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LEAP YEAR **EDITION**

VOLUME 4 EDITION 9

The Carman-Dufferin

THURSDAY, FEBRUARY 29, 2024

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY









STANDARD PHOTO BY JODI GAULTIER

Roland's Recreation Department held its annual Winter Activity Day on the afternoon of Feb. 19. Over 100 children took in ice skating, tobogganing, a bonfire, and an ice excavation treasure hunt.

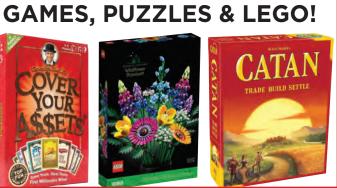
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Roland winter activity day a blast for all kids in attendance

By Ty Dilello

The RM of Roland's Recreation Department held its annual Winter Activity Day on the afternoon of Feb. 19.

Over the course of the afternoon, there was ice skating, tobogganing, a bonfire, an ice excavation treasure hunt, and arts and crafts that were provided by Golden Prairie Arts Council. There were also free hot dogs, snacks, hot cocoa and juice.

"The day was a fantastic success," said RM of Roland Reeve Jodi Gaultier. "We had over 100 children take

the day. It was a great turnout, with many families expressing their thanks for a lovely afternoon."

The Winter Activity Day is part of the RM of Roland's endeavour to in-

The Winter Activity Day is part of the RM of Roland's endeavour to increase recreation opportunities in the community.

part in the arts and crafts throughout

"Our CAO, Kristi Olson, did a fantastic job planning and executing the event," said Gaultier. "All of our council was on hand to help out and also to enjoy the afternoon with our family and friends."





STANDARD PHOTOS BY JODI GAULTIER

On the afternoon of Feb. 19, the RM of Roland put on its annual Winter Activity Day where roughly 100 children took part in all sorts of winter fun.

Public Notice

Public Notice is herby given that the Dufferin Weed Control District and The Town of Carman Public Works intend to conduct the following Pesticide Control Program during 2024:

- 1. To control noxious weeds on road allowances and drains
- 2. To control grasshoppers and mosquitos

The projected dates of application will be from May 1st 2024 to October 31st 2024 and the following herbicides and pesticides may be used:

2-4-D Amine, Oracle, Amitrol 240, Milestone, Tordon 22K,
Diflufenzopyr (Overdrive), Roundup, Startup, LI 700, Gateway,
Aminocycloprachlor/Chlorosulfuron (Perspective), Esplanade SC,
Aminocyclopyrachlor/Metsulfuron (Navius), Habitat Aqua, Admire,
Chlorphyrifos (Pyrinex, Washawk, Lorsban), Arsenal Powerline,
Hasten NT Ultra, Veetobac, Delta Guard 20EW.

Any person wishing to complain against the proposed program may send a written submission within 15 days of this publication to the department Below:

Environmental Approvals Branch Manitoba Sustainable Development 1007 Century Street Winnipeg, MB R3H 0W4











Back on Cue gives back to Carman community

By Lana Meier

Successful productions this fall have allowed Carman's theatrical group, Back on Cue, to "give back" to the community.

Two well performed and well attended performances of the play Perils of Persephone in late October were enjoyed by the community and were financially successful.

The members of Back on Cue (BOC) met this month and — after considering several worthy causes — four local organizations received donations.

Sandra Yeo, head librarian for the Carman Regional Library, accepted a cheque for \$500 from BOC member, Annette Hall.

Yeo expressed her appreciation and said the donation will be used to further the many programs that the library organizes to benefit Carman's children and seniors.

BOC members recognize the value of the library to Carman, promoting wellness and social activities. The library makes its facilities open to the needs of the community.

Nigel Bart, executive director, and Rita Bisht, chairperson for the Golden Prairie Arts Council, also received a \$500 cheque from Back on Cue director, Faye Harms.

Bart said GPAC needs new art supplies, especially paint brushes that are used to teach art. The council will use the donation from BOC to keep its painting projects going.

Members of BOC feel privileged to be able to support such a worthy cause that helps to make Carman a







STANDARD PHOTOS SUBMITTED

Back on Cue theatre group donated \$2,500 to several local organizations following two successful performances of Perils of Persephone last October. Pictured from left, Carman Regional librarian Sandra Yeo accepts a \$500 cheque from BOC member Annette Hall, BOC member Lisa Pinkerton presents \$1,000 to CIB's Leora Collingridge and GPAC's Rita Bisht and Nigel Bart accept a cheque for \$500 from Faye Harms.

great place to live, Harms said.

Leora Collingridge, Carman Dufferin Communities in Bloom (CIB) volunteer, accepted a cheque from BOC member Lisa Pinkerton for \$1,000.

This donation is ear-marked for a project that CIB is working on at the Friends and Family Playground in the north side of Carman, where there is no other such facility.

CIB beautifies the community and promotes social and economic well-

The Carman Secondary School Theatre Group also received a donation

BOC recognizes and supports the acting program for young people in Carman and area.

Susan Mooney, chairperson for Back

on Cue, is an avid supporter of live theatre and recognizes that the success of the theatre group relates to the success of the community as a whole.

Carman Handi Van's Quiz Night to be held on March 15

By Ty Dilello

Carman Handi-Van is presenting its annual Quiz Night on Friday, March 15, at 7 p.m. at the Carman Golf and Curling Club.

The cost is \$20 per person, and the first ten teams of eight people to register will be eligible to partici-

"We've been having this quiz night for a number of years," said Gail MacLean, who is on the Carman Handi-Van board.

"We're trying to have it as eight players per team because of the size of the tables at the club. It's always a great time as this is the Handi

Van's biggest fundraiser of the year, so we're hoping for a full turnout."

MacLean notes that all is well with Carman Handi-Van at the moment as the calendar turned to 2024.

"Our numbers are up from last year," said MacLean. "We lose some of our riders and gain some new ones every year; that's just the way it goes, so all is well at this point."

Call Gail MacLean to register at 204-745-2702 before Mar. 8 All proceeds in support of the Carman Handi Van, which is an essential service in the community.



