to be donors, and the school is proud

of the 20 Carman Collegiate students who registered and may have the opportunity to save a life in the future.

"The presentation went well as Christie McFee from Canadian Blood Services came and presented on stem cell donation stats, and I gave my story," said Jack Phillips. "I had a stem cell transplant back in March of 2023, and my donor is from Germany. We ended up having 20 students join the stem cell registry that morning at Carman Collegiate, which was great."

Maralee Caruso from CTV Winnipeg was also at the school on this day, getting the story from Nate and Jack Phillips. The show will air on CTV on Nov. 1.



STANDARD PHOTO BY LARISA ENS

Carman's Jack Phillips spoke at Carman Collegiate about the importance of young people donating stem cells, blood and organs.

### > BILL C-282, FROM PG. 5

and relationships, especially with our critical trading partners like the USA.

"Ultimately, the unwavering defence of the supply management system, which is the root of Bill C-282, should not occur at the expense of all other trade and export dependent sectors of the Canadian economy," the news release said. "Other policy tools are available to mitigate future potential threats to the supply manage-

ment system, without legislating the system's protection through a bill like C-282. Amending the Department of Foreign Affairs, Trade and Development Act would be an internationally unprecedented protectionist move. Future governments can and should keep all options on the table to support the most meaningful and robust trade agreements possible."

## Boxelder bugs congregating in Elm Creek this fall

By Becca Myskiw

You may be noticing plenty of black and red bugs clinging to the side of your house this year — and you aren't alone.

Cassandra Tkachuk first noticed boxelder bugs, though she didn't know that's what they were called at the time, a couple of years after moving to Elm Creek in 2018. Since then, she's been dealing with the bugs every fall.

"Once it warms up and we get the sun shining on the south side of our house, they really activate," she said, noting whenever she goes for a walk down the street, she sees masses of the bugs clustered together in the maple trees. "It's unbelievable."

Entomologist with Manitoba Agriculture, John Gavloski, said boxelder bugs feed almost exclusively on the seeds of maple trees without damaging the trees. In late summer and fall, the bugs start to leave the trees they feed on to find shelter for the winter. Boxelder bugs like warm areas, he said, and can sometimes be attracted to buildings with a large southern or western exposure.

Tkachuk said the bugs have been finding ways into her house — through the siding and cracks in the basement walls. She watches them gather on her windows, in her home office, and everywhere in between.

Gavloski said while the bugs do sometimes get into homes, they generally don't feed on anything once inside, and if they do, they're very unlikely to injure indoor plants. He added the cooler weather should start putting a stop to boxelder bugs getting into homes.

"They may be found around houseplants looking for water," he said. "They do not bite people or animals, get into stored food, eat our fabrics, and will not reproduce inside homes."

Boxelder bugs, sometimes referred to as maple bugs, are related to stink bugs and other insects that have piercers or sucking mouthparts. They get their name from the boxelder tree — the Manitoba maple tree. A few years ago, Tkachuk and her husband had an exterminator get rid of the bugs outside their home, and though it really reduced their numbers, it wasn't a complete solution. Since then, they've been using the magical combination of soap and water, first applying it with a hand spray bottle, then a pump sprayer, before going to the pressure washer, which has been working well enough, she said.

"Spraying them is the most effective way and it's cheap," said Tkachuk. "If we don't spray routinely, the numbers go up."

When getting rid of bugs inside your home, Gav-



PHOTO SUBMITTED

Boxelder bugs have been spotted in masses around Elm Creek, but could be gone soon with the cold weather.

loski said the "only practical control" is physical removal by broom, dustpan, or vacuum. He recommends not crushing the bugs, as they leave a yellow stain and release a bad odour if they are crushed.

Other than that, the best long-term method of control for boxelder bugs is preventing their entry if possible. That means sealing interior cracks and holes with caulk, along with areas where cables, phone lines, utility wires, pipes, faucets, and dryer vents enter buildings.



# Ukrainian families receive new quilts courtesy of local group

By Ty Dilello

Local Ukrainian families were welcomed to the Carman Church of Christ on Oct. 24 to pick out a new quilt. Each couple received a large quilt, and every child was gifted a small quilt.

Earlier this fall, Maureen Carr of Carman contacted the Pembina Valley Local Immigration Partnership (PVLIP) for assistance. She is a member of the Carman Compassionate Quilters group, and they have made several quilts to get them to families in the area from Ukraine.

The group was having trouble making connections to get these donations to those who could use them, so PVLIP connected them with members of Regional Connections who work more directly with newcomers in the region.

PVLIP's main objective is to help create welcoming and inclusive communities for newcomers to Canada throughout south-central Manitoba.

Since 2018, PVLIP have had connections with various Carman residents as they built its network to understand better the needs and gaps in the Carman/Dufferin area as it relates to immigration, whether that was through refugee sponsor groups, employers seeking out foreign workers, or new arrivals requiring direct services such as English as a Second Language classes (now provided by Regional Connections).

Richard Dyck (Town of Carman Councillor) has been on the Partnership Council group since 2019 and has been the primary liaison between the municipalities and our efforts to build welcoming communities, including participating in our strategic planning and developing a Welcoming and Inclusive Communities Policy that was adopted by the Town of Carman in 2021.

Through additional partnerships (GPAC, Carman Wellness, Health Communities Committee), PVLIP has been able to establish various connections that have led to being informed of barriers these partners may be aware of regarding newcomers to the community.

"Through a collaborative and supportive approach within our partnership network, we have been able to find and develop solutions that serve both the community partners and local newcomers that hopefully result in positive outcomes for all," said PVLIP coordinator Elaine Burton-Saindon.

Some of these outcomes include advocating for the establishment of Regional Connections to provide direct

services at the library on Tuesdays, making connections to find temporary housing for a newcomer working in the community, and now, helping to connect the Carman Compassionate Quilters with the intended recipients, who are displaced Ukrainian families living in the area.

"The efforts by the Carman Compassionate Quilters to provide quilts to these families is truly inspiring, and I am touched by their generosity," said Burton-Saindon. "What they have done exemplifies 'how to be a welcoming community,' and I am very pleased to be able to help them connect to the people they spent hours thinking about as they sewed each stitch. The work we focus on at PVLIP is to identify how we can create Welcoming and Inclusive Communities for newcomers, and what they have done exemplifies this to the core."

Olena Anishchuk and her family were recipients of the quilts on Oct. 24, and they will be putting them to good use.

