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The Carman-Dufferin

VOLUME 3 EDITION 17

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THURSDAY, APRIL 27, 2023

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY

floi



STANDARD PHOTO BY RICK HIEBERT

The Missoula Children's Theatre presented RUMPELSTILTSKIN with approximately 60 Carman Elementary students last week. The students auditioned for the play on Monday and practised for four hours each night leading up to the show on Friday and Saturday. See page 11 for more coverage.

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Local Smile Cookie campaign to support SCCR

By Ty Dilello

Every year, Tim Hortons locations across Canada partner with local charities to raise funds through Smile Cookie sales. This year, the promotion runs from May 1 to 7, and the Smile Cookies cost \$1.50 apiece.

Last year, the initiative raised a record-breaking \$15 million for more than 600 charities across the country.

Carman's Tim Hortons location has once again selected South Central Cancer Resource (SCCR) to be this year's Smile Cookie recipient. One hundred percent of the cookie proceeds will be donated to the local organization.

This is the second year in a row that

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SCCR has been chosen as the Smile Cookie recipient. Last year, \$4,700 was raised, and the goal this year is to exceed \$5,000.

"It's very exciting that we've been chosen once again as the recipients for the Smile Cookie week at Tim Hortons," said Jack Pethybridge from the SCCR board. "Jeff and Linda Doerksen, owners of Tim Hortons Carman, felt it was a very worthwhile cause and wanted it to continue."

He said they were chosen as this year's recipient because the association does a lot for numerous communities. SCCR is a non-profit organization that offers transportation services, accommodation assistance,

lymphedema а program, wigs and head coverings, skin screening clinics, radon awareness and testing, and wellness programs to those going through a cancer diagnosis. The SCCR also helps out people finan-



Thank you to all the volunteers in our communities. **Because of you, we shine!** From the Town of Carman & RM of Dufferin Councils and Staff





STANDARD PHOTO SUBMITTED

The Tim Hortons store in Carman has chosen the South Central Cancer Resource (SCCR) to receive this year's Smile Cookie Week funds from May 1 to 7.

cially if it's required.

The SCCR first started up in 2003 as a way to support local patients. They don't get any funding from the province, so all of the SCCR's money comes from fundraisers, with the two main ones being the Mike Pritchard Memorial Golf Tournament and the Carman Curl For Cancer.

The funds received from Smile Cookie Week will go to the assistance of SCCR's clients that are fighting cancer and SCCR will be able to assist with support along with covering some of their travel costs and other support along the way.

"We do not receive any government funding, so our operation is based solely on fundraising events throughout the region, such as this initiative with Tim Hortons."

For the week of May 1 to 7, Pethybridge will once again be doing Smile Cookie orders and deliveries. To ask about orders and deliveries, call Jack Pethybridge at 204-750-8140.

Smile Cookie Week has been going strong for more than 25 years at Tim Hortons locations across the country. It's a week-long campaign where participating Tim Hortons locations make and sell chocolate chip cookies with an icing smiley face drawn onto them. One hundred percent of proceeds raised from the campaign go towards whichever local charity that each Tim Hortons location chooses to support that year.

Uptick In Break and enters

By Ty Dilello

The Carman RCMP are warning local residents in the area that there has been an uptick in break-ins and vandalism in town.

Over the past few weeks, St. John's Church and McGee's Original Grill have experienced break-ins, while there has been vandalism to a bathroom at Ryall Park, which is now closed for repairs.

The break-ins at St. Johns Church and McGee's Original Grill are still under investigation.

"An examination was done at Mc-Gee's, and there's video footage," said Cpl. Jamie Sokolosky of the Carman RCMP detachment. "A media release will follow as we'll have some photos to send out to the public for their assistance to see if they can identify the perpetrators."

Meanwhile, at St. Johns Church, windows were opened, and several bottles of wine were stolen. The RCMP wants to warn that with the warmer weather, these types of things tend to start happening.

"We want to let the public know to be a little more vigilant. Don't leave valuables out, doors unlocked, keys in the vehicle, and things like that," said Sokolosky. "And with the way the economy is going, there's probably going to be a few more thefts in the area, so residents and businesses should do their due diligence and take care of their stuff and make sure it's locked up," said Sokolosky.

There's also been talk of a renewed Citizen Watch program in Carman on the town's Facebook page. It would be a way for residents to report on anything that's deemed suspicious to the police.

"The Citizen Watch programs are always helpful, but we just want to remind the public to not get involved, but instead to just report what you see."

Carman crash sends driver to the hospital

Staff

At approximately 9:15 p.m. on April 20, the Carman Dufferin Fire Department responded to reports of a vehicle running into a building. Upon arrival, it was discovered that a single vehicle had crashed into a garbage dumpster at the rear of the building and pushed the dumpster through a section of the wall.

The driver, the lone occupant of the

vehicle, was transported to hospital with non life threatening injuries. The building sustained extensive damage to the rear exterior wall. CDFD and Carman RCMP continue to investigate.

While on scene CDFD was alerted to a hydro pole on fire along Centre Avenue in Carman, CDFD responded and were quickly able to extinguish the fire.

Musicians to be honoured at Manitoba Fiddle Association Wall Of Fame Ceremony

Staff

The Manitoba Fiddle Association will be inducting a number of fiddling greats into the Wall of Fame in Carman on Sunday, April 30.

Fiddler/Performer Jason Lepine from Portage la Prairie is one of four musicians being recognized at the Manitoba Fiddle Association Wall of Fame Ceremony.

Lepine is an accomplished musician and entertainer. His expertise on the fiddle has amazed and delighted audiences all around the world. He has traveled far and wide with his performances, thrilling listeners everywhere with his captivating playing.

Also being inducted on Sunday will be builder/promoter Daniel Koulack, accompanist Irene Gamey and fiddler/performer Walter La Croix, posthumously.

Tickets can be purchased at the door for \$15 each, and those aged fourteen and under are admitted free. Plus, you can enjoy a delicious supper from Chicken Chef for \$11.50.

There will be lots of great old time fiddle music and dancing to enjoy while supporting this year's inductees. Dancing is from 2-9 p.m. Supper at 5 p.m. and the induction cer-



PHOTO SUBMITTED

Jason Lepine is an accomplished musician and entertainer and will be inducted into the Manitoba Fiddle Association Wall of Fame in Carman on April 30.

emony will take place from 6-7:30 p.m.

The Wall of Fame, at Carman Community Hall on 60 1st Avenue NW, is a Manitoba Fiddle Association initiative that honours the talent of Manitoba fiddlers and friends of the fiddle. It provides an educational opportunity to learn about fiddle music and its history, as well as view several Manitoban artifacts.



STANDARD PHOTO BY CARMAN-DUFFERIN FIRE DEPARTMENT The building sustained extensive damages.



By Patricia Barrett

(reporting Week 15).

tracked.

COVID infections were on the up-

swing during the second week of April, according to the provincial

government's respiratory surveil-

lance report for the period April 9-15

There were 172 new COVID infec-

tions detected by PCR testing in Week 15. There were 132 new infections re-

ported the previous week. Provincial

COVID case data are underestimates

of the true number of infections as the

government restricts access to PCR

testing. Rapid antigen tests aren't

Forty-six people were hospitalized

with COVID in Week 15, including 12

people who required intervention in

the intensive care unit. There were 60

new hospitalizations with eight ICU

Numbers are calculated using com-

parisons of total outcome data be-

tween the current and the previous

Wastewater surveillance data for

Winnipeg and Brandon up to April 11

The province reported 13 COVID

The provincial government no lon-

ger lists in its surveillance reports the

names of hospitals and personal care

There were four new cases of influen-

za A and seven new cases of influenza

B reported in Week 15. There were no

deaths in Week 15. There were zero

show sustained COVID activity.

deaths reported the week before.

homes with COVID outbreaks.

admissions in Week 14.

week's report.







SALES & MARKETING

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GRAPHIC DESIGNER Tara Gionet





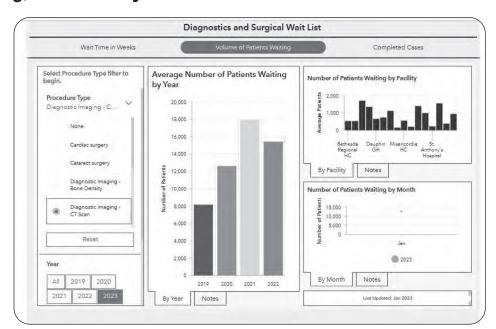
CLASSIFIED ADMINISTRATOR **Corrie Sargent**

new hospitalizations and zero deaths from influenza reported. There were four cases and one case, respectively, reported in Week 14, along with three new hospitalizations and zero deaths.

> There were 10 new cases of respiratory syncytial virus (RSV) in Week 15. There were 21 new cases reported the previous week.