STANDARD





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REPORTER/PHOTOGRAPHER Dennis Young



REPORTER/PHOTOGRAPHER Tv Dilello



REPORTER/PHOTOGRAPHER Jennifer McFee



GRAPHIC DESIGNER



GRAPHIC DESIGNER Tara Gionet



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EDITORIAL > VIEWPOINTS > LETTERS

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Tv Dilello

news@carmanstandard.ca



Severe nursing shortage at BTHC raising concerns

There is increased concern that a significant nursing shortage could have an impact on services at Boundary Trails Health Centre.

Reports last week suggested hospital administrators were eyeing the possibility of consolidating units and closing beds as a result of the staffing levels.

The challenges at Boundary Trails Health Centre are especially in the medical and surgical rehab units, where it was reported there were 43 per cent and 59 per cent vacancy rates, respectively.

"That is a significant vacancy rate. We are seeing vacancy rates in other facilities in the province that are similar to that, however Boundary Trails has a very important role in the joint replacement program in this province," said Manitoba Nurses Union president Darlene Jackson. "That is very worrying when we're talking about limiting rehab beds in a facility that provides as many joint replacements as they do.

"That has not only impact in Morden and Winkler and in the Southern Health-Santé Sud region, it has a big impact across the entire province because many, many individuals go to Boundary Trails for joint replacement," she continued. "Boundary Trails really serves as a hub, and it's an important facility ... that's going to have far reaching repercussions throughout the entire province."

A town hall was recently held that provided hospital staff with an opportunity to voice their concerns and contribute feedback around recruitment and retention efforts.

One longtime local nurse, who spoke to the *Voice* on the condition of anonymity, suggested things will get worse before they get better.

"Boundary Trails is like the Titanic. It's sinking, and it's sinking fast," she said. "We need more staff. Where and how are we going to get them?

"I think it was a good step that they



STANDARD FILE PHOTO

The Boundary Trails Health Centre, which is in the midst of a major expansion project, currently has nursing vacancy rates of 43 per cent and 59 per cent in its medical and surgical rehab units..

had that meeting. There are hard decisions to be made. Hopefully they listened to their nurses because they're going to lose more if they don't."

The nurse spoke of the frustration that comes with so much extra being asked of and expected from staff.

"They're tired of getting mandated [to work overtime], and a lot of the older nurses can't do it anymore," she

"You've got a high pool of nurses who are ready to retire or at retirement age already who are sticking around," she said. "You've got a younger population of nurses who are burning out, and we're not mentoring them properly, and they're not getting properly trained.

"It's just too busy to do the job you should be doing or you want to be doing," the nurse continued.

"There's so many vacancies, and there's also no nurses to fill them," she said, adding nurses can look elsewhere for work with better pay and benefits and better work conditions.

"Management is trying to somewhat manage the staff and help them out, but there's just not enough people," she continued. "I think the nurses are feeling very defeated, and management's probably feeling defeated

too."

There was a lot of focus at the town hall on wages and benefits, but she doesn't see that as really necessarily being at the core of the problem.

"There's so many layers to this that people don't know," she suggested. "There's also that mentality of only fighting for your own department. Everyone needs to come together and realize if we want Boundary Trails to continue, everyone needs to work together."

She said it is going to require some very strategic thinking and some new solutions such as other extra incentives, but again stressed that it needs to be a coordinated, united effort.

"There's ways around it if management was willing. They need to make concessions, and they need to show their staff that they do support them," she said. "And bring some positivity to the team ... in a very bleak position, it's hard to be optimistic."

Jackson noted the Canadian Nurses Association issued a warning 25 years ago about an impending nursing shortage that it estimated would reach a peak in 2025.

"We've progressively been reaching that point ... COVID really accelerated

Continued on page 9

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Carman Dufferin Standard Box 39, Stonewall, MB, R0C 2Z0

Sanford woman arrested for Impaired Driving Causing Bodily Harm

By Lana Meier

Stonewall / Headingley RCMP and RCMP Traffic Services responded to a report of a three-vehicle collision on Highway 3, located approximately four kilometres south of Oak Bluff at 7 p.m. on Feb. 19.

Investigators have determined that a pickup truck, driven by a 32-yearold female from Sanford, was travelling southbound on Hwy. 3 when she collided with the rear of another southbound vehicle driven by a 20-year-old male from Reinland.

The vehicle that was struck was then pushed into the northbound lane, where it collided with a northbound vehicle driven by a 23-yearold male from Winnipeg.

The 20-year-old male driver in the southbound vehicle and the four female passengers (ages 30,27,26,22)

from the northbound vehicle were transported to the hospital with non-life-threatening injuries. The 23-year-old male driver of the northbound vehicle was not physically injured.

The 32-year-old woman driving the southbound vehicle that caused the collisions, exited her car and fled the scene on foot.

With the help of Police Service Dog Phox, the suspect was tracked to a nearby field, where she was arrested for Impaired Driving Causing Bodily Harm. As she was not dressed for the weather and had been outdoors for over an hour and a half, she was transported to hospital where she remains.

Stonewall / Headingley RCMP continues to investigate.



PHOTO SUBMITTED

RCMP Police Dog Phox assisted with the arrest of a 32-year-old female from Sanford.

Carman Collegiate's theatre group to present Alice in Wonderland

Carman Collegiate's Alice in Wonderland will be playing in the Carman Collegiate Community Theatre for three shows from Mar. 7-9.

Tickets are \$10 for each show and can be purchased through the school's office or at the door. Please note that fog will be used during the play.

Brainerd Duffield's theatrical adaptation of Lewis Carroll's classic, Alice

in Wonderland, follows a young girl who grows weary of her studies and drifts off into a dreamland. There, she embarks on a journey through Wonderland, encountering a colorful cast of characters while trying to navigate across a giant chessboard. With a determined spirit, Alice sets her sights on becoming the Queen and returning home to her family, studies, and beloved cat, Dinah.

"With the use of a Cyc screen (our

first time), in-house made set pieces, and some of our own students' art, we plan to transform the play into a psychedelic, imaginative, and colourful world," said Carman Collegiate teacher Jaylyn Sigurdson.

