

The Carman-Dufferin
STANDARD

VOLUME 3
EDITION 39

THURSDAY,
SEPTEMBER 28, 2023

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Lacing up

STANDARD PHOTO BY LISA PINKERTON

Ecole Carman Elementary School held its annual Terry Fox Run on Sept. 21. Students raced around the soccer field at the school's south playground while honouring Terry Fox's memory. Students Lea, Aislyn and Taylor show off their Terry Fox sign that they made for the Run.

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Communities in Bloom recognizes businesses beautification efforts



Communities in Bloom volunteer Paula Learmond presents Scott Johnston with a certificate of commendation for his efforts to beautify Carman. Staff

Beautiful business storefronts make people want to spend their money and time downtown, boosting local economies.

Attractive and well-cared for businesses also provide a competitive advantage for communities competing to attract outside entrepreneurs and industries.

With this in mind, Carman and Dufferin Communities in Bloom have highlighted the efforts of three local businesses for their substantial efforts toward downtown beautification.



Robert Bryson created a pocket park near his insurance business, Newman Hand, earning him a commendation

CIB volunteer Paula Learmond presented certificates of commendation to Robert Bryson with Newman Hand Insurance Ltd., Loan Phan, owner of Rose's Beauty Salon, and Scott Johnston with the law firm MMJS.

Each of these owners have a business frontage that looks truly lovely and well-cared for.

Bryson has overseen the creation of a substantial pocket park next to Newman Hand, where trees and flowers now grow, hugely improving the appearance of what previously was a barren grassy area.

He told CIB he has other



STANDARD PHOTOS BY LEE COLLINGRIDGE Loan Phan, who moved to Carman in 2011 and opened Rose's Beauty Salon.

plans for the site, hoping to see more trees planted in the adjacent parking area, and possibly adding some sculptures depicting the history of Carman.

Loan, whose charming Rose's Beauty Salon is located at 18 1st Ave. SW, moved her family to Carman in 2011 after coming to Canada from Vietnam in 2005.

She told CIB she thinks it's very important to make the business section appealing to customers and potential other business owners.

Johnston agrees, and has devoted considerable time and effort to ensuring the frontage of the law offices are beautifully landscaped.

THE TOWN OF CARMAN AND RM OF DUFFERIN WOULD LIKE TO RECOGNIZE THE NATIONAL DAY OF TRUTH AND RECONCILIATION.

TRUTH AND RECONCILIATION DAY SEPTEMBER 30



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Because schools belong to communities



Carman students lace up for Terry Fox School Run



STANDARD PHOTOS BY LISA PINKERTON
 Ecole Carman Elementary School held its annual Terry Fox Run on Sept. 21. Students raced around the soccer field at the school's south playground while honouring Terry Fox's memory. Students Makinley and Porter also made a sign for the Terry Fox Run.

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Old Farmer's Almanac makes its winter predictions

By Lorne Stelmach

It's the annual weather predictions that get the headlines, but there is much, much more to the *Old Farmer's Almanac*.

The 2024 Canadian edition is out with a forecast for a colder, snowier winter on the prairies, so readers here may want to delve more into the other varied content offered by the *Almanac*, which is the longest running periodical.

"Weather only makes up maybe five or six per cent of the *Old Farmers Almanac*. We have food, gardening, astronomy, history, home remedies and humour and so on and so forth," noted managing editor Jack Burnett.

There is also always some content especially for the Canadian market such as one touching on a special moment in the Olympics when a Canadian sailor forsook a chance to perhaps win when he stopped to help another boater in trouble.

"His gesture was so important that the Olympic committee gave him a special medal, so that was really Canada at its finest," said Burnett.

He noted as well they know they have a lot of readers in this region of

southern Manitoba.

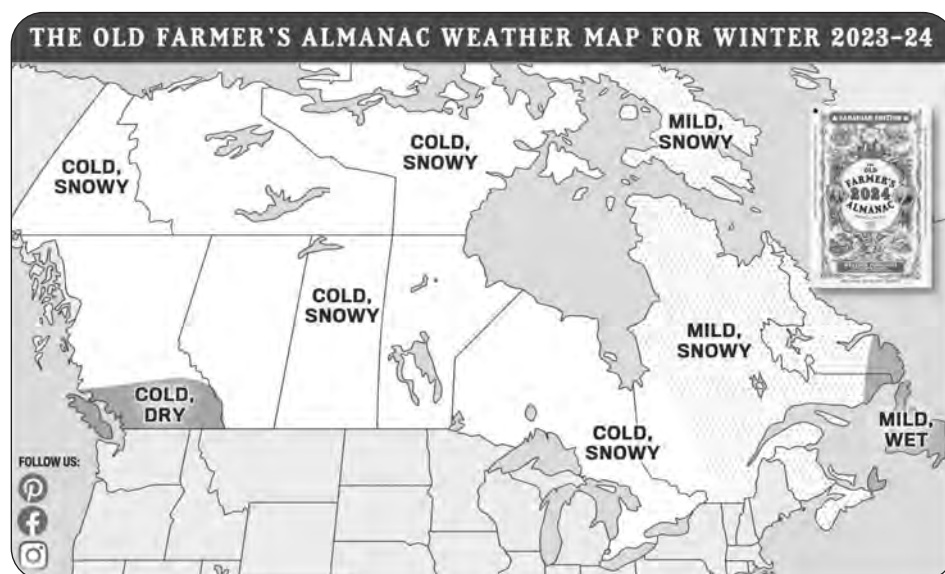
"We know from feedback that we have many hundreds and hundreds of our family in the Winkler and Morden area. They know that we have a lot more than weather."

Their guiding principle remains the motto of its founder: to be useful with a pleasant degree of humour.

It includes, of course, the forecast, which predicts almost every nook and cranny of Canada should expect oodles of fluffy white throughout the season coupled with seasonably chilly temperatures at or below normal.

Other staples include gardening tips, recipes, and a myriad of other anecdotes and pleasantries from *Almanac* readers: step-by-step instructions for hypnotizing your own foot, the protocol for when Groundhog Day goes horribly wrong, a scientific study that settles the long-debated question of what is America's favorite pie (hint: it's not apple), expert angling advice, tips on how to enjoy 2024's total solar eclipse, and more.

"Back in the day, the *Farmer's Almanac* was the Google of the day," observed Burnett. "They had lots of different kinds of information, and



SUPPLIED IMAGE

Manitobans can expect a cold and snowy winter ahead, according to predictions in the *Old Farmer's Almanac*.

that's what we still try to do. People know we have lots of good information about many different things.

"I like to think of the *Farmer's Almanac* as kind of being like a security blanket in book form ... people know what we are and they know we're not going to change. It makes people comfortable," he said. "How we stay current and relevant is we listen to our

readers, and that's kind of the secret of 232 years ... we try to be as close to our readers as we can."

The 2024 *Old Farmer's Almanac* Canadian edition is available wherever books and magazines are sold. A full list of stores that carry it is available at Almanac.ca/Wheretobuy. Print and digital copies are also available online at Almanac.ca/Shop.

Home sweet home: former Access Credit Union building to feature apartment suites

By Ty Dilello

The former Access Credit Union building in Carman located at 7 1st Ave SW, which has been sitting vacant since 2019, is currently being converted into a stable of new apartments.

Access Credit Union first sold the property to Winkler-based K Block Developments earlier this summer.

"In February of 2020, the new branch opened in Carman, so we had the old building for sale since then, and COVID-19 slowed that down a bit," said Rich Harries, chief operating officer for Access Credit Union. "Some of the signage displaying Access Credit Union on the building was removed a few years ago, and the rest was re-

moved this summer."

The newly renovated building will include 10 suites, with both one- and two-bedroom options available.

"We purchased the building with the intent of remodelling. Through discussion with Carman counsellors and their planning department, we were able to construct plans," Frank Klassen, owner of K Block Developments said.

Klassen expects the suites to be available for rent sometime around January 2024.

Prospective tenants can reach K Block Developments by phone at 204-331-6037 or by email at hello@kblock-inc.com.



STANDARD PHOTO SUBMITTED BY K BLOCK DEVELOPMENTS INC. A rendering of one of the prospective suites to be built within the former Access Credit Union building in Carman, which was recently sold to K Block Developments.

Winnipeg artists create peaceful studio in Pembina Valley

By Becca Myskiw

A Winnipeg couple has created a space in the Pembina Valley to rest and create art in.

Lucina Doran and her husband, Brian McMillan, have been artists for years. In the 1970s, they created and owned Prairie Stained Glass, and now that they're retired, it's become Prairie Studio Glass and is owned by

one of their sons.

