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**STANDARD**

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**Sharp shooter**

STANDARD PHOTO BY LANA MEIER  
Roland's volunteer firefighter Kevin Brown, middle, was on top of the podium for the 20th edition of the World Police & Fire Games (WPFG) for the Shotgun-Trap 22-yard Class 'B' event. The trap shooting event was held at the Winnipeg Trap and Skeet Club near Oak Bluff from Aug. 2-3.

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**We are located in Carman – covering Southern Manitoba**

# Nellie McClung heritage site undertakes legacy restoration

By Ty Dilello

The historic home of Nellie McClung is slated to undergo a significant restoration for the first time in more than a century.

The Nellie McClung House, built in Manitou in 1896, will soon receive a full interior refurbishment, allowing the destination to expand to a three-season tourist attraction.

McClung was a Canadian author, politician and social activist who is regarded as one of Canada's most prominent champions of women's and human's rights.

"Our goal is to attract more visitors by offering the home as a three-season venue for events like meetings, book clubs, teas and exhibits," said board co-chair Barbara Biggar. "Equally, we want to attract more school groups by being open during the spring and fall of each school year."

With the help of a \$117,000 grant from the provincial government, the two-year project will be completed in stages that include heating, cooling and humidity control retrofits; the restoration of original hardwood flooring; repainting of all millwork to period-appropriate colours; the addition of a small servery off the main kitchen; and a furnishing plan



Nellie McClung in her Manitou den circa 1908. This photo was used to promote *Sowing Seeds in Danny*, which was her first novel that went on to become a Canadian best seller.

consistent with McClung's writings of years she spent with her family in the home.

Turtle Mountain MLA Doyle Piwniuk presented the funding in July.

"We are thankful to the Manitoba government and to historians like Gordon Goldsborough and former lieutenant governor Janice Filmon and her team of historic designers for



STANDARD PHOTOS SUBMITTED

Nellie McClung House co-chair Diana Vodden accepts a ceremonial grant presentation from Turtle Mountain MLA Doyle Piwniuk.

their help and guidance," said Biggar. "Now, it's our turn, as a small team of volunteers, to leave a legacy restoration to future generations of McClung guardians in Manitou."

## Carman's Yard of the Week



STANDARD PHOTO BY LEE COLLINGRIDGE

The Yard of the Week for the RM of Dufferin for 2023 has been presented to Alice and Klaas Vanderwal, whose beautiful farm property is located near Homewood at 15105 Road 35N. The Vanderwals have created a landscape around their home enhanced with countless varieties of lilies and dahlias and every flower and shrub you can imagine, along with a very well-maintained vegetable garden. Alice and Klaas will be moving to a new home up the road shortly, but the farm will remain in the family with Klaas's niece and husband taking over. CIB volunteer Paula Learmond presented the Vanderwals with a hanging floral basket from Vanderveen's Greenhouses Ltd. and extended CIB's congratulations to the couple.

### Employment Opportunity Municipal Emergency Coordinator

The Councils of the Town of Carman & Rural Municipality of Dufferin are seeking a person to undertake the position of **EMERGENCY COORDINATOR** for the two municipalities and would be responsible to the municipal councils for the following:

- Ensure preparation and maintenance of the Municipal Emergency Plan
- Recruit and train volunteer members of the Emergency Management Team
- Manage Emergency Operations Centre and coordinates municipal emergency operation
- Provide liaison with Manitoba Emergency Measures Organization
- Update and meets with Protective Services Committee
- Prepares and manages Emergency Management budget

A detailed job description may be obtained from the Town of Carman or Rural Municipality of Dufferin offices during regular office hours. A background in emergency services would be beneficial to this position however is not compulsory. This position would be a part-time or contractual position. Salary would be based on experience.

**Applications will be received by the undersigned on or before noon on the 1<sup>st</sup> day of September 2023.**

Please include the following:

- Resume outlining related experience & qualifications.
- Three references including contact information & relevance.

The Town of Carman and Rural Municipality of Dufferin thank all candidates in advance but will only contact those selected for an interview.

Direct applications to:

Monica Halbesma - Carman Dufferin Fire Department - Public Education Safety Coordinator  
3<sup>rd</sup> Floor - 12 2nd Avenue SW - Box 160 Carman, Manitoba R0G 0J0  
Email: [monica@townofcarman.com](mailto:monica@townofcarman.com)



[carmanmanitoba.ca](http://carmanmanitoba.ca)

# Roland firefighter wins gold in world trapshooting competition

By Becca Myskiw and Ty Dillelo

Roland volunteer firefighter Kevin Brown came home with a gold medal after he took on shooters from around the world at the 20th edition of the World Police & Fire Games (WPFG) last week.

The 10-day, multi-sport event featuring hundreds of local competitors and thousands more from across the country, south of the border and around the globe began July 28.

Police officers, firefighters, and paramedics worldwide travelled to Winnipeg to compete last week, and Manitoba was well-represented by the best in trapshooting.

Brown's gold was in the Shotgun-Trap 22-yard Class 'B' event. And the trap shooting event was held at the Winnipeg Trap and Skeet Club near Oak Bluff from Aug. 2-3.

"Along with myself, the fire chief and the entire Roland Fire Department family, we are extremely proud of Kevin's achievement at the World Police and Fire Games," said Roland Fire Department's Donald Roy. "Kevin has been an exemplary member for over 30 years. And we couldn't be happier for him."

Brown is no stranger to the trapshooting world, having done it since he was 12. Brown applied to take his talents to the games for the first time and was thrilled to get in. He hasn't set his gun down since he first picked it up, a love for trapshooting deeply engrained in him.

"I've always been a competitive person," he said. "Whether it's curling or golf or whatever, it's just been in my blood."

"I did some extra training this summer as I didn't want to embarrass myself and was hopeful that my scores would be good enough," said Brown.

Trapshooting is a specific type of clay shooting — shooters try to break clay disks flying out of a trap house. It requires accuracy and skill to aim the shotgun, fire it, and break the discs hurled through the air at high speeds.

Brown has shot competitively across Manitoba, Ontario, and the northern US. He's won south and north of the border, giving him a shiny collection of various-sized trophies. How did he get so good? He's a natural. And thousands upon thousands of rounds help too, he said.

"Eyesight is critical," he said. "You need that eye-to-hand coordination."

Brown competed in singles, doubles, and handicap (22 yards) at the games. For singles, the shooter stands 16 yards or 22 yards away from the trap house, where the targets are released by voice command. For doubles, the shooter must break two targets fired



Brown won gold in the Trap 22-yard Class B event at the WPFG.

from the trap house at the same time. In handicap, the shooter is assigned a distance away from the trap house to shoot from, based on previous performances, which was 22 yards for all of the competitors.

Each competition is done in four rounds of 25, totalling a score of 100. For doubles, it's two rounds of 50.

Brown scored 93 in his first singles (16-yard) competition — just one point off third place. After that, Brown shot in the handicap competition and scored 90 out of 100 points. So did two other shooters, forcing a shoot-off the following day.

The three-way tie included Brown, an Australian and an American. Each shooter fired 25 shots. Brown came out with the highest score of 24, clinching him the gold medal.

"I knew I was going to get a medal regardless," he said. "I just had to try and make sure I shot well and I just happened to get lucky and put it together."

His doubles competition didn't go as well as he'd hoped, but going home with a gold medal — is a feeling Brown is savouring.

"The camaraderie amongst athletes was incredible at the Games," said Brown. "It was a great experience, and I would love to try again at the next Worlds in Birmingham, Alabama, in two years."

For now, Brown is gearing up for the



STANDARD PHOTOS BY LANA MEIER

Roland's Kevin Brown shot a 93 in the 16-yard competition and tied with a 90 in the 22-yard competition. Brown won gold in a shoot-off.



Brown aims and waits for a target to be released from the house.

Manitoba Trapshooting Association in Brandon from Aug. 25-27. Provincial Championship being held

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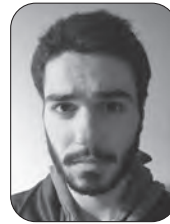
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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

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## New incentives to benefit health-care workers announced

**Submitted By Manitoba Government**

Investing in Health-Care Community, Facility Support Workers Across Manitoba: Gordon

The Manitoba government continues to make investments to secure the retention and recruitment of health-care community and facility support workers across the province through new memorandums of understanding (MOUs) that deliver a number of new incentives and initiatives to improve care for Manitobans, Health Minister Audrey Gordon announced today.

