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Edie, 11, (left) and her 14-year-old brother Ben, took their dogs Buddy and Jake for a walk through Kings Park Saturday and took in the REDress exhibit while they were there.

STANDARD PHOTO BY BECCA MYSKIW

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"The greatness of a community is most accurately measured by the compassionate actions of its members." - Coretta Scott King

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Taking a chance and fulfilling a dream

By Becca Myskiw

It was 1927 when Bert Cumber was born, beginning the next 95 years of a life well lived.

Cumber was one of nine children. He had five brothers and three sisters — his three older brothers went to fight in the Second World War. Within a month of signing up, all three were sent to England and from there, they went their separate ways.

One of Cumber's brothers was wounded while fighting in Spain after only a month overseas. Another was in Holland when it was liberated and the third was on Juno Beach on D Day. Fortunately they all came home to Cumber and his family.

While his brothers were off fighting, 15-year-old Cumber was working on the family farm. He got his Grade 8 education, dropping out in Grade 9 because school proved to be too expensive for his family. So he then went to work for their neighbour in Roseisle and there Cumber learned how to drive a tractor.

Cumber and his family used horses on their family farm so learning to drive a tractor was nothing but exciting for him.

"I'm going down the fence line and he's yelling 'woah with the tractor,'" said Cumber. "And I went right through the fence."

Cumber worked on farms for a few more summers before working in B.C. for a year then getting into road construction back home for the next 15 years.

It was during those years he met his now wife, Velma. She was teaching but came back to Roseisle on the weekends to work in her parents' shop.

"We were out in a job," said Cumber. "And I said, 'You know something? I'm going to marry a girl. I can pick her up with one arm and walk away with her.' They said, 'You're just bragging.' I said, 'You'll see.'"

He and Velma dated for three years before getting married in 1959. Three years later, they started on the biggest endeavour of their lives.

Cumber was offered a full time job in Winnipeg while he was working construction. He declined the job, saying he had a dream — and he was going to make it a reality.

His dream was to be his own boss and to run a bulk oil company. He

got what he needed from the bank, was affiliated with Shell, and before he knew it, Cumber owned his own company.

"My neighbour comes over, looks at me, and says, 'You'll starve to death.' And I said, 'Thank you but if I do I won't have asked you for anything.'"

Cumber changed the drum oil business he took over to a truck one. The first truck he bought in 1962 was around \$6,000. The last one he bought was around \$92,000.

Cumber was the sole driver of BI Cumber Enterprises, with his wife working in the office. The couple started with about 16 customers and by the time they retired in 1992, they had over 250.

"I had in my mind I could build a business from Roseisle to Portage la Prairie," said Cumber. "And I did."

He said the key to building a successful business is liking people and showing it. He'd spend time having coffee and cake with his customers and got to know each of them personally. BI Cumber Enterprises was also operating six days a week and even delivered fuel at 2 a.m. when people needed it most.

"As Bert always said, 'If you're healthy and you work hard, you can get your dream,'" said Velma.

Because they were Shell agents, the Cumber family got to go on eight vacations with the company. They've been to Mexico, the Bahamas, and different parts of the USA. On their own, they've also been across Canada and to Europe.

In Europe, they visited Juno Beach



STANDARD PHOTO SUBMITTED

Bert Cumber is 95 and has lived a life full of nothing but happiness. Bert and his wife ran a successful oil business.

with Cumber's brother. He showed them right where he landed there in the Second World War. They also went to parts of Germany, Italy, France, Belgium, and Switzerland on that trip, seeing different war memorials war sites.

Cumber and his wife also had cattle on their farm in Roseisle. He started with black cattle, then moved to Herefords, then Charolais. They got rid of their cattle when Cumber was 75.

He and his wife had two daughters and now they have one granddaughter. They retired from the bulk oil business in 1992 and moved to Carman from Roseisle in 2010 where they now live.



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CAF grants out total of \$111,800 this year to 39 projects

By Becca Myskiw

The Carman Area Foundation (CAF) announced at their gala last week the 39 projects funded this year with a combined near \$112,000.

Vice-chair of CAF, Janine Lodder, said the gala seemed to be a successful event this year, though they won't know how much money it brought in for a while. It relies completely on donations made by people afterwards.

The gala sold for 396 spots. Each of those people got to pick a burger from eight local restaurants for their gala meal — McGee's Original Grill, Carman Golf and Curling Club, Breakaway Family Restaurant, Elm Creek Café, Scotswood Links, Chicken Chef, Crazy Lady's Cafeteria, and Big Willy's Pizza.

Along with their burger, gala goers got a grab bag to take home that had a wine glass with the CAF logo on it (sponsored by Benefits RX and the Carman Pharmacy), a dessert (sponsored by Aubin's Nurseries), and a list of this year's grant recipients.

"Some [organizations] apply for large amounts but that won't happen until we get bigger because we want to be able to give something to everybody," said Lodder.

Carman Palliative Care received a grant of \$9,075 for two ISO beds. The Dufferin Agricultural Society re-

ceived \$7,333 for riding arena lights and electrical outlets and another \$750 for a barn quilt sign. The Back Door Youth Centre received \$6,000 to put towards their capital project and Golden Prairie Arts Council (GPAC) received \$5,000 for courtyard beautification and \$635 for a new hard drive.

Other grants:

- Carman Elementary School: \$5,000 for kitchen renovation
- Big Brothers and Big Sisters of the Pembina Valley: \$3,000 for Carman mentoring
- Boyne Regional Library: \$1,990 for meeting room upgrades
- Boyne Ukulele Group: \$1,500 for music documentary
- Carman and Community Chamber of Commerce: \$2,400 for new bike racks
- Carman Community Garden Group: \$1,000 for a new woodchipper
- Carman Dufferin Communities in Bloom: \$3,000 for Main Street planters
- Carman Dufferin Recreation: \$1,140 for pool aids and life jackets, \$3,300 for ceiling mounted projector, \$4,600 for campground shower floor resurfacing
- Carman Golf and Curling Club: \$1,802 for the junior golf program's new clubs
- Carman & Area Ball Dia-

mond: \$3,000 for batting cage netting

- Carman & Family Resource Centre: \$650 for new furniture
- Carman Handi-Van Corp.: \$700 for maintenance and operation
- Carman Wellness Committee: \$2,000 for office and resources in the memorial hall
- Child & Family Services: \$3,500 for Chance 2 Grow Program and extracurricular support
- Dufferin Historical Society: \$1,500 for renovating stairs
- Elm Creek Canada Day committee: \$3,000 for picnic tables
- Elm Creek Community Hall: \$2,500 for plumbing replacement
- Elm Creek Parent Advisory Council: \$1,500 for a new school projector
- Elm Creek Skating Rink: \$2,800 for water bottle fill station
- Elm Creek Stay N Play Centre: \$5,000 for new daycare furniture
- Linear Grain Donor Advisory Fund: \$5,525 to be granted throughout the year to underprivileged children
- Midland Nursery School: \$1,500 for new furniture
- Prairie Rose School Division: \$400 for D.R. McClement Scholar-

ships

- Rock Lake United Church Camp: \$500 for a new BBQ
- Roland Pumpkin Fair: \$1,700 for new IT equipment
- RM of Roland: \$5,000 for a toboggan slide
- Sperling Community Centre District Committee: \$2,000 for new smart television of seniors' coffee time, \$4,000 for upgrading of new interior rink lights
- Sperling Cemetery Board: \$1,000 for planting new trees
- TLC Centre: \$5,000 for a kitchen counter replacement
- Wee Care Child Centre: \$4,500 for Phase 2 of the playground upgrade



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— Mindie Copet, Director of Sales, Canad Inns Winnipeg, Manitoba

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REDress Project sets up in Carman for another year



The dresses symbolize the missing and murdered Indigenous women and girls in Canada.

By Becca Myskiw

Tens of dresses were swaying in the trees at Kings Park last weekend as the REDress Project came to Carman.

The REDress Project is an art installation by Jaime Black. It was created as a response to the missing and murdered Indigenous women and girls epidemic happening across Canada.

"The project has been installed in public spaces throughout Canada and the United States as a visual reminder of the staggering number of women who are no longer with us," says Black's website. "Through the installation I hope to draw attention to the gendered and racialized nature of violent crimes against Aboriginal women and to evoke a presence through the marking of absence."



STANDARD PHOTOS BY BECCA MYSKIW

Denise Unrau Thiessen, left, and Carolyn Wiebe of Pembina Valley REDress.

Pembina Valley REDress brought Black's exhibit to Carman again this year, after successfully showing it in 2021.

The Pembina Valley installation of the REDress Project shows red dresses (as donated by locals) hanging in the trees of whichever park they're displaying at. Denise Unrau Thiessen of Pembina Valley REDress said the dresses symbolize the missing and murdered Indigenous women and girls and the wind connects their spirit with the dress.


This year and last, they also added Every Child Matters to the exhibit, displaying orange shirts and small shoes with information on residential schools. Every Child Matters started with Orange Shirt Day, which was started by residential school survivor Phyllis (Jack) Webstad. Her first day at residential school included her new

orange shirt, bought by her grandmother, being taken from her. She felt invisible and worthless.

Orange Shirt Day highlights the damage the residential school system did to Indigenous people. It is also healing for the survivors and a commitment by all who wear an orange shirt on Sept. 30 that every child matters.


"It's extremely important for the awareness and for education," said Unrau Thiessen on the REDress Project. "One of the biggest things is it's a misconception it's in the past cause it's very much still happening and it still has the effects."

The REDress Project was up in Kings Park on Saturday from 10 a.m. to 3 p.m. It included artwork and information boards from local students. All dresses and shoes were donations.



**May 12, 2022
is Manitoba Day!**

The Manitoba Act, which created the Province of Manitoba, was passed by the Parliament of Canada, and received Royal Assent on May 12, 1870.



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Co-op upgrades Austin blending facility, pros for all customers

By Becca Myskiw

Homestead Co-op's blending facility in Austin means more access for customers everywhere.

The current blending facility and fertilizer shed facility located off the Trans-Canada Highway in Austin, is set to have renovations and upgrades starting in June of this year. Homestead Co-op plans to have everything done before the fall season.

"Homestead's aim is for our local growers and producers to be met," said general manager of Homestead Co-op, Trent Schidlowsky. "We believe in investing locally and are excited for the opportunity to upgrade our offering and serve even more of our members and guests in our

community."

Board president Lorne Hulme said because members have continued to invest in Homestead Co-op, they see the value in investing in agriculture. The board of directors support the upgrades of the blending facility.

"We recognize the importance for us to evolve to serve our communities," said Hulme.

The Agro manager for Homestead Co-op, Nicole Blyth, said they're excited for this project as they know it will benefit their members. They said the reduced wait times and ability to offer specialty products will allow producers more flexibility. The new upgrades to the blending facility and fertilizer shed will also give an increased capacity which will allow for a wider range of fertilizer products available to members. The project is subject to environmental and regulatory approvals.

