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Fall fun

STANDARD PHOTO BY BECCA MYSKIW

Three-year-old Roland, left, and his two-year-old cousin Winston were having fun at King's Park playground last Monday morning under the fall sun.

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A sustainable, healthy option: Prairie Cricket Farms

Miami family raising, harvesting, offering cricket protein and roasted crickets

By Becca Myskiw

When Lesley Steppler opened a box of crickets at her kitchen table in 2016, she didn't think it would be the start of her family's business.

Yes — crickets. Five years ago, Ryan Steppler had heard about cricket farming. His wife, Lesley, said when he gets something in his head, he becomes determined. So, after immersing himself in research, he ordered 200 crickets from a place in Saskatchewan, and the couple went from there.

"They came in a parcel in the mail," said Lesley. "So, I drove into town and brought this box home. I opened it, and crickets started jumping out instantly. I closed it back up and put a book on top, [Ryan] came home for lunch, and I was like, 'here's your parcel, open it and deal with it.'"

Lesley wasn't quite on board with



Crickets are a huge source of protein and vitamins and farming them is very sustainable.

the idea of cricket farming at the beginning. Now, though, she loves it.

Ryan said he was intrigued by cricket farming because of its sustain-



STANDARD PHOTOS SUBMITTED

Lesley Steppler, left, and Ryan Steppler, right, raise and harvest crickets on their farm by Miami.

ability and the nutritional value of the insects. One cricket is 63 per cent protein. They're high in vitamin B12, manganese, zinc, fiber, and omegas. He said just 2.5 tablespoons of cricket powder gives someone 56 per cent of their daily vitamin B12 intake.

One cricket has a lifespan of about 40 days on the Steppler's farm. Once a cricket is mature, they start to lay eggs. The Stepplers hatch the eggs, incubate them and then put them into the beds. They have around one million protein-filled insects, and they live in 21 4x8 feet beds (egg flats) stacked on top of each other in a 40x40 foot shed.

They feed the crickets chicken every day and set them up with chicken waterers with little sponges so the insects don't drown. Ryan's only ordered crickets twice — the first time and about 1,000 more two years ago. He said if the ones he has been doing well, there's no need to buy anymore because the current ones are at risk for disease.

"It's such an interesting industry," he said.

The Stepplers harvest the crickets every two days. They put them in a freezer, where the cricket's body then shuts down and freezes to death. After that, Ryan said they go to sleep — it's the most humane way to kill the insects.

Once the crickets are dead, they take them to the processing kitchen. The Stepplers turn their crickets into two products: cricket powder and roasted crickets.

To make cricket powder, they first rinse the frozen insects to ensure they're clean, then boil them, dehy-

drate them, and grind them into a fine powder. To make roasted crickets, they first wash them, then remove the wings and legs as best they can, and season them to whatever the customer desires. They produce about 10 pounds of dry product every two days.

"It's like eating a crunchy chip that tastes like a seasoned sunflower seed," said Ryan. "The powder has an earthy, nutty seed-like taste."

He said not a lot of people know the nutrition facts of crickets and they're scared to try them. Raising them is also super sustainable — because crickets are cold-blooded, all the food they eat gets put into their body and it isn't used for heat, so no energy is wasted. That means they eat way less food and drink way less water. Raising them also requires a minimal amount of space. The Stepplers have 1,600 square feet dedicated to the crickets and they don't need anymore.

"Our goal is to keep growing, but we don't need acres and acres of land to do it," said Lesley.

She said the most challenging part about turning their cricket farming into a business was showing people it's normal to eat bugs.

"Being scared to eat bugs is normal," she said. "We've been programmed that bugs are gross, but it's only new here. People eat bugs all over the world and it's a staple in their diet."

The Stepplers encourage anyone who hasn't to try eating crickets. They're healthy and by buying them, it's supporting a sustainable field. To learn more about the Stepplers cricket farm, go to www.prairiecricketfarms.com.

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McGee's crowned 2021 Burger Week winner

By Becca Myskiw

Another Carman Burger Week has come and gone, and a new winner has been crowned.

From Sept. 27 to Oct. 3, seven restaurants served up burgers made specially for the week. Restaurants participating included Crazy Lady's Cafeteria, Breakaway Family Restaurant, Carman Golf Course, Chicken Chef, McGee's Original Grill, Big Willy's, and Syl's Drive-Inn.

McGee's Original Grill is the 2021 Carman Burger Week winner. After community members took to their computers to vote for their favourite burgers throughout the week, the drive-in was deemed the winner with bragging rights and a trophy.

When McGee's was at the golf course, owner Robynn Linde was making homemade hamburger patties. She switched to a prime rib patty to save space and time upon moving to the new location.

"We had requests for homemade," she said. "I thought it was only fitting to use those for this week's burger."

Her homemade patties are smaller than the prime rib ones, so she made the burger week burger a double patty one, naming it the "Double Trouble." She added mushrooms, double cheese (to go with the double patty), and regular toppings like her burger sauce, lettuce, tomato, onion, and pickles. To top it off, the Double Trou-

ble had a potato scallion bun.

"Last year's winner was simple," said Linde. "We went over the top last year and didn't win, so we decided to keep it pretty standard but with our own flare."

And it worked. Usually at this time of year, her weekly sales would have been much lower, but because of the event, McGee's was busy. Linde said she sold upwards of probably 500 Burger Week burgers, which is normal for a week, but not in October.

"I think a lot more people were participating [this year]," she said. "As a whole, there was a lot more participation, a lot more excitement. More people knew about it."

She said she saw a lot more social media posts from people enjoying their burgers, which boosts sales and restaurant awareness. And because McGee's participated in Burger Week last year, Linde knew what to do this year, so she didn't even spend extra money on supplies. In other words, the week is nothing but positive for everyone involved.

The Carman and Community Chamber of Commerce hosted the week. Executive director Jodi Winkler said all seven restaurants were overwhelmed with participation. One of them sold over 800 burgers in the five days they were open, and most others were close.

"It came down to a very close vote,"



STANDARD PHOTO SUBMITTED

McGee's Original Grill is the 2021 winner of Carman's Burger Week.

said Winkler. "McGee's was over by two votes to be the winner."

Linde used to work with Big Willy's owner Chad Lubkiwski at the golf course and she said they have a friend-

ly rivalry between them, which is only heating up now that she claimed his previous title. She's looking forward to Poutine Week where she'll try to take that title from him too.

This week in review over the past..... 100 years of memories

(This feature will inform readers of a condensed version of events that were in print in the Dufferin Leader from 1921, 1946 and 1971).

October 6, 1921

Storing pumpkins—Place them in a room or barn where they will not freeze or become damp. Sit them on an old wire cot or bedsprings that clear the floor by two feet. Free circulation of air around the vegetables prevents deterioration.

October 3, 1946

A plowing bee was held on Monday at the Foster Duncan farm where twelve neighbours arrived with their plows. By 4pm. the fall work was completed. The group then went to the potato patch and in a short time had all the potatoes in the potato bin. Mr. Duncan has spent the last five weeks in Carman Hospital. Those taking part were George Wiebe, Doug Park, Walter Gould, Norman King, Reg Dunn, Cliff Preston, Wes Dunn, Vernon

Blackwell, Roy Preston, Alf Vier, Clarence Armstrong and Jack Bodie.

October 10, 1971

A 35 pound Canadian Lynx was recently shot on the Walter Toews farm at Graysville by Gerald Wiebe of Altona, when spotted in his flock of sheep. The lynx had killed 5 market weight lambs. The lynx was skinned and stretched and now adorns the recreation wall in the Toews' home.

Dufferin Council approved a permit to build a private school on property

owned by the Dutch Reform Church, 1 mile west of Carman.



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Homestead Co-op raises \$10K on Fuel Good Day



Two Homestead Co-op employees present Robyn Frost, executive director of Wee Care Child Center, with the Fuel Good Day donation of \$3,333.

By Becca Myskiw

Homestead Co-op donated almost \$10,000 to three local charities thanks to Fuel Good Day.

Fuel Good Day is an annual event that started in 2017. Co-ops across western Canada donate a minimum of five cents per every litre of gas sold on one specific day to a charity or organization of their choice. Homestead Co-op chose Wee Care Child Center, the North Norfolk Active Transportation Committee, and four educational and recreational programs in Portage la Prairie for this year's recipients. This year's Fuel Good Day was on Sept. 21, and Homestead Co-op do-

noted 10 cents per every litre of gas sold then. They raised a total of \$9,999, allocating \$3,333 to each of the organizations.

"As a locally owned and operated business, we're proud to give back and get behind local initiatives that are working to address the needs of our community," said Trent Schidlowsky, general manager of Homestead Co-op. "Thank you to our members and customers for the support you've shown during Fuel Good Day."

Robyn Frost, executive director of Wee Care Child Center, said they felt extremely fortunate to have been a receiving organization.



STANDARD PHOTO BY BECCA MYSKIW

Wee Care Child Center is using the funds to pay off their recent playground renovations.

"It is wonderful that Co-op has a program like this in order to give back to the community," said Frost.

The center will use the funds to cover the cost of their recent playground renovation on the preschool side. The prior playground was a natural one, but after many years of wear and tear, it was no longer meeting the physical needs of their children, she said, so they got a new one.

The new playground has a play structure, rubberized surfacing, a new shed, and will be seeing more changes in the future as more funds become available.

"We also plan on using funds to

paint fun games such as hopscotch, etc. onto the rubberized surfacing to provide more fun and gross motor activities for the children while outdoors," said Frost.

Last year, Homestead Co-op donated the Fuel Good Day funds, which was a total of \$5,130, to TLC Child Centre in Carman and Prairie Fusion Arts & Entertainment in Portage la Prairie. They donated more than \$566,000 across western Canada in 2020 and over \$2.4 million since Fuel Good Day started. This year's total numbers will be available later this month.

Back Door now selling tickets for the annual banquet

By Becca Myskiw

The Back Door Youth Centre is gearing up for its annual banquet, but it looks slightly different this year.

For as long as the centre's existed, so has the banquet. It's one of just two annual fundraisers the Youth for Christ centre does, the other being

their charity golf tournament in June.

On a typical year, 400 people would file into the community hall and eat a meal together to support the Back Door. Last year, however, everything changed, and they switched it to an online event due to COVID-19. Director Tyler Friesen said they had

a YouTube video for those who bought tickets along with takeout meals from Big Willy's and Crazy Lady's Cafeteria.

This year, it looks very similar. As they used to, sponsors can buy a table (eight tickets) and either use

them themselves or give them back to the Back Door to give to anyone who wants to attend. The tickets, whoever, won't get them a spot in the hall — it'll get them a meal from Big Willy's or Crazy Lady's Cafeteria to enjoy in their own home.

"You still get all the pieces of a normal banquet," said Friesen. "You just get to take it in at home."

Sponsoring a table costs \$250. If someone doesn't want to do that, individual tickets are available. Friesen said people can choose to eat their meals however they want, but they encourage everyone to follow current restrictions and public health guidelines.

The Back Door will sell as many tickets as their caterers allow. Friesen said that'll probably be around 375 meals,

but he can't say for sure, so those who want tickets are encouraged to buy them soon. Crazy Lady's Cafeteria is doing a roast beef meal, and Big Willy's offers a chicken dish.