"We got a message from Regional Connections about getting these quilts and so we got the quilts for us and the kids, and also my mom, aunt and friend got these beautiful pieces of art too," said Olena Anishchuk. "We'll use them around the house lots as they're warm and the right size, but for me, it's more than a blanket. It is the love and care of the community. I can't even imagine how much time, materials and imagination went into their production, but I know for sure that those women were thinking about how to do good for the new inhabitants of Carman. I, my family and my friends are sincerely grateful to everyone who made them and organized their distribution in the church."

Despite the great day of handing out quilts at the Carman Church of Christ, there are still more quilts available to other Ukrainian families in the area or just those in need.

"It was a great day as we were able to share half of our quilts that we've made in our group," said Maureen Carr of Carman Compassionate Quilters. "And those helping the newcomers in our area have our number to get more quilts for the families, so we're hoping to get more of our quilts out there in people's hands very soon."

**"IT'S MORE THAN A BLANKET. IT IS THE LOVE AND CARE OF THE COMMUNITY."**



STANDARD PHOTO BY DENNIS YOUNG

Pembina Valley Local Immigration Partnership volunteers, left to right, standing: Elaine Burton Saindon and Tara Funke; sitting, Maureen Carr, Norma McFarlane and Kim Knutson



Ukrainians Olena Anishchuk and Petro Kostrov received quilts from the PVLIP. Local Ukrainian families were welcomed to the Carman Church of Christ on Oct. 24 to pick out a new quilt.

## > CANADIAN LIBRARY, FROM PG. 2

at least 18 years of age and drop off the registration of \$60 and four bottles of wine at the library. All team member names are individually entered into a draw. Ten names are drawn each day, Tuesday to Friday, beginning Dec. 3. Each day, the first nine names will be eliminated, and the tenth will receive eight bottles of wine to share with their teammates. On the last day of the draw, all previous winners and remaining participants enter an elimination draw. The last name drawn wins up to 28 bottles of wine.

"As we wrap up Canadian Library Month, we want to remind the community of the essential role that we serve in our community," said Hannah. "We encourage everyone to visit the library and explore our website for additional resources, events, and programs."



# Miami and Area Foundation grants out \$28K, names Citizen of the Year award

By Becca Myskiw

The Miami and Area Foundation granted the most money this year to the recipients ever.

On Saturday, Oct. 19, the Miami and Area Foundation held its 14th annual gala, which serves as the organization's largest fundraiser for the year. At the event, community members mingle, eat, and enjoy live music while the foundation gives out its grants and awards. This year's gala saw 140 tickets sold, a little less than most years due to the late harvest.

The foundation granted \$28,000 to 13 organizations and projects at the Miami Event Centre. Miami and Area Foundation treasurer Tricia Livingston said it's the most they've ever given out in terms of funds and number of recipients. As the foundation's asset base grows, it can grant more money. Their current slogan is "going for the nines" because their assets are currently in the \$800K range, and they want them to be in the \$900K range. Livingston doesn't have the final numbers yet, but she's hoping the gala will take them there.

With the Endow Manitoba Giving Challenge coming up soon, the foundation's ultimate goal is to reach the \$1 million mark in assets. For now, though, they're excited about the \$800K in assets, which allowed them to support the most community projects ever.

"I was so proud that we were able to do that," said Livingston. "It's probably one of my highlights of the year to be able to do that."

This year, the Miami and Area Foundation gave out the following grants:

- Miami Railway Station Museum door project: \$1,000
- Miami Active Living Centre floor curling project: \$2,000
- Miami School senior and junior drama clubs: \$1,000
- Lloyd Orchard Community Arena ice upgrades: \$2,500
- Rosebank Cemetery new bench: \$1,200
- Miami Children's Facility automated external defibrillator (AED): \$1,300
- South Central Regional Library Miami Branch new shelving project: \$4,000
- Miami 4-H Beef Club announcer stand project: \$2,000
- Miami Agricultural Society kitchen upgrades: \$1,500
- Miami Arts Association easels art display project: \$2,000
- Miami Sports Complex ball diamond upgrades: \$1,000
- Miami School Parent Advisory Council playground upgrades: \$5,000
- Collingwood Miami Senior Housing wheelchair access door: \$3,500

Also awarded at the annual gala is the Citizen of the Year award. Though the Miami and Area Foundation didn't give out the award last



STANDARD PHOTOS SUBMITTED  
Miami and Area Foundation chair Gordon Simpson, right, presents Blaine and Shannon Rutter with the Citizen of the Year award.



Miami and Area Foundation granted out \$28,000 this year. Pictured above are grant recipients with treasurer Tricia Livingston (front row, left) and chair Gordon Simpson (back row, right).

year, they brought it back for 2024 and saw overwhelming support for each nominee. The foundation board nominates community members they think deserve the award and then votes for the year's winner.

"We look at people who not only volunteer their time and talents in the community, but also people that when they're out and about, not only in Miami, that they are true citizens of our little corner of the world here," said Livingston. "They present how wonderful a place Mi-

ami is."

This year's Citizen of the Year award recipients are husband and wife Blaine and Shannon Rutter. Livingston said there's a long list of reasons why they deserve the award for both Blaine and Shannon.

Blaine has been a long-time supporter of the Miami Curling Club, advocating for and coaching the sport for more than 25 years now. He coached hockey in the community for 12 years, baseball for 17, and would hop off the tractor to ump a game when needed, said Livingston.

"You name it, he's done it," she said. "And he's a good citizen and promoter of Miami everywhere he's gone."

Shannon has been a tireless volunteer for the community, helping out at

Continued on page 11

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## The Tin Woman

by Sean Grennan

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# Scouts looking for new members in the Carman area



STANDARD PHOTO SUBMITTED BY LYNNE MELVIN  
Carman's branch of Scouts has registrations now open for Beavers (ages 5-7), Cubs (ages 8-10), and Scouts (ages 11-14) for kids that are looking for something fun to do this winter and build various skills.

By Ty Dilello

Registrations for Beavers (ages 5-7), Cubs (ages 8-10), and Scouts (ages 11-14) at Carman's branch of Scouts are now open.

Get ready for an exciting journey filled with outdoor fun, nature exploration, survival skills, teamwork, and leadership development—all while building confidence along the way. Sign up now, and your child will be registered until the end of December for no extra cost. Plus, your registration is valid until Jan. 1, 2026.

If you're ready to join the adventure,

head to [www.myscouts.ca](http://www.myscouts.ca) to create your account and start your journey today in Scouts.