**Who are you
walking for?**

Register Today!
walkforalzheimers.ca



Municipal election registration opens across Manitoba

By Nicole Brownlee

Municipal politics is often overlooked as minor issues compared to provincial and federal governments, but municipal decisions impact residents daily.

Municipalities rely on dedicated leaders to help regulate how communities look, operate and interact with surrounding areas.

"Councillors and heads of councils, we're the boots on the ground in direct connection to the residents of our municipality and the province," said Kam Blight, president of the Association of Manitoba Municipalities.

"We're responsible for providing many essential services that Manitobans depend on."

Registration to lead municipalities is opening across Manitoba.

The majority of Manitoba towns opened their registration for mayor and reeve positions on May 1, with a deadline of Sept. 20. Councillor candidate registration opens almost two months later on June 30 and closes on Sept. 20. In Victoria Beach, Winnipeg Beach and Dunnottar, mayor and reeve candidates' registration opened on Feb. 1 and is open until June 16. Councillor candidates were able to register starting on March 31, but their deadline to register is June 16.

Ideal candidates have a variety of qualities and experiences, said Blight, but what matters most is their motivation to join council.

"It's individuals who want to do what's best for their municipality as a whole," he said.

"It comes down to the person that wants to do this for the right reasons."

Any Canadian citizen who is a resident of Manitoba, has owned property in the municipality or LUD for at least six months and is over 18 years old can run for municipal office.

Members of council serve four-year terms, which start at 12 p.m. on Oct. 27 for all municipalities except for Victoria Beach, Winnipeg Beach and Dunnottar, which start on July 23.

Working on council is time consuming and entails talking about a wide range of issues that may make some candidates uncomfortable, so Blight

urges anyone interested in pursuing a position keep an open mind.

"It can be a very difficult position to be in at times, but it's also very rewarding."

Blight said one of his favourite aspects of joining council is having the opportunity to meet and work with interesting and diverse people.

"You're just one voice around that council table," said Blight, reeve of the RM of Portage la Prairie.

"I really encourage people to make sure they're good listeners, and be willing to hear other people's thoughts."

For more information about running for municipal office, visit amm.mb.ca/issues/2022elections/.

Roland Pumpkin Fair planning comeback event for October 1

By Becca Myskiw

The Roland Pumpkin Fair is back on for 2022.

After a short hiatus, the annual celebration of all things pumpkin has been confirmed for Saturday, Oct. 1.

The event will be complete with the famous pumpkin weigh off at the rink, children's entertainment, craft tables, beer gardens, food trucks, bouncy castles, the pumpkin patch tearoom, the harvest supper, and more. Roland Pumpkin Fair board member Jodi-Laine Gaultier also said because the 30th anniversary would have been two years ago, they're planning some-

thing special to celebrate it this year.

"It's a great time," she said. "We're looking forward to it. We're really hoping to put on a good show for people this year. Everyone needs some celebration I think."

To make this year's fair the best one yet, though, the board needs more volunteers. They're without six committee members now after two years without an event, and Gaultier said the more people helping, the more things the fair can offer.

Volunteers would help prepare the fair, planning everything ahead of time. That includes getting ven-

dor permits, confirming with people coming to sell their goods at the craft market, setting up entertainment, ordering food, and more. On the day of the fair, volunteers are needed to help with every individual event — running children's games, working facilities, loading pumpkins for the weigh off, maneuvering them onto the scale, taking them off the scale, and more.

Gaultier, for example, does most of her volunteering on the day of the fair. She does help with preparation and planning of course, but she's busiest in the children's centre during the event. The night before she sets

up and on the day of, she helps with face painting, pumpkin painting, button painting, pumpkin-themed crafts, and generally watching the children.

Due to the lack of volunteers, the jam tase-off in the pumpkin patch tearoom has been cancelled for this year.

"If we can get some more volunteers, we can definitely plan more activities," said Gaultier.

She's also hoping that with restrictions being gone, pumpkin growers from the USA will be able to get back to the fair this year as they have before.

To learn more about volunteering with Roland Pumpkin Fair, contact rolandpumpkinfair@hotmail.com.

'Walk Your Way' in support of Alzheimer's Society this month

By Ty Dilello

The Alzheimer Society of Manitoba is asking, "Who are you walking for?" as it launches this year's 2022 IG Wealth Management Walk for Alzheimer's, taking place virtually across the province as well as on in-person May 28th in Winnipeg.

The Walk is the Alzheimer Society's most extensive nationwide fundraiser. Now in its 30th year, it continues to help offer programs and services to meet the needs of the over 23,000 people living with dementia and their caregivers in Manitoba.

"We are so excited to virtually walk

together in support of people living with dementia across the province," says program director Erin Crawford. "It's great to see the support online of people walking their way in May and raising funds for their communities. We look forward to cheering them on."

The need for support to those living with dementia continues to rise as it's projected to nationally reach 900,000 Canadians by 2030. So this Walk is crucial every year to raise awareness and funds. The annual Walk usually comes to towns in-person across the province, but due to COVID-19 the

past few years, it has had to go virtually for the most part.

"A lot of the regional areas we are promoting are more of a walk-your-way than an actual in-person walk," said Allison Woodward, events manager for the Alzheimers Society of Manitoba. "We did reach out to a number of our past hosts in the south central region for this year, and mostly all of them were unable to hold in-person walks due to COVID restrictions as so many of them are in personal care homes. But we definitely want to promote in-person events going forward in future years."

For residents unable to attend the event at St. Vital Park in Winnipeg May 28, the society is promoting "Walk Your Way" and asking people to do activities throughout the month of May to keep active.

"We want to let people challenge themselves to walk at their own pace, maybe something like five kilometres a day for the month of May, track the progress and promote it on social media," said Woodward. "Alzheimer's affects every family in some way or another, and we want people to let us know who they're walking for."

For those unable to participate, you can donate to the Alzheimers Society of Manitoba at its website <https://alzheimer.mb.ca>.

COVID keeps local MP Bergen from touring flooded areas

Staff

Portage-Lisgar MP Candice Bergen sent her apologies last week for having to miss out on touring local areas plagued by spring flooding.

"I had hoped to be home in Manitoba this weekend with my con-

stituents affected by the flooding; however, I have received a positive COVID-19 test early this week," Bergen said in a statement Friday. "I am isolating and working from Ottawa with mild symptoms, but I unfortu-

nately will not be able to travel home this weekend. I know how devastating flooding can be and I'm extremely grateful for our first responders and volunteers on the ground. I hope that the warm weather contin-

ues, and the flooding stops," Bergen noted. "To all residents of Portage-Lisgar and Manitobans affected by flooding; continue to stay strong, stay safe, and I look forward to being home with you soon."

The Carman-Dufferin STANDARD



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Call Becca Myskiw
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Disaster financial assistance announced

By Ashleigh Viveiros

The Manitoba government has launched an assistance program for individuals and municipalities impacted by this spring's flooding.

"As we continue to assess, we are anticipating that costs related to the spring flood may exceed more than \$10 million," Transportation and Infrastructure Minister Doyle Piwniuk said at a press conference Monday.

This includes damages to municipal infrastructure, private residences, farms, small businesses, and provincial infrastructure, Piwniuk said, noting they will have to wait for the floodwaters to recede before final assessments can be made.

Whatever the final total ends up being, it's clear the road to repairing it all will be costly; the 2022 Disaster Financial Assistance (DFA) is meant to help offset some of those costs.

"We recognize the tremendous efforts Manitobans and their communities have put into disaster response and recovery this spring," said Johanna Botha, head of Manitoba's Emergency Management Organization.

"The DFA program provides financial assistance for certain losses when a widespread natural disaster, like the one we are currently facing, strikes and creates an unreasonable financial burden. Spring flooding and rain in certain parts of the province this year certainly qualifies.

"This program will ensure that non-insurable losses ... basic damages to basic and essential property, response costs, and infrastructure damage are covered to help alleviate the burden so many of our residents, municipalities, non-profits, small business, and farmers have felt this spring."

Manitobans are encouraged to check with their insurance providers to review their policy coverage before applying for DFA. Insurable costs, such as sewer backup, are not covered by DFA. Some Manitobans may have also purchased overland flood insurance, which means those covered costs will also not be eligible for DFA funds.

For more information about eligibility or to apply, visit www.manitoba.ca/emo/dfa or email dfa@gov.mb.ca.

Also on Monday, Premier Heather Stefanson announced \$15 million for a one-time grant program to provide municipalities with financial support for road reconstruction, rehabilitation and preservation projects.

"Manitoba municipalities are facing significant road infrastructure challenges as a result of this year's extraordinary weather conditions," Stefanson said in a statement. "Above-average precipitation and colder-than-average temperatures have caused a substantial increase in the number and severity of potholes on roads throughout the province, and inflation and supply chain issues have also added to this challenge."

As part of this grant program, the province will distribute \$15 million to Manitoba's 137 municipalities on a per-capita basis, with the City of Winnipeg to receive nearly \$9 million of the total.

"We are pleased to offer this extra support to reduce the financial burden on the City of Winnipeg and all municipalities during these unique times," Stefanson said.



STANDARD PHOTOS SUBMITTED

Pete Giesbrecht already had a successful business called Town & Country Homes that he started in 1949. He and Jack Ross were ground breakers in the industry of ready to move homes. In 1959 he purchased the land north of his yard (now Friends Church) and built Town & Country B/A & Restaurant (now Archway Dairy). John Worden ran Worden Service for one year before giving way to Arnold Campbell's Town & Country in 1966 who did small engine repairs and sales. He would sell it in ('71 or '74) to Barry Kippen who would open as Kippen's Gulf Service & Lunch Bar for six years. It got renamed once again when May and Bill Johnston operated One Stop Service to 1981. The Coffee Pot began that year under Bev and Lynn Cusson followed by Ben and Sharon Van Hoek from '85-92. Doane DeWitt returned it to an auto repair shop then and his Doane's Auto would eventually close in 2013. Currently Andrew Leyenhorst runs Archway Dairy on this location. Pictured top left, Town & Country B/A Restaurant and top right, The Coffee Pot.

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Managing stress with The Stress Experts

By Becca Myskiw

For the past two weeks, Carman residents have been gathering in the Carman Community Hall to learn how to manage their stress.

Thanks to a Healthy Together Now grant, the Carman Dufferin Fire Department brought The Stress Experts in for four sessions earlier this month. The Stress Experts was co-founded by Louise Sanders, a former physical therapist.

She said her job felt like applying a Band-Aid — masking the pain but never dealing with it. So, she looked more into what causes people's pain and found stress to be the main factor. Next, Sanders researched and learned all she could, getting certified in the area, and now she works full time to help everyone become their stress experts.

The Stress Experts held sessions on stress on May 3, 5, 10, and 12. At the first session, they went over resilience and how it's essentially the internal battery. Resilience is how much energy people have in them. It can be stored, depleted, and renewed.

The one internal battery is used for four domains: physical, emotional, spiritual, and mental. If you use up energy in one domain, it drains the entire battery, meaning if someone gets drained emotionally, their whole body will feel it.