The cast and crew of Carman Collegiate's senior year students have been working tirelessly behind the scenes to create a magical and intriguing show for the audience to enjoy.

Tickets for SCCR fashion show go on sale March 15

By Lorne Stelmach

For over a decade now, its annual fashion show has been a major fundraiser for South Central Cancer Resource, but it is just as vital for raising awareness.

All the models for the April 25 event will be cancer survivors, volunteers, or members of the community who have shared in a cancer journey with a loved one, so the opportunity to share those stories can have a big impact.

"For some people, it's a very personal journey, and they don't talk about it to even friends or family ... for those who are willing to share how and what they've gone through, it is huge," said Leora Hamm, administrative resource co-ordinator for SCCR.

Having volunteers like a couple of mothers honouring their young children who were former cancer patients and a few teenagers as well as seniors really gets the message across that cancer touches everyone, added Hamm.

"They're either cancer patients, former patients who might be in remission, or they're modelling in honour of a loved one or in memory of a loved one. We give them a little bit of an opportunity to share a little bit about their

Having an impact as well will be guest speakers Greg and Allison Heso sharing their family's experience dealing with Allison's breast cancer during the pandemic.

'They're going to talk a little bit, as immigrants to Canada, what that was like going through that during CO-VID and at a time when they didn't have a lot of support," Hamm says.

The fashion show is the SCCR's biggest fundraiser, netting over \$43,000 last year.

"That goes a long way to keeping our office doors open for sure," said Hamm, who noted there is still a lack of awareness that SCCR is not government funded and not associated with CancerCare Manitoba.

Founded in 2003, SCCR relies solely on the support of community donors, volunteers, and fundraisers to continue offering services and programs.

With its client numbers continuing to trend upwards, it is really counting on fundraising efforts to be a success in order to continue helping all of those in the south central region who need support throughout their battles with cancer, said Hamm.

"Cancer is expensive. We often think about the emotional and the physical side of it ... when you're off work for months at a time, and your spouse is off work to care for you and drive you in for treatments," she said. "I don't think a lot of people really understand that piece to having cancer.'

The Beauty in Bloom fashion show takes place at the Morden Access Event Centre Thursday, April 25. It will feature clothing and accessories from Fashions by Co-op, Knockabouts, Copper & Sparrow, Livienne Bridal, Stephen Street Wear, and Focal Point. The evening will also include a rainbow auction. Tickets go on sale online at sccr.mb.ca on Friday, March 15 at 9 a.m. Last year they sold out within 24 hours.

Flashback... Mollard Siding



PHOTO SUBMITTED

The Mollard elevator was a landmark for travelers along highway #3 for 34 years.

By Dennis Young

In 1938, the North Star Grain Company began building a 51,000-bushel wooden elevator at the railway siding of Mollard (named after a local farmer, Alfred Mollard). The elevator was located four miles northeast of Sperling on #3 and was completed after being sold to the Red River Grain Company in 1939, with Harvey Tiffen as the first buyer. During its first year, some 37,000 were hauled there.

Jake Rhymer began his career as a buyer at Mollard in 1941, a year before it was transferred to the parent company Canada West Grain in 1942. They expanded capacity to 48,000 bushels with an annex in 1951. Rhymer would handle an average of 160,000 bushels yearly.

It was re-sold to Ogilvie Flour Mills in 1952, then to Manitoba Pool, who had acquired all Oglivie locations, in 1959. Allan Magnuson was the agent from 1963-1966. Customer numbers dropped from 70 to 11 by 1965 and were only used for storage in 1970. Many factors played into closing the elevator that August and demolishing it in 1972.

Local eateries are encouraged to join Potato Week March 1-10

By Jennifer McFee

Manitoba is no small fry when it comes to growing spuds, since many farmers across the province have grown taters since they were tots.

To celebrate the starchy root vegetable, Peak of the Market Ltd. is presenting Potato Week. Starting Friday, March 1, diners can vote for the 2024 Potato Week champion at www.potatoweek.com.

"From March 1 to 10, restaurants throughout Manitoba will transform into potato palaces, crafting mouthwatering dishes that showcase their culinary creativity," said Taylor Fenn, director of marketing and communications.

"This event is free for restaurants to participate, and restaurants can opt in to receive 100 pounds of complimentary Manitoba-grown potatoes."

Potato Week began in 2018 in an ef-





STANDARD PHOTOS SUBMITTED

Local eateries are encouraging people to eat more potatoes and vote for their favourites from March 1-10. Restaurants can enter until March 1.

fort to showcase the versatility of potatoes while also highlighting the creativity of local chefs.

"Potato Week isn't just about delicious bites, though. It's also a chance to shine a spotlight on Manitoba growers," Fenn said.

"By participating, you're support-

ing the dedicated individuals who cultivate the potatoes that inspire the innovative dishes crafted by local chefs."

Many of the growers are rooted in Winkler and surrounding areas. Participating growers this year include Garden Valley Vegetable Growers, Haskett Growers, Hespler Farms, Kroeker Farms Ltd., Schmidt Farms Ltd., Southern Potato Co. and W.J. Siemens Farming Co. Ltd.

In addition, participating restaurants extend beyond city limits — including a couple entries in the Interlake.

Kahleigh's Brew Barn in Riverton is entering a simple yet delicious dish called "Kahleigh's Potato Wedges" featuring Italian seasoned and marinated Manitoba-grown potatoes fried to perfection and served with their house ranch.

Kaleigh's Brew Barn recently earned accolades during La Poutine Week, ranking No. 1 in Manitoba and No. 3 across all of Canada.

"Potato Week reached out to us this year asking us to participate via social media. I had never heard about Potato Week before, and after looking into it further, it definitely appealed to us," said owner Kahleigh Dubois.

"We love that this is something for Manitoba restaurants and promoting Manitoba potatoes. It's exciting to be in the first few years of an event like this as it's just going to grow and grow each year, I'm sure — and we get to be along for that ride."

For their first year entering Potato Week, Kahleigh's Brew Barn will maintain a focus on potatoes only.

