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Back to class

STANDARD PHOTO BY DENNIS YOUNG

The Minty children headed back to school for another year last Thursday. Nine year old Londyn is in Grade 4, six year old Sadie is in grade 2 and Ben (11) will be heading to grade 6.

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AUTHORIZED BY THE OFFICIAL AGENT FOR CANDICE BERGEN



GPAC final music event for the summer is slated for Sept. 18

By Becca Myskiw

Golden Prairie Arts Council (GPAC) is ending summer off with a bang.

In April, Brenda Major of GPAC applied for a COVID support grant, funded by the Government of Canada, to fund pandemic-safe events in the art sector, both live and digital.

Instead of running their annual concert series, they received the grant and planned a music fest to be held throughout the summer. Major said they wanted to do a larger music festival but, due to ever-changing restrictions, decided against it.

So, in July, they had Quintin Bart, The Moonlit Road, and Raine Hamilton perform for the community. They had Shanley Spence the hoop dancer, Jayme Giesbrecht and the Soul Revue Band, Kevin Roy, and the Indigenous Summer Tour in August.

Because they had to make everything available in-person and virtually, all performances were recorded and live-streamed on their Facebook page. Major said most of the performances would be available on the GPAC website later this year.

Part of this summer's music fest was artist Desiree Penner's talk in the

courtyard and Tipi Joe's demonstration in Ryall Park.

Coming up next to end the fest, GPAC is hosting the last music event on Sept. 18 in Ryall Park. Al Simmons will be performing for the children, then act as emcee for the rest of the afternoon. There will also be African drummer Amara Conde, bluegrass and folk artist Casati, and Indie folk band The New Customs.

Along with the entertainment, which starts at 1 p.m., the Carman and Community Chamber of Commerce will be having a sidewalk sale, where local businesses will be out to sell their goods.

There will also be a kids scavenger hunt from noon to 2 p.m. with two winners getting goodie baskets valued at over \$250.

"It should be an action-packed day," said Major. "The other events have been really well attended. We've done a lot of activities and I think people have felt that they're really safe."

Major said after cancelling their annual concert series two years in a row, it feels good to support performers again and the people who make the shows happen, such as technicians



STANDARD PHOTO SUBMITTED

Al Simmons is truly one of a kind! This self-styled "Physical Chameleon" combines rousing songs, ridiculous inventions and hilarious sight gags into a laugh-a-minute extravaganza. Simmons will be performing in Ryall Park on Sept. 18.

and such.

"It also brings cultures our to people," she said. "I think we've done a

great job of bringing variety to the community."



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Terry Fox Run on Sept. 19, going virtual for the second year



STANDARD PHOTO SUBMITTED

The Terry Fox Run is being held virtually for a second year in a row on Sept. 19.

By Becca Myskiw

The Terry Fox Run is back in a virtual fashion for another year.

Carman's coordinators Linda Sylvester and Linda Revel are ready to host the annual event in Carman again but want people to know it will be virtual for 2021 as it was for 2020.

On Sunday, Sept. 19, community members are invited to walk, run, bike, or paddle in memory of Terry Fox. The 18-year-old Canadian was diagnosed with osteogenic sarcoma just above the knee in his right leg in 1977. The leg was then amputated, and according to the Terry Fox Foundation, his personal experience and research led him to one simple conclusion: more money was needed for cancer research.

So, Fox decided to run across the country to raise money for the cause. But unfortunately, he was forced to stop his run on Sept. 1, 1980 when can-

cer returned in his lungs after running 5,373 kilometres.

Over 40 years later, Fox's legacy lives on in the version of the annual Terry Fox Run, an event where communities, schools, and groups across Canada do their run to raise money for cancer research.

Sylvester and Revel are keeping the tradition alive in Carman one way or another, and if it means keeping everyone separate, they'll do it — so they are.

This year, people can register for the run online and complete it in any way they like. Sylvester said some people who choose to donate online get pledges for their run, while others walk and donate in person.

The two ladies will be set up in Ryall Park with merchandise to buy and take donations for the foundation. Sylvester said they know not everyone can

donate online, which is why they're offering the in-person option. They're just hoping everyone participates and donates.

In almost any weather scenario, they'll be there because Fox ran in wind, sleet, rain, and hail. While they're in the park from 1 p.m. to 4 p.m., Enns and Company (the band) will be playing on stage for everyone to enjoy.

"[Terry Fox] kind of changed our thinking about supporting scientists and science

to help our health," she said. "He did it himself, a lot of it, he was so determined...so, we have to try like him to be kind and better people, I think."

To register for the Terry Fox run, donate, or learn more about Fox, go to terryfox.org.

He who has the Son has life. (1 John 5:12 - THE BIBLE)



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STARS adds new helicopter to its fleet

Staff

STARS added a new helicopter to its fleet of air ambulances last week.

The Airbus H145, which will fly missions from STARS' Winnipeg base, is the latest in the service's push to replace and renew its fleet across Western Canada.

"Today is about bringing us one step closer to making our fleet renewal program a reality," said STARS president and CEO Andrea Robertson. "It is also about paying tribute to our community allies who began building STARS in this province ten years ago and have sustained it ever since."

Dignitaries and supporters gathered

in Winnipeg Sept. 7 to celebrate the new vehicle, which will officially enter service later this fall.

"On behalf of the provincial government, I congratulate STARS on the arrival of their new H145 helicopter in Manitoba," said Premier Kelvin Goertzen. "STARS has been a valued partner in the delivery of critical care in our province for a decade, and I know Manitobans will be well-served for many years to come with this new addition to STARS' life-saving fleet."

In honour of STARS' commitment to Manitoba, the new helicopter carries the registration mark C-FMBQ, with the "MB" paying homage to its new



STARS PHOTO BY DAVID LIPNOWSKI
STARS unveiled its new H145 helicopter at a ceremony in Winnipeg last week.

T.T.P.

Thrombotic Thrombocytopenic Purpura

A medical emergency causing small blood clots and potentially fatal complications. Early diagnosis is key to survival. TTP can strike anyone, at any stage of life. Three in one million people are diagnosed each year.

Lori's Story



About one year ago my daughter noticed that I looked yellow, so my husband took me to the local emergency room. My platelets were dangerously low, and I was rushed to Vancouver to start emergency TTP treatment. Our anxiety about my situation continued to build, as physicians struggled for seven hours to control the bleeding from the line

in my neck required for TTP treatment.

After 7 days in hospital, hours from home, physicians tried to taper my treatment, but my platelets crashed and both of my retinas detached. I could not see anything. To make matters worse, I stopped responding to the original treatment, so a multitude of chemotherapies, to eliminate my immune system, were added to my already gruelling regime. It took 6 days for my vision to improve, and slowly my body began to heal. I wondered every day if the non targeted TTP treatment would work. Almost a month later I was stable enough to travel home with the promise to return twice a week for bloodwork. I am still dealing with side effects from the treatment. I know it is early in my remission but as I read all the other patient stories on AnsweringTTP.org, I know that I can do this too.

Donate Now AnsweringTTP.org

International TTP Day
Raising funds for Research



September 18, 2021 is International TTP Day. This day brings local TTP communities together on a global scale to raise funds to support research, education, and support for this orphan disorder. Please give generously today!

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home and the people and communities it will serve.

STARS estimates it will cost \$13 million to replace its fleet of BK117 and AW139 aircraft with new, medically-equipped Airbus H145 helicopters.

"The bulk of our aging fleet are no longer being built and are becoming costlier to maintain," said Robertson. "Additionally, independent assessments of the sustainability of our fleet told us we needed to move from two aircraft types to one."

Thanks to government, community, and corporate support, the not-for-profit charity began taking delivery of the first H145 helicopters in 2019 and has since flown hundreds of life-saving missions in the new aircraft from other bases.

Although it has millions of dollars left to raise, STARS hopes to wrap up its fundraising campaign later this year and see the remainder of the new fleet enter service by 2022.

Last week's event helped get them part of the way there, with the Kinsmen Club of Winnipeg and Cargill Limited on hand to present STARS with donations of \$500,000 and \$400,000, respectively.

"Our supporters ride along with us on every mission, and now they are helping us build the next STARS fleet," Robertson said. "These new aircraft are an investment in our ability to serve the people of Manitoba for decades to come, and we're incredibly grateful to the community for helping us get closer to our goal."

"TODAY IS ABOUT BRINGING
US ONE STEP CLOSER"

Carman's Burger Week set for Sept. 27 to Oct. 3

By Becca Myskiw

It's official — Carman's Burger Week is back for another year.

Local restaurants will be selling their one-of-a-kind burgers to community members looking to vote for their favourite from Sept. 27 to Oct. 3.

Jodi Winkler, executive director of the Carman and Community Chamber of Commerce, said this year will

be bigger and better than last. She doesn't have the final list of participating restaurants yet, but she's hoping the same as last year will be in it again with some new ones.

More information will be announced on this year's burger week on the chamber's social media in the coming days.



STANDARD PHOTO SUBMITTED

Big Willy's Smoked Sampson was the winner for Carman's inaugural Burger Week.

Carman's fall market and truck fest postponed

By Becca Myskiw

Carman's upcoming fall market has been postponed indefinitely.

The event, hosted by Pembina Valley Tent Rental and Food Truck Fest, was supposed to happen on Sept. 11, showcasing over 50 local businesses in Ryall Park. Organizers have been trying to get the market in place twice before, and the third time had seemed to be the charm until recently.

A freedom rally was set to happen the same day as the market — Sept. 11 — at the same location — Ryall Park. But, with over 500 people claiming to show up, Pembina Valley Tent Rentals

and Josh Reimer of Food Truck Fest made the tough decision to push back once again the fall market event.

"It's very disappointing for us and for the businesses we had attending to have had to postpone our event," said Reimer.

He said 85 per cent of attending businesses were from Carman. So many businesses have been through 18 months of hardships, and this wasn't another one they needed.

Pembina Valley Tent Rentals said they first got an email from a concerned vendor about the freedom rally, looked into it, and were notified

it started on Instagram. Reimer had contacted the Town of Carman and the local RCMP asking about it and they told him it would put the safety of the venue patrons and guests at risk if both events happened.

"Ryall Park is not a large park, and we did not want to risk the safety of anyone," they said.

Reimer said he's working with the town to book another date but as of now it's still up in the air. They said so much goes into planning these markets behind the scenes and this is the third time they've had to cancel or postpone it for a COVID-19-related

issue.

"We will persevere, though, and see what can be done another time," said Pembina Valley Tent Rentals. "Again, safety of all is the utmost importance to us and we are following RCMP recommendations."

To stay tuned with fall market updates, follow @carmanevents on Instagram. Reimer said they'll announce the new date and any other important information on there as soon as they know it themselves.

New provincial curriculum advisory panel members named

Submitted by Manitoba government

The Manitoba government has established a Provincial Curriculum Advisory Panel to help form a new provincial curriculum framework as part of the Better Education Starts Today (BEST) strategy, Education Minister Cliff Cullen announced last week.

"The advisory panel will begin their work this fall, beginning with the design of a new provincial framework that will identify the underlying principles of the Kindergarten to Grade 12 curriculum and establish its overall structure," said Cullen. "The new framework will set out the vision, principles, skills, knowledge and values to empower students."

The minister noted consultations will take place in the fall of 2021 with a broad spectrum of stakeholders, allowing input from across the province. The new framework will guide future K-12 curriculum development and ensure all subject areas are inclusive,

reflect the full diversity of peoples in Manitoba, promote human rights and responsible citizenship through a focus on Indigenous perspectives, gender diversity and anti-racism.

"These educators and stakeholders represent the diversity, ideas and talents of the people of Manitoba," said Cullen. "They will help government develop a new provincial curriculum framework that supports relevant, high quality learning for all, from Kindergarten to Grade 12 and beyond.


Developing a new framework is a considerable task and the most recent framework dates back to 1995, so it is time for a thorough examination of what exists, what is needed and what is best for our students."

The minister noted system resources will be directed to curriculum implementation and learning at the classroom level, with a distinct focus on four official school programs: English, French, French Immersion and Senior Years Technology.

The panel includes students, parents, educators, school and system leaders, Indigenous partners and business. Terms will run until June 2022. Future terms will be determined based on need.

The Curriculum Advisory Panel members and terms of reference are listed at <https://bettereducationmb.ca/better-education-starts-to-day-best-strategy-advisory-groups/>.

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Southern Health leading the way in new cases

By Ashleigh Viveiros

Southern Health-Santé Sud was leading the way in new COVID-19 cases in Manitoba on Monday.

The RHA is also the region with the lowest vaccination uptake in the province, with 35.5 per cent of the eligible population having not received a single dose.

Health officials were reporting a total of 41 new cases of the virus Monday, including 21 in Southern Health, 12 in Winnipeg, five in Prairie Mountain, two in the Northern health region, and one in Interlake-Eastern.

Of the new cases, 32 were in people who were not fully vaccinated (two

weeks past their second dose of the vaccine). In Southern Health, 17 of the 21 new cases were not fully vaccinated.

Monday's number represented a bit of a drop from the heights of the previous few days, which saw 105 new cases on Friday, 72 Saturday, and 58 on Sunday.

It brings Manitoba's active caseload to 569. There were 69 Manitobans in hospital with COVID-19 at press time, including 14 in intensive care (none of whom were fully vaccinated).

The death toll due to the virus is at 1,202.

In the Pembina Valley, Winkler con-

tinues to lead the way in cases with 22 followed by Morden with 10, Altona area with seven, Stanley and Lorne/Louise/Pembina with three, and the areas of Carman, Grey, and Red River South with two each.

