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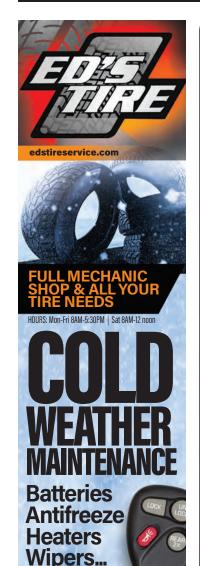
The Carman-Dufferin THURSDAY, FEBRUARY 10, 2022

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VOLUME 2

SERVING ELM CREEK, ROSEISLE, HOMEWOOD, GRAYSVILLE, MIAMI, ROLAND, STEPHENFIELD, NOTRE DAME, SPERLING







STANDARD PHOTO BY BECCA MYSKIW

Four-year-old Tessa McIntosh went shopping with her grandma at Nine Lives Fashions last week. She spent most of her time looking through the scarves.

> everything you need to know in your locally owned and operated community newspaper



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Carman staple Evensong under new ownership



STANDARD PHOTO SUBMITTED Tracey Falk, left, and Michelle Weir recently purchased Evensong.

Pair of close friends buy business looking to keep same values, add personalization

By Becca Myskiw

Carman's Evensong is under new ownership and the new owners plan to keep the values the same while incorporating their own style along with a modern touch.

Alice Veenendaal opened Evensong in the fall of 2003. She said serving the Carman community has been a pleasure. She thanks the Carman and Community Chamber of Commerce especially for their "diligent work on behalf of the businesses especially during these COVID years."

Over her years running the business, Veenendaal carefully curated a collection of brands, one of the most popular being Cobble Hill puzzles requested by many.

In 2021, Michelle Weir and Tracey Falk came to Veenendaal about her possibly selling Evensong to them. The ladies said they decided they wanted to buy it after discussing the inspiring young women in the community that has taken over other well-established local businesses.

"We are both creative people with a passion for home design, so Evensong seemed like a great fit," said Weir and Falk. "We approached Alice in the summer to see if she had any interest or intention of selling the business. We met with Alice a few times to discuss the possibility of buying Evensong, and each time we met with her, we got more and more excited about the idea."

It worked out for them as they are now the new owners of Evensong. Veenendaal said her sincere wish is that the community continues to support them at the store along with the other businesses that have helped her.

Weir and Falk have known each other since they were 12, and their brothers played junior ball together in Carman. They've been friends and coworkers for the last decade.

"Evensong has been a staple in Carman and the surrounding area for the last 18 years," they said. "When talking with family and friends about our decision to buy the business, we realized everyone has a different reason for visiting Evensong. Some love their jewellery, or the Lamp Berge. Others come to find the perfect wedding, shower, or baby gift."

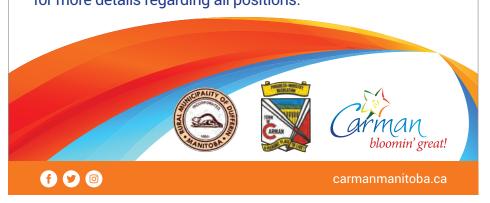
As both of the women's mothers have an interest in home design, it's always been an interest for them. They're excited to combine their education, work, experience, and personal interests into their new business.

Weir and Falk don't have an official opening date yet as they're rearranging the store, making it their own, and barcoding inventory. They're hoping to be open in the next two to three weeks. To stay up to date, follow them on Facebook @evensongaccentandgifts.



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WELCOMING HARLEY SHEPHERD TO OUR TEAM OF LAWYERS EFFECTIVE JANUARY 1ST



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Harley Shepherd received his Bachelor of Arts in History from the University of Manitoba in 2008 and received his Bachelor of Laws in June, 2011. Harley was one of eight members of his class selected to participate in the Solomon Greenberg Moot Court Competition, a distinction given to those who demonstrate excellence in trial advocacy. Harley was called to the Bar on June 21, 2012.

Growing up on a grain and beef cattle farm southwest of Elkhorn, Manitoba Harley comes from a household that never had any great affection for lawyers.

Understanding that meeting with a lawyer is often one of the more stressful things someone will do, Harley uses his country upbringing to help make clients feel at ease and make the experience of dealing with a lawyer as pleasant as

the circumstances allow. Harley is committed to practicing law in rural Manitoba and enjoys the many wonderful things rural communities have to offer.

In 2014 Harley was one of the presenters at the Manitoba Bar Association Mid-Winter Conference on the topic of Family Law and Farm Financing. He is also a co-author of farm business structure guides published by the Manitoba Department of Agriculture, which include guides to sole proprietorships, partnerships, corporations, and joint ventures.

Outside the office, Harley is the Sergeant-at-Arms for Carman Branch #18 of the Royal Canadian egion.

Harley and his family live in Carman and are active in community life in both Carman and Roland. Harley is very excited to be part of the community in Deloraine.

Nine Lives donates another \$1K with jewelry donation program



STANDARD PHOTO BY BECCA MYSKIW

Nine Lives Fashions donated a total of \$2,000 to Carman Dufferin Communities in Bloom this year. Pictured left to right, Tessa McIntosh, Terri Dyck, Brent McDonald, Deb Penner, Jeanne Smith Kehler, Susan Mooney, and Marge Warkentin.

By Becca Myskiw

With the most recent donation from their jewelry program, Nine Lives Fashions has given a total of \$22,276 to community organizations in 11 years.

This year, Carman Dufferin Communities in Bloom (CIB) is the lucky recipient of their donation. In September 2021, they donated \$1,000 to CIB, and on Feb. 3, they presented an additional \$1,000, making an even \$2,000 generated and granted in 2021.

People donate jewelry to the business, which is then sold. Every penny is then donated back into the community through the jewelry program. Marge Warkentin of Nine Lives Fashions started the program to give back to the community. So far, they've given funds to Carman Palliative Care, the Family Resource Centre, the Carman Collegiate theatre, the Splash pad, Carman HandiVan, Boyne Lodge, the Boyne Regional Library, and now,

legislative assistant role ing a movement focused on returning

Borderland MLA removed from

By Ashleigh Viveiros

Borderland MLA Josh Guenter was removed from his role as legislative assistant for the minister of health last

Guenter posted on social media Jan. 29 that he had spent time with "family, friends and scores of peaceful free-dom-loving Canadians" at a rally on Highway 75. A convoy of truckers and supporters have been slowing traffic near the Emerson border crossing in protest of vaccine mandates. Guenter thanked the participants "for inspirto civil liberties."

Continued on page 8



and more.

"I'm privileged to participate in the community this way," she said. "To provide the space and manpower...to make sure we have good displays and to make it available to people."

This year, Warkentin said they chose Carman Dufferin CIB because she knew they were a newly resurrected group and liked what they were doing in the community — she knew they'd use the money well.

Susan Mooney from CIB said the \$2,000 is a wonderful support, and they feel privileged to be chosen to receive it. The money is going toward the Boyne Side Pocket Park by the Riverview Legion apartments — they're still adding more greenery to the space and making it more welcoming.

This year, the group is anticipating that the national CIB competition

the Carman Pathways Committee, won't go on, but the Year of the Garden initiative they're participating in. Essentially, it's a post-pandemic recovery program that encourages communities to get gardening and beautify their town.

> The local group is also hoping to incorporate the planters from Highway 13 into the business district and have them on 1st Street as well.

> Warkentin and Nine Lives Fashions are already raising money for the next group with the jewelry donation program. She's chosen the Boyne River Keepers to receive the next year of funds because she's excited about the river just as much as they are.

> "I think it's so exciting because there's the pathway and now the river," she said. "And just something that most communities don't have automatically."



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Carman chamber hosting gift card Survivor competition

By Becca Myskiw

This month, locals will have the opportunity to play their very own survivor from the comfort of their homes, thanks to the Carman and Community Chamber of Commerce.

Executive director of the Chamber Jodi Winkler said that February is a slower month for businesses with the post-Christmas lull and cold temperatures. The chamber wanted to promote local shopping in a new way.

Surviving February is a chamber-run event that gets everyone involved in fun and support. Essentially, teams of four get together and purchase four \$25 gift cards from any Carman and Community Chamber of Commerce business/businesses. They then take those gift cards to Royal LePage Legacy

Realty, MMJS Law Offices, or Sunlife Financial in town and register with their team name and each member's name.

From Feb. 14 to Feb. 25, excluding Sundays, the chamber will draw a minimum of five names each day. The first four individual names pulled will be eliminated from the competition, but the fifth name will win four gift cards to local businesses. On the final draw on Feb. 25, the chamber will pull names until only one remains and the ultimate survivor will win the remaining gift cards — Winkler estimates it to be around 60.

One person can be on several teams, giving them numerous entries. The chamber will contact winners directly to pick up their gift cards and use them.

"It's kind of fun," said Winkler. "It keeps you on

the line for the two weeks of drawing. We're hoping people share the wealth and split the four gift cards between the team but that's ultimately up to them."

The number of daily draws will depend on how many teams sign up. Right now, Winkler's planning for 25, but she's hoping they get more than that. The deadline to register is this Friday, Feb. 11.

The Carman and Community Chamber of Commerce doesn't make any money from this initiative.

"We're just trying to generate some revenue for our smaller businesses," said Winkler.

A list of the Chamber's current members can be found at https://www.carmanchamber.ca/members/

Local municipalities receive asset management initiative funds

By Becca Myskiw

The rural municipalities (RMs) of Dufferin and Grey have received funding through the Municipal Asset Management Program (MAMP).

The federal government funded the program and delivered by the Federation of Canadian Municipalities. On Jan. 28, they announced 26 initiatives nationally are being funded with a total of \$1,187,700 put towards them.

The RM of Dufferin said senior management staff are working to develop an asset management policy, strategy, and plan that will provide data on the key assets owned by the RM. They received \$50,000 from the federal government for this.

"Going forward, we will have more information about our assets as well as provide a clearer picture of our financial position and upcoming responsibilities," the RM said. "This information will provide guidance to financial decisions longer term, leading to a much more financially secure organization."

They started the initiative in 2018 to begin measuring some major asset conditions. It's progressed to developing an idea of what customer service level these major assets provide.

Before receiving the \$50,000, the RM of Dufferin spent \$1,000 of their own on training for staff and the time for them to work through the process. They said the funds would allow them to work with a consultant who will provide training, guidance, and assistance throughout the process. It will also help for engineering assessments on all of the RM's bridges and to offset internal labour costs.

The first step in their asset management initiative is the collection of data, which they said will give them a "much clearer understanding of the current dollar value, use, condition, and true life cycle of [their] assets." The training will ensure they're in a position to continue moving forward with the proj-

ect

"Having an initial plan produced will provide a document the municipality and its residents may all refer to when considering future asset improvements, renewals, and acquisitions, helping ensure these considerations are determined with a much clearer understanding of the true impact of taking or not taking action," said the RM.

The produced plan will then help identify and prioritize the next steps in their "asset management journey."

"One clear goal is, once this project is completed, the data, documents, and education of asset management will result in recognition that progression to the next level will provide even greater improvement in the Municipality's health," said the RM.

The RM of Dufferin expects to have grant outcomes completed within a year.

The RM of Grey received \$44,000 for their project.

Cattle farmers call for province to "step up"

By Nicole Brownlee

There's always a cost to producers accessing alternate needs.

Provincial supports are falling short for Interlake cattle farmers struggling to feed their herds.

After several years of moderately dry conditions, the 2021 drought left Manitoba farmers with grim decisions.

Forced to choose between feeding herds scraps from whatever producers could scrape together, selling livestock or culling, farmers looked to the province for any assistance they could get.

"I think (the government) came (to the plate), but they didn't come as wholeheartedly as well all wanted," said Arvid Nottveit, a beef producer from Peonan Point.

The province released three programs to help producers in August and November 2021. The federal government is sharing the cost of the

three programs, covering 60 per cent, while the province picks up the rest of the tab.

The programs offer livestock producers help with the cost of replacing breeding animals culled because of winter-feed shortages and buying, transporting and testing feed.

Nottveit applied for all three programs.