"This is something so simple to make, yet so delicious. Hopefully this can promote not only our restaurant but an easy dinnertime recipe as well to get more Manitoba potatoes on Manitoba plates," Dubois said.

Meanwhile, in East Selkirk, Taysteez is entering a delectable dish called "Taysteez Poutine" featuring freshcut russet potatoes smothered with house-made gravy and tasty cheese curds.

The eatery is currently located at 1145 Strathcona Rd. in the East Selkirk arena and clubhouse building, although plans are in the works to find a new location.

"Our French fries sales are huge and people love our poutines. We get a lot of compliments on them," said Robert McLean, who co-owns the restaurant with Marlene Sutherland.

"We are expanding our food options in 2024 and changing locations and how we operate."

He encourages diners to check out the restaurant's profiles on social media platforms.

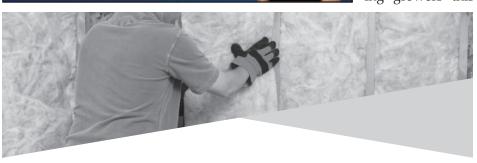
At the same time, Fenn encourages everyone to try the tuber creations and vote for their favourite during Potato Week.

"Potatoes are versatile, high in nutrients and affordable. Manitoba is one of the largest producers of table potatoes, meaning these humble vegetables are critical to the province's agricultural economy," Fenn said.

"We age the public to visit restaurants through social and traditional media and we're partnering with a number of local food influencers this year. Potato Week is an opportunity customers to try a new dish and be inspired to create their own spudtacular potatobased dishes."

Visit www.potatoweek.com to view a full list of participating restaurants and growers. The list will continue to be updated until March 1.





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Staff and students celebrate literacy in the classroom







STANDARD PHOTOS BY THERESA KNOX

Last week, Miami School had some special guests for I Love to Read Month. Raina from the South Central Regional Library in Miami, Nancy Swain from Access Credit Union and ayce and James of the Winkler Flyers all visited the school last week to celebrate literacy with the students.

Cardio drumming a hit for Carman

Cardio drumming is a new fitness trend that will get you both smashing drum sticks against a workout ball, along with potentially losing a little of your midsection. With each strike, there's precision, and with precision, there's music.

Carman first started having Cardio drumming classes in the fall of 2023 and is now into its second session. Both sessions have been very popular, with 18 ladies registered each time.

Cardio drumming runs on Monday evenings from 6:30-7:30 p.m. at the Carman Community Hall with instructor Carrie Hennan from Roland at the helm.

"Carrie is a great instructor and does this in her spare time because she enjoys doing it herself," said Sheena Nakonechny, the Town of Carman's recreation programmer.

Regular participation in cardio drumming can improve cardiovascular health, lower blood pressure,



STANDARD PHOTO BY DENNIS YOUNG

Cardio drumming in Carman runs on Monday evening from 6:30-7:30 p.m. at the Carman Community Hall with instructor Carrie Hennan

reduce stress and anxiety, increase strength and endurance, strengthen the immune system, and improve coordination.

It helps improve motor skills and hand-eye coordination and can provide relief for certain health conditions. Moreover, cardio drumming can be an alternative to traditional gym workouts.

The classes have already started for the second session of cardio drumming in Carman, but if anyone wants to join halfway through, they can still register by calling the Town of Carman recreation office at 204-745-2684.

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Are you brave enough to take the plunge?

"Freezin for a Reason" Polar Plunge March 16

By Lorne Stelmach

The icy waters of Lake Minnewasta again beckon for those who are brave enough to take a leap in support of a good cause.

People will once again be "freezin' for a reason" as the Polar Plunge fundraiser returns in support of the Law Enforcement Torch Run and Special Olympics Manitoba.

Set for Saturday, March 16 starting at 2 p.m., the plunge will again be done in conjunction with the Morden fire department's pond hockey tournament at the lake.

"Again the plan is in the water, similar to last year," said Sgt. Scott Edwards of the Morden Police Service. "Hopefully the weather co-operates and we still have ice in mid-March. Either way, we'll plan to do an event that day, whether it's down on the ice

or utilizing our mobile tank."

The first year for the Morden plunge in 2015 was probably the biggest. with about 50 people registered. The last few years have seen around 30 people take part.

The event, now in its eigth year, has raised around \$150,000 for Special O.

"We're hoping for 50 plungers. We had that in our first year," said Edwards. "We're hoping to get back to that number. I think last year we had around 25.

"It's an aggressive goal ... but we think the word keeps spreading, and the cause is something you can't beat for raising money and awareness for Special Olympics."

The plan is to have the plunge site somewhere near where the dock is usually located at the lake, but it will be dependent on the conditions.

Edwards thinks doing it at the lake is an extra appeal.

"It was new for us. We actually had a few people who signed up that day



STANDARD FILE PHOTO

This year's Polar Plunge in support of Special Olympics takes place at Lake Minnewasta in Morden March 16.

as they were at the event and decided, 'Why not?'" he noted. "I think there should be a good crowd again this year with the pond hockey tournament."

Access Credit Union is on board as the main sponsor for all four Manitoba plunges in Morden, Portage, Clear Lake, and Winnipeg.

It has become an important source of support as a fundraiser, said Ed-

vards.

"It's become our staple here," he said. "The plunge has kind of become our main event for the Law Enforcement Torch Run in Manitoba."

Participants can register as an individual or join or create a team and begin collecting donations.

If interested, you can sign up and find more information at plungemanitoba.com.

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> NURSING SHORTAGE, FROM PG. 4

it. We are in 2023 where we would have been in 2025 with this shortage," she said.

She suggested a number of factors are coming into play that are worsening the shortages.

"We're seeing more and more nurses who are leaving facilities or leaving the profession," she said. "We have a lot of nurses who are either at retirement age and still working or on the cusp of retirement. We're also losing many nurses out of our public health care system to the private forprofit agencies ... it has a huge impact on our public health care system.

"We are finding there are many, many nurses who are just saying, 'I cannot maintain this, I cannot maintain the workloads and the hours I am working' ... and are leaving the profession, so it's just the perfect storm.