Last year's banquet was a record year for the Back Door. They made over \$50,000 and usually raised around \$40,000 at the banquet. Friesen said this and the golf tournament funds go toward their operations budgets, which couldn't work without either event.

To buy tickets, people can contact the Back Door at (204) 745- 6186 or thebackdoor.yfc@gmail.com. To donate online, go to www.canadahelps.org/en/dn/53010. This year's banquet is on Friday, Nov. 5, and Friesen asks everyone get tickets at least two weeks prior.

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Incredible creatures: fall-flying leaf mimicking moths

By John Gavloski

In late-summer or fall, some moths emerge that may look a bit confusing. With all the dead leaves around that time of year, what better disguise than to look like a dead leaf, which is what several species of moths do. In this month's Incredible Creatures we will explore the lives of two of these moths, with similar sounding names, the maple spanworm and the large maple spanworm.

Fooling Foes in Many Ways

There are many insects extremely good at mimicking leaves. Katydid often do this extremely well, but as we get into late-summer and fall, some moths are very good at mimicking dead leaves. Two that can be seen in Manitoba that are good at this are the maple spanworm (*Ennomos magnaria*) and the large maple spanworm (*Prochoerodes lineola*). Although the names sound similar, and both are dead-leaf mimics, their appearance is quite different.

The maple spanworm has a few characteristics that help it mimic a dead leaf. The wings are a bright yellow-orange, speckled with dark brown. Aside from the colour, which resembles a yellow leaf, note the unevenly shaped edges to the wings. Also note the posture with which it is holding the wings. They rest with their wings raised about 30 to 45 degrees above horizontal. The combination of traits makes them an effective mimic of a dried, curled leaf.

There's a lot of variation in colour in the large maple spanworm. The forewings can be straw yellow to brown, depending on the individual moth, but

the dark line that divides the wings is diagnostic. It also has a sharp angle near the tip of the wings.

Twig mimicking larvae

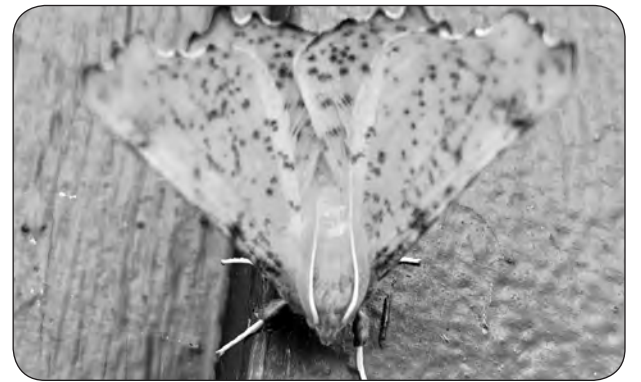
The caterpillars of these moths are masterful mimics as well. Caterpillars of the maple spanworm are a superb twig mimic. The body is green, brown, or gray, dappled with minute white spotting. They also have markings on their body that look like buds on a branch. The head is flattened and directed forward. Caterpillars of the large maple spanworm are a slender twig mimic, abdomen brown above, yellowish below.

You may think that based on the names the caterpillars of these moths eat mainly maple leaves. But that is not the case. Large maple spanworm caterpillars feed on the leaves of a wide range of plants, including maple, oak, poplar, willow, apple, birch, blueberry, cherry and currant. Host plants of the maple spanworm include maple, oak, poplar, alder and basswood.

Both maple spanworm and large maple spanworm belong to a family of moths known as Geometrid moths (family Geometridae). They are named for the way their caterpillars walk. Geometrid means "earth measurer," and the caterpillars are often nicknamed "inchworms," "loopers," and "spanworms" because of their gait. Butterfly and moth caterpillars have three pairs of "true" legs in front, on their thorax (caterpillars are divided into three sections, just like the adults). The abdomen contains prolegs, which look like stubs tipped with hooks (called crochets) for gripping the surface. A full set of prolegs is five pairs, the hindermost being a pair



Large maple spanworm



Maple spanworm

at the tip of the abdomen called anal prolegs. Geometrid caterpillars are missing two or three pairs of prolegs between the true legs and the anal prolegs. This results in Geometrid caterpillars walking by arching to pull the rear end up to the front end, then reaching the front end forward.

If something catches your eye this fall that looks like a dead leaf that's out of place, such as on the side of a building, have a closer look. It could be one of these maple spanworm moths.

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Manitoba vaccination doses now exceed two million

By Ashleigh Viveiros

Manitoba hit a milestone last week in its COVID-19 vaccination efforts.

Dr. Joss Reimer, medical lead of the province's vaccination task force, announced Oct. 6 that the province has surpassed two million doses of the vaccine.

It's been a monumental effort for Manitoba's health-care workers, starting back with the very first dose administered in mid-December.

"From all of us on the vaccine task force, thank you," Reimer said. "There have been thousands of people involved in this campaign and we couldn't have done it without you."

She also thanked the more than 85 per cent of eligible Manitobans who have stepped up to receive at least one shot thus far, and the 81 per cent who are fully vaccinated with two doses.

"This is really your story," Reimer said. "It's built around your decision to protect yourself, protect your loved ones, and protect our province."

Vaccination against COVID-19 has proven to be "incredibly effective," Reimer said.

"It's been remarkable to see in our personal care homes the just complete drop in outbreaks, and seeing how overwhelmingly higher the risk is if you're unvaccinated to end up in the hospital, to end up in the ICU."

"So while this vaccine is not perfect—no vaccine prevents infection 100 per cent of the time—it is dramatic," Reimer stressed. "And so I encourage people that even though it doesn't take you down to zero [risk], it takes you pretty close to zero when it comes to ICU admissions and it takes you way, way lower in your risk for even mild infection."

As the fourth wave gets underway in Manitoba, the province is expanding its recommendation for who can receive a third dose of the vaccine.

Individuals who have only received a

viral vector vaccine, such as two doses of AstraZeneca or a single dose of the Janssen (Johnson & Johnson) vaccine, can now book an appointment for a third shot of an mRNA vaccine, as long as at least six months have passed since their last shot.

This move impacts about 6,800 people who received those vaccines, which Reimer noted lose their effectiveness more quickly than the mRNA vaccines from Pfizer-BioNTech and Moderna.

Also able to get a third dose are health-care personnel who have direct contact with patients, residents, or clients.

Health-care workers—which number about 50,000 in Manitoba—were among the first to roll up their sleeves for the vaccine when it was released.

"For many health care workers, it has been quite a few months since their last dose of the vaccine," Reimer said, noting studies have shown the vaccines provide protection against severe illness due to COVID-19 for at least 20 weeks, but protection against mild infection does decrease over time.

"In general, if we weren't inside of a pandemic, we might be okay with a lower level of protection against mild infection, but when we are facing a fourth wave and we do know that every health-care worker is critical to being able to provide services to Manitobans, we want to offer this booster to use every tool in the toolbox to support the health-care system."

Receiving a third dose is voluntary and health-care workers who decide not to get it are still considered fully immunized, Reimer stressed.

The province is currently considering further expanding third-dose eligibility in the weeks ahead to older Manitobans, including those not living in personal care homes (who are already eligible) and those who live in

other congregate living settings.

Reimer further said that it's likely most Manitobans will have the opportunity to get a booster shot by year's end. She stressed again that two doses of the vaccine provide ample protection against severe outcomes for a long time, but a third dose in the months ahead would help with mild infections, especially if a great deal of time has passed since the second dose.

Asked how she responds to Manitobans who are fearful there will be no end to booster shots in the future, Reimer pointed out that's already how we deal with vaccinations for other viruses.

"We have an influenza or a flu season every year and people have to get a booster shot every year. That's certainly a possibility here as well that this might become something we have to do every year."

"As more and more of us become protected and the severity of infections goes down, it will become more and more like how we treat influenza," Reimer said. "And so even as people get infections, those who don't end up in the hospital, those who don't die, will also slowly have more and more protection as well even without the vaccine."

"So as a society together we [will] see decreasing severe outcomes and therefore be able to move away from all this emergency approach to managing the pandemic."

Heading into the long weekend, Manitoba was reporting 927 active cases of COVID-19, a provincial test positivity rate of 3.4 per cent, 90 total hospitalizations, and 14 ICU patients due to the virus.

A total of 1,217 Manitobans have died due to COVID-19. There have been 59,241 recoveries.

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MB Beef Producers fall district meetings starting Oct. 19

By Becca Myskiw

It's that time of year again — the Manitoba Beef Producers are preparing for their fall district meetings.

Every year, the organization hosts a series of meetings for its 14 districts. This year, elections are required in the even-numbered districts, so those meetings will be held in person. The odd-numbered districts, however, will have their meetings in a virtual format.

Vice president of Manitoba Beef Farmers Melissa Atchison said they had to prioritize the districts with elections, but they could be changed to virtual if COVID-19 restrictions require it.

The meetings are an opportunity for members to vote but also to give them

a voice. They can see what Manitoba Beef Producers has been up to for the past year, voice concerns, and make resolutions that can be taken to the annual general meeting (AGM) in February.

The meetings will run from Oct. 19 to Nov. 9, the first one being a virtual meeting. Here is the schedule:

Oct. 19: Districts 1, 3, 5, 7, 9, 11, 13 (7 p.m. virtual)

Oct. 20: District 4 (1 p.m. at Grunthal Auction Mart)

Oct. 25: District 10 (1 p.m. at Arborg Bifrost Community Centre)

Oct. 26: District 2 (1 p.m. at Baldur Memorial Hall)

Nov. 1: District 14 (1 p.m. at Minitonas and District Arena)

Nov. 2: District 12 (1 p.m. at Ste. Rose

du Lac Community Hall)

Nov. 3: District 8 (1 p.m. at Neepawa Legion)

Nov. 8: District 6 (1 p.m. at Oak Lake Community Hall)

Nov. 9: District 1, 3, 5, 7, 9, 11, 13 (7 p.m. virtual)

Manitoba Beef Producers said the cooler temperatures and rain from August and September are making a difference. That didn't snap the dry cycle and the moisture deficit is still there, but some pastures that weren't producing before are now.

Because of the recent warm temperatures, frost hasn't shut down pastures or crops yet, extending the grazing season when feed remains an issue. However, they also said AgriRecovery programs are helping produc-

ers pay for expensive feed, and those producers have options — they can move away from greenfeed and be innovative.

Manitoba Beef Producers still expect to see cows in the market this fall, and good weather adds pounds to those that will go.

"We are cautiously optimistic about the prospect of the beef cattle industry in Manitoba," said Manitoba Beef Producers. "Domestic and global demand exists. If the weather cooperates and folks can make it through the winter, there is good potential to go beyond maintaining the herd to growing the herd."

To find out which district you're in, call Manitoba Beef Producers at 1-800-772-0458 or email info@mbbeef.ca.

Exempt Manitobans to receive same card as fully vaxxed

By Ashleigh Viveiros

Manitobans who have received a valid medical exemption from COVID-19 vaccination will now be armed with the same immunization card to prove it as those who are fully vaccinated.

Dr. Joss Reimer, medical lead of the province's vaccination task force, announced the move last week.