The 2011 flood destroyed acres of Nottveit's Tribar Ranch, forcing him to sell half of his cattle. Nottveit's reduced cattle numbers from the 2011 disaster helped him in 2021, and he did not have to sell any of his herd.

The producer supplemented his hay to feed his over 400 cattle with cattails and edible cull beans from North Dakota.

In a normal year, Nottveit would book one load of grain from North Dakota for his calves, but this year he's requested seven to feed the herd. Nottveit also booked extra grain in



STANDARD FILE PHOTO

Cattle farmers are trying desperately to save their herds with federal and provincial ag funding.

August to feed his cows, even though they've always been fed hay.

Manitoba could be restriction-free by spring

By Ashleigh Viveiros

Premier Heather Stefanson and Chief Provincial Public Health Officer Dr. Brent Roussin announced last week that Manitoba will be taking a cautious but steadily increasing approach to reducing public health restrictions in the weeks ahead.

The province's COVID-19 numbers have been improving of late, Roussin said, resulting in a lessening strain on the health care system.

"As this week has passed we see that many of those indicators continue to be stable or trending in the right direction and so we are getting a better understanding of where we are in this wave," he said.

As a result, new public health orders in effect until Feb. 22 ease capacity limits slightly in several settings.

Private gatherings where everyone 12 and older is fully vaccinated are now allowed the household members plus 25 others in indoor spaces and 50 people outside (up from the previous

10 and 20-person limits)

Such gatherings with individuals who are not vaccinated are capped at the household plus 10 people inside (up from five) and 20 people outside (up from 10).

Also lifted is the 250-person capacity limit for settings like fitness centres, casinos, movie theatres, and performing arts centres, though facilities are still limited to 50 per cent capacity with proof of vaccination required.

When it comes to indoor religious services, capacity is limited to 25 per cent or up to 250 people, whichever is lower, when proof of vaccination is not required. Services restricted to fully immunized people and those under 12 not eligible for the vaccine are limited to 50 per cent capacity.

Sports tournaments are also now allowed, retail capacity limits in stores throughout Manitoba have been lifted entirely, and restaurants and lounges can sell liquor until midnight-two hours later than under the previous

Restrictions will most likely be relaxed further later this month, Stefan-

"Situation permitting and based off of what the data is telling us at the time, we will be looking to remove a significant amount of capacity limits and restrictions," she said. "Later this spring we hope to be in a position of relaxing nearly all restrictions and moving to recommendations."

"Given where we are right now, if we don't see anything unexpected, we're looking at a restriction-free Manitoba by spring," agreed Roussin.

RISE IN INCIDENTAL CASES

On Monday, the province's online COVID-19 dashboard reported there were 702 people in hospital with CO-VID-19, including 47 in intensive care. The death toll had hit 1,600.

The day's health bulletin noted the trends for the week ending Thursday, Feb. 3 show Manitoba had 286 new

hospitalizations in the previous seven days, a 19.2 per cent decrease from the week before. ICU admissions also dropped 19 per cent to 34 new patients with COVID-19.

Dr. Roussin noted that an increasing number of hospitalizations have COVID-19 incidentally, meaning they were admitted to hospital for another reason but tested positive for the virus while there.

"It's really important for us to understand who is in hospital because of COVID, not in hospital incidentally related to COVID," he stressed. "Because omicron is so widespread, we know that every person admitted to hospital is tested for omicron, we're going to find people that were there for other reasons but happen to test positive for COVID.

Last week, about 40 per cent of the listed COVID-19 hospitalizations were there because of the virus alone. In the ICU, that number jumped to 70 per cent of patients.

> CATTLE FARMERS, FROM PG. 4

"I don't particularly like what I'm Nottveit. doing," said Nottveit.

Producers are accessing any support they can, he said, but there's always a cost to accessing alternate needs, and it's not covered by any programs.

In a herd of cattle, there are varying ages, which require different quantities of feed, nutrients and minerals. When producers only have one type of feed and an average quantity they need to give to every animal, the cattle will react differently.

"Not every cow will adjust to a new ration the same," said Nottveit.

For example, if the cattle are fed corn, producers need to ensure the cows have enough calcium to calve

"One of the biggest reasons for calving issues is inadequate body condition of your cattle," said Nottveit.

The government added feed additives and premixes like molassesbased products, vitamins, minerals, oils and fats to be eligible for financial assistance as of June 1, 2021.

The province will make payments to producers based on the head count of the livestock but will only cover up to 75 per cent of the purchased cost of feed and feed testing. The max the province will pay for each cattle, bison, elk or horse is \$250, and \$50 per sheep or goat.

"Just because I didn't make my full complement of bales doesn't mean I didn't expend the same amount of fuel that I do every summer," said

Potential amendments the province could make to the program could be issuing assistance as soon as the weather indicates drought conditions in areas of Manitoba.

"We've had a number of dry years... but the areas that were in a drought situation were not as extensive as they were this year."

Producers who needed financial assistance with their crops in previous years didn't receive help from the province, said Nottveit.

"If you want help from the government, you sure hope the whole province needs it."

On Jan. 25, the province announced that AgriInsurance premium rates have increased by around 10 per cent because of record payments in 2021. The estimated average coverage for 2022 is \$463 per acre, a 44 per cent increase from 2021.

"Our government knows the importance of creating the environment for businesses to succeed," said Derek Johnson, Minister of Agriculture.

Agriculture contributes 11.5 per cent of Manitoba's GDP and supports around 50,000 jobs.

"It's important to ensure that farmers not only survive in Manitoba but

Producers are starting to apply for the herd replacement and management program, which was released in November 2021, said Johnson.

The feed assistance and transporta-

tion programs have been popular, but Johnson could not provide statistics on how many farmers have accessed the programs so far.

"Those (applications) are rolling in by the day," said Johnson.

The province is working with farmers to revise the program as needs are acknowledged, added the minister.

"It's adapted and been very well received by the industry."



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letter to the editor Letters to the Editor: letters@carmanstandard.ca

Anti-mandate rally at the Manitoba Legislature

Manitoba Liberals condemn the lawless activities and disorder that have been taking place around the rally at the legislature, and the misery that the so-called protestors are inflicting on the innocent residents of the area.

It is terrible that people were injured in a car accident and we expect that the individual responsible will be held to account and face justice. We should not pretend that either side is right when both are wrong. Wrongdoing does not justify wrongdoing, and law-breaking does not justify further law-breaking.

We cannot let debate in Manitoba be defined by extremists who have shown contempt for the law and their fellow citizens.

On Reddit, a resident posted, 'I had both an Instacart and a Skip the Dishes order refunded to me because the drivers can't get to my apartment because the streets are blocked by this stupid protest.I am physically unable to get groceries because of my cancer treatment, which is why I order Instacart to bring it up to my apartment unit.'

MLAs received an unprecedented warning from legislative security to stay away from the building because of the risks associated with protests. While MLAs and Ministers and their staff may be able to work from home, thousands of people living downtown do not have that luxury.

Peaceful protests do not block roads and obstruct traffic, which could include fire, ambulances, paramedics and access to food.

Blaring truck horns and setting off fireworks is not an exercise in free speech, they are a disruptive act of harassment.

Parking and leaving a vehicle in the middle of the street for hours is not a peaceful protest when it blocks the delivery of emergency services and

We know that politicians do not direct police action. It is legitimate to ask Premier Stefanson, Mayor Bowman and Police Chief Smyth why basic by-laws and the highway traffic act are not being enforced when it appears that they are being blatantly violated.

The occupiers need to go home, to-

- Dougald Lamont, Manitoba Liberal Leader and MLA for St. Boniface

Manitoba second-highest nationally in per-student school spending

Funding increased for school operations and cost pressures by more than \$120 million

Submitted by Manitoba government

Funding for the Manitoba school system will increase by \$120 million in the upcoming school year, including \$43 million increase in annual funding and additional one-time funding of \$77 million to address incremental wage costs and other pressures, Education Minister Wayne Ewasko announced Friday.

"Manitoba has the second-highest spending per student in Canada after New Brunswick at \$15,412 and we are maintaining this position at the national level with a further investment of \$120 million this year," said Ewasko. "School divisions have told us that COVID-19, inflation and other costs have increased financial pressures, and this has been taken into consideration in this year's public school funding. These increases will ensure that school divisions have the resources they need to help students succeed."

The annual funding includes an increase of \$18 million for public schools, \$2.2 million for independent schools and a \$23.2 million increase to the Property Tax Offset Grant. To reduce the burden from ratepayers, education property taxes will remain frozen and the increase to the Property Tax Offset Grant is equivalent to

"School divisions continue to receive the full value of the education property taxes collected as the rebates to Manitobans are funded from general provincial revenues," said Ewasko. "The increase in the Property Tax Offset Grant ensures that school divisions do not lose out on revenue that they would have raised by increasing property taxes."

The \$77 million in one-time funding next year is based on feedback from school divisions on their anticipated incremental costs over and above the regular annual increases in funding.

While these financial pressures faced by school divisions are ongoing, only one-time funding has been announced this year as a new education funding model is being developed in consultation with school divisions for the 2023-24 school year. The new funding model, a recommendation of the Commission on Kindergarten to Grade 12 Education and supported by key sector stakeholders, will ensure the creation of a fair and sustainable model that provides equitable funding so all students succeed regardless of their location, their background or their individual circumstances.

Earlier this year, the Manitoba government provided an additional \$63 million to schools across the province to address COVID-19 needs. The min-

Continued on page 7

OUR SISTER PUBLICATIONS



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Child Care to become more affordable

Submitted by Manitoba government

Manitoba is expanding eligibility to its Child Care Subsidy Program on Feb. 6, 2022, resulting in nearly half of regulated spaces being subsidized. This will reduce out-of-pocket parent fees for families with children in regulated child care by 30 per cent on average. This change ensures Manitoba is on track to achieve a key joint commitment in the Canada-Manitoba Canada-Wide Early Learning and Child Care (ELCC) agreement to reduce out-of-pocket parent fees by 50 per cent by Dec. 31, 2022. The Child Care Subsidy Program provides assistance to eligible families by reducing child-care fees for children 12 weeks to 12 years of age. Of the 38,000 spaces available in the regulated childcare system, 6,000 children, or 16 per cent, currently receive a full or partial child-care subsidy. With the increases in eligibility, it is estimated that 12,000 additional children will receive support to access regulated child care, particularly in low and middle-income families. Triple the number of children that are currently supported in regulated child care and their families will now be eligible for a childcare subsidy.

Manitoba is increasing the net household income thresholds and allowable deductions for the Child Care Subsidy program by 45 per cent, which will range from an average net household income from \$23,883 to \$37,116 for a full subsidy and partial subsidy will range from \$37,542 to \$82,877. Child-care subsidies are

based on net household income and family composition including the ages and number of children. This moves Manitoba towards its commitment of reaching an average \$10 outof-pocket fee per day by March 2023, allowing more Manitoba families to participate in the labour market and maintain employment while knowing their children are receiving safe and nurturing care.

To implement the new subsidy eligibility threshold, Manitoba will increase annual funding to \$82.7 million, with \$64.5 million in federal funding coming through the Canada-Manitoba Canada-Wide ELCC agreement for children ages six and under. Enhancements to the current Child Care Online system and subsidy application process will be introduced in the coming weeks. Further to this support for families, the governments of Canada and Manitoba are also working together to conclude negotiations for the 2021-22 to 2024-25 Canada-Manitoba Early Learning and Care Agreement, which extends existing funding beyond March 31, 2021. This includes one-time 2021-22 Early Childhood Workforce funding to support the retention and recruitment of the early learning and child-care workforce. Once signed, this agreement will be complementary to the Canada-Wide Early Learning and Child Care Agreement. For more information on the Child Care Subsidy Program and to submit an application, visit www.gov. mb.ca/fs/childcare/families/childcare subsidies.html.

MP Bergen named interim leader

By Ashleigh Viveiros

Portage-Lisgar MP Candice Bergen is the new interim leader of the Conservative Party of Canada.

Party members voted Bergen to the role after ousting Erin O'Toole from it last week Wednesday.

Bergen has served as the deputy leader of the Conservatives and the Opposition since 2020. She's been the MP for Portage-Lisgar since 2008.