The couple started working with stained glass after McMillan took a beginner's course on the medium. Together, they grew into the art form and made a career out of it, creating pieces for churches and buildings.

When creating a stained-glass piece, Doran and McMillan start with al-

ready coloured glass. From there, they make the pattern, cut the glass into shapes, and then make it into panels using solder. When doing work for religious institutions, they would cut the coloured glass and apply paint or stain to it, then fire it in a kiln.

Their studio in the valley is called Hollyhock Studio. It serves as a place

for the couple to go and allow themselves to experiment and work in different art forms without worrying about selling pieces.

"The studio is our place of rest," Doran said.

When looking for a new studio, they wanted a quiet place outside of the

PC candidate Stone in the race to represent Midland

By Ty Dilello

The 2023 Manitoba general election is scheduled for Oct. 3 to elect members to the Legislative Assembly of Manitoba.

The incumbent Progressive Conservative Party of Manitoba will attempt to win a third term in government, having won the 2016 and 2019 elections.

Lauren Stone is the PC Candidate for Midland. Stone lives in La Salle with her husband, Matt, and two children.

For 15 years, Stone worked in the agri-food and manufacturing sectors, advancing economic opportunities for industries in Manitoba. She worked at the Manitoba Beef Producers, Cargill, and for six years, has been running her own consulting company focused on business development.

Stone is running for elected office for the future of our children.

"I want the next generation to grow up in a province where we foster success," said Stone. "I want to advance job opportunities and strengthen our small communities so that our youth choose to stay in Manitoba to live, work, and raise their own families. I care deeply about our rural communities, and I recognize the vital importance they have on our province. As your voice for Midland – I want to share our story and make us even stronger."

Stone notes that southern Manitoba has immense economic potential as our agricultural and manufacturing hubs are a driving force behind the province's exports and GDP.

"If elected, prioritizing our communities is a key component to attracting and retaining the services that

all Manitobans rely on," said Stone. "First and foremost, I will stand up for families by helping make life more affordable. I will work to eliminate the education property tax levy and the payroll tax that hurts our small businesses. Secondly, in order for our communities to thrive, I want to ensure we prioritize investment in our PTH and PR roads and make key investments in water infrastructure, such as the Treherne Dam. With my energy, passion, and strong business background, I will be a fresh voice and a champion for issues like these for our constituency at the Manitoba Legislature."

Farming, education, health care, tourism, and business are five key topics in the Midland riding. Here is what Stone would like to accomplish if elected over the next term cycle if elected.

"As your PC MLA, I will fight to fully eliminate the education property tax levy that unfairly impacts farmers. The PC Government has already made significant strides in providing a 50% rebate this year. I will stand up against the NDP-Liberal coalition carbon tax that contributes to higher cost of fuel, inputs, and agricultural equipment, ultimately impacting the cost of business and the cost of living."

"Schools and parents must work in partnership, and as your MLA, I will advocate to enhance parental rights in the Public Schools Act. This will help to ensure that parents play the role that they should in raising their children. I will be a strong voice to ensure that schools in Midland have the funding and resources they need to provide our children with the fun-

damentals they need to succeed into the future."

"I am committed to advocating for availability, quality, and reliability of care for people closer to home. I will advocate for the expansion of the Home and Community Care Pilot that was announced by the PC Government earlier this year, so that more of our seniors can remain in their home and their communities. In addition, as part of the PC Government's \$400 Million human health resources plan, I will advocate to attract physicians and healthcare workers to our rural clinics and hospitals so they can provide the care and services closer to home."

"Midland has many hidden gems. From historical venues like the Miami Rail Station Museum, to the expansive areas of wilderness and provincial parks we enjoy, such as Stephenfield. All these attractions drive eco-tourism and tourists alike to our region. We have already seen significant growth in the number of people who come to our province. As your MLA, I want to ensure that we are promoting our province, but also creating an economic environment where tourist-based businesses are not just surviving but thriving."

"I am committed to making our



PHOTO SUBMITTED

Lauren Stone of La Salle is the PC candidate for the Midland riding for the upcoming Manitoba general election on Oct. 3.

province more tax competitive with other jurisdictions by advocating to eliminate the payroll tax. The payroll tax is a punitive tax policy that hurts our small and medium-size businesses and penalizes growth and investment in our region. A pro-investment province is critical to growing our economy and retaining the services that we all rely on."



> ARTIST STUDIO, FROM PG. 4

city. After checking out multiple spots by lakes or rivers, they found pristine, untouched land near Miami and built Hollyhock Studio there.

Besides the Pembina Valley Studio Tour, their space is not open to the public — it's merely a retreat for the artistic couple.

"There's a flow of creativity that you have to decide to join and if you develop a repertoire of images, you can use it in different genres of art," said Doran.

Over their 40 years in the industry, Doran and McMillan also created multiple pattern books for other stained-glass artists to purchase and work off. The books have been sold across North America and Europe.

Some titles are:

- *Elegant Lamps*
- *Candlelight Designs*
- *Distinctive Vases*
- *Full-size Window Patterns*
- *Elegant Lamps Two*
- *Elegant Lamps Three*

Doran likes taking her memories or thoughts and turning them into art pieces in different mediums. To learn more about the couple's work, visit www.hollyhockstudio.com

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Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

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Branden Leslie gets sworn in on Parliament Hill

Rookie Portage-Lisgar MP had a busy first week in Parliament

By Ashleigh Viveiros

Portage-Lisgar Member of Parliament Branden Leslie was sworn in at the House of Commons last week.

"It's been an incredible feeling, a very surreal feeling, an incredible honour," the rookie MP said after a few days of getting settled in on the Hill. "You feel that sense of responsibility when you put pen to paper and swear the oath of allegiance to our King and to do the right things for our country.

"I am so excited to finally be here in Ottawa, joining my Conservative colleagues, and I'm ready to get to work and hold this Liberal government to account."

As the winner of a by-election coming into Parliament mid-term, Leslie got the rare honour of walking into the Chamber for the first time with Conservative leader Pierre Poilievre and Manitoba caucus chair Larry McGuire, the MP for Brandon-Souris, at his side.

"It's only by-election victors that have that opportunity," he noted. "It's a very special moment.

"It is a completely overwhelming feeling to hear your name called for the first time in the House of Commons, being offered by the leader of your party to take your seat, meeting the speaker, and just having 338 MPs cheering with excitement that you're able to join them as a colleague."

Leslie didn't waste any time getting to work—the same day he was sworn in he also delivered his first question to the government during Question Period.

"The topic I chose was the carbon tax, as it was one of the topics that came up at the doors the most



SCREENSHOT

Shortly after being sworn in as MP for Portage-Lisgar, Branden Leslie (centre) walked into the House of Commons for the first time flanked by Conservative leader Pierre Poilievre (right) and caucus chair Larry McGuire.

throughout the campaign," he said. "I wanted the opportunity to raise an important issue to our constituents to our region on my first day."

In his address, Leslie noted the average farm family will spend an extra \$150,000 a year because of the carbon tax.

"The people who make the food can't afford that, and the people who buy the food can't afford that," he stressed. "After eight years, the Prime Minister has driven up the cost of everything, and Canadians have had enough. When will the Prime Minister listen to Canadians and finally axe the tax?"

Leslie said it was a privilege to get to speak so soon after being sworn in, especially with so many of his friends and family members present that day to support him. It was also a good chance to dive right in to his role as Portage-Lisgar representative.

"I was happy to grab that by the horns and ask what I thought was a pretty good question to the Liberal government," he said, noting he also got to deliver a member's statement

on his second day "thanking the residents of Portage-Lisgar for placing their trust in me and again suggesting to the current government that the carbon tax is extremely problematic for rural communities like ours.

"I absolutely intend to get up as much as I can," Leslie noted.

Leslie was also appointed a member of the Conservative's Environment Committee last week and attended his first committee meeting.

With his background in agriculture, this is a topic Leslie is passionate about. He's eager to bring a rural perspective to the discussion.

"I think that that's something that's often lost in the conversation when we focus on these rather large, big-picture issues of the environment, like emissions. I think it often results in policies that detrimentally impact our farmers and our rural landowners and our natural resource communities.

"So I'm certainly going to be bringing in an agricultural lens, a rural lens and a natural resources lens to this conversation."

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“March 4 Children” held in Winkler

By Ashleigh Viveiros

Winkler was the site of one of the “1 Million March 4 Children” marches held across Canada last week.

A few hundred people gathered in Bethel Heritage Park Wednesday morning and then made their way through the streets of Winkler for about an hour, ending up on the steps of City Hall for speeches.