It's a way to ensure there's consistency across the board, she said.

"We had lots of conversations about how many people have to scan those cards in so many different sectors,

and we wanted to make it as simple as possible for all of them," Reimer said. Currently, proof of vaccination is required for entry to restaurants, theatres and concert halls, art galleries and museums, and sport facilities, among other social gathering spaces.

"The message is clear that this is the only proof of vaccination, regardless of whether or not someone is medically exempt," said Reimer, stressing showing up at a restaurant with a doctor's note is not sufficient proof of an exemption. "They need that card with a scannable QR code."

The province has said that only a very small number of people are unable to get safely immunized, including those who had a severe reaction after the first dose of the vaccine, patients receiving treatments that might affect their immune response (for example, certain types of cancer treatments), and people who have had a severe allergy or anaphylactic reaction to a previous dose of a COVID-19 vaccine or its components that cannot be managed by the Health Sciences Centre Allergy Clinic.

In all these cases, people must

schedule an appointment with their health-care provider or specialist to determine if they qualify for an exemption. Individuals cannot submit their own requests for exemption.

If an exemption is approved, individuals can then request their digital or physical Manitoba immunization card approximately seven to 14 business days later, the same as a fully vaccinated person would.

Details about exemptions are available online at <https://manitoba.ca/covid19/vaccine/eligibility-criteria.html#exemptions>.

Morden man wins big in province's vaccination lottery



STANDARD PHOTO BY LORNE STELMACH
Russ Peters won the \$100,000 vaccination lottery prize for the Southern Health region.

By Lorne Stelmach

A Morden resident is the lucky recipient of an extra reward for having been vaccinated against COVID-19.

Protecting himself and others around him was all that mattered to Russ Peters, but being selected as one

of Manitoba's Vax To Win lottery recipients is certainly a nice bonus.

By choosing to become fully immunized, he joined 16 other Manitobans who have protected themselves against COVID-19 to share part of the cash and scholarship prizes totalling \$950,000 in the second round of the lottery.

"When they first called, I thought maybe it was a scam, like all those calls that you get ... but they left a message on my phone with a phone number and it kind of seemed legit," Peters said last week. "I had forgotten about the lottery after a while ... I didn't hear anything more about it."

"I was in shock for awhile there. It still hasn't really sunk in yet," he added. To be eligible for the second draw, individuals had to have received their second dose of vaccine on or before Sept. 6. Seven adult winners were chosen including three from the Winnipeg Regional Health Authority

and one from each of the other RHAs in the province. Peters nabbed the Southern Health-Santé Sud prize.

Peters and the other adult winners each received cheques for \$100,000, while 10 youth from across Manitoba took home scholarships valued at \$25,000 each.

A lifelong Morden resident, Peters noted personal gain like this wasn't a factor in his decision to roll up his sleeve.

"I think maybe when I was vaccinated ... I may have thought it might push some people over the edge if they were on the fence," he said. "For me, it was never an issue. I got vaccinated because I didn't want to get sick, didn't want anyone in my family to get sick. As soon as I was eligible, I signed up for it."

"I can only speak for myself. I can't speak for other people who don't get vaccinated ... it's their choice ... but I don't want to risk getting people sick."

As for his plans for his unexpected winnings, Peters thought "maybe pay some bills, pay down the mortgage a little bit and maybe upgrade the car ... nothing too crazy; maybe do some travelling when things open up again."

Announcing the latest lottery winners last week, Crown Services Min-

Continued on page 8

NOTICE

Annual General Meeting

**of the Boyne Valley
Hostel Corporation**

* Proposal for Revised By-Laws
to be Presented *

Wednesday October 20, 2021
1:30 pm

Carman Active Living Centre
Carman, Manitoba

**All attendees must be fully vaccinated.
Proof of Covid vaccination is required**

Pfizer effectiveness against infection drops to 47 per cent

By Patricia Barrett

A real-world study evaluating the effectiveness of Pfizer-BioNTech's COVID-19 vaccine in almost 5 million people shows the fully vaccinated becoming infected with the virus or one of its variants but still retaining strong vaccine-induced protection against having to be hospitalized.

The Pfizer-led study titled "Effectiveness of mRNA BNT162b2 COVID-19 vaccine up to 6 months in a large integrated health system in the USA: a retrospective cohort study" was published online in *The Lancet* medical journal Oct. 4.

The researchers, who identify themselves as either employees of Pfizer or who hold shares in Pfizer stock or who received research support from Pfizer, assessed the effectiveness of the vaccine, now called Comirnaty, against COVID infections and against hospital admissions for up to six months after the vaccine was administered.

They found the vaccine's overall effectiveness against infection waning to 47 per cent after five months since full vaccination (defined in this study as seven days or more after the second dose). But the effectiveness against hospital admissions in all age groups "did not wane" over the six-month research period, providing 90 per cent protection.

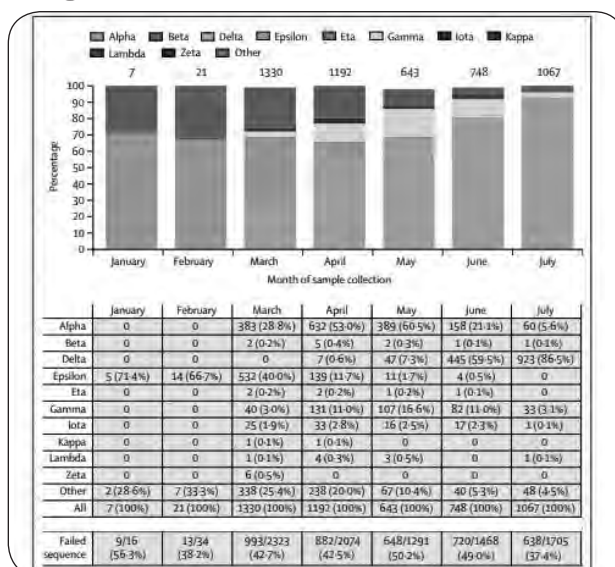
"Our results show high effectiveness of BNT162b2 against hospital admissions up until 6 months after being fully vaccinated in a large, diverse cohort under real-world vaccination conditions, even in the face of widespread dissemination of the delta variant," the researchers wrote. "These findings underscore the importance of continuing to prioritise improving COVID-19 vaccination rates, including in hard-to-reach communities."

The study also looked at the vaccine's effectiveness against infection and hospitalisation from the virus's variants.

For delta, the vaccine was shown to be 93 per cent effective against infection during the first month after full vaccination but dropped to 53 per cent after four months. Against other variants, the vaccine was found to be 97 per cent effective against infection during the first month after vaccination but declined to 67 per cent at four to five months. The vaccine, however, offered a high overall level of protection against the need for hospitalization.

The study's findings are consistent with reports from Israel's Ministry of Health and the U.S. Centers for Disease Control and Prevention on reduced effectiveness against COVID infection at five months or longer after being fully vaccinated, said the researchers.

The researchers set out to determine whether waning immunity or the delta variant was driving



EXPRESS THE LANCET, STUDY DATA

The progress of COVID variants shown in samples taken between January and July in southern California, with the delta variant (in pink) predominating in the space of two months.

the observed reductions in effectiveness against infection as this distinction "is essential to inform the need for booster doses and to establish what the antigenic composition of future vaccines should be."

They surmise that the reduction in protection against infection over time is probably primarily due to the vaccine losing strength rather than the ability of delta to evade immunity defences.

"Our variant-specific analyses suggest that reductions in vaccine effectiveness over time are likely to be primarily due to waning vaccine effectiveness rather than the delta variant escaping vaccine protection given that vaccine effectiveness against delta infections was more than 90 per cent soon after vaccination," the researchers wrote. "Vaccine effectiveness against delta and other variants for hospital admissions was very high over the entire study period, and reductions in vaccine effectiveness against infection by time since being fully vaccinated were observed irrespective of the variant."

Waning protection against infection has also been observed in Moderna's mRNA COVID vaccine and is "consistent" with studies of other coronaviruses.

The researchers analysed electronic health records of 4,920,549 people who were 12 years of age and older and who were members of a healthcare organization in southern California. The average age was 45 years. Fifty-two per cent were female and 48 per cent were male. The records were "representative of the socioeconomic and racial and ethnic diversity of the area's population."

Reports of reduced effectiveness against infec-

tion began to surface this summer with the rise of the delta variant, said the researchers. Countries such as Israel, the U.S. and Qatar reported worrying trends in declining vaccine-induced immunity among those who were close to reaching the six-month mark of being fully vaccinated. They included the immunocompromised, health-care workers and older adults.

"The continual emergence of SARS-CoV-2 variants has raised concern that COVID-19 vaccines could have reduced effectiveness against new viral strains; however, BNT162b2 has shown robust amounts of neutralising antibodies against all variants of concern evaluated to date," wrote the researchers. "Moreover, confirmatory, real-world studies have shown high effectiveness of two doses of BNT162b2 against COVID-19, especially severe disease caused by variants of concern [such as] alpha, beta and delta in various settings."

Although the vaccine was found to provide a high level of protection against hospitalization – at least over the course of this six-month study period – the researchers note recent reports of waning protection, notably in older adults.

"The most recent report from August 2021, from Israel ... suggests that some reduction in effectiveness against hospital admissions has been observed among older people [65 years and older] roughly 6 months after receiving the second dose of BNT162b2," they wrote. "Thus, long-term effectiveness data against severe outcomes should be continuously monitored in our study population and globally."

Countries considering administering third doses should assess vaccine supply and disparities existing between wealthy and poor countries, the researchers wrote. The delta variant is behind the fourth wave of infections in several Canadian provinces. Manitoba began recording mostly triple-digit infection numbers since the last week of September. The province's COVID dashboard and public health officials say the fourth wave is being driven by people who remain unvaccinated.

On Oct. 8, the dashboard showed 71 active cases in the Interlake-Eastern region as a whole. In communities in the Interlake area, there were seven active cases in the Arborg-Riverton area, four in the Eriksdale-Ashern area, 13 in Fisher River-Peguis, six in Gimli, five in Selkirk, six in Stonewall-Teulon and five in Winnipeg Beach- St. Andrews.

There have also been infections in school-age children (prior to Oct. 5) at Dr. George Johnson Middle School in Gimli and Riverton Early Middle School, according to the province's school-aged infections dashboard.

> LOTTERY WINNER, FROM PG. 7

ister Jeff Wharton and Advanced Education, Skills and Immigration Minister Wayne Ewasko noted that when the Vax to Win lottery was first announced in June, Manitoba sat at 67.8 per cent of individuals with a first dose of the vaccine and 14.2 per cent of individuals with both doses.

The province has since reached 85.2 per cent of individuals with a first dose and 81.1 per cent with both.

"We are extremely grateful and proud of the way Manitobans stepped up to the plate to be vaccinated this summer to support the fight against COVID-19," said Wharton.

"While only a few people were fortunate enough to win a lottery prize, we have all benefited from the decisions we made to protect ourselves, our families and our communities. As Manitoba is now in the fourth wave of

the pandemic, we can truly see how essential the vaccine is in providing as much protection as possible."