On the vaccination front, Winkler and Stanley still have the lowest vaccine uptake in all of Manitoba, though Winkler's number improved to 40.4 per cent and Stanley hit 23.5 per cent this week.

Manitoba as a whole has reached 83.6 per cent of eligible residents with at least one dose and 78.7 per cent with two.

BTHC closes 10 beds due to lack of nurses

By Lorne Stelmach

Health officials were offering assurances last week that care would not be compromised as a result of 10 beds being temporarily closed at Boundary Trails Health Centre.

Southern Health-Sante Sud stressed that protocols are in place should there be a sudden increased demand for care, especially if there's a spike in COVID-19 cases in the region.

"Southern Health-Sante Sud continues to monitor the situation closely, and plans are in place to respond to increased demands on bed occupancy as required," the RHA said in a statement when asked to comment on the situation at BTHC.

It is the latest challenge being faced

by the hospital, which serves a regional population of about 50,000 including the RM of Stanley and Winkler—two areas with the lowest vaccine coverage rates in Manitoba.

Few details were offered by the RHA other than that a temporary shortage of nurses led to the decision to close the 10 beds for a six week period.

"As experienced by many health care facilities across the province, Boundary Trails Health Centre has been experiencing nursing vacancy challenges," the statement said.

"Southern Health-Sante Sud has reviewed vacancies, vacation scheduling, and term position return dates to this site and feels that a temporary six-week closure of 10 beds on the 40-

bed medical unit will provide some relief to staffing challenges.

"With term positions scheduled to return in the fall coupled with the end of vacation peaks, we anticipate that these beds will be reopened on Oct. 11."

During a recent news conference, Health Minister Audrey Gordon did not directly address the temporary bed closure at BTHC other than to note that the health care system overall has faced challenges as a result of the pandemic, including staffing.

She did note that the province was moving to help address the need by adding 400 nursing education seats throughout the six post-secondary schools in Manitoba.

Chamber supporting local with \$10,000 raffle

By Becca Myskiw

The Carman and Community Chamber of Commerce are giving everyone the chance to support locals with an upcoming raffle.

Through the Manitoba Chamber of Commerce, the Support Local grant was made available. Jodi Winkler, executive director of the local chamber,

said it was designed to support local and help small businesses after the shutdown.

There were three intakes for the grant and the Carman and Community Chamber of Commerce was successful in their second application. So, they will be running a local gift basket raffle in October, with all proceeds

from them going back to the participating small businesses.

"It's a real feel-good project," said Winkler. "I'm very excited about it."

The chamber has divided local businesses into three categories — level three wasn't really affected by the

Continued on page 7

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Miami man refurbishes bench, adds a resting place to trail



STANDARD PHOTO SUBMITTED

Rob Cox refurbished this bench the RM was done with and put it on the railbed trail.

By Becca Myskiw

A Miami local has refurbished an old town bench and made it like new.

Rob Cox, an RM of Thompson employee, noticed an old bench behind the storage buildings while at work one day and asked about it. He was told the municipality didn't want the bench anymore, but Cox saw the beauty still left in it.

"It was kind of a diamond in the rough," he said.

So, he brought the old bench into the shop, took the wooden pieces off the concrete sides, re-stained them, and cleaned them up before putting them back together. Upon completion, Cox then started thinking about where he was going to put the now-new bench.

After spending much of his free time maintaining the railbed trail in town, he knew he had just the right place for it. The trail runs for 14 miles from one end of the municipality to the other. There's about a mile stretch from the town to the golf course, and the trail goes right past it.

"All summer long, I'm thinking,

'where am I going to put this bench?'" he said.

Cox chose a shaded spot on the trail just west of town after asking avid trail-goers where they'd like to see it. When it's hot, most said they take breaks on the bridges along the trail, so Cox felt adding a bench to the stretch was "fitting."

So, he went out to the spot, trimmed the grass and brush, removed branches and trees, added gravel, and made a nice pad for it. All in all, he said the entire project probably took only a few hours to complete.

"I enjoy using the trail, and everybody I talk to, they feel the same way," he said. "And it's something that was needed, I thought, cause there was nowhere else to rest."

Within hours of placing the refurbished bench on the trail, people praised Cox in the Miami community Facebook group. He said he didn't do it for recognition at all; he just wanted to give the bench a second life and make the railbed trail a nicer place to be.

Mushroom loving Manitobans



A *Boletus chippewaensis* (porcini) found by Aneta Chomik, a member of the Winnipeg Mycological Society Facebook page.



Hericium coralloides is a beginner mushroom as it is easy to identify and edible. Laura Kinley found it in Woodlands on a decaying poplar tree in late August.

> CHAMBER RAFFLE, FROM PG. 6

shutdowns, level two was somewhat affected, and level one was very affected by them.

They reached out to those affected asking if they'd give something from their business to the raffle that people might not know they sell. For example, Winkler asked estheticians to give a certificate for a service, not a monetary value. All goods in the baskets were bought with the Support Local grant, so no local business is out any money.

She spent last week gathering all the goodies for the baskets and putting them together. Forty-two businesses in total participated in this, either by giving back to other businesses or by giving products, and each of the five baskets is valued at \$2,000, making

the total raffle value of \$10,000.

"It's really nice that this money can not only take the 10 K and support those businesses but also take the proceeds and give it back to them," said Winkler. "So, it's kind of a win-win."

Each ticket will be sold for \$10. Winkler said she's hoping they can sell at least 2,000, but she'll be happy with any number of tickets sold. Winners will get their gift basket, and businesses will get the funds generated from the raffle.

Winkler said to watch the chamber's social media pages for the start of the raffle. There will be more information on it at the sidewalk sale on Sept. 18 available to the public.

By Sydney Lockhart

The hobby of mycology, the study of fungi, is rising among Manitobans after much needed rain grows numerous mushrooms to forage.

"The interest for foraging and mushroom hunting has grown a lot recently and we feel it," said Alexandre Brassard, Dean of the Faculty of Arts and professor of introductory mycology at Université de Saint-Boniface.

Brassard created the Facebook group called Winnipeg Mycological Society in 2019 to try and create a community among Manitoban mushroom lovers.

"Mushrooms are not taught much in schools; people don't know about

them. It's a bit mysterious right, people don't know if it is a plant or an animal or something else," he said.

Since starting the Facebook group it has grown to over 3000 members in just two years. Members of all knowledge levels post photos of mushrooms they find and forage, often the group works together to identify the species found.

"We make it a good place to discuss, there are a lot of resources there for local species," said Brassard, "for instance, we have a beginner's guide to Manitoba mushroom that people can download for free with pictures and

Continued on page 9

Old Farmer's Almanac makes its winter predictions

Says to expect a snowy winter here in the Prairies

By Lorne Stelmach

For a region facing a severe drought, a forecast for a white and wet winter may be unusually welcome news.

It comes courtesy of the 2022 Old Farmer's Almanac Canadian edition, which officially arrived Aug. 31 with a nationwide warning for this winter: Canadians should be prepared to weather some storms.

For 230 years, the almanac has been helping readers prepare for winter's worst with what the publication touts is 80 per cent accurate weather forecasts.

According to the latest edition, this winter will be punctuated by a series of storms with snowfall above normal in many regions, including the northern prairies, with slightly above average temperatures throughout the season in all but the northernmost portions of the prairies.

"Mild would be kind of a misnomer though ... it's just not going to be so cold," said managing editor Jack Burnett, who noted the almanac forecast predicts major snow storms for the Prairies in late November, mid-January, and early March.

The weather predictions usually get a lot of the attention with the annual release of the almanac, which uses a system that takes into account weather trends as well as climatology, meteorology, and even the influence of things like sunspot activity.

"We look for patterns in the past that resemble the present ... then we can look at what happened next back then," explained Burnett.

It is part of a tried and true formula for success for the almanac, which at the same time continues to evolve each year.

"We're more than just the weather," Burnett said. "The weather is less than 10 per cent of the Old Farmer's Almanac ... we're filled with all kinds of other stuff."

For example, the new edition not only prepares readers to weather the storms but revisits the 1972 Canada-Soviet hockey summit, tours the Trans-Canada Highway, shares stories of small farmers, traces the art of animal tracking, and more.

There are gardening tips for growing a rainbow of dahlias or a patch of pumpkins (hint: the bumpier the skin, the sweeter the taste) plus how to make scents of potpourri.

There are also recipes that make the most of the

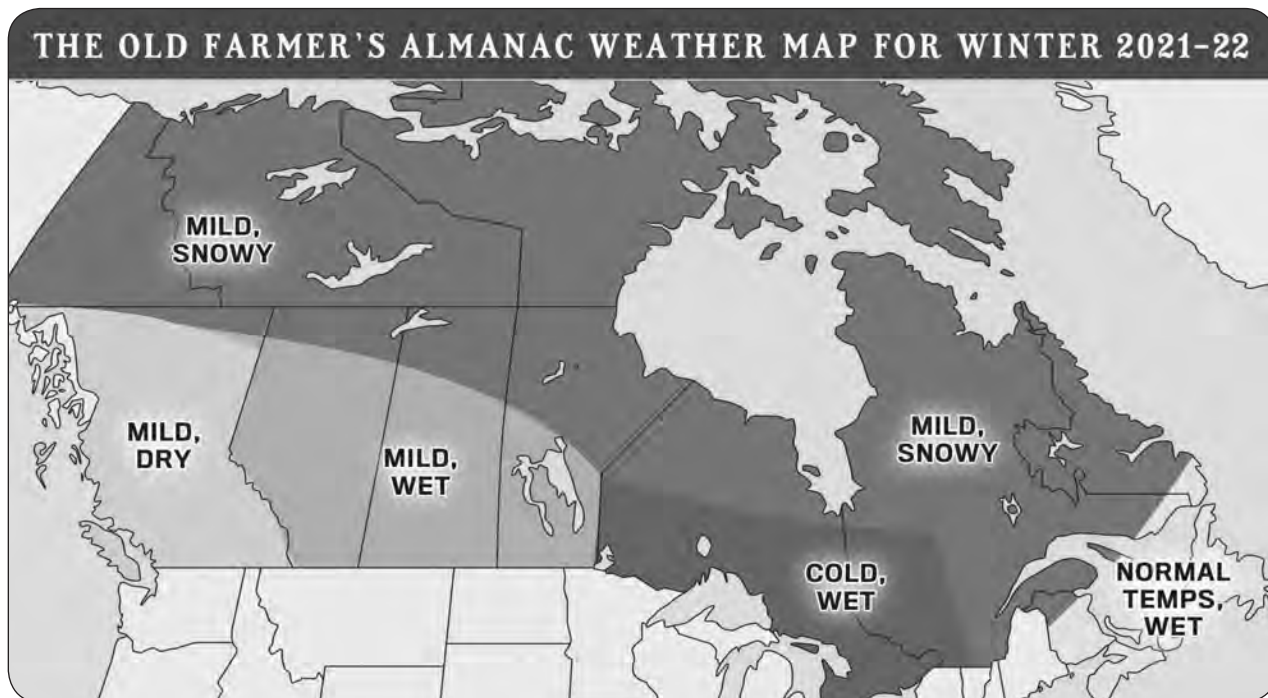


PHOTO SUBMITTED

Here's hoping the Old Farmer's Almanac is right this year: it's predicting a wet winter for Manitoba.

season along with award-winning dishes and desserts that use five or fewer ingredients.

Dispatches from small farmers include how they fared during 2020 and continue to diversify for the future, while another feature shows how to read Mother Nature's signs to choose a fishing spot.

No matter the subject, they are all chosen with the motto of their founder Robert Thomas in mind.

"He wanted it to be useful with a pleasant degree of humour," said Burnett.

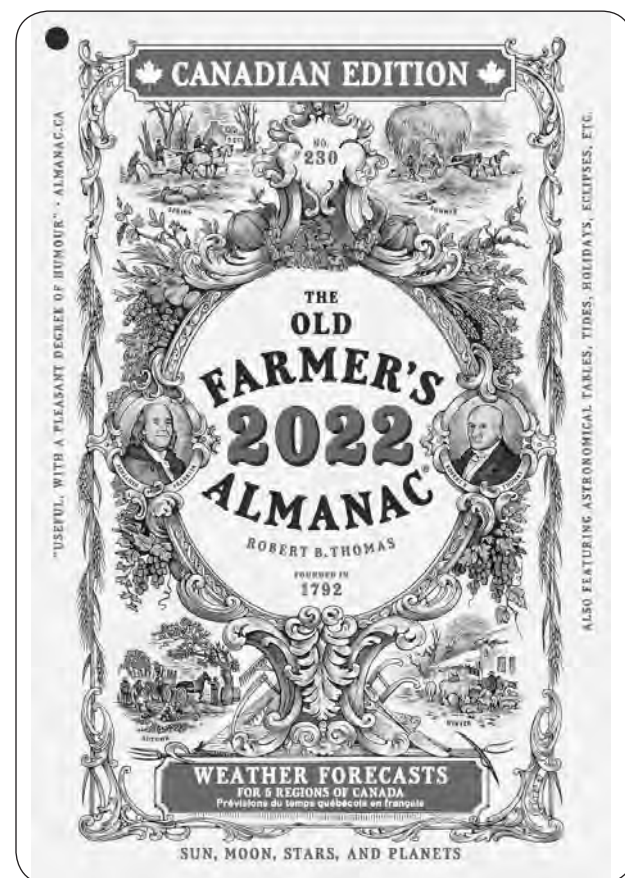
He noted the familiarity likely keeps people coming back to the almanac year after year.