"If your child ready for fun, learning, and outdoor excitement, well now is the perfect time to join Scouts and start an adventure they'll never forget," said Lynne Melvin of Scouts Carman. "Your child will gain valuable outdoor skills, work on badge achievements, and develop teamwork and leadership, all while making new friends and memories."

If interested, call Lynne Melvin at 204-750-1199.

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# Elm Creek School students support Carman Collegiate's Chocolate Moustache Fundraiser



STANDARD PHOTOS SUBMITTED BY JESSE THOMASCHEWSKI

Elm Creek School helped out Carman Collegiate with its Chocolate Moustache Fundraiser that has currently raised \$10,108, of its \$15,000 goal, for Boundary Trails Health Centre's cancer supports. Student Council used their funds to buy a chocolate moustache for students and staff to support the cause. The school is hoping to sell an additional 300 moustaches this week. Please help Carman Collegiate reach its goal. Call Carman Collegiate at 204-745-2001 or email Mary Reimer at mreimer@g.prsdmb.ca for more information or to order your \$2 hand-made chocolate moustaches. The moustache flavours include the following: milk, dark, white, Skor, peppermint bark, Reese's Pieces, cookies and cream, and candy cane.

## Seniors Safety Week

### Safety is a basic need

The event's main objective is to inform seniors on how they can optimize their safety, independence and self-sufficiency. As the famous psychologist Abraham Maslow demonstrated, feeling safe is a basic need for human beings.

In 2004, the 75+ age group represented 6% of the Canadian population, which translates to approximately 1,928,000 people. This group should be given particular attention for two reasons: a certain degree of independence raises self-esteem and seniors who remain independent for longer periods of time are a boon to our overworked healthcare system.

#### FACING UP TO WINTER

Even though people love winter, this season makes moving around more difficult, both by car and by foot. Walking in the wintertime does, unfortunately, lead to falls, which can have serious consequences for seniors.

Removable metal grips for shoes and boots appeared on the market a few years ago and they have proven very effective. A walking stick adapted to the user's height, with an ice pick fixed to the end, can help them maintain their balance on icy surfaces. This solution may seem bizarre, but it works very well! Hip protectors (underwear fitted with protective padding), can be quite effective in preventing fractures in case of a fall.



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## > CITIZEN OF THE YEAR, FROM PG. 8

church fundraisers, fall suppers, and community events. She's a member of the new Miami Arts Association, a community-appointed decorator, and a community nurse.

Having worked as a nurse for numerous years at the Carman Memorial Hospital, Shannon became Miami's community nurse, making house calls for anyone in need at any time.

"I called her myself many times and she'd always answer, she'd always come over," said Livingston. "You can't even describe the number of people she's helped. They're just very caring and welcoming people."

Livingston added that when she came to Miami as an outsider many years ago, Blaine and Shannon welcomed her to town from the first day.

Blaine said he and Shannon were shocked and honoured when their names were announced at the gala. The couple honestly had no clue the award was coming.

"You're kind of dumbfounded," said Blaine.

He said there are many other people in the community he believes deserve the Citizen of the Year award, but being recognized for their efforts is a really nice feeling.

"You live in a small community, you pitch in and just try to make the community a nice place to be," he said. "We all contribute; it's not just Shannon and I. You work with others to make that happen."

## Silage corn: how to grow more with less

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Silage corn requires fewer acres and water per tonne of production when compared to cereal silage. That's because corn is naturally more water-efficient and drought-tolerant over cereals like wheat, barley and oats. This means farmers can grow more with less.

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Like any field crop, agronomics, field management and maturity at harvest factor into selecting the right hybrid. The ideal silage hybrid must deliver high total plant yield of digestible starches and fibre, a long harvest window that allows the plant to dry to the right moisture and adequate sugars for proper fermentation.



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Pioneer silage corn is also bred to optimize late-season plant health, because healthy plants continue to build more starch and biomass, maintain feed quality and maximize the harvest window. And, since improved starch, or grain, is responsible for much of the increase in feed nutritional value, corn silage has an added advantage since 65 per cent of energy for livestock and 45-50 per cent of tonnage yield in corn silage comes from the grain.

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# One good cause to another



STANDARD PHOTO SUBMITTED

Carman Legion Br. #18 President Kyrke Nussey, left, presents Rick Beers of the Carman Wellness Connections a cheque for \$1,500, which was raised at the RCMP Musical Ride earlier this year.

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# Haunted Halloween at Carman Dufferin Museum

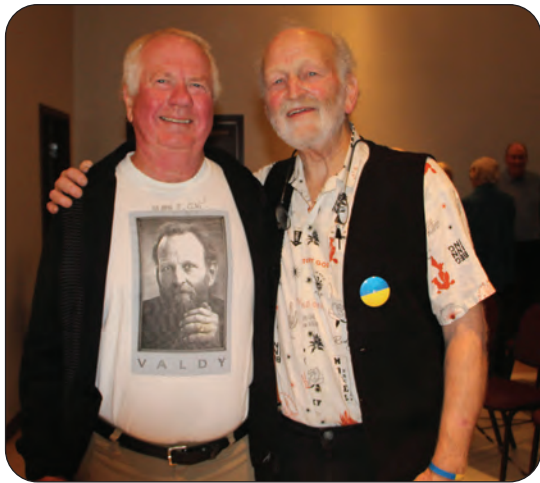


**STANDARD PHOTOS BY DENNIS YOUNG**  
Dufferin Historical Museum hosted Halloween at the Museum last Saturday. There were indoor and outdoor activities with treats, games, activities, hot dogs, popcorn, Halloween desserts and hot chocolate. A special thank you to the sponsors: Homestead Co-op, The Pumpkin Shack, Town of Carman, Carman-Dufferin Fire Department, Pumpkin Paradise.  
Pictured clockwise from top left, Eden and Ivy Schuurman; Logan Stewart (10) was having fun sticking his hands in "eyeballs, stomach guts, mysterious creepy sticky stuff; Eleven year old Naye Ajudhio and Kennedy Novakovski (7) and volunteer Gabrielle MacLellan; Rowyn (7) and Aislyn (11) Dunn pose with the skeletons; Volunteers Trish Aubin and Lori Keith; Regan and Devon Boklaschuk with Cole (4) and Wren (1) and Locklan Murray as the Monster.





# Folksinger returns to Carman



STANDARD PHOTOS BY DENNIS YOUNG

Golden Prairie Arts Council hosted Canadian folksinger Valdy of British Columbia at the Carman Active Living Centre last Friday. Valdy still enjoys playing and learning at 79 years old. He has been touring for over five decades. Pictured above with Valdy is Clint Rempel who was wearing his Valdy t-shirt which he purchased at the 1996 concert, also held in Carman.