"Nurses are so frustrated ... they have a life outside that facility, but with the amount of overtime that has been worked ... they have no worklife balance," Jackson said, noting some are going to casual positions as a result. "It's a shame we are losing nurses ... in order to have a work-life balance ... it's just not a good scenar-

Jackson also agreed the loss of staff may have been exacerbated in this region during the pandemic by the anti-vaccine and anti-public health orders movement and the verbal abuse and harassment directed at many health care staff as a result.

She suggested it's clear what the focus needs to be to address the issue now in the immediate short term.

"They need to be doing retention. They need to retain every possible nurse in the system, and that is going to take collaboration with the government," she said. "They need to keep nurses in those facilities to keep us afloat until we can bolster our ranks with new grads coming out."

She applauds the province for adding training spots, but that is only a longer term solution.

"Just do everything you can now to keep everyone in the system."

When contacted last week for comment, Southern Health-Santé Sud released the following statement that it "would like to voice its appreciation for nursing staff at Boundary Trails Health Centre who continue to work hard to support patient care during challenging circumstances that are largely attributable to retirements and planned leaves.

"We offer sincere thanks to nurses at Boundary Trails—and physicians, allied health and support staff—for their ongoing dedication to providing care for residents living in or near the community.

"A multi-pronged approach to stabilizing staffing across the region, including this site, has been underway. This approach includes various recruitment initiatives aimed at filling existing vacancies including career fairs and targeting recent and upcoming nursing grads."

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Collective contribution



STANDARD PHOTO BY DENNIS YOUNG

The Carman Beaver general manager Rex Klassen shared the good news that the SEMHL team is donating \$1,000 towards the arena kitchen upgrades. Funds were raised through a social held in January of this year. Accepting the news is Sheena Nakonechny of the Town of Carman Recreation Department.



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Hayward captures second provincial title

By Ty Dilello

Carman's Shaela Hayward, Keira Krahn, India Young and Rylie Cox captured the Manitoba U21 Junior Curling Championship after a 9-6 victory over Heather Curling Club's Zoey Terrick in Sunday evening's championship final at the Carman Golf and Country Club.

Playing as the home team in Carman, Hayward was the best team all week long, as they were undefeated throughout the event with a record of 5-0. In the championship final, Hayward jumped out to a 4-0 lead on Terrick and never looked back.

The pivotal point in the game would come in the ninth end when the score was 7-6 as Hayward made a runback double to set up a score of two, which put the game out of reach at 9-6.

A consolation for the Terrick team is that they also earned a berth to the Nationals for finishing second in the province.

"We still had our confidence from our national win, and we just rolled with it all week," said Young. "Our season has been a dream, and this is so special to all of us. We are so excited to represent Manitoba again at the national level."

Team Hayward enjoyed the local crowds at the Provincials and was very happy that so many family and friends were able to come out and watch them compete.

"Playing at home was unreal as the crowd was so amazing all week," said Young. "They were always out on the ice and supportive of us every single shot."

Team Hayward is a group that has a lot of experience together as Hayward, Krahn, and Cox have curled together since Grade 5, while Young joined the group three years later.

They've won the past two provincial



Kyle MacNair presented a plaque from the Carman Curling Club to skip Shaela Hayward.

high school curling titles for Carman Collegiate, the Manitoba U18 title and captured gold at the Canadian U18 curling championships in Ottawa earlier this month.

Altona's Dayna Wahl (Piper Stoesz, Gillian Hildebrand, Lauren Weselak) had a less than stellar week as they exited the Provincials with a record of 1-3.

On the boys side, Assiniboine Memorial's Jordon McDonald, Dallas Burgess, Elias Huminicki and Cam Olafson won his third straight Provincial Junior Championship with a 7-5 win in the final over Virden's Jace Freeman.

McDonald, who features Winnipeg Beach's Elias Huminicki at second, went 5-1 in the event and was the dominant team on the week. Just like on the women's side, Freeman will also be heading to Nationals as the second-place finisher.

Zach Norris, Ethan Brandt, Blake

Continued on page 11



MC Kyle MacNair welcomed curlers, fans, family and special dignitaries at the Opening Ceremonies before acknowledging living, working and playing on Treaty 1, 2, 3, 4 and 5 Territories - the ancestral homeland of the Red River Metis nation.



STANDARD PHOTOS BY LANA MEIER AND DENNIS YOUNG

Assiniboine Memorial's Jordon McDonald and his team including Dallas Burgess, Elias Huminicki and Cam Olafson won the 2024 Junior Men's Provincial Championship while Carman's Shaela Hayward, Keira Krahn, India Young and Rylie Cox captured the Junior Women's Provincial Championship.



Hayward keeps a close eye on a rock during round robin play while, Young and Cox sweep.



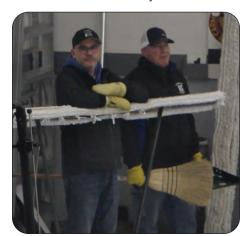
Some of Carman's up and coming curlers escorted the men's and women's teams onto the ice for the opening ceremonies Thursday night.

> CURLING, FROM PG. 10

Good and Carter Malmquist of the Morris Curling Club finished in third place. Good, who hails from Stonewall, and his squad lost a 10-4 semifinal to McDonald on Sunday afternoon. They had a record of 4-3 on the weekend.

Morden's Nash Sugden, Lane Fehr, Tanner Treichel and Ryan Thiessen also competed at the event but was the first team eliminated with a 0-3 record.

Hayward, Terrick, McDonald and Freeman will now go on to represent Manitoba at the 2024 Canadian U21 Curling Championships from March 24-31 in Fort McMurray, Alberta.



Ice makers Wayne Orchard and Rob Hamm did a phenomenal job on the ice throughout the weekend.



Neil MacNair and Wayne Johnston helping with 50/50 sales.



CurlManitoba organizers and former Manitoba champion Mike McEwen and Resby Coutts were some of the guest announcers.