According to the national event’s website, the march was about safeguarding “the well-being and innocence of our children” by “advocating for the elimination of the Sexual Orientation and Gender Identity (SOGI) curriculum, pronouns, gender ideology and mixed bathrooms in schools.”

In his remarks to the crowd after the walk, Winkler event organizer Rick Wall said they were marching “to protect God’s children” and raise awareness.

“We will no longer be intimidated or suppressed by small minority pushing this evil ideology that our elected officials believe to be okay for our children to have full authority to

make life-altering changes without any parental authority or consent,” he said. “Our schools should be teaching our children to add and subtract numbers, not body parts ... time is running out if parents won’t take a bold stand against the indoctrination of our children.”

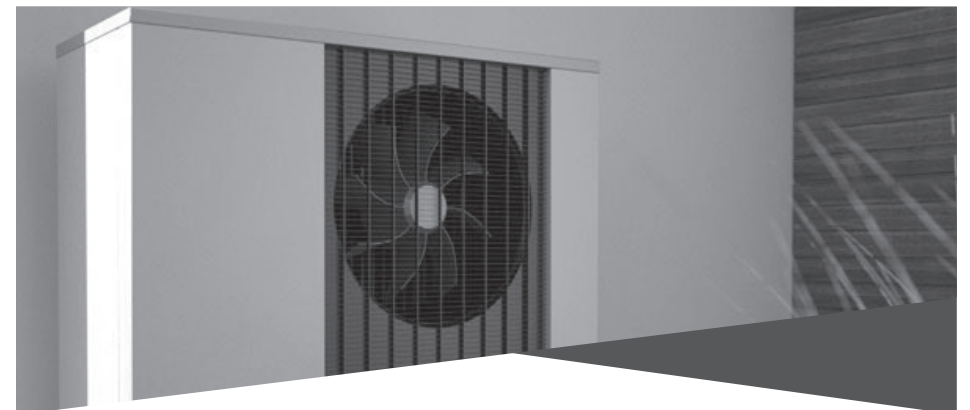
Other speakers likewise spoke out against what they perceive as the increasing sexualization of children in schools and the pushing of an LGBTQ-inclusive and gender-affirming agenda they believe excludes parental oversight.

March participants were met by counter-protestors at events across the country, though not in Winkler.

Pembina Valley Pride had urged members and supporters of the local LGBTQ+ community to “not engage with this group, or arrange a counter-protest at the same time. Instead, devote your time and energy to supporting your local Pride organizations, libraries, or other groups working to combat hate every day.”



STANDARD PHOTOS BY ASHLEIGH VIVEIROS



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letter to the editor

Letters to the Editor:
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Did you know that you might be choosing something about life expectancy when you vote?

In the USA, on average, people in ‘blue states’ live longer than those in ‘red states,’ up to seven years between best and worst. The poorest county in New York has a higher life expectancy than the richest county in the Deep South. (Search the internet for something like ‘life expectancy red states, blue states.’)

Spending on health, education and social services seem to be key factors in these trends; the economy of the states was less important. ‘Blue states’ place a higher value on the common good than

‘red states,’ and are more open to government involvement in society. The economy of Italy has many problems yet life expectancy is higher than the US, even ahead of Canada.

Canada is not the USA; our Canadian health care may have faults but it is a huge benefit.

In the G-20, Japan has the highest average life expectancy, at 84.5 years. Canada is number five at 82.6. China is number 9. The US is #11, with life expectancy of 76.3 years.

When you think about general political policies, do you see taxes as a burden, a punishment, or as a tool for building society?

Government involvement in society - is it protection for children, the environment or is it red tape? Whatever happened to social justice?

There are no simple or easy answers, no blanket answers. Choose in the direction of life.

- Ray Hamm

McGees Original Grill suffers under spate of crime

By Ty Dilello

McGee's Original Grill in Carman has suffered two break-ins this month, bringing the business' total to four such crimes this calendar year.

Around 4 a.m. on Sept. 6, the restaurant's patio window was smashed, as well as its display cooler. About 40 cans of beer and coolers were stolen.

The next week, on Sept. 17, at around 5 a.m., the front door window was smashed. Six bottles of alcohol, 10 cans of beer and \$150 was stolen.

Surveillance footage appears to show the same suspect breaking into the store on both occasions. The RCMP are investigating, but no arrests have been made, owner Robynn Linde said.

"The value of the goods stolen is a drop in the bucket compared to the cost of the damage," she said. "I have cameras, an alarm system and a well-lit building, but it still doesn't seem to be enough. Sure, I could put bars up,



but I shouldn't have to and simply cannot afford to. Who wants to sit in a restaurant that feels like a jail cell? I've worked so hard to renovate the building and make it my own. All I want to do is provide great food and



STANDARD PHOTO BY ROBYNN LINDE

McGee's Original Grill has suffered two break-ins so far in September in the early hours of Sept 6 and 17. The perpetrator as seen in the footage, smashed windows and stole money and alcohol.

service to the community, but these break-ins are a huge setback for a small business."

Linde estimates she has suffered about \$10,000 in out-of-pocket expenses due to crime in the past year.

In an effort to keep her insurance premiums down — which are currently around \$2,500 — she has only claimed damages in one of the incidents.

Residents can support the restaurant by visiting and purchasing a meal.

Elm Creek and Carman CHOICE Fields bring in collective \$119K

By Becca Myskiw

It's been a bountiful year for the Canadian Foodgrains Bank.

The 2023 CHOICE fields by Elm Creek and Carman have been harvested. The Canadian Foodgrains growing project encourages farmers to plant, tend and harvest a crop, before selling it on the Canadian market and donating the proceeds. Because the final harvests are sold and turned into cash donations, almost any crop can be used, including wheat, canola, corn, barley, soybeans, lentils, flax, forage, silage or pumpkins.

This year, an 80-acre field in Elm Creek produced around 70 bushels of wheat per acre, generating \$56,000 for Canadian Foodgrains Bank. Helen Rempel donated the crop, as she has done for 11 years.

"There are just so many people that are hungry and we have so much," Rempel said. "This is something I can do."

On Sept. 18, a 90-acre soybean field by Carman was harvested. Five combines, a grain cart, and several semis worked together to get the crop off, generating 40 bushels per acre and over \$63,000 for the Canadian Foodgrains Bank. This field was donated in varying acres by couples Herro and Chi Koster, Arie and Carolyn Koster, Ken and Della Heaman, and Charlie Froebe.

The donated goods also included equipment, maintenance, seed, chemical and fertilizer. Canadian Foodgrains Bank said final numbers from this year's CHOICE harvests will be determined at year's end.



STANDARD PHOTO SUBMITTED

The harvest from two fields near Elm Creek and Carman Two fields were donated to the Manitoba Foodgrains Bank this season.



STANDARD PHOTOS BY LORNE STELMACH

The Pembina Threshermen's Museum held its 55th annual Reunion Days celebration earlier this month inviting history buffs to spend the day exploring the pioneer heritage village. The event included a daily vintage vehicle parade, a tractor pull, demonstrations of pioneer activities, musical entertainment, meals made by the Valley Harvest Maids, tours of the museum buildings and displays, and a corn maze to navigate.



Don't bail on these plans. Vote.

Advance voting:
September 23 - 30

Election day:
Tuesday, October 3

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All voters need ID to vote. Either:

- One piece of government-issued photo ID with your address, or
- Two other pieces of ID, including your voter information card

Advance poll locations in your area:

AGASSIZ

Local Election Office

208 Railway Ave, Treherne Sept. 23 – 30

Additional Location(s):

Yellowhead Centre

175 Mountain Ave, Neepawa Sept. 23 – 30

MacGregor Heartland Multiplex

231 Government Rd E, MacGregor Sept. 26 – 27

Sprucewoods Community Club

5 Woods Ave, Shilo Sept. 26 – 27

Carberry Community Memorial Hall

224 2nd Ave, Carberry Sept. 26

Gladstone Stride Hall

79 5th St, Gladstone Sept. 26

Plumas Senior's Centre

102 White St E, Plumas Sept. 26

Sandy Bay Community Complex

239 Main Rd, Sandy Bay First Nation Sept. 26

MIDLAND

Local Election Office

23 Main St, Rosenort Sept. 23 - 30

Additional Location(s):