OTHER HEALTH NEWS:

-There were over 2.8 million new COVID cases and about 18,000 deaths reported worldwide between March 20 and April 16, according to the World Health Organization in its epidemiological update published April



PROVINCE OF MANITOBA

The number of Manitoba patients waiting for a CT scan in 2023 appears to be midway between 10,000 and 15,000 patients, according to the provincial government's online Diagnostics and Surgical Wait List dashboard as of January 2023. 20.

Increased cases and deaths were reported from the South-East Asia and Eastern Mediterranean regions, as well as individual countries.

EDITORIAL > VIEWPOINTS > LETTERS

COVID infections on upswing; Province says wait times eliminated in certain areas

At the country level, the highest numbers of new COVID cases over that 28-day period were reported from the U.S. (432,798 new cases), the Republic of Korea (286,182 new cases), Russia (259,138 new cases), France (219,428 new cases) and Brazil (212,578 new cases).

The highest numbers of new COVID deaths over that 28-day period were reported from the U.S. (5,559 new deaths), Brazil (1,177 new deaths), Russia (994 new deaths), Germany (813 new deaths) and Iran (754 new deaths).

Globally, there have been over 763 million confirmed COVID cases and over 6.9 million deaths reported since the start of pandemic record-keeping up to April $\overline{16}$ this year.

-The number of Manitobans needing a CT scan is hovering midway between 10,000 and 15,000 as of January 2023, according the province's online waiting list for surgeries and diagnostic procedures.

The provincial government said last week that its progress on wait times is now shifting from addressing the backlog to building capacity in the health-care system, and that since 2020, the surgical backlog has been reduced by 32 per cent and the diagnostic backlog reduced 31 per cent.

> Got news?

1-204-250-6322

news@carmanstandard.ca

Ty Dilello

In late 2021 the province created a task force to address the backlogs.

"The initial focus of the Diagnostic and Surgical Recovery Task Force was on addressing the immediate needs of patients, reducing wait times, and getting procedures done as soon as possible," said health minister Audrey Gordon in an April 19 news release. "As the task force has now made important strides in reducing and eliminating pandemic-induced backlogs, it is time to shift the focus to building health-system capacity now and for the future. Today marks a milestone as the task force shifts from prioritizing recovery to emphasizing increased capacity in a stronger, more resilient public health system."

The news release states that "pandemic backlogs" have been "elimi-

Continued on page 14



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REPORTER/PHOTOGRAPHER Jennifer McFee

Miami Active Living Centre rebuild almost complete

Grand opening celebration planned for June 3

By Ty Dilello

The Blair Sharpe Miami Active Living Centre will hold its official grand opening on June 3.

It's been a long road since July 12, 2022, when a fire struck the Miami Active Living Centre, only ten days away from its original grand opening. The fire caused extensive damage to the roof, and it was decided it was best to demolish the building and start again.

By September 2022, the building was demolished, and construction began again.

RM of Thompson Reeve Brian Callum, also the Miami Active Living Centre Board of Directors Chairman, says the reconstruction has gone quickly and will be ready soon.

The original construction was covered by the federal and provincial governments and a local donation from former Miami resident Blair Sharpe, who gave a significant contribution of well over \$300,000.

"It's pretty much in the completed stage as we're just waiting for the engineer's approval and planning's approval to occupy the building, but other than that, it's done," said Callum. "We were very excited to get in there, as we had a mishap with the last one. Construction has gone very good with this one."

The Miami Active Living Centre will feature a Friendship Centre, Fitness Facility and Multi-Purpose Room.

The Miami Friendship Centre will include activities such as "500", Cribbage, "31", Shuffleboard, King Pedro, and monthly music jam nights. Membership is just \$30 for the year.

Callum said the seniors have a centre now but it's now easily accessible so everyone is looking forward to the new building. "It will be on ground level, so it's easy to get into, and they'll do everything there from pool to cards to gathering for coffee.

The community can rent the multi-purpose room, and it can be used for training sessions, birthday parties, wedding/baby showers, community events, etc.

"The multi-purpose room will be used for everything. Floor curling, pickleball, any small events that you want to go on in there like yoga, etc. Basically anything that needs space to happen."

The Fitness Facility and gym are available to all community members through a paid member-



STANDARD PHOTO BY BRIAN CALLUM

The Blair Sharpe Miami Active Living Centre will be holding its official grand opening on June 3.

ship plan. It will provide opportunities for all ages and experience levels in three core areas of fitness: Continued on page 6

SPONSORED CONTENT

High School Apprenticeship: Win-win for Student-apprentices, Businesses.

As an employer, you know that skilled tradespersons are essential to your business.

Like many other employers, you may be finding it hard to hire new employees due to labour shortages.

With more than 700,000 skilled tradespersons expected to retire in the next five years, you may be concerned about even keeping up with current demand, never mind planning for expansion.

What if there was an innovative opportunity to address these challenges and enhance your business?

An opportunity to advance your business while supporting the next generation of skilled tradespersons. An opportunity to mentor local workers and have them learn your unique approach to business and build strong relationships with your customers. An opportunity to apply for financial incentives.

Apprenticeship is a tried-and-true method of recruiting and maintaining talent, and hiring a student-apprentice through the High School Apprenticeship Program (HSAP) could be the solution your business is seeking.

The High School Apprenticeship Program (HSAP) is a pathway for students to explore a career in the trades while completing their academic graduation requirements. Local high school students enrolled in the program gain practical on-the-job experience and develop skills for success in the workplace. Once they graduate, they may be granted advanced standing in the post-secondary apprenticeship program, allowing them to transition to their journeyperson certification sooner.

The program doesn't just benefit studentapprentices — it also benefits you as a participating employer. Hiring a studentapprentice is a smart business move in more ways than one. Adding student-apprentices to your team fills key positions, provides access to unique support and may help you develop loyal long-term employees.

Plus, there are new resources dedicated to enhancing the province's High School Apprenticeship Program that are specifically designed to support you — the studentapprentice's employer — as you support the next generation of skilled tradespersons.

The High School Apprenticeship Program is a win-win for student-apprentices and the businesses that employ them.

Today's student. Tomorrow's workforce.

Learn more at Manitoba.ca/studentapprentice.



Are you wondering how you can support the next generation of skilled tradespersons?

There are new resources dedicated to enhancing the province's high school apprenticeship program, that are specifically designed to support you — *the student-apprentice's employer* — as you support the next generation of skilled tradespersons.

Today's Student.FTomorrow's Workforce.M

For more information, visit Manitoba.ca/studentapprentice



By Ty Dilello and Heather Leask Armstrong

In the corner of Carman Collegiate's library, with a projected image of a bookshop café, music and sound effects adding to the ambiance, a student sits beside a fireplace and leans toward the microphone.

"Once upon the Grade 12 school year, days grow short as the end is near."

The student settles into the rhythm of reciting his poem as the sounds of light jazz and fake rain punctuate his cadence, and his hands can't help but conduct his words.

"What comes next is nothing but a mystery, something that I fear.'

Carman Collegiate teacher Verna Clemis challenged Fernando Urquidy and his fellow students to create poems with the same rhyming pattern and syllable count as Edgar Allan Poe's, The Raven.

Clemis asked her students to use topics related to Grade 12 as their theme. The uncertainty of Poe's character expressed in the original poem translates well to the uncertainty the students feel as they prepare to graduate high school.

They jokingly agreed that Poe's madness may have resulted from counting syllables and establishing the internal and external rhyme scheme.

In his second stanza, Urquidy, whose plans so far include working with his father after high school, further admits in his poem, "I don't know what to write or say, at this pace, I'll be here all day."

As students bravely take the mic, they reminisce in rhyme about topics as varied as hockey, hinting, hanging out with friends, and navigating through a time when the pandemic affected most of their high school vears.

In 2018, many of these same students, then part of Mrs. Clemis' Grade 7 English class, took part in a special book launch hosted in the library.

Bailey McArthur said she remembers reading from her Grade 7 book, "sort of a romance," based on Kass Morgan's novel, The 100.

With the library closed to in-person visits during the early days of the

Do Canadians prefer to shop in person?



The results of a recent study conducted by Totum Research Inc. showed that Canadians prefer to shop for products and services in-store, compared to online shopping. They gave reasons like:

- » Immediate product possession
- » View product before purchase
- » Easy for returns
- » Better for service
- » Supports local business

Newspaper Ads Drive In-Store Visits More Effectively Than Other Media





Carman Collegiate teacher Verna Clemis with her Grade 7 class in 2018.



STANDARD PHOTO BY HEATHER LEASK ARMSTRONG

Clemis with the same group of students (five years later) now graduating recently challenged her students to create poems with the same rhyming pattern and syllable count as Edgar Allan Poe's, The Raven.

pandemic, McArthur says coming back for the special poetry reading makes her feel nostalgic.

"It's like we've really come full circle," said McArthur.