World Women's bronze medalist and 1992 Canadian Women's Champion Laurie Allen held the broom for the honorary rock delivery by Alex Forrest, which was helped to the house by sweeper Tyler Forrest. Alex won the U21 Manitoba Championship in 2010 and the silver medal in the Canadian Championship. Tyler won the 2003 Junior Men's Provincials with Reid Carruthers and the 2021 Mixed Provincials alongside his brother Alex and his wife Brandi and D'arcy Forrest.



Time keeper Parker McGillivary.



Anne holmes and Curling Manitoba's Elaine Owen.



Joan Johnston was kept busy at the entrance.

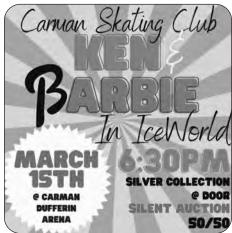


Special guests Tyler Forest, Alex Forest, Faye Unrau, dignitaries RM of Dufferin Reeve Cor Lodder and the Town of Carman Mayor Brent Owen were piped onto the ice by Frank Talbot and escorted by flag bearers.

Carman skaters showcase their skills at Winter Blast

By Lana Meier

Members of Carman Skating Club recently competed in Skate Manitoba's Winter Blast Competition, which was held in Morden on Feb. 3 and 4. The competition welcomed Star Skaters from all figure skating disciplines, ranging from Star 1 to Gold levels. Skaters from across Manitoba, Northern Ontario, and Saskatchewan participated in the event, making it a truly diverse and competitive experience. It was the first time that Camryn, Danielle, and Jordyn competed in a competitive setting, showcasing their skills in the Star 1 free skate elements. In this event, Danielle and Camryn were awarded silver while Jordyn received gold. Emma also took part in the competition at the Star 3 level, impressing judges with her free skate elements and performance to Taylor Swift's popular song "Style". She was awarded silver in both events. Next up for these talented skaters is the provincial championships held by Skate Manitoba from March 1 to 3 in Altona. Once again, they will showcase their skills in various events including free skate elements, programs, and musical improv routines.



Good luck to all our skaters!

There are skating lessons available for all age groups at the Carman Skating Club, including parents and toddlers, adult skaters, and fitness enthusiasts. Currently, club members are dedicated to preparing for the annual ice show called "Ken & Barbie in Ice World". Parent volunteers are constructing decorations and props, while the coach and skaters are diligently rehearsing their routines. Save the date for this exciting event on Friday, March 15 at 6:30 p.m. at the Carman Dufferin Arena.



STANDARD PHOTO SUBMITTED

Carman Skating Club members Camryn Boeve, Emma Nicolajsen, Danielle Wiebe, Jordyn Vanderveen competed in the Skate Manitoba Winter Blast Competition in Morden Feb. 3 and 4.

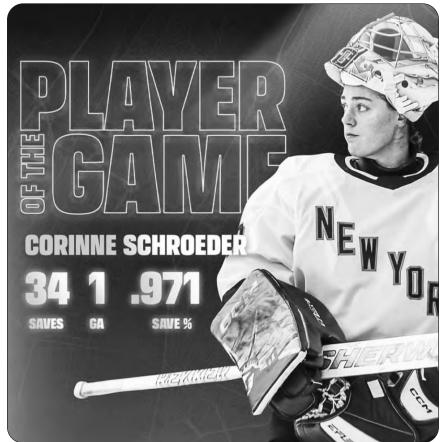
Zone champions



STANDARD PHOTO SUBMITTED

Last Tuesday, the Dufferin Christian Stingers defeated the Elm Creek Cobras 66-50 to win the Varsity Zone IV Basketball 'A' Boys banner. The Stingers will compete in the provincial qualifier in Ste. Rose this Saturday. The Elm Creek team has been undefeated all season and consistently ranked 6th in the province for 'A' schools for several weeks. The team competed in a tournament at Carman Collegiate this past weekend and won 72-69 against the Frontier Raiders in the final. Pictured, left to right: Coach Garett Hillmer, Izaak Vanderveen, Luke Blok, Michael Lomeling, Jared Bouwers, Carter Vanderzwaag, Kaden Visscher, Ty VanDasselaar, Martin Van Dam, Daim Yagoob, Hayden Veldman, Coach Shane Vander Vegte

PWL Player of the Game



STANDARD PHOTO SUBMITTED

Elm Creek's Corinne Schroeder was name the Professional Women's Hockey League Player of the Game on Feb. 17. Schroeder was outstanding and made 34 saves with 1 goal against earning a .971 save percentage. New York defeated Boston 2-1 for the win.

Sportster upside Down Former Carman Cougar shines on the court

A 2023 Carman Collegiate Grad, Sydney Last is making a name for herself during her first year of University Basketball at Providence Col-

The rookie player scored a careerhigh 17 points plus six rebounds during a recent game when her Providence Pilots dismantled Université de Saint-Boniface by a 79-22 count. With that victory, Providence finished first in their conference to end the regular season with a record of 11-1.

Last has been playing basketball for seven years, since she was 12 years old in Grade 7, following in the footsteps of her two older brothers, Cody and Bailey Last. After graduating from Carman Collegiate in 2023, Last joined the Providence College program out of Otterburne.

"My first season at Providence has gone really well," said Last. "It is definitely an adjustment from high school as it is a much higher level than AA high school basketball, but it

While playing high school basketball with Carman Collegiate, Last played point guard. However, since joining Providence, she has been playing both point guard and shooting guard.

"Our season has gone very well, but there is always room for improvement. As there are nine rookies on the team and Providence women's basketball plays 'the system,' there are many of us on the team that are playing the system for the first year and are learning new things often. My team's goals for the year are to win a banner or title."

Last and her Providence teammates accomplished their goal this past weekend when they took home the NIAC Championship in Plymouth, Minnesota, from Feb. 23-25.

In the NIAC championship final in Plymouth, Minnesota, on the afternoon of Feb. 25, Providence returned from an improbable 17-point deficit



STANDARD PHOTO RICH FOCUS MEDIA

Carman's Sydney Last and her Providence Pilots basketball team have captured the NIAC Championship after defeating Canadian Mennonite University 59-54 in the championship final.

in the fourth quarter to win 59-54 over Canadian Mennonite University (CMU).