# Nominations open for Coronation Medal

By Staff

Member of Parliament Branden Leslie has put a call out for nominations for those who deserve recognition for their contributions to our communities.

Portage-Lisgar has been allocated 20 Coronation Medals in honour of the coronation of King Charles III, which took place last year. This is the first Canadian commemorative medal to mark a coronation.

"I encourage everyone to take a moment to recognize individuals who have dedicated their time and talents to improving our community," said Leslie. "These medals honour those who have made meaningful contributions to Canada."

Leslie recommends nominating individuals who exemplify service and dedication, including youth, seniors, volunteers, educators, veterans, and healthcare workers. Nominations should highlight specific achievements that set these individuals apart.

"It's essential to recognize those whose exceptional contributions often go unnoticed," he stressed. "This is our chance to celebrate the unsung heroes in our community."

"Let's come together to honour those who embody the spirit of service and community."

Nominees must meet the following criteria:

- Be a Canadian citizen and a resident of the Portage-Lisgar constituency.
- Have demonstrated significant

contributions to Canada, the province, or their community, or outstanding achievements abroad that positively reflect on Canada.

- Not have any criminal convictions or official sanctions that undermine the integrity of the Canadian Honours System.

- Been alive on the date of King Charles' coronation on May 6, 2023 (posthumous nominations are accepted if the nominee was alive on that date).

Every household in Portage-Lisgar will receive a nomination form in the mail. Nominations can also be submitted online at [www.BrandenLeslie.ca/medal](http://www.BrandenLeslie.ca/medal).

Nominations will be accepted until Nov. 17 at 11:59 p.m.



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# Only Shy Rad wins again at National Quarter Horse Show

By Ty Dilello

Carman's Theresa Barylksi and her star horse, Gator (Only Shy Rad), were recently crowned the Grand Champion again at the 2024 Canadian National Quarter Horse Show in Ponoka, Alberta.

The 2024 Canadian National Quarter Horse Show was held in Ponoka, Alberta, from Sept. 18 to 22. Five sanctioned AQHA (American Quarter Horse Association) judges were in attendance, including one from Oklahoma, Ohio, Ontario and two from Colorado.

"Gator (Only Shy Rad) and I attended the show again this year, and we had a great time," said Barylksi. "So many beautiful horses. Each year that I attend, I always enjoy seeing how other horses are progressing and how the young stock is growing up. As a competitor and equine enthusiast, you are always looking at potential new bloodlines to cross with your own horses. My parents, Kelly and Ruby Stuart of K & R Stuart Quarter Horses in Eriksdale, still have a small band of mares, but they have kept them since they are semi-retired. I am always sending them pictures of potential horses and bloodlines that may do well within our herd."

Gator had a great showing at Nationals again this year. He defended his unanimous title in the Pro and Non-Pro halter classes, which he also won last year.

"I didn't realize until I looked at the official results that he was first again under every judge in both the Pro and Non-Pro halter classes. I couldn't believe it. Two years in a row, it was unanimous in both the Pro and Non-Pro categories. He went on to be awarded Canadian National Supreme Halter Gelding."

Barylksi grew up on a horse ranch near Eriksdale. She moved to Carman in 2010 and has been in town ever since.

"Our farm specializes in purebred registered American Quarter Horses or AQHA (American Quarter Horse Association) horses," said Barylksi. "This is the horse breed you see on most farms, in the movies and on shows like Yellowstone. AQHA



headquarters is based out of Amarillo, Texas. My parents have been on the AQHA leading breeders list of Performance and Halter horses five times and have been the AQHA high point Canadian Breeder three times."

Gator, "Only Shy Rad," is a seven-year-old horse that shows and competes at AQHA-sanctioned shows. This means the breed sanctions the judges, and the achievements or points earned at these shows go on Gator's permanent pedigree or registration record. Gator is his stable name, and Only Shy Rad is his registered name.

This season, Barylksi also attended the Arizona Quarter Horse Pinnacle Show at the South Point Casino in Las Vegas in May and ranked in the top five at the event.

"That was our first show in the United States. It was an amazing experience as Gator held his own against some of the best in the States. When I saw Gator's name and mine up on that Pro placing listing in the top five, I cried. From a small town in Manitoba, we are doing it."

They also attended a show in Monroe, Washington. Gator was once again the Champion in the Pro



**STANDARD PHOTO SUBMITTED BY THERESA BARYLSKI**  
Carman's Theresa Barylksi and her star horse, Gator (Only Shy Rad), were recently crowned the Grand Champion at the 2024 Canadian National Quarter Horse Show in Ponoka, Alberta, which was held from Sept. 18 to 22. Pictured is Only Shy Rad, Theresa Barylksi and Kim Baerg (President of the Quarter Horse Association of Alberta).

and Non-Pro Halter classes under six judges this time, so the pair have had a tremendous season.

Gator is enjoying some much-deserved time off just being a horse, including eating and sleeping. He will start back into training shortly, as they are planning the first show of the 2025 season to be the Arizona Sun Circuit in Scottsdale in March. They will also attend the Arizona Pinnacle circuit in Las Vegas again in May 2025.



Barylksi and her star horse, Gator (Only Shy Rad), are on top of the world after completing a very successful season on the American Quarter Horse Show circuit.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Cougars kickoff season with tournament victory



STANDARD PHOTO SUBMITTED BY MICHAEL HETHERINGTON

The Carman Cougars high school hockey team is pictured after winning the Glenboro High School Tournament from Oct. 18-20.

By Ty Dilello

The Carman Cougars high school hockey team is off to a great start in the 2024-25 season, as they won the Glenboro High School Tournament from Oct. 18-20.

The Cougars went 3-0 in the tournament, beating Neepawa 5-1, Boissevain 10-2, and the Pembina Tigers 4-3 in the finals.

"We were really excited that we got to play Pembina in the finals as they are in our league," said Cougars' head coach Michael Hetherington. "We wanted to have a strong game against them and win or lose, set a precedent that we're going to be a tough team to play against this year. Get-

ting the 4-3 win was obviously a bonus, but it was a great game by both sides."

Rookie goalie Carson O'Connor was fantastic in the final as he made some huge stops in the final minutes of play to secure the win for Carman.

The Cougars have also begun league action in the Zone 4 High School Hockey League. They are currently starting off strong, boasting a 2-1 record, including a recent 6-0 win on Oct. 25 against the Mountain Mustangs.