"Last year sold the most of any time in our 230 year history," Burnett said. "We provide a lot of practical advice, and we're trusted; we've been around a long, long time, so we're a safe, known quantity—we have the familiar yellow cover with the hole in the corner.

If you want to find a copy for yourself, you can order it online at www.almanac.com or keep an eye out in local stores.

Burnett noted there is also a lot of content to enjoy on their website.

"It is a massive website that has hundreds of free pages about everything you could think of, so that is a huge resource," he noted. "And we are on all the social media too."



This week in review over the past.... 100 years of memories

(This feature will inform readers of a condensed version of events that were in print in the Dufferin Leader from 1921, 1946 and 1971).

September 12, 1921

Minutes of regular meeting of Town Council, held in Council Chamber. Friday, Sept 9, 1921. McClure — Sanders — That the rates of taxation for the year 1921 be as follows:—Municipal Commis-

sioner's levy 2,6 mills, general levy 14.9, school 14.7, debenture 9.8, electric light 8 mills, total 50 mills on dollar, and that a by-law be introduced accordingly.

Note: this is the same as last year.

September 12, 1946

F.C. Harris resumed business on Saturday in his new store. His former store had burned in April. He has been rebuilding all summer. Part

of the new building will be occupied by M.E. Hardy with her Ladies Style shop.

Local real estate dealers report that there are many inquiries for farm land in the district and a brisk demand for houses in Carman.

September 16, 1971

Traffic lights were requested by town council at their Sept 9, meeting for the intersection of #3 and #13 and a

second pedestrian crosswalk to cross Main Street to the new post office site.

W. W. Construction Co. Ltd was awarded the contract to construct a new Federal Building for \$119,480. It will be located at 19 Main Street. The Departments of Veteran Affairs, Agriculture and post office will occupy the 60 x 95 foot building. There will be parking for 11 cars provided.

Access CU mulling a merge with Noventis, Sunova

By Lorne Stelmach

Another potential merger is in the works for Access Credit Union.

Discussions are underway between Access and Noventis and Sunova credit unions, which both initially reached out to Access while it was in discussions with Crosstown Civic about the merger that went on to be approved in 2020.

The three credit unions began discussing the idea again in January, and initial evaluations suggest the potential partnership is worth exploring, said CEO Larry Davey.

"They really like that we initiated from a rural base, and they're both rural based credit unions. So we have that fit around community support and investing in communities and maintaining branches," said Davey.

"It started as a really good fit around

the values and around where we're all trying to go," he continued. "Then we started to put some numbers together, and we did a concept paper as to what the three would look like, and it became an even better fit, and all three boards were very supportive."

Access previously pursued a merger with Assiniboine Credit Union that was voted down by Access members in 2015, but the merger with Crosstown Civic was approved four years later and took effect in 2020.

Access is currently the second largest credit union in Manitoba with assets exceeding \$6 billion. It serves 92,000 members through 26 offices spread across southern Manitoba and Winnipeg.

Sunova is the fifth largest credit union in Manitoba and has grown to serve 49,700 members with \$2.3 bil-

lion in assets across 14 branches located in Winnipeg, eastern Manitoba, and southern Interlake region.

Noventis was incorporated in 2010 following a series of mergers and currently serves 28,000 members with \$1.14 billion in assets across 12 branches through out the Interlake and west of Winnipeg. It is the 10th largest credit union in Manitoba.

As part of doing their due diligence, each credit union will be engaging with their members and employees as they determine their next steps and the boards prepare to make a recommendation to their respective memberships.

Davey said there will be further discussions as they set out the business case, which he anticipated could be complete this fall, and it could possibly be put to a membership vote in

late January and if approved become official next summer.

The new entity would maintain the Access name, and it is expected Davey will carry on as the CEO, while the new board would have six members from Access and three each from Noventis and Sunova.

"We want to make sure we're doing our due diligence, and we really make sure that it is a good fit," said Davey, who reiterated that "a lot of it comes back to our rural roots, and a lot of it comes back to that commitment to community investment."

"All three credit unions have a strong commitment to putting the needs of our members first and to maintain value for our memberships," noted Ingrid Loewen, board chair for Access Credit Union.

> MUSHROOMS, FROM PG. 7

checklists of common edible, easy to identify mushrooms so it's a good way to start."

Many of the members find mushrooms on hikes, walking their dogs or even in their backyard and garden.

"What I like the most out of this is that we find species that we didn't think existed in Manitoba. And so there was a species mycologists thought that it didn't grow in the province, but we have three members who saw and reported that species here," said Brassard, "We've got two members who think they have seen puffballs here and so that's interesting in terms of citizen science that helps us to gauge what species really grow in Manitoba."

While most mycology hobbyists forage to try and identify species, some forage for edible mushrooms only to use in cooking. Most people who forage to cook have years of experience in mushroom identification because many species that grow in Manitoba can have deadly look-a-likes.

"Even deadly mushrooms can be touched without any harm; you don't need to wear gloves. Eating is another matter of course," he said, "When you're in even the slightest doubt, throw it out. Don't play Russian roulette with mushrooms. We do have deadly species here, they exist."

Brassard added that picking mushrooms is not bad for the environment or the habitat that they are growing in. The organisms live in the soil substrate, he described it like picking an apple off a tree, it will one day grow another in the same place. He encourages people to bring any mushrooms

and fungi that they find home to study.

Woodlands resident Laura Kinley has been part of the Facebook group since the beginning when less than 100 people participated in it.

"Especially with COVID and people trying to do things outdoors instead of obviously going to the mall or going out because of restrictions, people are trying to go do things outdoors," she said.

Kinley said the growth on the Facebook page that she has seen has been amazing and that she is glad the group has stayed a positive and educational place despite getting so large.

She keeps her eyes out for mushrooms on walks with her dog and hikes through forest like areas, saying that she enjoys learning more about the outdoors.

"My phone is full of mushroom pictures. People have like pictures of their dogs. Mine is just like all these mushrooms and it's just a natural interest that everywhere I go looking for it," said the 28-year-old electrical apprentice.

Kinley said she created a rule for herself when she started mushroom hunting to try and keep herself safe while enjoying the hobby. She will not eat any mushrooms until she has spent five years studying mycology as a hobby.

"I had no idea a couple years ago how these poisonous things are everywhere," she said, "Just thinking of little kids, you know little kids are so curious about things all the time I'm like 'oh I didn't even think of that that they could have this in your yard growing up'."

Flashback - 107 Main St. South



STANDARD PHOTO SUBMITTED

Now this building was busy folks! Built by Hugh Strong in the 1940s, he ran the Central Service Station until 1953 when Walter Armitage and George Loeppky opened MLM Motors selling Mercury-Lincoln-Meteor products. In 1956 Eric Lansky bought the business from a finance company and by 1959 swapped MLM vehicles for Mercedes and VW plus rented school buses to Midland School Division. Around 1960 he added the Bearing and Automotive parts outlet that continued under Elwin and Thelma Chase from 1972 to 79 before selling it to Ed and Rita Wiebe. They moved the "franchise" across the street to the south Back Door Youth is today.

That was the most recognizable frontage associated with 107 Main, however over the years many other owners and entrepreneurs opened doors in parts of this building: 1977-79 Ron's Bike and Muffler-Ron Penner; 1979-83 Midland Muffler-Darrell Enns; 1984-85 Midland Video One-Pat and Lana McCullough; 1985-88 Do Right Ent/Mike's Painting and Decorating/Club 107-Steve Porter; 1986-2006 Reflexology by Margaret-Margaret Janzen; 1989-96 Pembina Glass and Exterior- Ron Dyck; 1988 - ? - Elite Cellular-Don Bargaen; 1993-96 Summers Unlimited-Ron Dyck; 1996-2007 Carman Laundromat-Gil Wiebe; 2000-03 Carman Appliance and A/C- Vern and Linda Siemens; 2001-2005 Sears-Linda Kroeker; 2006-present Natina's Enterprises- Natina Pelletier; 2008-2021 Quality Auto-John Neustaedter; 2008-2017 Diane's Hair Salon-Diane Gaultier; 2011-2011 Curves-Debbie Vanderkervhove; 2017-present A New You Salon-Colleen Claggett-Woods. And that is just what I could find out! Got some more folks.

Carman, a winner with Tractor Pull events

By Dennis Young with notes from Neil MacNair

The Young Men's Section had been part of the Dufferin Ag Society since 1933 assisting with all facets of the Fair and ag related events. The Section achieved its objective of encouraging keener interest in ag matters among the younger people. Just as agriculture changed so did the YMS.

In 1968, Arnold McCutcheon came to them with the idea of running a tractor pull. He had seen pulls in the U.S. and thought it would be a good idea to try here. The idea of a pull was for farmers to compete against each other to see whose field tractor was the strongest in its weight class. So some of the members went to a pull in Portage to see how they were run and were convinced..

The YMS ran their first tractor pull with a skid rented from Detroit Lakes in July 1969. Members went down and brought the 8 x 18-foot skid to Carman. It was a steel plate that had a tractor sitting on it for weight resistance and as the skid was pulled down the track, a man would jump on the skid every 10 feet to increase the weight load. Judging ended when the pulling tractor either stalled or spun out.

There was a crowd of 400 the first year of the tractor pull and every year the crowds got larger. Eventually the YMS found themselves moving as many portable bleachers in as they could get their hands on, positioning them on both sides of the track.

However having a man jump on a moving skid was a safety concern. In light of this concern, they contacted a group in Minnesota who had a mechanical skid. It was a flatbed truck trailer with wheels at the back and a skid at the front with a moveable weight. As the skid was pulled down the track, the weight moved forward at a set rate, putting more weight on the skid and increasing the power required to pull it until the tractor gave up.

When the Americans came up with this skid, tractor pull competitors from North Dakota and Minnesota came here as well. These pullers had modified tractors that they had built and this added a whole new dimension to Carman's tractor pull.

"Started with farm tractors then hot rods took over as more exciting for fans" says former YMS member Alex McIntosh.

The club eventually decided once again to build its own skid based on that design. The YMS club started to rent out themselves and this new mechanical skid to other towns bringing much attention to their own event in return.

With much hype and promotion became a huge two-day affair and moved away from the Fair weekend hosting The Western Canadian Tractor Pull Championships.

"We had posters and ads everywhere plus an ad on KNRR TV in North Dakota" fellow member



CARMAN PHOTO SUBMITTED

The hands tell the story of Shelly Lucken, driving Luck-N-Determination pulls the skid down the track at the 19th Annual Western Canadian Tractor Pull Championships in Carman on June 29 and 30, 1985.

Murray Rinn tells me. Soon more than 5000 would travel from afar to pay to see farm tractors the first day and the second featured modified tractors and pickup trucks developed strictly for competitions. Not to mention garden tractors and antiques too!

Big crowds attended both days and the interest increased with the addition of Calcuttas and a Saturday night dance. The Chamber of Commerce got involved with a stage show, pancake breakfast and town wide sales to attract visitors downtown while the Kin Club hosted a food booth at the grounds. The whole town benefited. Ron Middleton of the YMS recalls "The old grandstand was packed with many standing with Sunday being the biggest day!"

By that time, tractor pulls had become so popular that a competitive circuit developed. Lee Sandulak and Tim McCullough were two YMS members who built modified trucks and participated in that circuit. Lee catches me up on that "Tim McCullough and myself decided to build a 2 wheel drive super modified and 'Old Blue' debuted at Carman in 1983."

'Old Blue' was made from rear end of a 3 ton Chev and a 572 Chev engine generating 1000 HP plus burned high test gas costing \$6 gallon. Estimates of consumption in a 6-7 minute pull covering 300 feet

was50 gallons per mile!

"We ran 'Old Blue' that year but the following year Tim took full ownership of it and I built my own puller named 'Dr. Hook'." It was made out of a 1973 El Camino, with no suspension, a Ford front axle and steering and a John Deere tree shredder rear end. Under the hood was a 508 supercharged Chev V8 fully modified with special carbs for 1400 HP.

"We continued on the pulling circuit for many years across western Canada and all the northern states competing and meeting new friends everywhere."

The popular pulls ran until 1988 – a twenty-year span. Neil MacNair wraps it up nicely "In their hey-day, these pulls were a lot of fun for YMS members and for the many participants and spectators – visitors and locals alike. They gave a big boost to the annual Carman Fair and were good fundraisers, which in turn let us support local initiatives like the construction of our Community Hall."

Even though Carman had earned its name and reputation as the best 'Pull' in Western Canada, increasing costs plus changes in people's interests convinced the YMS to sell the skid. To this day there are still faithful fans of the noise and the dust "pulling" for a return weekend.

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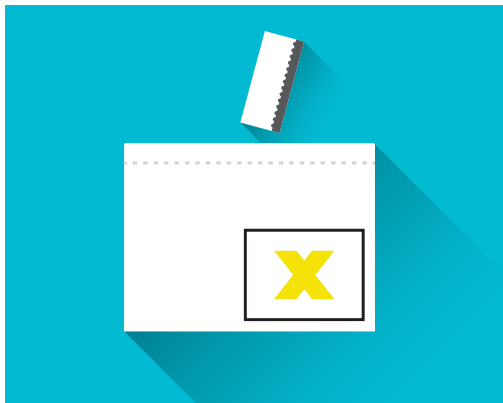
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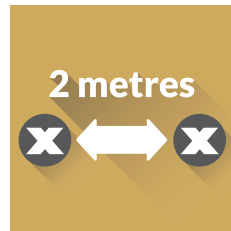
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Clear physical distancing markers

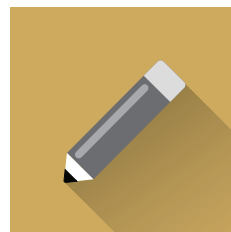


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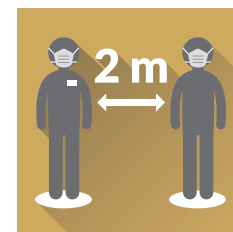
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Where are they now? Catching up with Janie and Don Orchard

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

Q. Firstly let's get familiar with you again. When did you live in Miami?

We were both born in Miami Cottage Hospital and raised through to adulthood here.