“Support workers are incredibly valued members of our health-care workforce and represent one of the largest employee groups in terms of numbers,” said Gordon. “We are pleased to be able to recognize their dedication and efforts with these new and expanded incentives, as we continue to make Manitoba an attractive place to work and live.”

The incentives are part of Health Human Resource Action Plan, initially announced in November 2022. Today’s announcement extends a number of incentives already in place for nurses and allied health staff, to community and facility support workers

employed in Manitoba’s health-care system.

These new initiatives include:

**Wellness incentive:** a one-time increase for each support employee’s health spending account of \$500 for full-time employees and \$250 for part-time employees, in addition to current health spending account allowances already in place.

**Licensure reimbursement:** Employees will be reimbursed for professional licence or association membership fees in the 2023-24 and 2024-25 licensure years for eligible employees (those employed with an included employer, employed within the applicable 2023-24 and/or 2024-25 licensure year, and who provide proof of payment for eligible fees).

**Weekend premium:** Employees working hours on weekends will receive an \$8.00 premium for eligible worked hours. The weekend premium is retroactive to the first evening shift of Nov. 18, 2022, and will continue until ratification of the next collective agreement.

There are approximately 25,000 health-care community and facility support workers within the sector represented by Canadian Union

of Public Employees and Manitoba Government and General Employees Union, the minister added, expressing appreciation for the collaborative and productive discussions that led to the signing of the MOUs.

“Community and facility support workers employed across Manitoba touch all areas of the health-care system, supporting the delivery of services in the community and in long-term and acute care facilities,” said Gordon. “Support workers include those providing direct care, such as health-care aides and home-care workers, while others are integral to the ongoing operation of facilities, working in areas such as security, laundry and food services.”

These incentives are in addition to the improvements achieved through the ratification of new, fair and long-term collective agreements for employees within Manitoba’s facility and community support sectors. The estimated value of these incentives, including retroactive payments, is \$70 million, the minister noted.

For more information on Manitoba’s Health Human Resource Action Plan, visit: <https://www.gov.mb.ca/health/hhrap/>.

## Southern Health-Santé Sud announces palliative care expansion

**By Ty Dilello**

Last week, Southern Health-Santé Sud shared some new developments are underway to enhance palliative care services in southern Manitoba.

The regional health authority received \$1.3 million from the provincial government to support the first phase of expanding palliative care services. This funding will allow the region to hire and increase the hours of palliative care staff.

The announcement included a plan to hire five additional nurses, bringing the regional total to 12 nurses and three social workers who will support program enhancements.

“The expansion of the team will facilitate better access to palliative care

services for individuals and their families, providing support during difficult times,” Southern Health’s palliative care manager Brigette Remillard said. “The extra hours of availability will allow the palliative care nurses in the area to have more presence in the area’s personal care home.”

The palliative care team at Southern Health-Santé Sud has already hired staff and increased hours for nearly all of the additional positions. As a result, the program has brought a significant expansion of services, including an increase in after-hours support.

The funding will also bring increased support for caregivers and enhanced palliative care training for

health providers.

People of all ages affected by life-limiting illnesses at home, hospitals, First Nations communities and personal care homes will benefit, she said.

All communities within the health region will now have increased access to palliative care professionals with the enhanced staffing this initiative has provided.

“Access to after-hours consultation will enable families to access a palliative care nurse 24 hours a day for every day of the week. This may alleviate emergency room visits and admissions to the hospital,” Remillard said.

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# Doyle's Funeral Home, still caring after 135 years

By Dennis Young

Most residents of this area had never heard of Don Doyle's grandfather Albert Doyle. However, the family business he created became part of many other families' memories. Memories of the care needed and provided were not lost on those who worked for Doyle's Funeral Home over the past 135 years.

Albert S. Doyle, originally a cabinet maker from Halifax, moved to Carman to establish a furniture business in 1887 after the War. He opened a store at 148 Main Street S (the building north of Spencer & Thiessen). As was common in the late 1800's, the local cabinetmaker also made caskets, and a year later, Albert opened a funeral parlour.

The business was relocated in 1905 up the street north to 80 Main Street S (Aspen Winds now). Albert's son Clarence took over the business in 1928 and operated it until he purchased and renovated the McConnell house at present-day 3 & 13 corner in 1945.

His son Don would also help with the family business starting without

finishing high school at 14. He was the youngest student at the New York McCallister School of Embalming.

"When I returned it was the first time that I was able to embalm a white person. The Funeral College did most of its practical embalming experience on unclaimed bodies, which at that time, were mostly black," he was quoted.

He took over full-time at 27 when his Dad Clarence, passed away in 1952. Then after 19 years, Don sold the business to Ken Buchanan in 1971.

Ken recalls, "I sort of stumbled on it in grade 11 about the trade. The funeral director in Minnedosa needed some help so I pitched in and that was that. After stops including PLP, I worked for Donnie about a year before the purchase."

Meanwhile, Don moved on to Croppos in Winnipeg for the next 15 years but would return here to help at services into his 90s.

Eventually, the Buchanans would own two other Funeral Homes in Morden and Holland. In 1974 the upstairs at 3 & 13 was converted into their residence, and in 1988 a crematorium was added to the fledging



STANDARD PHOTO SUBMITTED

Doyle's Funeral Home in 1932 at 80 Main Street S. in Carman.

business at Greenwood Cemetery. It was the first funeral home in rural Manitoba to operate a crematorium and continues to operate as the Central Manitoba Crematorium.

Rick Wiebe of Morden Funeral Home bought out the retiring Ken in 2011. Rick's inherited staff included Craig Johnston, who had come to work for Doyle's in 1998 and Mark Reimer, who joined in 2011. Both be-

came licensed funeral directors and embalmers before buying the business from Wiebe in 2016.

Carman can be incredibly proud of Doyle's Funeral Home's generations of service. The general history of funeral service truly portrays the origins of Doyle's Funeral Home, from cabinet maker to casket maker, right up to the modern funeral home of today.

# Local baseball legend reflects on humble beginnings

By Ty Dilello

Glennis Scott's hometown of McConnell, in southwestern Manitoba, is nearly a ghost town today. So much so that, if you drive through it, you may not realize it was a once-thriving community.

McConnell suffered the same fate as many small towns of its era. When the railroad left, the town went with it.

"I grew up on a family farm in a big family with four sisters and a brother," said Scott, now 87-years-old.

"Everyone played baseball, including my dad. I would give my dad the most credit in my baseball career. He was the catcher and coached the McConnell team, having a reputation for developing good pitchers at that time."

In 1952, a young Scott pitched the Cardale Midget AAA squad to a provincial championship. A few years later, he helped Hamiota claim provincial junior titles. Among other great catchers, Scott pitched to Hamiota's Dallas Smith, who went on to play with the Boston Bruins as Bobby Orr's defence partner when they won the Stanley Cup in 1970 and 1972.

Scott was a potential big leagues prospect, but in 1958, he was left with a difficult decision on his hands. He had signed a teaching contract in Miami around the same time he was of-

fered the opportunity to attend a St. Louis Cardinals training camp in Albany, Georgia.

"These training camps started in the middle of February, and that's not a good time to get away while you're teaching," he said. "So I made the decision to stay with my teaching career."

"The general manager of the Winnipeg Goldeyes, Terry Hinds, was a pretty good friend, and he gave me some advice that I might have the ability to make AAA, but he doubted that I could make the majors. That was good enough for me to stick with teaching, and it's something I never regretted because I got to play in a lot of big amateur tournaments over the years."

Playing as an amateur instead of a professional, Scott got to have some neat experiences as a member of Team Canada in two Pan American Games, Winnipeg and Cali, Colombia. He also played three World Tournaments in Nicaragua, Colombia and Italy.

"The highlight of my career was the game in Carman during the 1967 Pan American Games when we played Cuba and won. It was a good night for me, both pitching and at the plate. I was four for four with two singles and two doubles."

It was Cuba's first international loss



STANDARD PHOTO SUBMITTED

Glennis Scott and members of the Cuba National Baseball Team after their game in the 1967 Pan American Games. Scott is second from left.

in twelve years.