The second session went more into emotions and how they can either renew or drain the internal battery. The key is to have a complete inner coherence when everything works well together, ultimately draining little to no battery. Depleting emotions is like



Louise Sanders is co-founder of The Stress Experts. She runs sessions teaching people how to manage their stress.

driving a car with one foot on the gas and one on the brakes — it makes for a bumpy ride that ultimately damages the vehicle. Renewing emotions make for a smooth drive.

Depleting and renewing emotions can make the heartbeat really fast or really slow. However, the depleting ones release more cortisol, making for an incoherent heartbeat and draining the inner battery. Some of those emotions that would make for a high heart rate are anger, impatience, anxiety, frustration, or fear. Some of those that would make for a low heart rate are sadness, guilt, worry, or shame.

The renewing emotions release DHEA, an anti-aging hormone, and



STANDARD PHOTOS SUBMITTED

Sandra got her heartrate monitored at the May 5 session so everyone could see her find inner coherence using the quick coherence technique.

make for a coherent heartbeat that builds up the inner battery. Those emotions that would make for a high heart rate are excitement, amusement, passion, anticipation, or exhilaration. Those that would make for a low heart rate are appreciation, love, optimism, acceptance, or relaxation.

The key to less stress, Sanders told everyone, is using the following techniques to calm down and find coherence:

- Heart-focused breathing technique: focus attention on the heart and picture the breath going in and out of it. Breathe deliberately, slowly, and deeply.
- Inner ease technique: start with heart-focused breathing, then

draw in a feeling of ease. Continue to anchor and maintain that feeling.

- Quick coherence technique: start with heart-focused breathing. Then, make a sincere attempt to experience a renewing emotion and focus on it.

Stress can manifest physically in the body, causing headaches, muscle pain, chest pain, fatigue, nausea, and more. It affects behaviour and mood, too, according to the Mayo Clinic. Because of this, stress can be the ultimate reason for heart attacks, high blood pressure, heart disease, obesity, diabetes, and more. So it's essential to manage stress, Sanders said, to avoid life-threatening health issues such as those.

Carr's quilts in the hands of Ukrainian refugees

By Becca Myskiw

After two months (so far) of making quilts, Maureen Carr and her crew are seeing the material hit the hands of the Ukrainian refugees they're meant for.

Carr asked her quilter friends in March to join forces and thread needles for Ukrainians fleeing war back home. She wanted to do something to help the people when they got to Canada — and this was one way she knew how.

So, from March 15 on, the almost 20 women got together up to three times a week to sew, crochet, and tie in the Legion Auxiliary Hall, and by May 1, they had completed 390 quilts to give away.

So far, 173 of those quilts have been sent to a collection point or directly to the homes of those hosting Ukrainian families. A priest from Winnipeg has also been in contact with Carr and he

has been to pick up some quilts to give to refugees, too.

"The stories that we're hearing are just unreal," said Carr. "There have just been issues after issues for these people."

One woman she's heard of got her children in her car and drove from their hometown, across Ukraine, to Romania. She had to dodge all the main roads on the way because the bridges were knocked out due to stopping the Russians from coming through, so what should have been a 12-hour trip took her three days — all non-stop, leaving the mother with no sleep.

A family in Sperling will be hosting a family from Kiev. That family left to a hotel far away when the bombing was getting intense. Soon enough, a hostel near their hotel was bombed and the family is now waiting in Warsaw to come to Canada. The Sperling family waiting

for them has picked up quilts from Carr's house to prepare for their arrival.

Carr said being able to give these people a bit of warmth in this cold world feels great. She and her quilters aren't done yet, though — they'll be at the sewing machines until the end of May at least. Carr believes they'll be able to make 500 quilts by the end, if not more.

Blaine Pedersen
MLA for Midland

Constituency Office Hours
Mon and Tues, 9-4 pm
Friday 9-12pm
195 Main St S - Unit 2 Carman, MB
midlandmla@outlook.com
www.blainepedersen.com



Regional Connections playing its part in Ukrainian refugee settlement

By Ashleigh Viveiros

Families fleeing the war in Ukraine have begun to arrive in the Pembina Valley, and Regional Connections Immigrant Services is trying to get the word out about the help they offer newcomers.

Executive director Steve Reynolds says the non-profit settlement agency has been working closely with the various community groups that have been welcoming these families to the area over the past few weeks.

He estimates there have been about five families so far, with another 16 or so making plans to arrive in the months ahead.

"What we want to do is try to stay up to date on how many families are coming," Reynolds says, explaining they're trying to ensure they have the capacity to help every newcomer settle into the community when they arrive.

"It seems manageable so far," he says, but adds they encourage any local groups or churches aiding Ukrai-

nians in relocating to the Pembina Valley to reach out to Regional Connections to give them the heads-up on how many are coming. Groups looking to assist newcomers once they arrive should also contact the agency so they can make sure word gets out about those added supports.

"If people are offering housing or donations or whatever then we want to make sure that anybody who's at our office who needs that is connected to that," Reynolds says.

As for Regional Connections, its services include helping newcomers with things like getting a health card or driver's license, community orientation, English classes, job skills training, and connecting newcomers to other community services and contacts to aid in their searches for jobs and housing, among other short-term and long-term settlement needs.

"Newcomers should come to Regional Connections as soon as they arrive so we can make sure they're connected to all the supports that are here and ready to go for them al-

ready," Reynolds stresses, "and then we'll work together with the community and the family to fill in the gaps for them."

PERSONAL CONNECTIONS

Morden-Winkler is where most of these arriving Ukrainian families are bound for.

"There's been a fair bit of recent, within the last six or seven years, Ukrainian immigration in particular to the Morden area," Reynolds says. "So some of those people have family or friends that they know and so some people are arriving with personal connections like that."

Some were already in the midst of planning a move to Canada and so are arriving with permanent residency status.

"One of the first things the government did was prioritize applications that were already in the system and process them ASAP," Reynolds explains. "Three of those [first few] families are coming with permanent residency already, which means they were already in the queue to immigrate to Canada. So they were a little prepared, they were planning to come."

But most are coming with the new emergency travel visa and work permit created for Ukrainian refugees. For these families, their move over-

seas was unexpected and abrupt.

The uncertain situation in Ukraine has made it difficult for some newcomers to access their finances back home, further complicating their journey and settlement.

"In some cases they have access to nothing and they're trying to get here with no cash at all," Reynolds says. "That's where a lot of the community involvement comes in—airport pickups and offering housing and donations to help them get on their feet."

Some newcomers may ultimately chose to apply to stay in Canada once the war with Russia is over. Others are planning this to be a temporary stop until its safe to return to Ukraine.

"Several of the families, there's just one parent here because the dad can't leave the country right now," Reynolds says. Ukrainian men of fighting age have been tasked with defending the country from the Russian invasion. "So Dad might join them later when they can or the family might go back there if things work out."

Anyone interested in learning more about the work of Regional Connections, what it's doing to prepare to welcome arriving newcomers, and how you might be able to help, is invited to sign up for the "Welcome to Regional Connections" information event via Zoom on May 10 at 7 p.m. Email info@regionalconnections.ca or call 204-325-4059 to register.

"NEWCOMERS SHOULD COME TO REGIONAL CONNECTIONS AS SOON AS THEY ARRIVE SO WE CAN MAKE SURE THEY'RE CONNECTED TO ALL THE SUPPORTS THAT ARE HERE FOR THEM."

Genesis House welcomes funding model changes

By Ashleigh Viveiros

Genesis House executive director Ang Braun was all smiles last week as the provincial government announced a major change to how family violence shelters across Manitoba will be funded moving forward.

"I was a bit emotional, actually ... when the notice came. I just couldn't believe it," she says. "It might be actually the biggest change ever since the shelter started."

Families Minister Rochelle Squires, minister responsible for status of women, announced April 25 that the new model will include increased funding for additional staff at all of Manitoba's shelters.

"Over the last several years, it has become increasingly apparent the current funding model for shelter agencies has become inadequate and inequitable," she said. "This new model will help align funding equity, ensure accountability, and better protect vulnerable Manitobans."

The current funding model for shel-

ters, first established in 1987, is based on the number of overnight stays in the shelter.

The new model specifically focuses on supporting staffing capacity to ensure quality services for those staying in a shelter and following the shelter stay in transitional housing options.

The changes also include the incorporation of gender and diversity analysis, easy modification and future application in bringing on new agencies, enhanced funding for crisis line operation, and increased funding for salaries to support staff recruitment and retention.

It all boils down to more funding, Braun says, which is something she and other shelter leaders have spent decades advocating for.

"We have been letting the province know for ages the complex needs of

the women we're seeing and that we just aren't able to properly meet them. This will help so much."

The crisis line funding specifically means Genesis House will be able to hire another staff member. Currently, they usually have just one staff member not only manning the 24/7 line but also assisting guests at the shelter.

"When staff are working on shift by themselves they are responsible for everything: the crisis line, the front door, the people staying with us," Braun says, noting enhanced cleaning protocols during the pandemic has made that job harder than ever.

"This means now that they are actually going to fund our crisis line, at least partially, which is fantastic. So we'll have an extra staff person here and there will be two people on the majority of the time ...

so there will be timely services available for people that are either coming through the front door or who are already with us."

Money to pay staff better is a welcome commitment, though Braun notes there's also a lot of *meaning* behind that funding.

"For sure, the new dollars are welcome, the extra support will be welcome, but I think it's actually the recognition that this is hard work and has been hard work forever," she says. "The biggest change is actually the recognition that it was impossible for us to do what they wanted us to do with the funding that we had."

Manitoba's 30 shelters will be meeting with provincial leaders this week to learn more about the funding change and Braun is eager to dive into the details.

"I'm feeling very confident at this point, having reviewed the service purchase agreement, that this is going to be a move-ahead moment for us and it's extremely significant."

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Franchise Managing Partner

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Brennan would like to invite everyone to come check out his VIP Lube shop and meet his team. Summer is fast approaching, road trips are coming and if you need an oil change then stop in and help support the Pembina Valley Humane Society.



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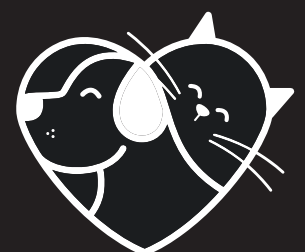
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Incredible Creatures: Northern Leopard Frogs

By John Gavloski

In last month's Incredible Creatures we looked at a species of frog that overwintered on the forest floor, can freeze and still survive, and becomes active earlier than many other frogs. That was the wood frog. In this month's Incredible Creatures we will explore another common and quite interesting species of frog, the northern leopard frog.

Leopard-like looks

The northern leopard frog, *Lithobates pipiens*, is green or brown, or a mixture of the two. It gets its name from the dark spots surrounded by light borders on its back and sides, which resemble leopard spots. They have a light-coloured ridge on each side of its back, from behind the eyes to the lower back. The underside is whitish. Males get to about 8 cm, and females to about 10 cm, from their snout to the back of their body (not including the legs).

