

The Carman-Dufferin
STANDARD

VOLUME 4
EDITION 6

THURSDAY,
FEBRUARY 8, 2024

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY



edstireservice.com



FULL MECHANIC SHOP & ALL YOUR TIRE NEEDS

HOURS: Mon-Fri 8AM-5:30PM | Sat 8AM-12 noon

COLD WEATHER MAINTENANCE

Batteries
Antifreeze
Heaters
Wipers...



80 THORNHILL ST, MORDEN | 204-822-6127
273 MAIN ST S, CARMAN | 204-745-2300



Happy trekkers

STANDARD PHOTO SUBMITTED BY CHRIS DICK

Carman's Small town run and walk crew meet every Thursday from May to October but during the winter months, every other Saturday from Jan. 6 to March 30. The pathways were a bit slick this past Saturday but two by twos, to support the crew. Next walk is Feb. 17. All paces welcomed.

SERVING ELM CREEK, ROSEISLE, HOMEWOOD, GRAYSVILLE, MIAMI, ROLAND, STEPHENFIELD, NOTRE DAME, SPERLING



We sell farms and acreages!
MiddletonRemax.com



RE/MAX
Valleyview



Ty Middleton
204-750-4545

Tymiddleton@remax.net

Trish Middleton
204-745-8248

Trishmiddleton@remax.net

We are located in Carman – covering Southern Manitoba

OPEN HOUSE



Saturday, Feb 10. 11-1pm
214 3RD Avenue NW Carman,

Small Town Run and Walk Crew encourage others to be active

By Ty Dilello

The Small Town Run and Walk Crew is a free walk/run club in Carman that meets at 10 a.m. every other Saturday at Ryall Park.

The club was first conceived by Chris Dick, who started the Run and Walk in April of 2019. The first meet-ups that year were at Syl's Drive Inn before moving to meet at the Carman Collegiate. From there, the current meet-up spot is now Ryall Park in downtown Carman.

Dick grew up on a farm east of Elm Creek and went to Elm Creek School. Before moving to Carman in 2007, he and his wife lived in Winnipeg for several years, and there, he first joined the Winnipeg Run Club to get his feet wet in a running club.

"I had always been involved with road races and now trail races, so after moving to Carman, I found a void of running with other people," said Chris Dick. I had a couple of friends that I ran quite regularly with for a few years after moving here, but I wanted to have that run or walk club option for myself and give that option to others, too. I guess I saw a need for it too, especially after and during the Covid years."

With running being a big part of his life, Dick wanted to share that with others in the Carman community.

It varies on how many people might show up at any given meet-up with the Run and Walk crew. Regulars from Carman come often, in addition to Oakville, Portage la Prairie, Roland, Sperling, and Winnipeg. Dick notes that anywhere from five to twenty people generally show up on any given Run and Walk day.

Dick notes the importance of mental health and physical activity as the keys to the Run and Walk club.

"I think joining the Run and Walk group is important for mental health because of its way to socialize and meet new people, connect with people from the previous week, a way to create relationship building, a way to be accountable to each other to keep showing up and being a positive presence in our community," said Dick. "Also, with rising costs these days, it's an affordable form of physical activity and recreation, which I think gives people that break where all they have to do is show up and that in itself can be a stress reliever. From refreshing the mind in fresh air to maintaining or aiding in weight loss to maintain-



STANDARD PHOTO BY CHRIS DICK

The Small Town Run and Walk Crew is a free walk/run club that meets at 10 a.m. every other Saturday at Carman's Ryall Park. Pictured is the group that trekked out on a run this past Saturday morning on Feb. 3.

ing joint mobility and movement. And running also helps me maintain hereditary high blood pressure."

Small Town Run and Walk Crew has partnered with Carman Wellness Connections, which they plan to do a few themed events with this year.

To get updates on when the Run and Walk group is meeting up, please follow the account on Instagram @small_town_run_and_walk_crew. Chris Dick can also be found at @carmanrunner on Instagram, where he often posts his running content.



Did you know?

In 2023, the Carman Dufferin Grey Planning District issued 137 permits with an estimated \$22 million worth of construction. This included 40 new dwelling units.