McArthur co-wrote her poem with fellow student Kamryn Nicolajsen. In their poem, they express excitement and nervousness about the future. They both plan to attend the University of Manitoba in the fall. As the students point out in their poem, "Grade 12 is done; imagine that. Almost time, the toss of the hat."

Mrs. Clemis reported feeling proud of her students for being brave enough to write and recite their po-

ems and noted how much they had grown in stature and mind since Grade 7, thanks to their other ELA teachers along the way.

Student teacher Russell Termeer noted that he enjoyed working on his Poe-style poem and wished the students every success in their futures. Librarian Heather Leask Armstrong reported being proud to host the students in her library and missed them while they were gone. The students thanked Mrs. Clemis for teaching them to appreciate reading and writing and, of course, for the snacks the reading day provided.

> MIAMI ACTIVE LIVING CENTRE, FROM PG. 5

stretching and bodyweight training, cardiovascular equipment options, and strength training equipment.

"The gym will be equipped for people to plan their workouts and try to keep fit. It's the first time we've had one in Miami, so we're excited about that."

Although there will be a soft launch for the Active Living Centre in May where people can use and tour the building, the official grand opening will be on June 3. The celebration will kick off at noon, with speeches at 1 p.m. Blair Sharpe will

be in attendance for the formal festivities.

Callum stresses the importance of having a facility such as the new Active Living Centre in a small town like Miami.

"You want people to have the amenities at home to do all of the things that they want to do. We're going to have good hours on it so people can come in whenever. Hopefully everyone can enjoy and take advantage of what we were able to accomplish here," said Callum.

Visit www.adwest.ca



The Carman-Dufferin Standard Thursday, April 27, 2023 **7 First Fridays in the Exchange with Golden Prairie Arts Council**

By Autumn Fehr

On Friday, May 5, Golden Prairie Arts Council (GPAC) will send in a shuttle for residents to explore First Fridays in the Exchange District of Winnipeg.

It's the first time GPAC has done an event of this kind.

"I think we're at a point where it's nice to refresh people's inspiration and excitement by offering this service, especially as the weather warms up," said Nigel Bart.

The fully accessible Carman Handivan has been chartered and will leave at 3 p.m. from the GPAC parking lot that day and spend the day in Winnipeg until 9 p.m., visiting art galleries and studios in the Exchange. At 9 p.m., the handivan will leave the Exchange and return to Carman.

Galleries, artist-run centres, studios, shops, and museums are open late first Fridays in the Exchange in Winnipeg. From 6 p.m. to 9 p.m. on the first Friday of each month, anyone is welcome to the free event to explore Winnipeg's art scene. The event is a great networking opportunity, a way to support fellow artists, and an educational experience for anyone (all ages, including children under 18, must be accompanied by an adult).

The journey will highlight locations like the Mayberry Gallery, Fleet Gallery, Warehouse Gallery, and Artbeat Studio, as well as many individual artist studios and some interesting sites such as the graffiti murals within the Exchange and the Cube.

On tour, there will be a chance to stop and grab a bite for dinner from local diners, such as Danook (Syrian trad food), Shawarma Khan, or the Kings Head Pub. Those who sign-up are encouraged to bring money for food, as this is not part of the fee. It is also encouraged to bring some money to purchase any available arts and crafts if they wish. Under \$100 is recommended.

Nigel Bart will conduct the tour, having worked a lengthy career at Artbeat Studio on Albert St. in the heart of the Exchange.

There are 11 spots available, and they are going quickly.

The fee for the tour is \$100. If you wish to book, please call the GPAC office at (204) 745-6568 or email contact@gpaccarman.ca. GPAC accepts all forms of payment, including e-transfer sent to the email listed, or you can pay through their website at goldenprairieartscouncil.com.

"GPAC is a friendly inviting accessible to all sites and wants to extend the invitation to our community to examine other locales such as Winnipeg to enlighten people as to how others perceive art and culture in general," said Bart.



PHOTO SUBMITTED

The Golden Prairie Art Council has contracted the Carman Handi-van to provide a shuttle service into Winnipeg to explore the Exchange District on May 5.

The registration deadline is April 28, and the event will aim to be accessible and enjoyable to all.

For more info, visit https://www. firstfridayswinnipeg.org/ or www. goldenprairieartscouncil.com.

Concert series returns to Golden Prairie Arts Council

By Autmn Fehr

This classical performance is sure to liven up your Sunday.

The Golden Prairie Arts Council (GPAC) hosts their concert series annually as part of its goal to provide cultural experiences to the community and surrounding area. The series features a variety of musical genres within the performing arts.

The first cultural experience this year is brought to you by The Polycoro Chamber Choir. This is the first time GPAC has hosted the choir for its series.

The sounds of the choir will fill the Carman United Church on Sunday, May 7, at 3 p.m. Attendees can access the sanctuary approximately 30 minutes before the start time.

Tickets are \$30 for adults, \$10 for youth, and five and under are free.

There will be a special workshop for choir members at 1 p.m. Choir members pay \$30 for both workshop and concert but must contact GPAC in advance to register for the workshop.

John Wiens, the conductor for The Polycoro Chamber Choir and a couple of his choir members are hosting the choral workshop.

If just one classical experience isn't enough, GPAC has a special classical duo package available.

On Thursday, June 8, at 7:30 p.m., classical pianist Luke Welch will perform at the Carman United Church as part of the GPAC concert series.

Prices for this concert are the same as The Polycoro Chamber Choir concert, but folks can purchase tickets for both concerts for \$50, saving \$10 if purchased as a classical duo.

Both of these concerts were scheduled for the 2020 season, so without further ado, residents will finally be able to experience the musicians live.

Tickets are available through GPAC's website at www.goldenprairieartscouncil.com or in person at GPAC. They'll also be available for purchase at the door.

Opportunity for Farmers: Annual Wetland Payments

The Manitoba government recognizes the valuable role farmers play in improving the environmental health of the agricultural landscape. Local Growing Outcomes in Watersheds (GROW) programs are administered by Manitoba's Watershed Districts to improve watershed resiliency and water quality. Local GROW committees work with farmers to develop projects that work for their operations.

Funding is available to conserve small, temporary wetlands on your farm. During years of average moisture, these wetlands can hold water for up to one month after spring melt or a heavy rain. In cultivated fields, these wetlands are often dry by seeding. Maintaining these wetlands on the landscape provides watershed benefits locally and downstream.

Farm the Best, Conserve the Rest

You may be eligible for an annual payment for temporary wetlands. Local watershed districts will work with you to identify wetlands that qualify. The program offers:

✓ annual incentive payments

✓ 10 year term agreements

Cultivation through the wetland can continue when conditions allow.

For more information on GROW or to connect with your local watershed district, visit **www.manitobawatersheds.ca**, and click on your area on the map, or call **204.945.0002**.



Carman Area Foundation Gala a success

By Ty Dilello

The Carman Area Foundation (CAF) Gala was held at the Carman Community Hall on April 14.

This year's entertainment at the Gala was brilliant men's a cappella group called Those Guys, who are made up of performers who represent a cross-section of the Winnipeg music and theatre community. Their performance at the dinner was generously co-sponsored by Benefits RX, Carman Pharmacy, and Greenland Equipment.

"It was so nice to be able to host an event in person again," said Laura Znak, Treasurer of the Carman Area Foundation. "We had a fantastic turnout on the Friday, and the evening had a really great vibe. It was wonderful to see so many people come together and engage in celebrating philanthropy and our community."

Since the Carman Area Foundation was first established in 1998, they hit some very impressive milestones along the way. The first year of granting was the year 2000, in which they were granted \$3,779.

Ten years later, in 2010, Carman Area Foundation's assets grew to \$1.1 million and granted \$31,345 to local organizations. In 2017, CAF hit another milestone of over \$2 million in assets



Carman Area Foundation's chairperson Janine Lodder. Last Friday evening was the 17th annual fundraiser evening for the Foundation, where it issued a total of \$140,000 in grants from its endowment funds to local communitybased charitable groups.

and granted \$75,410.

A few short years later, in 2020, they reached \$3 million in assets and were granted \$90,455. This year in 2023, they were able to grant \$140,000 to local organizations.

"To be able to grant \$140,000 in 2023 is incredible," said Znak. "Seeing our endowment funds be able to grow at such a significant rate year after year is a true testament to how giving our



Sign up online to be an organ and tissue donor.

Many of us carry a blue paper donor card in our wallet. But did you know the registry has moved online? All Manitobans are encouraged to go register at signupforlife.ca. It's time to upgrade, even if you still have a signed paper card.



Manitoba 🦻





STANDARD PHOTOS BY LORRAINE STEVENTSON

Participants in Carman and area's Youth in Philanthropy group, left to right, Maddy Saquet, Kiera Johnston, Zoe Pritchard, Reid North, and Griffin Carnelley, along with school guidance counsellor Kelly Vipond attended the CAF gala on April 14. The students have been fundraising since 2014 to build up a Youth in Philanthropy Fund now valued at \$10,000 to support youth-focussed grants.

local communities are. The grants given out definitely make a meaningful impact in our communities."