Q. What did your parents do for a living?

My Dad Warder Orchard farmed at Deerwood while Mom Muriel (nee King) nursed at Swan Lake. Janie's proud parents were Altamont farmers Jim and Ruby Simpson.

Q. Did you attend school here?

I attended all my schooling in Miami graduating in 1964. Janie attended school in Altamont before high school in Miami.

Q. What did you do for jobs as a student?

My first real farm job was picking roots on new breaking land with my Dad and that was where I got farming in my blood. Summers for Janie were spent working on the farm and later transcribing at the U of M Psychiatry Dept.

Q. What activities did you participate in as a student?

Janie participated in most activities including winning the girl's Manitoba Provincial Championships in 1964. I belonged to 4-H garden and beef clubs. I played all of the sports except hockey and was a member of inter mural teams that completed with our surrounding schools. I participated in Student Council as well.

Q. What got you to leave Miami and where?

I wanted to farm and was not sure that I needed to go to university. The school councillor, Donald Alexander advised me to take an Agriculture Degree which remains amongst my best advice. Janie attended UofM, worked at UofM and then took her teaching certification year.

Q. What was your career choice after University?

With her degree, Janie secured a teaching position in Q'Appelle, Saskatchewan. I graduated university in 1968 with a major in economics and a job offer from Simplot Chemical in Brandon. I was given a sales territory in southern Saskatchewan and moved to Regina.

Q. Were you married right after that?

I proposed and she accepted on Valentine's Day in Brandon in 1969. We lived close by in the country, became friends and dated for several years. When Janie got that teaching job in Q'

appelle, we rented a neat little apartment there.

Q. Did you move around lots with Simplot?

After my first annual sales meeting with Simplot in Brandon in 1969 I was transferred to Edmonton to assume the Northern Alberta sales area where I had a good dealer network. The move was good for us except that Janie could not get a teaching job in Alberta but did find work in administration at Glenrose Hospital.

Q. What else have you done career wise?

I left Simplot and in 1972 we purchased our farm at Miami. With some apprehension, we bought a second farm in 1974. After a long spell away, I returned to start farming my father's land in 1996. While I was away Janie looked after the farm, substitute taught and earned her degree in Education. In 1991 she took employment with Distance Ed in Winkler before retiring in 2003 as Supervisor.

Q. Did you pursue other passions?

In 1977 I won the candidacy for the Pembina Constituency and the MLA for Pembina. In 1979 I was appointed to Cabinet as Minister of Highways and Transportation and in 1980 added the Communication portfolio and MTS. I had the privilege to serve as Minister of Health, then Energy and Mines and Manitoba Hydro. I did not



Janie and Don Orchard

seek re-election in 1995 and returned to full time farming in Miami after 18 years in government. For Janie it meant no more fielding constituency questions from home.

Q. Did you raise any children here or where? Names, where now and doing what?

All were delivered at Swan Lake Hospital. Eric born in 1973, is a Captain with West Jet in Calgary. Arlene, a '76 baby, accepted a teaching position as senior director for the Performing Arts Program at a Charter School in Calgary. Onalee arrived in 1978 and is working in the oil and gas industry in Calgary. She and Steve Arnott have gifted us with our two grandsons Oscar 10 and Archie 8.

Q. What do you do now? Retired?

When we retired from farming in 2012, the decision was made to get closer to the family. We bought our retirement home in Fairmont Hot Springs B.C. about 3 hours from Calgary. Janie and I still ski and enjoy an abundance of activities here: golf, boating, floating the Columbia River, hiking, gardening and especially trying to keep up with Oscar and Archie.

Q. Have you travelled for leisure and where?

We have recently sold our place in Texas and have taken five winter holidays with the whole family, the last being Peru and the Amazon. Janie and I have been lucky to have seen the Great Wall of China, Antarctica, the pyramids, Normandy, Dieppe, Vimy Ridge and to see my Uncle Earl's grave at Ortona, Italy. We hope to get a few more destinations off our bucket list.

Q. Do you ever return to Miami?

It was not easy to leave family, friends and an established farm yard on our Centennial Farm but we still have farming interests in Miami that gets us



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CIB benefactor of Nine Lives Fashions' jewelry program



STANDARD PHOTO BY BECCA MYSKIW

Deb Enner from CIB, left, receives the \$1,000 donation from Marge Warkentin at Nine Lives Fashion.

By Becca Myskiw

Nine Lives Fashions' jewelry donation program donated \$1,000 to Carman's Communities in Bloom (CIB) recently.

Marge Warkentin of the business started the program 10 years ago as a way to give back to the community. People bring in their old or unused jewelry, and Warkentin puts it in the display case.

On top of the case is a little donation box that suggests people donate

\$3 to \$5, but Warkentin said they can contribute more or less, depending on what they have to give.

All money generated from this program goes towards the organization Nine Lives Fashions chooses for the year. A few recipients have been the Boyne Regional Library, Habitat for Humanity, the Carman Splash Pad, the Family Resource Centre, Carman Handi-Van, and more.

This year, they donated the money to the local CIB committee.

Warkentin said she chose the group because they're reborn in the town and they're doing work she really appreciates and sees as important.

"It's a great way to assist them," she said. "I like to support agencies the whole community can benefit from."

CIB purchased pots with a Carman Area Foundation (CAF) grant this year to place on Highway 13 through town. They filled them with colourful flowers to give the town a pop everyone can see.

They're also working on the pocket park across from Riverview Apartments. So far, they've planted trees there, cleaned up the wooded area, added benches, and are looking at adding a shade structure.

Deb Enner from CIB said they initially formed for the group competition, but COVID-19 has halted that, so they're working on beautifying the town right now. A CIB committee has to work on several categories, and Enner said though they aren't being judged right now, they're still

trying to cover them all.

The categories are tidiness, environmental awareness, heritage conservation, urban forestry, landscaped areas, and floral displays.

The \$1,000 donation from Nine Lives Fashions, she said, will go toward the pocket park across from Riverview Apartments.

"We're very excited," she said. "We're really focusing right there and wanted to see some more progress beside the trees."

With this donation, Nine Lives Fashions has donated a total of \$21,276 through their jewelry donation program. They'll present the rest of the money generated from the second half of the year in December.

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Beginning in Reinland, we will be visiting villages, stopping for lunch at MCI and then heading to Neubergthal for supper at the Commons Barn.

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Kozak Plumbing and Heating celebrates 30



By Becca Myskiw

Kozak Plumbing and Heating has been servicing the Carman community for 30 years.

Russ Kozak started the family-run business on Sept. 16, 1991, after being a plumber for a while and wanting to go on his own. He started Kozak Plumbing and Heating with his wife, Wendy Kozak, and 30 years later, it's done nothing but expand.

Luke Kozak, Russ Kozak's son, started working with his dad when he was around 14 years old. According to Chelsea Kozak, his wife he's one of the youngest journeymen in Manitoba, and the pair is now preparing to take over the business.

Chelsea Kozak has taken over the administration side of Kozak Plumb-

ing and Heating, while Luke Kozak plumbs. They offer more than plumbing, though — there's also heating, refrigeration, air conditioning, and geothermal.

"It's definitely expanded over the years," said Chelsea Kozak. "It was just Russ and one other employee when he started. And it started pretty hot and heavy, and it has just grown from there."

Now, there are seven employees with the business, each going their own way on workdays. Some go to a new build job, one goes to install a toiler or fix a furnace, and others go to their current job at the new Carman Hotel.

The team also works on bathroom renovations, changes out showers,

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30 years of business

and everything and anything else that needs to be done. Chelsea Kozak said Russ Kozak's workmanship and reliability over the past 30 years is what's kept him going and growing.

"He's done nothing but good things," she said.

She said the most popular service they offer to this day is still plumbing, along with heating needed for Manitoba winters.

"Everybody, or most people nowadays, have plumbing and heating in their house so it's something that everybody benefits from and needs services for," said Chelsea Kozak.

She said when most people think of the plumbing business, they think of "gross stuff", but it's not like that most of the time — it's installing a

toilet or checking around 10 furnaces a day. She said it's a fun line of work because every day is different, whether it be the actual work, the location, or the people they're working for.

For their 30th anniversary, Kozak Plumbing and Heating is doing a giveaway on their social media. The plan now, Chelsea Kozak said, is to carry on the business for another 30 years.

"We have a four-year-old who puts pipe together like nobody's business," she said. "Who knows what his future will bring. He can do anything, but he definitely follows gido and dad's footsteps right now."



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Your FARM



Funding comes a little late for beleaguered cattle farmers

By Lorne Stelmach

Recently announced government assistance programs for Manitoba livestock producers impacted by drought would have been more welcome much sooner, suggests one area farmer.

The two programs under the Agri-Recovery framework for livestock producers to help with the extraordinary costs incurred for feed and transportation may be coming too late now, said Andre Stepler.

"Unfortunately, the government was too late with it," said the operator of Stepler Farms, which is a third-generation family farm located near Deerwood west of Miami and which encompasses a 3,500-acre grain farm as well as a 600 head purebred Charo-

lais cattle herd and a 1,500 hive honey bee operation. "It's really, at the end of the day, probably not going to make a big difference in people's bottom lines.

"If that announcement was made two months ago, more feed would have been put up for the cows ... and the whole goal of AgriRecovery should be to maintain that cow herd, and it was too late."

"This has been a tough year, and we continue to take strides to support our producers in any way we can," Agriculture Minister Ralph Eichler said recently in announcing two funding initiatives under the Canadian Agri-

Continued on page 17



PHOTO SUBMITTED

Government funding for livestock farmers is welcome but doesn't really much help those who have already seen great losses due to the drought.



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Grasshopper munchers and disease rates could be a good omen

By Nicole Brownlee

After a hard, dry season with unwelcomed winged visitors, experts suggest the problem may persist next year but offer some silver linings.

John Gavloski, an entomologist working with the province, said Manitoba experienced a heavier grasshopper population that hit some areas of the province harder than usual.

"Almost every region had their issues, it seemed," said Gavloski. "The south Interlake seemed to be one of the hotspots, but then I did have reports from the southwest, northwest or areas in the central region that certainly had higher levels."

Manitoba has roughly 80 types of grasshoppers, and four of these are considered pests that can damage

crops.

The grasshoppers spread and ravaged crops so aggressively this year mostly because of the dry conditions, which could continue next summer.

"The grasshoppers did have fairly good egg-laying conditions in August and into early September so far," said Gavloski.

Through surveys over the past four

years, they've seen a rising trend of grasshoppers populations develop in some areas, said Gavloski.

"Unless we get some weather conditions in very late spring that can knock the population back when the young are hatching, I would expect we could be in for another year at least similar to this year in 2022."

Continued on page 18

> FUNDING, FROM PG. 16

cultural Partnership. "Manitoba producers care deeply about their livestock, and these programs will help producers buy feed or to help get the feed they have purchased delivered to their animals or get the animals to another location where feed is available."

The Manitoba government's investment of \$62 million under the Agri-Recovery framework to support livestock producers affected by this year's drought conditions is part of the Canadian Agricultural Partnership agreement with funding shared on a 60-40 federal-provincial basis.

The Livestock Feed and Transportation Drought Assistance Program will help producers purchase and test feed for livestock to maintain their breeding herds including transporting purchased feed from distant locations. It will offer assistance to help offset freight expenses associated with moving livestock to alternative feed supply areas.

Eligible animals under the program are breeding animals of beef and dairy cattle, horses raised for pregnant mare urine (PMU), sheep, goats and bison. Producers must be supporting a minimum of 10 animals to qualify for assistance, and the program covers feed and feed transportation expenses between June 1, 2021 and March 15, 2022.

Feed must have been delivered from a supplier at least 40 kilometres away, and assistance is available for hauling feed for up to a maximum one-way distance of 600 km. Eligible feed purchases are those made between June 1, 2021 and March 15, 2022.

Meanwhile, the Livestock Transportation Program offers help for producers with extraordinary costs to transport breeding animals of beef cattle, sheep and goats to alternate locations

to feed up to 1,000 km, however this program does not cover moving animals to market or sale.

"There's no doubt the drought has changed a lot of things for us here," said Stepler, who noted they recognized early on there would be a need for a larger amount of feed sooner given the conditions.

Knowing a shortage was coming, they needed to take a number of measures including culling cows early, weaning calves earlier and removing from pastures about three or four weeks ago.

"We did get a rain, so now cows are going back out to our pastures but at a reduced rate," he said, adding the next step was to sell off about 15 per cent of the main herd.

"It definitely has changed things around here just for cow numbers alone," said Stepler, who noted they were fortunate to have had enough rain to get a corn silage crop to help them have the resources to get through into the winter while adding though that "we're budgeting for that two extra months of feeding time."

"The frustration that we had was finding feed or accessing feed," he said, calling it a perfect storm of conditions that was taking a significant portion of the cow herd out of western Canada as a result of the combination of a lack of moisture and high commodity prices.