Call 204-745-2509 to obtain permit information for your next project.



carmanmanitoba.ca

BEST GIFT EVER!

Scenic Flight Tour

Show them the world from 5000ft!

SPECIAL BIRTHDAYS

\$149 3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST

Book Today!

LS AIRWAYS FLIGHT ACADEMY

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

Roland couple win \$100,000 in EXTRA draw

By Lana Meier

We've all heard their incredible stories of sudden wealth and life-changing moments. It's the stuff dreams are made of - that magical feeling when you realize that fate has smiled upon you, and your bank account is about to get a serious boost.

Roland's Charlie Neufeld and Christina Boschmann couldn't believe their eyes after checking their LOTTO MAX ticket and discovering they had won \$100,000 on the Jan. 2 EXTRA draw.

Boschmann checked the ticket a couple of days after the draw.

"I was at the store and gave the ticket to the store clerk to check," she said. "I won \$17 and a Free Play on my other tickets - I was not expecting such a big win on this one."

"It feels almost unbelievable," she continued. "I always thought win-

ning the lottery was something that happened to other people, but it isn't - it happened to us!"

The couple said they have a plan for their recent windfall.

"We're going to pay some bills and take time to think about what to do with the rest," said Neufeld.

The couple purchased their winning LOTTO MAX and EXTRA ticket at the Shoppers Drug Mart located at 777 Norquay Drive in Winkler. They added EXTRA to their ticket for \$1. Their EXTRA-winning number was 5982186.

Check your tickets, Manitoba!

"I ALWAYS THOUGHT WINNING THE LOTTERY WAS SOMETHING THAT HAPPENED TO OTHER PEOPLE, BUT IT ISN'T - IT HAPPENED TO US!"

If you're holding onto a LOTTO 6/49 ticket from May 2023, you might be sitting on a \$25,000 prize!

A ticket purchased in Winnipeg won \$25,000 on the May 13, 2023, LOTTO 6/49 SuperDraw. The winner or win-



STANDARD PHOTO SUBMITTED

Charlie Neufeld and Christina Boschmann were stunned to find out they had won \$100,000 on the Jan. 2 EXTRA draw.

ners have one year to claim their prize and can contact Player Care at 1-800-665-3313 to start the process.

The \$25,000-winning number on the Saturday, May 13, 2023, draw was: 37209646-01.

Flashback... Game and Fish awards



STANDARD PHOTO SUBMITTED

In 1972 Carman and District Game and Fish Association presented trophies to the top marksmen of the Junior Club. Shown left to right, are Alvin Hudson, Bob Clark, Raymond Wiens, Instructors Bill Clark and Joe Knowles, Murray Billing, Robert Bryson and Gerald Bryson. At the time the range was under the Collegiate. "I remember that well says Rob Bryson." They gave us hunter safety training like how to cross a fence with a gun, when to load, trajectory of a bullet, distances of bullets etc. We would line up abreast and shoot targets with .22 caliber rifles with peep sights. Once everyone was finished that round, we would safety our guns and run down the alley to get our target and turn it in be scored. It was a bit damp and dusty, and the lighting was not great, but it was inside, warm and we were pretty happy to be target shooting.

SEE OUR SELECTION OF MEN'S, WOMEN'S & KID'S BOOTS IN STOCK & ON SALE!

GIGANTIC BOOT SALE!

WESTERN, WORK & WINTER BOOTS

WESTERN & WORK WEAR

260 MAIN ST. N. CARMAN 204.745.3400

STANDARD



PUBLISHER
Lana Meier



SALES & MARKETING
Brett Mitchell



SALES & MARKETING
Gwen Keller



REPORTER/PHOTOGRAPHER
Dennis Young



REPORTER/PHOTOGRAPHER
Ty Dilello



REPORTER/PHOTOGRAPHER
Jennifer McFee



GRAPHIC DESIGNER
Nicole Kapusta



GRAPHIC DESIGNER
Tara Gionet



DISTRIBUTION
Christy Brown



CLASSIFIED ADMINISTRATOR
Corrie Sargent



The Carman-Dufferin Standard is published Thursdays and distributed as a free publication through Canada Post to 3,457 homes by BigandColourful Printing and Publishing.