Also in attendance at the Gala was the local Youth in Philanthropy (YIP) group in Carman, who have done an outstanding job of fundraising over the years.

In 2014, a local Youth In Philanthropy group was established at Carman Collegiate and began their fundraising right away. This project was a three-way partnership between Thomas Sill Foundation, Carman Area Foundation and the Carman Collegiate YIP. For three years of the partnership, the YIP group received \$3,500 per year from the Thomas Sill Foundation, deposited through the

Carman Area Foundation for the YIP students to recommend grants to local charities.

For the subsequent three years, the Carman Area Foundation provided supervision and agreed to fund the program by granting \$3,500 per year. In addition to the YIP group participating in the granting decisions, they make annual contributions to an endowment fund that will continue to grow and give back to the community forever.

"The local YIP group has held various fundraising activities over the vears that have allowed them to contribute \$8,411 since the start of the program."



LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402



MLA for Midland Blaine Pedersen and Dianne were in attendance at the CAF gala.



Opeyemi and Loreth Akindiose and Lyle and Jane Rance were among hundreds attending the dinner.



Cala goers enjoyed entertainment by Those Cuys, a Winnipeg group of performers whose repertoire features complex, and often original, musical arrangements performed without a single instrument.



The Carman Area Foundation this year has issued a total of \$140,000 in grants from income generated from its endowment funds to a wide variety of recipient community-based groups making a positive impact in the community.



Leora Collingridge and Deb Penner represented Carman Dufferin Communities in Bloom. Its \$3,000 will be used for downtown beautification efforts, including purchasing and placement of more flowerfilled planters for Carman's commercial streets.

April 26 has been proclaimed Community Foundation Day!

This annual day of celebration recognizes community foundations' impact on community well-being, and the generosity of Manitobans.



North Norfolk Foundation MacGregor, Manitoba

Helping keep new parents in the community by supporting the creation of a daycare centre.





Beautiful Plains Community Foundation Neepawa, Manitoba

Creating community events and fostering connections with new Canadians.



Selkirk & District Community Foundation Selkirk, Manitoba

Helping restore Netley Marsh and protect water quality for future generations.

These are just three of the 100s of projects supported annually by Manitoba's community foundations. Our 57 community foundations are built by community, for community. Learn more: EndowMB.org

Endow Manitoba is an initiative of The Winnipeg Foundation.



Third annual Pembina Valley REDress project returns to Carman

By Autumn Fehr

Every day, cases of Missing and Murdered Indigenous Women, Girls and Two-Spirit People (MMIWG2S) continue to rise while the list of unsolved cases gets longer.

The REDress project was started in 2010 by Jaime Black to focus on the issue of MMIWG2S across Canada. The installation has been displayed in public spaces throughout Canada and the United States.

On Dec. 8, 2015, the federal government announced the National Inquiry into Missing and Murdered Indigenous Women and Girls (MMIWG). This inquiry was meant to help with

the disproportionate violence against Indigenous women and girls in Canada.

Since then, in 2021, the provincial and territorial governments adopted the Missing and Murdered Indigenous Women, Girls, and 2SLGBTQQIA+ People National Action Plan in partnership with Indigenous Peoples, survivors, families, and Indigenous women's organizations in response to the inquiry.

The Pembina Valley REDress has been taking

the installation to communities since 2021.

In 2022, in Canada, two-thirds of the missing alerts from Aboriginal Alert (Canada's Indigenous Awareness Network) involved MMIWG2S. From the 931 alerts received in 2022, 141 are still missing, and 44 have been reported dead.

There is no exact number of lives of Indigenous mothers, sisters, aunts,

nieces and friends dead or still missing

"We go to communities to create a safe environment for questions, for people to understand the beauty of what happens when we work together. We are here to let you know these horrific things have happened in your communities and are still happening. We are here to share our love and respect for every family member, every MMIWG2S person. We hope people come, ask questions, and take the time to learn alongside us," said Denise Thiessen, one of the organizers of the Pembina Valley installation.

> Golden Prairie Arts Council (GPAC) has hosted the Pembina Valley REDress installation in Carman for the last two years to spread awareness of MMIWG2S and share the message.

The installation will be displayed in Carman's Ryall Park on Saturday, May 13, from 10 a.m. to 3 p.m. The location has changed from King's Park, so the display is more central.

Local businesses are encouraged to display a red dress in their window or on their property from May 9 to 13 as a sign of support for MMIWG2S.

The event is free for anyone to attend. There is no need to register. People can come and go as they wish, walk through the installation independently, ask any of the ladies questions, or take a moment to reflect. It's



STANDARD PHOTOS SUBMITTED

Denise Thiessen, left, and Amara Reimer are the Red Dress initiative's organizers and will once again partner with the Pembina Valley REDress project. The Red Dress installation will be displayed in Carman's Ryall Park on Saturday, May 13, from 10 a.m. to 3 p.m.

entirely up to the person how they respond.

This project is important to bring awareness, understanding, and education to the MMIWG2S in Canada.

"This past year, we have seen some horrific things happening. Garbage dumps along rivers. Countless names added to the missing list. These horrific things aren't just happening in Winnipeg or other parts of the province. It is and can happen here, and it's still happening," said Thiessen.

Schools in Carman that would like to participate by adding artwork to the installation can contact the organizers at pvredress@gmail.com.

If family members in Carman have loved ones that are MMIWG2S, they can also reach them by email. In addition, if family members wish, they can have their loved ones' names embroidered on a dress.

St. Claude Career Fair helps students with career options

Career fair May 12

By Autumn Fehr

Are you a student on the hunt for a job, or want to know what's available for you in your community? St. Claude Career Fair has got you covered. On Friday, May 12, St. Claude School Complex will host



their first community career fair in the gym from 1:15 to 3:15 p.m.

Exhibitors can arrive as early as 11 a.m. to set up their booth and have until 1 p.m. to set up. Lunch will be provided for exhibitors from noon until 1 p.m.

It's the first time St. Claude school has hosted a career fair, but Williams said they hope to make it an annual thing.

"It allows them to have a chance to see the great career opportunities they have around their home. They may not realize some of the job opportunities they have right at their fingertips. It's a great chance for them to see what's available and, at the same time, get information from those vendors to see what education, courses, or training they might need to be able to pursue those careers when they graduate," said Nadine Williams, organizer of the event and high school

teacher for biology, chemistry, and French as a first language at the school.

A variety of vendors have already signed up to showcase their businesses to students at the fair. Some include R-Way Ag Ltd, Pembina Co-op, Southern Regional Health Authority, St Claude Children's Centre, Caisse Populaire, Visions of Independence, and Lactalis Canada Inc.

"The main goal is to let students know what is available to them and for the employers and the businesses to get a chance to reach out to students and see what they can offer," said Williams.

The career fair is still looking for vendors to participate. Those interested have until April 28 to sign-up and register.

If you are a business that would like to be a part of the fair or would like more information, contact Williams at nwilliams@prspirit.org.

"THIS PAST YEAR, WE HAVE SEEN SOME HORRIFIC THINGS HAPPENING. **GARBAGE DUMPS** ALONG RIVERS."

Carman students take the stage in MCT's Rumpelstiltskin

Staff

Rumpelstiltskin was spinning a tale last weekend when the Missoula Children's Theater showcased their two performances by the Carman Elementary students from Kindergarten to Grade 5.

Carman's elementary students performed Rumpelstiltskin after auditioning for their parts earlier in the week with Missoula Children's Theatre touring theatre group. The cast list included:

Rumpelstiltskin Reese -Fotheringham

Young Clara- Jorja Best

Older Clara- Londyn Minty King Whatsat - Colton Froese Queen Beatrice - Bailey Dyck Jester- Casey Winkler

Wizards- Emma Nicolajsen, Hadley Enns, Mackenzie Collingridge, Makayla Froese, Makinley Alton and Kinley Grabowsky

Gnomes - Amy Penner, Carla McKnight, Esme O'Connor, Everly Dyck, Everly Winkler, Kenza Lessard, Natalie Dyke, Nick Seward, Tenly Nordstrom and Tess Hannah

Knights - Auden Crampton and lan Wiebe

Villagers - Adelynn Shepherd, Ainsley Collingridge, Aria McIntosh, Ary Lessard, Ava Nordquist, Cassidy Winkler, Charlotte McCutcheon, Chloe Owen, Danielle Wiebe, Ellie Vandersluis, Emerald Wereta, Emily Dunn, Kenya Nordstrom, Kyleigh Drozda, Lana Swatzky, Norah Hannah, Quinn Froebe and Samuel Mc-Nair

Busy Bees - Adeline Reimer, Amari Enns, Ashton Wytinck, Avery Picton, Brooke Fotheringham, Caia Loxley Owen, Christina Anne Busch, Connor Nicolajsen, Hannah Russell, Jillian Gaultier, Kimike de Lange, Pia Gardiner Toews, Rose Hannah, Siddalee MacLean, Tess McIntosh, and Ygritte Van der Goot

Assistant Directors - Brady Hasell, Chelsea Dyck, Evelynn Shannon, and Nixon Nakonechny

Accompanist - Shannon Klassen

Royal Musician - Tour Actor/Director-Sarah Ratcliff

Director - Tour Actor/Director-Leah Griff















Thank you, to Carman volunteers for all their thyme

By Lorraine Stevenson

Dufferin Historical Museum hosted a Volunteer Appreciation Day April 15, handing out flowers and serving cake to local volunteers who dropped in to kick off a week of volunteer recognition in the community.