Carman Active Living Centre

47 Ed Belfour Dr, Carman Sept. 23 - 30

Caisse Community Centre

80 Hwy 247, La Salle Sept. 25 - 27

Morris Emmanuel Baptist Church

162 Railroad Ave W, Morris Sept. 26 - 27

St. Claude Community Centre

58 PR 240, St. Claude Sept. 28

Elm Creek Community Centre

70 Arena Rd, Elm Creek Sept. 28

Brunkild Memorial Recreation Centre

10 Hwy 305, Brunkild Sept. 29

Starbuck Community Hall

25 Main St, Starbuck Sept. 29

Miami School

125 Scott St, Miami Sept. 30

Roland Memorial Hall

45 3 St, Roland Sept. 30

TURTLE MOUNTAIN

Local Election Office

Swan Lake Recreation Complex

6 Centennial Ave, Swan Lake Sept. 23 - 30

Additional Location(s):

Shamrock Centre

725 Broadway Ave, Killarney Sept. 23 - 30

Baldur Memorial Hall

142 First St, Baldur Sept. 25

Club d'age d'or, 172 Notre Dame Ave W,

Notre Dame de Lourdes Sept. 25

Crystal City Friendship Centre

117 Broadway St S, Crystal City Sept. 25

Elgin Community Hall

149 Main St, Elgin Sept. 25

Glenora Community Hall

212 1st Ave, Glenora Sept. 25

Boissevain Community Centre

468 South Railway St, Boissevain Sept. 26

Cartwright Centennial Auditorium

575 Veteran Dr, Cartwright Sept. 26

Deloraine-Winchester Community Centre

111 South Railway Ave E, Deloraine Sept. 26

Hartney Centennial Centre

119 East Railway St, Hartney Sept. 26

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Carman Burger Week has six restaurants vying for top hamburger

Vote for your chance to win Burger Bucks

By Ty Dilello

Six Carman restaurants are participating in the annual Burger Week competition this year, with an assortment of beefy burgers featuring ramen noodles, sizzling spuds and specialty sauces.

"This year, our local restaurants have gone above and beyond to bring you spectacular burger entries," said Jodi Winkler of the Carman and Community Chamber of Commerce. "I can't stop wiping the drool as I pour over all the beautiful burger photos."

The competition began Sept. 24 and continues until Oct 1. Patrons are encouraged to try all the burgers and vote for their favourites.

Be sure to follow the Chamber of Commerce's page on Facebook and Instagram for your chance to win Burger Bucks that can be redeemed this week.

The chamber will begin accepting votes online (www.carmanchamber.ca) on Sept. 25 at noon.

Six feature burgers:

Boyne River Bistro Bugle Burger - This burger consists of a juicy elk patty smashed into a bed of onions and placed on a Brioche bun. It is topped with Swiss cheese, Saskatoon sauce, lettuce, tomato and sliced bacon.

Breakaway Family Restaurant's Deep-Fried Lasagna Burger - This homemade burger is made with beef lasagna, ricotta cheese, spinach and cottage cheese. Throw in a homemade sauce and deep-fried. All of this is served on an onion bun, with a choice of home fries or garden salad.

McGee's Spudtacular Burger - The Spudtacular consists of a homemade patty with marble cheddar cheese, fried onions, lettuce, tomato, and McGee's signature burger sauce between a jumbo baked potato. It is served with sour cream on the side.

The Sergei Ramen Burger from Big Willy's - A fresh ground pork burger mixed with garlic, ginger and ramen noodles. It is topped with bacon and a ramen Thai peanut slaw. All of this is served on a grilled sesame seed bun.

The Rumble Burger from Carman Golf Course - A 5.5 ounce beef patty topped with sweet chilli, onions and

shredded cheddar cheese on a potato scallion bun.

Chicken Chef's Mexican Street Corn Burger - The Mexican Street

Corn Burger consists of a beef patty with creamy Mexican street corn sauce, cheese, pickled onions and corn chips.



STANDARD PHOTOS SUBMITTED

Carman's 2023 Burger Week began on Sept. 24 and runs until Oct. 1. Try all six burgers around town and vote for your favourite at www.carmanchamber.ca.



"Come Try Skating" Day

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10:30am	Great Pumpkin & Vegetable Weigh Off Mainstage Arena
11:30-1:00pm	Sandwich, Soup & Pie - Memorial Hall 3rd St. Various Food Vendors all day Arena Grounds
Noon - 3:30pm	Pumpkin Patch Tea Room Pumpkin Dessert Specialties Roland United Church 3rd St.
1:00 - 4:00pm	Children's Activities
1:00 - 4:00pm	Bouncy House, Choo Choo Train
1:00 - 6:30pm	FREE Family Entertainment on Main Stage
2:00pm	Beer Gardens Arena
5:00 - 6:30pm	Full Course Harvest Supper Arena (4th St. & South Ave.)
6:30pm	Giant Pumpkin Drop!

Pumpkin Prizes

- First: \$1500.00
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Boyne River Keepers celebrate World Rivers Day with pirates

Staff

The rain didn't dampen the spirits of those who took in the third annual World Rivers Day as a buccaneer, tar, wench, scallywag or seadog.

Boyne River Keepers (BRK) and the Carman and Community Chamber of Commerce presented the family fun-filled pirate-themed day and derby last Saturday.

World Rivers Day volunteers brought awareness to the fun everyone can have on the water and the importance of protecting it so generations will continue to enjoy it.

Fifty poker hands were purchased for \$10 each, with \$600 raised for the fully accessible river launch at Ryall Park.

Kelly Seward, one of several volunteers and organizers, said BRK has raised \$56,000 through donations, events and grants to date. Construction of the dock will hopefully start this fall.

Heather Russell of Winnipeg had so much fun at last year's event that she returned and was the lucky winner with her poker hand of four 8's to win the kayak. Amanda Rheault placed second and won a disc golf set. Cora Peterson won the grand prize in the costume contest.

After participants completed the circuit on the water, everyone met up at Ryall Park, where Gord Laschuk provided music for the afternoon, and guests could visit the Treasure Chest Market community organization booths or grab lunch at Ol' Smokey's food cart. Chamber executive director Jodi Winkler organized a treasure hunt for the kids through the business district.



Cora Peterson, right, won the grand prize pirate costume contest.



STANDARD PHOTOS BY LANA MEIER

Boyne River Keepers and the Carman and Community Chamber of Commerce presented the third annual World Rivers Day celebration and derby last Saturday. Kelly Seward and Nikki Falk registered all the scallywags and sent them to weigh anchor and hoist the mizzen!



Kasey, Hayes, Banks and Dale Reimer enjoyed family time on the water.



Marley Unrau pulls her card from the bucket while Auntie Tracy Enns maneuvers the boat.



Karen Funke and Dale Owen volunteers handed cards out at the first poker hand stop.



Brady Hasell and his dad Scraggy Guns the monster Chris Hasell.



Brent and Merrick (6) Tournier were the wicked pirates outfitted with sword and shield.



Kevin, Meghan and Pat enjoyed the day and tried their luck in the poker derby.

RETIREMENT PLANNING

Do you have to make a will?



As you get older, it's normal to start thinking about your estate and getting your affairs in order. If you don't already have a will, you may wonder whether you need one in the event of your death. The short answer is no. Nevertheless, a will is an essential document. Here's why.

The specifics vary depending on the province, but generally, if you don't have a will at the time of your death, your assets will still be distributed to your heirs. However, the distribution may differ from what you would have wanted. Usually, your spouse will receive a set amount before the remainder is divided among your children and other family members, if any exist.

A will is essential because it allows you to decide how your assets will be divided among your heirs. Specifically, you indicate who inherits what and who'll act as an executor.

There are three basic types of wills in Canada: formal, notarial and holographic. Consult a lawyer to learn the differences and determine the best type for you.

Should you take a sabbatical or wait until retirement to fulfill a dream?

Have you been in the workforce for several years? If you're eager to travel the world or undertake a large project, you may want to consider taking a sabbatical. However, waiting until you retire could also be practical.

Firstly, be aware that putting your work life on pause requires a lot of preparation, as you won't receive a salary for a long time. If you decide to take an extended leave, plan your absence carefully and save the necessary funds.

On the other hand, waiting until retirement to fulfill a dream can be a risky gamble. The older you get, the greater the risk of developing health problems and running out of energy — it's a sobering thought.

The one sure thing is that if you want to make a dream come true, you must be disciplined. Talk to a financial professional to make sure you're set up for success.



Advice from someone you trust

A retirement plan includes the right mix of income, savings and insurance protection products to help you meet your financial goals today and live with peace of mind in retirement.

Let's start planning.



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Brother Fred Fox joined Carman's Terry Fox Run

By Ty Dilello

This year's Terry Fox Run in Carman will go down in community history, with a very special visit from the Canadian hero's older brother.