Aside from the northern leopard frog, there are a few other species of leopard frogs in North America, such as the southern leopard frog and the

Atlantic Coast leopard frog. But the northern leopard frog is the only species of leopard frog found in Manitoba.

Where to find a Leopard frog

Northern leopard frogs live in three types of habitats, depending on the season. They use shallow marshes for breeding, moist uplands for summer foraging, and permanent water bodies for wintering. Since there is a limited ability to disperse for this species, having these habitats close to each other is beneficial.

From the more permanent water bodies where they spend the winter, adult frogs travel up to 1.6 km (1 mile) to breed, from April to June. These breeding areas include the shallow, warm waters of a variety of wetlands including marshes, springs, flooded ditches, dugouts, beaver ponds, the margins of lakes, and slow-moving waters of streams and rivers. Ideal wetlands for breeding are less likely to contain predatory fish. Emerging vegetation is important for protective cover, and is used to attach egg

masses to.

After breeding they may disperse up to 8 km from breeding areas to forage in the summer in areas either next to or away from wetlands. These areas can include meadows, pastures, and drainage or irrigation ditches. Northern leopard frogs usually do not use areas that are heavily wooded, although there can be exceptions. They also avoid areas of very sparse vegetation such as heavily grazed pastures or cultivated fields. The return to overwintering sites begins in late summer or early fall.

They hibernate at the bottom of lakes, and perhaps deep ponds, rivers and creeks as well. There have been reports by ice fishermen on Lake Manitoba finding leopard frogs in nets as far as 18 km from the shore and in water as deep as 7 meters, always in areas where the bottom was silty. There are reports of frogs taken in nets in Lake Winnipeg as well.

Breeding Call is a real Snore

The breeding call of males sounds like a drawn-out snore or croak, last-



PHOTO SUBMITTED

Northern Leopard Frog.

ing 2 to 3 seconds, followed by a series of 2 to 3 rapid grunts at the end.

It is generally late April to mid-May when you would hear the calling males in southern Manitoba. This year the calling period could extend a bit later because of our cool start to the spring. Evening, from dusk to full darkness, is the best time to hear them, but they will call during the day as well.

Keep your eyes and ears open for these leaping leopards. If you don't see one, you just might hear one.

Premier tours Morden-Winkler flood damage

By Lorne Stelmach

Provincial officials including Premier Heather Stefanson last week toured a number of communities impacted by this spring's flooding.

During a stop in our area Wednesday, the premier along with Morden-Winkler MLA Cameron Friesen and Doyle Piwniuk, minister of transportation and infrastructure, met with municipal leaders and staff while also

seeing some of the damage firsthand.

"We're just here to support the municipality and make sure that we're here for them," Stefanson said after seeing the destruction of the Alvey Street bridge in Morden. "We have to assess the damage. I wanted to be here myself and along with our ministers to just see what the extent of the damage is so we know what needs to

take place moving forward."

"This community was hard hit by continuing high precipitation events this spring," noted Friesen. "We will

be here in the aftermath to help clean up.

"Our government made changes to

Continued on page 15



STANDARD PHOTO BY LORNE STELMACH

Premier Heather Stefanson and Infrastructure Minister Doyle Piwniuk joined Morden-Winkler MLA Cameron Friesen and other local leaders in touring the flood damage in the area last week, including the Alvey St. bridge in Morden (above) and the destroyed culverts that run under Hwy. 32 in Winkler (left).

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Manitoba Egg Farmers celebrate 50th anniversary

By Emma Honeybun

Manitoba Egg Farmers celebrated their 50th anniversary on May 5 with a tent kitchen set-up in the Old Market Square, located open and visible in the Exchange District, Winnipeg. It began bright and early at 7:30 a.m. until 11 a.m.

Farmers handed out free egg sandwiches and coffee to passersbys from morning commute, coffee breaks, bike trips, and anyone else who noticed going by.

They worked with culinary students from RRC Polytech's Paterson GlobalFoods Institute, who had taken the time to make the sandwiches and coffee in their nearby campus.

The tent garnered a decent crowd, and line-ups that led down the Market Square's sidewalk. To no one's fault, sandwiches ran out quickly and were rushed to be refilled. Cars stopped and parked on the road next to the clearing to investigate out of curiosity, or after hearing the coverage on the radio.

Harley Siemens, a fourth generation Rosenort egg farmer who had been present at the event, said that he was happy to be able to come out and interact with other farmers and visitors dropping by to celebrate.

"It was great to meet with people. I think our first event we were able to do was in October last year, but before that nothing for two years. So it's really great that we can come back out and just talk with our consumers," Siemens said. "I just want to thank everybody for supporting our industry and keep buying eggs. We're trying to



One of the event's special guests was a giant, inflated chicken posed on a decorative egg for a photo opportunity.

support Manitobans with fresh local high grade. Good protein quality eggs for everybody."

There had been a similar event like this one in October of 2021 to celebrate World Egg Day, but it had a very different turnout due to weather. Cars had only pulled up to receive egg sandwiches through their open windows, similar to a drive-thru.

This anniversary was much more happy in comparison, Claire McAferey, communications specialist at Manitoba Egg Farmers, had said. People were much more encouraged to walk out, enjoy the food and weather, and mingle.



STANDARD PHOTOS BY EMMA HONEYBUN

Most of the Manitoba Egg Farmers team next to their promotional tent.



Garden oasis

Design your yard, cultivate your bliss.

4 factors to consider when decorating with flowers

Flowers are emblematic of spring and can make a great addition to your home. Here are four factors to consider when decorating with flowers.

1. Think about the decor. Flowers can be used to enhance the atmosphere of a room, so reflect on the design style you want to create. You can use floral arrangements as accent pieces or to draw out the colours in furnishings and other decorative pieces.

2. Choose the right size. You want to ensure you maintain a cohesive look when adding flowers to a space. Consider whether a room would benefit more from a single, large bouquet that draws the eye or several subtle arrangements.

3. Get creative with placement. Play around with height and texture by hanging plants in macrame holders or securing them to the wall to create a vertical flower garden. Make sure your

flowers get enough natural light, as this will make their colours pop.

4. Pick the right flowers. Choose plants that don't require more maintenance than you have time for, and consider how they grow to ensure your flowers won't overwhelm

a space. If you want to forgo the hassle, opt for dried or artificial arrangements.

Finally, keep in mind that moving or replacing your flowering plants and bouquets a few times a year is a simple way to freshen up your decor.



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Municipalities to receive \$15 million to support road repairs

Submitted by the Manitoba government

To recognize the impact of recent severe weather on Manitoba's roads and highway infrastructure, the province is investing \$15 million in a one-time grant program that will provide municipalities with financial support for road reconstruction, rehabilitation and preservation projects, Premier Heather Stefanson announced Monday.

"Manitoba municipalities are facing significant road infrastructure challenges as a result of this year's extraordinary weather conditions," said Stefanson. "Above-average precipitation and colder-than-average temperatures have caused a substantial increase in the number and severity of potholes on roads throughout the province, and inflation and supply chain issues have also added to this challenge. In addition to our Budget 2022 investments in highways and municipalities, we are pleased to offer this extra support to reduce the financial burden on the City of Winnipeg and all municipalities during these unique times."

As part of this grant program, the province will distribute \$15 million to Manitoba's 137 municipalities on a

per-capita basis, with the City of Winnipeg to receive nearly \$9 million of the total, the premier noted.

"After one of the snowiest winters on record and a freeze/thaw cycle that is finally letting up in May, Winnipeggers are now facing a pothole season like no other," said Mayor Brian Bowman, City of Winnipeg. "With a forecasted shortfall of over \$56 million in the City of Winnipeg budget as a result of pandemic impacts, this is a welcome funding announcement from the Province of Manitoba to help with the pothole issues being felt across the province. This funding would build on another historic road construction season in Winnipeg of \$164.7 million."

Municipalities will be granted the funding for costs related to road infrastructure improvements, including accessing repair materials and addressing workforce shortages, the premier added.

"The Association of Manitoba Municipalities (AMM) commends the Province of Manitoba for investing \$15 million to help support municipal infrastructure repairs," said Kam Blight, president, AMM. "As municipal roads connect local communities



STANDARD PHOTO BY LANA MEIER

The provincial government announced \$15 million in a one-time grant program to support municipalities with road reconstruction, rehabilitation and preservation.

and support economic growth, these additional dollars help underscore the importance of long-term predictable funding to properly maintain and protect municipal infrastructure within our communities."

The funding is in addition to any disaster assistance municipalities could receive due to excessive flooding. Full details of this grant will be made available to municipalities in the coming weeks.

"The funds the government of Manitoba is making available immediately are sorely needed by municipalities throughout Manitoba to address the extraordinary issues with roads and streets this spring," said Chris Lorenc, president, Manitoba Heavy Construction Association. "The Manitoba government's recognition of this as emergency assistance is a sign a bigger conversation regarding long-term solutions is needed to help municipalities regularly maintain infrastructure."

The grant is equivalent to a five per cent increase to the comprehensive operating and infrastructure funding

support municipalities receive annually through Manitoba's basket funding model, the Strategic Municipal Investment Fund.

"Our government is committed to working collaboratively with municipalities to build and maintain safe and reliable streets, which contribute to healthy and vibrant communities," said Stefanson. "This basket funding model reduces red tape and allows municipalities the flexibility to set priorities based on their communities' needs."

The premier noted Budget 2022 supports the government's three-year \$1.5-billion commitment to enhance the safety and connectivity of Manitoba's highway network with more than \$578 million allocated to highway projects this year alone. Additionally, Budget 2022 provides \$313 million in funding to municipalities to ensure they have the support they need to invest in what matters most to their communities, said Stefanson.

For more information on municipal grant funding, visit manitoba.ca/mr/mfpp.



Public Notice is hereby given that Enbridge Pipelines Inc. (Enbridge) intends to conduct the following Pesticide Program from May 01 2022 – November 15 2022 to control noxious weeds on Enbridge ROW's, temporary workspaces, stations and various facilities along the Enbridge Mainline and Bakken corridors.

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Manitoba Conservation and Climate
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One dead in single-vehicle collision on PR. 432

Staff

Pembina Valley RCMP respond to fatal single-vehicle collision last Saturday in the RM of Thompson.

Just after 3 a.m., emergency crews were called to Provincial Road 432, approximately five kilometres south of Highway 23.

Police say a vehicle travelling southbound on PR 432 collided with

a guard rail and then entered the ditch, where it was partially submerged in water.

The driver, and lone occupant of the vehicle, was pronounced dead on the scene.

Pembina Valley RCMP continue to investigate.

Pembina Valley Muslims celebrate the end of Ramadan



Staff

The Pembina Valley Islamic community marked the end of the month of Ramadan with an Eid ul Fitr celebration last week at the Morden Activity Centre.

"Muslim families and individuals have celebrated the end of fasting month by attended this prayer from Winkler, Morden, Carman, Norte Dame, Altona and other rural areas of southern Manitoba," said Zahid Zehri of the MIA Pembina Valley Mussallah, estimating between 150-200 people attended.

An imam (prayer leader) prayed for the prosperity and protection of people of southern Manitoba, Zehri said, and also reminded everyone to continue to do good deeds even after Ramadan.