RM of Dufferin Cor Lodder and Mayor of Carman Brent Owen brought messages of thanks to all those in the local voluntary sector.

"We are truly fortunate for the people who have stepped up to be involved, assist, and make contributions to the various boards, organizations, and charitable groups," said Owen. "Our community wouldn't be what it is today without your help."

The DHM volunteers, in turn, were also thanked for hosting the day with thoughtful gestures such as giving out geraniums, 'thank you for your time' packages of 'thyme' herb seeds,



Elaine Owen is a director with the DHM and co-chair of the dining hall committee with the Dufferin Agricultural Society.

and lush peach-coloured roses. Peach is the colour for expressing gratitude.



Val Wiebe (left) is a volunteer with Riverview Legion Place, Meals on Wheels and palliative care fundraisers, while Sharla Murray dedicates her time to the DHM and the Carman Community Garden. Karen Maxwell (right) serves with the Carman Legion Branch 18 on the Legion Lodge Board. She is also a DHM past-president.



STANDARD PHOTOS BY LORRAINE STEVENSON

Dufferin Historical Museum's vice-president Lori Keith (left) handed out roses to volunteers such as Deana Gauld, whose volunteer roles include chairing the Christmas Cheer Board and, more recently, launching Volunteer Carman, a website and social media initiative connecting people together through volunteering. "My real wish is that this site will become a building block for community connections, personal connections, a healthier Carman and healthier residents,"said Gauld. "I became part of this community through volunteering.



Reeve of the RM of Dufferin Cor Lodder thanks the gathering during Volunteer Appreciation day at the museum.



Mayor of Carman Brent Owen brought words of thanks on behalf of his council to all those who contribute their time and skills volunteering with community-based groups.



Kathie Findlay (left) is a long-serving volunteer with the Carman Handi Van and the Carman Health Auxiliary, while Kathleen Anderson is involved with Boyne River Keepers, a community group dedicated to the care and enjoyment of the Boyne River.



Shirley Snider, treasurer at DHM, and Edwin Pritchard, who volunteers with Boy Scouts, the pathway committee, BRK, the Christmas Cheer Board, and many other groups, pose in front of a backdrop featuring names of other local volunteers. At right is Jane Swanton, a now retired town councillor whose many volunteer roles include serving with DHM, the Golden Prairie Arts Council, and the Legion Ladies Auxiliary.

Recognizing local volunteer Deanna Gault

By Ty Dilello

With April 18-24 being National Volunteer Week, it was a great way to celebrate and recognize those who give time to their community, whether that community be a sporting association, a church, a school, a town, etc.

One of the finest volunteers in the Carman area who is always willing and able to lend a helping hand is Deanna Gauld.

Gauld has always enjoyed being a helper from the time she was young. As an adult, she saw things that needed to be done, things that would have a significant impact if they could be done, and things that she thought would be fun if they got done, both for her and for the people who would benefit from the event or program.

In the Town of Carman, the first thing she volunteered for was the parent council at Carman Elementary School.

"I always knew that was something I would do, and in September 2008, I marked my calendar and made up my mind to go," said Deanna Gauld. "The night of the first meeting, I drove into town, shaking and crying-a full-on panic attack. I was ter-

rified, and if it hadn't been for such a it all, so creating a database of groups, strong desire to be involved with my kid's school planted in me as a child, I never would have left the house.

That night was the beginning of a 10-year relationship for Gauld with school administrators, teachers and other parents.

"I cannot put into words how much those monthly meetings meant to me then, how much I learned and grew, and improved my confidence with the encouragement of those like-minded people. I am so glad I left the house."

Gauld's story of how she got into volunteering is one of the reasons to explain why she recently created https://volunteercarman.ca/, a website dedicated to local volunteering in the Carman area. There is also a "Volunteer Carman" Facebook page that people can join and explore.

"I would say that the time is right," said Gauld. "After the pandemic shutdowns, people are ready to get back out into society. We want events, and organizers of these events need volunteers. I want to help connect people to opportunities. I want to help groups put on events for our community, and obviously, I can't do events, and ongoing opportunities within our community is my way of helping everyone."

Gauld received a beautiful thank you bouquet from Carman Florists last week for all of her hard work volunteering. Carly Boklaschuk and her crew at Carman Florists have spent countless hours sending out these "thank you's" to several local volunteers.

"We are so appreciative of local volunteers like Deanna's willingness to give their time and service for the betterment of this community. So this is just our small part to give back to them and pay some kindness forward," said Carly Boklaschuk of Carman Florists. "Whenever we have excess flowers that need a good home, we stroke a name off on our long volunteer list. We are always adding names to our list for folks who are ohso-deserving of this little Volunteer Bouquet Project, and we love to see the list is still growing. There are no plans to stop it anytime soon."

Gauld hopes that her website and Facebook page will take off and get more people in the area to get out and



PHOTO SUBMITTED Carman's Deanna Gauld is just one of the many volunteers to celebrate during National Volunteer Week, April 18-24.

do some volunteering.

"I would like to think that everyone who volunteers gets something back from the experience," said Gauld. "A new skill learned, a new friend made, a little boost of self-confidence, having fun while doing something good. Whatever your motivation, go volunteer."



Let's celebrate our individual and collective actions in creating a strong, intercon-nected and vibrant community! Volunteering weaves us together, strengthening the fabric of our community by sharing our time, talent and energy to support one another. This reveals the importance of volunteering to the strength and vibrancy of our communities through the interconnected actions we take to support one another. These diverse forms of sharing our time, talent and energy strengthen the fabric of our community.

Through volunteering we experience our interconnectedness, making our lives more meaningful. Getting involved in various wavs, we find friendship, develop trust, and link our relationships. Threading these connections, we come to belong as we contribute towards the same goals.

Like each individual thread makes weaving stronger, every volunteer's experience, perspective, and abilities add to our collective resilience. Woven together from coast to coast to coast, volunteering reinforces our ability to grow, thrive, and create change within our community, province, and country.

Knowing our volunteer contributions are valued and meaningful creates a greater sense of purpose and dedication. From helping build a home, cleaning up a park, or coaching a sports team to cooking for an ill friend, checking in on a neighbour, or helping a stranger cross the street, each action we take impacts our community's overall wellness, now and for future generations.

unteers Ph. (204) 745-2061 A COUNTANTS admin@nakandpow.com **Nakonechny & Power** Chartered Professional Accountants Ltd.

By Ty Dilello

As of April 1, Manitoba residents will benefit from subsidized physiotherapy and rehabilitation services following knee and hip surgery.

The province's new program is the Manitoba Post Op Funding and Reimbursement Program. This program will now allow Manitobans who receive a total hip or knee replacement to receive physiotherapy treatments post-surgically at a clinic of their choice.

"The Diagnostic and Surgical Recovery Task Force, and agreements such as this, will help patients access the care they need now as the Manitoba government expands capacity and builds a more resilient public health system for the future," said Health Minister Audrey Gordon.

"By streamlining billing processes and providing comprehensive support, we're also removing barriers and freeing up healthcare providers to focus on delivering care to patients across Manitoba."

The provincial investment of \$2.5 million is anticipated to assist an estimated 6,100 patients receiving post-surgical recovery care.

"This is big news for all Manitobans as this will increase accessibility to

physiotherapy in various ways, including a shorter distance to travel for patients who can now seek out a clinic in their town or nearest town of their choice," said Ashley Froese of Carman Physiotherapy. "There's also improved affordability as not all patients can financially afford physiotherapy out of pocket or be able to afford the number of sessions they need to achieve the post-surgical outcomes they are hoping for. And lastly, it allows patients a choice in their post-operative care and can possibly receive therapy where they may have already had previously established a relationship and comfort level."

Patients who do not have private or third-party insurance are eligible for six individual physiotherapy sessions or ten group classes (including an initial assessment). Patients with private or third-party insurance are eligible to participate in the program after utilizing their personal benefits.

Surgery wait times will also begin to improve in Manitoba starting almost immediately. The announcement of this funding will also help to decrease post-surgical therapy wait times, especially as the number of same-day joint replacement surgeries at hospi-



STANDARD PHOTO BY ASHLEY FROESE

As of April 1, Manitoba residents will benefit from subsidized physiotherapy and rehabilitation services following knee and hip surgery.

tals such as Boundary Trails continues to grow.