"We know Manitoba's young people will shape our province's future in ways we can't yet imagine," said Ewasko. "They continue to be an integral part of our shared fight against COVID-19. These scholarships will help set them on a path toward an even brighter future."

"The Vax to Win lottery has been extremely helpful in bringing Mani-

tobans together as we all continue to push through this pandemic," added Manny Atwal, president and CEO, Manitoba Liquor & Lotteries.

"We are pleased to have been able to play a role in rewarding those who made the right decision and got their vaccines. I would like to congratulate all the winners from the first and second rounds, and again thank everyone who got vaccinated. Your decision helps all Manitobans."

Efficiency Manitoba launches window, door rebate program

Staff

A new rebate program could net eco-conscious Manitobans a tidy sum.

Efficiency Manitoba, the province's newest Crown corporation dedicated to energy efficiency, has launched its Windows and Doors Rebate for homeowners upgrading to high-performance windows and doors.

Eligible customers can receive \$50 per qualifying opening for the purchase and installation of select Energy Star certified products.

"Manitoba has long been a leader in the windows and doors industry

in Canada," said Conservation and Climate Minister Sarah Guillemard in a statement. "Through incentives that encourage Manitobans to choose high-performance windows and doors, Efficiency Manitoba is supporting an industry with approximately 5,000 Manitoba-based employees as well as ensuring homeowners are choosing energy-efficient, high-quality, long-lasting products."

Replacing older, inefficient entryways and windows with high-performance ones means less air leakage and heat loss in a home, which helps

homeowners reduce their energy consumption, lower their energy bills, and enjoy a more comfortable living environment.

"This new program and rebate offer is another way we're helping Manitobans achieve whole-home electricity and natural gas savings," said Colleen Kuruluk, CEO of Efficiency Manitoba. "These rebates are responsive to requests from customers and industry, and we're here to make energy-efficient choices easier and more affordable for Manitobans."

Homeowners must first purchase

and install their eligible windows and doors and then apply online for their rebate. A full list of eligible products and the online application form can be found at efficiencyMB.ca/windowsanddoors.

Those participating in the Canada Greener Homes Grant can also access rebates through the Windows and Doors Rebate. Efficiency Manitoba works with Manitoba Hydro to ensure financing is available through their Home Energy Efficiency Loan. More information about financing can be found at hydro.mb.ca/heel.

Nominations open for Excellence in Education Awards

Staff

Think your kid's teacher is awesome? Now's your chance to thank them for it.

Nominations have opened for the 2021-22 Manitoba's Excellence in Education Awards, Education Minister Cliff Cullen announced last week on World Teachers' Day.

"Manitoba educators provide outstanding service every day, and continue to do so during the pandemic," Cullen said. "The Excellence in Edu-

cation Awards provide an opportunity to recognize educators who are making a special difference in the lives of their students."

There are three teaching excellence awards up for grabs and one each in the categories of outstanding new teacher, outstanding team collaboration, outstanding school leader, and the Premier's Award for Excellence in Education.

Parents, students, school trustees, teachers and school or school division

administrators are invited to submit nominations by the Dec. 2 deadline.

Nominees must be educators who hold a valid, permanent Manitoba teaching certificate and work directly with kindergarten to Grade 12 students in a school setting on a daily basis. Each award recipient will receive \$500 and a framed certificate.

The selection committee includes representatives from Manitoba Education, Manitoba School Boards Association, Manitoba Association of

Parent Councils and Manitoba Federation of Independent Schools.

"I want to thank our educators for the work they do, supporting our children and ensuring they can succeed," said Cullen. "We know teachers are an incredibly dedicated group, and we hope the community responds to this call for nominations."

For more information, head to www.edu.gov.mb.ca/k12/excellence/.

Southern Health reflects on a challenging year

Health region looks at pandemic challenges and year's successes

By Lorne Stelmach

The pandemic has posed many challenges for the health care system, but the directors of the Southern Health-Santé Sud regional health authority last week also celebrated the successes of the past year.

Reflecting on it all as part of the online annual meeting Oct. 6, both CEO Jane Curtis and board vice chair Terrie Porter especially saluted the perseverance and dedication of all staff amidst such a difficult time.

"Despite the magnitude of the effects from the COVID pandemic on our staff, their families and communities, we know that as an organization our number one priority is to provide

safe, quality health care services," Curtis said as part of the annual report. "Among the many traits that health care workers have in common, none seem stronger than a shared commitment to serve, and through this extraordinary past year, that spirit of service never waned."

Porter said the staff have consistently risen to the challenges and "have a deep sense of responsibility and empathy for the community and those they serve. They excel in very small things that they do day in and day out and when tough times arise, they shine."

They went on to touch on a number of key issues and concerns, including the ongoing need for staff recruitment.

"We have many strategies underway in the region, and we're constantly looking at new ways to recruit staff to our sites and programs," said Curtis.

"I would say that with the expansion of some of the services ... we will need to look at the additional staff that we're going to require, and we're

working very closely with the province on that to look at how do we open up for more training for physicians and nurses and other health care providers," she said. "We also look at recruitment from other areas, whether it be in the country or even internationally."

A question about the issue of low vaccination rates in some areas of Southern Health led Dr. Denis Fortier, who is the chief medical officer and vice-president of medical services for Southern Health-Santé Sud, to emphasize how it needs to be addressed at an individual level now with compassion.

"That's going to take some time, a lot of energy," he said. "We will have to be listening ... listening intently to the concerns of people who are hesitant or wondering about the vaccine. We will need to be offering credible information so that people can make an informed decision."

Curtis also addressed the impact that the pandemic has had on staffing and morale.

"Of course we're very concerned. I think there's two things. It's the length of [(the pandemic)], but it's also the different challenges that we've had to face and not really knowing what tomorrow brings.

"We certainly are trying to ensure that we take care of our staff in the best way we know how," she continued. "We know there's community resistance out there, but we also know there's a lot of supportive community out there."

Porter further observed how it all has uncovered silver linings, especially at the organizational level in terms of encouraging innovation, collaboration and expanded use technology, and Curtis also noted how the provincial co-ordination of service delivery through Shared Health has been crucial as well.

"With the pace and scale of changes necessitated by the pandemic, it became evident that no one can do this

Continued on page 10

Handi-Van gets year-round indoor parking

By Becca Myskiw

Thanks to a Carman Area Foundation (CAF) grant, the Handi-Van will keep warm this winter.

The service bus now has an indoor parking space in the maintenance yard shed. It sits on gravel in a side attachment to the main building, which has a garage door, partially paid for by a grant.

Kathleen Findlay, the administrator for the Carman Handi-Van Corporation, applied for the CAF grant with an indoor parking space in mind. However, she just didn't know where this space was going to be. Luckily, the Town of Carman and the rural municipality (RM) of Dufferin got involved and found the bus the perfect place to stay.

"Next thing we knew we were able to acquire this spot," said Findlay. "So, we had a project to apply for the money. Oh goodie."

The Carman Handi-Van Corp. doesn't usually apply for grants because they never have specific projects to apply for; it's usually just maintenance costs to cover. This year was

different, though, and CAF granted them \$3,500 to pay for a garage door at the space. Unfortunately, the total cost was \$6,000, so the board had to use their funds to pay the extra \$2,500.

Trevor Smith from the Handi-Van board was in charge of getting the door. He said the whole process took a while because of the pandemic, but after contacting four different contractors with quotes, he found one that could make and install the correct size door.

Last winter, the town allowed the van to park in a shed they weren't using, but Smith said having its own space is essential.

"This is much handier," he said. "It has an automatic door, and it's dedicated to the Handi-Van. And just like any piece of equipment, with inside storage, you don't have all the sun damage or the snow in the winter-time. Even though it's not insulated, it will warm up quicker. With the clients we have, we can't just throw them into a freezer — or an oven."

The whole committee is looking forward to having a full-time parking



STANDARD PHOTO BY BECCA MYSKIW

The Carman Handi Van now has an indoor parking space thanks to a grant from the Carman Area Foundation. Pictured are committee members, spare bus driver, and a representative from CAF.

space for the van, so it doesn't have to park outside ever again.

> SOUTHERN HEALTH AGM, FROM PG. 9

work alone," she said.

"We have seen the health system's

response in Manitoba as truly provincial. Working together to marshal

our resources and leverage our clinical expertise, best practice and efforts helped us put into action the necessary changes in a timely fashion."

Porter added that it has helped "to

enable and enhance local focus on the delivery of health services while ensuring a consistent approach.

"Overnight, the pandemic changed our traditional ways of doing our work," he said.

The annual meeting also highlighted a number of significant capital projects, including the construction and expansion of the care homes in Carman and Steinbach as well as three EMS stations in Morris, Portage, and Crystal City.

As well, there is the new rapid access service for addictions treatment in Portage and enhanced access to school based mental health and addictions support.

The meeting also featured the presentation of two awards, including the Physician Emeritus Award in recognition of significant lifetime contributions and accomplishments. The honour was presented this year to Dr. Paul Peters, who is now retired but practiced for 38 years in the Steinbach area, including serving as chief of staff at Bethesda Regional Health Centre and being a founding partner of the family medical centre in Steinbach.

The CEO Career Achievement award was presented to Jackie Doerksen in honour of over 34 years of service that saw her start as an occupational therapist in the Morden hospital. Over time, she went on to a number of different roles including most recently as co-lead of the COVID-19 testing site.



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Carman raises over \$300 for CIBC Run for the Cure

By Becca Myskiw

CIBC's Run for the Cure has wrapped up for the year, and Carman's branch had another successful fundraiser.

Last year, Carman's CIBC branch used their "best fundraiser idea", according to branch employee Laurie McGillivray. They had a pink sign with pink balloons that said, "You've Been Bra'd". People and organizations put it on each other's lawns, and the only way to get it off was to give a minimum donation of \$20.

However, this year, with the ever-changing COVID-19 restrictions, the branch couldn't plan their fundraiser until the last minute when they knew what would be allowed. So, they held a 50/50 raffle within the building to raise money for the Canadian Cancer Society.

Run for the Cure is an annual 5k or 1k walk or run to raise the Canadian

Cancer Society money. This year, the race was virtual again, and the Carman CIBC branch had six employees participate. But, before they walked the streets on Oct. 3, they had to raise the money. Their 50/50 raffle raised a total of \$301, giving the winner \$150.50 and the Carman branch \$150.50 to donate to the cause. Though the actual Run for the Cure was on Oct. 3, the branch employees walked the Wednesday evening before.

"The walk is just to raise awareness," said McGillivray. "Everyone has been affected by it, so we just feel it's important to walk. It's important to CIBC."

As of Oct. 8, according to the Canadian Cancer Society, this year's walk raised over \$9 million in total. Though the actual walk for the year is over, they're accepting donations for the cause until Dec. 31. To donate, go to https://support.cancer.ca/site/TR?fr_id=27379&pg=pfind.



STANDARD PHOTO SUBMITTED

Six CIBC employees took part in this year's Run for the Cure raising awareness and funds. Pictured, left to right, Sheryl Reimer, Laurie McGillivray, Marni Harrison, Shawna Pritchard, Faye Peckover and Kelly Guenter.

CCI still has room on its auction block

By Lorne Stelmach

Childrens Camps International is putting out a final call for participation in its next Auction for Kids fundraiser.