During Ramadan, considered the holiest month of the year in the Islamic faith, Muslims fast during the day and are encouraged to do acts of charity and giving.

> STEFANSON, FROM PG. 11

the way disasters were handled so that we're able to not just restore things to it's previous state but to actually make things better. It's more expensive, but it's more durable," he added. "The damage here in Morden is very significant ... a huge community effort [was made] to be able to keep the damage from being worse."

Piwniuk also noted that the province has the benefit of having been through different flood events in recent history and being able to see where things can be handled differently.

"We've learnt a lot, and we're going to assess everything so that we actually continue investing in our flood mitigation projects," he said.

"We're looking at all the assessments across the province. Right now, we have 24 municipalities have declared local states of emergency, and we'll be assessing all these communities ... and even our infrastructure from the Province of Manitoba," Piwniuk added. "Right now, we know it's above the \$4.63 million.

"We want to make sure that we invest in long-term solutions ... like a bridge here versus say culverts," he said in looking at the damage to the Alvey bridge.

"We're going to be working together to make sure that anything that the community needs, when it comes to sandbags, equipment we're there for them for communities, and we'll continue doing that.

"When it comes to infrastructure projects ... working with the federal government, making sure there's a program that will replace infrastructure that will withstand other events."



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National POLICE Week

MAY 9 TO 15, 2021

Vision150: a look at the future of policing in Canada

Every year in May, National Police Week events raise awareness about the role the Royal Canadian Mounted Police (RCMP) play in communities across the country. With its 150th anniversary coming up in 2023, the RCMP has launched Vision150, a plan to modernize the organization and transform the way it serves and protects Canadians. The goals outlined in the plan focus on four themes.

• **People.** The RCMP intends to build a healthier, more diverse workforce that can better serve Canadian communities. The organization will do this by changing its recruitment and hiring processes, providing more training and improving wellness support services for employees.

• **Culture.** The organization will create Gender and Harassment Advisory Committees and launch initiatives aimed at empowering employees and encouraging diverse, respectful leadership. By doing this, the RCMP hopes to become a more trusted and inclusive organization.

• **Stewardship.** The RCMP is embracing transparency, accountability and sound business management initiatives. Among other things, it'll collect race-based data on police interactions and streamline its public complaint process.

• **Services.** Equipping employees with the right tools and resources to protect Canadians is a key objective. Additionally, the RCMP wants to strengthen its collaboration with health and social service



partners and improve relationships with Indigenous communities.

To learn more about how the RCMP is taking concrete action to modernize and promote accountability, equity and trust in the organization, visit rcmp-grc.gc.ca/vision150.

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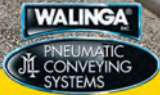
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History of Carman health care...Part 2

By Dennis Young

In May of 1949 the Carman Memorial Hospital opened. Located on the same property as the General Hospital it replaced, it featured modern equipment such as an x-ray device, an iron lung and an incubator. The facility had 43 beds and 11 cubicles for infants.

"This Hospital will provide services for some 12,000 people" stated then Lieutenant-Governor McWilliams during the ceremony. "Dr. Cunningham, Dr. North, Dr. Blight of Miami, Dr. Edwards of Roland and Dr. Elias of Elm Creek will all have full use of this hospital".

At a cost of \$175,000 (\$2 million today) was covered by a \$90,000 federal-provincial grant, donations and taxes levied in Carman, Dufferin and surrounding municipalities. The cost on a public ward was \$3/day and \$5.50 for private as patients paid for their own care. The Carman Kinsmen donated the 1st ambulance the same year.

In time the x-ray machine was upgraded, a patient lift added and electrocardiograph and BMR equipment installed. With those additions, there were now 2 complete operating rooms and 4 electrically operated beds for those needing special help.

"I nursed in that Memorial Hospital with some wonderful role models like Ruth Ullyot, Hazel Sutton and Vina Takvam" Gwen "Cutting" Johnston recalled. It was a busy place looking after so many patients including babies and children. Working evenings and nights with 2-3 staff....we

moved!"

Ruth Ullyot began her lengthy nursing career just 2 years after this 1949 opening. She once told The Leader "My fondest memories of this hospital was when us nurses were required to live in residence down in the lower floor. It was a condition of the job and when some of us were getting married we had a hard time getting permission to move out lol."

There was an increasing need for more space back at the hospital. Not so much for patient care but for the older generation unable to care for themselves or have nowhere to go. Hence the conversation began then of a Hostel and the eventual building (55 years this year) of such to relieve that situation.

By the late '60s there were 50 patients now in the 43 bed facility so overcrowding was a concern again. Renovations provided some relief but in 1977 the Manitoba Health Services Commission decided rather than continue renos they would construct a new hospital.

The Government announced a new \$3.4 million (\$16 million today) 30 bed hospital to be built south of town....out of the flood zone. When completed, it will have many features to improve patient care. "The new building will be more convenient for patients and staff than the old hospital" Administrator Dale Adams confirmed.

Five year later and after 8 years of planning, a huge crowd witnessed the ribbon cutting in October of 1982.



STANDARD PHOTO SUBMITTED

The Carman Memorial Hospital opened in May of 1949.

Health Minister Larry Desjardins congratulated the community and the 2 provincial levels of Gov't in power over those 8 years for their cooperative effort put forth to make this a reality.

Chief of staff Dr. John Regehr spoke on behalf of those who have worked in Carman Memorial. "Already we find it difficult to imagine how we managed in the old facility! This place cannot be a hospital except for the staff that works in it and continually challenges themselves to ensure the best possible service to the people."

Changes pointed out would be the bathrooms in all patient rooms which were not available before and now patient access was without stairs. Plus two bed recovery units, two for non-admission patients and a large

treatment area for out-patients. The kitchen shone brightly with entirely new equipment but most of the furnishings/beds in the previous facility were relatively new and moved over.

By 1991 the conversation of upgrades began. Once approved in '94 they would total over \$600,000 with plans to expand/improve management, clerical, chemotherapy, ambulatory, community service, emergency trauma and outpatient areas. Plans also included areas built would be for dieticians, a clinical multi-purpose space, a birthing room and additional offices for public and mental health.

As recent as 2022, renovations continue to improve our care available at the Hospital while celebrating its 40th Birthday. Next....a clinic on our Clinics.

Peak of the Market becomes for profit company, growing local economy

By Becca Myskiw

As of May 1, Peak of the Market is now Peak of the Market Ltd.

With the recent changes in legislation, Peak of the Market has been re-established as a for-profit company and will now be known as Peak of the Market Ltd. All Manitoba table potato and root crop Growers are looking to continue to work together "with a renewed purpose focused on exceptional quality and service."

"Peak of the Market Ltd. will continue to provide retailers and consumers with high quality, fresh produce and exceptional customer service," said Pamela Kolochuk, CEO, Peak of the Market Ltd. in a news release on May 2. "Our yellow and red diamond logo has signaled the best and freshest products for the past 80 years. That will not change. Our customers can

continue to expect a terrific assortment of produce from the same group of knowledgeable Canadian Growers."

Now, Peak of the Market Ltd. will be an extension of the produce growers in Manitoba. Kolochuk said the producers want to make money and so does Peak of the Market Ltd. — now they both can.

Before May 1, the company was a nonprofit, meaning any money they made was put in a pooling system. So, all costs were covered, and the rest went to the growers, but the company never saw profits.

"Now we can make money instead of breaking even," she said.

They can also invest, expand, and import product. Kolochuk said they will also continue to donate to the projects and organizations they did

before.

Peak of the Market Ltd. has 13 growers. One of them is Kroeker Farms. CEO of the farm, Wayne Rempel, said all the growers are now sure owners (shareholders in it) of the entity, and they want to turn it into a competitive marketing company that primarily sells Manitoba-grown produce in Canada and the USA.

"If it's a stronger, more determined, more professional company, they'll do a better job of selling our potatoes, onions and other vegetables," he said.

The first steps, he said, are to organize the growers and work together. Changing Peak of the Market to Peak of the Market Ltd. has been two years in the making, and they're excited to get to work.

"Our strength will be our unity," he said. "That we're all in it together."

Products from the company are currently sold across Manitoba, western Canada, and a little in eastern Canada and the USA. Rempel said they're trying to grow that now, especially in western Canada because it's traditionally where they've been the strongest.

"Manitoba produces some of the most attractive potatoes in North America and certainly western Canada," he said. "They have a high quality. The combination of weather and soils give us that advantage. [The potatoes are] hard to replicate across North America. Even in the US, we're known for our quality."

This change will allow the growers, along with Peak of the Market Ltd., to make more money, growing the local and provincial economies.

Dead Horse Cider opening indoor/outdoor taproom

By Lorne Stelmach

Dead Horse Cider Company has become a local business success story in just the past four years, and it is taking another big step forward now this spring.

It will be opening an indoor and outdoor taproom as well as celebrating the beginnings of its own apple orchard at their location a few miles north of Winkler.

It is an exciting step for the business partners Matthew Zacharias and Marcus Wiebe to be able to welcome people to enjoy tasting their variety of ciders on site.

"I don't think we knew how big to dream at the start of this," said Zacharias as he explained they never originally envisioned this leading to a full-fledged taproom. "A big reason for the taproom, for us, has been not only to engage with the community but to promote an experience for people to come out and see.

"We've actually licensed the entire orchard, so people can come in, grab a glass of cider, and actually anywhere there's trees, you can sit and drink some cider," he noted. "So it's exciting. We have the space here to do all kinds of interesting things. We're very excited about the opportunities."

It has been quite a journey for Zacharias and Wiebe from the simple, small-scale beginnings of their enterprise.

They started out pressing local apples, as almost everybody in southern Manitoba has apple trees in their yards, but so much goes to waste.

"It's been big growth from making some juice and a few hundred litres the first year to where we are now,

but it's been so much fun," Zacharias said.

He sees a lot of potential for further growth with their taproom and orchard.

"The idea behind the patio and our outdoor taproom was really to embrace the outdoor culture of southern Manitoba in particular," he said. "We have about three acres of trees here, 400 trees in total. Most of them are quite young still; the dream is, in five to ten years, for them to be beautiful and stunning. Right now, they're quite small.

"What's unique about our orchard is that about half, if not two thirds of the trees here, are trees that have never been planted here in Manitoba before," explained Zacharias. "Cider apples are kind of like grapes. When you think about the grapes that you get in the store, they're not the grapes that you make wine out of; apples are the same way.

"Where the flavour for the cider really comes from is the skin and the pulp ... so when you look at the cider apples, they're really quite small ... the trail apples or crabapples around here, they make unbelievable cider for us.

"There's also a good amount of these types of trees that have been developed over the course of hundreds of years on the east coast. Cider is a big part of the culture on the east coast," added Zacharias. "We were able, over the course of about three years, to ask some Canadian nurseries to actually graft east coast varieties on to root stock that's winter hardy because the real challenge with a lot of these cider



STANDARD PHOTO BY LORNE STELMACH

Marcus Wiebe (left) and Matthew Zacharias in Dead Horse Cider's new indoor taproom tasting space.

varieties is they're not winter hardy for our climate."