After his playing days were over, Scott served as a talent scout in Western Canada for the Toronto Blue Jays. He was on staff for six years, around the time the Jays won the World Series in 1992 and 1993.

Scott was inducted into the Manitoba Sports Hall of Fame in 1986 and the Manitoba Baseball Hall of Fame in 1998. In 2017, the Minnedosa ball park was renamed Glennis Scott Field for his involvement in the community.

As the Manitoba Sports Hall of Fame

website states, "Scott might have been Manitoba's first major league pitcher since Brandon's Russ Ford in the early 1900s, but this province is very fortunate that he chose not to be."

"I can't overemphasize the part that my dad played in my baseball beginning," he said. "He was an excellent catcher, and perhaps at my young age, I maybe didn't appreciate it as much then as I look back on it now. But I was pretty darn lucky having him in my life."

# New fossil find identified as a mosasaur

By Lorne Stelmach

A new fossil find is injecting some excitement at the Canadian Fossil Discovery Centre as things continue to really pick up post-pandemic.

The recent discovery of another new fossil identified as a mosasaur had executive director Adolfo Cuetara thinking back to the centre's roots when a mining company digging for the bentonite first started uncovering fossils.

Now, with the use of a front loader and backhoe with various attachments, the centre is better able to advance excavations and make new finds, Cuetara noted last week at the opening of the CFDC's new field station on its 110 acre property north-west of Morden.

"Most of the fossils that we have are from the '70s and '80s ... they were finding lots of bones. I am sure that thousands of fossils were destroyed in the process, but a lot of them were preserved," said Cuetara, noting particularly the efforts of Henry Isaac and Don Bell in collecting and saving fossils.

"That's the reason why we are now starting to find lots of fossils again," he said. "We have the ability to do

that heavy work and moving earth in an easy way."

He especially lauded the work of technician Gerry Peters, who does a lot of laboratory work in winter and oversees field work in the summer.

"He has a very good knowledge of what he is looking for ... right now, we have a few spots in the property with fossils but most important is this new whole mosasaur skeleton that we just found.

"It is where we are bringing our visitors for dig tours," said Cuetara. "They are not looking for fossils; they are actually digging up a mosasaur skeleton, so that is a very unique experience.

"Sometimes it's just one isolated bone in the middle of nowhere, but in this case ... digging out all around, started to find one vertebrae, one vertebrae, another vertebrae, and we have now close to 20 vertebrae, and we have to keep going just to try to find the skull and limb bone sediments ... the skull is really important because it is what is telling us what the species will be," he explained.

There is still much to be learned about this latest find, but Cuetara



STANDARD PHOTO SUBMITTED

A new mosasaur fossil was found near the CFDC field station this summer.

said having a newly discovered mosasaur skeleton being excavated half a mile away from the new field station is providing a big boost for their dig tours.

The dig tour visitors have the chance to become a palaeontologist for a day guided by a knowledgeable field crew.

"We started in early July to have bookings for dig tours ... practically,

every single day, someone is booking a day for next month for August," said Cuetara, who noted the slots are quickly being filled up. "We have three people, very knowledgeable people here, directing the works and teaching the people."

A dig tour day starts with a guided tour of the museum before then heading out into the field. For more information, head to [discoverfossils.com](http://discoverfossils.com).

## Legends Car club Charity Airport Drag Races Aug. 19-20

By Lori Penner

Legends Car Club is gearing up for their 19th annual Airport Drags, and organizers are anticipating another successful event.

Thousands of spectators fill the stands each year from across Southern Manitoba and south of the border, and the roster of racers is already filling up fast.

Legends president Alex Loewen says they've already been preparing the tarmac on the 1/8-mile runway, which provides extra grip for the cars.

"It's going to be another great weekend. Last year our stands were full, with about 1,500 spectators a day. We had a full docket of 60 cars each day from all over Manitoba. I think the furthest one came down from Dauphin."

Fans can expect the same great weekend of entertainment this year.

"We've already got 50 per cent of our entrants signed up, and people can expect all their favourites, from vintage vehicles to newer sports cars, purpose built drag racers, and as always, a few pickup trucks and snowmobiles," Loewen says.

From the beginning, Legends Car

Club has always been a huge supporter of local charities. Over the last 10 years, their biggest fundraiser, the Drive for Cancer, has raised about \$190,000 for the South Central Cancer Resource (SCCR) in Morden.

Loewen says it's a sad truth that the need for support continues to grow.

"When we started the Drive for Cancer, we were able to raise their entire transport budget with our event. Now the transport budget is over \$200,000 which is what we've given them in the last 12 years. So, the need for support is constantly growing there."

The Airport Drags managed to put \$12,000 in the coffers of the organization in 2022, and Loewen says he anticipates the same generous response this year.

"Along with our other events that raise money, this one is still well supported by our community. We have three local charities we're supporting again this year: South Central Cancer Resource in Morden and STARS Air Ambulance out of Winnipeg, as well as Genesis House in Winkler. Last year each one of them received a cheque for \$4,000. I would say that the amount of around \$4,000 a char-



STANDARD FILE PHOTO

The Legends Charity Airport Drag Races take place next weekend.

ity would be average. But the fact that we added a third charity and still were able to maintain that shows how successful this event is."

Loewen notes ticket sales and crowds took a big leap following two years away due to COVID restrictions. "People are still happy to be back."

He adds there will be food available on site.

"The Bunker from Winkler will be running the concession, and they keep all the revenues from what they do. We're also got earplugs and other

merchandise for sale, and volunteers will be on hand to help with the parking."

The Legends Airport Drags will take place Aug. 19-20 at the Rhineland Municipal Airport.

Gates open at 9 a.m. and races begin at 10 a.m. Admission is \$10 (13 and up), \$5 (6-12) and kids 5 and under are free.

"It's a really affordable event," notes Loewen. "Ticket prices have never increased all the years we've run this event. We're hoping for great weather and good times."

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# Children's Vision And Eye Health - Part of Back to School Preparations

While you were rushing around picking up school supplies, new school clothes, indoor shoes and lunch kits did you remember to book your child's annual eye exam?

Your child should have a routine eye exam before starting kindergarten, then every year throughout their school years. Most learning in school is visual and you need to ensure that your child can see what is being taught, see the board at the front of the class and be able to read books clearly. Most provincial health care plans cover the cost of eye exams for children.

The following are some of the signs and symptoms you should keep an eye out for in your children:

- difficulty reading the chalkboard,
- frequent headaches,
- sitting too close to the TV,
- squinting or rubbing eyes frequently,
- losing their place while reading,
- holding a book closer than usual,
- red, itchy or watery eyes.

If your child shows any of these symptoms you may want to call an Optometrist.

Many provinces in Canada have

the Eye See...Eye Learn® program which is a program designed to educate teachers, children and parents in the importance of eye health. Through this program Optometrists detect, diagnose and treat eye health and vision issues in kindergarten children.

The program offers routine eye exams to kindergarten children and even provides free eyeglasses to them if needed. Each year in Alberta, between 1,500 and 1,800 pairs of free eyeglasses are distributed and of those, about 60% are first-time prescriptions.

Untreated vision problems can lead to:

- learning at a slower rate than other children
- frustration with learning
- negative self-image
- behaviour and discipline problems
- possible need for special education and related services
- higher risk for school drop out
- lifelong disadvantages and underachievement

A comprehensive eye exam will ensure your child's vision health

A vision screening test is not the

same as a comprehensive eye exam. While vision screening tests the ability to see clearly at a distance, a comprehensive eye exam looks at all aspects of a child's vision function, including how well the eyes focus up close, how the eyes work together and the overall health of the eyes. Even if your child has 20/20 vision, they still need to have an eye exam.

### What else can you do

Your child's eyes get a workout at home with computers, video games and homework. Make sure the rooms are eye-friendly by reducing glare and offering soft overall light. Encourage periodic breaks from digital screens to give their eyes a much-needed break. Optometrists recommend the 20-20-20 rule: every 20 minutes, take a 20 second break and focus on something at least 20 feet away. Balance computer time with plenty of creative, outdoor and quiet play - their eyes, developing minds, and their growing bodies will thank you.