"We see this as being beneficial for all involved, including the patients, the surgeons, the physiotherapists and clinics," said Froese. "Greater accessibility for patients and reduced wait times for therapy is so vital as more private clinics will take on patients. This will lead to continuing to maintain a standard for excellent post-surgical outcomes and help return patients to the goals they have for an active and pain-free lifestyle."

Elm Creek hosting Family Advocacy Network event April 29

By Ty Dilello

The Family Advocacy Network of Manitoba (FAN) is organizing an event for caregivers in Elm Creek on April 29 from 1-3 p.m. at Elm Creek School.

If you are a family member or unpaid caregiver to someone with a developmental or intellectual disability (including foster care and home share providers), you are welcome to come to this opportunity to connect with others who have a similar experience, enjoy refreshments and get information on what the Family Advocacy Network of Manitoba is up to.

The Family Advocacy Network of Manitoba is a grassroots organization that has been around for the past five years. It comprises Manitobans with intellectual, developmental and often physical disabilities and their families and loved ones, founded and run by families.

It aims to unite families to support one another and advocate with a collective voice for the best services and quality of life for our loved ones. They represent almost 800 families across the province and are continually growing.

"Up until recently, we have been run entirely on volunteer power but are fortunate to be part of a pilot project that we are working on with a group of other organizations such as Community Living Manitoba, Continuity Care, Innovative Life Options and Inclusion Winnipeg," said Rachel Smith, Family Networking Coordinator at the Family Advocacy Network of Manitoba.

"Together, our organizations make up the 120 Maryland Group, and we are working together to carry out the Community Based Assisted Decision-Making Pilot Project that is being funded by the Department of Families," said Smith.

Smith is excited at the event in Elm Creek as it is a chance for caregivers in the surrounding area and southern Manitoba region to learn about its organization's support and connect with others in similar situations.

"We strive to represent all of the province in our advocacy, and travelling to all areas of Manitoba is something we have been working on since our inception as we want to hear concerns from all our members provincewide and bring them forward to the government."

Smith hopes her organization will create peer support groups, or what they call "FAN Branches," throughout the province where parents and caregivers can connect with others in their area for support. There is also a new Facebook group open to family members and self-advocates across Manitoba, where people can find help and information from others with similar life experiences.

If interested in attending the Elm Creek event on April 29, please RSVP to events@fanmb.ca or 431-489-2542 by April 27 and include the number of caregivers attending.

> HEALTH, FROM PG. 4

nated" for CT scans, ultrasound tests, cataract surgeries, cardiac catheterization lab tests, pacemaker surgeries, pediatric neurodevelopmental assessment, urology tests, orthopedic surgeries (excluding hip, knee and spine surgeries), oral surgery and dentistry, and echocardiography tests.

The provincial opposition NDP said

last week Manitoba's health-care system is in "crisis," and that Premier Heather Stefanson spent only six percent of the \$812 million in healthcare funding that was announced in August 2021 by the former premier, according to Manitoba Health data it obtained through a freedom of information request.

"Our healthcare system is in crisis because of the choices Brian Pallister and Premier Stefanson made," said NDP health critic Uzoma Asagwara in a statement. "Now we're learning that Premier Stefanson won't even invest the funding Brian Pallister promised. Brian Pallister created chaos in healthcare with his cuts. And Premier Stefanson just made it worse."

NDP leader Wab Kinew said the government is responsible for delivering timely high quality care.

"The provincial government's most important responsibility is delivering timely, high quality healthcare to families," said Kinew in a statement. "Premier Stefanson said she'd be different, but she's spending less at the bedside than what Brian Pallister promised. Our team has the solutions to start fixing healthcare and helping families."



Elm Creek's Schroder win PHF Goaltender of the Year

Submitted by the PHF

The Premier Hockey Federation (PHF) has announced that top rookie Corinne Schroeder of the Boston Pride has been selected as the PHF Goaltender of the Year for the 2022-23 regular season. The award was determined by PHF hockey operations in consultation with all team presidents and general managers.

"What impressed me about Corinne's season, beyond the statistics and records, was her consistency throughout the year, especially playing as many games as she did and how often it included backto-back starts," said Mel Davidson, PHF Director of League and Hockey Operations. "She has great size that she uses to her advantage in her stance and positioning. Most of all, her play exuded confidence which allowed her team to play freely knowing that she was a dependable last line of defense."

Schroeder set a trio of PHF single season records between-the-pipes for Boston including 19 wins, seven shutouts that shattered the previous mark of three, and 761 total saves. Her overall record of 19-1-1 was compiled over a franchise record 22 starts and helped the Pride finish in first place in the league's regular season standings. She became just the third goaltender in PHF history to blank the opposition in her first PHF start and continued her impressive debut with a record three-straight shutouts to launch her professional career. This season, Schroeder posted six games with 40 or more saves including two that resulted in a shutout, notably a career-high 50-save performance on Jan. 21 in a 5-0 win over Montreal. She led all netminders with a goals-against-average of 1.67 and a save percentage of .955 and was named Most Outstanding Goaltender at the 2023 All-Star Showcase representing PHF Team Canada.

"It's a huge honor to be selected as the PHF Goaltender of the Year," said Schroeder. "It was a recordbreaking season for me and the greatest way that I could have kicked off my professional career, and I am so thankful for that. I'm so grateful to my team, coaches, and family who supported me and helped me have such an incredible season. Especially my



goalie network, Gord Woodhall, Andy Kollar, Brad Kirkwood, and Clay Adams who worked with me on the physical, mental, and technical aspects of my game this season. Everything they did added to my success, and I can't thank them enough."

The 23-year-old from Elm Creek, Manitoba was previously named PHF Rookie of the Year for the 2022-23 season having joined the Pride after completing five full NCAA seasons. Her collegiate tenure included four years at Boston University before transferring to Quinnipiac University for a graduate season in 2021-22 where she was named the Bobcats MVP and a finalist for the NCAA Women's Goalie of the Year award. Schroeder's GAA and SV% rank first among PHF goaltenders with 10 or more career starts, while her seven shutouts are one shy of the league's all-time mark of eight.

"Corinne had an incredible season for the Boston Pride," said Paul Mara, Pride head



STANDARD PHOTO BY PHF

Boston Pride netminder and rookie Corinne Schroeder has been named the PHF's goalie of the year.

coach. "Her competitive drive and mental strength carried her to levels the PHF has never seen before, and it was a pleasure to witness and to coach."

This is the third time in eight seasons that the PHF Goaltender of the Year award has been presented to a member of the Pride following Brittany Ott in 2015-16 and Lovisa Selander in 2019-20. Past recipients also include Katie Fitzgerald of the Riveters in 2016-17, Amanda Leveille who won with Buffalo in 2017-18 and again with Minnesota in 2020-21, Shannon Szabados of the Beauts in 2018-19, and Toronto's Elaine Chuli in 2021-22. Both Chuli and Leveille were finalists for this year's award. Schroeder is also a finalist for the PHF Most Valuable Player award as selected by the Professional Hockey Writers Association (PHWA) and Outstanding Player of the Year as voted by members of the PHF Players' Association.

Selkirk to host Cheer Manitoba provincials

Submitted by Cheer Manitoba

Cheer Manitoba will be holding its provincial championships in Selkirk for the first time at the Selkirk Recreation Complex on May 6. The event will showcase 58 routines in the disciplines of performance cheer (pom), scholastic cheer and all-star cheer.

Athletes will range in ages five to 30-plus and will feature routines from the U6 Novice division all the way to Open Level 7 teams which compete at the highest level in the sport.

We will have over 500 athletes in attendance from all over southern Manitoba and northwest-

ern Ontario. Cheerleading continues to gain popularity with shows like Netflix's "Cheer" putting a spotlight on our often misunderstood sport and cheerleading now has Olympic provisional status meaning it could be part of the Olympic Games in the near future.

Cheer Manitoba has been overwhelmed with the positive support it has received from the community of Selkirk from sponsorship opportunities to excellent service at the Selkirk Recreation Complex. Doors open at 9 a.m. with the event starting at 10 a.m.

What's *Your* story?

We want to hear from you.

The Carman-Dufferin Standard connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out? Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.