He said they planted 150 trees last year and have 23 different new varieties. He estimated about 95 per cent of them have survived, which is better than he had expected.

"So we're really excited to have apple trees like that which you can't make cider from anywhere else," he said. "Nowhere else on the prairies is making cider from these really cool, interesting apples, and it really does come through in the final quality of the product."

Zacharias acknowledged the weather and conditions both last year and this year have been a challenge for them.

"It's a challenge to create a balance and a consistent product," he said. "What we've tried to work on though is branding our product more along the lines of a wine.

"Our biggest challenge is people see a cider as a beer alternative ... but the reality of it is, as far as production is concerned, cider is far more like wine.

"To me, the variances year to year

actually are part of the story of who we are and tell the story that we're not a mass produced, big production place. We are a small cidery making the best we can in small quantities."

He looks forward to being able to diversify, including introducing an ice cider, and he also sees them playing a role in helping introduce more and more people to cider and especially their unique offerings.

"We get beautiful warm summers that are long enough to ripen apples, but we also get hard frosts in the fall, which for a rosé is a crucial part of the production method ... you have to wait until it gets to minus eight, minus ten, and then you pick the apples," Zacharias noted.

"It's been great for us to increase the exposure of cider in Manitoba," he concluded. "It's also the fact that we can grow apples here in a way that no one else in the world can ... it really is a unique region or terroir, to use the wine terminology, as far as apples are concerned."

Learn more online at deadhorsecider.com

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Border Baseball League season begins this month

Submitted by Jack Pethybridge

The Border Baseball League had its spring meeting May 1 and eight teams are set to return to play in the league, with Killarney taking a one-year leave of absence.

The league is back to a full schedule of games within the entire league with a home and home schedule of 14 games. The league is scheduled to begin May 24 and will include the Pi-

lot Mound Pilots, Cartwright Twins, Clearwater in the East division while Morden Mud Hens, Winkler Whips, Altona Bisons and Carman will make up the West division.

Playoffs for all teams will begin after league play with East and West divisions playing off. The first two rounds will be a best-of-3 series and the league championship will be a

best-of-5 series.

The Carman Cardinals are excited to get back to playing baseball. Along with the return of veteran players, a number of local players have been added to the roster. The team has already been working out indoors getting ready for the season.

As well as putting an exciting team on the field, once again we will be

having our 50/50 along with other prize giveaways. Our food cart will return for all our home games.

The league schedule will be out in the next week or so and we will advertise it. We are looking for a great year and continued great fan support.

See you soon at the ballpark.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Joe Wiwchar to retire from Baseball HOF and museum

By Lorne Stelmach

He's been the face of the Manitoba Baseball Hall of Fame and Museum since its inception, but Joe Wiwchar has decided it is time to step aside from the role.

He will however remain no less interested in seeing the museum located in the Access Event Centre in Morden continue to grow and thrive.

"My dream has always been to promote this and make it better," said Wiwchar last week as news broke of his impending retirement.

"I'm still passionate about it ... but I'm too old, I'm too slow at doing things," he said with a chuckle. "We have to be able to really promote this place ... and change in any organizations is good. People will come in with new ideas of how to do things."

The Manitoba Baseball Hall of Fame Museum annually selects outstanding Manitoba athletes, coaches, officials, builders and teams for induction. It also gathers memories and artifacts associated with the history of baseball in Manitoba.

The idea originated with Gladwyn Scott, and the first two banquets in 1997 and 1998 took place in Brandon. They have since been in Morden every year, with the exception one banquet held in Neepawa in 2001.

quyet held in Neepawa in 2001.

The museum officially opened in Morden the day of the 1999 banquet, and the cornerstone has always been Wiwchar as its administrator.

There was perhaps no one more suited to the role, as he has coached baseball continuously since 1953.

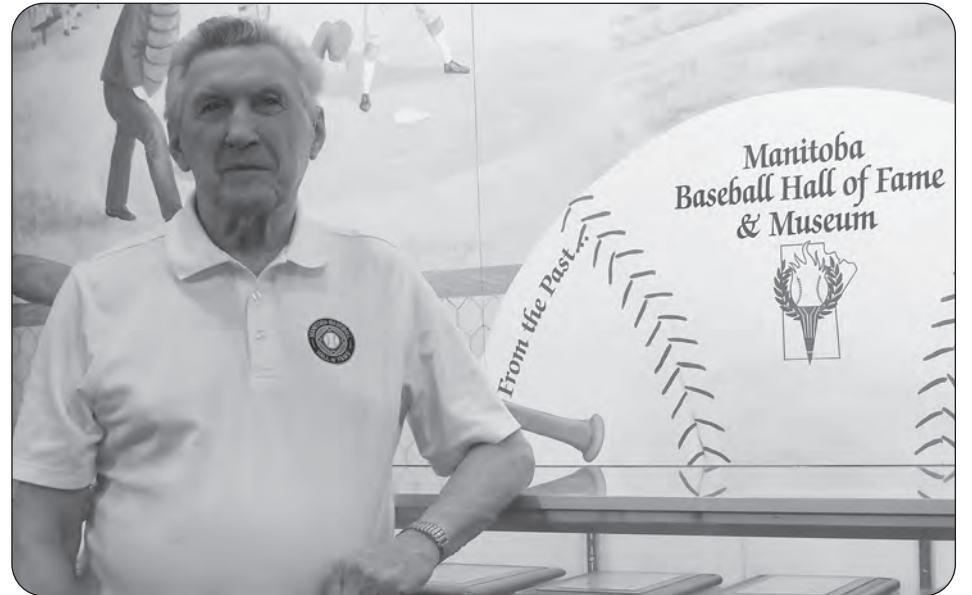
Now on the cusp of retiring from his illustrious career as a builder of the sport of baseball, he has covered all the bases in serving as a player, coach, umpire, executive administrator and mentor at the local, provincial, national and international levels.

"I'm pretty proud of this place ... we're one of three dedicated baseball halls of fame in Canada," Wiwchar noted.

"Things always evolve ... we started off, it was going to be maybe three little display cases or something like that," he recalled. "I was saying that's not good enough."

There was of course some fundraising to help get it off the ground, but he also recalled making do at first with whatever limited resources they had available.

"We scrounged around and found display cases from places like Eatons or Sears ... then we eventually ended up getting more space where the old



SUPPLIED PHOTO

Joe Wiwchar has headed up the Manitoba Baseball Hall of Fame and Museum in Morden since the day it opened in 1999. He's decided its time to pass the baton on to someone new.

racquetball courts used to be.

"So it's always been continually growing ... and we just got some more displays for uniforms and such because they are all jammed up."

Wiwchar estimated there are now about 2,000 items in the collection, and he would like to see even more done with them, including perhaps going a bit more in depth into the rich history of baseball here in Manitoba.

"There's got to be continual promotion and using as many media avenues as we can get," said Wiwchar. "My biggest concern is we've got to keep this growing, and we've got to get more people coming ... we need to promote this because to me it's a real

gem."

Representatives of the Manitoba Baseball Hall of Fame and Museum board paid tribute to Wiwchar for his commitment, diligence, and visionary leadership.

"Joe Wiwchar has done a tremendous job building the ship at the Access Event Centre," said local board member Lane Curry, who noted the search was already underway for a new administrator who could be mentored by Wiwchar before he leaves. "Now we are looking for a good skipper to maintain the course and keep the Manitoba Baseball Hall of Fame and Museum on an even keel."

Hawks close out the season at showcase tourney

By Lorne Stelmach

The female U18 Pembina Valley Hawks closed out their

hockey season this past weekend competing against some elite teams at a major tournament in Winnipeg.

The Hawks managed one win out of their four games in the Female World Sport School Challenge, which is an annual tournament initiated by Hockey Canada and hosted by St. Mary's Academy in Winnipeg.

Top female hockey teams from across North America are invited to participate in the tournament, which is in its eighth season and is a showcase event that draws hockey scouts.

It didn't start off well for the Hawks as they suffered a big 12-1 loss to Balmoral Hall Thursday.

Two games Friday were closer affairs, but Pembina Valley still came up short in a 4-2 loss to Southern Alberta Hockey Academy and a 6-2 defeat by St. Mary's Hockey Academy. It came together then Saturday as the Hawks earned a 4-1 win over the Pilot Mound Buffaloes.

Things came apart in the second period against Balmoral as the Blazers broke open a 1-1 game with seven unanswered goals. Abbey Bourdeaud'hui scored the lone goal for the Hawks, who gave up three powerplay goals.

The Hawks fell behind 2-0 and 3-0 at the intermissions against Southern Alberta but made it close with a pair of third period goals by Caitlin Anderson and Quinn McLaren.

The Hawks and St. Mary's each fired a pair of second period goals, but the Flames sealed the deal with four third period markers. Anderson scored both goals for Pembina Valley.

The Hawks then fired home three second period goals to take control over Pilot Mound. Scoring for Pembina Valley were Annika Braun with a pair and Janik Grenier and Bourdeaud'hui with single markers.

The Hawks were holding a final season wind-up event this Wednesday in Roland.

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RURAL MUNICIPALITY OF GREY NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATE FOR GENERAL MUNICIPAL ELECTION

Please be advised that a general municipal election will be held on October 26, 2022.

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that I will be receiving candidate registrations:

For the office of head of council: Between May 1, 2022 and September 20, 2022

For the office of councillor: Between June 30, 2022 and September 20, 2022

at the Rural Municipality of Grey office, 27 Church Avenue East Elm Creek, MB between 8:30 a.m. and 4:30 p.m.

To obtain a registration form contact the SEO at the email or telephone number listed below:

Kim Arnal, S.E.O.

204-436-2014

info@rmofgrey.ca

Dated at Elm Creek on May 3, 2022.

Kim Arnal
Senior Election Official
Rural Municipality of Grey



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PUBLIC NOTICE Additions to the Voters List and/or Personal Security Protection Requests TOWN OF CARMAN

In accordance with Section 36 of The Municipal Councils and School Boards Election Act (MCSBEA), the Town of Carman Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the Town of Carman can have his or her name added to the Voters List or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. That person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, or mail to:

Cheryl Young SEO
Town of Carman
Box 160, 12-2nd Avenue SW
Carman MB R0G 0J0
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cheryl@townofcarman.com

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Rural Municipality of Grey NOTICE OF VOTERS LIST / PERSONAL SECURITY PROTECTION

Notice is hereby given that a copy of the VOTERS LIST may be revised at:

The Rural Municipality of Grey Office in Elm Creek, located at 27 Church Avenue East until September 20, 2022 between the hours of 8:30 AM and 4:30 PM

At this time the Senior Election Official (SEO) will be available to update the voters list by:

- adding the names of voters who are entitled to have their names on the list;
- deleting the names of persons who are not entitled to have their names on the list; and
- making such other correction of errors to the list as required.