"We needed these announcements two months ago. The reality of being able to make more feed out here in western Canada is already gone. We needed that ability to access some cereal crops and some grain corn crops ... we needed that a long time ago."

Stepler suggested drought conditions have occurred often enough over time that the province should be better prepared to act sooner when it happens.

"We should have been able to hit benchmarks of temperature and lack

of moisture," he said. "Now many times have we dealt with drought ... we should have had a program in place to roll out as quickly as possible."

Manitoba Beef Producers, meanwhile, noted it appreciates the support being offered through the Agri-Recovery program, though it agrees that more aid will be needed.

"These programs will help address some of the extraordinary costs beef producers have been incurring due to the drought conditions," said president Tyler Fulton.

"Producers are making important management decisions for their operations heading into the next few months, and having access to these programs will certainly help with that process," he said. "Looking further ahead, we welcome continued discussions with governments about how a herd recovery program will be framed."

"We believe that programs designed to address feed assistance and transportation as well as livestock transportation will be important to the success of Manitoba's livestock sector in the years to come," noted Bill Campbell, president of the Keystone Agricultural Producers. "These programs will help livestock producers with immediate feed and transportation needs as they plan for the long-term recovery of their operations."

Provincial officials noted they are in the process of designing a cowherd-rebuilding program under the Canada-Manitoba AgriRecovery drought assistance framework to help livestock producers forced to sell breeding stock due to limited feedstock in 2021 with the goal to rebuild their herds starting in 2022. The details of this program are currently under development.

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> GRASSHOPPERS, FROM PG. 17

Lots of rain in early spring when the grasshoppers hatch and an increase in natural predators may stop the trend from climbing.

"We did notice this year a lot of the predators of grasshoppers eggs," said Gavloski. "Now that we've had a few hierarchies of grasshoppers, we're really noticing increasing levels of this type of fly."

Grasshopper Bee Fly larvae, named after their characteristic high-pitched buzzing sound, feed only on grasshopper eggs. Blister beetle larvae and field crickets also join the feast.

"The combination of predators might help us out somewhat," said Gavloski.

David Kaminski, a field crop pathologist working with the province, noted the drought also helped decrease some crop diseases.

"Most diseases depend on significant moisture in order for infection to get started and to continue through the season," said Kaminski. "It's a small consolation when yields are so limited by drought conditions and by insect damage."

The past three years have been noticeably dry, encouraging the decline of certain diseases in cereals, canola and other broad leaf crops.

"However, there are a number of diseases which have pretty advanced survival structures," said Kaminski.

He warns that some diseases can lurk in the soil apart from host plants for at least three years.

"We always encourage a good rotation of crops so that we do not have piling up of disease inoculum on crop residues."

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Provincial COVID dashboard shows COVID cases, hospitalization by vaccination status

By Patricia Barrett

The provincial government unveiled a new COVID-19 dashboard last week that shows infections by vaccination status.

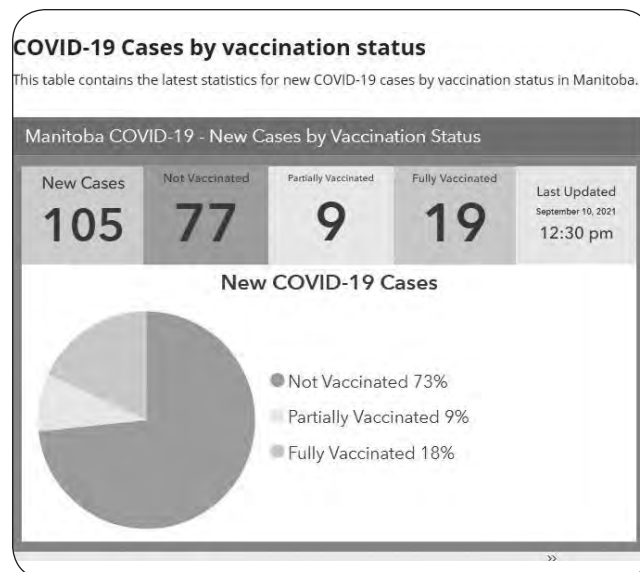
Acting deputy chief public health officer Jazz Atwal announced last week that the new dashboard will show COVID infections among those who remain unvaccinated, those who are partially vaccinated and those who are fully vaccinated. It will also show hospitalization and ICU numbers by vaccination status.

Atwal said new infections are being driven by the unvaccinated.

On Sept. 10, the new dashboard showed 105 new COVID infections of which 77 (or 73 per cent) were among unvaccinated people. Fully vaccinated people accounted for 19 (or 18 per cent) of the new cases that day while the partially vaccinated accounted for nine cases (or nine per cent).

COVID and its variants are infecting partially and fully vaccinated people, indicating the virus's ability to get around immune defences induced by COVID vaccines. Scientific studies have shown, though, that these breakthrough infections are much less severe and less deadly in vaccinated people than they are in those who remain unvaccinated.

On Sept. 8 the province updated its requirement for mandatory quarantine, according to its COVID-19 travel webpage. Anyone returning to or coming to Manitoba from "all jurisdictions" must quarantine for 14 days regardless of symptoms and test results. Travellers who are exempt from quarantine are advised to self-mon-



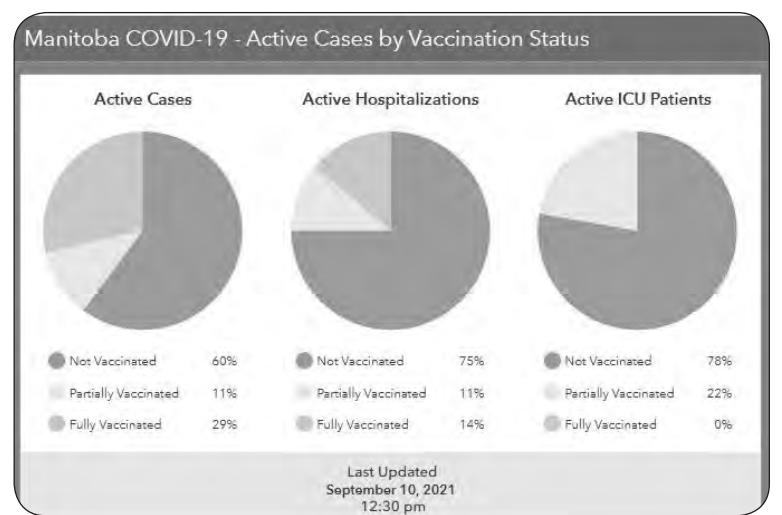
PROVINCE OF MANITOBA
New COVID infections are shown by vaccination status on Sept. 10.

tor for 14 days upon arrival in Manitoba.

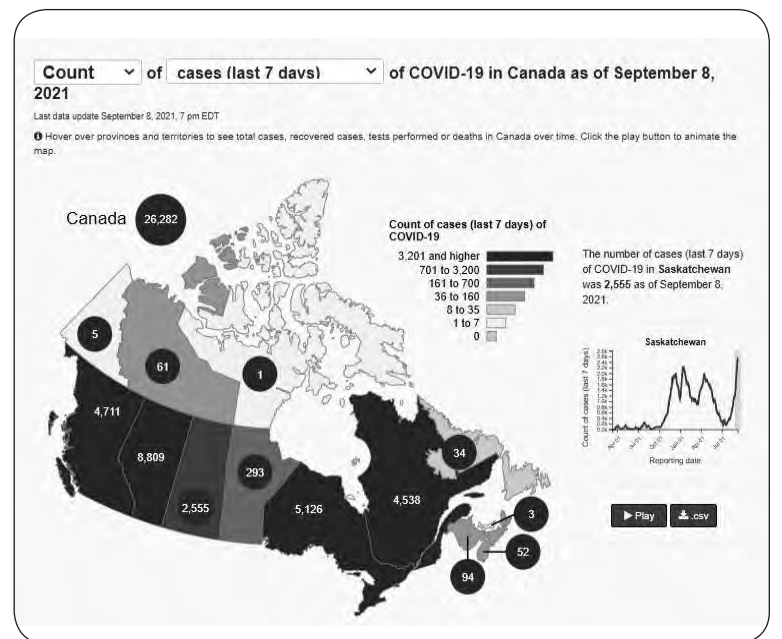
Over the month of August, travellers by train (Via Rail) and plane (domestic airlines such as Air Canada, Flair, Swoop, WestJet, as well as connecting international airlines) continued to be exposed to COVID.

Across the Interlake-Eastern health region, the spread of COVID and/or its variants continue. There were 23 active cases in the Arborg-Riverton area, two in Eriksdale-Ashern, five in Fisher River-Peguis, two in Selkirk, five in Stonewall-Teulon and one in Winnipeg Beach-St. Andrews, according to the province's regional dashboard (viewed Sept. 12).

In Canada, Alberta is leading the country in COVID infections, according to federal government data released last week. Over the past seven days since Sept. 8, Alberta had 8,809 new cases. Ontario was second at 5,126 cases followed by British Columbia at 4,711 and Quebec at 4,538. Manitoba had 293 new cases over that time period.



Total active infections, hospitalization and ICU numbers are shown by vaccination status Sept. 10.



GOVERNMENT OF CANADA
Over the past seven days since Sept. 8, Alberta has led the country in COVID infections followed by Ontario, B.C. and Quebec.

Manitoba first province to implement an organic check-off program

By Becca Myskiw

Manitoba is officially the first province in Canada to implement an organic check-off program.

The check-off program became law on Aug. 12 of this year after the Manitoba Organic Alliance (MOA) applied for the regulation in 2019. Karen Klassen, program manager for MOA, said it's similar to other check-offs programs for grain, but funds produced from this one go specifically back into the organic sector.

To date, organic producers have been selling organic grains to grain buyers and paying check-off fees to mainstream commodity groups. The money those groups generate goes to research, marketing, extension, and development that is often focused on things not relevant to the organic

cropping system.

So, the organic check-off works like this: organic producers bring a truckload of produce in and .05 per cent of what the buyer collects goes to MOA.

"We have not had the funds to be able to grow the organic sector and to actually support organic grain farmers," said Klassen.

She said this organic check-off program will help support organic producers while growing the sector, ensuring that education and research activities are directed back.

A subcommittee of farmers elected by organic grain producers will then get together and decide where the money goes, whether to a university group doing organic research, a group working to grow the sector or something else entirely.

The research that can be conducted as a result of this organic check-off will allow organic producers to build better varieties and create a better crop outcome because they'll be growing organic plants in an organic system.

"It's really important for a lot of the grain even that we are growing as organic grain producers has been developed in a conventional system," said Klassen.

Wayne Rempel, CEO of Kroeker Farms, is looking forward to the check-off so everyone in the organic family can help each other out. He's been an organic grower for 20 years and supports organic organizations through donations — but not everyone does that.

"These people work hard but have

no money, so some of us contribute to them and others...they just never give money away but still reap the benefits," said Rempel.

The organic check-off, he said, will force everyone to contribute to the organic organizations, such as MOA, instead of select farms donating funds.

Though the check-off program is a law in Manitoba now, he still plans on donating funds as he has in the past. He's glad the playing field is levelled now, though.

"It's going to be really important to the growth of the sector," said Klassen. "And just to build the resilience that we need in organic systems in Manitoba."

NACI recommends third COVID vaccination for immunocompromised

By Patricia Barrett

Canada's National Advisory Committee on Immunization (NACI) recommended last week that some immunocompromised Canadians should receive a third shot of an mRNA COVID-19 vaccine such as Pfizer-BioNTech's or Moderna's.

The Public Health Agency of Canada released a Sept. 10 statement from NACI, which said its recommendation is based on scientific evidence and NACI's expert opinion.

"NACI has carefully reviewed the available data, including an assessment of benefits and harms of an additional dose, and have recommended that moderately or severely immunocompromised individuals who may have somewhat lower responses to their first vaccinations should receive a three-dose primary vaccine series using mRNA COVID-19 vaccine for the additional dose," said NACI chair Dr. Shelley Deeks in the statement. "This is not unusual for immunocompromised groups, where we often recommend different vaccine schedules to help them achieve better protec-

tion."

Immunocompromised individuals have weakened immune systems because of disease or medical treatment, said the statement, and some of those people will have a weaker immune response to the vaccine than the general population.

Recent research shows immunocompromised people who had a reduced response to an mRNA vaccine can see an increased immune response after a third dose, said the statement. Immunocompromised people who contract COVID-19 are at increased risk for "prolonged infection and serious complications" from the virus.

Third doses are recommended for people undergoing active treatment for solid tumour or hematologic malignancies, those who received a solid-organ transplant and are taking immunosuppressive therapy, those with advanced HIV and people with moderate to severe immunodeficiency. A full list is available online.

A third dose of a viral COVID-19 vaccine, such as AstraZeneca's, should only be considered when other au-

thorized COVID-19 vaccines are contraindicated or inaccessible, said the statement.

The advisory committee didn't make a recommendation on whether a broader segment of the Canadian population should receive a third dose.

"NACI is also looking at whether booster doses might be needed for some key populations, but it is too early to comment on the state of the evidence for general boosters at this time," said Deeks.

Offering third doses to the immunocompromised "contributes to health equity," said the statement.

NACI's advice goes against the World Health Organization, which wants wealthy countries to refrain from giving their populations third doses as poorer countries do not have equitable access to the vaccines.