## How often should you have an eye exam?

**Children**

- 6-9 months
- 2-5 years
- Annually, 6-18 years

**Adults**  
 Every two years

**Over 65**  
 Annually

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# 'A Singers Delight' concert puts call out for vocalists

## Accomplished conductor prepares for one more inspiring show

By Ashleigh Viveiros

One of Peter M. Friesen's earliest memories is of music.

He was four years old, standing beside the family table as his elders sang grace.

"There's my uncle, and he was a baritone. And his wife, she was a coloratura soprano. They started to sing. I stood there and all of a sudden I felt tears running down my cheeks.

"My first thought was, 'Boys don't cry!' and so I ran and hid behind some clothes," Friesen recalls.

But the die was cast. He'd gotten his first glimpse at the raw, emotional power of music.

A decade later, a teenage Friesen found himself tasked with helping his father run the family farm full-time. He agreed to leave school to do so, but there was a catch.

"I made him a deal: you buy me a brand new piano and you pay for my piano lessons and my music, and I'll farm for you."

His father's jaw dropped, Friesen says, but he agreed, and so the budding musician spent the next several years farming during the day and fitting in musical study in every other spare moment.

"I woke up at four o'clock and I said, 'What on earth am I doing still in bed? I could be playing!'" he recalls of his early morning practice sessions, conducted much to his sleeping family's chagrin. "I was just madly in love with music."

When the farm went under in his early 20s, Friesen attended college in Winnipeg and became a music teacher.

He went on to conduct countless choirs during teaching stints at Bible

colleges in several U.S. states and across Canada, including the Winkler Bible Institute in the '80s and '90s.

Now, Friesen is preparing for what may well be his final performance.

On Aug. 18, he will direct a program in Winkler featuring solo voice, duets, trios, choir, and piano solos.

"It will be all my favourite music," Friesen says in sharing a set list that features hymns such as Lift Thine Eyes, The Lord is my Shepherd, and All in the April Evening, among others.

It's been seven years since he's directed a concert like this, and, at the age of 94, Friesen isn't sure he'll have another one in him in the years ahead.

"I thought of calling it a farewell, and that's kind of in the shadows ... but you just don't know," he says, noting instead that he's dubbed the show "A Singer's Delight."

Whether it proves to be his final bow or just one more choral performance amongst the many he's led in his life, Friesen hopes audience members will leave feeling inspired by the uplifting music.

"I'm also a counsellor, so I know that we all carry stuff in our [mental] backpacks that weighs us down," he says. "I'm hoping that when they come in and hear this program, when they leave there should be significantly less garbage in their backpacks. That they'll feel a little lighter."

Friesen shares that he feels God working through him every time he sets foot on stage and raises his baton.

"It's not me. Never me. These arms and these feet and this empty pumpkin head all belong to the Lord," he says, laughing, and then adding, more seriously, that his fondest musical



STANDARD PHOTO BY ASHLEIGH VIVEIROS

Music has always been an integral part of Peter M. Friesen's life. He's directed countless choirs during his career, and is preparing to do so again for a performance in Winkler Aug. 18, for which he's looking for singers.

memories include those times when a hymn has truly resonated with an audience member. "It's like turning the light on in the dark ... when you see people get that 'A-ha!' moment."

With the concert a few weeks out, Friesen has issued a call for singers interested in coming to sing their hearts out. There are no auditions and only one rehearsal planned for the day of the show, so past choral experience is a must. If you're interested in adding your voice to the choir, contact Fries-

en at 204-325-4956 to arrange to pick up music in advance.

"I'm not only looking for singers," he stresses. "I'm looking for people who want that deeper form of expression."

The concert takes place at 6:30 p.m. at the Covenant Mennonite Church (364 8th St. in Winkler) on Friday, Aug. 18. Joining the choir on stage will be pianists and accompanists Mark Wiebe, Grace Xia, Stephen Knott, and Marilyn Houser Hamm.

# Corn and Apple in running for Event of the Year

By Lorne Stelmach

Being nominated for a provincial tourism award just weeks before the event couldn't be better timing for the Morden Corn and Apple Festival.

Morden's signature event is in the running for Event of the Year in the first annual joint tourism awards run by Tourism Winnipeg and Travel Manitoba.

Each category will have a Winnipeg and a Manitoba winner announced at the awards presentation Oct. 19. Corn and Apple is nominated along with

HYPERART, Boo at the Zoo, Manito Ahbee Festival, Holiday Alley, and the Gimli Ice Fishing Village

"It's just an honour to be recognized at this level," said executive director Tim Hodge. "But it comes at a great time for us with the festival happening later this month, so it's kind of a nice bonus for us. Hopefully, maybe people who haven't attended the festival before see this and consider coming and checking it out."

The Event of the Year Award goes

to an organization, business, or facility for hosting an event, conference, festival, or gala that makes a substantial economic impact within the local community, attracts visitors from outside the community, and creates an outstanding experience for attendees.

Hodge said the nomination came rather unexpectedly.

"It's a bit of a surprise in a good way. We feel we have a very special festival here in Morden," he said.

"There's an incredible amount of

work from an incredible number of people that goes into hosting the festival every year," he continued. "It's the largest street festival in Manitoba. It's got the largest parade in the province. It's one of the largest attended events in the province.

"There's no question we've got something special with the Morden Corn and Apple Festival, but to get that recognition like this on a provincial scale, up against some really special events, is really wonderful."



# Valleyfield Music Studio launches children's choir

## Singer and pianist to act as choir director

By Ty Dilello

Valleyfield Music Studio is southern Manitoba's premier place to get piano and guitar lessons. Based out of Morden and owned by Danselle Neufeld, the studio has decided to create a children's choir, after numerous requests from the homeschool community.

"We are lucky enough to have a trained vocal/choir instructor in our studio, and so for the last week, we have been working hard to come up with something that we hope is suitable for most people," Neufeld said.

Singer and pianist Bethany Wiebe will be the new choir director.

"Directing a choir has been a dream of mine for as long as I can remember, and I am excited to share my passion for music with you," she said.

Wiebe has performed in music festivals for over a decade and completed exams through the Royal Conservatory of Music.

She is studying for her Bachelor of Music at Canadian Mennonite University, where she has taken classes in conducting and leading worship music. She also has experience leading vocal groups.

The children's choir will teach hymns, gospel/worship songs and other traditional choir songs. Covenant Mennonite Church in Winkler will host one-hour practices each Monday at 10 a.m. The cost is \$275 biannually, which works out to \$55 a month.

The choir is open to children ages five and up.

Neufeld encouraged people to commit to the sessions, which allow students to develop vocally and learn more than one piece of music.

If enough children sign up, there is a possibility of a performance, she said.

Families that require financial aid can apply for the Chance to Grow Fund, which supports many recreational, social and educational activities in southern Manitoba. The fund provides up to \$400 per year, per child, and is available to all children in the region.

Children may choose to be involved in several activities throughout the year.

"Both Bethany and I were homeschooled, and so we can appreciate how expensive things can get for everyone, especially homeschool families who have to purchase and come up with their own curriculum. We worked very hard to keep the price as low as possible while still providing a professional quality choir. We are very grateful to Covenant Mennonite Church for renting out their space to us and their willingness to support the arts community," Neufeld said.

**"DIRECTING A CHOIR HAS BEEN A DREAM OF MINE FOR AS LONG AS I CAN REMEMBER, AND I AM EXCITED TO SHARE MY PASSION FOR MUSIC WITH YOU."**

"If anyone has questions, please reach out to us on Facebook, Instagram or our website... We are very excited for this new opportunity and look forward to seeing what the future has in store."

To register for the choir, please visit: <https://valleyfieldmusicstudio.com/registration>

More information on the Chance to Grow Fund is available at: <https://cfsocentralmb.mb.ca/cfs-foundation/>



Bethany Wiebe will be leading the new children's choir at the Valleyfield Music Studio, which has been started up after numerous requests from the homeschool community. **STANDARD PHOTO BY DANSELLE NEUFELD**



## 37th ANNUAL STONEWALL QUARRY DAYS

# August 18-19-20

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Beer Gardens  
Slo-Pitch Tournament

**Show 'n Shine Car Display - Sunday**  
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South End of Main Street

**FREE STAGE**  
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# Cyclist rides across Manitoba in support of Ukrainian newcomers

By Jennifer McFee

An octogenarian cycling enthusiast is pedalling across the province for a good cause.