The Standard reached out to Bergen for an interview but did not receive a response by press time.

In a statement released last week, Bergen thanked O'Toole and his family for their service to the party and the nation.

"The professionalism and dedication that Erin brought to the job is something that I will continue as Leader of the Conservative Party," she said."I would also like to thank my colleagues for putting their trust in me to lead the Conservative Party. I will work hard every day to earn that trust.

"As we move forward, it's important that Conservatives come together from coast-to-coast-to-coast to focus on Justin Trudeau's cost of living crisis, his divisive approach that is threatening our national



Candice Bergen

unity, and his repeated ethical scan-

"I'm ready, and so is our caucus. Over the next few months, my colleagues and I will be listening and acting. My goal as interim leader is to strengthen our movement and leave the next leader with a party that's ready to win."

A date has not yet been set for the party's election of a new, permanent leader. It will be the third such election in the past five years.

> SCHOOL SPENDING, FROM PG. 6

ister noted the government will continue to assess needs related to the pandemic response and will provide additional safe schools funding as required.

"Manitoba is committed to investing in education with the funding adjusted based on enrollment increases and accounting for COVID-19 related impacts," said Ewasko. "We will continue to consult with school divisions, school staff, parents and students to hear what is working and what we need to do to support them as we move forward to continuously improve and strengthen the education system."

The minister noted today's announcement builds on other recent investments to strengthen Manitoba's education system with a focus on continuous improvement including:

additional one-time funding of \$80 million for incremental operating costs in public school divisions in 2021-22;

investments in a new pilot program that will support engagement with elders and knowledge keepers in schools to promote the inclusion of First Nations, Métis and Inuit histories, culture, traditional values, contemporary lifestyles and traditional knowledge in the provincial curricula; a total investment of \$260 million in

capital funding to build new schools and renovate others; and

more than \$1 million in additional funding for mental health supports including:

mental health supports for the education workforce,

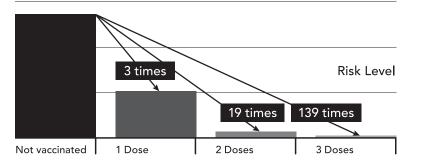
the French translation of materials, peer-programming training for educators, and

further professional development for educators and leaders that is trauma-informed and culturally relevant to address the effects of long-term trauma caused by the pandemic.

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Provincial Champions 1964



STANDARD PHOTO SUBMITTED

Susan Alexander's Miami foursome captured the girls' Manitoba provincial secondary schools athletic association championship at Carman Saturday. Susan Aexander (right) with Denise Sharpe, Janie Simpson and Caroline Oakes.

Miami and Area Foundation AGM shows total funds grow by \$50K

By Becca Myskiw

Last Thursday, the Miami and Area Foundation hosted its annual general meeting (AGM) and revealed 2021 ended with \$50,000 more than last year in their total funds.

The meeting kicked off virtually at 5:30 on Feb. 3, reading the last meeting's minutes, followed by the financial report.

The foundation generated \$6,607 from capital donations and another \$8,000 from flow-through donations. In addition, they got \$2,000 from the operating grant from the Winnipeg Foundation and \$23,719.83 from the Winnipeg Foundation's managed dollars — that includes admin payment, affiliate fund, annual payment, grant for a laptop, and the Sustainability and Growth grant.

Youth in Philanthropy generated another \$200 for the foundation, giving them a total income of \$60,719.60 in 2021

The Miami and Area Foundation spent \$29,000 on grants last year, \$1,030 on advertising and promotions, \$1,472.82 on management and administration, and \$2,288.26 on a regional

staff project

They also transferred \$56,500 to the Winnipeg Foundation, making their total expenses \$92,113.33 in 2021. That means their net income was -\$30,027.40 after interest and other income, but treasurer Tricia Livingston said that's not the way to look at it.

"It shows as going out, but it isn't an expense," said Livingston after the meeting. "It's just going into a different investment."

In 2020, the Miami and Area Foundation ended with just over \$600,000 in total funds. This year, they have \$658,212.34, showing their account is growing, which means they can continue to grant out more to organizations and projects in the future.

Following the financial report, the meeting went into the changing of or keeping of directors and everyone stayed in the positions:

Gordon Simpson is still board chair Brian Callum is vice-chair

Heather Imrie is the secretary

Livingston is staying as treasurer

The board then voted not to appoint an auditor this year and the meeting was adjourned.

\$280-Million initiative to strengthen fire safety measures

Submitted by Manitoba government

The Manitoba government is making progress on a \$280-million initiative to enhance fire and life safety at personal care homes, hospitals and health-care facilities, Health Minister Audrey Gordon and Seniors and Long-Term Care Minister Scott Johnston announced last week.

"These fire and life safety upgrades highlight our government's commitment to doing all we can to keep all Manitobans and especially vulnerable populations safe from harm – even when undertakings require significant effort and resources," Gordon said. "We are truly pleased to be making significant progress on this important project."

As part of the fire and life-safety project led by Shared Health, all hospitals, personal care homes and health centres in Manitoba will have full or partial sprinkler systems installed over the next six to eight years with work prioritized to facilities that benefit most from upgrades. While the pandemic has impacted the timing of some upgrades, progress continues to be made on the initiative with full or partial sprinkler systems now installed in 74 per cent of all health-care and personal care home facilities.

"Vulnerable Manitobans and their loved ones rightfully want to know that we are providing them with the highest level of safety we can," Johnston said. "While the measures already in place offer substantial protection, we are committed to moving forward with improvements that will enhance safety and minimize risk for residents, patients, staff and visitors across Manitoba."

Projects currently underway include:

- sprinkler installations or retrofits at Victoria General Hospital in Winnipeg and on the Health Sciences Centre (HSC) campus at 735 Notre Dame Ave., the site of the former Women's Hospital;
- sprinkler installations at facilities in Arborg, Whitemouth, Carman and Gladstone;
- fire separations in the Minnedosa Health Centre and Ste. Rose General Hospital; and
- alarm repairs and upgrades at facilities in Reston, Erickson, Souris, Elkhorn, Deloraine, Virden, Arborg, Fisher Branch, Oakbank, Flin Flon and Winkler, as well as HSC, St. Boniface Hospital, Seven Oaks Hospital and Holy Family Home in Winnipeg.

Shared Health signed a multi-year agreement in December 2021 with

a group of engineering firms to help manage upgrades to ensure an appropriately high level of fire prevention and safety measures are in place at 193 health-care facilities across the province.

The group, collectively known as Project Engineering and Management Services (PEMS), includes SMS Engineering along with other subspecialty consultants. PEMS is tasked with ensuring work is completed in compliance with provincial standards set by Shared Health and in order of priority following the recommendations of RJ Bartlett Engineering, an independent third-party fire and life safety engineering firm.

The hiring of PEMS follows initiatives that began in 2014, following a tragic fire at a seniors' residence in L'Isle-Verte, Que.

> BORDERLAND MLA, FROM PG. 3

Two days later, Premier Heather Stefanson announced Guenter's demotion.

"As I have stated before, I expect all representatives of the government, whether Ministers or their Legislative Assistants, to support efforts to get all Manitobans vaccinated," she said in a statement issued Jan. 31. "The recent events involving protests from Canadian truckers raised significant concerns. "Our government believes in democracy and the

right to peacefully protest; however, we do not condone the use of anti-Semitic, racist imagery, and desecration of war memorials or statues," Stefanson continued, referring to events happening in Ottawa last week as participants of the "Freedom Convoy" occupied the capital in opposition to COVID-19 public health measures.

The federal mandate that truckers be vaccinated to travel to and from the United States is causing supply chain issues, acknowledged Stefanson.

"Concerns with the border mandate for truckers do have merit and should be examined further by our federal government to find better solutions," she said. "Manitoba has had success implementing [rapid] testing as an alternative to vaccination mandates, and using this method, we can mitigate further supply chain disruptions."

Guenter, who remains in the Conservative caucus, did not respond to a request for comment at press time.

Lloyd Orchard Community Arena receives Ag Days grant

By Becca Myskiw

Miami's Lloyd Orchard Community Arena received an Ag Days Gives Back grant to put towards new flooring in the changerooms.

The giving program takes 100 per cent of 50/50 funds raised and gives them to agricultural organizations throughout the province. This year's 50/50 was online as the show scheduled for Jan. 18 to Jan. 20 was cancelled.

"We wanted to give back some of the show's success to the communities where our exhibitors and patrons live," said general manager Kristen Phillips. "Over the course of the last nine years, we have been able to support some many amazing projects that are helping to grow communities across the region."

Over the nine years of the Ag Days Gives Back program, \$375,500 has been granted.

This year, 15 community recipients, each of whom received \$1,000. Lloyd Orchard Community Arena board president Brian Weir said they applied for the grant about two months ago with the hopes of completing their arena renovations. He said each of the facility's five dressing rooms got a facelift, and they had two more that needed new rubber flooring, but they just couldn't get the funds for it.

"We did all the renovations in the hopes that someday we could finish the flooring," he said.

The flooring was wearing out and in desperate need of replacement. The cost to do each room, the hallways, and stairways was around \$10,000 and the \$1,000 from Ag Days Gives Back was the final push they needed.

"Because of this grant, it helped us get right at the flooring after renova-

The rest of the renovations project was paid for by other grants and community donations. Weir said the arena is quite busy hosting games, tournaments, and rentals on a normal year.

"We like to have a top facility for our locals, but it's also important to have a good facility to offer to the outside groups that frequently rent from us," he said.

Weir said the board is grateful for the help from Manitoba Ag Days and it's nice for Miami to be seen as a real farming community in the province.

Other recipients of the 2022 Ag Days Gives Back program were:

Eustache Minor Hockey



STANDARD PHOTO SUBMITTED

The Lloyd Orchard Community Arena received a \$1,000 Ag Days grant for new rubber flooring.

- Francois Xavier Community Club
- Silverton Community Centre
- Gilbert Plains Recreational Complex
 - McCreary Centennial Arena
- Sanford Community Rink
- Centre Recreatif de St. Leon
- Doc Bonar Arena

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✓ shelterbelt establishment

- Goodlands Community Rink
- **Angusville Community Centre**

There were also three scholarships of \$1,000 given out and \$10,000 granted toward Agriculture in the Classroom.

Six more weeks of winter



STANDARD PHOTO SUBMITTED

February 2 is Groundhog Day and this is the day where Manitobans find out when spring will finally arrive. Manitoba Merv, the weather forecasting puppet groundhog at Oak Hammock Marsh, came out at sunrise last Wednesday, and predicted six more weeks of winter until spring in Manitoba. Groundhog Day derives from the Pennsylvania Dutch superstition that if a groundhog emerges from its burrow on Feb. 2 and sees its shadow due to clear weather, it will retreat to its den, and winter will go on for six more weeks; if it does not see its shadow because of cloudiness, spring will arrive early.



Where are they now? Catching up with Tom Draper

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their

Q. Firstly let's get familiar with you again. When did you live in Carman?

I was born in Carman in 1956 and lived there continually until 1972. Following my graduation from high school, I spent the next 4 summers living back in Carman.

Q. Did you attend school here?

I attended School in Carman until Grade 10 when my dad took a job in Dauphin.

Q. What did you do for jobs as a student?

My brother Walt and I operated the concession stand at the Carman pool. A lot of summer activity was spent on the farm cutting grass and working in my Mum & Dad's garden.

Q. What activities did you participate in as a student?

I played sports - baseball and basketball. I also sang in our church's junior choir.

Q. Did your family live here? Who and what did they do for a living?

I always thought that our family lived in the center of the world - 6 miles from Carman, 6 miles from Roland and 6 miles from Homewood. My dad was a "play farmer" and over the years he held several different jobs in Carman. One of which was managing the Carman Fair. My Mum then took over that role when he passed. For many years she worked at Hand Agencies.

Q. Do you have family living here? My parents Ken and Irene are both

buried there, while my brother Walt different countries on five continents. lives in New Brunswick.

Q. What was the chosen career?

Following my graduation from the University of Manitoba, I entered into a career in the farm equipment business. I enjoyed over 40 years in the industry in sales, marketing, and management roles.