"In the context of ongoing global vaccine supply constraints, administration of booster doses will exacerbate inequities by driving up demand and consuming scarce supply while priority populations in some coun-

tries, or subnational settings, have not yet received a primary vaccination series," states the WHO's interim statement on COVID-19 vaccine booster doses that was released Aug. 10. "The focus for the time being remains on increasing global vaccination coverage with the primary series"

Other countries are going ahead with third doses. Israel is offering its population (anyone 30 and older) third doses. The U.K. is offering third doses to severely immunocompromised people. And the U.S. is offering a third shot to people with compromised immune systems.

In Canada, Ontario is offering third doses to immunocompromised people. Alberta will offer third shots to the immunocompromised, seniors living in congregate care and some travellers who had received AstraZeneca or other mixed vaccine doses that aren't recognized by other countries.

Manitoba's vaccine task force had said at the end of August there was "no medical reason" to provide third doses, but that could change.

SWM closing Carman and Winkler facilities by end of 2021

By Becca Myskiw

SWM (Schweitzer-Mauduit) International is closing its Winkler facility, stationed in the Winkler and Carman communities.

The decision comes after the late 2020 closure of the company's Spotswood, New Jersey facility. That was driven by a "key customer's" decision to source a product that didn't fit with the capabilities of that location, according

to Nicolas Flandrin-Jones, business communication leader, at SWM.

The business is a global provider of materials such as fibers, yarn, film, netting, nonwoven materials, paper, soil stabilization, tobacco products, and tubing. Their Carman and Winkler facilities harvest and collect flax straw to convert it into flax tow, the raw material for cigarette papers.

The Winkler facility, owned by SWM

International since 1985, combined with the Carman site, employs 20 full-time people. According to Flandrin-Jones, the company tried to "pursue alternative business models" that would allow them to continue to operate their Winkler facility but couldn't find an option that would "successfully sustain" the operation.

The closure of the Spotswood facility is linked to the Winkler one because

the entire flax tow operations locally were dedicated to the cigarette paper production in New Jersey.

The Winkler and Carman sites are slated to close Dec. 31, 2021. Current employees will be given job opportunities within the company at other locations.

Province commits additional \$1M for mental health programs in schools

By Ashleigh Viveiros

The provincial government announced additional funding last week for mental health supports for staff and students in Manitoba schools.

"The COVID-19 pandemic continues to have a significant impact on the mental health of students and teachers in this community and across the province," Mental Health, Wellness and Recovery Minister Audrey Gordon said at a press event in front of the Louis Riel School Division offices in Winnipeg last week.

"For this reason, our government is committed to supporting the well-being of all students and staff as they return to school this September."

Gordon went on to announce the provincial government is providing an additional \$1 million in mental

health supports funding above the \$2.5 million announced last year.

"This investment consists of 11 initiatives that fit into the framework of the Five T strategy," she said, explaining that includes talking about mental health, training for teachers and school staff, teaching supports for mental health, ensuring appropriate tools and supports are available for students, and taking care of teachers and school staff.

The \$1 million includes:

- an additional \$380,000 to the Canadian Mental Health Association to provide supports to the education workforce, including service-navigation specialists, online resources in French and English, and a peer wellness coaching team;
- an additional \$100,000 for Sources

of Strength in to allow further expansion such as French translation of materials and provide peer-programming training for 50 more educators as well as expanding the number of secondary schools offering the program;

- \$40,000 to provide SafeTalk training for 50 educators, who then train students age 15 and over, teachers and parents in suicide prevention and intervention, and also provide for a centralized SafeTalk registry for easy access and resource deployment;
- \$80,000 to provide further professional development for educators and leaders that is trauma-informed and culturally relevant to address the effects of long-term trauma caused by the pandemic; and
- \$150,000 for pilot projects to sup-

port and enhance well-being through the engagement of elders and knowledge keepers in schools.

These funding decisions were made in consultation with educators about what supports were most effective last school year, Gordon noted.

"Our goal is to build upon what we know works well for our students, teachers, and communities," she said.

Gordon noted that the government will also be providing additional funding to school divisions to supplement provincial mental health supports.

"This will allow school divisions to continue offering wellness supports that are already in place and to implement further initiatives in response to local needs."

Portage-Lisgar candidates field questions

By Lorne Stelmach

Four of the five candidates vying to represent the Portage-Lisgar riding made their pitches and fielded questions in an online forum last week.

The session organized by the Winkler and Morden chambers of commerce included incumbent Conservative Candice Bergen alongside challengers Andrew Carrier of the Liberals, Ken Friesen of the NDP and Solomon Wiebe of the People's Party of Canada. Christian Heritage Party candidate Jerome Dondo was unable to attend.

Wiebe cited the goal of prosperity for everyone regardless of their status and focused particularly on pandemic issues.

"COVID is the matter of the day," he said. "Our platform involves voluntary vaccination; it involves no segregation based on vaccination status and also involves freedom of movement for all Canadians."

He also touched on health care reform including a mixed public and private system to help provide a better service and level of care.

"We want energy independence so we can stop relying on foreign oil," he added in citing other points from their platform, which also included taking better care of veterans.

Friesen noted voters "have a choice between parties that have broken one promise after another time and time again or voting for myself and the NDP, who are here fighting for you ... you have a better choice."

He suggested the real concerns of Canadians are things like their jobs and the climate crisis, and he suggested the challenges we have faced have also shown that "thanks to the decisions of the Liberal and Conservative governments, many of the supports that we rely on just weren't there when we needed them."

"If we want different results, we need to make different choices ... what we need now is the courage to act together, to come together as a community," he said. "We can make life more affordable for every day people by investing in health care, affordable housing, pharmacare and child care."

Carrier cited his broad experience

and record of two decades of public service, including particularly with the Metis community.

He pointed to employment as a key issue as well as early childhood education and the need to ensure accessibility and equality in relation to all social services.

"What I bring to you ... is a voice to understand how Ottawa works," he said.

Bergen stressed that the Liberal government has had more spending, more taxes, and more ethical breaches and taken away more freedoms than ever before, and she urged voters to unite behind the Conservatives to ensure the Liberals can be defeated.

"This election is the most important one of our lifetime, and the outcome will have repercussions that will last for generations," she suggested.

Bergen cited a five point plan that included securing jobs in every sector and getting people back to work, securing mental health, securing Canada, securing accountability, and securing finances.

"Our deficit is spiralling out of control," she said, noting the Conservatives aim to get back to a balanced budget in 10 years. "We also want to ensure that we cut inflation and keep inflation down."

The question and answer session then kicked off with a query about representing one's constituents rather than the party.

Wiebe made reference to donating the entire after-tax proceeds of his salary to a local charity, and Bergen cited the need to balance her constituents and personal convictions with the party platform.

"It's something I've really worked to do ... It is a balancing act, and I think the key is to be listening ... always have an open door policy," she said.

"I would have to prove myself every single day," said Friesen, while Carrier responded that "I truly believe in accountability as well as being a strong voice for our people."

The candidates were then asked about putting an end to lockdowns and restrictions, and only two of them replied.

"We have to ensure that you have

the security of not only yourself and your family but your community and your neighbours," said Carrier.

"We believe in people's freedom," said Bergen. "We do support a vaccine ... I would encourage everyone to get the vaccine, but I absolutely respect people's choice to make their own decision."

The next topic focused on equality rights and discrimination because of sexual orientation and specifically on banning conversion therapy.

Bergen explained the Conservatives support a ban but were concerned about the Liberal proposal because the Conservatives want it done in a way that protects conversations between parents and children as well as faith leaders and counsellors, which she said was not addressed in the proposed Liberal legislation.

"Everybody in that community deserves to have a voice," said Friesen, who said he would be an ally and advocate and noted the need for increased funding for community organizations that provide vital services and supports.

"I don't think the government has any business telling people what they can and can't do in their own bedrooms," said Wiebe, who said their policies would be based on mutual respect.

A couple questions then asked the candidates to address the areas of labour shortages and immigration.

"This is one of the top challenges that I am hearing about ... Conservatives are the only party that want to see people working," said Bergen,

who touched on such things as incentives for hiring and investing in small business.

"The government's social system that's currently in place incentivizes people not to work," said Wiebe, who suggested the government needs "to end getting something for nothing."

Friesen called for more investment at the community level such as providing more child care to help enable women to be in the workforce. He also highlighted providing a guaranteed living income as well as investment in community infrastructure.

"I think a lot of employers, small employers, appreciate the assistance from the federal government. A lot of small businesses wouldn't survive without it," suggested Carrier, who also emphasized a need for more job training.

As for immigration, Wiebe said their party prioritizes controlled immigration with a focus on skilled immigrants.

"Everybody deserves a chance to work ... we should open the doors to immigrants in an equitable manner," noted Carrier.

Bergen agreed there is a need to support more skilled labour while also needing to help people who need to find refuge.

"We would like to help immigrants contribute to the economy," said Friesen, who cited the example of improving foreign credential recognition here in Canada so that immigrants can better put their skills to use.

Canadians head to the polls Sept. 20.

> ORCHARD, FROM PG. 12

back home on a regular basis to see both friends and family.

Q. Any last words you wish to send to our readers?

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The Carman-Dufferin
STANDARD

Emergency funding pledged to help beekeepers with cost of supplemental feed

By Patricia Barrett

Manitoba's third year of drought not only decimated pastures and left livestock short of feed, but it also deprived bees of nectar and pollen during foraging season and affected their ability to store enough food for the winter ahead.

Provincial agriculture minister Ralph Eichler announced a few weeks ago that the province will be providing some funding assistance under AgriRecovery to drought-affected beekeepers who'll need to purchase supplemental feed.

The federal government had announced mid-August funding of up to \$500 million under AgriRecovery, a cost-shared disaster relief program, to help livestock and agricultural producers in drought- and wildfire-afflicted regions of Canada. The federal government pays 60 per cent of program costs while provincial governments pay 40 per cent. Manitoba pledged \$62 million towards its share.

Paul Gregory, who sits on the board of the Manitoba Beekeepers' Association and owns Interlake Forage Seeds and Interlake Honey Producers in Fisher Branch, said bees are vital to the farming industry and beekeepers' feed costs have gone up 30 to 40 per cent from an average year.

"It's just so welcome that the minister mentioned beekeepers in his AgriRecovery speech," said Gregory last week. "Seed growers are relying on clover seed and trefoil seed coming in. There's also buckwheat and sunflowers and a bunch of other crops – which are worth way more than honey – that are reliant on insect pollination."

Bees are considered livestock, he said, and beekeepers that were hit hardest by the drought are in the north Interlake region. The considerable rainfall in August came too late.

"For us, we'd be looking at \$15,000 to \$20,000 higher feed costs. This would include pollen patties or protein patties that make up extra feed," said Gregory. "Right through spring it was so dry. Normally, the dandelion flower is pretty good but it just dried up so there were extra feeding costs in May-June and certainly in August."

Gregory's company provides seeds and the bees needed to pollinate crops. He has about 85 bee yards (a collection of bee hives situated near fields) located in the Arborg, Poplarfield and Fisher Branch areas.

"Farmers need to have bees in their fields," said Gregory, who trains people new to beekeeping and provides advice. "When we contract out a field, there's no cost to the farmer for the bees. Farmers get increased seed yields and we get a honey crop."



The water was too deep for the bees and they had to be rescued with a pool skimmer.

With unrelenting hot weather and bone-dry conditions this spring and summer, Gregory said he was forced to haul in barrels of water to keep the bees alive.

"Water and the diesel used to transport water barrels were extra costs for beekeepers," he said. "We probably put out between 75 and 100 barrels of water because the ditches had dried up and dugouts were dry."

The beekeeping industry is regulated by the Manitoba government. The total number of hives that operated in the province in 2020 was 118,697 of which 113,830 were commercial and 4,867 were non-commercial, according to the government's 2020-2021 wintering loss survey of 694 registered commercial and non-commercial beekeepers.

The survey found a 13.2 per cent loss in the number of full-sized bee colonies that survived the winter outdoors and were considered viable. There was a 17.4 per cent loss of full-sized colonies that survived the winter indoors. The Top 4 causes of death were poor queens, weak colonies in the fall, starvation and weather conditions.

The COVID-19 pandemic, which arrived in Manitoba in March 2020, also affected the beekeeping industry. The Top 3 COVID-related issues that were reported in the government's survey were access to labour, access to beekeeping supplies and access to bees.

Beekeeping in Manitoba really took a hit in the 1980s with a loss of almost 40 per cent of its beekeepers, said Gregory. Low honey prices, weather events, bee kills from pesticide, no funding assistance from the province and the loss of bees' natural habitat all contributed to the decline.

"You see how farmers have opened up fields and there's just not a lot of wild bush area around for native bees," he said. "You go into the wild expanse of the Prairies and don't see the insects you used to see, especially honeybees which are essential."

Bee kills from pesticides was a regular occurrence in the Fisher Branch area at that time.