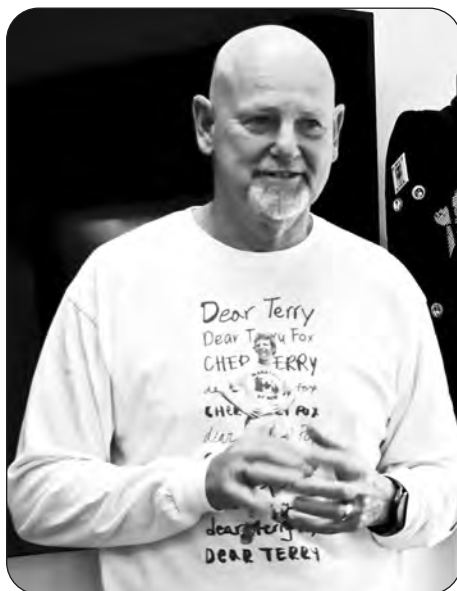
Fred Fox arrived in town Sept. 16, one day before the race.

"What a huge honour it was to host Fred Fox and to talk with such a humble and genuinely friendly person," organizer Linda Sylvester said. "He signed shirts and books and postcards at the Boyne Regional Library and chatted up a storm with all of those who attended."

After meeting with residents at the library, Fox walked the Carman Community Pathway with a group of locals and ended his afternoon in town at Syl's Drive Inn for some good food and laughs.

The following day, many arrived at Ryall Park to participate in the run, including a group led by local runners Nate Phillips and Nathan Dyck.

The band Flat Top and Company performed on the Ryall Park stage and entertained the audience until after 3 p.m.



Fred Fox was in Carman for this year's Terry Fox Run.

The current total raised for cancer research from the Carman Terry Fox Run is \$4,240.25.

"Thank you to everyone who supported the Terry Fox event. We are looking forward to doing it all again in 2024," Sylvester said.



STANDARD PHOTOS BY LINDA SYLVESTER

Terry Fox's older brother Fred Fox, second from left, was in Carman on Sept. 16 to participate in the Terry Fox Run and help raise money for cancer research. Left to right, Linda Sylvester, Fred Fox, Linda Revel and Carissa Robb.



According to the Terry Fox Foundation, more than 650 communities participate in the annual run to raise funds for cancer research. To date, the event has raised roughly \$850 million in honour of the Canadian hero.

Churches take COVID-19 fight to Supreme Court

Staff

A group of Manitoba churches are bringing their legal battle against COVID-19 public health orders to the Supreme Court of Canada.

The Justice Centre for Constitutional Freedoms announced last week that five churches and two individuals have filed an application with our nation's highest court to argue the constitutionality of church closures and restrictions on outdoor

gatherings during the pandemic.

The group argued in provincial court that these restrictions violated the Charter of Rights and Freedoms.

A justice with the Manitoba Court of King's Bench disagreed, ruling in spring of 2021 that the restrictions were permissible under the Charter. That decision was then upheld by Manitoba's Court of Appeal this summer.

Now the group is asking the Su-

preme Court to hear the case, arguing it raises issues of national importance.

"We hope that the Supreme Court of Canada agrees that constitutional issues surrounding closing churches and curbing outdoor protests during a pandemic are worth the Court's attention and adjudication," said Allison Pejovic, the group's lawyer, in a statement. "Canadians would like to understand whether the Charter's

protections can be easily cast aside during a pandemic, while non-Charter-protected activities with an economic interest remain open and operational."

Listed as applicants on the appeal are Pembina Valley Baptist Church, Grace Covenant Church, Gateway Bible Baptist Church, Slavic Baptist Church, Bible Baptist Church, Pastor Tobias Tissen, and protestor Ross Mackay.

Horseback riding lessons offered at the Wood Ridge Ranch

By Ty Dilello

The Wood Ridge Ranch near Miami continues to be the top local spot for horseback riding lessons and equine first aid courses in southern Manitoba.

Kelsey Wood-Steppler established the ranch in March of 2021, after working alongside her husband at their Placer Mine in the Yukon Territory from 2017 to 2020.

"I wanted to return to the equine industry and follow my passion for working with horses," Wood-Steppler said. "I started by obtaining my certification as an equine health and emergency first aid instructor, and the business bloomed from there."

Wood-Steppler split her growing up in both Cypress River and Brandon, but she also spent a lot of time at her grandparent's farm outside of Rosebank and has fond memories of the area.

"When I was hired on with an ag company out of Elm Creek in 2015, I was happy to return to the region that brought me so much happiness as a kid," she said. "Shortly after starting work, I met my now husband, who was from Miami and is the reason I've been here for the past eight years."

Wood-Steppler established the riding lesson program at the Wood Ridge Ranch in 2022 and saw a successful first year. However, after Wood-Steppler was invited to help at an organization work-

ing with their horses, she had to make the tough choice to put the lesson program on hold for 2023 as she could not commit to the demand of both programs.

"This invitation has been a great opportunity to improve my horsemanship skills and learn from a group of horses that weren't my own. I have been able to pick up a small group of lessons for the fall and am having a blast teaching again," she said.

The ranch's equine first aid courses have been in high demand this year, and have even landed Wood-Steppler an interview on the local podcast "Ride Like A Mother," thanks to a fantastic student recommendation. The ranch is currently still booking first aid classes for fall and winter 2023 and 2024.

The horseback riding lesson program will also return in full for the 2024 season. Wood-Steppler will be offering up to five week lesson blocks as well as individual lessons of 45, 60, or 90 minutes.

The ranch is offering a mailing list subscription this year via email, which includes early bird registration for spring, summer and fall riding lessons. Interested students and parents can contact Wood-Steppler at thewoodridgeranch@gmail.com or through social media on Facebook and Instagram.



PHOTO SUBMITTED BY KELSEY WOOD-STEPPLER

Kelsey Wood-Steppler is the owner of the Wood Ridge Ranch near Miami, which offers equine first aid courses and horseback riding lessons.

Flashback: how grit and determination built Roland Gold Course

By Dennis Young

Turning 40-acres of land into a nine-hole golf course is no easy task for a group of men, but area farmer Myles Lytle and his family did just that in 1957.

He envisioned a golf course along Tobacco Creek that ran through his property northwest of Roland. It took a lot of thought to map out a course in those days — not to mention the labour.

Allowing for spring run offs and bank erosion, he mapped out his vision and proceeded ahead, clearing bush and over 700 trees. He seeded fairways, incorporated sand greens, sand traps and installed wind breaks. Handmade tee markers, pole flags, benches and a small club house were added.

Elm Park Golf Course opened early on June 19, 1958, much to the delight of golf enthusiasts who spotted the lush grass from a nearby road. For the next 19 years, golfers enjoyed Lytle's accomplishments.

Then in 1977, when Lytle and his wife Stella were retiring, a meeting was held to decide the best way to conserve Elm Park. A committee was established with John Bartley as president to approach the family regarding a purchase of the course and its holdings.

Bartley made the offer, but Myles

had sold the property to Murray Coates — who in turn offered them the clubhouse, machinery, and property for \$35,000. Donations quickly raised the funds to make the purchase, followed by a company charter that 10 directors signed creating the Roland Golf Club.

Fees for adults were \$30, juniors paid \$15, and families cost \$70. Eeryone who donated received one free yearly membership (worth \$100). Green fees were \$2 weekdays, \$2.50 weekends and holidays and the Lytles were given life memberships. Bill and Bruce North provided lessons to members. Ladies and men's events began in earnest with the first year generating a net income of \$4994.

During the next years, fundraisers were held to finance many major upgrades, including paid staff. By 1980, a new clubhouse was built and three years later, the sand greens were converted to grass greens. To accommodate provincial liquor licencing in 1984, the kitchen was remodeled with a bar area. The clubhouse was enlarged and a putting green was finished by 1988. Many other necessities and enhancements, including fairway irrigation, were added as memberships grew and funds became available.

After 3 years of moving dirt and planting seed, the new vision of exec-



STANDARD PHOTO SUBMITTED

Myles and Stella Lytle transformed 40-acres of farmland northwest of Roland into a family-friendly golf course nearly 70 years ago.

utive Chris Sutton's saw a full-blown expansion and changing of holes completed in 1999.