"In the break between the third and fourth quarter, our coach Joel Coursey said 'history is not made yet' as he wanted us to keep pushing no matter what the score was and to just believe. It feels unbelievable to have come back and won."

Next up for Providence is the MCAC championship this weekend, where they will play against fellow Manitoba teams in Saint-Boniface and CMU. They have also qualified for the ACCAA Nationals in March by having a 50 per cent-win percentage in the regular season.

Morris hosts stick curling provincials



STANDARD PHOTO BY SEAN CONWAY

The Morris Curling Club hosted the Manitoba Stick Curling Association's 19th Provincial Stick Curling Championship earlier this month. Teams of two from across the province were in town to compete, including Morris' own Quinn Brandt and Curt Brandt and Janice and Charlie White. Representing Carman at the event was Charlie McCullough and Wayne Johnston (above). McCullough/ Johnston finished first in their pool, while Team Brandt and Team White both placed sixth in the round robin. McCullough/Johnston got knocked out in the second playoff round on Sunday. The championship title ultimately went to the Harold Peterson/Herb Sulkers team from Beausejour. They'll represent Manitoba at the 2024 Canadian Open Stick Curling Championship in Toronto in April.

Twisters split two-game week

By Ty Dilello

The Pembina Valley Twisters earned another victory this week to stay on pace for second place in the MMJHL standings with a record of 26-11-3.

On Feb. 23, the Twisters were 4-2 victors on the road against the Stonewall Jets. Lucas Jolicouer led the charge for Pembina Valley with a pair of goals, while the other team's goals were scored by Derek Wiebe and Merek Degraeve. Logan Enns stopped 37 shots in goal for the win.

A few nights later on Feb. 25, the Twisters fell 4-2 to the St. James Jr. Canucks. Ryan Orchard and Caelan Russell had the lone goals for Pembina Valley, while Owen LaRocque made 43 saves in net in a losing effort.

"We played a strong game against St. James despite the loss as I felt like we set the pace all game," said

Twisters' head coach Braeden Beernaerts. "Unfortunately we were on the wrong side of penalties in the third period that St. James took advantage of."

Twisters' sniper Wiebe is currently sixth in the MMJHL's scoring race with 63 points in 40 games, while Merek Degraeve is in eighth with 61 points in 41 games. Enns is currently fourth in the goalie rankings as he boasts a 2.88 goals-against average and a .916 save percentage.

The Twisters are back in action with a road game on Feb. 28 against the St. Vital Victorias. The puck drops at 8:00

"All in all, we are happy at where we are at as a team," said Beernaerts. "We'll be looking at a few small adjustments going forward, and keep building for the playoffs.

Classifieds Announcements

FARM LAND FOR SALE BY TENDER RM OF MACDONALD

Completed tender and a \$10,000.00 deposit per parcel are invited to be received up to 4:00 PM on March 25th, 2024, for the land described below, at:

PKF Lawyers - 71 Main St. S, Box 1240, Carman, MB R0G 0J0 Attn: Mona Brown/Jessica Waddingham Ph: 204-745-2028 mbrown@pkflawyers.com jwaddingham@pkflawyers.com

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- 2. THE SW 1/4 18-7-1 WPM (165 ACRES)
- THE SE 1/4 18-7-1 WPM (160 ACRES)
- THE NW 1/4 18-7-1 EPM (168.24 ACRES)
- THE N ½ OF SECTION 12-7-2 WPM (320 ACRES)
- THE NE 1/4 OF SECTION 13-7-2 WPM (127.57 ACRES)
- THE NW 1/4 OF SECTION 13-7-2 WPM (128.71 ACRES)
- 8. THE SE 1/4 OF SECTION 13-7-2 WPM (160 ACRES)

Total Acres: 1398.00 **Conditions of Tender:**

- 1. Financing must be pre-approved.
- 2. Tender to be submitted on the form prepared by PKF Lawyers. To obtain tender form or more info contact Jessica Waddingham or Mona Brown at 204-745-2028.
- 3. Tender must be accompanied by a certified cheque, payable to PKF Lawyers (in trust), in the amount of \$10,000.00 per parcel. Deposit of tenders not accepted will be returned to the Tenderers.
- 4. Highest tender or any tender will not necessarily be accepted.
- 5. Possession and the due date of the balance of tender price shall be April 22, 2024. Please note that possession is subject to a lease on all the lands which will expire December 31, 2024, for lease terms please contact PKF Lawvers.
- 6. The maker of any tender relies entirely upon his/her personal inspection and knowledge of the land, independent of the representations made by the Vendor or the Solicitor and Agent of the Vendor. The land will be sold "as is" and the Tenderer is solely responsible to determine the value and quality of the land.

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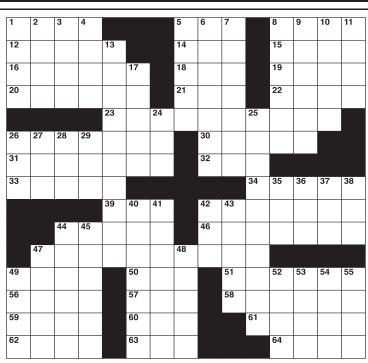
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When applying to this position, please indicate the advertisement number and position title in the subject line and/or body of your email. Your cover letter, resumé and/or application must clearly indicate how you meet the qualifications.

Please be advised that job competitions may be grieved and appealed. Should a selection grievance be filed, information from the competition file will be provided to the grievor's representative or the grievor, if unrepresented. Personal information irrelevant to the grievance and other information protected under legislation will be redacted

We thank all who apply and advise that only those selected for further consideration will be contacted.

Find out about other current job opportunities — click on the Jobs button at manitoba.ca.

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Any personal information provided including employment equity declarations will be used for employment and/or statistical purposes and is protected by The Freedom of Information and Protection of Privacy Act.