"In the '80s bee kills were common-

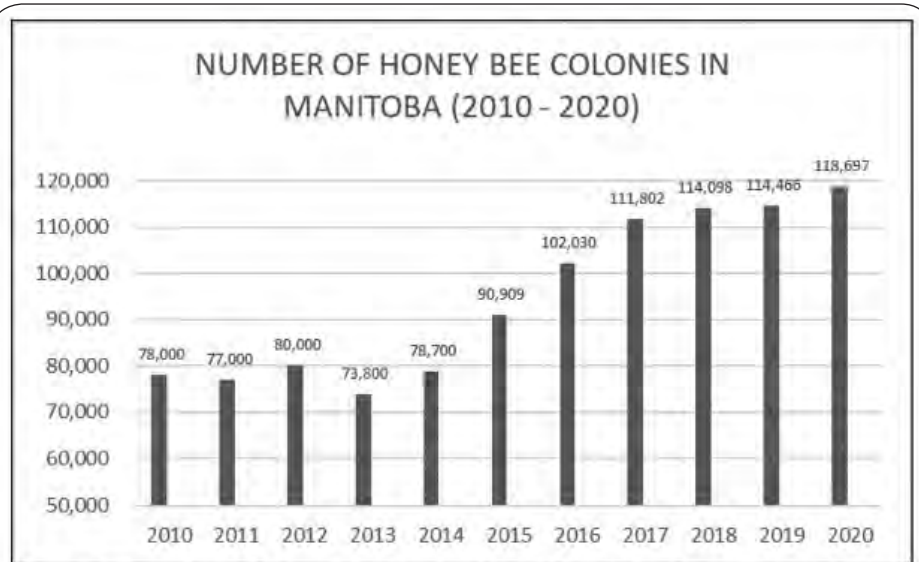


Figure 2. Number of Honey Bee Colonies in Manitoba (2010 – 2020)

PROVINCE OF MANITOBA 2020 ANNUAL BEEKEEPING REPORT
The number of honeybee colonies have increased in Manitoba between 2010 and 2020 but is expected to plateau in the next few years.



FILE PHOTOS BY PATRICIA BARRETT

Bees were in desperate need of water during last year's drought. They swarmed this backyard swimming pool near Argyle in July.

place up here; we'd probably get three or four bee kills a year. It was sickening because there were piles of dead bees, the place stank and it was an awful feeling to have your hives wiped out," said Gregory. "Farmers are being very careful now, not spraying pesticide on crops during the day when the bees are active because that's like cutting your own throat. They know they need the honeybees to pollinate their crops."

Although the province is set to help beekeepers with the cost of purchasing supplemental bee feed, the amount has yet to be determined. And assistance will likely not be available for reduced honey yields, said Gregory.

Most of the beekeepers he said he knows in the region had honey flow "shut down" in the first week of August whereas in normal years it continues until September. The rain did help some fields, but it's too late in the season to make a difference as they're starting to winter down.

"There are some areas east of Arborg and here and there towards Teulon where there are some late

fields blooming. Out of our 85 or so bee yards, maybe 10 to 15 have late blooming honey," he said. "Guys who normally get 180 pounds of honey got 65 to 70 pounds, about half or a third of their honey crop. We did around half. But a low honey yield was not mentioned in the [AgriRecovery] program."

The Manitoba Beekeepers' Association doesn't yet have the numbers showing who got hit and how badly they got hit, said Gregory, but the board will be sitting down to assess the fallout from the drought once all the information is in.

"It's not black and white. Some areas had not a bad honey crop and some areas are having a good fall flow because they had enough rain. We're looking more towards the areas [municipalities] that had declared a disaster," he said. "But any beekeeper is welcome to put in an application. If a producer had a given number of dollars in the cost of feed and that's doubled, we'll take a look at it and that portion will be covered by the government."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

MHSAA updates return to school sport plan

From the MHSAA

The Manitoba High School Athletic Association updated its Return to School Sport plan on Sept. 7.

The MHSAA will continue to re-evaluate and adapt as new information and guidelines become available, with the best interest of the student-athletes always in mind.

It is vital that before any Return to School Sport occurs, that you consult and obtain approval from your school division's administration or school administration for independent schools.

Further, each school's administration will be responsible to determine how Return to School Sport will be implemented in their building, ensuring all current Provincial Public Health Orders are followed and each sport specific Return to Play Protocol is being adhered to.

Use of masks

Current Public Health Order: A person who enters or remains in an indoor public place must wear a mask in a manner that covers their mouth, nose, and chin without gapping. The above statements do not apply in respect of the following: a child who is under five years of age; a person with a medical condition that is unrelated to COVID-19, including breathing or cognitive difficulties, or a disability, that prevents them from safely wearing a mask; a person who is unable to put on or remove a mask without the assistance of another person; a

person who is swimming or engaged in other athletic activities; a person who needs to temporarily remove their mask while in the indoor public place for the purpose of: receiving a service that requires the removal of their mask, consuming food or drink, an emergency or medical purpose, or establishing their identity.

Schools must adhere to each sport specific Return to Play Protocol and facility guidelines regarding the use of masks, and if they are needed be worn on the field of play while actively participating in the sport. If there is a discrepancy in mask use policies between a sport specific Return to Play Protocol and a facility or school division policy, the policy with the highest level of protection must be adhered to for all participating.

Immunization

In the current Public Health Orders, there are no immunization requirements for K-12 students to participate in indoor school sports. All coaches, team personnel, and officials 18 years of age and up must be fully vaccinated to participate in all indoor school sports. There are no current immunization requirements for outdoor school sports.

It is the full responsibility of each school to ensure their coaches, team personnel, and officials staff comply with all Provincial Public Health Orders regarding immunization.

Exhibition and league play

The MHSAA permits exhibition and league play provided that the zone receives approval from their respective school division(s), or school(s) administration for independent schools.

All current Provincial Public Health Orders must be followed and the sport specific Return to Play Protocol must be adhered to. No out-of-province teams are permitted to participate.

Tournaments

Hosting and participating in tournaments within Manitoba may proceed. The MHSAA is accepting sanctioning requests for tournaments in all sports. All teams participating must have received approval from their respective school division(s), or school(s) administration for independent schools. All current Provincial Public Health Orders must be followed and the sport specific Return to Play Protocol must be adhered to. No out-of-province teams are permitted to participate.

As per Manitoba Education's Restoring Safe Schools 2021-22 Guidelines, overnight trips remain prohibited. This is subject to change. Any change will follow Public Health Recommendations and Orders at the time.

Provincial championships

Provincial Championships will take place, if and when possible. Currently provincial championships have been paused due to Manitoba Education's restriction on overnight trips. All teams participating must have received approval from their respec-

tive school division(s), or school(s) administration for independent schools. All current Provincial Public Health Orders will be followed and the sport specific Return to Play Protocol will be adhered to. mhsaa.ca Spectators

As per current Provincial Public Health Orders:

Outdoor facilities: The number of spectators at an outdoor sporting or recreational facility must not exceed 50 per cent of the usual spectator capacity of the facility.

Indoor facilities: Indoor sporting and recreational facilities must not operate unless admission of members of the public to the facility is restricted to the following: persons who produce proof that they are fully immunized; persons who produce proof from the Government of Manitoba that there is a medical reason for the person not to receive a vaccine for COVID-19; persons under 18 years of age. For certainty, the above applies to spectators who are watching sporting or recreational activities at the facility.

It is the full responsibility of the 'home' or host school to ensure the Provincial Public Health Orders regarding spectators are adhered to.

Interprovincial travel and tournaments

MHSAA member schools will not be sanctioned to travel out-of-province or attend out-of-province tournaments at this time and until further notice.

Twisters kick off season with a win over Twins

Staff

The Pembina Valley Twisters started off exhibition play this past weekend on a winning note.

The MMJHL team beat the Fort Garry Fort Rouge Twins 6-4 in Winnipeg.

The Twisters jumped on the Twins quickly with two goals before the game was two minutes old and then held a 4-0 lead after one period.

Scoring for Pembina Valley were

Caelan Russel, Zander Carels, Luke Van De Velde, Zach Tetrault, Travis Penner and Jackson Wilson.

Sean Penner made 23 saves with the Twisters outshooting the Twins 49-27.

Pembina Valley pays a visit to Transcona Friday and St. Boniface Sunday to wrap up pre-season play.

The regular season schedule was not yet available at press time.

Female Hawks unbeaten in pre-season

Staff

The female U18 Pembina Valley Hawks remained unbeaten in exhibition play so far with a win and a tie this past weekend.

The MFML team beat the Westman Wildcats 5-1 Saturday in Brandon and followed it up with a 2-2 draw Sunday with Pilot Mound Prep.

Coming off an earlier 3-2 win over the Eastman Selects, the Hawks took period leads of 2-1 and 4-1 on Westman with Gracie Carels getting a pair of goals. Annika Braun, Mackenzie Couling and Cambree Martens also scored for Pembina Valley, while Kay-

lee Franz stopped 28 of 29 shots on goal.

On Sunday, the Hawks fell behind 1-0 in the second before scoring a pair in the third. Couling had a goal and an assist for the Hawks with the other goal coming from Martens, while Tria Enns stopped 22 of 24 shots for Pembina Valley.

The Hawks wrap up exhibition play with three games this week starting with the Winnipeg Avros Wednesday followed by a pair against the the Rink Hockey Academy Saturday in Winnipeg and Sunday in Carman.

get inspired

> MEAL IDEAS



Heart Smart Grape and Peanut Butter Smoothie

Prep time: 5 minutes
 Servings: 1
 1 cup red California grapes, chilled
 2/3 cup unsweetened almond milk, chilled
 1/2 cup ice cubes
 1/2 small banana
 1 tablespoon peanut butter
 1 tablespoon ground flax seed
 2 teaspoons cacao powder

In blender on high speed, blend grapes, almond milk, ice, banana, peanut butter, flax seed and cacao powder until smooth.



Quinoa, Cauliflower and Grape Salad

1 tablespoon lime juice
 1 tablespoon honey
 1/2 teaspoon ground cumin
 1/2 teaspoon dried oregano, crumbled
 1/2 teaspoon fine sea salt
 1/4 cup extra-virgin olive oil
 freshly ground black pepper, to taste
 Cook quinoa according to package directions and drain on two layers of paper towels. Transfer to mixing bowl. Add cauliflower, grapes, scallions and avocado pieces.
 To make dressing: In small bowl, whisk vinegar, lime juice, honey, cumin, oregano and salt until blended. Gradually whisk in oil. Drizzle dressing over quinoa mixture and toss gently. Season with pepper, to taste.

Prep time: 15 minutes
 Cook time: 15 minutes
 Servings: 8
 1 cup white quinoa
 1 small head cauliflower, trimmed and cut into small florets
 1 1/4 cups red California grapes, halved
 3 scallions, trimmed and thinly sliced
 2 ripe avocados, diced 1/3 inch
 Dressing:
 2 tablespoons white wine vinegar



Stuffed Bell Pepper Casserole

1 can (28 ounces) crushed tomatoes
 1/2 cup long-grain brown rice
 1 teaspoon oregano
 1/2 teaspoon garlic powder
 8 ounces shredded sharp cheddar cheese
 Heat oven to 350 F.
 In large skillet over medium heat, add turkey, onions, salt and pepper. Break up turkey and cook until browned.
 Add turkey mixture to 9-by-13-inch baking dish. Add bell peppers, crushed tomatoes, brown rice, oregano and garlic powder. Mix until combined. Cover with aluminum foil. Bake 80-90 minutes until rice is tender.
 Remove foil, add shredded cheese and bake 5 minutes until cheese is melted.

Servings: 4
 20 ounces ground turkey breast
 1 yellow onion, chopped
 1/4 teaspoon salt
 1/4 teaspoon pepper
 3 large bell peppers, chopped (1 each red, yellow and green)



Christine Ibbotson

Dear Money Lady Readers – my daughter said to me the other day that she had FOMO and I had no idea what she was talking about.....

If you don't already know, let me tell you what the young are now calling "FOMO"- the "fear of missing out."

Personally, I believe that the rise of all of our new FOMO feelings is due to social media. Something that most of us have heavily indulged in due to COVID. Nowadays, everything is instant and on display right in front of you so that you feel envy and regret about how others have more or are doing more exciting things than you. The COVID restrictions have definitely caused us to experience these feelings more than ever before.

In the past, when you ran into someone and asked them how they are, and they told you about their latest purchase or fancy vacation, you really had no time to feel that you were missing out on other people's awesome experiences. But now we get to feel this instantly through our phones or on Facebook because we have been isolated and restricted to socially interact. We have had over a year of seeing all those wonderful pictures of other people's lives on the internet and now feel we somehow have been missing out on life and are no longer happy with what we have. Now more than ever, there seems to be a pent-up demand for purchasing, upgrading, buying more and of course, saving less.



AsktheMoneyLady.ca

Why not take a FAST from the FOMO. Turn off the social media, either for a couple of hours, days or weeks. This will do wonders for making you feel better about your own life and stop the comparisons of your regular life to the polished versions of those online. Remember that credit card companies build their business on you borrowing from your future. They want you to buy now rather than save to buy later. With credit, it's easy to fall for the instant gratification and convince yourself that later can take care of itself. Be careful not to create "excuse spending." This is when we feel we are justified to spend because we deserve it. We may think all the hard work we have done, the sacrifices we have made, and the lack of acknowledgement for that work and those sacrifices, warrants or entitles us to that splurge spend....because we deserve it.

But, what do you really deserve? Do you feel you are missing out?

If you think that material possessions or experiences are the things you deserve, then you need to think again.

What you deserve is to be free from future financial stress. Remember that while those purchases may feel luxurious in the moment, they could land you in financial stress that you don't deserve. I am not saying that you need to deprive yourself, but if you are suffering from FOMO and feel you need to reach to credit to improve your situation, remember that enjoying a stress-free financial life, honestly feels a lot better than any new car ever could.

Good Luck & Best Wishes,
 Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca



No-Bake Energy Bites

1 pinch sea salt
 8 seedless California grapes
 1/3 cup chia or hemp seeds
 In bowl of food processor, pulse almonds and walnuts 5-6 times to coarsely chop. Add dates and process until mixture is finely chopped. Add juice and process until just combined; transfer mixture to small plate.
 Dry grapes. Pack 1 tablespoon date mixture around each grape, completely covering to seal. Repeat with remaining grapes and date mixture.
 Roll balls in seeds to coat. Store in covered container in refrigerator up to three days.