The auction initiative run in partnership with Bill Klassen Auctions has

been a successful event for the charitable organization, and the next one is set for Oct. 22.

The last Auction for Kids in April raised enough for the Christian ministry to send over 5,000 children to camp overseas, noted CCI represen-

tative Greg Wood. He's hopeful the fall auction will hit similar heights.

"There's still stuff coming in; there's always more things in the final two weeks because that's when the last push is on," said Wood.

Harvest for Kids started the auctions

with the idea of giving farmers the chance to get rid—and to find—under used machinery and farm equipment.

It has grown from there to include not only any kind of farm machinery but also construction equipment, vehicles, and anything and everything else.

"There's usually lots of different things. We end up with everything from farm equipment and trucks ... we actually even auctioned off a grain bin ... to even a whole lot of electrical equipment," Wood said. "People offer up all sorts of stuff. I might think maybe this is not going to go for a whole lot, and I'm surprised ... it's amazing what people offer, and it's amazing how much some of it goes for."

The auction lots this time so far include such attractive items as golf packages and stays at Tallpines Lodge in the Whiteshell and the Montana Hill Guest Ranch in B.C.

"People know it's for a good cause," said Wood, noting for example it was interesting in an earlier auction to see two people bidding back and forth against each other. "When they're willing to pay more than its worth ... you know it's exactly for that reason, that they know it's going to send kids to camp and they know it's going to a good place."

You can find more information online at www.ccicamps.com and find the auction at billklassen.nextlot.com.

If interesting in donating items, call 1-204-331-4003 or email auction@harvestforkids.com.

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CIBC celebrating history milestone: 125 years and counting

By Becca Myskiw

CIBC is celebrating a historic 125 years of business and community support in Carman this year.

The banking establishment opened its doors in September of 1896 originally as the Bank of Hamilton. It merged into the Canadian Bank of Commerce in 1902, then to the now well-known CIBC in 1924.

Carman's banking centre leader Lindsay Paracholski, said in 1896, the bank didn't even do half of what it does today. The bank was mainly used for farming, business, or commercial purposes when it first started.

"There was some lending," she said. "But not as much as today's world. It was more day-to-day banking. It's evolved a lot in today's world. One hundred twenty-five years ago, people settled on the land; now it changes hands a lot more."

In the mid-1950s, loans started becoming more common. Then, come the 80s, and there were massive interest rates for those lending and borrowing. But, those soon dropped, and more people began borrowing money, and with that, they could start buying more. Thus, with the evolution of the banking world, came the growth of the economy.

Paracholski said banking changes with society. An excellent example of that is payroll. These days, almost everyone has direct deposit, meaning their paycheque goes straight from their place of employment into their bank account. But that's just it — they have to have a bank account with someone somewhere, and that's where CIBC comes in.

"Everyone needs to have a bank account somewhere," she said. "Most people need to have one for something."

Continued on next page



STANDARD PHOTO SUBMITTED

CIBC is celebrating 125 years this year. Current staff: Back row: Marni Harrison, Robyn Woods, Kelly Guenter, Lindsay Paracholski. Front row: Shawna Pritchard, Laurie McGillivray, Faye Peckover and April Hutton.

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Paracholski said the bank has also been innovative. They were one of the first financial institutions to have an ATM, release a mobile banking app, and offer online banking. Staying current, finding what's essential to their clients, and making advancements to meet everyone's needs has kept them going and growing for 125 years.

On top of changing with society, CIBC is very much a part of society. One of the institution's main goals is to be a part of the community. Every year staff of CIBC's all across the country participate in Run for the Cure. The annual event raises money for the Canadian Cancer Society, with over 15,000 team members participating annually.

"We like to do stuff within the community," she said. "We all feel a part of our communities, most of us live and work in them. We want to see fellow community members, whether their customers or not, prospering."

Carman's CIBC branch has hosted Halloween carnivals, handed out treats at the Carman Country Fair, they participated in the town parade, support local fundraisers, and do so much more. Paracholski said they try to stay involved to stay up to date and connected to everyone in their communities.

"We don't want to just be the place where you do your banking," she said. "We want to see growth everywhere."

CIBC has been a part of the Carman community for years and Paracholski said they hope to go on for another 125. Other banks have come and gone, but this one doesn't plan on going anywhere.

A bankable building... a CIBC interview

By Dennis Young

"Firstly thank you for thinking of me! A lot of time has passed since I was the talk of your town. I hope I can recall some interesting facts ...maybe some stories too...for your readers.

I overheard that at the turn of the century, head offices were opposed to opening branches in inexperienced country locations. However a Mr. Rodmond Roblin (the RM Reeve at the time) was said to have offered the Canadian Bank of Commerce a grain account conditional on a branch here. It must have been worth it when in 1924 Carman's Bank of Hamilton (est 1896) and CBC (est 1902) merged to form a single branch.

I was erected in 1907 and am a rare surviving example of standardized "Prairie-type" designs used by CBC across Western Canada. Developed by an architectural firm from Toronto and prefabricated by a Vancouver company, I actually went up in one day.

The Toronto plans were shipped to Vancouver where I was built then disassembled. That was confusing to say the least. But once the panels were numbered, loaded on box cars and shipped by rail, I arrived in Carman.

My elegant revival-style frontage with an interior of mahogany and tinted glass was referred to as the Gordon Goldsborough. I think there were about 70 of us built between 1906 and 1912 with some others still standing throughout our province such as in Rivers and Elkhorn. The main floor contained banking hall and manager's office while upstairs was a generous living quarters for staff. The very

first manager even served as security...shotgun and all! I recall another manager, Dick Sanderson, playing his piano every morning before he would go down to work.

In fact I think I can name my past managers. D. McLennan 1906--08, F. J. Macoun 1908-13, MSTC McLean 1913-15, V. M. Dunlevie 1915-24, A. B. Bowes 1924-41, H. F. Hobbs 1941-46, R. J. Prentice 1946-50, Angus Gillian 1950-57, Dick Sanderson 1957-67 and George Crewson 1967-68. I am sad to say some first names except me now.

Those were great times watching Carman grow around me. I had great next door neighbours over the years like Beaver Lumber, Bowie's Beauty Shop and I got to watch the Post Office go up in 1915. Then in 1961 my name out front got changed when the CBC became CIBC.

Then sigh, in 1968 I was up for sale being replaced with a new building. Offered as a

Continued on next page

CONGRATULATIONS
on your 125th Anniversary!

**THANK YOU FOR YOUR
SERVICE TO OUR COMMUNITY!**



**Town of Carman
and RM of Dufferin**



CONGRATULATIONS
to CIBC on their 125th Anniversary!

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Happy Anniversary!



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Old bank buildings never die; they just slowly move away. In this case, the 70-ton structure travels ponderously through the centre of Carman, dwarfing the buildings on either side.

donation to the town in exchange for moving me, Mayor Sven Jensen began looking into how I could fill a need in the community.

The first idea came from the Young Citizen Group who were interested in turning me into a library as the current one had outgrown the Memorial Hall. They petitioned the town and RM both to look seriously into this and even suggested the land south of the Catholic Church.

Although I was still in good shape with that great architecture, I must admit I was still a wood building lacking current fire codes. So after a contractor quoted \$20,000 (today \$155,000) to build a foundation, move me, rewire me and do all the renos required, the library idea was a closed book ...wink wink.

Eventually I had new owners as the Masons of Carman #155 bought me for \$1. They needed a permanent meeting place and they could rent my space out as well. First they had to move me to their new location across from the Elementary School.

Henry Harms the mover was hired

to lift me up then take me down Main Street. When I became stuck going up the hill, I sat for about a week until workers poured pails and pails of soap onto the skids to get me moving. I creaked and groaned all the way but made it in one piece. The Masons then commenced a very expensive, but appreciated renovation turning my main floor into their lodge, the upper two into apartments and my basement outfitted with a kitchen for banquets.

After settling in across from the Elementary School, I was occupied by many for many reasons. In fall of 1969 three grade two classes led by teachers Judy Wadge, Shirley Montgomery and Donna (Harder) Jarvis moved in with students including Kelly Richardson and Trish Bryson. They were the "cool kids" being in the "new" school lol. The main floor was divided with chalk boards into open areas before it was popular right? I watched Principal Shewchuk spend a lot of time here evaluating the learning environment.

Meanwhile the new CIBC building was opened in April of 1969 for a sum of \$129,000 (\$950,000 today) with Wally

Havard as the first manager. I missed the staff and members but times were changing.

Then upstairs in my two suites, I kept a roof over their heads for Wendy Thiessen, Frankie Little and Ron Stege, to name just three, in the 70s. I felt so bad for those girls because Ron could hear their every word as the sound transferred through the bathroom vents. The entire 2nd floor housed Fran and Gordon Brown's family for oh maybe 10 years! They were great company for me.

Fern Kerr and Wee Care Day Care rented my basement for a year in 1981 prior to finding a permanent home. Those youngsters rejuvenated me with their constant clatter.

The Masons burnt their mortgage in 1987 and hung on to their charter for 10 more years before selling me to Larrie and Judy Barr in 1997. Just 2 days in a pipe burst creating a waterfall down my stairs! What a start! That couple stuck with me though and gave me a complete facelift inside and out. And Larrie, being an RCMP officer, he kept a keen eye on me especially in the evenings when young men would climb to my top floor to visit our female renters lol. Never a dull moment folks!

Recently ownership has changed hands rapidly. The Winnipeg couple, who took over from Barrs in 2002, sold me locally just this year and has since resold me again. I can barely keep up with my recent popularity and sure hope it is a sign of positive things to come.

After falling on some rough times and sad to say poor upkeep, I am now showing my 114 years. I have enjoyed my years in Carman and I hope I have served your community well as both a workplace and a resting place."

STARS adds new helicopter to its fleet

Staff

STARS added a new helicopter to its fleet of air ambulances last week.

The Airbus H145, which will fly missions from STARS' Winnipeg base, is the latest in the service's push to replace and renew its fleet across Western Canada.

"Today is about bringing us one step closer to making our fleet renewal program a reality," said STARS president and CEO Andrea Robertson. "It is also about paying tribute to our community allies who began building STARS in this province ten years ago and have sustained it ever since."

Dignitaries and supporters gathered in Winnipeg Sept. 7 to celebrate the new vehicle, which will officially enter service later this fall.

"On behalf of the provincial government, I congratulate STARS on the arrival of their new H145 helicopter in Manitoba," said Premier Kelvin Goertzen. "STARS has been a valued partner in the delivery of critical care in our province for a decade, and I know Manitobans will be well-served for many years to come with this new addition to STARS' life-saving fleet."

In honour of STARS' commitment to Manitoba, the new helicopter carries the registration mark C-FMBQ, with

the "MB" paying homage to its new home and the people and communities it will serve.

STARS estimates it will cost \$13 million to replace its fleet of BK117 and AW139 aircraft with new, medically-equipped Airbus H145 helicopters.

"The bulk of our aging fleet are no longer being built and are becoming costlier to maintain," said Robertson. "Additionally, independent assessments of the sustainability of our fleet told us we needed to move from two aircraft types to one."