Q. Did you move around lots in career or life?

I moved between Winnipeg and Regina 5 times, then relocated to Ohio in 1991. After three years there, we moved to the Atlanta, Georgia area. I have lived in a community outside of Atlanta for the past 27 years.

Q. Did you meet your spouse here or where?

I met my spouse Kay where we live in an Atlanta suburb.

O. Did you raise any children here or where? Names, where now and doing what?

I have three sons who were born in Winnipeg and Regina. They are Ian, who is a Special Education High School teacher, Andrew and Eric who are involved in a specialty segment of the residential reel mower business. I also have two stepchildren – Kate who is an elementary school teacher, and Jake who is a project manager in the hardscape business. All are married and we are blessed that all live within 50 km from us. All 10 obtained a university degree from universities in the Atlanta area.

Q. What else have you done career wise, where and how long?

A great aspect of my career in the farm equipment business was the opportunities to travel. I have been blessed to have travelled to 50 U.S states and Canadian provinces and 13

The best aspect of that was meeting so many different people from different cultures, backgrounds, and obviously environments. I had the opportunity to learn and share business and farming practices with folks in so many varied regions.

O. What do you do now? Retired? I am now happily retired.

Q. What passes your leisure time? **Hobbies? Sports?**

I spend my days working (playing) in my yard and garden, reading, and volunteering at my church. We currently have four grandchildren (2 more are on the way) who keep us busy with their activities or hosting them at our house. I usually dedicate some part of my day to staying in touch with former colleagues. With the Covid restrictions, our travel has been limited to day trips in Atlanta and surrounding areas. When my wife and I aren't travelling or are at our home in Georgia, we are at our second home in Gulf Shores, Alabama.

Q. .Have you travelled for leisure and where?

My wife and I have travelled to a number of cities in Mexico, Canada and the U.S. One of my most interesting trips was to Korea while Eric was stationed there as a member of the military.

Q. Any future plans? Do you have to do list?

Trusting that Covid restrictions will eventually be greatly diminished my wife and I plan to do more travelling throughout our two countries. There are many places that we would like to visit - the bucket list is long.

Q. Do you ever return to Carman? Unfortunately, I have visited Car-



Tom Draper

man only once in the past 10 years.

Q. What are some of your fondest memories of your Carman days?

In reflection, the thing I remember best about Carman was the beauty of the people who were loving, caring souls, the beauty of the town and the beauty of the simplicity of life.

Q. Any last words you wish to send to our readers?

Throughout my life, I have always been proud to say that I am from Carman. A message I would like to share is what my dad said many times -"Pray hard and keep your feet moving". I sometimes refer to it as the greatest seven word sermon ever written.

If you are interested in reaching out to Iris and Ken, send me an email, denjohnyoung@gmail.com and I will put you in

Carman kept the world warm....Mink ranching

By Dennis Young

Mink is a medium-sized member of the weasel family, is naturally aggressive and must be handled carefully. They bite readily and adults must be handled with thick leather mitts in their individual wire mesh pens.

The mink is a carnivore, so it requires a meat-based diet. The most common ingredients are fish filleting waste, byproducts of poultry processing and slaughterhouse offal which make up 70-80 per cent of the diet. The balance of the diet includes cereal, vitamins, and minerals.

Mel Park started to raise mink in

"For feed I fed a porridge cooked with gophers, some chicken, and

some fish in the winter." He stayed in business for three years. Meanwhile, Hav Sylvester was trying to catch wild mink that killed his chickens and ducks. So he dug some out of the Tobacco Creek beds and decided to keep and raise them.

In 1937 Hav bought his first bred female mink and so began his legacy on the family farm south of Carman.

" Having no hydro in those early days, all the meat had to be ground/ mixed by hand. The biggest problem was spoilage come summer. To alleviate this, we erected a building, dug a hole, added a box/lid, filled it with ice/water, and covered it with saw-



STANDARD PHOTOS SUBMITTED

Mink ranching in 1951.

Continued on page 11

> MINK RANCHING, FROM PG. 10

dust. An instant refrigerator comes summer."

By 1948 Hav had 200 females and 40 males, raising about 1,000 kits (young) a year. Soon family and friends were so impressed that they too started mink ranches. By 1958 there were 22 in this area. Lower prices for pelts and less than efficient operations caused a number to pack it in while others expanded.

There were just 11 ranches left in 1966, but they produced 35,000 mink/year. George Loeppky was known as the largest at the time with 2,200 females with 10 employees preparing 400 skins a day. He and other locals represented almost a half-million dollar industry in the community and directly supported 25 families.

Early mink production was standard dark colors but by mid 40s and 50s, many mutation colors were developed, which expanded the fur demand. One mutation that became a worldwide sensation came from the Sylvester Ranch. The "Carman White" as it was known throughout the world, topped the world market several times at fur auctions in New York. They were large and won the heaviest prize weighing between eight and nine lb, heavy for mink. Heather McGill tells me about Hav's experience: "Dad developed that pure white as he was really good with genetics. He hired Dutch ladies to pick stray black hairs out of the pelts with tweezers before they were shipped to market. Movie actresses loved having pure white mink stoles and accessories."

"For four years, he sold live breeding stock to Russia. They were long-haired sable-type mink, and Russia wanted to breed them with their Sable mink as they were getting too inbred. So they sent two Russians in their Olympic plane to pick out stock and stayed about six weeks. Dad had to hire an interpreter to talk to them. Interesting times!"

Soon Carman was referred to as an area that produced fine quality mink, and in trade, areas called the "Carman Group" as other mutations sprung up like the Pastel, Blue, Iris, Sapphire, Hope, and Lav-

David Rothwell gave me some insight to Colin's ranch days.

"Mink only eat raw meat, so the cost of mink food is a really important economic factor. Being close Lake Winnipeg and Lake Manitoba Dad would buy up all the unwanted fish from the commercial fishers. Once the transportation costs for refrigerated product became prohibitive, the feedstock tended

"After the war, there was a great surplus of horses in the Carman area as farms became mechanized. Colin's ranch had a killing shed, slaughterhouse and a massive freezer as part of the operation. I can recall farmers driving up with horses or ponies in their trailer and asking for a few bucks for each ani-

"I can describe the operation of a mink ranch, but it is dirty, very smelly, and disgusting. Breeding, feeding, killing, and pelting mink is not for the delicate."

The value of Canadian fur exports topped \$400 million in 2017. In 2018, 1.7 million farmed mink were produced in Canada, mainly in rural communities. More than 60,000 Canadians work in various sectors of the fur trade, as trappers, fur farmers,



Hav Sylvester with his World Champion white

craftspeople, and other support sectors.

The fur trade is part of Canada's resource-based economy and one of Canada's oldest and most historically significant industries. Four hundred years following its beginning, the commercial fur trade continues to use a plentiful Canadian resource sustainably and responsibly and contributes to Canada's economy and ecology.

NACI releases COVID vaccine guidelines for previously infected

By Patricia Barrett

Canada's National Advisory Committee on Immunization (NACI) released new recommendations last week on vaccination intervals for people infected with COVID-19.

The recommendations come as the surge of omicron infections continues to put people in hospital and/or critical care units across the country. The variant is able to dodge the body's first line of defence - antibodies - and spreads like wildfire. Despite its socalled milder effects than other COV-ID strains, it has led to record-setting hospitalizations and continues to kill.

People who contract COVID-19 before they're vaccinated or are in between doses should be eligible to get a vaccine eight weeks after their CO-VID symptoms started or after testing positive for the virus, according to NACI's rapid response recommendation released Feb. 4.

who "Individuals experienced SARS-CoV-2 infection before starting or completing their primary COV-ID-19 vaccine series may receive their next dose 8 weeks after symptoms started or after testing positive (if no symptoms were experienced)," states the guideline.

NACI also recommends that people

who get COVID after their primary series of vaccination receive a booster dose "3 months after symptoms started or after testing positive (if no symptoms were experienced) and provided it is at least 6 months after completing a primary series."

Canada's chief public health officer Dr. Theresa Tam said people previously infected with COVID can benefit from getting vaccinated, and that a booster dose for the already vaccinated significantly increases the chances of avoiding hospitalization or death.

"What the latest data show is that while two doses of COVID-19 vaccine offer reasonably good protection against severe disease, receiving an mRNA booster dose offers superior protection, keeping more people out of hospital or preventing more deaths. In general, data show that protection against hospitalization is over 90 per cent with an mRNA booster dose," said Tam during a news conference Feb. 4.

No vaccine is 100 per cent effective, she added, and she encourages the public to continue adhering to measures that can protect them from acquiring COVID such as wearing facemasks, practising good hand hygiene, physically distancing and avoiding

WHAT YOU NEED TO KNOW

- The Omicron variant continues to circulate and cause widespread infection in Canada. People who have a recent history of SARS-CoV-2 infection may be wondering how long to wait after infection before receiving a dose of a COVID-19 vaccine, either to start or complete a primary series or receive a booster dose.
- Vaccination continues to be very important, even for those with a prior SARS-CoV-2 infection. NACI continues to recommend that COVID-19 vaccines should be offered to individuals with previous SARS-CoV-2 infection without contraindications to the vaccine

NATIONAL ADVISORY COMMITTEE ON IMMUNIZATION

NACI's Feb. 4 vaccine update says people who've already been infected with COVID should get vaccinated to improve their odds of avoiding severe illness or death.

large gatherings.

There have been 34,381 deaths reported across Canada, and the latest data show the "severe illness" trend continuing to rise, according to the Public Health Agency of Canada

The agency said in a statement posted on its website that there are "ongoing widespread" [infections] across the country based on data between Jan. 26 and Feb. 1. Those infections continue to place a heavy strain on the health-care system. Severe illness trends, as well, are "elevated or still rising" in many areas of the country.

"As very high infection rates continue to challenge or exceed testing capacity, reported case numbers underestimate the true number of infections. Hence, a range of other indicators, from laboratory test positivity to daily numbers of people in hospitals and critical care continue to be important for monitoring trends," said Tam.

As of Jan. 30, 88 per cent of Canadians aged 12 and older have had one dose of a COVID vaccine and about 83 per cent have been fully vaccinated. Growing evidence shows a booster dose offers better protection against severe illness from omicron, and can "decrease your risk of infection," states PHAC.

Candlelighters getting food to families stuck in HSC cancer ward

By Lorne Stelmach

A volunteer effort is helping to ease the daily burdens for families living with a child with cancer.

The Manitoba Candlelighters child-hood cancer support group program recently stepped in to provide a helping hand particularly with the impact of a COVID outbreak on the children's cancer ward at Health Sciences Centre in Winnipeg.

It has meant that these families need to isolate, so while the children get their meals, there is currently only perhaps a bag lunch provided for the parent, so the Candlelighters for a few weeks have been purchasing hot dinners every day for each parent/care-

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giver on the ward.

At that moment, it is one less thing for them to worry about when everyone is already so stressed under the circumstances, suggested Candlelighters board chairperson Naomi Fehr. The group is based in the Morden-Winkler area.

"Support and encouragement can come in many different ways," said Fehr. "You don't necessarily think that a hot meal would change the path of how their day has been going ... but sometimes we take all those kinds of things for granted, and it doesn't have to be a huge act—it can be something small like a meal.

"We had a child with cancer, and we

were in the same ward, and we were isolated for a different reason," noted Fehr. "It's more the fact that they're not forgotten and they are cared about and they matter."

Candlelighters Manitoba is a well established organization that has gone under a number of different names since 1986, but its mis-



STANDARD PHOTO SUBMITTED

Makenna Stratton, a 12 year old cancer patient in quarantine at the Children's Hospital in Winnipeg, eating pizza provided for families by the Candlelighters Childhood Cancer Support Group.

sion has remained to simply support families touched by childhood cancer.

"We try to reach out to families in many different ways," said Fehr, who added they obviously have not been able to do in-person events given the pandemic restrictions. "We've just had to think outside the box a bit and support them in other ways ... and, thankfully, we have FaceTime and all these other ways to reach these families."

The thought behind this simple gesture is not lost on Monique Stratton, whose 12-year-old daughter Makenna is a patient on the children's cancer ward and who helped spur the idea.