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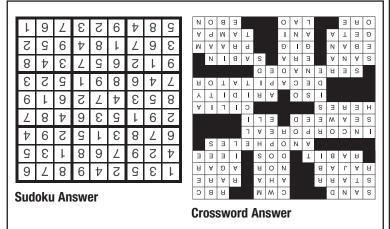
take <u>a break</u> > GAMES



Fun By The Numbers Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have vou hooked from the moment you square off, so sharpen your pencil and put

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

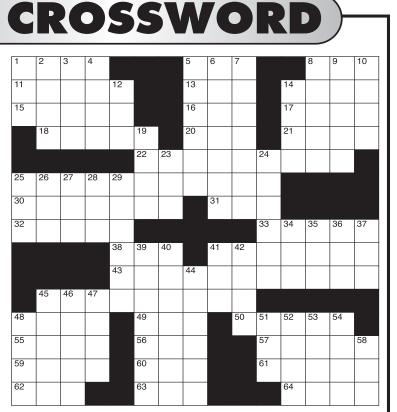


CLUES ACROSS

- 1. It's all over the beach 5. A cirque
- 8. Corpuscle count (abbr.)
- 11. Influential report author
- 13. Satisfaction
- 14. Recurring only at long intervals
- 15. Islamic calendar month
- 16. Neither
 - 17. Gelatinous substance **18. American electronic music** producer
 - 20. Old computer system
 - 21. Professional organization
 - 22. Malaria mosquitoes
 - 25. Not composed of matter
 - 30. It's in the ocean
 - **31. Peyton's little brother**
 - 32. French commune
- 33. Eyelashes
- 38. Equal (prefix)
- 41. Quality of little or no rain
- 43. One who beheads
- 45. Sung to
- 48. Influential punk artist
- 49. Amount of time
- 50. Polio vaccine developer
- 55. Abba , Israeli politician
- 56. Job
- 57. Flat-bottomed sailboat
- 59. Japanese wooden clog
- 60. Folk singer DiFranco
- 61. FL city
- 62. Naturally occurring solid 63. Language of indigenous
- Asian people 64. Dark brown

CLUES DOWN

1. Soviet Socialist Republic 2. Zoroastrian concept of holy fire



3. Venomous snake genus

- 4. Uninteresting
- 5. Straightforwardness
- 6. Expression of wild excitement
- 7. Arrange in order
- 8. East Indian cereal grass
- 9. Hillsides
- 10. Bird beak covering
- 12. Baseball stat
- 14. Edge of a surfboard
- **19. Wrapping accessory**
- 23. Express approval
- 24. Deduce
- 25. Similar
- 26. Born of
- 27. Automobile
- 28. Obliged to repay
- 29. Live in
- 34. Influential journalist Tarbell
- 35. Set aflame

39. African nation

36. OJ trial judge

37. Scottish town

- 40. Egg-shaped wind instrument
- 41. Mimic
- 42. Frees
- 44. In slow tempo 45. Sword
- 46. Related on the mother's side
- 47. Mars crater
- 48. Plant of the lily family
- 51. Suitable in the
- circumstances
- 52. Hillside
- **53. Metrical foot** 54. Amazon river tributary
- 58. Adult male human



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Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

- or equivalent experience in a related field
- interest in social media
- news judgement
- to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetinas
- and its surrounding communities would be an asset

Please forward your resumé along with

I ana Meier Email: news@stonewallteulontribune.ca



PEMBINA VALLEY

WATER COOPERATIVE INC.

Water Treatment Plant Operator Position -Morris. MB

Pembina Valley Water Cooperative is seeking applicants for the fulltime (40 hrs/week) position of Water Treatment Plant Operator in Morris MB. The Morris plant is one of three regional plants inside the Pembina Valley Water Coop, located 55 km south of Winnipeg on highway 75. Pembina Valley Water Coop is Manitoba's 3rd largest water utility, producing potable water for 14 municipalities in south central Manitoba. Three water plants feed a network of over 9,000 square kilometers.

What we have to offer:

- Excellent benefits package offered by the municipal government program
- Competitive industry wage (\$22.00 to start, with no previous industry experience)
- Certified Level 1-3 wage range from \$24.00-\$34.00 (Provincial certification program based)
- · Company matched retirement savings program (starts at 8% match) through MEBP
- Strong support for internal training
- An environment geared towards learning • 2 weeks holidays to start, 3 weeks after 3 years
- Strong safety focus

Position Description:

In this position you will perform day-to-day activities, consisting of the monitoring and control of the water treatment process. Performance of day-to-day maintenance, process checks, troubleshooting, laboratory analysis, administration, and duties with respect to reservoirs and pumping stations. Collect, record, and analyze data daily, perform necessary adjustments to optimize the process performance. When Certification is obtained, applicant will be scheduled into a rotation that will consist of working alone on the weekend and some holidays. During this time, they will be expected to be on call and responsible for the process after hours. All on call and afterhours work will be compensated.

Qualifications:

- Valid driver's licence
- A good team player and positive attitude · Good communications skills
- Good mechanical aptitude
- Willingness to learn and further education
- Ability to work at heights, in confined spaces and in inclement weather conditions
- · Computer competency. Emphasis on Microsoft Word and Excel. Scada familiarity an asset
- Any trade experience or post secondary education is an asset
- · Flexibility to work some weekends and holidays
- Comfortable handling chemicals

Training will be provided to obtain water plant operator certification.

Interested applicants should forward their resume to water@pvwc.ca by 4 pm, April 28th, 2023, or call 204-324-1931 for more information.

PEMBINA VALLEY WATER COOPERATIVE INC.

Pembina Valley Water Cooperative is seeking applicants for the fulltime (40 hrs/week) position of Water Treatment Plant Operator in Stephenfield MB. The Stephenfield plant is one of three regional plants inside the Pembina Valley Water Coop, located 20 km west of Carman on highway 245. Pembina Valley Water Coop is Manitoba's 3rd largest water utility, producing potable water for 14 municipalities in south central Manitoba. Three water plants feed a network of over 9000 square kms.

What we have to offer:

- Excellent benefits package offered by the municipal
- government program • Competitive industry wage (\$22.00 to start, with no previous industry experience)
- Certified Level 1-3 wage range from \$24.00-\$34.00 (Provincial certification program based)
- Company matched retirement savings program (starts at 8%) match) through MEBP
- Strong support for internal training
- An environment geared towards learning
- 2 weeks holidays to start, 3 weeks after 3 years
- Strong safety focus

Position Description:

In this position you will perform day-to-day activities consisting of the monitoring and control of the water treatment process. Performance of day-to-day maintenance, process checks, troubleshooting, laboratory analysis, administration, and duties with respect to reservoirs and pumping stations. Collect, record, and analyze data daily, perform necessary adjustments to optimize the process performance. When Certification is obtained, applicant will be scheduled into a rotation that will consist of working alone on the weekend and some holidays. During this time, they will be expected to be on call and responsible for the process after hours. All on call and afterhours work will be compensated.

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- · Computer competency; emphasis on Microsoft Word and Excel. Scada familiarity an asset
- Any trade experience or post secondary education is an asset
- Flexibility to work some weekends and holidays
- Comfortable handling chemicals

Training will be provided to obtain water plant operator certification.

Interested applicants should forward their resume to water@pvwc.ca by 4pm, April 28th, 2023, or call 204-324-1931 for more information.

Call 204 937 4007 **Water Treatment**

Plant Operator Position – **Stephenfield, MB**

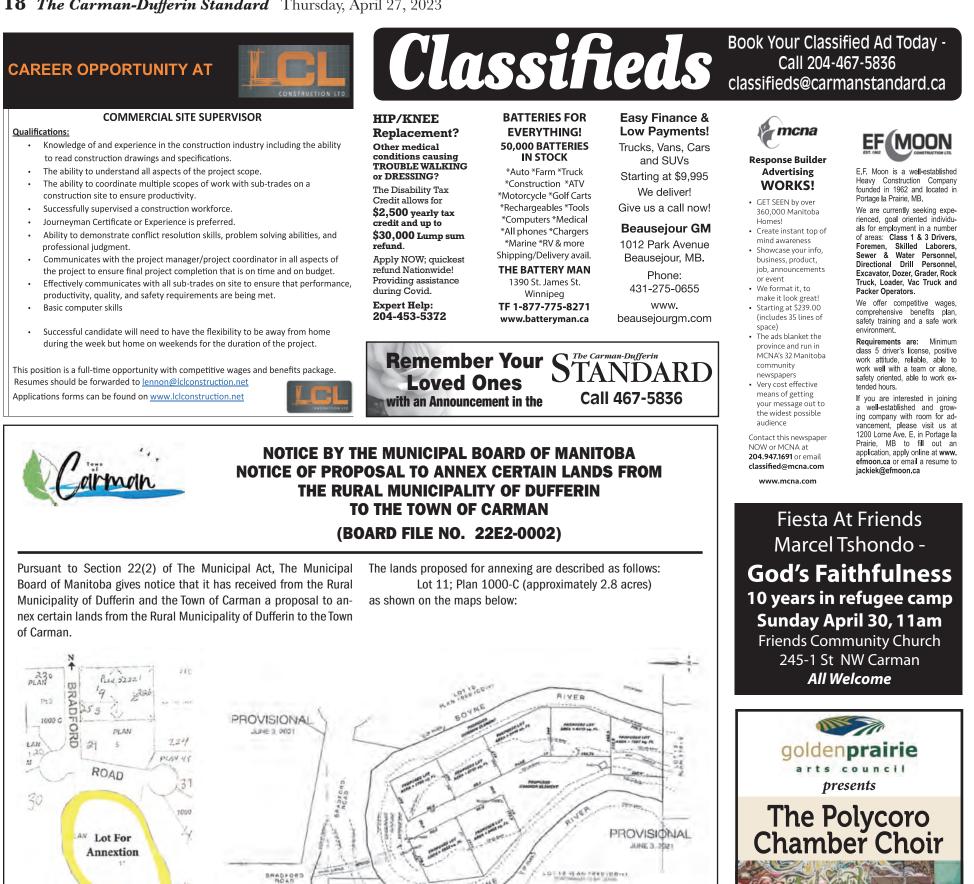
Classified booking deadline is Monday

Qualifications:

- A post-secondary degree/diploma in journalism
- Strong photography and writing skills with an
- Self-starter with the ability to exercise solid
- Ability to establish professional relationships

- Knowledge of CP Style and about the Interlake

three writing and photography samples to:



80

Unless objections are filed with The Municipal Board on or before May 8, 2023, by at least 25 persons who would be voters of the affected Municipalities, the Board may make its recommendation respecting the proposal to the Minister of Manitoba Municipal Relations with or without holding a public hearing.

Any objection should be filed with The Municipal Board, 1144 - 363 Broadway, Winnipeg, Manitoba R3C 3N9, Attention: Erin Wills, Secretary of the Board.

A copy of the proposal is available for public viewing at the Municipal Offices and at The Municipal Board Office. Dated at Carman, Manitoba, this 14 day of April, 2023.

Frin Wills Secretary/Chief Administrative Officer The Municipal Board 1144 - 363 Broadway Winnipeg, MB R3C 3N9

1000 C

32330 M

Judy Duthie Interim Chief Administrative Officer Town of Carman 12-2nd Avenue SW Carman, MB ROG 0J0

Sharla Murray **Chief Administrative Officer** Rural Municipality of Dufferin 12-2nd Avenue SW Carman, MB ROG 0J0



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Total time: 3 hours, 10 minutes Servings: 6 2 racks (about 4 pounds) baby back ribs 1/4 cup Tajín Clásíco Seasoning 1/4 cup Tajín Mild Hot Sauce, plus additional for serving, divided 2 tablespoons olive oil

2 tablespoons brown sugar

lime wedges, for serving

mashed potatoes or steamed rice, for serving (optional)



Total time: 15 minutes Servings: 2

Rim Glass:

- 2 tablespoons Tajín Fruity Chamoy Hot Sauce 2 tablespoons Tajín Clásico Seasoning
- Drink: 4 tablespoons Tajín Fruity Chamoy Hot
- Sauce, divided 1 cup frozen mango cubes, plus addi-



Recipe courtesy of Aramark Servings: 4 2 tablespoons Dijon mustard

- 1 tablespoon honey
- 1 tablespoon granulated sugar

Spiced **Pork Ribs**

Rub ribs with seasoning. Marinate at least 4 hours or overnight in refrigerator. Preheat oven to 300 F. Combine hot sauce, oil and brown sugar; brush over both rib racks.

Line baking sheet with double layer of aluminum foil with enough overhang to wrap foil around ribs.

Lay ribs, bone side down, on foil-lined baking sheet. Wrap foil around ribs and seal. Place on baking sheet.

Fill large baking dish or roasting pan with 2 inches of boiling water. Place on lower oven rack to keep ribs moist as they bake. Place ribs on middle oven rack.

Bake 2 1/2-3 hours, or until meat is tender and just starting to fall off bone.

Preheat broiler. Unwrap ribs and place on foil-lined baking sheet. Broil 4-6 minutes on middle oven rack, or until lightly charred and caramelized.

Serve with lime wedges and additional hot sauce.

Serve with mashed potatoes or steamed white rice, if desired.

Savory Mango Chamoy Daquiri

tional for garnish, divided

1/3 cup natural syrup

3 ice cubes

1/3 cup orange juice 1 tablespoon Tajín Clásico Seasoning, for garnish

To rim glass: Rim glass in chamoy hot

sauce then seasoning. To make drink: Blend 3 tablespoons chamoy hot sauce, mango cubes, syrup, ice cubes and orange juice.

In glass, pour remaining chamoy hot sauce.

To serve, garnish with additional mango cubes and sprinkle with seasoning.

Apricot Brussels Sprouts Coleslaw

- 1 teaspoon salt
- 1 teaspoon ground black pepper 2 cups trimmed and shredded Brussels
- sprouts
- 1 cup dried apricot, diced

1 cup red onion, trimmed and diced Combine mustard, honey, sugar, salt and

pepper. Mix well. Add Brussels sprouts, apricot and onion;

toss to coat.

Recycling 101 – paper and cardboard

By Karl Daher, REACT

Paper and cardboard are highly recyclable materials that serve a useful part in the recycling system. As most people know, paper and cardboard can be placed in recycling – please make sure to fold items rather than scrunch them. While wet paper can be recycled, soaking wet paper cannot and is sent to the landfill. All precipitation cannot be avoided for those with an open blue bin system, however if you see rain in the forecast overnight, try placing the bin out in the morning instead.

Amongst the most popular items to recycle are corrugated cardboard, boxboard, paper bags, magazines, newspapers and flyers, and office paper – all colours are fine, just don't include elastic bands, plastic wrap or stickers with them. Other items you may not immediately think of are envelopes (plastic window envelopes are OK, plastic lined shipping envelopes are not), store receipts, juice boxes, soup cartons, paper egg cartons, milk cartons, ice cream containers, or boxboard from frozen foods. Food and beverage containers should be rinsed of visible food particles.

Paper products should not be soaked or coated with other substances. While paper and cardboard are readily recycled, oily paper and cheese or tomato sauce laden pizza boxes do not make for good recycling; neither does used facial tissue or paper towels. You also cannot recycle paper with non-paper elements embedded into it, such as wrap-



Recipe courtesy of Aramark

Servings: 4

Tomato Bruschetta Topping: 1/4 pound fresh plum tomatoes, cored

- and diced 2 tablespoons red onion, peeled and
- minced
- 2 tablespoons fresh basil leaves, thinly sliced
- 1 teaspoon olive oil
- 1/4 teaspoon kosher salt
- 1 pinch ground black pepper 1 pinch fresh garlic, peeled and finely
- minced
- Sandwiches:

1 pound fresh portobello mushrooms,

- cleaned, stems removed, sliced thin
- 3 tablespoons olive oil
- 1/4 teaspoon garlic powder
- 1/4 teaspoon Kosher salt
- 1/8 teaspoon ground black pepper

ping paper, pet food bags, or microwavable popcorn bags.

What is the number one paper product that people put into their recycling that cannot be recycled? The answer is take-out beverage containers. But with all of the reusable drink containers that we all have, why not ask your local restaurant or coffee shop to simply reuse yours?

There are also a few paper based items that require a little bit of preparation to make them recyclable by breaking them down and removing non-recyclable items from them before they go into your blue bin. A good example of this is books. While books are certainly paper based, they need to have their covers and/or binding removed before recycling. Depending on what the binding is (for example, a metal coil binding), it may have to be disposed of. But before recycling them, perhaps your books can be donated locally?

Once collected, recycled paper and cardboard is converted into newsprint, boxboard, cardboard, egg cartons, tissue paper, office paper or cellulose insulation. Please do your part and always ensure that you are putting all of your clean paper and cardboard into your blue box each week. Rockwood Enviornmental Action Community Taskforce (REACT) is a voluntary, non-profit, non-governmental association of individuals committed to environmental responsibility. If you are interested in joining or attending a meeting, call 204-467-2334 or email: info@reactinc.org

Portobello Mozzarella Sandwiches

1/4 cup mayonnaise

2 1/2 tablespoons prepared basil pesto 4 ciabatta rolls (4-by-4 inches), split in half

- 4 ounces fresh mozzarella cheese, sliced small
- 4 ounces tomato bruschetta topping
- 2 ounces fresh baby arugula
- 1/4 cup balsamic glaze

To make tomato bruschetta topping: In bowl, combine tomatoes, onion, basil, olive oil, salt, pepper and garlic. Set aside. To make sandwiches: Preheat grill pan

or grill to medium heat. Toss sliced mushrooms with olive oil,

- garlic powder, salt and pepper.
- Grill mushrooms until fork-tender, 3-4 minutes on each side. Let cool.

Mix mayonnaise with pesto until combined. Spread 2 tablespoons pesto mayonnaise on cut sides of each roll.

For each sandwich, layer 1/4 of grilled mushrooms, mozzarella slices, tomato bruschetta topping, arugula and balsamic glaze.

Top with other roll halves. Cut diagonally in half to serve.