Thanks to government, community, and corporate support, the not-for-profit charity began taking delivery of the first H145 helicopters in 2019 and has since flown hundreds of life-saving missions in the new aircraft from other bases.

Although it has millions of dollars left to raise, STARS hopes to wrap up its fundraising campaign later this year and see the remainder of the new fleet enter service by 2022.

Last week's event helped get them part of the way there, with the Kinsmen Club of Winnipeg and Cargill Limited on hand to present STARS with donations of \$500,000 and \$400,000, respectively.

"Our supporters ride along with



STARS PHOTO BY DAVID LIPNOWSKI

STARS unveiled its new H145 helicopter at a ceremony in Winnipeg last week.

us on every mission, and now they are helping us build the next STARS fleet," Robertson said. "These new aircraft are an investment in our ability to serve the people of Manitoba for

decades to come, and we're incredibly grateful to the community for helping us get closer to our goal."

Free falling fun in October leaf pile



STANDARD PHOTOS PHOTOS BY DENNIS YOUNG

Seven-year-old Kinnley Grabowsky and six-year-old Emmet Hasell were having fun in the leaves last week.

Province announces change to safety rating monitoring for motor carriers

By the Manitoba government

The Manitoba government has developed a new standard for assigning safety ratings to companies operating commercial vehicles in the province, Infrastructure Minister Ron Schuler announced recently.

"Our government is committed to road safety and ensuring that Manitoba's commercial truck operators are rewarded for safe operations," said Schuler. "After reviewing the current provincial Safety Fitness Certificate (SFC) Program, our government has decided to update and modernize the assigning safety ratings system to

better reflect recommendations from the industry and to better serve motor carriers."

"The MTA has advocated for modernizing the assessment of Safety Ratings and are pleased to see improvements being made on this item," said Terry Shaw, executive director, Manitoba Trucking Association. "Our industry members were pleased to provide input into the new process which will serve road safety while also reducing red tape. We applaud today's changes and we look forward to ongoing communication regarding opportunities for road safety enhancement."

The Manitoba government requires carriers to operate their vehicles in a safe manner and to comply with applicable highway safety laws and regulations that pertain to highway carriers in accordance with the National Safety Code (NSC). The NSC is a set of 16 standards developed by the member jurisdictions of Canadian Council of Motor Transport Administrators (CCMTA), in consultation with the motor carrier industry, to ensure road safety and to facilitate the safe and efficient movement of people and goods across Canada.

Changes to the safety rating policy

aligns with industry advocacy and addresses recommendations included in the Office of the Auditor General report on Commercial Vehicle Safety. Using this policy, Manitoba will now assign a consistent safety rating to all carriers with a similar on-road performance record, regardless of historical audit status.

For more information on the safety rating system for Manitoba's motor carriers go to:

www.gov.mb.ca/mit/mcd/safety_monitoring/sfc/ratings.html.

Glenlea research station receives support for egg research

Submitted by Manitoba government

The governments of Canada and Manitoba are providing \$1.5 million for Manitoba Egg Farmers (MEF) to establish the Egg Layer Research and Public Engagement Facility at the University of Manitoba's (UM) Glenlea Research Station, Agriculture and Resource Development Minister Ralph Eichler announced last week.

"As we celebrate World Egg Day, I am pleased to support the ongoing research at the UM that also supports our great Manitoba egg farmers," said Eichler. "Our province's egg farmers account for 10 per cent of the country's egg production and generate about \$120 million in farm cash receipts. We look forward to the continuation of research that helps drive interest in eggs and advances the egg industry."

The UM currently operates the only egg research facility in Manitoba, but this facility is in need of significant upgrades. The proposed new facility will advance and enhance research on modern egg production tech-

niques and technologies. This new facility will help ensure Manitoba is home to world-class research on egg production and development in support of the Manitoba Protein Advantage Strategy, the minister noted.

"We thank our partners for their investment in research and training at the UM," said Dr. Digvir Jayas, vice-president (research and international) at UM. "Researchers in the faculty of agricultural and food sciences are leaders in the field of laying hens and eggs. This new facility will be the hub for egg and layer research aligned with industry priorities on welfare and sustainability, and provide world-class training to grow our local and national economies."

Manitoba Egg Farmers will also partner on the cost of construction, and the UM will continue to own and operate the facility once it is completed. This partnership-based effort will cement Manitoba as a Canadian leader in egg research, attracting and supporting highly qualified graduate students and growing employment

opportunities in the sector, Eichler said.

"This new, state-of-the-art facility will showcase what we do as modern egg farmers for the benefit of the general public. It's important to us that we open the barn doors and show consumers how eggs are produced and how hens are housed," said Catherine Kroeker-Klassen, board chair, Manitoba Egg Farmers. "It will be the most modern egg and layer research, education and training facility in all of Canada and the only one purpose-designed to connect with the general public."

World Egg Day was established in 1996 and is celebrated on the second Friday in October each year. Eggs are

versatile, nutritious and an excellent source of high-quality protein. One of the best things about eggs is that they are local, as all eggs sold in Manitoba grocery stores are produced by local egg farmers.

Funding for this initiative is provided under the Canadian Agricultural Partnership, which is a five-year, \$3-billion investment by Canada's federal, provincial and territorial governments to strengthen and grow Canada's agri-food and agri-products sectors. This commitment includes \$2 billion for programs cost-shared by the federal, provincial and territorial governments that are designed and delivered by provinces and territories.

Celebrating 95 years

Tennis players wanted



STANDARD PHOTOS SUBMITTED

Terri Dyck (left) plays tennis every Tuesday morning in Carman with Brenda Mutcher, Gustine Wilton, and Linda McKinnon (right). They're always looking for more people to join them and encourage anyone who wants to try the sport to show up.



STANDARD PHOTO SUBMITTED

Marj Irwin recently celebrated her 95th birthday at the Active Living Centre by carpet bowling like she does every Friday. Irwin received this orchid for her birthday, which she cares for daily by giving it one ice cube and thanks to her, it's absolutely thriving.

Manitoba government makes polar bear official emblem

Majestic animal represents Manitoba's North

Submitted by Manitoba government

The Manitoba government has introduced legislation that would designate the polar bear as an official provincial emblem, Premier Kelvin Goertzen announced today.

"Northern Manitoba is known internationally for its polar bears, tourists come from around the globe to see and learn about these majestic animals in their natural habitat in Churchill," said Goertzen. "Recognizing the polar bear as an official symbol of Manitoba would help build on our province's brand as the 'polar bear capital of the world' and a must-

see, one-of-a-kind tourism attraction for visitors of all ages."

Manitoba's tourism industry is a key contributor to the provincial economy and polar bears represent a significant draw to tourists from across the country and around the world, the premier noted.

Manitoba has already made significant investments to protect polar bears and their natural habitat with the creation of the Polar Bear Protection Act as well as providing significant financial support for the creation of the Leatherdale International Polar Bear Conservation Centre at Assiniboine Park Zoo.

Bill 76, the Coat of Arms, Emblems and the Manitoba Tartan Amendment Act would designate the polar bear as

an official provincial emblem to recognize the important role the polar bear currently plays as an internationally recognized symbol of Manitoba.

The polar bear would become the second official mammalian emblem of Manitoba. In 2014, the North American plains bison was officially recognized as a mammal emblem. In addition to the polar bear and plains bison, Manitoba currently recognizes the great grey owl, pickerel, white spruce, prairie crocus, big bluestem grass, Newdale soil and the mosasaur as official natural emblems.

Polar bears bring tourists to Manitoba from across the world. They are a powerful symbol of our Great White North and what it means to be a Manitoban. Strong. Hardy. Resourceful.

Devote parents.

It's wonderful to have the government recognize these beautiful -- and threatened -- animals. We hope they will prioritize the need to secure polar bear habitat. Revitalizing the stalled process to create a polar bear provincial park as well as supporting regional Indigenous communities in their efforts to establish northern protected areas are excellent opportunities.

Manitoba is the only place in the world where polar bears dig dens in the earth, rather than in snow. These unique and critical birthing areas must be protected. A polar bear park and Indigenous protected areas would also help to bolster the northern tourism industry.

The Ryall Hotel...Carman's early hotels - post namesake years (Part 3)



STANDARD PHOTO SUBMITTED

Walter Paul and his wife Gaby moved to Carman in 1957 to manage the Ryall Hotel for Labatts.

By Dennis Young

Following the passing of the Hotel's namesake Ed Ryall in 1943, his brother Charles was left with the decision on the future of the Ryall Hotel. Since he had no experience or wanted any, the hotel was sold to outside interests. The property was purchased by a subsidiary of Sheys Select Breweries forming The Ryall Hotel Company Limited in 1944.

It was managed by L. Rance Boyd of

Shoal Lake, who reported to W.G. Petrie of Winnipeg. Boyd had his struggles keeping staff especially in the dining room. In 1947 Walter Halhead replaced him in management for the next 10 years. During those years the hotel was completely redecorated throughout as well as having up to date equipment installed in certain areas.

The dining room was repainted and acoustic material applied to the ceil-

ing to ensure quiet. The lighting system was upgraded to fluorescent and new refrigeration installed giving ample space for storage of supplies. The beverage room was equipped with new tables and chrome/leather chairs for better comfort. Upper floors received alterations too offering greatly improved accommodations for the travelling public.

The Ryall Hotel Company ownership was changed to Community Hotels Ltd. who owned a number of hotels in the province. They were owned by Labatts as a means to ensure they had widespread distribution of their product. In the summer of 1957 new management moved to Carman on behalf of them in the name of Walter Paul. Prior to coming here, Walter had managed the Lake View Hotel at Shoal Lake. He brought his wife Gaby and no children with him when he assumed the same management duties.

Up until the 60s, beer parlors served only beer or wine to quench thirsts. Then by 1964 new legislation allowed them the opportunity to serve spirits plus new hours (closing from 6:30-7:30 p.m.), juke boxes and coin-in-the-slot televisions. With that announcement Carman (Dufferin did not hold such) held a vote for the electors to decide. First let's show you the vote of the 1956 Liquor Referendum that was turned down.

Out of 1,213 on voter's list 590 exercised their right or 48.8 per cent. Licensed Restaurants: 156-yes 345-no; Beverage Rooms: 179-yes 323-no; Licensed Dining Rooms: 181-yes 319-no. And in 1964 out of 1,330 796 turned up or 61.4 per cent. Licensed Restaurants: 367-yes 300-no; Bever-

age Rooms: 377-yes 285-no; Dining Rooms: 369-yes 293-no. The unprecedented numbers approved the new referendum and hotel owners were given one week to prepare.

With the liquor service reinstated, Labatts offered the Pauls to purchase the Hotel, which they did.

After seven years of management for a company, local owners began to oversee The Ryall and I wondered what owners had to say on their Ryall years. I set out to locate all of the previous owners and get their memories... good and bad. Of those still with us, I was able to contact (all except one) each personally or through family and share some interesting stories.

The History of the Ryall Hotel as seen through the owner's (or family's) eyes.