"I cannot get over this! I never expected anything like this could have happened with a simple post, a vent, a plea," she wrote in a message relayed by Fehr.

"The support rolling in from across the province is truly humbling. I've never been a part of anything this beautiful and powerful. There's so many people wanting to help. So much good in this world. To think it all started because of a piece of pizza."

Fehr said they can't thank people enough for supporting this effort and want people to know how much of a difference they are making with their help.

"Ôften when we think of the vulnerable getting really sick with COVID, we tend to think of adults; not often do we picture these little faces who are already facing giants way bigger than they should ever have to," added Fehr

For anyone who wants to make a donation, you can send an e-transfer to support@manitobacandlelighters.org.



Queen Elizabeth II celebrating 70 years

Submitted by Manitoba government

On behalf of all Manitobans, I congratulate Her Majesty Queen Elizabeth II, Queen of Canada, who today becomes the first British Monarch to celebrate a Platinum Jubilee marking 70 years of service to the people of the United Kingdom, the Realms and the Commonwealth.

On this day in 1952, 70 years ago, Their Highnesses the Princess Elizabeth and the Duke of Edinburgh

were staying in Kenya when they heard of the death of King George VI. Without delay, Princess Elizabeth returned home and at the age of 25, she was proclaimed, 'Queen Elizabeth II'. The succession to the throne was proclaimed at an Accession Council, which took place in St. James's Palace and was attended by members of the Privy Council, the Lord Mayor and aldermen of the City of London.

To mark this momentous occasion,

the province of Manitoba is providing grant funding with a focus on reconciliation to Manitoba's six royally designated organizations (to a maximum of \$25,000 per organization) to facilitate the Queen's Platinum Jubilee initiatives throughout 2022.

These organizations (and the date they received the Royal prefix from the Queen) are:

Royal Winnipeg Ballet (1953), Royal Manitoba Winter Fair (1970),

Royal Manitoba Yacht Club (1981), Royal Military Institute of Manitoba (1982),

Royal Manitoba Theatre Centre (2010), and

Royal Aviation Museum of Western Canada (2014).

The Queen's Platinum Jubilee flag will fly at the Manitoba Legislative Building from sunrise to sunset today to mark this occasion.



The 70th anniversary of Queen Elizabeth II's reign is known as her Platinum Jubilee. She became Queen when she was 25 years old.



PHOTO BY STUART C. WILSON/GETTY IMAGES) Queen Elizabeth II, Queen of Canada will spend the year celebrating this unprecedented anniversary.



It's time to file your taxes! **TAX DEADLINE: APRIL 30**

How to handle debt during tax season

The deadline for paying your 2021 taxes is approaching, and about one-third of Canadian tax filers will need to send money to the Canada Revenue Agency. With many taxpayers already in debt, it's no surprise that many Canadians have trouble paying their annual taxes. This year may be especially difficult, as anyone who received a Canadian Emergency Response Benefit (CERB) will have to pay a portion of it back. Here are some tips to help you handle your tax debt and avoid fines and pe-

FILE YOUR TAXES EVEN IF YOU CAN'T PAY

Failing to file your taxes on time can result in financial or criminal penalties, which will only make your situa-

tion worse. The CRA charges a penalty of five per cent of your 2020 balance owing, plus one per cent for each month your return is late. There's no leniency on your filing deadline this

year, so while you may not have to pay until April 30, 2023, you still need to file by April 30,

APPLY FOR A PAYMENT PLAN OR TO WAIVE PENALTIES AND INTEREST

If you're having trouble paying your taxes, the the help you need. CRA offers the following options:

- Payment plan. In some cases, you can pay the balance owed on your taxes in instalments. To be eligible for this, you need to prove to the CRA that you're doing everything you can to get the money together.
- Waive penalties and interest. You can apply to the CRA to have your penalties and interest reduced or waived. You'll need to prove your inability to pay and demonstrate how settling your tax bill will create undue financial hardship for you and your family.

GET HELP FROM A TAX PROFESSIONAL

Filing a request to pay your taxes in instalments or to waive the penalties and interest can be challenging. A tax professional, however, can help you prepare your tax forms, file on time and get





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"We have weathered the storm quite well"

Pembina Threshermen's Museum reports on a nearly break-even 2021 season

By Lorne Stelmach

It was more or less steady as she goes this past year for the Pembina Threshermen's Museum.

Looking back and ahead last Thursday during its annual general meeting, board president Ike Elias suggested the pioneer heritage museum remained in a stable position despite the ongoing challenges presented by the pandemic.

They were fortunate that restrictions eased enough to allow them to do a number of its events last season, and the museum came out of 2021 in good enough shape financially in being close to breaking even.

"We have weathered the storm quite well ... we were just a few dollars shy this past year," Elias said. "All in all, our bank account is reasonably healthy.

"Under the circumstances, that is excellent, and thanks goes to some excellent sponsorships," he noted, adding as well the importance of the support of the municipalities of Winkler, Morden, and Stanley. "There's

support in many different ways and all directions but especially including the cities and the RM."

The main projects for the museum included improvements to the Reimer House and getting Siemens House in place and fixed up and furnished well enough to open it up to the public.

"A couple of the housing projects that we had going ... the Reimer House and the Siemens House ... both are not a hundred per cent complete, but those are the major projects that we had on the go this past year," Elias

They were especially pleased to open up the Siemens House, which is the most recent addition after having been moved to the heritage village from its longtime home in Winkler, but the Reimer House improvements were also a long time coming.

"The bottom logs were rotten, so we have been putting new logs underneath," Elias explained.



The heritage buildings

Continued on page 20



FACEBOOK.COM/PEMBINATHRESHERMENSMUSEUM Projects completed in 2021 at PTM included repairs to the Reimer House



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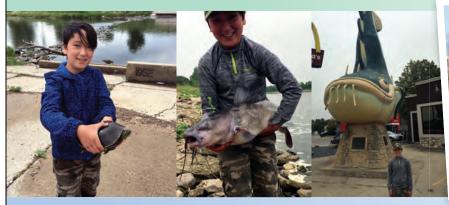
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Watershed district wants your feedback

Work begins on 10-year plan for Plum-Marias watershed

By Ashleigh Viveiros

The Pembina Valley Watershed District (PVWD) is putting out an open call for feedback as it develops an Integrated Watershed Management Plan (IWMP) for the Plum-Marais watershed.

Province of Manitoba watershed planner Daniel Phalen is working with PVWD on what will be a 10-year plan for the watershed, which spans from Darlingford in the west all the way to the Red River in the east.

The goal, he explained, is to figure out how best to keep the watershed as healthy as possible moving forward.

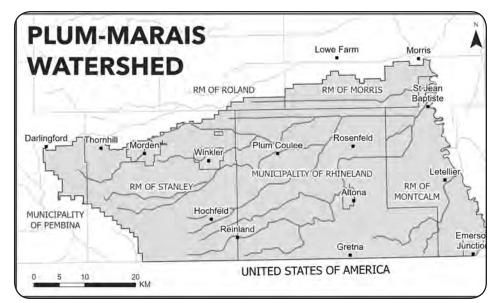
The action plan "will guide the funding used on the landscape ... to improve the watershed," Phalen said, noting the area is one of the last in Manitoba to develop an IWMP.

Watershed projects address things like surface and ground water quality and quantity issues, drinking water issues, soil health, flooding, erosion, invasive species, and aquatic habitat, to name just a few.

Heading up the management team behind the plan's creation is RM of Rhineland Deputy Reeve Brad Braun, who stresses it's important for them to get feedback from as wide a range of local residents and businesses as possible.

"The more people you get talking about it, the more ideas come out from the simplest conversations—sometimes that's where the best ideas come from."

To that end, PVWD is getting the conversation going with a new survey available via the agency's social media



Live in this area? The Pembina Valley Watershed District wants to hear from you as they work to create an Integrated Watershed Management Plan for the Plum-Marias watershed.

pages and website (pvwd.ca).

Everyone who fills out the survey by March 1 will be entered into a prize draw for a free rain barrel, but the survey will remain up beyond that as well.

A series of public meetings, both in person and online, are also in the works for later this year.

Both Braun and Phalen urge everyone to weigh in. If you live, work, or play in the watershed area, you should have a voice in how it is managed. "This watershed plan is for everyone. It's not just for the farmers, for industry—it's for everyone. We really want to get as diverse feedback as possible so we know that our projects are not just affecting one sector," Phalen said. "We want to make sure there's watershed health for everyone."

"We're hoping to hear from anybody that's got an opinion or a view on this," said Braun. "We're listening.

Incredible creatures: The changing rules of romance

By John Gavloski

On Valentine's Day, people often offer presents or cards to those close to them, or have a special meal. Many insects are also gift-givers. Sometimes the treats provided can help attract a partner and improve reproductive success. These are known as nuptial gifts. In honour of Valentine's Day, this month's Incredible Creatures will explore how a local species of butterfly can advertise and provide a nutritious gift for his mate, and how an altered environment has resulted in less choosy females.

Female cabbage white butterflies like their nitrogen

Cabbage white butterflies (Pieris rapae) are a common sight in Manitoba in late-spring and summer, although some may mistakenly think these white butterflies are moths. Larvae of this butterfly, which are called imported cabbageworms, are green with a thin yellow line down their back, and feed mainly on cruciferous plants. Male and females of this butterfly are easy to tell apart, because males only have one black dot on their forewings, whereas females have two dots. Adults avidly visit flowers, and

they will also feed on moist earth and mud puddles. Nitrogen plays an important role in mate selection in these butterflies. A nutritious nuptial gift, containing lots of nitrogen is passed from males to females during mating, and is an important source of energy for female butterflies.

What a butterfly sees in the wings

Nitrogen also affects wing pigmentation in cabbage white butterflies. They can determine the quality of a potential mate by visually assessing the pigmentation of the wings. The wings of these butterflies look different to other butterflies than they do to us though. The mostly white wings of the cabbage white butterflies absorb a lot of ultraviolet light that humans cannot see, but butterflies can see clearly. So to us the wings look white, but to a female cabbage white butterfly, the wings of the male may appear a bold violet. Females know the brighter the violet, the more his nutrient package is rich in proteins. When the male is trying to court the female, he will fly below the female, engaging in a series of pendulum like "sweeps" below her. This dance allows him to showcase the bright colours on

the upper surfaces of his wings that females prefer. If his courtship flight is successful, the female will land on a plant or other substrate below and allow him to mate with her.

Nitrogen makes for less choosy females

Researchers wondered how differences in nitrogen availability, specifically due to man-made influences, might affect mating behaviour and physiology of cabbage white butterflies. To test this, they compared cabbage white butterflies from a non-agricultural population with a population from an agricultural setting where fertilizer has significantly increased nitrogen availability. Several differences became apparent between the two populations. While females from the non-agricultural site typically mated with more than one male, agricultural females tended to mate only once, thus receiving fewer of the nutritious nuptial gifts. In agricultural environments where nitrogen is abundant, female cabbage white butterflies depend less on nuptial gifts from males, and were less choosy when selecting a mate. Also, the toothed structures used to break



Cabbage white butterfly

down nuptial gifts were reduced in agricultural females' reproductive tracts, indicating a reduced need for the nutrients. In addition, both males and females from the agricultural population had increased wing pigmentation. These results suggest that changes in nitrogen availability can affect cabbage white reproductive behaviour and physiology in a many ways. As their world changes, so do the rules of romance for cabbage white butterflies.

"A cancer journey isn't something to be taken alone"

Cancer survivor and volunteer who also lost husband to the disease shares her story for World Cancer Day

By Lorne Stelmach

Pam King brings multiple perspectives to the table when speaking about cancer.

She is a survivor herself while also having lost her husband to the disease, and she has also been a tireless volunteer to help others who are on their own journey with cancer.

When she thinks about both her own experiences as well as those in helping others, King stresses what she has ultimately learned about facing this

"I had thought people would pity me and feel sorry for me," King recalled recently in sharing her story in advance of Feb. 4 being World Cancer Day.

"I realized a cancer journey wasn't something to be taken alone ... it's not to pity you, it's to support you, and people are amazing," she said. "People do step up, and it's only that way that you can get through this, with the support of others."