Fred Enns of Winnipeg plans to raise funds for Ukrainian newcomers by biking about 3,000 kilometres across southern Manitoba in 30 days.

His ride will be entirely self-supported, and all funds will go directly to the Ukrainian Canadian Congress Manitoba.

Over the years, Enns has embarked on many long-distance cycling tours, including one that took him from Inuvik on the Arctic Ocean all the way to the Gulf of Mexico.

He also participated in Odyssey 2000, which travelled to 45 countries by bicycle. Destinations spanned the globe, including South America, Africa and Europe, with participants cycling an average daily distance of 130 kilometres.

When the war in Ukraine began to dominate the news, Enns felt compelled to find a way to help.

"When I started watching the news with the Ukraine issue, I simply got the feeling that this cannot be happening in the 21st century — but it was. It became more difficult to watch these broadcasts," said Enns, one of nine children born to parents who immigrated to Manitoba around 1923 from a Ukrainian settlement in Tiegenhagen, Molotschna, Russia.

"It's like history repeating itself. I was wondering what on earth I could do. Well, I know how to ride a bike, so that's what I'm doing."

For those who are interested, he recommends reading the book *Red Famine: Stalin's War on Ukraine* by Anne Applebaum. Enns said this book outlines the history that parallels today's catastrophes — and inspired him to get involved.

Enns began his month-long ride on July 19 through multiple communities en route to Steinbach, where he spent the first night.

After traversing the province for several more days, he'll make stops

in Grand Marais, Libau, East Selkirk, Lockport and Birds Hill Park on July 25.

On July 26, he plans to cycle through Selkirk, Clondeboye, Winnipeg Beach, Sandy Hook, Gimli and Valhalla.

After that, he'll be in Arnes, Hnusa, Arborg, Poplarfield and Eriksdale on July 27, followed by Mulvihill, Camper, Ashern and Narrows on July 28.

Later in his journey, he'll bike through Darlingford, Thornhill, Morden, Winkler, Schanzenfeld, Gnadenthal and Altona on Aug. 13.

After that, he'll be in Rosenfeld, Morris, Rosenort, Osborne and Domaine on Aug. 14, before heading to LaSalle, Sanford, Brunkhild, Sperling, Carmen and Elm Creek on Aug. 15.

On Aug. 16, Enns will ride to Fannystelle, Elie, St. Eustache, Marquette, Warren and Stonewall, followed by Lockport, Birds Hill, Oakbank, Dougald, Lorette, Landmark, Ile des Chenes and Winnipeg on Aug. 17.

He'll wrap up his journey on Aug. 18 at the Ukrainian Folkorama Pavilion in Winnipeg.

"I'll be self-contained and self-equipped. Whatever expenses I incur are mine," said Enns, a retired teacher. "But it's not about me. It's about the Ukrainian newcomers."

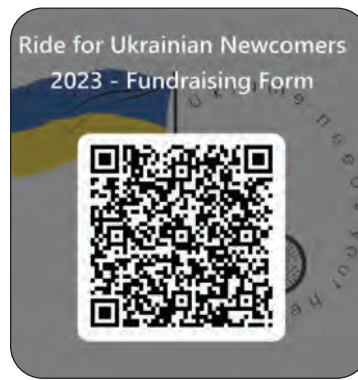
Joan Lewandosky, president of Ukrainian Canadian Congress Manitoba, expressed appreciation for Enns' efforts.

"This fundraiser will help UCC Manitoba deliver important support to Ukrainian displaced persons in Manitoba who have arrived here because of the Russian invasion of Ukraine," she said.

"UCC Manitoba is helping with settlement support, job finding, material and educational aid."

All donations must be made directly to Ukrainian Canadian Congress Manitoba rather than to Enns.

To make a donation by e-transfer, email [fundraising@uccmanitoba.ca](mailto:fundraising@uccmanitoba.ca) and fill out the obligatory e-transfer form at <https://forms.office.com/>



To donate, link on the QR code.

[r/8qFJieQFEf](https://forms.office.com/).

Another option is to write a cheque payable to UCC-MPC, Box 3567, Redwood Postal Outlet, Winnipeg, Manitoba, R2W 3R4.

To learn more about Ukrainian Canadian Congress, visit [www.uccmanitoba.ca](http://www.uccmanitoba.ca).

For additional information, visit the Ukrainian Canadian Congress Manitoba Facebook page at <https://www.facebook.com/uccmb>.



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Fred Enns will bike 3,000 kms in southern Manitoba in 30 days to raise funds for Humanitarian Aid for Ukrainian newcomers in Manitoba.

## RIDE FOR UKRAINE - 2023

Day-by-Day Cycling Route (N) = Night stay

July 18 City bike routes

July 19 Official start – Creek Bend Road, St. Adolphe, Niverville, St. Agathe, St. Pierre-Jolys, La Rochelle, St. Malo, Grunthal, Steinbach (N)

July 20 La Broquiere, Giroux, St. Anne, Anola, Beausejour (N)

July 21 Vivian, Elma, Whitemouth, Rennie, Red Rock L. (N)

July 22 Seven Sisters, Lac du Bonnet, McArthur Falls, Great Falls, St. Georges (N)

July 23/24 Pine Falls, Fort Alexander, Victoria Beach, Lester Beach (N)

July 25 Grand Marais, Libau, East Selkirk, Lockport, Birds Hill Park (N)

July 26 Selkirk, Clondeboye, Winnipeg Beach, Sandy Hook, Gimli, Valhalla (N)

July 27 Arnes, Hnusa, Arborg, Poplarfield, Eriksdale (N)

July 28 Mulvihill, Camper, Ashern, Narrows (N)

July 29 Eddystone, Shergrove, Ste. Rose du Lac, Ochre River, Dauphin Beach (N)

July 30 Ashville, Ethelbert, Garland, Pine River (N)

July 31 Cowan, Renwer, Minitonas, Swan River, Kenville, Durban, Benito (N)

Aug. 1 San Clara, Roblin (N)

Aug. 2 Inglis, Russell, Angusville, Birdtail, Rosburn, Vista, Oakburn (N)

Aug. 3/4 Menzie, Elphinstone, Sandy Lake, Erickson, Onanole, Wasaming, Ukrainian Festival (N)

Aug. 5 Ochre River, Ste Rose du Lac, McCreary, Norgate, Kelwood, Riding Mt (N)

Aug. 6 Eden, Neepawa, Minnedosa, Forrest, Brandon (N)

Aug. 7 Carrol, Souris, Deleau, Pipestone, Melita (N)

Aug. 8 Melrose, Deloraine, Boissevain, Ninga, Killarney (N)

Aug. 9 Lena, Cartwright, Baldur, Neelin, Glenboro (N)

Aug. 10 Cypress River, Holland, Austin, Gladstone (N)

Aug. 11 Woodside, Westbourne, Oakland, Portage la Prairie, Southport, Newton, Oakville, Elm Creek (N)

Aug. 12 Haywood, St. Claude, Rathwell, Notre-Dame-de Lourdes, Manitou (N)

Aug. 13 Darlingford, Thornhill, Morden, Winkler, Schanzenfeld, Gnadenthal, Altona (N)

Aug. 14 Rosenfeld, Morris, Rosenort, Osborne, Domaine (N)

Aug. 15 LaSalle, Sanford, Brunkhild, Sperling, Carman, Elm Creek (N)

Aug. 16 Fannystelle, Elie, St. Eustache, Marquette, Warren, Stonewall (N)

Aug. 17 Lockport, Birdshill, Oakbank, Dougald, Lorette, Landmark, Ile des Chenes, Winnipeg (N)

Aug. 18 Ukrainian Pavilion

## What's *Your* story?

### We want to hear from you.

Please share your story ideas with **Dennis Young** at [denjohnyoung@gmail.com](mailto:denjohnyoung@gmail.com) or **Lana Meier** at [news@carmanstandard.ca](mailto:news@carmanstandard.ca) or call 204-467-5836.

*The Carman-Dufferin*  
**STANDARD**

# get inspired

> MEAL IDEAS



## Mini Sweet Pepper Sheet Pan Nachos

Prep time: 10 minutes

Cook time: 5 minutes

Servings: 4

8 ounces Pero Family Farms Mini Sweet Peppers, cut into chip shapes

7 ounces tortilla chips

1/2 cup sweet or red onion, diced.