First here is who I had to find: 1964-1968 Walter and Gaby Paul / 1968-1972 Peter and Mary Anne Dwornik / 1972-1978 Alexander Beattie and Bill Morrison / 1978-1980 Al and Candy Boxshall / 1980-1983 Vic and Terry Massey / 1983-1984 Ray and Candace Peterson / 1984-1989 Romeo and Margaret Croatto / 1989-2000 Don and Janet Crossman / 2000-2002 Karen Artes and Wade Stewart.

Walter and Gaby Paul who had been managing and living there came on board with renovations being a priority regarding the new liquor laws. The beverage room would have seating for 116 patrons and licensed for beer and wine. An entrance to the room on the south side of the hotel will lead to a parking lot at the south west corner now.

Continued on page 20

> RYALL HOTEL HISTORY, FROM PG. 19

Their niece Davada Carlson provided what memories she cherished:

"They changed the parlour into a beverage room to allow women. Jimmy was there and ran the front desk too. The restaurant was operated as a dining room sitting 40 with limited hours and home cooked meals. It was very elegant with huge beveled mirrors on the walls. Some cooks or servers that come to mind are Shirley,

Mabel, Tina and Gladys." Eventually the room became popular for locals to rent for special occasions.

"The old fashioned pool room featured dirty oiled wooden floors, huge table and spittoons. Bert Owen who lived upstairs ran it for them. The park was a lovely feature as well where I played catch with Gaby."

The Hotel was large for a community our size but rooms were rented

out monthly basis for singles and the Ryall became home. "These folks were referred to as steadies." Nightly rentals for travelling salesmen, chiropractors and construction workers frequented the Hotel. During the Paul tenure, locals like druggist Frank Humphries (known as Humphrey to the Pauls) and Safeway's Ron Stanger had rooms at the top of those long winding stairs."

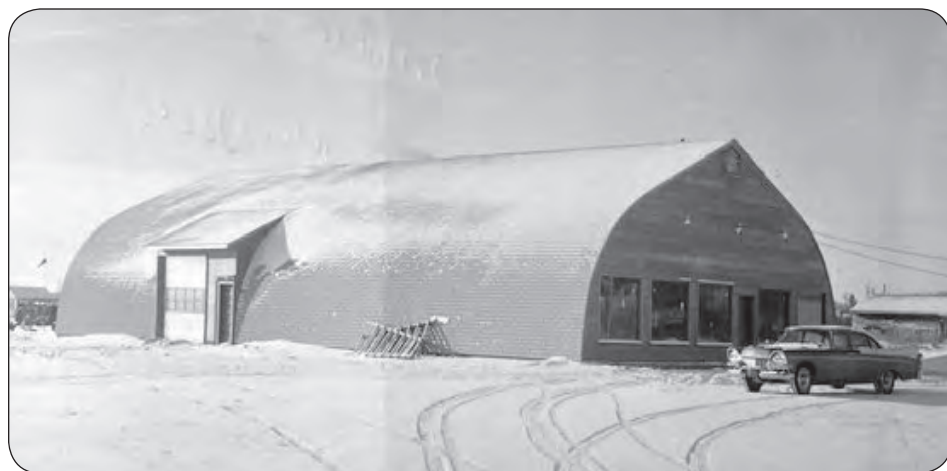
"I worked with Gaby most of the summers to help relieve holiday time. She and Walter worked hard and spent an extraordinary amount of en-

ergy. Gaby was very meticulous and they were both so friendly and gracious hosts."

They remained in Carman after retiring in 1968 after spending 11 years here. Being early retirees they travelled to many places and nurtured friendships everywhere. Walter passed away in 1993 at 77 years and Gaby in 2019 at 97 years. Maybe sitting back and pouring Ed Ryall a scotch.

Next week, the Dworniks, the 70s owners!

Flashback...98 & 100 4th Ave. SE



STANDARD PHOTO SUBMITTED

This quadsent style building has seen many owners over the years. It was originally built for Cam Johnston in 1961 for his fledging equipment business, Johnston Farm Supplies. Cam and his sons stayed there until 1984 when they outgrew the place and moved to its current site south of town.

It wasn't until 1989 when Ed Wiebe moved his Western Bearing business from 110 Main Street. His daughter Dallas and son-in-law Wayne Dearman ran it as such until it changed ownership and renamed to Carm Auto & Ag Parts Inc. in 1997. From 2001-2006 Dallas operated it solo and then sold it to employee Bob Friesen and his wife Celia. The Friesen's retired and sold it to Don and Marv Vandersluis in 2017 who continue to operate it today.

Sometime during the 70s, JFS built an addition to the west side. It too saw some action after the John Deere dealership moved out. In 1985-86 Ronaldo's House of Pizza & Pasta run by Ron Warkentin was there. It is at this time things get cloudy -help anyone? Gordon Anderson had Anderson Antiques in there from 1987-92 before Changes Fitness Club was introduced to Carman by Terri Dyck, Joy Hatley and Verna Clemis. It was in operation from 1996-2003. Paula and Marc Robitaille opened Carman Vet Clinic in 2004. From 2005 to 2013 Paula Conrad was the solo Clinic renter when in 2013 Marc Philippot purchased the business and continues today but on Hwy #5 since 2019.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Getting ready for the season



STANDARD PHOTO BY DENNIS YOUNG

The Carman Beavers were out on the ice for training camp in preparation for the South Eastern Manitoba Hockey League regular season. Carman will begin its regular season Oct. 23 when the Beavers host the Altona Maroons. The S.E.M.H.L. schedule (and much more) is online @ carmanbeavers.net.

What's *Your* story?

We want to hear from you.

The Carman-Dufferin
STANDARD

The Carman-Dufferin Standard connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

THE S.E.M.H.L. SCHEDULE

IS ONLINE NOW AT
CARMANBEAVERS.COM

OR SEMHL.NET.
CHECK IT OUT!!



get inspired

> MEAL IDEAS



BLT Wrap with Avocado Spread

4 large red leaf lettuce leaves
2 large tomatoes, cut into 1/4-inch slices
Spanish rice (optional)
banana peppers (optional)

In large skillet, cook bacon until crispy. Drain on plate lined with paper towels. Set aside.

In medium bowl, mash avocado, sour cream, lime juice, hot sauce, Worcestershire sauce and salt with fork until combined and smooth.

Spread thin layer of avocado mixture over tortillas. Layer with lettuce leaves, tomatoes and bacon. Fold sides up and roll.

Serve with Spanish rice and banana peppers, if desired.

Servings: 4
8 slices cooked bacon
1 avocado, peeled and pitted
1/4 cup sour cream
1 lime, juice only
1/2 teaspoon hot sauce
1/2 teaspoon Worcestershire sauce
1/4 teaspoon salt
4 flour tortillas



Slow Cooker Chicken Burrito Bowls

1 cup corn kernels, fresh or frozen
chopped avocado, for garnish
chopped cilantro, for garnish
chopped red onion, for garnish
chopped tomatoes, for garnish
lime wedges, for garnish

sour cream or Greek yogurt, for garnish
shredded colby jack cheese, for garnish
In slow cooker, stir together salsa, chicken, broth and chili powder. Cook 3 1/2 hours on high or 7 1/2 hours on low.

Transfer chicken to cutting board and coarsely shred; return to slow cooker. Stir in beans, rice and corn. Cook 30 minutes on high, or until rice is cooked through.

Serve garnished with avocado, cilantro, onion, tomatoes, limes, sour cream and cheese.

Recipe courtesy of Lori Yates of Foxes Love Lemons on behalf of Milk Means More

Prep time: 20 minutes
Cook time: 4-8 hours
Servings: 6

1 jar (16 ounces) chunky salsa
1 pound boneless, skinless chicken thighs
2 1/2 cups low-sodium chicken broth
2 teaspoons chili powder
1 can (15 1/2 ounces) black beans, rinsed and drained
2 cups instant brown rice



Churro Popcorn

1 tablespoon powdered sugar
1 teaspoon ground cinnamon
2 tablespoons butter
6 cups popped popcorn
In small bowl, mix granulated sugar, powdered sugar and cinnamon.

In small saucepan, melt butter; stir in 1 tablespoon cinnamon sugar.

In large bowl, toss popcorn with cinnamon butter until well coated. Sprinkle evenly with remaining cinnamon sugar; toss to coat well.

Tips: For spicy variation, add 1 teaspoon spicy chipotle seasoning. Serve with hot chocolate.

Servings: 2-3
2 tablespoons granulated sugar



Christine Ibbotson

Dear Money Lady Readers – my daughter said to me the other day that she had FOMO and I had no idea what she was talking about.....

If you don't already know, let me tell you what the young are now calling "FOMO"- the "fear of missing out."

Personally, I believe that the rise of all of our new FOMO feelings is due to social media. Something that most of us have heavily indulged in due to COVID. Nowadays, everything is instant and on display right in front of you so that you feel envy and regret about how others have more or are doing more exciting things than you. The COVID restrictions have definitely caused us to experience these feelings more than ever before.

In the past, when you ran into someone and asked them how they are, and they told you about their latest purchase or fancy vacation, you really had no time to feel that you were missing out on other people's awesome experiences. But now we get to feel this instantly through our phones or on Facebook because we have been isolated and restricted to socially interact. We have had over a year of seeing all those wonderful pictures of other people's lives on the internet and now feel we somehow have been missing out on life and are no longer happy with what we have. Now more than ever, there seems to be a pent-up demand for purchasing, upgrading, buying more and of course, saving less.

AsktheMoneyLady.ca

Why not take a FAST from the FOMO. Turn off the social media, either for a couple of hours, days or weeks. This will do wonders for making you feel better about your own life and stop the comparisons of your regular life to the polished versions of those online. Remember that credit card companies build their business on you borrowing from your future. They want you to buy now rather than save to buy later. With credit, it's easy to fall for the instant gratification and convince yourself that later can take care of itself. Be careful not to create "excuse spending." This is when we feel we are justified to spend because we deserve it. We may think all the hard work we have done, the sacrifices we have made, and the lack of acknowledgement for that work and those sacrifices, warrants or entitles us to that splurge spend....because we deserve it.

But, what do you really deserve? Do you feel you are missing out?

If you think that material possessions or experiences are the things you deserve, then you need to think again.

What you deserve is to be free from future financial stress. Remember that while those purchases may feel luxurious in the moment, they could land you in financial stress that you don't deserve. I am not saying that you need to deprive yourself, but if you are suffering from FOMO and feel you need to reach to credit to improve your situation, remember that enjoying a stress-free financial life, honestly feels a lot better than any new car ever could.

Good Luck & Best Wishes,

Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca



Sopapilla Bars

Servings: 15
Nonstick cooking spray

2 packages (8 ounces each) crescent rolls

24 ounces cream cheese, softened
1 1/4 cups sugar, divided
1 tablespoon cornstarch
1 teaspoon vanilla extract
1 large egg
1/4 cup unsalted butter, melted
2 teaspoons cinnamon
Heat oven to 350 F.

Lightly grease 9-by-13-inch glass baking pan with nonstick cooking spray. Place one package unrolled crescent rolls

in bottom of dish. Pinch seams together.

In large bowl, beat cream cheese until soft. Add 1 cup sugar and cornstarch. Beat mixture until combined. Add vanilla extract and egg. Beat until combined.

Pour batter onto crescent roll dough. Smooth with spatula.