King's personal experience goes back to when a lump was found in her breast in 2002.

"It was invasive and relatively fast moving," said King, who had surgery that fall to remove the lump followed by several months of chemotherapy and radiation treatments.

"I was done my treatment in June of 2003, and I have been cancer free since."

In 2018, her husband Kris was diagnosed with bladder cancer after finding blood in his urine.

"It is a difficult cancer to treat," said King, who noted surgery followed to get as much of the tumor as possible, but he would be facing ongoing treatment for whatever time he had left.

"Without the surgery and the chemotherapy, they gave him three months to live. If he went through with the surgery and the chemo, he might get five years, but it wasn't very likely," she said.

"Some of the tumours had shrunk but not adequately, so they decided they would put him on immunotherapy and see how that went," she continued. "He had one of those treatments ... he was very ill from that, but I think it was actually a combination of his immune system starting to fight the cancer and his body not able to tolerate it."

Kris died in May 2019, a little over a year from his diagnosis, but King remained eternally grateful for the care provided through community cancer care program at Boundary Trails Health Centre.

As well, she noted the importance of having the navigation team of health care professionals who help guide patients through every aspect of their cancer journey.

"That has just been a godsend for cancer patients. That didn't exist when I was going through my cancer

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OF OTHERS."

... it is wonderful to have those people there."

It is that appreciation now which continues to motivate her to give back and support others in any way that she can.

"It's all the personal struggles that you have," said King, who recalled all the time spent waiting on the diagnosis and waiting for treatment while

facing all of the other daily struggles.

"Through your treatment, your life is turned into treatments, doctor appointments, more tests; that's your whole life, and you go on with that ... it takes over your entire life.

"That waiting is so difficult. That's the time when you need the support of others, and you need people around you," said King, who went on to serve as a community contact for CancerCare Manitoba as well as a palliative care volunteer.

"A lot of it is just listening and being there for people," said King, who also became involved in starting up the South Central Cancer Resource.

She was in the midst of her treatments for cancer when she was approached about helping start a resource centre in this area for cancer patients and their families.

"I jumped at that opportunity because when I was in the midst of



STANDARD FILE PHOTO

Pam King, far right, in her capacity as South Central Cancer Resource board chair accepting a donation last year. King was one of the founders of the resource centre, coming to the role with experience as both a cancer survivor and having lost her husband to the disease.

treatments I felt and I saw what cancer patients needed because I was experiencing it," said King, who not only remains involved but is currently serving as the SCCR board president. "I truly believed at that time that cancer patients needed more support.

"Through South Central Cancer Resource, we have started a number of really excellent programs," she said, citing the examples of everything from transportation and accommodation support to art therapy and fitness programs.

"Of course, all of the programs were on hold all of last year," King said, noting they had at least been able to start their transportation and accommodation support again. "We're hoping that as soon as this phase passes that we get all of them going again."

In the meantime, she noted they are

also looking for a marketing person to help work on fundraising and promoting the organization.

"We are totally, totally thankful for our generous communities that support us so well. We receive no funding from any government agency ... we raise all of our own funds," she noted. "We have been supported so very, very well ... we started out with \$5,000, and now our budget is over \$200,000 a year."

She concluded by offering a message to families who are in the midst of dealing with cancer.

"Keep hope. There is always, always hope, even when you get a really bad diagnosis. There is hope because there's people out there who care for you and will help you along the journey ... it's not one to go on alone."

Carman Beavers history – Champs in 1982-1983

By Dennis Young

After failing to capture a championship in their four years in the SEMHL, the Elm Creek Kernels folded, opening negotiations between them and the Beavers. Four of their quality players decided to continue to hone their skills in the league and soon became an integral part of the successful season to follow.

A major reason for their decision to join would be G.M. Wally Seward's acquisition of Bob Leslie as a coach for this year. Bob came out of retirement and, along with sidekick Lee MacLean, guided this club to their second title in three years.

The exhibition season began with a two-game series versus Roseau Leafs from Minnesota. A wild bus trip back from that contest quickly united this year's group of rookies, veterans, and Kernels.

Early on, Carman put together an eight-game winning streak and moved from last to first in the standings. The team managed 70 goals in those contests as the new lines began to gel, and the strongest defence in the South-East allowed just 28 goals during this streak.

A 7-2 loss to Altona briefly interrupted the hot pace, but six more wins followed for the first place Beavers. The Winkler Royals upset Carman 10-8, yet bounced back to hand Morris a 9-5 loss in the game that pitted the two top scorers, Coates and Dale Rempel, against each other for the last time in season play. Brian led the race with 54 points - 33 in his last 11 games.

A February layoff in the schedule hurt their momentum, as was evident in game 1 of the semi-finals versus Morris with the Stamps taking a 4-1 lead. Carman then scored 6 straight to take the opener 7-4. Kevin Murdoch celebrated the winner in the second game with 49 seconds left to play, plus three more in the fourth and final 14-3 elimination contest.

The biggest inspiration came from a defenceman as Captain Bill Whitehead, a star in three games and a CFAM player of another. He had 12 points in the round against Morris (4 goals, 8 assists).

The Maroons and Beavers met in the finals, which was the epitome of good hockey. After Altona suffered the worst of a brawl in Morden, they thoroughly enjoyed playing a team the likes of Carman, even though it proved to be short-lived. The Beavers again won four straight. Each line sent out took their turn molesting the Maroon defence and netminders.

Sisson, Laing, and Miller picked up 14 points in the 8-6 first contest; then McIntosh, Owen, and Levins had 10 in an 8-5 finish. Meanwhile, Coates, Takvam, and Hodgson chipped in with 10 of their own over two games. Jim Tkachyk was sharp, too, stopping former Beaver Wayne Giesbrecht on many an occasion in the closest battle ending 4-3. Finally, the 10-6 final saw Miller scoring five goals on the way to the SEMHL team Championship.

Carman fought their way to the semi-finals, and the defending champions Ste. Rose Royals in the M.A.H.A. playdowns. After eliminating the Ste. Anne Aces and the Mound, Carman met a powerful opposing club that could combine intimidation and scoring punch.

In a real bruising affair, the Beavers won the opener 12-9, but met quite a different squad up north that stuck to hockey and evened the series one apiece. The remaining contest saw three quick goals in the third period break a nine all tie to give Ste. Rose a berth into the finals.

Roland was the scene of the Beaver's wind-up and dance this year where President Dennis Young briefly gave a financial report before Coach Leslie one-lined each of his troops. In addition, the Masonic Lodge presented a new trophy for Sportsmanship and Ability on the Beaver roster, which Glen McIntosh won.

The other awards went to Most Improved- Pat Owen; Best Defenceman -Bill Whitehead; Top Scorer -Brian Coates; Rookie - Neil Murdoch, MVP-



STANDARD PHOTOS SUBMITTED

Bill Sisson and Glen McIntosh control play versus Morris in 1982-83.



Bill Whitehead (2) and Pat Owen battle the Morris Stampeders in 1982-

Bill Sisson. Each executive member and player also received a suitably inscribed hat and a team picture.

Over the winter, the sports sign became a reality north of the post office,

and arrangements with Labatts and Molsons for well into the thousands of dollars was made for advertising and product.

> THRESHERMAN'S MUSEUM, FROM PG. 16

obviously are the most vital parts of the museum, said Elias, who noted their collection now shows a good representation of the progression of the pioneer buildings.

"I'm quite pleased that we're covering the housing from when settlers first came," he said, adding they have always been open to adding more but are now almost running out of room. "We are a little more selective than we

used to be due simply to the fact we are short of space where to put things.

"We've gotten great comments from the public about how nice of a museum we have, and we continue to try to find ways to improve it."

Guiding them is their overall mission to keep the area's heritage alive. Elias noted a big part of that is both education and entertainment.

"What we're trying to accomplish

here more is a combination of those two things," he said. "We have to be able to draw more of the younger generation. The older ones come for old time sake, but with the younger generation, we need to find ways to get them here."

He also cited the importance of their volunteers while putting out an appeal for more people to get involved.

"We have an excellent group of volunteers, although the group is a bit on the small side, so anybody who is at all interested is encouraged to show up," he said.

As for the year ahead, he did not see any significant projects or priorities in the works at this point.

"A lot of things remain uncertain right now on account of COVID," Elias suggested. "We do get a lot of project work done, though ... we get more done when we have the time to spare.

"We're still positive and hoping that things will return more to normal" for the 2022 season.



Hawks have a tough go of it with three straight losses

The male U18 Pembina Valley Hawks had a rough go of it on the road in Winnipeg this past week.

The Hawks dropped two games and are now riding a three game losing streak after falling 7-2 to the Wild last Wednesday then being shutout 6-0 by the Bruins Sunday afternoon.

The loss to the Bruins was especially

costly as it allowed them to draw even periods. with the Hawks in eighth place at 28 points, although Pembina Valley has one more win on a record of 13-20-2. The Hawks trail Southwest at 34 and Yellowhead and Parkland at 35 points.

The Hawks had the game tied 2-2 after 20 minutes against the Wild before Winnipeg scored five more unanswered goals through the final two

Keston Worley and Carter Campbell scored for Pembina Valley while Bryson Yaschyshyn made 28 saves with the shots on goal 35-32 in favour of Winnipeg.

The Hawks were pretty much shut down by the Bruins, as they only managed 15 shots while their netminder Raiden LeGall had to face 50—including 29 in the third period alone.

Things especially started to unravel in the second period as the Bruins were opportunistic in capitalizing four times on just six shots.

The Hawks are home in Morden Friday to host the last place Interlake Lightning and then are in Winnipeg for a rematch with the Bruins Sunday afternoon.

Mixed weekend for female Pembina Valley Hawks

By Lorne Stelmach

The weekend brought mixed results for the female U18 Pembina Valley Hawks.

The Hawks were doubled up 6-3 by the league-leading Winnipeg Avros Saturday in Winnipeg but rebounded Sunday to edge the Central Plains Capitals 1-0 in Portage.

It leaves the Hawks sitting in fifth

place with one final weekend of regular season play remaining on the schedule. Pembina Valley trailed 2-1 and 5-3 at the intermissions against Winnipeg with Tria Enns kept busy in goal, stopping 39 of 45 shots.

Abbey Bourdeaud'hui and Anika Braun each had a goal and an assist while Mya Pearce also scored for the Hawks, who managed 26 shots

on goal. Kaylee Franz then got the 33 save shutout Sunday as the game remained scoreless until the third period when Erica Fijala finally connected for the Hawks. Pembina Valley peppered Capitals' netminder Anika Moroz with 43 shots.

The Hawks are poised to enter the playoffs in fifth place, where they sit at 12-14-0 for 24 points, which has them four up on Central Plans and seven behind the Winnipeg Ice. The Hawks won three of four in their regular season series with Central Plains.

The schedule wraps up this weekend with the Hawks hosting a pair of home games in Morden starting with the Eastman Selects Friday evening and then the Winnipeg Ice Sunday afternoon.

Viterra Championships begins Wednesday in Selkirk

CurlManitoba announced last week that after extensive consultation, and with support from Sport Manitoba, the men's provincial Viterra Championship aligns with the current Public Health Orders and will be proceeding as scheduled from Feb. 9-13 in Selkirk.

Additional safety protocols will be implemented to help ensure the safety and health of all involved. Therefore the competition will look a little different. The event is being held at the Selkirk Curling Club instead of the Selkirk Recreation Complex, where it was initially supposed to be held.

Only 20 tickets will be available per draw for purchase. If you're interested in a ticket for any of the draws, they are available for \$10 on the CurlManitoba website.

Unfortunately, Sportsnet will not be able to broadcast the semi-finals and finals as in past years. However, Curl-Manitoba will be streaming one sheet from every draw for the whole event, including the semi-finals and finals. You can find the stream available on the CurlManitoba YouTube page.

West St. Paul's Mike McEwen enters the Viterra Championship as the top seed and overwhelming favourite at

the event. McEwen, who has played at the last six Briers, is looking to get back to the national stage one more time with a squad that includes Reid Carruthers, Derek Samagalski and Colin Hodgson.