VOTER ELIGIBILITY:

A person is eligible to have his or her name added to the Voters List if he or she is:

- a Canadian citizen and at least 18 years of age on election day; and
- a resident of the local authority for at least six months prior to election day, OR a registered owner of land in the municipality for at least six months prior to election day.

NON-RESIDENT VOTERS QUALIFIED IN MORE THAN ONE WARD:

In accordance with Section 25(2) of The Municipal Councils and School Boards Elections Act, any non-resident voter who owns property in more than one ward is responsible to notify the S.E.O in writing, not later than September 20, 2022 of the ward in which they desire to vote. Failing the foregoing, the voter's name will be placed on the list as the SEO may select.

APPLICATION FOR PERSONAL SECURITY PROTECTION:

A voter may apply in writing to the SEO (at the address/email below) no later than September 20, 2022 to have his/her name and other personal information omitted or obscured from the voters list in order to protect the voter's personal security. The application may be submitted in person, by mail or email and must include your name, address and include proof of identity.

All changes to the voters list must be completed on or before September 20, 2022.

Dated at Elm Creek in the Province of Manitoba, on May 3, 2022.

Kim Arnal, Senior Election Official (SEO)
Rural Municipality of Grey
27 Church Avenue East, Elm Creek MB
204-436-2014 - phone
info@rmofgrey.ca - email

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Dallas, MB

Saturday, May 21st, 2022 at 11:00 a.m.

Sale Site: Go through Peguis First Nation to the Dallas Store - follow PR #224 to PR #412, follow #412 for 1.5 km North, turn West for 4.1 km to Red Rose Hall sign, turn North for 4.9 km, turn West for 0.5 km (watch for signs)

Machinery & Equipment: Hesston 100-90 DT Tractor, w/3 pt, Cab, Dual hyd, pto, grapple, loader, 18.4 x 34 rear tires, 14.9 x 24 front, FWA - not working (ser #D6M4774MAAOH); Case Int 5250A, triple hyd; cab, Allied 795 bucket & grapple, 18.4 x 38 rear, 14.9 x 24 front (like new tires); 6T-590 1989164C1 (ser #X52130543X); Case Int. Baler RBX 563, good cond, pickup, belts; Case Int. 8830 Haybine, 14ft, (ser #8830 CFH0101430); Allied bale stoker; IHC breaking plow; 3 bottom plow on steel; 12ft Shurflex; Int. R160; MFL Waterlod separator; McCormick-Deering Threshing machine, 22" cyl; MF Drill, 13ft, seed & fertilizer attach, on rubber; 10ft Deep tiller; Cockshutt 535 Combine; 100 bu side slip Wagon; Westfield Auger 36x6, 9hp, w/B&S motor; Rock-omatic 546, pto (ser #OM513976); Douglas 7.5 ft Swath roller; J.D. 14T Baler; J.D. 37 Sickle mower; 894 Side delivery rake; J.D. 24T & 14 T Balers(needs work & 1 for parts); Versatile 400 15ft, hydrostatic, oper, (needs work); 28ft Cultivator w/Ajax harrows; D7 Caterpillar w/10ft blade (needs work); J.D Side delivery rake (LR223960); 10ft Hutchmaster, RP series 79 (ser #10-1170); White 253 Disc, on rubber

Vehicles & Trailers: 2010 Dodge Ram 2500 Power wagon, dark red, 5.7 hemi, comes w/mag wheels (Custom "Ballistic off road" 18" rims) factory winch w/operating controls, sunroof, 128,514 km, complete power wagon package, custom seat & backseat cooler, beverage cooler, short box, set up for gooseneck w/plug on cab wall, bed protected w/LineX spray, some damage to tailgate (ser #3D7TT2CT8AG182281); 1952 Dodge truck; D66-52, 64,000 mi, 2 spd axle, pto (ser #D4002610A); Stock trailer, 5x16, metal, wooden floor, needs work; Ford F600 w/metal box & hoist, 4 spd od, 49447 mi; 1996 Dodge 1500, red, (VIN #1B7HC16Y4TJ198383); 1979 Dodge Power wagon, w/o (VIN #W14JF98189426); 1985 Dodge Ram Charger, 2 tone brown/black (VIN #1B4GW12T0FS603971); 1972 Chrysler Newport Royal, 2 dr hardtop, 400 auto (ser 3CL23M2C234011); 2008 Jeep Cherokee, 369,264 km

Shop & Tools: Furney Model C5 Welder; Cutting torches & gauges; Strong arm grinder; Annex stove; Inferno stove; Wisconsin 16 hp portable Welder; Honda Generator, 9.6 kw; Stair climber mover; Portable air compressor; Tool cart on wheels; Railway jack; Ryobe 10" table saw; Booster pack; (2) Floor jacks; Yardworks 6.5hp mower; Husquvarna push mower

Yard & Miscellaneous: Elec wood splitter; Craftsman 22 hp lawnmower; Yard wagon; Yard sprayer; (3) Water backpacks; 4 bales twine; 70 gal slip tank w/pump; 3 rolls barb wire; Various scrap iron; Winch for D7; (2) School buses; Polaris Colt; McCullough Boat, trailer, Evinrude 40hp motor, fiberglass, model 13 Sport, (DOT: 113314); Cream cans; Horse rake & mower

Note: There will be no internet /online bidding at this sale.

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NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of IRMA MAXINE CLEMENTS, late of the Town of Miami, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at 309 Stephen Street, Morden, Manitoba, R6M 1V1 within thirty (30) days of the date of this publication.

DATED at the City of Morden, in Manitoba, this 6th day of May, 2022.

McCULLOCH MOONEY JOHNSTON SELBY LLP.

Attention: THOMAS R. MOONEY
Solicitors for the Executors

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requires a responsible person who can work independently to do custodial work, cleaning and light maintenance.

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For more information please call Bill Learmond at 204-745-3722.



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RURAL MUNICIPALITY OF DUFFERIN NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATE FOR GENERAL MUNICIPAL ELECTION

Please be advised that a general municipal election will be held on October 26, 2022.

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise, or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that I will be receiving candidate registrations:

For the office of reeve(head of council): Between May 1, 2022 and September 20, 2022

For the office of councillor: Between June 30, 2022 and September 20, 2022

at the Rural Municipality of Dufferin office, 12-2nd Avenue S.W. Carman, Manitoba during the regular hours of business, Monday to Friday 8:30 a.m. to 4:30 p.m.

To obtain a registration form contact the SEO by email at cao@rmofdufferin.com or telephone 204-745-2301.

Dated at Carman, Manitoba on April 28th, 2022.

Sharla Murray, CMMA
Senior Election Official



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- Knowledge of and experience in the construction industry including the ability to read construction drawings and specifications.
- The ability to understand all aspects of the project scope.
- The ability to coordinate multiple scopes of work with sub-trades on a construction site to ensure productivity.
- Successfully supervised a construction workforce.
- Journeyman Certificate or Experience is preferred.
- Ability to demonstrate conflict resolution skills, problem solving abilities, and professional judgment.
- Communicates with the project manager/project coordinator in all aspects of the project to ensure final project completion that is on time and on budget.
- Effectively communicates with all sub-trades on site to ensure that performance, productivity, quality, and safety requirements are being met.
- Basic computer skills

This position is a full time opportunity with competitive wages and benefits package.

Resumes should be forwarded to info@lclconstruction.net

Applications can be found on www.lclconstruction.net

CAREER OPPORTUNITY AT**COMMERCIAL PROJECT MANAGER****Qualifications:**

- Knowledge of and experience in the construction industry including the ability to read plans and specifications.
- Ensuring that a project is constructed in accordance with the design, budget and schedule.
- Ability to provide direction to the site supervisor to ensure project completion.
- Detailed understanding of all aspects of construction, equipment, building materials, bid management, safety and quality.
- Ability to lead and run effective site meetings with clients, consultants, and sub-trades.
- Ability to demonstrate conflict resolution skills, problem solving abilities, and professional judgment.
- Basic computer skills

This position is a full-time opportunity with competitive wages and benefits package.

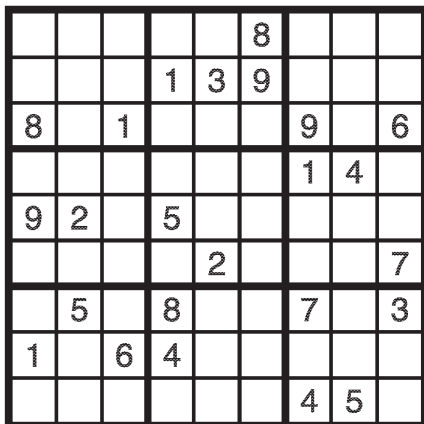
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Applications can be found on www.lclconstruction.net

take a break

> GAMES

SUDOKU



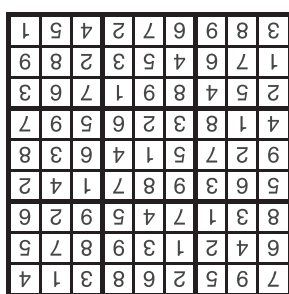
Level: Intermediate

Here's How It Works:

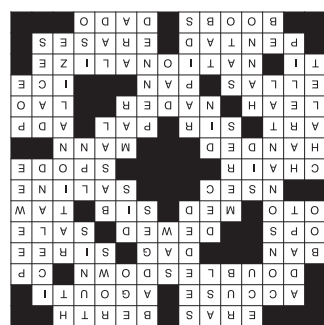
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



Sudoku Answer



Crossword Answer

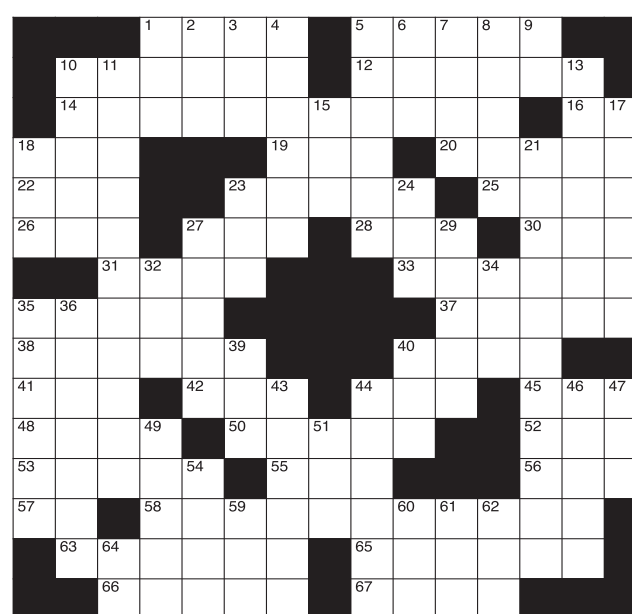
CROSSWORD

CLUES ACROSS

- Amounts of time
- A ship's place at a wharf
- Point a finger at
- Large, burrowing rodent
- Raises the stakes
- Measure of illumination
- Cast out
- One who is staid
- A word used for emphasis
- Military missions
- Wet with rain
- Selling at specially reduced prices
- Word element meaning ear
- ___ student,
- Blood relation
- Make into leather
- One billionth of a second (abbr.)
- Containing salt
- A seat
- A type of fine pottery
- You're caught red-___!
- "Heat" director Michael
- Expression of creative skill
- Title of respect
- Crony
- Payroll experts
- Actress Remini
- Famed consumer advocate
- Indigenous Thai person
- Fitzgerald and Baker are two
- Cooking tool
- Decorate a cake with frosting
- The seventh note of a major scale
- Transfer from private to state ownership
- A set of five
- Removes
- Foolish persons
- Lower parts of a wall

CLUES DOWN

- Old EU money



- Some put it on steak
- Sign language
- Sowed on the ground
- Tags
- Everyone has one
- Arguments
- N. African capital
- Midgame (abbr.)
- Functioning as a consonant
- An island in the north Atlantic
- Carpenter's tool
- Small football player
- Ghosts say it
- Explain through logic
- Having ten
- Criticize
- Arms of the sea
- Belonging to a bottom layer
- ___ Caesar, comedian
- Licensed health care pro

- (abbr.)
- Swiss cottage
- Cleft lip
- Loud, unpleasant noise
- Disfigure
- Kayakers traverse them
- Authored
- Small freshwater fishes
- Macabre poet
- Carthaginian statesman
- Principle underlying the universe
- Common Japanese surname
- The bill in a restaurant
- Small constellation
- Chap
- Equal
- One quintillion bytes (abbr.)