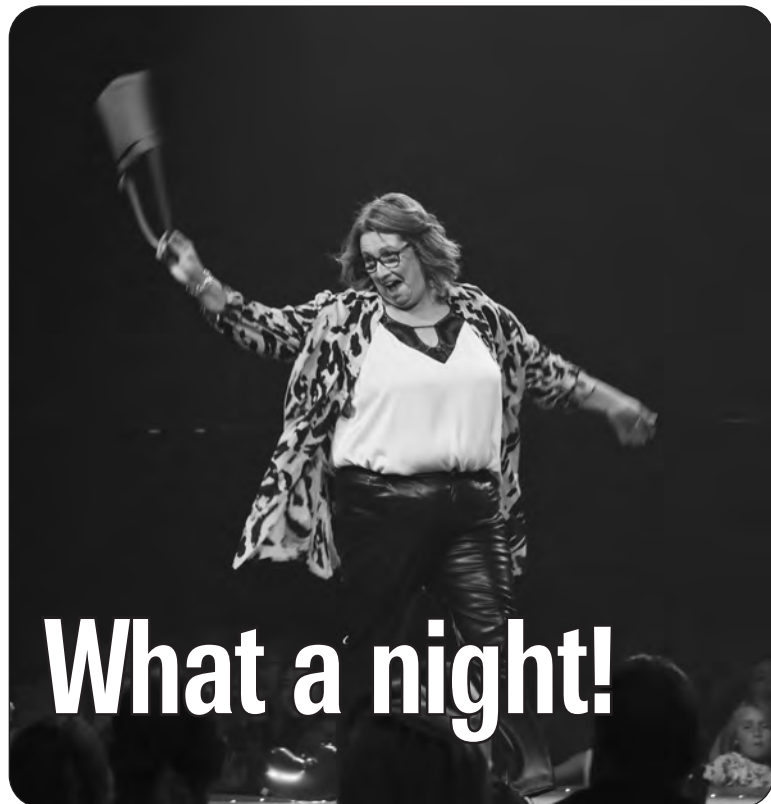
"We've gone from a par 33 to a par 36. It's a 3076-yard-long course now, with added difficulty. We needed to get longer to be competitive with other 9-hole courses," then-president Lawrence Dyck said at the time.

Among the changes were four new

holes and a few altered ones as well.

"Visitors tell us what members have known for years — Roland Golf Club is the best kept secret in the middle of everywhere. Lush fairways, perfect greens, and challenges for every level of golfer make this course a pleasure to play on," the course website says.

The 120 happy members can attest to that.



STANDARD PHOTOS BY ASHLEIGH VIVEIROS

The 10th annual Katie Cares Celebration of Life Fashion Show had models on the catwalk at the Meridian Exhibition Centre in Winkler Saturday night to raise funds for Katie's Cottage. The evening also included music from The Bromantics (below), charcuterie and dessert, a live auction led by Morris Olafson, and silent auction prizes. Over \$85,000 was raised.



By Ashleigh Viveiros

The 10th annual Katie Cares Celebration of Life Fashion Show was the non-profit's most successful one yet.

The sold-out fundraiser, held at the Meridian Exhibition Centre in Winkler Saturday night, saw 640 people come out to enjoy an evening of food, music, auction prizes, and, of course, fashion from a variety of local retailers.

When all is said and done, it's expected the night will have raised over \$85,000 for Katie Cares and the Katie's Cottage respite home—more than double last year's earnings and a new record to boot.

"We had enough sponsorship this year that the whole show was paid for," shares executive director Ruth Reimer. "So once we were selling tickets, that was already profit."

The fashion show has come a long way from the

small event held in a local church gymnasium for the first time over a decade ago. That one raised about \$17,000 and welcomed a little over 200 guests.

"I feel like we're growing up," Reimer reflects. "We're not this little charity anymore that was in the Emmanuel Church or when we first started in the hospital. We're growing up and we're doing really good work for our community, for the families that need it so desperately. I think of a few families that are in our building right now and they're struggling; if they weren't here, where would they be right now?"

The respite home provides people with an affordable, welcoming place to stay while a loved one receives care at the nearby Boundary Trails Health Centre. Guests can book a room overnight or simply stop by during the day to relax instead of waiting at the hospital. The cottage has welcomed over

500 guests so far in 2023.

Raising such a substantial amount of funds in one evening takes a huge bite out of the charity's expenses for the year.

"I can't even describe what it means to have this kind of support and relief all at the same time," Reimer says, noting the COVID-19 years were challenging ones for the organization and they're still recovering.

With this year's proceeds, the fashion show has raised upward of \$385,000 for Katie Cares since 2011.

"That has sustained us," Reimer says. "It has purchased Beanie Babies for children receiving care. It has fed guests. It has paid bills. It has brought relief and comfort to so many."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Schroeder gets drafted by New York at PWHL draft

By Ty Dilello

Elm Creek's Corinne Schroeder continues to put her hometown on the hockey map. On Sept 18, the star net-minder became a member of the Professional Women's Hockey League (PWHL), going as the 33rd pick in the sixth round to the New York team.

The league is a new professional women's hockey league featuring six teams in Minnesota, New York, Toronto, Boston, Montreal and Ottawa.

It's the first full-fledged league for women's hockey, with salaries at the highest in the women's pro level.

Schroeder attended the draft in Toronto, which featured many celebrities making draft picks, including women's rights activist and former world number one tennis player Billie Jean King.

"The draft was an amazing experience," Schroeder said. "Being in a room full of the best female hockey players in the world was surreal. It was quite nerve-racking as well, but incredibly exciting at the same time. The event was very well done also, so big props to all those who helped coordinate everything that went into that day."

New York was one of the teams that had reached out to Schroeder during the initial free agency period, so she was very excited to be picked selected in the draft, she said.

"There were a lot of emotions all day, but the moment my name was called, it was just pure joy and excitement," she said.

"This is a historic year for women's hockey, and the creation of the



PWHL was with the intent of bringing the best in the world together into a single league. The skill level and competition will be incredible, and I look forward to being challenged and prove myself at this new level."

Schroeder is coming off one of the finest seasons a goaltender could have, logging a 1.67 goals-against average, a .955 save percentage, 19 wins and a league record seven shutouts while playing with the Boston Pride of the Premier Hockey Federation.

Prior to the draft, Schroeder spent last week at Hockey Canada's National Women's Team camp as she turned some heads with her strong play in net.



STANDARD PHOTOS SUBMITTED

On Sept 18, Elm Creek's Corinne Schroeder attended the PWHL Draft in Toronto and was a sixth round draft pick of the New York PWHL team.

"The Hockey Canada Fall Festival was a great experience. It's always an honour to attend camp and train with the very best in Canada, as well as learn from the best coaches in the country. The camp was great for my development and has given me a lot of confidence going into next season," she said.

In addition to playing for the New

York squad this season, Schroeder also wants to continue with her dream of playing on Team Canada one day at international events such as world championships and the Olympics

Training camp opens for PWHL teams in November, and the league is set to begin play in January 2024 and wrap up in June or July.

Female Hawks 0-1-3 in pre-season tourney

Staff

The Pembina Valley Hawks female U18 AAA team were 0-1-3 at their final pre-season tournament in Portage over the weekend.

Pembina Valley dropped a 5-2 decision to the Eastman Selects Friday morning. Scoring for the Hawks were Chase Braun and Ava Dalebozik. Vayha Willis made 37 saves in net.

The next morning the ladies battled the Weyburn Gold Wings to a 4-4 tie. Braun and Dalebozik scored again, along with Casey O'Brien and Jessica Anderson. In net this match was Kasia Rakowski, who made 28 saves.

Up against host Central Plain Capitals later that day, the Hawks fell 5-3. Anderson had a two-goal night while Dalebozik had a single.

Willis made 24 saves in net.

The team rounded out the weekend with a 3-1 loss to the Winnipeg Avros on Sunday. Anderson scored the lone goal for the Hawks. Rakowski made 23 saves between the posts.

The Hawks start the regular season Saturday at home in Morden against the Central Plains Capitals. They then host the Westman Wild-

cats Sunday afternoon.

The local men's U18 team also kicks off their regular season this weekend.

Playing in the Manitoba U18 AAA Hockey League, the male Pembina Valley Hawks host Southwest Friday night in Morden and then have rematch in Brandon the next night.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Twisters wrap up preseason with a road loss

By Ty Dilello

The Pembina Valley Twisters have wrapped up their Manitoba Major Junior Hockey League (MMJHL) preseason after a 6-3 loss to the Stonewall Jets.

On Sept. 23 against the Jets, Marek Degraeve had two goals and an assist, while Cohen Thomas had the other marker and two assists in the 6-3 loss. Matt Grysiuk stopped 25 shots in net for Pembina Valley.

The Twisters' season opener is this Friday (Sept. 29) when they host the River East Royal Knights. Game time is 8 p.m.