Jason Gunnlaugson of the Morris Curling Club is the second seed. However, Gunnlaugson indicated on his Twitter account last week that he isn't comfortable competing at the event because of the ongoing COV-ID-19 pandemic. The rest of his team plans on playing and competing in his absence. Gunnlaugson captured the 2020 Manitoba Viterra title, the last time the championship was staged. A year later, he was selected by Curl-Manitoba and wore the buffalo at last year's Brier inside the Calgary bubble.

Gunnlaugson's team might be at this year's Brier. But if they are there, they will be without its skip.

"I take my role as a teammate and a leader very seriously, and it breaks my heart to potentially let my teammates down in some of the biggest tournaments of the year," Gunnlaugson wrote. "To preserve the integrity of the Wild Card process, I will also not participate in the Brier as a Wild Card this year if I do not participate in

the Viterra tournament."

Winnipeg Beach's Colton Lott (Kyle Doering, Tanner Lott, Emerson Klimpke) enter the event as the third seed and are looking to do some damage. Team Lott team started the year with Pat Simmons at skip, but after the Olympic Pre-Trials, Simmons left the team, leaving Colton Lott to skip and bringing up Stonewall's Emerson Klimpke to go from alternate to lead.

"We've played against the big dogs

many times over the years, so we're pretty feeling good about our chances this year," said Kyle Doering. "We've had a good year, and things will hopefully come together for us at the right time in Selkirk this week."

Rounding out the top teams in the event are fourth seed Braden Calvert, fifth seed Corey Chambers, sixth seed William

Lyburn, seventh seed Ryan Wiebe (which includes this journalist throwing third stones), and eighth seed Jacques Gauthier. The 28-team modified double knockout bracket begins Wednesday morning at the Selkirk Curling Club and goes until Sunday afternoon's final. The winner of the event will represent Manitoba at the upcoming Tim Hortons Brier in Lethbridge, Alberta, from March 4-13.

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The Carman-Dufferin Standard connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or Lana Meier at news@carmanstandard.ca or call 204-467-5836.



Twisters win two out of three

By Lorne Stelmach

The Pembina Valley Twisters won two of three last week to keep within range of the leaders in the MMJHL.

The Twisters had wins of 8-3 over Stonewall and 4-0 over Charleswood sandwiched around a 5-3 loss to Transcona.

Pembina Valley remains in third place at 24-7-4 for 52 points and trail Transcona at 54 and St. James at 60 while St. Vital is fourth at 44 points.

Pembina Valley limited Stonewall's chances last Wednesday as they held

a 41-15 edge in shots, although the Jets did still manage to get three past Twisters' netminder Logan Enns.

TJ Matuszewski and Riley Goertzen both had a pair for the Twisters with the other goals coming from Travis Penner, Mike Heppner, Jacob Carels, and Nathan Ayotte.

The game Friday got away from Pembina Valley as the Twisters led 2-0 and 3-1 before giving up four unanswered third period goals to Transcona.

Matuszewski, Ayotte, and Carter Hynes scored for Pembina Valley while Martin Gagnon made 23 saves as the Twisters held a 35-28 edge in shots on goal.

Enns then got the 24 save shutout Saturday against Charleswood, with the Hawks being outshot 36-24. Curtis Rebeck, Merek Degraeve, Caelan Russell and Joel Vigier scored for the Twisters.

Pembina Valley is home in Morris this weekend for a pair of games against St. Boniface Friday and Fort Garry Fort Rouge Saturday.

Carman Cougars winning streak expands to fifteen

By Becca Myskiw

Another weekend of back-to-back games gave the Cougars two more wins on their near-perfect season.

On Feb. 4, the team faced off against the Morris Mavericks. Carman's Carson Park opened the scoring while teammate Logan Cramer notched his first goal of the season with a few seconds to spare in the first period.

The Cougar's Owen Rey started the second with his first of the season season, followed by Park's second of the game. Ryan Orchard kept the scoring going with two more of his own. The Mavericks scored two, making the score 5-2, heading into the third.

Orchard scored a hattrick to kick

off the third. Slade Sotheran, Ethan Wilde, and Anthony Lehmann each scored to give their team double digits. Morris scored one in the third. Carman won the game 10-3.

The game was also full of penalties for the Cougars, with one game misconduct, 11 minors, one double minor, and one major penalty.

On Saturday, the Cougars squared off against Winkler in what Park said was a much cleaner game. Carman won the game 7-0. Lehmann opened the scoring this time, followed closely by Evan Penner. Park got the first goal of the second, followed by Lehmann's second of the game.

Dawson Gitzel opened the scoring

of the last 20 minutes, followed by Sotheran and Jack Bausman. The Cougars' Gabe Mondry got a shut out.

Saturday's win gave the Cougars a 14-game win streak, which they hope to continue this week with games on Wednesday, Sunday, Monday, and Wednesday again.

The Cougars have a busy week. They are at home in Carman on Feb. 9 against the Pembina Tigers, and on the road to Morris on Feb. 13 against the Mavericks, to Morden on Feb. 14 against the Thunder, and back home on Feb. 16 to take on the Morris Mavericks again. That's all that's scheduled for February as of now.

Cougars coach Park named **MHSAA** coach of the month



Carman Cougars head coach Jeff Park was named MHSAA's Pay-

By Becca Myskiw

Carman Cougars' head coach Jeff Park has been named MHSAA's Payworks Coach of the Month.

works Coach of the Month.

Park got the title on Jan. 31 in a statement that recognized his team's comeback from a 1-3 record to 12 straight wins, most of which are against top teams in the league. The Cougars now have a .813 win percentage, which puts them at second place in Zone IV

"Along with the tremendous winning streak, Jeff has got the team to buy in to playing every shift and taking accountability to do their best not only for themselves but for the team," said the statement.

Park said he was surprised when he received calls and messages about the award. He said it should be shared with all coaching staff as they all have a hand in the team's success. He also said their manager, Kyla Orchard, should receive an award for rescheduling nine games now.

"We do have to continue our regular season run and hopefully keep this momentum rolling deep into playoffs," he said."Which was our goal before the season ever started."

He said he's privileged to be part of the Carman high school hockey program and the team's recent success.

"It's the kids winning," he said. "Not me."

Beavers to host Notre Dame this Saturday

Last Wednesday, the Beavers were defeated 5-1 by the Islanders in Portage la Prairie.

Portage took a 3-0 firstperiod lead on goals by Tanner Valdvogel, Jamie Mousseau, and Landon Thomson.

Brock Carman's Vanderveen cut into that lead just 41 seconds into

the middle frame but the Islanders responded with third-period goals from Johl Swedlo and Robby Moar.

Christie made 37 saves in the losing cause.

Carman finished the regular season with a 9-7-1-1 record and 20 points to sit in fourth place in the sev-

en-team league. THE S.E.M.H.L. SCHEDULE SINGLE GAME KNOCKOUT PLAYOFF

VS NOTRE DAME HAWKS SATURDAY FEB 12TH 7:00 PM IN

Check our Website/Facebook to confirm this game!



STANDARD PHOTO BY DENNIS YOUNG

The Beavers' Braeden Beenaerts (17) scored a goal and had an assist in Carman's 5-4 home loss to the Warren Mercs in SEMHL action on Saturday evening.

Flyers nab pair of narrow wins over Pistons

By Ashleigh Viveiros

The Winkler Flyers battled their way to a pair of narrow victories against the Steinbach Pistons over the weekend.

Winkler was up 3-1 after 20 minutes thanks to goals from Josh Beauchemin, Justin Svenson, and Jayden McCarthy but saw that lead successfully chipped away at by the Pistons in the game's final 10 minutes.

It took almost five minutes of overtime for a decision, which went Winkler's way 4-3 thanks to Svenson's second of the night.

Winkler fired 33 shots Steinbach's way, netminder Dylan Meilun fielding 37 in return, making 34 saves.

Svenson got what proved to be the game winner the next night on home ice, scoring Winkler's

third of the evening in the final period's first five minutes.

His goal built on those from Trent Sambrook and Gavin Waltz in the first, while Meilun in net let just two goals slip past him in the 3-2 win. Steinbach outshot Winkler 40-32.

The Flyers are currently in third place in the Manitoba Junior Hockey League's East Division with a record of 24-13-1-1 for 50 points. That puts them just two points behind the Winnipeg Blues in second place and seven short of the Pistons in first.

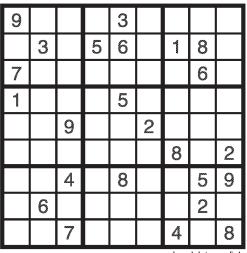
Coming up on the schedule, the Flyers host Steinbach Wednesday night and then travel to play the Selkirk Steelers Friday evening, the Pistons once again on Sunday, and then the Blues in Winnipeg next week Tuesday.



STANDARD PHOTO BY RICK HIEBERT

The Flyers' Jackson Arpin watches a rebound off the blocker of Steinbach goalie Simon Harkness in Saturday's game in Winkler. Below: Mike Svenson celebrates his goal which would turn out to be the game winner for the Flyers.

take a bre



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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Sudoku Answer

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Crossword Answer

ROSSW

CLUES ACROSS

- 1. One point east of due south
- 4. City in Maine
- 10. Inquire too closely
- 11. Make dirty
- 12. Small Greek island
- 14. Bitterly regret
- 15. Millisecond
- 16. the ante
- 18. Without value
- 22. Eurasian ryegrass
- 23. Authentic
- 24. Having a mournful quality
- 26. Not out
- 27. Salvador ___, Spanish artist
- 28. Cargo (abbr.)
- 30. This (Spanish)
- 31. Sino-Soviet block (abbr.)
- 34. Slang for trucks with trailers
- 36. Helps you hear
- 37. Steer a boat
- 39. British School
- 40. Genus of olive
- 41. Computer term (abbr.)
- 42. Horse gear
- 48. Give off
- 50. A type of salt
- 51. Exposing human vice or folly to ridicule
- 52. One who watches birds
- 53. Sailboat
- 54. A major division of geological time
- 55. Sodium
- 56. American state
- 58. Soak in water
- 59. Thin decorative covering of fine wood
- 60. Affirmative

CLUES DOWN

- 1. One of the four seasons
- 2. Its sultan is famous
- 3. A lens for correcting defective vision in one eye
- 4. College degree
- 5. Soldiers need it
- 6. Japanese car manufacturer
- 7. A way to address
- 8. Obstruct
- 9. Atomic number 45
- 12. III-mannered
- 13. Opaque gem
- 17. Indicates before
- 19. Remove
- 20. Populous Argentine city
- 21. More cunning 25. Rich dessert

- 29. Payment (abbr.)
- 31. Footwear
- 32. Famed Alabama city
- 33. Sheep's cry
- 35. Arrogance
- 38. Clergical vestment
- 41. Serving no practical purpose
- 43. An evening party
- 44. Print errors
- 45. Not good
- 46. Egyptian Sun god
- 47. Industrial German city
- 49. Scottish island
- 56. Early multimedia
- 57. Atomic number 18



inspired > MEAL IDEAS



Recipe courtesy of the Georgia Peanut Commission

- 1 tablespoon minced ginger
- 6 cloves garlic, crushed
- 2 cups creamy peanut butter
- 1 cup chicken broth
- 2 tablespoons light soy sauce

Thai Chicken and **Pork Skewers**

1 tablespoon chili oil 1/2 tablespoon lime juice 2 tablespoons honey 2 tablespoons chopped cilantro salt, to taste pepper, to taste

1 1/2 pounds boneless, skinless chicken

1 1/2 pounds pork tenderloin

In mixing bowl, combine ginger, garlic, peanut butter, broth, soy sauce, chili oil, lime juice, honey and cilantro. Mix well and season with salt and pepper, to taste.

Cut chicken and pork into strips and thread onto skewers. In non-metal container, marinate meat in half of peanut butter sauce 1-2 hours in refrigerator. Reserve remaining sauce for dipping.

Heat oven to broil.

Broil skewered meats until done, turning once. In pot, bring remaining sauce to boil and serve warm as dipping sauce.