1/2 cup canned or fresh corn

1/2 cup queso fresco cheese

1/4 cup black olives

1/4 cup jalapeno peppers, fresh sliced

1/4 cup cilantro leaves, for garnish

1 lime, cut into thin wedges, for garnish  
Preheat oven to 350 F.

Place peppers and tortilla chips on sheet pan. Layer onion, corn, cheese, black olives and jalapeno peppers. Bake 3-5 minutes.

Garnish with cilantro and lime wedges.

Recipe courtesy of Healthy Family Project



## Southwest Quiche Muffins Bento Box

chopped

1/2 cup vanilla Greek yogurt

1/4 cup granola

1/2 Zespri SunGold kiwi, chopped

1 Bee Sweet Citrus mandarin, peeled and segmented

Preheat oven to 325 F.

In large bowl, whisk eggs and milk.

Coat 12-cup muffin pan with nonstick cooking spray or use silicone muffin liners. Evenly divide beans, tomatoes, cheese and onion among cups. Pour eggs over top.

Bake 20-25 minutes, or until eggs are set and lightly browned.

Remove from oven and cool in pan 2-3 minutes. Use knife to loosen edges and remove.

In cup or bowl, mix yogurt, granola and kiwi.

Assemble bento box with two quiche muffins, kiwi parfait and mandarin slices.

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes

Cook time: 25 minutes

Servings: 12

8 large eggs

1/2 cup milk

nonstick cooking spray

3/4 cup black beans, drained and rinsed

1/2 cup chopped Nature Fresh Farms Tomz tomatoes

1/3 cup shredded cheddar cheese

1/4 small RealSweet sweet onion,

## Keto Enchilada Quesadilla

salsa, for serving

In bowl, mix pulled chicken and enchilada sauce until fully covered. Set aside.

Spray or brush olive on both sides of keto wrap and place on nonstick pan or skillet over medium heat. Once wrap is heated on one side, flip and heavily top entire wrap with grated cheese. Allow cheese to melt then disperse chicken mixture, sliced jalapenos and chopped cilantro on half of wrap. Fold wrap over ingredients and cook until quesadilla is golden brown on both sides.

Cut into three triangles and serve with salsa.



Recipe courtesy of chef George Duran  
Yield: 1 quesadilla

Rotisserie chicken, pulled and chopped  
enchilada Sauce  
olive oil

Toufayan Bakeries Keto Wraps

Tex-Mex cheese, grated

jarred or fresh jalapenos, thinly sliced

cilantro, chopped

## The best stress-reducing foods

By Fitness & Nutrition Expert Julie Germaine Coram

How do you deal with unsettling situations? Long-term stress, in particular, takes a toll on one's mental and physical health, so it is a good idea to develop coping mechanisms to relieve tension. Perhaps one you already resort to is comfort eating? If yes, don't worry - you're definitely not alone... But it's likely that your food choices are actually compounding the negative impact of everyday stressors. Wouldn't it be great to learn what foods alleviate stress?

When we get stressed, our bodies respond with the production of the hormone cortisol. This can unfortunately activate some physiologic consequences, such as increased body fat and reduced immune system response over time. High cortisol levels have an effect on the digestive system that can lead to inflammation, insulin resistance, and ultimately prompt stress-hormones to further sky-rocket.

Hocus-pocus! Just eat these foods and you'll eliminate stress!

(I wish.) No, that's not possible, but you can slow down the release of cortisol by incorporating some of the following items into your regular diet:

1. Compounds found in green tea can keep the GI tract less permeable, inhibiting cortisol-producing enzymes.

2. Vitamin-C rich berries, peppers, or kiwi support healthy adrenal glands and balance cortisol levels.

3. Other fruits and vegetables that are high in potassium combat side effects of elevated stress-levels, including bananas, honeydew, apricots, raisins, spinach, and yams.

4. Fermented foods that contain probiotic lactobacillus, such as yogurt, some cottage cheeses, sauerkraut, and tempeh, evoke the body to release oxytocin as a way to reduce stress.

If you have to operate under constant stress, you could become less



Fitness and Nutrition expert  
Julie Germaine Coram

effective at work, more irritable at home, and develop warning signs of serious health deterioration, including memory loss, sleeplessness, depression, weight gain, and more. Chronic stress plagues many of us in these challenging times, here are some tips to help:

1. Equalize time spent between leisure and work.

2. Move your body every day!

3. Try cutting back on coffee and alcohol.

4. Commit to getting adequate sleep.

5. Start a new hobby or connect with friends who are chill and fun.

6. Book a beach get-away or plan a staycation with your favorite video game.

7. Take your dog for more walks.

8. Know when you need professional help and book time with a coach or therapist.

Julie Germaine Coram; NASM Certified Nutrition Coach, NFLC Registered Personal Trainer, 2x International Pro Fitness Champion. Coach Julie has helped tens of thousands of men and women improve their health since 2005. Visit [juliegermaine.com](http://juliegermaine.com) or [www.calendly.com/juliegermaine](http://www.calendly.com/juliegermaine)



## Keto Egg and Sausage Flatbread

pepper, to taste

Preheat oven to broil.

On foil-lined baking sheet, place flatbread and top with mozzarella cheese; add sausage pieces and bell pepper.

Crack egg in center of flatbread and broil 5-8 minutes, or until egg is cooked to desired firmness.

Remove from oven and top with chives.

Season with salt and pepper, to taste, and serve.

Yield: 1 flatbread

1 Toufayan Keto Flatbread

1/4 cup shredded mozzarella cheese

2 cooked sausage links (approximately

2 ounces each), cut into pieces

1/4 cup thinly sliced red bell pepper

1 large egg

1 tablespoon fresh chives

salt, to taste

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## U17 Central Energy setting sights on nationals

By Ty Dilello

The U17 Central Energy team, which is made up of some of the best young female ball players in central and southern Manitoba, is off to nationals this week.

It's been a busy season for Central Energy, which finished second in the Manitoba Premier Softball League regular season with a record of 18-10.

"I'm happy with our season's record," head coach Kassidy Cunningham said. "Like any team, we had plenty of learning opportunities along the way."

Cunningham, who is coaching the U17 team for the first time, described a great season that saw the team head to Kansas for a tournament before starting league games and playing the International Classic in Brandon.

The team went on to play games in Wisconsin and South Dakota.

"I love the competitiveness and the high skill level at this age group," Cunningham said. "I'm very lucky to have such a fun group of girls who are ready to work hard every day. I'm also thankful for our assistant coaches, Mark Friesen and Nicole Hammersley, and our manager Tara Conrad. We wouldn't be the team we are

without them."

Cunningham noted the team's chemistry improved immensely over the season.

"The way they play is like they've been playing together their whole lives. They have a strong bond and are very good at holding each other accountable when it comes to practicing. They truly only want to see each other succeed."

Central Energy competed at provincials from July 28 to 30 in Stonewall. The team went 5-2 in the round-robin and reached the finals after winning the quarterfinal and semifinal matchups. In the provincial final, they fell 8-6 to the Eastman Wildcats to finish provincials with a silver medal.

"The girls fought hard, and I can proudly say they left it all out on the field," the head coach said.

The team is now looking ahead to nationals, which take place in Saskatoon from Aug. 9 to 13. The players will be representing the province as Team Manitoba 2.

"The girls are beyond excited, and for our minor players, this will be their first time competing at a national," Cunningham said.



STANDARD PHOTO BY JO-ANNE PROCTER

The U17 Central Energy were awarded silver medals after being defeated 8-6 by Eastman in the finals of the 2023 U17 Provincial Championships. Back row, left to right; Mark Friesen (coach), Carys Hamilton, Bria Bonik, Delaney Penner, Celina Toews, Ava Sanders, Abby Reichert, Hailey Yuskin (coach) and Kass Cunningham (coach). Front row Maddy Friesen, Karli Toews, Heidi Reimer, Nelia Fehr, Tori Mangin, Christina Van De Velde and Molly Conrad.



Christina Van De Velde of Central Energy makes a play during the provincial final.