Prep time: 20 minutes
 Yield: 8 energy bites
 1/3 cup raw almonds
 1/3 cup walnuts
 1/2 cup pitted dates
 1 1/2 teaspoons fresh orange juice or lemon juice

Classifieds

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The Carman-Dufferin
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2 bedroom house for rent, 135-3rd St NW in Carman. \$1,200 plus utilities. No smokers, no pets call 204-750-0014. Available Oct. 1.

ESTATE SALE

Estate sale for Barrie and Lucile Sanders, Sat., Sept. 18 from 10 a.m. - 4 p.m. 31 Boyne Cres., Carman. Furniture, electronics, household items, yard tools, J.D. riding lawnmower, computer, power lift chair & much more.

MISCELLANEOUS

Need staff??? Let us help! The blanket classifieds get seen in the 37 Manitoba Weekly Newspapers. Get noticed in over 352,000+ homes, for as little as \$189 + GST! To learn more, Call the Carman-Dufferin Standard at 204-467-5836 or MCNA at 204-947-1691 for details. MCNA - Manitoba Community Newspapers Association. www.mcna.com

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having an event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

The Carman-Dufferin
STANDARD
204-467-5836

WANTED

WANTED NOW - 1970-76 Plymouth Duster for client build. Must be a rust-free body. Any model considered. Rockhaven Auto 204-793-610.

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NOTICE OF ANNUAL MEETING

RIVERVIEW LEGION PLACE, INC. CARMAN, MB.

WEDNESDAY, SEPTEMBER 15, 2021 AT 7 P.M.

AT CARMAN LEGION BRANCH 18 (PRIOR TO BRANCH GENERAL MEETING)

ONLY VOTING MEMBERS OF BRANCH 18 LEGION AND LADIES AUXILIARY MAY ATTEND.

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SAFETY COORDINATOR/ACCESSIBILITY COORDINATOR/EMERGENCY COORDINATOR

Council of the Rural Municipality of Grey will be accepting applications for the above noted position. This position will be full time and the person filling this position will be responsible for the following tasks:

- **Safety Coordinator**
 - Maintain and update the Safety and Health Policy
 - Provide leadership and strategic direction on the Safety and Health program
 - Continuously improve Safety and Health Program elements including safety training and orientation, safe work procedures, hazard analysis and regular inspections
 - Ensuring compliance with incident reporting, policy creation, enforcement and legislative requirements and communications
 - Collaborating with management and staff to adhere to and improve our Safety and Health program and policies
 - Provide guidance and ownership of processes for the Safety Committee
 - Knowledge of the Safety and Health Act, Provincial Regulations and Workers Compensation Board programs would be an asset
- **Accessibility Coordinator**
 - Oversee the Accessibility Plan
 - Update the Accessibility Plan as necessary
- **Emergency Coordinator**
 - Oversee the Emergency Plan
 - Update Emergency Plan as necessary

For all three aspects of the job, successful candidate must:

- be able to work with minimum supervision
- have good organizational and record keeping skills
- have computer experience especially with Microsoft Office applications (Word, Excel, PowerPoint and Outlook)
- be willing to participate in courses/training for all three areas of the position

Salary is dependent on qualifications and a comprehensive benefits package is available.

Please submit applications including references and salary expectations by 4:30 p.m. on Monday, September 27, 2021 and marked "Safety/Accessibility/EMO". Please submit information to:

R.M. of Grey
Box 99, 27 Church Avenue East,
Elm Creek, MB R0G 0N0
kim@rmofgrey.ca



Further information regarding the above position can be obtained from the Municipal Office at 204-436-2014.

NOTE: We thank everyone who takes the time to submit an application, but only those selected for an interview will be contacted.

Applicants may request reasonable accommodation related to the application and interview process.

IMMEDIATE POSSESSION

1 bedroom suite, appliances and air conditioning included. Large patio, shared laundry, mail delivery, secure locked entrance, non smoking. For more information or viewing email at carmanapts@gmail.com or call 204-751-0039

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Qualifications include:

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- Ability to understand and communicate in English (verbal/written)
- Ability to work in various weather and dust
- Ability to work in elevated areas (4 feet and above)
- Possession of a valid Class 5 driver's license
- Available to work overtime, weekends, and holidays with advance notice
- Basic knowledge of operating a computer would be considered an asset
- Experience operating a front-end loader would be considered an asset

To apply online, go to Cargill.ca/Careers/ProductionJobs and select "Carman" from the City drop down menu.

Cargill is an equal opportunity employer and committed to providing accommodation to our job applicants with disabilities.



PUBLIC NOTICE

RURAL MUNICIPALITY OF GREY

Pursuant to Section 194 of The Municipal Act, notice is given that the financial statements and auditor's report for the Rural Municipality of Grey for the fiscal year 2020 are available for inspection by any person during the regular office hours of the Rural Municipality of Grey office at 27 Church Avenue East in Elm Creek or on our website at www.rmofgrey.ca. Dated at the Rural Municipality of Grey this 9th day of September, 2021.

Kim Arnal, CMMA
Chief Administrative Officer
Rural Municipality of Grey

Classifieds Announcements



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OBITUARY



Frances Hazel Calverley (nee Cook)
28 February 1934 - 7 September 2021

Frances was the much loved only child of Gertrude and Henry Cook. Henry came from a farming family as did Gertie. Both Gertie and her mother, Leona, were school teachers who prized education very highly. Though without siblings, Frances grew up in a large extended family of cousins, aunts and uncles.

Gertie and Henry had a dairy farm near Cache Bay, Ontario where the Cooks had farmed for several generations. Through careful management and hard work they saved enough to send Frances to Guelph to study Veterinary Medicine. This was an unusual choice for a young woman in 1953. Frances had to work hard to earn her place and she did well in her examinations. She met her husband and partner John Leveson Calverley, on the first day as the seating in lecture halls was alphabetical. They fell in love and married in 1955.



After graduation they went west to Saskatchewan to practice veterinary medicine in what were often quite primitive conditions. They loved this pioneering adventure and spoke often of it in later years. On their way west they had passed through Carman and thought it was a nice little town. When Frances was expecting her first child, Earl, they moved to Carman and started both a large and small animal practice.

Two years later, they had a daughter, Michelle and four years on, a second son, Andrew.

Frances always had a wide range of interests and got involved in many clubs and organizations. She had particular interests in gardening, in education, in civic affairs and was sustained by a lifelong Christian faith.

With some friends, Frances and John founded the Young Citizen's Group in Carman which was responsible for the establishment of the Boyne Lodge, where Mom spent the last years of her life. She campaigned for a Public Library and made badges for all the neighbourhood kids to wear. She loved to sew and made many pieces of clothing for herself and her daughter.

When they retired Frances and John did a great deal of travelling to Egypt, India, Australia, New Zealand and built themselves a house that gave them a lot of happiness.

Frances was a skilled surgeon and a compassionate veterinarian who refused to dock tails on dogs, as she felt it was cruel.

She was a talented artist who without specialist training could draw animals, buildings and maps accurately and to scale.

She loved to sing in the choir and sang whenever there was an opportunity to do so.

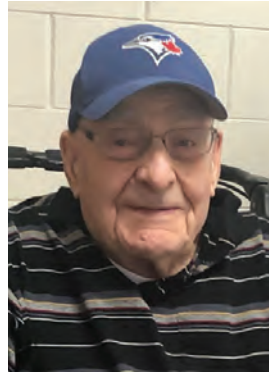
She made a beautiful garden. Sharing it generously with others gave her a great deal of pleasure. She was always elegant and full of grace.

She leaves behind Earl and Beverly, Andrew and Elizabeth, Michelle and Nigel and granddaughter Amelia.

Beloved mother and grandmother Always loved, Always missed.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

OBITUARY



Hugh Albert Clearwater
July 18, 1917 - September 7, 2021

Peacefully on September 7 with family by his side Hugh left his earthly life at the age of 104 to join his dear wife Grace and numerous other beloved family members on Heaven's great shores.

Hugh was born in Roseisle, Manitoba, the eldest child of Del and Edith Clearwater. He spent his childhood on the family farm and settled just across the road where he lived most of his adult life with his wife of 52 years, Grace. Hugh was a valued member of the community, a skilled mechanic, and lover of farming. He cherished family and was always giving of himself.

Though he will be very much missed he leaves a long legacy of love and memories that will not be forgotten.

A private family gathering was held on Monday, September 13, 2021 in Carman, MB with interment in the Roseisle Cemetery.

Our family wishes to extend our sincerest gratitude to the doctors, nurses, and staff at the Foyer in Notre Dame for their long-term compassionate care of Hugh over the last seven years.

In lieu of flowers donations can be made to Tribal Trails PO Box 3030 Station Main, Prince Albert, SK, S6V 7V4 or the Roseisle Memorial Rose Garden Box 65, Roseisle MB, R0G 1V0.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

IN MEMORIAM



Dick Boon
Father and son working
in harmony
Passed away May 2013

Ever lovingly remembered by his beloved wife, Frances (nee Chaboyer), beloved son Robert (co-worker on high buildings), and beloved daughter Tammy (her inspirational trek down and up the Grand Canyon embodied the family love of climbing, heights and the canyon). At the time of his passing, we were working on a neon electrical sign museum, and already had a major donation of a neon

spectacular sign from Sign Friends, and a 3 acre property for it. The family corporation, Inter City Neon Plastic Signs and Services was his pride and joy, working with his wife and son 24/7 for 25 years, plus daughter Tammy, when available.

We travelled all over Manitoba, east to Thunder Bay and simultaneously had a customer base in Winnipeg. We had memberships in the Sign Association of Canada, National Electric Sign, International Sign Association NALMCO (lighting contractors), developing friends throughout North America. He installed major signs at Portage and Main, as well as maintenance of them and other high rise buildings in Winnipeg, Regina and Calgary. From 1989, we travelled to the GTA annually in September spending time with clients, suppliers and sign companies and colleagues. We enjoyed and appreciated their friendship and support over the next 20 years and more, which led us to establish a second home close to the GTA lakeshore. He enjoyed his sign colleagues, or as he would call them, his "work brothers" and son, Robert, became a fellow work brother. He enjoyed working in Carman and surrounding area.

He loved the Lord and enjoyed attending with his family, a smaller church the last 5-6 years of his life and believed in doing special things for his community.

Our home was full of love, music and laughter. Dick and our kids loved to sing and Robert and Tammy played several instruments between them, including piano.

Robert had a high school rock band that he composed the music for and they practiced in our rec room regularly. Both Robert and Tammy had vocal lessons from Roy Petty when he returned to Winnipeg - having had his own TV show - he became a great friend to the four of us.

At 47, he climbed to the top of the suspension bridge over a tributary of the Amazon while doing volunteer work in Equador. His favourite saying was "I've been everywhere, travelled each and every highway, flew in a helicopter beneath the rim of the magnificent Grand Canyon, white-water rafted in Alaska, hot air ballooned in Albuquerque, flew the Big Bird over Carpathian Mountains to visit three orphans we supported, rode horseback in the Black Hills, handling both his and his four year old daughter's reins, cruised the Caribbean, Mediterranean, Adriatic and Alaska, enjoyed the night life of Paris and other major cities" and his favourite song was "Until Then I'll Go On Singing". Unfortunately, in September 2007, Dick had a medical emergency that affected the rest of his life.

His grandparents always said he had a heart of gold, a total gem. He was predeceased by his beloved mother, Jenny (nee Vandorp) Boon and eldest namesake brother in infancy.

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September is Childhood Cancer Awareness Month

When a child is going through cancer treatment, they have a lot of hard days. They face long hospital stays, treatments that last months or even years, too many medications to count, uncertainty about the future... but they still show us everything they can do.

While these kids focus on what they can do, this Childhood Cancer Awareness Month, we're asking you to join us in showing what we can do for them. We can make treatment for childhood cancer easier.

Childhood Cancer Canada and Coast to Coast Against Cancer Foundation supports families across the country who have been impacted by childhood cancer with programs that include: Empower Packs, provided to children newly diagnosed with cancer; the COVID-19 Emergency Fund, for Canadian childhood cancer families in active treatment who have been financially impacted by the current crisis; Survivor Scholarships, for childhood cancer survivors with post-secondary academic aspirations; and the Benevolent Fund, that provides financial assistance to help a family cover the costs of their child's funeral. The Foundation is also the primary charitable funding partner of clinical trials and childhood cancer research for C17, comprised of leading pediatric oncologists and hematologists in Canada.

To join the awareness campaign, please follow @childhoodcancer and @beyondkidscancer on social media using the tags #HeroPoseChallenge or #MakeCanadaGold.

For more information on Childhood Cancer Canada, please visit childhoodcancer.ca. For more information on Coast to Coast Against Cancer Foundation, please visit: coasttocoastagainstcancer.org.

Childhood Cancer Canada is one of Canada's leading foundations dedicated to funding national research while delivering outreach, vital educational and community programs to children and families affected by cancer. Our focus is on saving, enhancing and extending the lives of kids with cancer.

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Coast to Coast Against Cancer Foundation

Coast to Coast Against Cancer Foundation raises vital funds for childhood cancer programs and charities by conducting high quality, memorable, physically challenging events encouraging active and healthy lifestyles. These events engage sponsors, participants, donors and volunteers. We are a national foundation with community-level engagement. Through our knowledgeable and experienced granting committee, we ensure every dollar has maximum impact in the areas of highest need for tangible results in the fight against childhood, youth and young adult cancers.



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