Right photo, The Pembina Valley Twisters' Marek DeGrave had two goals and an assist on the road against the Stonewall Jets Friday night. The Twisters lost 6-3. Left photo, Carman's Slade Sotheran battles a Jets player in front of the net.

STANDARD PHOTOS BY LANA MEIER

Morden puts call out for Scotties volunteers

By Ashleigh Viveiros

The 2024 Manitoba Scotties Tournament of Hearts is coming to Morden in just four short months, and organizers are looking for volunteers

The host committee last week put a call out to the community for help at the Jan. 23-28 competition, which will see the best women's curling teams from across Manitoba compete at the Access Event Centre. The event is being hosted by the Morden Curling Club in partnership with CurlManitoba.

"It's been over 20 years since we've

had such high caliber curling in Morden. The heart of any community lies in the people who live there," notes Ernie Epp, chairperson tournament. "Our last tournament here was in 2003 and it was a great success. We are looking to repeat and build upon that this year."

Putting on a tournament of this size takes more than 16 committees and over 200 volunteers, and organizers are hoping to put that team together sooner rather than later. Volunteers can email mordenscotties2024@gmail.com starting Sept. 27 to express their interest.

"Morden is full of great people with a phenomenal volunteer ethic. We'll be ready to show off this great place we call home, and build an experience players and fans will remember," said Epp. "I'm so excited to be a part of this."

Executive committee member Clare Agnew notes there are lots of ways peo-



STANDARD PHOTO SUBMITTED

From left: 2024 Morden/Manitoba Scotties Tournament of Hearts executive committee members Clare Agnew, Chris Driedger, Ernie Epp, Chris Moffatt, and Myrna Wiebe.

ple can get involved—as ticket-takers, 50/50 sales, ice crew, access control, VIP hosts, hospitality, and more. Email organizers for a complete listing of volunteer roles.

"We're asking people to sign up for a minimum three shifts," Agnew said. "Most shifts are three to four hours long."

With games taking place in the morning, afternoon, and evening, there's plenty of flexibility in the shifts, Agnew noted

Fundraising efforts are also underway for the Scotties.

An elimination draw is planned with 400 tickets of \$50 each. Tickets will be drawn throughout the event with a total of \$10,000 in prizes available.

Organizers are also reaching out for local sponsors for the event. If you're interested in supporting the Scotties, contact Myrna Wiebe at 204-362-8811.

Event passes will be available in early October.

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A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

get inspired

> MEAL IDEAS



Sweet Heat Pickled Beet Grilled Cheese

into thin strips

- 2 tablespoons unsalted butter
- 1/2 teaspoon garlic salt, or to taste

Place two bread slices on cutting board. Drizzle with hot honey then add 4 ounces brie evenly across bread.

Drain beets and pat dry. Add evenly on top of brie followed by basil and remaining brie.

Spread 1 tablespoon butter on one side of remaining bread slices. Sprinkle with 1/4 teaspoon garlic salt. Place top piece of bread on each sandwich.

Heat cast-iron or frying pan over medium-low heat then add sandwiches butter sides down. Butter top sides and add remaining garlic salt.

Cook about 5 minutes on each side, or until bread is golden brown and cheese has melted, flipping halfway through.

Once sandwiches have cooked on both sides, remove from heat and serve.

Recipe courtesy of MacKenzie Smith of "Grilled Cheese Social"

Prep time: 5 minutes

Cook time: 12 minutes

Yield: 2 sandwiches

4 slices (3 ounces each) sourdough bread

2 tablespoons hot honey

1 small wheel (8 ounces) brie, at room temperature, cut into thin strips

8 ounces Aunt Nellie's Diced Pickled Beets (1/2 jar or 2 individual diced pickled beet cups)

2 tablespoons fresh basil, cut



Bacon Wrapped Potato Stuffed Chicken

- 8-12 bacon slices
- nonstick cooking spray
- freshly ground pepper, to taste
- Preheat oven to 400 F.

Using sharp knife, slice pocket or slit into each chicken breast and fold open.

Place two slices sharp cheddar cheese in pockets then spoon 4 ounces potato salad onto cheese.

Fold chicken over and close so cheese and potatoes are inside pockets.

Take 2-3 bacon slices and completely wrap stuffed chicken breasts, tucking loose ends of bacon on undersides of chicken.

Spray baking dish with nonstick cooking spray then place bacon wrapped chicken on tray. Season chicken with pepper, to taste.

Bake approximately 40 minutes until internal temperature of chicken reaches 160 F.

Turn oven to broil on high (500 F) and broil 2-3 minutes to crisp bacon until chicken reaches 165 F.

Remove from the oven and rest 5 minutes then serve.

Recipe courtesy of "EZPZMealz"

Prep time: 20 minutes

Cook time: 40 minutes

Yield: 8 servings

2 pounds (approximately 4 large) boneless, skinless chicken breasts

8 slices sharp cheddar cheese

1 can READ German Potato Salad with sauce

Ask The Money Lady

Dear Money Lady, I'm wondering if you can provide advice on RESPs. We have 2 kids currently aged 14 and 16. We opened a family RESP account approximately 12 years ago contributing monthly. We have no idea how to plan for future expenses beyond the basic tuition. I've read online that a car purchase could be deemed eligible for a student, but I'm not certain. Do I need to get a financial advisor to help? Carol

Dear Carol, I've always recommend having a Family RESP plan versus individual plans because it has so much more flexibility – so you were really smart to do it this way, good job!

There are a few key components of a RESP that you must be aware of. The limit on lifetime contributions for any one beneficiary is \$50,000 and any over contributions are subject to a penalty of 1% per month. You can make contributions to the plan for up to 31 years and it can remain open for up to 36 years. If the beneficiary is disabled, you can contribute to 35 years, and it will remain open for 40 years.

There is a basic CESG, (Canada Education Savings Grant) for beneficiaries of the plan under the age of 18, (special rules apply for children over 16). The Canadian government will add 20% annually to the first \$2,500 contributed, a \$500 bonus every year. The maximum CESG over the life of the plan is \$7,200 per beneficiary. The benefit to a family plan is that when you are planning to allocate the funds among the beneficiaries, you will not be restricted on withdrawals and can direct more to a child whose education expenses may be higher.

Almost all Canadian universities and colleges qualify for a RESP including some outside of Canada, (CRA will be able to provide a complete qualifying list). A part-time student can access up to \$2,500 for



Christine Ibbotson

each 13-week semester and a full-time student can access up to \$5,000 during the first 13 weeks of initial enrolment, with no limit thereafter, (so if you wanted funds for a vehicle – I guess you could take it). The funds withdrawn are taxable upon the beneficiary, resulting in little to no tax payable because they are a student.

If you have any leftover funds after each child has completed their education, you can transfer up to \$50,000 of the plan's earnings to your RRSP provided you have the contribution room (you can check on the Canadian government website at: www.cra-arc.gc.ca/tx/ndvdl/tpcs/respree/menu-eng.html.)

I think you are fine to use the financial institution where the RESP is held and it will not make any difference going to an independent advisor since the rules are explicit on how it can be used, withdrawn, and administered among each beneficiary. I hope that helps.

Good Luck & Best Wishes,
ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 sponsored by East Coast Credit Union. Send your money questions (answered FREE) through her website at askthemoneylady.ca

Egg, Avocado and Black Bean Breakfast Burritos

- Servings: 4
- Nonstick cooking spray
- 1 1/3 cups liquid egg whites
- 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
- 4 whole-wheat tortillas (6 inches, lowest sodium available)
- 2 medium avocados, sliced
- 1/4 cup hot sauce or salsa (lowest sodium available, optional)

Lightly spray large skillet with nonstick cooking spray. Heat over medium heat.

In skillet, stir egg whites constantly with rubber spatula to scramble.

Cook until eggs are almost set. Add beans, stirring until combined and heated through.

Microwave tortillas on high 45 seconds. Transfer to work surface.

Spread egg mixture in center of each tortilla. Top with the avocado and hot sauce, if desired.

For each burrito, fold two sides of tortilla toward center. Starting from closest unfolded side, roll burrito toward remaining unfolded side to enclose filling. Transfer with seam side down to plates.