## Female Basketball Rural Target Athlete Program and tryout details announced

By Basketball Manitoba

Each training group will comprise approximately 20 female athletes born in 2007, 2008, 2009, 2010, 2011 and 2012. Those selected for the female Rural TAP program will train twice per week from September to December and another eight weeks in the spring of 2024.

The program, which will cost \$350 per athlete (due to Basketball Manitoba on Oct. 30), will include training costs, gym rental, player gear package, coach expenses and accident and liability insurance.

The training groups in rural areas will take place in the south (Sanford and surrounding areas), east (Stonewall/Selkirk) and west (Brandon and Shilo).

The east region tryout will take

place at College Stonewall Collegiate on Sept. 8 from 6-8 p.m. and Sept. 10 from 10 a.m. to noon.

The purpose is to identify female athletes within these regions and provide the skills and training to better develop the athletes for future basketball opportunities at the club, school, Manitoba Games, and provincial team levels.

A \$30 tryout fee will be charged when a player registers online.

An athlete trying out for the program must reside in the region they are trying out for. What school the athlete attends is not a factor. If an athlete lives at more than one residence located in two different regions, the region that they live in a majority of the time will be used.

# Ashern Pioneer Museum Annual Mini Thresherman Reunion celebrates 30 years

By Autumn Fehr

This weekend, the Ashern Pioneer Museum is hosting its 30th Annual Mini Threshermen Reunion.

The event will kick off on Aug. 13, at the Ashern Pioneer Museum, 26 1st Street South, with the gate opening at 10:30 a.m. Tickets for adults are \$5. Children 12 and younger are \$2. Rain or shine, the event will run until 4 p.m., with an exhaustive lineup of entertainment, activities, and food to enjoy.

"One of the main intentions with our event is to get people to come and view the museum. All the buildings at the museum are going to be open. We have seven buildings here," said Riel Willmott, a museum summer student.

Visitors can jam along with singer songwriter Neil Thornham, jig with the Asham Stompers from 3 to 4 p.m. and learn a trick or two from magician Ryan Price.

The event includes an assortment of children's activities, including a reading of *Lessons From History*, face painting, a bouncy castle and games.

Throughout the day, there will be vendor tables for people to explore. There will also be a 50/50

raffle.

The event will have plenty of food to enjoy, such as Fried Dough Boys and a BBQ lunch.

A live threshing demonstration will take place in the field on museum grounds, pending favourable weather because the field cannot be threshed if wet.

"We are banking on some heat and sun in this upcoming week," Willmott said.

The name of the reunion is part of the tradition with the museum, which was established in 1976 and is run entirely by a volunteer board of directors.

"Their intention is to try to re-create some pioneer moments by attracting people that are a part of the pioneer settlers that helped establish Ashern and this community. The name itself is a way to try to attract people that are interested in what the museum offers and the museum tries to preserve," Willmott said.

"We want people to know that this museum is here, and we want people to take an interest in the history, as well as take an interest in community involvement. We want people to enjoy themselves and make some memories."



PHOTO SUBMITTED BY ASHERN MUSEUM

Threshing is the action of separating seeds from crop plants, either by hitting them or using a threshing machine.

The museum is open regularly throughout the summer from Tuesday to Saturday from 9 a.m. to 5 p.m. It is open for new members to join the board to collectively help preserve the pioneer history and come up with new ideas for future events.

For more information, contact Carole McDougall at 204-768-2743 or Priscilla Ebberts at 204-768-3051.

## take a break > GAMES

### SUDOKU

7			8		5			
3			6		1	9		
				3		6		
8	3		7			2		
	7		5		8		6	
		6						
	4		9					
	2	5		1		7		3

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	8	7	9	4	5	2	6	9
6	2	5	7	8	9	3	4	1
9	4	1	2	5	3	7	8	6
4	7	8	3	2	6	1	9	5
2	7	9	8	5	4	6	3	1
5	9	2	4	6	7	3	1	8
7	5	6	9	3	8	2	1	4
4	1	8	2	9	6	7	3	5
8	3	5	2	6	7	1	9	4
2	3	1	4	5	8	9	6	7

Sudoku Answer

K	O	N	E	N	A	P	U	R	E	P				
S	I	B	T	L	G	I	R	V	M	A				
I	V	B	L	E	V	P	U	T	C	O				
R	A	B	E	R	S	A	V	E	R	H				
O	S	R	O	S	A	T	E	S	E	S				
D	E	B	A	M	O	G	U	R	T	E	R	O		
M	S	E	A	S	E	D	S	B	B	S	B	I	O	
I	M	E	S	E	T	P	E	T	R	E	C	E	A	
L	I	V	I	D	A	R	E	D	A	R	E	D	A	
T	U	S	A	V	O	T	O	I	D	I	B	A	V	R
L	U	A	R	T	A	V	A	C	N	I	E	R	E	R
S	S	A	R	T	I	N	I	R	A	V	L	B	A	V
S	S	B	S	E	S	O	P	A	R	E	A	R	H	E

Crossword Answer

## CROSSWORD

**CLUES ACROSS**

- 1. A way to pick up
- 5. Presents
- 10. Type of guitar
- 14. Actor Idris
- 15. A citizen of Iran
- 16. Creative
- 17. Harness
- 18. Weight unit
- 19. You better call him
- 20. Utterly devoted
- 22. Male cat
- 23. Spiritual leader of a Jewish congregation
- 24. Risk-taker
- 27. A team's best pitcher
- 30. Cool!
- 31. Women's \_\_ movement
- 32. Georgia rockers
- 35. Step-shaped recess
- 37. The princess could detect its presence
- 38. Type of truck
- 39. Butterhead lettuces
- 40. Angry people see it
- 41. Lines where two fabrics are sewn together
- 42. Soviet city
- 43. Carpet
- 44. Traveled all over
- 45. Thin, straight bar
- 46. Body art (slang)
- 47. Congressman (abbr.)
- 48. No seats available
- 49. Breaks apart
- 52. Arabic name
- 55. Ballplayer's tool
- 56. Type of sword
- 60. Baseball team
- 61. Upper bract of grass floret
- 63. Italian Seaport
- 64. Ancient Syrian city
- 65. Shoelace tube
- 66. The Miami mascot is one
- 67. South American nation
- 68. Popular video game "Max \_\_"
- 69. Body part

- 1. German courtesy title
- 2. Ancient Greek City
- 3. Ancient Hebrew calendar month
- 4. Long-legged frog family
- 5. Photo
- 6. Delivered a speech
- 7. Lute in classical Indian music
- 8. Decorated
- 9. Take a seat
- 10. Belonging to a bottom layer
- 11. Member of a Semitic people
- 12. Part of a ticket
- 13. Defunct Guinean money
- 21. Challenges
- 23. Popular BBQ food
- 25. Subway dweller
- 26. By way of
- 27. Shady garden alcove
- 28. Egyptian city
- 29. Partner to "flowed"
- 32. Widens
- 33. Old Eurasian wheat

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
17				18					19			
20				21	22			23				
24				25				26				
27	28	29		30			31			32	33	34
35			36			37			38			
39				40				41				
42				43				44				
45				46			47			48		
49						50			51			
52	53	54			55			56		57	58	59
60				61				62		63		
64				65					66			
67				68					69			

- 34. Act incorrectly
- 36. European pipeline
- 37. Al Bundy's wife
- 38. Ocean
- 40. Root eaten as a vegetable
- 41. Sound units
- 43. Style of music
- 44. A way to drench
- 46. Hot beverage
- 47. A cotton fabric with a satiny finish
- 49. Rumanian city
- 50. Urge to action
- 51. Vaccine developer
- 52. Canadian law enforcers
- 53. Wings
- 54. "Perry Mason" actor Raymond
- 57. Small fry
- 58. \_\_ Clapton, musician
- 59. Take a chance
- 61. Bland food
- 62. Consumed



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    - Serial# 27801150
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## Reporter/Photographer Wanted

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**Please forward your resumé along with  
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Lana Meier  
Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca)

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## TOWN OF CARMAN PUBLIC NOTICE

**Town of Carman staff will  
be flushing fire hydrants  
commencing August 14, 2023,  
until the end of September.**  
**Some cloudiness to your  
water may occur,  
however the quality of the  
water will NOT be affected.**

**If you have any questions,  
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### RURAL MUNICIPALITY OF GREY BOARD OF REVISION 2024 REAL AND PERSONAL ASSESSMENT ROLLS

PUBLIC NOTICE is hereby given that the Assessment Rolls for 2024 to be revised, have been deposited in this office and are open to public inspection at the R.M. of Grey Office, 27 Church Avenue East, Elm Creek, Manitoba, during regular office hours.