The Carman Cougars are back in action with a road game on Oct. 1 against the Pembina Tigers. The puck drops at 7:30 p.m.

## Challenging weekend for U18 female Hawks

By Lorne Stelmach

It was a tough weekend for the female U18 Pembina Valley Hawks.

After being edged 4-2 by the Brandon Wheat Kings Friday, the Hawks fell 7-3 to the Winnipeg Ice Saturday and 5-1 to Eastman Sunday.

Pembina Valley was even with Brandon in Morden through 40 minutes, but they then gave up two goals in the final frame, including an empty net marker with 10 seconds left on the clock.

Jessica Anderson and Emma Durand scored for the Hawks, who were stymied by Wheat Kings goaltender Danica Averill as the shots on goal were 49-21 in favour of Pembina Valley. Kasia Rakowski took the loss in goal with 18 saves.

A four-goal second period turned the tide in favour of Winnipeg Saturday as the Ice took a 5-3 lead before adding two more goals in the

third.

Scoring for the Hawks were Anderson, Leah Klaassen, and Sophia Cox. Madison Froese made 24 saves as the Ice held a 31-18 edge in shots on goal.

Pembina Valley then trailed 2-0 and 3-0 at the intermissions against Eastman and could only manage a third period goal by Casey O'Brien. Rakowski made 31 saves as the Selects outshot the Hawks 36-28.

It leaves Pembina Valley in sixth place at 2-6 for four points. They are ahead of Interlake and Central Plains and trail Brandon by two and Yellowhead by four points.

The Hawks have a pair of exhibition games this weekend against Brandon Saturday and Pilot Mound Sunday before returning to league action against Westman Nov. 15, Brandon Nov. 16, and Yellowhead Nov. 17.

## Twisters make it eight straight games without a win in MMJHL action

By Ty Dilello

The Pembina Valley Twisters continued their slide with a pair of losses over the weekend, making it eight straight games without a win. The Morris-based MMJHL is now 1-9-1, good for last place in the league standings.

On Oct. 25, the Twisters were shut out on the road in a 3-0 loss to the Fort Garry/Fort Rouge Twins. Goaltender Darion Penner stopped 28 shots in the Twisters' net in the loss.

The Twisters took to the ice on Sunday, Oct. 27,

hoping for a better result, but instead lost 8-6 on the road to the River East Royal Knights. Austin Spicer had a hat trick, Ketema Wall had a pair of goals for the Twisters, and Owen Vanrobaeys had the team's other tally.

The Twisters led 6-2 in the second period but crumbled down the stretch, giving up six unanswered goals to lose the game 8-6. Darion Penner stopped 35 shots in the loss.

Despite a long losing streak of eight straight games, Twisters' head coach Braeden Beernaerts is

trying to stay positive as the team hopes to turn the page this week.

"We played well in spurts, so it's slowly coming along," said Braeden Beernaerts. "We learned the hard way tonight that it's never over until it's over and that we need consistency for 60 minutes."

The Twisters are back in action with a pair of games this week. First up, they're at home to play the St. Boniface Riels on Nov. 1 (8 p.m.). And then also on Nov. 3 on the road against the Transcona Railer Express (2 p.m.).



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Carman Beavers senior club wins opening game of the SEMHL season

By Ty Dilello

The Carman Beavers senior team is off to a successful start to the season. Playing in the revamped and now ten-team South Eastern Manitoba Hockey League (SEMHL), the Beavers won their opening game for the first time in a few years.

On Oct. 25, the Beavers thrilled the

local home crowd in Carman with an impressive 6-3 win over the Morden Bombers.

Marcus Sekundiak led the way for Carman, scoring a blistering four goals on the night. Sekundiak is expected to be a major factor in the Beavers' success this season. The 24-year-old is a former WHL star with

the Brandon Wheat Kings, where he played for the team for four seasons and served as an assistant captain.

Mikol Sartor and Brett Piper scored Carman's other goals on the evening.

Luke Zacharias was in goal for the Beavers and stopped 38 shots on the evening for the win.

After the first weekend of play,

Carman forward Marcus Sekundiak leads the SEMHL in goals and points with 4.

The Carman Beavers are back in action on Nov. 1 on the road against the Ile des Chenes North Stars. The puck drops at 8 p.m.

## Flyers best Stampeders twice before bowing to Kings

By Ashleigh Viveiros

The Winkler Flyers added two decisive wins and one close loss to their record last weekend.

Friday saw the team in Swan Valley to take on the Stampeders. They left the ice with a 9-2 victory under their belts.

It was a night that saw the Flyers dominate with 56 shots on goal to the home team's 21. Liam Ernst made 19 saves in net.

The lengthy list of goal scorers for Winkler included Will Lyons, Jayce

Legaarden (with two), Brady Craik (with two), Brody Beauchemin, Liam Carlone, Blake Matheson, and Isaiah Peters.

Game two saw the Stampeders up 3-0 after 20 minutes, but the Flyers came back to life in the second with goals from Matheson, Conner Jensen, and Nicolas Mckee. Swan Valley managed one more to end the period back in the lead 4-3.

Period three was then all-Winkler, with two from Legaarden and two more from Mathys Blanchette and Will Brophy giv-

ing the Flyers the win 7-4.

The Flyers won the shots battle 47-25. Goalie Rylan Benner made 21 saves.

The tables turned Sunday night in Dauphin against the Kings.

A goal from Legaarden midway through the first period proved to be Winkler's lone point of the night. The Kings returned the favour before the first buzzer, but then it took until the final minutes of the third period for them to get the game winner to take it 2-1.

Winkler outshot Dauphin 35-20 this

match, with Ernst between the posts and making 18 saves.

With that, the Flyers are 9-4 for the season so far, good for third place in the MJHL East Division with 18 points, behind Selkirk in first (12-3, 24 points) and Steinbach in second (10-2-1, 21 points), but with two games in hand over the Steelers.

Coming up, Winkler hits the road to play the Blizzards Friday and Saturday and then are in Portage to take on the Terriers Sunday.

### What's *Your* story?

**We want to hear from you.**

The Carman-Dufferin Standard connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at [denjohnyoung@gmail.com](mailto:denjohnyoung@gmail.com) or **Lana Meier** at [news@carmanstandard.ca](mailto:news@carmanstandard.ca) or call 204-467-5836.