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OBITUARY



Malcolm Ernest McGregor

It is with great sadness that we announce the passing of Malcolm Ernest McGregor on April 24, 2022, at the age of 58 years.

Malcolm is survived by his parents Marvyn (Anne – deceased) McGregor, Brenda McGregor, daughters Bethany and Brooklyn McGregor; brothers Kevin (Leann), Bruce (Lynn) and sister Bonnie Macdonald.

Malcolm was a Heavy Duty Mechanic, where he started his schooling at KCC in The Pas, MB and completed his Heavy Duty Mechanic ticket in Brandon, MB at ACC. Malcolm worked all over Canada and was passionate and meticulous about his work. In his spare time he would head to his cabin with his daughters and appreciate everything the outdoors had to offer. Malcolm was introduced to the outdoors at a very young age spending his childhood at the Lodge at Reed Lake that his father owned where

he learned all about fishing and hunting.

The McGregor family would like to express our appreciation to family and friends who showed their love and support in our time of grief.

A service will be held later this summer in Carman, MB with date to be determined.

In lieu of flowers, donations may be made to a charity of your choice.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca



Olive Foote

Peacefully, with family at her side, Mom passed away on April 30, 2022, Carman General Hospital. Mom was born in her Grandmother Reid's house in Pennant, Saskatchewan on December 29, 1921.

Mom started school at the age of five. In the small school she attended, she would have had to wait two years until there were enough children to have a class. Her Dad bought a bomb proof pony and trained it to go back and forth to this one room school. Mom learned how to harness the pony on her own and at the age of five took herself to school each day, fall and spring. During the winter, she studied at home. She was a remarkably bright child, and this shone through her whole life as a proficient reader, writer and teacher.

Music was a large part of Mom's life. She had a special teacher who taught in a music festival in Swift Current. This teacher taught and inspired Mom and this training was a highlight of her life; singing in the United Church choir; singing with her daughters and encouraging her grandchildren to sing and play music. We started each extended family meal with the grace, Johnny Appleseed.

Growing up in Southern Saskatchewan during the depression was a tough time for her family. She became very resourceful because of the hardships endured such as drought, locusts, food stamps and the relief train. Mom and her brothers worked hard but made lasting memories from the fun times they had with neighbours along South Saskatchewan River.

Mom graduated from Grade 12 in 1938 and moved to her aunt's farm in Virden with her family. She taught on permit for a year at Laggan; took teachers training at Brandon Normal School. The building housing the Normal School, was taken over by the air force during war time and the students spent the month of June at Gimili (Camp Morton). She first taught at Wingham District NW of Elm Creek and then she taught for a year at her home school, Parkland, before she married Sid Foote July 4, 1944.

Mom was very proud of her seven children and their families Janie (Eric Schroeder); Carol (Jake Banman); Ellen (Bob Blain); Shirley (Nelson Leask); Jack (Andrea Hauntz); Joyce (Jeff Nicolajsen); and Donna (Rob Riddell). Mom had 18 grandchildren; 37 great-grandchildren and five great-great-grandchildren.

Mom was predeceased by her husband Sidney Foote (2009); daughter Carol (2015) and her husband Jake Banman (2020); son-in-law Nelson Leask (2004) and grandson Dane Nicolajsen (2018).

She also leaves to mourn sisters-in-law Frances Reid, Dorothy Cox and Hazel Frost as well as many nieces and nephews.

Many good friends were made over the course of her life: teaching St Andrews United Church Sunday School, teaching the Junior choir, leading Wingham Busy Bees and Elm Creek Combined 4H Club, serving on the United Church board, the Dufferin Agricultural Society, the Ripples of the Creek Seniors citizens and the Elm Creek Manor Board.

Family and life on the farm were very important to Mom and Dad. They met the challenge of making a success of a section of land on a sandy ridge that they were told would never be able to support a family. They raised chickens, pigs and beef and milk cows, and planted a huge garden which was preserved for the winter. Money collected from the sale of eggs and cream was stored in an "egg box" and used for groceries and other necessities.

Mom was multi-tasker extraordinaire! She would haul grain, supervise garden and house work and do chores all at the same time! Mom was up early in the mornings to milk cows before getting school kids up to eat oatmeal porridge. Mom and Dad worked hard to keep us clothed, fed and educated. Family outings such as a wiener roast at Ken's pasture or a swim at Norquay Beach were the rewards for hard days work. There were many winter Skidoo trips back west which ended with a winter wiener roast.

The era in which Mom grew up, instilled a sense of frugality and creativity. She bought or repurposed fabric to make new outfits for us. She could cook! Not many groceries were bought from the store when living on the farm! And not wasting any morsel. Even from her hospital bed, she was sneaking away leftovers to feed our family pets!

Mom loved to write. Her cursive handwriting was impeccable. She enjoyed writing stories about her past for the Glenboro Gazette, the Senior Magazine and a variety of writings to coincide with photographs that she had taken. She filled her writing desk and closets with her wonderful hand written stories.

Our parents loved to travel with family in their retirement. Jamaica, Hawaii, Holland, British Isles and Arizona were some of their adventures. Trips to visit children in Peace River and Dawson Bay were always memorable times.

All of us were recipients of Mom's beautiful birthday cards which she made to suit each one of us including a comic strip from the newspaper. When the grandchildren were young, she always included money but once the grandchildren were older, she put the money into a card for the great-grandchildren. "It's costing me too much money to send to all of you!" she would say. She supported Mission and Service in church making birthday cards for everyone in church who celebrated birthdays. Mom had many hobbies and did not like to sit doing nothing! She knitted or crochet many afghans, embroidered many quilt blocks for baby quilts, knitted mittens, scarves, toques, many, many pairs of slippers up until she went to the hospital. There was always knitting at her chair as well as a good book to read! Mom liked to bake bread, buns, muffins or cookies to share with her family in the manor, always thinking of others.

Our family is spread out over the span of 20 years and as such, there were always babies and toddlers running around at each of our gatherings. Mom could typically be found with the babies! And she never lost her touch – bouncing each of the latest additions on her lap! Her grandchildren of all generations kept her going all these years. She enjoyed their visits, hearing of their activities and participating in their lives in any way she could. She loved and was so loved.

It was only a sunny smile and little it cost in the giving, but like the morning light, it scattered the night and made the day worth living.

Donations can be made to the Carman and Area Foundation/RM of Grey Fund, Box 160, Carman, MB, R0G 0J0.

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MAY IS BETTER HEARING AND SPEECH MONTH

Are You One of Many Canadians Living With Hearing Loss?

Many Canadians are not even aware they have hearing loss. A Statistics Canada study¹ showed that while 38 percent of Canadians aged 40 – 59 years had an audiometrically measured hearing loss, only four per cent self-reported a loss. Similarly, 75 per cent of Canadians aged 60 – 69 years displayed a measured loss, with only seven per cent self-reporting. Further, 93 per cent of Canadians aged 70-79 years showed a measured loss, while only 19 per cent self-reported a hearing loss.

Are you noticing your hearing is not as good as it used to be?

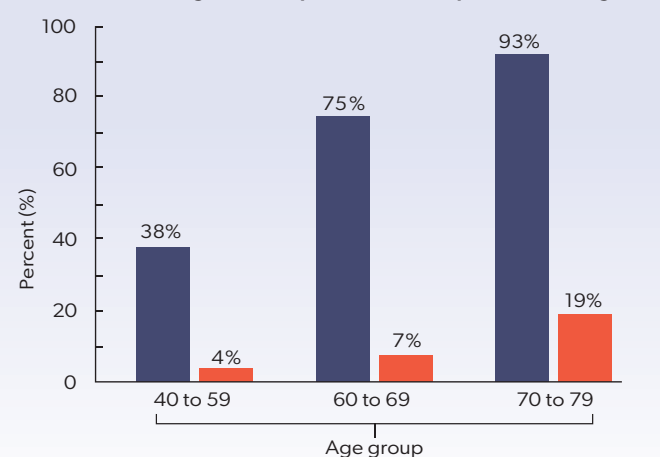


If you answer 'yes' to any of these questions, you may benefit from a hearing consultation

To help gauge your hearing health, consider the following questions:

- Do you have difficulty following conversations in a restaurant, a large group situation, or when there is background noise?
- Do you often have to ask others to repeat themselves?
- Have people ever told you that you listen to the television or radio too loudly?
- Have you been told that you speak too loudly?
- Do you find it difficult to communicate using a telephone?

Measured hearing loss compared to self-reported hearing loss



Adapted from: 2012 to 2013 and 2014 to 2015 Canadian Health Measures Surveys combined.

How is hearing loss diagnosed?

A hearing care professional is best equipped to assess your hearing and determine if you have hearing loss. During your hearing consultation you can expect:

- ✓ A discussion about your current symptoms and your overall health history
- ✓ A non-invasive physical examination of your ear with an instrument called an otoscope
- ✓ An audiometric test which is performed in a soundproof booth, during which you wear headphones and listen to sounds and words directed to each ear
- ✓ A speech test asking you to repeat a list of words given at different volumes
- ✓ The results of these tests recorded on an audiogram

The entire testing process takes approximately 40 minutes. Once the tests are complete, your hearing care professional will review the results with you and answer any questions you may have.

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Source:
1. Ramage-Morin, Pamela L., Rex Banks, Dany Pineault and Maha Atrach. "Unperceived hearing loss among Canadians aged 40 to 79." Statistics Canada. August 21, 2019. Accessed March 4, 2022.
<https://www150.statcan.gc.ca/n1/pub/82-003-x/2019008/article/00002-eng.htm>

*Complimentary hearing consultations valid for those over 50. Not applicable on third party claims. Other restrictions apply, please see clinic for details.