THE BOARD OF REVISION for the R.M. of Grey will sit to hear complaints received regarding the said Assessment Rolls, in the R.M. of Grey Council Chambers, 27 Church Avenue East, Elm Creek, Manitoba, on Wednesday, September 20th, 2023 at 10:00 a.m.

ANY PERSON who believes that an assessment ought to be revised may make application in accordance with Sections 42 and 43;

#### APPLICATION FOR REVISION

42(1) "A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property;
- a refusal by an assessor to amend the assessment roll under subsection 13(2)."

#### APPLICATION REQUIREMENTS

43(1) "An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
  - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
  - serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice."

Applications for revision of assessment roll shall be addressed to: THE BOARD OF REVISION, R.M. of Grey, Box 99, Elm Creek, Manitoba R0G 0N0.

Deadline for filing application is September 5, 2023 at 4:30 p.m.

Dated at Elm Creek, in Manitoba, this 27th day of July, 2023.

Kim Arnal, Secretary  
Board of Revision

R.M. of Grey, Box 99, Elm Creek, Manitoba R0G 0N0.

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### EMPLOYMENT OPPORTUNITY TOWN OF CARMAN RECREATION FACILITIES MAINTENANCE

A full-time position is available in the Recreation Department. This position includes shift work, including days, evenings, and weekends. This position performs a variety of tasks related to the maintenance and operation of Carman Dufferin Recreation facilities and grounds and works in accordance with approved practices and procedures. Some of the tasks included are ice maintenance, campground, park and pathway cleaning and general pool maintenance. A full job description and qualifications of the position may be picked up at the Town office.

To apply, please send a letter and resume to Renae Wolfe, Recreation Coordinator, Town of Carman, Box 160, Carman MB R0G 0J0 or send via email to renae@townofcarman.com on or before Friday, August 18th, 2023.

*The Town of Carman wishes to thank all candidates for their interest in this position, however only those considered for an interview will be contacted.*

### LIQUOR LICENCE APPLICATION - PUBLIC NOTICE

**BOYNE CARE HOLDINGS (2016) INC,**  
operating as **BOYNE RIVER BISTRO**  
AT **120 4TH AVE. SOUTHWEST, CARMAN, MANITOBA**  
has applied for **DINING ROOM LIQUOR SERVICE LICENCE**  
**PATIO AREA UNDER DINING ROOM**  
**LIQUOR SERVICE LICENCE**

to serve liquor  
from: **MONDAY TO SUNDAY 9:00 A.M. TO 2:00 A.M.**  
**1:00 P.M. TO 2:00 A.M. REMEMBRANCE DAY**

Citizen and community input is an important part of the application process. Please contact the Liquor, Gaming and Cannabis Authority of Manitoba at 204-927-5300, if you have any questions about this application. Please contact your municipality if you have questions about zoning bylaws and requirements.

If you want to make a formal objection to this application, please send us your objections in writing by 4:30 p.m.

#### 14 DAYS FOLLOWING THE PUBLICATION OF THIS ADVERTISEMENT

You can email, mail or fax your objection. Please include your contact information.

Email: [objection@LGCamb.ca](mailto:objection@LGCamb.ca)

Mail: LGCA Objections  
1055 Milt Stegall Drive, Winnipeg, MB R3G 0Z6

Fax: (204) 927-5385

- We respond to all formal objections and will work to resolve objections before issuing a licence.
- A copy of the objection, including the name of the person who submits the objection, will be provided to the licence applicant.
- Each person who submits an objection will be advised in writing of the outcome to the licence application.

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**CONCERT SERIES**

2023	2024
<b>THE SMALL GLORIES</b> THURSDAY, SEPTEMBER 21ST ACTIVE LIVING CENTRE 7:30PM	<b>DEL BARBER</b> FRIDAY, JANUARY 19TH ACTIVE LIVING CENTRE 7:30PM
<b>JP HOE</b> FRIDAY, OCTOBER 20TH ACTIVE LIVING CENTRE 7:30PM	<b>GORDIE MACKEEEMAN &amp; HIS RHYTHM BOYS</b> SATURDAY, FEBRUARY 24TH ACTIVE LIVING CENTRE 7:30PM
<b>KEVIN ROY (MR K)</b> FRIDAY, NOVEMBER 17TH ACTIVE LIVING CENTRE 7:30PM	<b>ROYAL MTC - MIXTAPES FROM MY MOM</b> TUESDAY, MARCH 12TH CARMAN COLLEGIATE 7:30PM

**CONCERT BUNDLE - \$150**  
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# Updated Winkler Harvest Festival Schedule

## Friday, August 11, 2023

## Saturday, August 12, 2023

**Midway**  
3:00PM - 12:00AM

**Vendors Open**  
3:00PM - 10:00PM

**Fawn & Cub Market**  
3:00PM - 8:00PM

**Kid's Zone**

 3:00PM - 8:30PM  
Petting Zoo

 4:00PM - 6:00PM  
Face Painting

 3:00PM - 4:00PM  
Princess/Hero Photos

 3:00PM - 10:00PM  
Climbing Tower

**MWM Environmental**

**Parade**  
10:00AM

\*Parade Route Available at  
winklerharvestfestival.ca



**Midway**  
12:00PM - 12:00AM

**Vendors Open**  
12:00PM - 10:00PM

**Fawn & Cub Market**  
12:00PM - 8:00PM

**Triple E Main Stage**  
6:00PM - Sun Sets West  
7:15PM - Bed of Roses

8:45PM

**Crash Test Dummies**



**Etherlan**



Afternoon Tournament (ages 7-10)  
3:00PM - 6:00PM  
\*Registration 2:00PM - 2:45PM

Evening Tournament (ages 11-13)  
7:00PM - 10:00PM  
\*Registration 6:00PM - 6:45PM

**Etherlan**



Afternoon Tournament (ages 14-16)  
3:00PM - 6:00PM  
\*Registration 2:00PM - 2:45PM

Evening Tournament (ages 17+)  
7:00PM - 10:00PM  
\*Registration 6:00PM - 6:45PM

**Kid's Zone**

12:00PM - 8:30PM - Petting Zoo  
12:00PM - 6:00PM  
Fit Kids/Healthy Kids Outdoor Games



1:00PM - 6:00PM - Face Painting  
2:00PM - 3:00PM - Princess/Hero  
& 3:30PM - 4:30PM Photos  
2:00PM - 10:00PM - Climbing Tower

**Fort Garry Brewing Co.**  
**Beer Gardens**

Hours: 4:00PM - 1:00AM

7:00PM - Dark by Three  
10:30PM - BK & The Bad Habits



**Triple E Main Stage**

6:00PM - Byron Falk & The Half-Time Cowboys  
7:15PM - Daniel Desorcy

8:45PM

**HUNTER BROTHERS**

**Fort Garry Brewing Co.**  
**Beer Gardens**

Hours: 12:00PM - 1:00AM

7:00PM - Fender Bender  
8:30PM - Joe Wilson

## Sunday, August 13, 2023

**Sunday Service**  
9:45AM - Worship Music  
10:00 - Pastor Todd Petkau  
From Riverwood Church in Winnipeg  
Children's Feature: Pembina Valley Bible Camp

**Midway**  
3:00PM - 12:00AM

**Vendors Open**  
3:00PM - 10:00PM

**Fawn & Cub Market**  
3:00PM - 8:00PM

**Triple E Main Stage**  
6:00PM - Don Amero  
7:15PM - Stephen Stanley

8:30PM  WE ARE MESSENGERS

**Car Show** 1:00PM - 4:00PM

**WINKLER AUTO DEALERS**



**Kid's Zone**

12:00PM - 8:30PM - Petting Zoo  
1:00PM - 6:00PM - Face Painting  
2:00PM - 3:00PM & 3:30PM - 4:30PM - Princess/Hero Photos  
12:00PM - 4:00PM - Climbing Tower

 ACCESS CREDIT UNION

**Fireworks**

At 10:00PM