*The Carman-Dufferin*  
**STANDARD**

## Male Hawks down Kenora Thistles 3-2, 4-1

By Lorne Stelmach

The male U18 Pembina Valley Hawks boosted their record to just above .500 with a pair of wins over the cellar-dwelling Kenora Thistles last weekend.

They followed up a 3-2 win Saturday in Kenora with a 4-1 victory Sunday in Morden.

The Hawks scored two third period goals to edge Kenora in game one of the weekend doubleheader.

Scoring for Pembina Valley

were Tegan Fehr, Cohen Pilkington, and Carson Hiebert, while Karsen Dyck made 32 saves as the shots on goal were 49-34 in favour of the Hawks.

In game two, Pembina Valley took period leads of 1-0 and 3-0 to earn their fourth win in their last five games.

Hiebert, Hayden Friesen, Ryder Wolfe, and Casey Magarell scored for the Hawks. Ryler Gates made 27 saves as Pembina Valley outshot the Thistles

41-28.

The victories improved the Hawks' record to 6-5 for 12 points, which has them in seventh place, where they are three ahead of Norman and just one back of Eastman and two behind the Winnipeg Wild.

Pembina Valley began their week in Teulon Wednesday against Interlake, and they visit Parkland in Dauphin Friday before hosting the Winnipeg Bruins Sunday.

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**CARMAN BEAVERS AT WINKLER ROYALS**  
**SUNDAY, NOVEMBER 3RD AT 7:30 P.M.**  
**AT THE WINKLER ARENA**

Check [semhl.net](http://semhl.net) for the full schedule!





# get inspired

> MEAL IDEAS



## Pumpkin Crumble

chips  
 1 1/2 cups melted butter  
 Whipped Cream:  
 1 cup heavy whipping cream  
 2 tablespoons sugar  
 Heat oven to 350 F.  
 In bowl, mix pumpkin, evaporated milk, brown sugar, eggs, pumpkin spice and cinnamon. Pour into greased 9-by-11-inch baking dish.  
 In separate bowl, mix cake mix, pecans and white chocolate chips. Sprinkle over pumpkin mixture. Pour butter evenly over top. Do not mix or stir. Bake 1 hour.  
 To make whipped cream: Using hand mixer, whip heavy whipping cream and sugar until thick.  
 Serve crumble with whipped cream.

Recipe courtesy of "Cookin' Savvy"  
 Servings: 8-12  
 1 can pumpkin  
 1 can evaporated milk  
 1 cup brown sugar  
 2 eggs  
 1 tablespoon pumpkin spice  
 1 teaspoon cinnamon  
 1 box cake mix (yellow, white or spice)  
 3/4 cup chopped pecans  
 3/4 cup chopped white chocolate



## Stuffing-Filled Pork Chops

1 teaspoon minced thyme  
 1 teaspoon minced rosemary  
 To make stuffing: Bake biscuits according to package directions 1 day ahead. Dry biscuits will absorb more broth.  
 Preheat oven to 350 F.  
 In skillet, melt butter then add celery and onions. Saute until onions are translucent then add poultry seasoning and half the broth. Set aside to cool.  
 In bowl, combine stuffing mix, crumbled biscuits and eggs.  
 Add onion mix to bowl and mix well. Add leftover broth if mixture is too dry. Set aside.  
 Slit each chop on rounded side, cutting almost through to bone, to create deep pockets for stuffing.  
 Season chops with garlic, sage, thyme and rosemary. Fill each chop with stuffing mixture. Use toothpicks to keep chops closed.  
 Preheat skillet with oil over medium-high heat and sear each chop 2-3 minutes on each side.  
 Once chops are seared, add remaining stuffing to pan, cover with foil and bake 30-45 minutes until chops reach 140 F in center. Remove foil for last 10 minutes to brown top of stuffing, if desired.

Prep time: 10-15 minutes  
 Cook time: 30-45 minutes  
 Servings: 6  
 Stuffing:  
 1 small box biscuit mix  
 1 stick butter  
 2-3 stalks finely diced celery  
 1 finely diced onion  
 1 teaspoon poultry seasoning  
 1-2 cups chicken broth  
 1 bag cornbread stuffing mix  
 2 eggs, beaten  
 salt, to taste  
 pepper, to taste  
 6 Coleman Natural bone-in or boneless pork chops  
 oil  
 1 teaspoon minced garlic  
 1 teaspoon minced sage

## Apple Cider Balsamic Glazed Pork Loin



Prep time: 10-15 minutes  
 Cook time: 45-60 minutes  
 Servings: 6  
 1 Coleman Pork Loin (4 pounds)

salt, to taste  
 pepper, to taste  
 1 tablespoon olive oil  
 Glaze:  
 1 cup apple cider vinegar glaze  
 6 tablespoons whole grain mustard  
 4 teaspoons balsamic vinegar  
 1 teaspoon minced rosemary  
 1 teaspoon minced sage  
 1 teaspoon minced thyme  
 2 teaspoons minced garlic  
 salt, to taste  
 pepper, to taste  
 2 tablespoons olive oil  
 4-6 sliced apples  
 Preheat oven to 350 F and line sheet pan with parchment paper. Set aside.

## Ask the money lady

Dear Money Lady, My adult daughter and her husband just moved back home to save money and pay off their debt. I was then blind-sided when they told me they were both quitting their jobs to go back to school. I don't know what to do here – some of my friends also have their adult kids still living at home. Suggestions?

Grace C.

I feel for you Grace – as do many other parents like you !!

Unfortunately, we have done this to ourselves. Parents of millennials are still not able to stop the "helicopter parent syndrome" even for their adult children. Canadian parents are struggling to save and stay on track to becoming financially comfortable, but then are sidetracked with worry about their adult children. Many believe their adult kids are not going to attain the same level of comfort just on their own resources and will need continuous assistance.

Obviously, the demands now on parents are dramatically different than they were in the 60's and 70s. Our parents would never have dreamed of doing what today's parents do for their children. Many are willing to sacrifice all -- to financially support their adult children in what is believed to be an economic environment where young adults face higher unemployment rates, high housing costs and large student debt. Millennials today are now the smartest and most technically advanced generation of all time, yet feel they have more uncertainty, more stress and have more anxiety and depression than their parents ever did. This may indeed be true and could account for some of the reasons why so many parents are putting their retirement plans on hold to keep working.

While helping our children is something we expect to do as parents, at least until they are financially independent, it is important to realize the long-term cost this can have on our own futures. Many parents still have their adult children still living at home with no costs, free rent and the fridge full. Be careful parents!