Christine Ibbotson

Dear ATML Readers: I want to share a study done a couple of years ago, (pre-COVID) on why some retirees are happier than others. See if you can do these things

When we think about it – why aren't all retired people happy? They don't work or commute any more. They have no deadlines, commitments, angry bosses, or back-stabbing coworkers to deal with, and they can sleepin every day. To the rest of us still working, we can't imagine why they wouldn't be happy all the time? But it turns out, there are some retired Canadians that are indeed happier than others. So, let's find out why and discuss how you too can be guaranteed retirement bliss.

When we looked at the financial aspects of the happiest retirees, it was not that they had more money, but more that they viewed their money as a tool for their happiness. The happier retirees had no mortgage or consumer debt. They also stayed in the homes that they purchased and paid off while they were working. This is where it got very interesting to me. Turns out, many retirees that moved during the early years of retirement to "right-size" their life, took on home renovations, or made big purchase decisions and wound up with more debt than they bargained for; forcing them to eat into their retirement savings or carry a new mortgage that wasn't anticipated. When it came to vacations, (again please remember this study was done pre-COVID), the happiest retirees had taken two or three vacation every year, while the less happy retirees had one or none. This next discovery was something I didn't expect. Turns out the happiest retirees in the survey were not lavish spenders and seemed to be right in the middleclass with their spending especially on cars, clothing, and vacations. The unhappy retirees on the other hand were the opposite. This group had a lot more status symbol purchases and high-priced vehicles, with BMW being the most popular.

Another thing that I found most interesting was that the happiest retirees had done a lot of planning over the years. They obviously were not leaving anything up to chance. Most had financial advisors, and all had multiple sources of income in retirement, (3-5 sources funding retire-

AsktheMoneyLady.ca

ment). The unhappy participants, as you would expect, did little to no planning for their future during their working years, with most starting just five years before retirement. This group invested without financial assistance, usually day-traded on their own, and all planned to rely on one or two sources of income, such as their

pensions only.

When we look at the other facets of the happiest retirees, the study showed that this group had many personal hobbies. The happiest people had four to seven hobbies versus the most unhappy retirees who had fewer than three. So, what is a hobby? A hobby is a leisure pursuit, something that fulfills and defines you. This would be something that you think about, something you do often, and is absolutely one of the key traits that will ensure your happiness. You see, those retirees that had many core pursuits were statistically happier than those that retired with only one or two things they liked to do outside work. According to the research, many Canadians with no hobbies, ended up with depression in retirement; claiming that they had never been depressed before retirement, but now without work, they felt they had lost the only identity and sense of purpose they had ever known. The number one hobby among happy retirees was volunteering of which we all know there are endless options. Happier retirees tended to be very active and social with daily exercise being a key factor as well. Please remember that this study was done pre-COVID; however, the findings are still interesting. The happiest retirees were much more involved socially (and still are, virtually). They joined clubs, played sports, attend fitness classes, volunteered, had part-time jobs, and were generally busy every day with activities. The unhappy in the study tended to prefer more solitary interests, such as, walking alone, hunting, and watching television.

So my ATML Readers: the take-away from this study is to Plan Your Life. I know we are all getting tired and discouraged with COVID, but remember, life is what you make it. Only you can make yourself happy, healthy, fit, slim, busy, wealthy, content, independent, prosperous....you get the idea! So, no matter where you are, no matter what is going on right now in your life; change it and mix it up this year. Find your own happiness equation and just do it!

Good Luck & Best Wishes,

ATML - Christine Ibbotson

Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.



Recipe courtesy of Parker Wallace (parkersplate.com) on behalf of the Georgia Peanut Commission

- 2 pounds Brussels sprouts, halved peanut oil
- 2 tablespoons creamy peanut butter 2 tablespoons water
- 3 teaspoons champagne vinegar
- 2 teaspoons honey
- 1/8 teaspoon chipotle chili powder
- 1 pinch kosher salt, plus additional, to taste, divided
- orange or mandarin segments, for gar-

Brussels Sprouts with Peanut Chipotle Vinaigrette

fresh orange or mandarin juice, for garnish

crispy fried shallots, for garnish crumbled French feta, for garnish

chopped fresh mint, for garnish Preheat air fryer to 400 F.

Lightly brush Brussels sprouts with peanut oil and place in fryer basket. Cook 10-15 minutes, shaking halfway through.

In small bowl, whisk peanut butter, water, champagne vinegar, honey, chipotle chili powder and 1 pinch salt until well combined.

Once cooked, remove Brussels sprouts from air fryer and place in bowl. Toss in chipotle peanut vinaigrette until well combined. Season with salt, to taste.

Garnish with orange segments, orange juice, crispy fried shallots, feta and mint.



Recipe courtesy of the Georgia Peanut Commission

- 1 cup old-fashioned oats
- 2 1/2 cups water
- 1/4 teaspoon salt
- 2 tablespoons chunky peanut butter
- 1 tablespoon brown sugar
- 2 tablespoons raisins
- 1 banana, sliced

Peanut Butter Cookie Oatmeal

1/2 teaspoon cinnamon

1/2 teaspoon vanilla extract

cup milk

teaspoons maple syrup

In medium saucepan, combine oats, water and salt.

Bring to boil then reduce heat to medium. Cook 10-12 minutes, stirring occa-

Remove from heat and add peanut butter. Stir until peanut butter melts.

Add brown sugar, raisins, banana, cinnamon and vanilla extract; stir.

Divide oatmeal into two bowls. Top each bowl with 1/4 cup milk and 1 teaspoon maple syrup.

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- Valid Driver's License (Class 5)
- Grade 12 or equivalent
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- Ability to work unsupervised but also in a team environment
- Communicate well with the general public and other staff
- Water & Wastewater experience and/or certification an

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Closing Date for Applications: Tuesday, March 1, 2022 at 4:30 p.m.

Please submit resume, references and salary expectations to:

R.M. of Grey **Box 99**

Elm Creek, MB ROG ONO

Phone: 436-2014 Fax: 436-2543

E-mail: info@rmofgrey.ca

We thank all who apply and advise that only those selected for further consideration will be contacted.



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- Annual cost for service plus applicable taxes
- Brief history of work-related experience
- List of equipment owned to complete required tasks
- 3 letters of reference

**successful tender will supply confirmation of WCB coverage/

The Rural Municipality of Thompson reserves the right to accept or reject any proposal and does not consider lowest price to determine acceptance.

Submit tender on or before March 22, 2022 @ 4:00 p.m. to: R.M. of Thompson

Box 190, Miami, MB ROG 1HO ph: 204-435-2114

fax: 204-435-2067

e-mail: info@rmofthompson.com

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- Annual cost for service plus applicable taxes
- Brief history of work-related experience
- List of equipment owned to complete required tasks
- 3 letters of reference
- **Successful tender will supply confirmation of WCB coverage/

The Rural Municipality of Thompson reserves the right to accept or reject any proposal and does not consider lowest price to determine acceptance.

Submit tender on or before March 22, 2022 @ 4:00 p.m. to:

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OBITUARY

Nancy Myrtle Young

With heavy hearts we said goodbye to our dear Mom, Grandma, and Great-Grandma on January 29th, 2022 at the age of 95 years old.

Predeceased by her husband Milford Young in December 2007, Myrtle leaves to mourn her children, Dianne (Dale) Rubidge, Ken (Bev) Young, Robert (Debra Baldwin) Young, Beverley (David) Falk, her grandchildren Kelly (Paula) Rubidge, Tammy (Gary) Wilson, Trevor (Nicole Kehler) Young, Tracie (Matt) Gowan, Pamela (David) Leckie, Krista (Ryan) MacConnell, Bradley (Helen Palmer) Falk, great-grandchildren Riley Rubidge, Cassandra, Abigail, Gracelyn Wilson, Dakota, Zachary, Patrick Kehler, Zach, Andrea Gowan, Eveline, Douglas Leckie, Maxin, Jade MacConnell and Adrianna, Valentina Falk. A sister Trudy Svoboda, sister-in-law Alda Bartley, her brother-in-law Gordon (Doreen) Young as well as many nieces,

nephews and friends.

A Private Service (due to COVID) was held at Doyles Funeral Home in Carman, MB. on February 2nd, 2022.

If friends so desire, memorial donations may be made to the Kidney Foundation at 1-452 Dovercourt Dr. Winnipeg, MB. R3Y 1G4 or to Pembina Palliative Care PO Box 212 Manitou, MB. R0G 1G0

Doyles Funeral Chapel in care of arrangements www.doylesfuneralhome.ca

OBITUARY

Roelof (Ralph) Vreemann

On Friday, February 4, 2022 the Lord took home His child Roelof (Ralph) Vreemann.

Ralph was born in Neede, The Netherlands, on September 18, 1939 as the sixth child and fourth son to Bernard and Johanna Christina Vreemann.

Ralph arrived in Canada in 1961 as a student in Agriculture, and in 1964 became a permanent resident.

He lived in Houston, British Columbia, working in the lumber industry before moving to Carman in 1965 to pursue a career in roofing.

When he wasn't working, Ralph was out enjoying God's creation with a particular passion for gardening and birds. He loved nature and whenever his relatives came to visit, he would often show them around the countryside. In the winter months, he enjoyed

curling and reading lots of books.

When his health started to decline in late 2015, Ralph relocated from his country home to the Boyne Towers

Ralph was a gifted person, harnessing much knowledge from his extensive reading and able to share what he learned. He was humble and grateful for what God had given him in life. His faith was strong and he served his LORD and Saviour faithfully.

The funeral service was held on Wednesday, February 9, 2022 at 11:00 a.m. in the Canadian Reformed Church of Carman East (112 – 4th Ave. SE) with Rev. Van Dam officiating. Private interment following the service.

Doyle's Funeral Home in care of arrangements www.doylesfuenralhome.ca

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OBITUARY

Morden, Jane Allison (nee Bridges) October 30, 1921 - January 24, 2022

Our beloved Mother, Grandmother, Great-Grandmother, and friend, Jane Morden, passed away with her family by her side on the 24th day of January at the age of 100.

She is survived by her children, son John (Tellie) and their son Jevon; daughter Lanny and her daughters Annette (Jeff), Claudette (David), Adrienne, Claire (Eric), Jeanne (Dustin); son Rob (Kathy) and their sons Trevor, Bryan (Ann), and Christopher; son James and family; and daughter Beth. Great-grandchildren Caitlin Driedger, Mikayla Michasiw, Evelyn Dickhaut, Deegan Morden, Reid Morden.

She will also be dearly missed by her friends, especially Hazel Scharien.

She was predeceased by her loving husband Clair Morden of 48

years, and her daughter Corrine.

Jane was born on a farm outside of Elm Creek, MB. She enjoyed helping her grandfather on the farm with chores. She loved to dance and joined a square-dancing club. She was also in bowling leagues in Carman and the choir at the United Church in Elm Creek. She served in WW II in Toronto, making rifles.

Jane was a devoted wife, mother and grandmother. She loved with all her heart and would help anyone in need. Her family was everything to her and she was everything to them. She was the strongest person. She saw so much in her life of 100 years; Great Depression, Dirty Thirties, World War II.

A Memorial Service will be held at Doyle's Funeral Home in Carman, MB on July 16, 11 a.m. The family wishes to send a special thank you to the staff at the Caman Hospital for their care

The family wishes to send a special thank you to the staff at the Caman Hospital for their cannot compassion. Also Thank you to the nurses at the hospital in Gladstone.

Doyle's Funeral Home in care of arrangements www.doylesfuneralhome.ca

OBITUARY

Zelma Judie McDonald

Peacefully at the Notre Dame Foyer on Saturday, January 29, 2022, Mrs. Zelma McDonald of Carman, Manitoba passed away at the age of 80 years.

She leaves to mourn her passing three children, lan McDonald (Karen), Rodney (Amy) McDonald and Allan McDonald; three grandchildren, Jaden Ackroyd, Kaylee McDonald and Cooper McDonald; and numerous nieces and nephews, relatives and friends.

She was predeceased by her husband Harry McDonald in 2010. Funeral services will be held at a later date.

To view the service details and leave condolences, please visit

Adam's Funeral Home of Notre Dame de Lourdes, Manitoba in care of arrangements Phone 204-248-2201

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