On floured surface, unroll second package crescent roll dough. Pinch seams and roll dough to 1/2 inch longer and wider.

Place rolled sheet on top of cheesecake layer. Spread melted butter over top.

In small bowl, whisk remaining sugar and cinnamon. Sprinkle over top of bars.

Bake 35-40 minutes, or until golden brown.

Cool to room temperature. Chill in refrigerator 3 hours or overnight.

Classifieds

Book Your Classified Ad Today -
Call 204-467-5836
classifieds@carmanstandard.ca

The Carman-Dufferin
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Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having an event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranche@mymts.net

The Carman-Dufferin
STANDARD
Call 467-5836



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Email:
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Story Ideas?**
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with an Announcement in the
Call Today 204-467-5836 *The Carman-Dufferin*
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HIP/KNEE Replacement?
Other medical conditions causing **TROUBLE WALKING or DRESSING?**
The Disability Tax Credit allows for **\$2,500 yearly tax credit and up to \$30,000 Lump sum refund.**

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in Winnipeg
Ph. 431-570-0190
Email:
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Instagram: @ShellyforLeader
Twitter: @ShellyforLeader
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By Oct. 30th
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Campaign Office:
160 - 115 Vermillion Rd.
in Winnipeg
Ph. 431-570-0190
Email:
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Facebook: @ShellyforPCLLeader
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CARMAN COLLEGIATE IS RECRUITING FOR A: CANTEN HELPER

Position:

3 hours/day, Monday - Friday, hours to be determined
\$12.50 per hour, effective ASAP until June 30, 2022

Experience, Responsibilities and Abilities:

- Experience and training in a canteen/cafeteria including a Food Handlers Certificate
- Excellent interpersonal skills including the ability to deal respectfully with co-workers, staff and the public.
- Energetic and well organized, paying particular attention to personal cleanliness, courteous and trustworthy
- Ensure canteen are adequately stocked at all time
- Assist in maintaining a high standard of cleanliness and hygiene
- Assist in the preparation of food to be sold through the canteen
- Cleaning of canteen equipment, shelves and fridges.
- Serving of customers to the canteen
- Cash register operation and cash handling
- Other duties as delegated by canteen supervisor
- Applicant must be 16 years old or older on July 2, 2020.

Apply to prsd@prsdmb.ca

For complete posting, please visit www.prsdmb.ca.

Clear criminal record and abuse checks are required of all employees of the school division. PRSD reserves the right to verify the authenticity of all submitted references. Only applications leading to interviews will be acknowledged. Accessibility resources will be provided upon request.

This document is available in alternate formats by request.

All PRSD staff must provide proof of full vaccination against COVID -19 or undergo mandatory COVID-19 testing as per provincial Public Health Orders.

RURAL MUNICIPALITY OF DUFFERIN BOARD OF REVISION

PUBLIC NOTICE is hereby given that the year 2022 Assessment Roll for the Rural Municipality of Dufferin has been delivered to the Municipal Office 12-2nd Ave S.W., Carman, Manitoba and is open for public inspection during regular office hours. That any person, who believes that an assessment ought to be revised, may make application in accordance with Sections 42 and 43 of the Municipal Assessment Act.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed; a mortgagee in possession of property under Section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor of may make application for the revision of an assessment roll with respect to:

- the liability to assessment
- the amount of an assessed value;
- classification of a property
- a refusal by an assessor to amend the assessment roll under Section 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by
 - delivering it or causing it to be delivered at the office indicated in the public notice given under Subsection 41(2), or
 - serving it upon the secretary, at least 15 days before (November 2nd) the scheduled sitting date of the board.

The Board of Revision will sit on Tuesday, November 16th, 2021 at 7:00 p.m. in the R.M. of Dufferin office at 12 - 2nd Ave SW, Carman, Manitoba to hear applications.

Applications must be addressed to: **THE BOARD OF REVISION, R.M. of Dufferin, Box 100, Carman, Manitoba R0G 0J0** and received by the Secretary of the Board on or before Monday, November 1st, 2021 4:30 p.m. Dated this 1st day of October, 2021.

Sharla Murray, Secretary
Board of Revision
RM of Dufferin



CARMAN GOLF & CURLING CLUB

REGISTRATIONS

FOR ALL CURLING LEAGUES.

Call Dean at

204-745- 2366 to register.

LEAGUES ARE:

Evening ladies,
Evening men's, Evening mixed,
Afternoon men's, Afternoon mixed,
and Afternoon stick.
Curling rules will be normal for 2021!

CARMAN GUN SHOW

Date:
Oct 30, 2021

Time:
9AM to 4PM

Place:
Carman Hall

Celebrating 30 Years!

PROOF OF VACCINATION REQUIRED

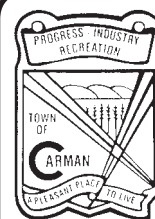


Timed, online action closing Oct 14
Closing Business Auction for SWM
Flaxstraw processors in Winkler
Manitoba, 340 Airport Drive.

See our listings of items to bid on at
www.billklassen.com - click on register for farm
auctions and scroll to the SWM Auction. For further
info contact Murray Dunn at 204-362-1064 at SWM.
www.billklassen.com

See our website **www.billklassen.com** for list and pictures!

Bill Klassen Auctions Ltd.
Ph: (204) 325-4433
Cell: (204) 325-6230
Fax: (204) 325-4484



TOWN OF CARMAN PUBLIC NOTICE

TRANSFER STATION HOURS

Monday, Wednesday, Friday -
1:00 p.m. to 4:00 p.m.

Tuesday and Thursday
CLOSED

Saturday
11:00 a.m. to 4:00 p.m.

Classifieds Announcements

Book Your Classified Ad Today - Call 204-467-5836 classifieds@carmanstandard.ca

BIRTH ANNOUNCEMENT



Jennifer and Curtis Faux and excited big brother Kip are pleased to introduce Sienna Leeann, born August 26th, 2021, weighing 7 lbs 3 oz and 21 inches tall. Proud grandparents are Hal and Karen Ching and the late Ray and Beth Faux of Roseisle. Great-grandmas are Jean Ching of Darlingford and Elsie Coates of Carman.

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Grade 12 student willing to do odd jobs. Mowing, raking, yard cleanup, trimming trees, shoveling driveways in winter etc. Please contact me at 204-750-3442 for inquiries. References available upon request.

FIND THE RIGHT PERSON FOR THE POSITION with an **EMPLOYMENT/CAREERS AD** in *The Voice* 325-6888

2 bedroom suite, appliances and air conditioning included. Large patio, shared laundry, mail delivery, secure locked entrance, non smoking. For more information or viewing email at carmanapts@gmail.com or call 204-751-0039

CORDUROY PLAINS LTD.

a farm near Carman, MB (NW35-6-5W) is looking for **SEASONAL FARM WORKERS** for Mar. 1 - Dec. 1, 2022.

Duties incl: washing potato storages & farm equip; farm labour during planting & harvest; other general farm tasks. \$11.95/hr, 40-60 hr/week.

No education or skills req. Experience an asset. Must have driver's license.
hr@corduroyplains.ca

Meyers Online Auction

For Steve & Shirley Hoff
o/a V+ Cattle Company
Closes 8pm Oct 21

John Deere 3520 tractor
3 pth implements
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Lewis Cattle Oiler
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1-877-775-8271
www.batteryman.ca

CARMAN MCC STORE

Is looking for a

Full Time Paid Head Clerk
With possible summer options

The job requires someone who is friendly and relates well with others. Cashier experience would be helpful. An application and job description Can be picked up at the store or by contacting Gloria at pennergc@gmail.com
The deadline for applications is October 29, 2021

McSherry Auctions

12 Patterson Dr.,
Stonewall, MB

Online Timed Auctions
@ iCollector.com

Estate & Moving

Closes Wed Oct 20 @ 7:00 PM

Estate & Moving

Closes Wed Oct 27 @ 7:00 PM

Consignments Welcome!

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www.mcsherryauction.com



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take a break > GAMES

SUDOKU

				6			2
	2			7		6	
			9		4		
7				2			9
		5		1		2	8
		1	8	3			
				4	3		
	3						6
	9		2	5		4	

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	4	8	3	5	2	9	6	1
9	2	5	8	6	1	7	3	4
1	6	3	7	9	7	2	5	8
7	5	7	6	3	8	1	9	2
3	8	2	7	1	9	5	4	6
6	9	1	2	4	5	3	8	7
5	3	7	1	2	6	8	7	9
8	1	9	5	7	4	6	2	3
2	7	6	9	8	3	4	1	5

Sudoku Answer

E	O	H	S		S	O	E	E	H	O
A	H	V	N	A	S	O	W	E	E	T
H	O	L	N	E	S		S	M	V	R
W	H	V	N				E	L	V	N
			W	I	Y			I	E	B
			S	L	E	B	V		S	O
			I	V	S	T	I	V		V
			O	E	O	V	B	S		
I	S	S	V	N	T	N	O	O		
S	V	N	V	A	V	N	V	H		
E	X	O	H				E	D	S	
T	V	I	O	S			O	L	V	H
			N	O	I	L	V	I	O	E
			N	E	O	S	V		S	E

Crossword Answer

X CROSSWORD

CLUES ACROSS

1. Flat-topped hill
5. Move upward
11. Admiration
14. It's useful for serving food
15. Kidnap
18. One of the Greek Muses
19. A type of media
21. Sunscreen rating
23. Former Michigan coach Brady
24. German town devastated in WW2
28. Gasteyer and Ortiz are two
29. Leave
30. Forearm bone
32. Very fast airplane
33. Helps little firms
35. Defunct economic organization
36. Science-based students organization (abbr.)
39. Feels ill
41. Indicates position
42. Beverage containers
44. Assists
46. Science accreditation organization (abbr.)
47. Purpose
49. Group of elected officials
52. Hebrew prophet
56. They help you drink
58. Lawmaker
60. Charitable
62. Doctrines
63. Footwear

CLUES DOWN

1. Where wrestlers work
2. Dueling sword
3. Practice fight
4. Genus of clams
5. Fear of heights
6. What some tell their dog

1	2	3	4		5	6	7	8	9	10									
11					12							13							
14								15					16	17					
											19						20		
							21		22				23						
								24		25	26	27		28					
								29			30			31		32			
								33		34		35							
36	37	38					39			40			41						
42				43				44			45								
46										47		48							
49						50	51				52		53	54	55				
	56							57		58								59	
						60				61									
						62								63					

7. The Golden State
8. When you expect to get there
9. Pointed ends
10. Extinct flightless bird
12. Feeds
13. Nape of neck
16. Descendant
17. Small boats found in Turkey
20. To avoid the risk of
22. Athlete with no contract (abbr.)
25. 13th letter of the Greek alphabet
26. Brew
27. Feeling of anxiety
29. Young girls group
31. Perform on stage
34. White clerical vestment
36. Popular musical awards show
37. Bumpkins
38. One who acts on another's behalf
40. Direction
43. Look at with fixed eyes
45. One who helps professors (abbr.)
48. A large number of
50. Type of powder
51. Large jug
53. ___ Christian Anderson, children's author
54. American state
55. Muslim inhabitant of the Philippines
57. Witness
58. Landscapers lay it
59. Type of bread
61. Of I



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