At some point you will need to tighten up the spending and this should not be at the end when the day-to-day finances becomes un-



Christine Ibbotson

sustainable. Adult children must realize that they can no longer rely on the financial support of their parents due to the inevitable limited resources and amount of time left for parents in their working years. Sometimes whether it is forced, planned or necessary, young adults need to experience things that allow them to handle challenges. This will help them build life skills and become more resilient in ways that financial support alone cannot provide. Although you may feel you are providing financial support out of love, most adult children don't see it the same way, but rather expect it now as something you're obligated to do as their parent. Tell me something.....were you financially supported when you were their age?

Why not create a long-term strategy, or at least have a frank discussion about financial circumstances on both sides? To your children, they may believe that you should support them financially forever, and that you as their parents, are well set for the future. Remind them of your goals and also get them to create some of their own goals. Create realistic timelines, budgets and let your children know you want them to get a good foothold on life – but that doesn't mean subsidizing their current adult lifestyle. As parents, we need to be independent and retire with dignity, and that means we need money to do so. Do not give what you cannot afford to be without later, when you retire. Remember, love is not something you buy.

Good Luck & Best Wishes,  
 ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and on CTV & BNN, syndicated across Canada. Send your questions through her website at askthemoneylady.ca

Remove pork from packaging and pat dry with paper towel. Season all sides with salt and pepper, to taste.

To make glaze: In bowl, whisk apple cider vinegar glaze, mustard, balsamic vinegar, rosemary, sage, thyme and garlic. Add salt and pepper, to taste. In steady stream, slowly add olive oil to emulsify while whisking.

In large skillet, heat oil over medium-high heat. Sear pork loin 2-3 minutes on each side.

Move pork to lined baking sheet and brush on about half the glaze. Roast 30 minutes.

Remove pork from oven and spread sliced apples around pork loin. Brush remaining glaze over pork and apples. Bake 20-30 minutes, or until internal temperature reaches 150 F.

Let pork loin rest at least 10 minutes before slicing.



# Classifieds

Book Your Classified Ad Today - Call 204-467-5836 [classifieds@carmanstandard.ca](mailto:classifieds@carmanstandard.ca)

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## NOTICE TO CREDITORS

In the matter of the Estate of PATRICK EDWARD HOUSTON, late of Carman, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Marlene Klimchuk, Estates Administration, at 155 Carlton St Suite 500, Winnipeg MB, R3C 5R9 on or before the 5th day of December, 2024.

Dated at Winnipeg, Manitoba, this 24th day of October, 2024.

KERI RANSON  
Acting Public Guardian  
and Trustee of Manitoba

## Online McSherry Auctions

**Estate & Moving**  
November 6th @ 7:00PM  
Featuring 2 Semi Loads of Lumber

**Estate & Moving**  
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## WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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**Todd**  
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## Legal Assistant PKF Lawyers Carman, MB



PKF Lawyers is seeking a full-time or part-time Legal Assistant to join our dynamic team. As "Manitoba's Law Firm," our culture is built on professional excellence, collaboration, and a strong sense of pride in the services we deliver.

### Requirements & Experience:

Legal Assistant experience highly preferred, but willing to train the right candidate. Candidate must have a minimum of one (1) year Office Administrative experience.

### We are looking for a candidate with the following skills:

- Excellent organizational capability and attention to detail
- Ability to multitask and meet tight deadlines
- Strong interpersonal and communication skills, excellent written skills
- Ability to adapt to new processes
- Ability to work independently as well as part of a team, following instructions with minimal supervision
- Working knowledge of Microsoft Office
- Willing to relocate within 30 Miles of Carman, MB.

### Position will include but are not limited to the following responsibilities:

- Ability to handle all aspects of a real estate transaction including preparing and managing all documentation from beginning to end
- Prepare all routine correspondence, draft and register electronic instruments
- Handle multiple simultaneous responsibilities
- Deal directly with clients, financial institutions, municipalities, real estate agents, brokers, and land registry offices
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If you are looking for a challenging and fulfilling career, we encourage you to apply by sending your resume to Leslie Donaldson at [ldonaldson@pkflawyers.com](mailto:ldonaldson@pkflawyers.com) and cc: Tammy Bisschop at [tbisschop@pkflawyers.com](mailto:tbisschop@pkflawyers.com). Please include three references and a cover letter with your resume.

This position is open until filled. However, only those selected for an interview will be contacted.



## Carman Legion Ladies Auxiliary Remembrance Day Tea

Saturday, November 9, 2024

2 - 4 p.m.

Legion Auxiliary Hall

Bake table, fun auction and raffle

## EMPLOYMENT OPPORTUNITY Administrative Assistant

Reporting to the Chief Administrative Officer, the RM of Roland is currently looking to fill the Administrative Assistant position. This is a full-time permanent position.

The Administrative Assistant will be required to act as the receptionist and cashier, as well as perform basic accounting procedures. Must be able to work on their own, with supervision and under pressure of deadlines. The ideal candidate will have excellent customer service skills and computer skills.

Typical duties may include:

- Accepting payments and issuing receipts
- Preparing town, rural and bulk water bills
- Booking and invoicing facility rentals
- Maintain and update website, electronic board and social media accounts
- Maintain community and municipal calendars
- Remit recycling rebates
- Process animal licensing
- Assist in public filling out application forms, i.e. building permits
- Community recreation program planning and implementation
- Other duties as assigned

The starting wage for this position will be based on prior knowledge and experience.

Please send a resume and cover letter by **November 1, 2024** to:

Email: [caormofroland@gmail.com](mailto:caormofroland@gmail.com)

Mail: RM of Roland

PO Box 119, Roland, MB R0G 1T0

We thank all candidates for their interest, however, only those selected for an interview will be contacted.



## SKIRT SALE EVENT

Sat., Nov. 9, 2024 • 10am-4pm

Don't miss this unique opportunity to shop a vast selection of skirts in all different styles and sizes. Girls, women's and plus sizes. Denim, dressy and lots more. Large selection of 1000+ skirts!

**Rosebrook Community Hall at Rosebrook Place**



BIRTHDAY



Zip on down to celebrate  
Joan Johnston's 85th birthday!  
Saturday, November 9, 2024  
2 p.m. – 4 p.m.  
United Place Hall  
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Your presence is your gift

# Announcements Classifieds

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OBITUARY



**Clarence Lorne Janzen**

Clarence Lorne Janzen passed away peacefully at Carman Hospital on October 20, 2024 after struggling many years with Parkinson's Disease. Clarence was born on July 21, 1939 and passed away at the age of 85.