The newspaper is supported solely by advertising dollars. If you enjoy the paper and would like to see it grow and prosper, visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop local.

Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

Printed in Canada by Prolific Printing. Republishing without permission is strictly prohibited.

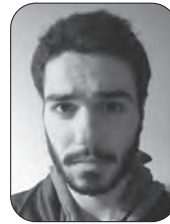
Funded by the Government of Canada



getheard

EDITORIAL > VIEWPOINTS > LETTERS

Ty Dilello
1-204-250-6322
news@carmanstandard.ca



Parents asking PRSD to draw line in the sand

Raelyn Fox asks for policy to be made on reading materials allowed in schools

By Becca Myskiw

Local parents are asking the Prairie Rose School Division (PRSD) to create a policy that keeps sexual resources out of schools.

At PRSD's board meeting last week, parent Raelyn Fox presented with her husband by her side, asking the board to clearly deem which materials are appropriate for minors and which aren't. Fox's presentation comes after one she made late last year when she asked for sexually explicit reading materials to be removed from Carman Collegiate's library.

Her Jan. 29 presentation started on a topic different from the main idea — comprehensive sexuality education. Manitoba Education's new sexual education curriculum hasn't been released, but Fox said the organization is looking at having students receive sexual education in every subject, beginning in Kindergarten. The World Health Organization (WHO) defines comprehensive sexual education as giving young people accurate, age-appropriate information about sexuality and their sexual and reproductive health, which is "critical" for health and survival. Topics for each class would be tailored to the age group. They could include families and relationships, respect, consent, bodily autonomy, anatomy, puberty and menstruation, contraception and pregnancy, and sexually transmitted infections.

The shift from teaching sexual education as a separate course, one parents could opt their children out of, would make the course's content obligatory for all students in Manitoba regardless of religion or moral conflict.

The WHO states that "well-designed and well-delivered sexuality education programs support positive decision-making around sexual health. Evidence shows that young people are more likely to initiate sexual activity later — and when they do have sex, to practice safer sex — when they are better informed about sexuality, sexual relations and their rights."

Fox continued to mention the Sexual Education Resource Centre (SERC) and the Sex Information and Education Council of Canada (SIECCAN), two organizations that advocate strongly for comprehensive sexual education that Manitoba Education relies heavily on.

"SERC and SIECCAN would like to teach your child how to say yes to acts that bring them sexual pleasure and how to say yes to sex," said Fox, adding the WHO and the United Nations (UN) have recently brought forth the idea that children are sexual beings from birth and should be autonomous decision-makers when it comes to their own bodies.

With the Manitoba government committing to the UN 2030 agenda, which says comprehensive sexual education is vital to advancing health outcomes and gender equality, the province is committing to implementing comprehensive sexual education in its schools by 2030.

"Before we celebrate this union, you should know that the United Nations' fundamental belief is that children have the human right to engage in whatever sexual acts bring them pleasure with whoever, regardless of age and regardless of the country's laws, as long as the child consents," said Fox. "These organizations are attempting to remove the parent from the equation. Canadian parents not only have the right but the duty to educate the child, and this includes the moral education as well as the physical and psychological protection of the child."

She said if comprehensive sexual ed-

ucation is implemented in schools, it could promote pedophilia and be seen as grooming children for sex. It could even lead to, she said, the practice of having sex with a consenting child being viewed as acceptable.

Fox then referenced PRSD's Aug. 28 board meeting, where she asked the trustees to "define the limit of what materials this board supports for minors."

"After reading your response, it appears that there is no limit to the sexual scope of what can be brought into PRSD as long as it's said to be age appropriate and promote diversity," said Fox.

According to a Manitoba Advocate news release from March 2023, 400 children fall victim to the Manitoba sex trade each year. Fox said with 90 per cent of those children attending school, school divisions should be working to protect their children and reduce that number.

"If you are defending books that tell kids it's OK to have sex with adults, you are on the wrong side of history," said Fox.