Alternate formats available upon request

get inspired MEALIDEAS



Oil, for drizzling
1 pound stew meat
1-2 pinches salt, plus additional to taste, divided
1-2 pinches pepper
3 tablespoons flour
48 ounces beef broth
1 cup carrots, diced
1 cup celery, diced
3 cups potatoes, diced
1/2 onion, diced
2 tablespoons garlic pepper
1 tablespoon dried thyme
1/2 tablespoon dried rosemary

Irish Sláinte Stew

1 tablespoon dried chives 1 bottle Irish draught beer of

crusty bread, for serving

In Dutch oven over medium heat, drizzle oil and brown stew meat with salt and pepper. Sprinkle flour over meat.

Add beef broth, carrots, celery, potatoes, onion, garlic pepper, thyme, rosemary and chives. Add Irish draught beer.

Bring to boil, stirring, 5 minutes. Simmer 2 hours, stirring occasionally.

Serve with crusty bread.



Cake:

3 cups self-rising flour

1/2 tablespoon cinnamon

1/4 teaspoon cloves

1/4 teaspoon nutmeg

1/4 teaspoon ginger

1 stick butter, cubed

3/4 cup sugar

4 apples of choice, peeled and

ubea 2 eggs

1 cup half-and-half

Topping:

1/2 stick butter

3/4 cup flour

1 cup brown sugar

Custard:

6 large egg yolks

6 tablespoons sugar

1 1/2 cups half-and-half

2 teaspoons vanilla

Preheat oven to 375 F. Grease and flour 9-inch round springform pan.

To make cake: In large bowl, sift flour with cinnamon,

Irish Apple Cake

cloves, nutmeg and ginger. Using fork, cut butter until mixture resembles crumbs. Add sugar and apples; mix well. Stir in eggs and half-and-half until mixture reaches thick, doughlike batter. Pour batter into prepared pan.

To make topping: In bowl, mix butter, flour and sugar to create crumbled mixture. Sprinkle on top of batter in pan. Bake 1 hour. Check with toothpick to make sure middle is completely done. If not, bake 5-10 minutes. Let cool on rack.

To make custard: Whisk egg yolks and sugar. In saucepan, bring half-and-half to boil. Add one spoonful half-and-half at a time to egg mixture, whisking while adding. Once whisked together, return to saucepan and stir over medium heat until thickened, about 4 minutes. Remove from heat and whisk in vanilla.

Serve custard over cake.

Cinnamon Chocolate Popcorn

Yield: 3 quarts
3 quarts popped popcorn
butter-flavored nonstick
cooking spray

9 tablespoons powdered co- evenly. Serve immediately.

Cinnamon Chocolate coa mix (cocoa sweetened with sugar or sugar substitute)

3 teaspoons cinnamon

Place popcorn in large bowl and lightly spray with nonstick cooking spray.

Sprinkle cocoa mix and cinnamon on popcorn. Toss to coat

Is the plastic in your blue bin getting recycled?

Submitted by Karl Daher, with files from MMSM

In recent years, you may have heard that only nine percent of plastic gets recycled. Wide misrepresentation of this statistic, among other reasons, has led many people to question whether the plastics they put in their blue bins are getting recycled. Some have even stopped recycling as a result, believing their recyclables (and their efforts) are going to waste

The reality is, nearly all recyclable plastic collected in Manitoba is recycled. Let's look at what the 9 percent statistic really means, how much plastic Manitobans are recycling, and why plastic in the recycling stream occasionally can't be recycled.

Is it true that nine percent of plastic is recycled?

In 2017, a study found that nine percent of plastic produced globally has been recycled. It gained a lot of media coverage and left many with a misunderstanding of what it means.

The statistic refers to all plastic ever made—recyclable and non-recyclable. Most plastics aren't accepted for residential recycling due to the lack of end-markets or because they're not recyclable. Although nine percent is a low number, it represents millions of tonnes of plastic annually that are kept out of landfills and environments across the world. As technology, public policy, and education improve, so will these numbers.

For now, the best way to eliminate plastic waste is to reduce consumption or reuse/repurpose items. But when that's not possible, recycling accepted materials will keep them out of landfills.

How much recyclable plastic is recovered in Manitoba?

In 2020, Manitobans recycled 10,878 of the 23,692 tonnes of plastic packaging that entered the province. That's a recovery rate of 45.9 percent—nearly double what it was 10 years ago at 23.3%. While there have been steady increases in recovery rates, there's still lots of room to improve.

What happens to my recycling in Manitoba?

Any accepted materials collected from your blue bin will get recycled unless they're contaminated. Recycling contamination can occur in many forms. Thankfully plastic is much harder to contaminate than other materials. There are three main causes of plastic contamination:

- * When containers contain excessive amounts of food or liquid.
- * When recyclables are placed in opaque plastic bags or nested together.
- * When unaccepted plastics are placed in the blue bin.

In Manitoba, there's a 10-15% contamination rate in residential recycling. This means that 85-90% of materials collected are recycled. To avoid contaminating your recycling, it's crucial to follow recycling guidelines in your area. The best online tool to find out what can be recycled in your community is Re-



PHOTO SUBMITTED

Plastics move quickly along an optical sorting system, which uses light and a spectrometer to automatically sort different types of plastic.



After being sorted, recyclables are compacted into bales before being transported to end markets.

cyclepedia at simplyrecycle.ca. You can also view or print a recycling guide with common materials if you scroll past the Recyclepedia search tool. Not online? Your local municipal office would be happy to provide you with list of what is recyclable in your community.

Like any other accepted material, once plastics have been sorted and baled, they're shipped to an end market. Multi-Material Stewardship Manitoba (MMSM), the notfor-profit, industry-funded organization that funds and provides support for the province's residential recycling programs for packaging and printed paper, monitors where communities are sending their recycling. Communities must ensure recyclables go to an acceptable end market to receive funding from MMSM burning or sending materials to landfill is unacceptable and results in increased taxes for ratepayers. Recycling from Manitoba is shipped to end markets in Ontario, the U.S. and sometimes exported overseas depending on market conditions. Where they get sent depends on market conditions and can change daily.

The plastic collected from blue bins will get recycled, but we can only recycle as much as we collect. Please recycle whenever you have the opportunity and encourage others. You can rest assured knowing that the items you bring out to the curb each week are being recycled.