He was predeceased by his parents John and Agnes, stepmother Sarah, sister and brother-in-law Anne and Pete Schroeder, brother and sister-in-law Dave and Helen Janzen as well as brother Johnny and sister Marie.

He is survived by his loving wife MaryAnne of 60 years, son Corwin (Christy) and children Kaelen, Emily, Leah and Tyren, daughter Bonnie and her son Zachary (Kelsey) and their daughter Addy, son Timothy (Tara) and their children Declan, Maclean, Lachlan and Piper also sister Ruth Kroeker (Mervin) as well as many nieces and nephews.

Clarence accepted the Lord Jesus as his personal saviour when he was at Burwalde Bible Camp and was baptized at the Winkler Mennonite Church as a teen.

Tragedy struck his home March 15, 1941, when he was only one year old. His mother Agnes and sister Marie were trapped in a sudden blizzard and died. Later his father remarried Sarah, who he was raised by and knew as his mother.

Clarence spent his life working hard. He was a great mechanic, and his father would wait for him to come home from school to fix anything that needed attention. He was also very inventive. Clarence loved farming, trucking, logging and hauling. He grew and exported alfalfa hay and baled and hauled flax straw.

Clarence was active in the church, first as a Sunday school teacher, then as a moderator for quite a few years, as well as partaking in the building committee for the Mennonite Church in Elm Creek. He was a quiet man with great inner strength and discipline. His wish and prayers were that his children and grandchildren would live productive lives using their gifts and talents and that they would have an intimate relationship with Jesus. He prayed for them every day.

We are comforted by the fact that his suffering is over, he is with his creator, and we will all meet again.

-The Family

Funeral service was held on Friday, October 25, 2024 at Crossway Elm Creek. Interment took place in Elm Creek Cemetery.

Doyle's Funeral Home  
in care of arrangements  
www.doylesfuneralhome.ca

*Your memory will live forever Engraved within our hearts*

NOTICES

**URGENT PRESS RELEASES** - Have a newsworthy item to announce? An exciting change in operations? Let us help you advertise it from November on! Now booking advertising for the remainder of 2024. Plan your success! Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Please call 204-467-5836 or MCNA at 204-947-1691 for more details. See www.mcna.com under the "Types of Advertising" tab for more details.

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NOTICES

**BOOK YOUR CHRISTMAS ADS NOW!** Do you take on-line orders in your business? Let us help you advertise it from November on! Now booking advertising for the remainder of 2024. Plan your success! Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Please call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkcranch@mymts.net

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- Ensures safety of all internal/external resources in daily operation of site, troubleshooting efforts, and in all project phases with special focus on installation, commissioning, startup, maintenance and operations.
- Ownership for site compliance to BNA Electrical Safety Policy, timely responses to ICE - related safety requests, and site support in creating safe work plans - often driven by unplanned events in off-hours.
- Design, implement, maintain and improve instrumentation, control and electrical distribution systems.
- Develop and manage plans that resolve system obsolescence, spare part availability issues and ensures Critical Path spares are in stock at all times.
- Where possible, leverage proven technologies, adhere to Bunge design standards and leverage existing suppliers.
- Ability to identify/develop new technology to gain ground and support to initiatives like Industry 4.0.
- Manage efforts related to manufacturing, construction, installation, maintenance, support, documentation and testing related to ICE efforts in compliance with specifications, applicable codes and all BNA requirements.

**Education / Experience**

- Engineering Bachelor's in one of the following (Instrumentation, Controls, Electrical) is preferred. Two-year diploma or Trades background will be considered. Experience in each of these areas is preferred, with preference given to electrical and power distribution.
- Minimum 8-years multi discipline ICE experience.
- Effective collaboration with procurement throughout project life cycle.
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Four crucial issues concerning **MEN'S HEALTH**

Every year, the Movember Foundation demonstrates incredible creativity in their efforts to raise funds and awareness about health issues that affect men. Here are the four key areas of focus that motivate this noble cause.

1. **PROSTATE CANCER**

One in eight Canadian men will be diagnosed with prostate cancer in their lifetime. Some are fortunate enough to make a full recovery following surgery; many aren't so lucky. Financing research to develop more effective treatments is one of the organization's core missions.

2. **TESTICULAR CANCER**

Testicular cancer is the most prevalent type of cancer in Canadian teens and men aged 15 to 29.

Thankfully, early detection significantly increases chances of survival. That's why the Movember Foundation and Testicular Cancer Canada encourage men to regularly self-examine their testicles and consult a specialist should they discover any symptoms.

3. **MENTAL HEALTH**

Seven Canadian men commit suicide every day (on average), and poor mental health is often the reason behind this act of desperation. Throughout the year, the Movember Foundation promotes numerous programs to help men gain control of their psychological well-being.

4. **PHYSICAL ACTIVITY**

Sedentary living is a plague that's growing steadily across the globe with disastrous effects on public health. Lack of physical activity leads to heart problems, obesity and colon cancer, among many other ailments. The Movember Foundation encourages men to get active, most notably through their MOVE challenge, which takes place in November.

Sources: [ca.movember.com](http://ca.movember.com) and [www.testicularcancercanada.ca](http://www.testicularcancercanada.ca)

**DEPRESSION** in men

Each year, the Movember Foundation strives to raise both awareness and funds for men's health issues. Mental health is a crucial component of the campaign, especially considering that millions of North American men struggle with depression daily. While more women are diagnosed with the illness, the fatality rate of depression is four times higher in men. Suicide is one of the leading causes of death in men under the age of 45.

Depression in men often goes untreated, undiagnosed and unrecognized among those who are affected. Men are frequently unwilling to seek help for their mental health issues, perhaps because societal norms discour-

age them from expressing emotion and displaying anything that might be seen as weakness. But this culture of silence when it comes to depression is exactly why the illness is so deadly for men.

Getting help to overcome depression requires fortitude and strength, and it can literally save a life. If yourself or a man in your life is displaying signs of depression, consult with a doctor. Although depression manifests differently in everyone, here are some common symptoms.

- Irritability or anger
- Feelings of sadness or emptiness
- Fatigue

- Insomnia or sleeping too much
- Change in appetite
- Weight loss or weight gain
- Difficulty concentrating
- Loss of interest in work, family and pastimes
- Aches and pains, headaches or digestive problems

The most important thing to remember is that depression is not just feeling blue or downtrodden. It is an illness that requires medical care. This Movember, grow your moustache or sponsor a Mo Bro to help raise awareness and funds for men's mental health.

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