Classifieds

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The Carman-Dufferin
STANDARD



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF GREY

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **30th day of October, 2023**, at the hour of **10:00 AM**, at Rural Municipality of Grey, 27 Church Avenue East, Elm Creek, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
181400	THE NW 1/4 OF SECTION 1-9-6 WPM EXC THE NLY 1322.4 FEET PERP - 48105 RD 31W	L -\$87,200 B -\$52,000	\$6,128.96
306400	THE SLY 112 FEET OF THE ELY 122 FEET OF LOT 3 BLOCK 7 PLAN 753 MLTO (C DIV) IN W 1/2 15-8-7 WPM 75 BIRCH AVENUE, ST CLAUDE	L -\$11,800 B -\$91,800	\$6,406.27
310800	THE SLY 33 FEET OF LOT 13 PLAN 784 MLTO (C DIV) IN W 1/2 15-8-7 WPM - 189 BIRCH AVENUE, ST CLAUDE	L -\$10,000 B -\$83,500	\$8,631.09
310900	LOT 14 PLAN 784 MLTO (C DIV) IN W 1/2 15-8-7 WPM	L -\$16,800	\$4,570.31
317600	THE ELY 105 FEET OF LOTS 1 AND 2 BLOCK 2 PLAN 1020 MLTO (C DIV) IN SW 1/4 15-8-7 WPM 57 ROY STREET, ST CLAUDE	L -\$11,900 B -\$102,800	\$10,394.09

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the RURAL MUNICIPALITY OF GREY as follows:
 - The full purchase price if it is \$10,000 or less; OR
 - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - A fee in the amount \$498.75 (\$475 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 19th day of September, 2023.

Managed by:



Kim Arnal
Chief Administrative Officer
RURAL MUNICIPALITY OF GREY
Phone: (204) 436-2014
Fax: (204) 436-2543

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NOTICES

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OBITUARY



Jeffrey Frances George Thompson
December 07, 1959 - September 11, 2023

It is with profound sadness that we announce the sudden passing of Jeffrey on September 11, 2023 at his home, at the age of 63.

Jeffrey will be greatly missed by his loving wife of 43 years, Marilyn; daughters Jaylyn (Jason), Reegan, and his precious granddaughters, Alivia and Voni. He also leaves behind sisters Sheila, Judi (Richard), Connie (Al); brother Kerry (Linda); brothers-in-law Bob (Wilma), Allan (Joanne), Barry; sister-in-law, Crystal; and many nieces, nephews, great nieces and nephews, cousins, and friends.

Jeffrey was predeceased by his parents, Alfred and Mae; mother-in-law, Dorothy; brothers-in-law, Harold, Bill, Kenny; and niece Kerri-Lynn.

At the young age of 12, Jeffrey's first summer job was flipping hamburgers at McDonald's in Winnipeg. Once he obtained his driver's license, he started summer employment for the Manitoba Highways Department, which continued until he became an employee at Burns Meats after his high school graduation. After 20 years of hard work and commuting from Carman, Jeffrey quit and started working for Sperling Industries Ltd., where he dedicated the remainder of his career, continuing his father's work philosophy, "do your best or don't bother doing a job at all." Jeffrey so enjoyed working at Sperling where he created life-long friendships. Early retirement from Sperling was difficult for Jeffrey to accept.

When Jeffrey wasn't working, he always loved playing sports, coaching sports, watching sports, and finally betting on sports. He loved hunting, fishing, and when he could no longer do that, he set up post on his front deck, hunting down squirrels and waving to anyone and everyone who passed by.

Jeffrey and Marilyn were high school sweethearts, marrying in 1980, living in Winnipeg, then making their home in Carman. His greatest joys were his two daughters, which was only doubled with his two granddaughters. Jeffrey was happiest when they came to visit, and being their grandpa was what he did best. They will greatly miss their "young man".

As we all know, Jeffrey loved having family and friends over to his home so he could cook, entertain, and never share his secret recipes. He was an impatient man, but he always took the time to create lasting memories for which we will always be grateful for. Jeffrey had the biggest heart, would do anything for anyone, and his love for his family was exceptional.

Jeffrey, Dad, Grandpa – you will forever be in our hearts.

Private interment will take place in the Badger Cemetery. Celebration of Life will be held on Saturday, September 30, 2023 at 1:00 p.m. at the Carman Community Hall.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca



Gwendolyn Irene Kitching (nee Mulligan)

On September 14, 2023 Gwen suffered a heart attack and passed away suddenly at Rosewood Residence in Winnipeg.

She will be dearly missed by her four children: Karen (Brian) Webb, Shelley, Kevin (Trish) and Scott (Barb); five grandchildren: Nicole (Brad), Mitchell, Ian, Sydney and Brooklyn; and her brother and sister: Dennis Mulligan and Pat Blair.

She was predeceased by her husband Lloyd, her parents Kenneth and Dorothy Mulligan and her brother Melvin.

Gwen was born in Winnipeg on November 6, 1937. She grew up on the family farm near Rosser Manitoba. First attending Rosser Village School, she went on to graduate high school at United College in Winnipeg. After graduating, she headed to the Prairie Christian Training Centre in Fort Qu'Appelle, Saskatchewan, first to study but then staying on to work in the kitchen. It was there that she made many lifelong friends and met the man whom she would marry, Lloyd Kitching.

They exchanged vows on October 29, 1959 at the Rosser United Church and set up home on a farm near Carman, MB.

Gwen will be remembered for her laugh and wonderful smile, for her beautiful singing voice and for her bun-making abilities (best buns on the prairies according to many!). She will also be remembered as a woman who was full of kindness and who cared for others; who welcomed so many people into her home and always tried to put others at ease.

Gwen's spirit was that of a caregiver. She cared for her children, making sure they were fed and clothed and taken to whatever activity they needed to get to. She cared for the men on the farm, bringing meals, parts and looking after whatever else needed looking after. She cared for the elderly, working for 20 years as a Homecare worker in Carman. She also provided rides for aging friends and family to appointments, activities and entertainment events. She particularly loved taking carloads of people to Rainbow Stage, somehow getting there on time even with Dad as a part of the group. She spent her later years caring for Dad as he aged and needed increasing amounts of care. She managed to keep Dad at home with her right until his passing, even though it took a toll on her own health. Her giving was selfless, not seeking of recognition. In fact, her shyness had her often preferring to stay in the background.

Community involvement was also important to Gwen. Her love of singing saw her become an early member of the Sonatrice Singers. She was a long-standing member of the United Church choir. She was a soloist at countless weddings and funerals. She enjoyed bowling, aquacise and carpet bowling, largely because of the friends it allowed her to spend time with. She made sure her family was part of Carman's Canada World Youth hosting committee, billeting youth from across Canada and the world. For her church community and other friends, her New Year's Eve parties were an institution unto themselves.

Gwen truly lived her Christian faith and was an amazing role model for how to welcome others and put them at ease; for stepping up when someone needed looking after; for putting others first. For that and so much more, we will forever be grateful to have shared our lives with you.

Funeral service will be held at Carman United Church on Saturday, September 30th at 11:00 a.m. The service will be followed by a lunch also at the church.

In lieu of flowers, the family requests that donations may be made to the Carman United Church, Box 1177, Carman, MB, R0G 0J0, or the Canadian Diabetes Association <https://www.diabetes.ca/>

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The Carman Community Health Centre Board, operating on behalf of the Town of Carman and the R.M. of Dufferin, is looking for Directors to fill positions on the Board. The Board oversees the services of Carman Community Health Center and participates in planning for health service needs within Carman and area. Board members are appointed by the Town/RM for a 3 year term.

If you are interested in serving in this capacity, please contact Board Chair Les Vanderveen at lvdveen@mymts.net or 204-745-8273.



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National Day for **TRUTH** and **RECONCILIATION**



Recognize. Reflect. Reconcile.

3 ways to learn more about First Nations, Métis and Inuit people

September 30, 2023, marks the National Day of Truth and Reconciliation. This event commemorates the tragic history of residential schools and aims to pay tribute to the communities that have experienced — and continue to suffer the effects of — a painful piece of Canadian history.

This day is also an opportunity to learn more about First Nations, Métis and Inuit people and to discover the richness of these cultures. Here are three ways to do it:

1. Educate yourself. If you want to learn more about Indigenous languages, history and arts, the “Indigenous peoples and cultures” section of the Canadian government website (Canada.ca) is an excellent place to start. You’ll find a host of interesting resources, reading suggestions and fun games for children.
2. Practice Indigenous tourism. Every province has opportunities for traditional Indigenous experiences like hunting and fishing. You can also discover art from various nations, participate in events like pow-wows or enjoy a traditional meal. Visit your province’s Indigenous tourism site to plan your activities and immerse yourself in diverse cultures.
3. Explore Indigenous works. There are so many works by First Nations, Métis and Inuit artists that deserve to be known, including theatre, music, visual arts and poetry. Broaden your horizons by taking in their rich, unique worldviews.

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