In October of last year, Fox circulated a petition asking for all books in PRSD that display sexually explicit images, contain sexually explicit content, or instruct on sexual touching be removed from classrooms library stacks, and the online library system. That petition collected 1,331 signatures from parents across the division.

Following the petition, PRSD drafted a new policy stating, "The Chair in consultation with the Superintendent/CEO and Secretary-Treasurer may determine (at agenda setting) that the petition does not fall within the purview of the Board of the Prairie Rose School Division." Fox said though the board can deny the petition, 1,331 parents don't see the reading material in question as educational for their children.

According to PRSD Policy #18 (Re-

Continued on page 5

OUR SISTER PUBLICATIONS



> Get in touch with us

News tips: 1-204-250-6322 or news@carmanstandard.ca

Carman Dufferin Standard

Head Office: 1-204-467-5836

Classified & Announcements: 1-204-467-5836

Box 39, Stonewall, MB, R0C 2Z0

www.carmanstandard.ca

Advertising Deadline:
Monday 4:00 pm prior
to Thursday Publication

Candlewick presents 'Busybody' as Valentine's show

By Lorne Stelmach

The Candlewick Players are dipping back into a favourite genre again for their annual Valentine's Day theatre production.

They will be presenting *Busybody*, which is a British comedy thriller set in the '60s, and assistant director Chuck Fefchak says it promises to delight.

"The appeal of the play is that it's a funny one obviously," said Fefchak, who has a personal affinity to it from having been part of a production of *Busybody* when he first got involved in theatre years ago.

"A British comedy has various appeals, not the least of which is the accents and the concept of different sayings that we in North America don't use as often," he added. "With a murder mystery, the reveal is at the end, as one would expect, so it keeps the audience engaged."

This comedy centers on a voluble cleaning woman who keeps telling the cops how to mind their business and who steps forward with the right evidence in every pinch.

She lives in the basement of the

office building she cleans and one night finds a body. By the time the police arrive, there is no body and no evidence.

The wrong alarms are sent out, murdered men turn up alive, and the whole thing is chalked up to the cleaning woman's imagination until an unidentified body is discovered on a distant hill and the cleaning woman uncovers more evidence in the course of her duties.

Is the company owner staging his own murder? Or did he kill his wife's lover? Is the lover a firm employee or someone else? Where do the two female assistants fit in? What is the wife withholding?

Candlewick is offering the option of enjoying the production either on its own or as a dinner theatre presentation. The latter is always an interesting variation for the cast and crew, said Fefchak.

"Dinner theatre tends to be quite enjoyable because in between acts one gets to interact with the patrons while staying in character, so it's fun for the actors and the audi-

ence," he said. "But because of that, it is more work. You don't get as big of a recuperation time between acts."

"Valentine's is more of a classic dinner theatre as compared to the Christmas version," he suggested. "Christmas dinner theatre is theatre in the round, and you're literally staring at someone's entrée while on stage. The Valentines theatre in Manitou doesn't have patrons up on stage. The cast interacting between acts is something that many Manitou patrons love."

The dinner theatre presentation is at the Manitou Opera House Friday, Feb. 9 and Saturday, Feb. 10 at 6:30 p.m.

The theatre-only presentation is at the Kenmor Theatre in Morden Friday, Feb. 16 and Saturday, Feb. 17 at 7:30 p.m. and Sunday, Feb. 18 at 3:30 p.m.

Tickets can be reserved online at www.candlewick.ca by clicking on the CW Players tab or calling 204-822-7469.

Miami Arts Association winter line up

By Lana Meier

The Miami Arts Association is gearing up for a busy couple of months.

A Trivia & Puzzle Night has been planned for Feb. 17 at 7 p.m. in the Miami Curling Club (Teams of 4), \$15 per person. Everyone is invited to come out for an evening of fun with friends. This is a fundraiser for the Miami Arts Association. If interested in participating, register by Feb. 10 at miamiarts.association@gmail.com

There are a number of classes also planned beginning this month.

Feb. 7 - Watercolours (ages 8-12),

fee \$25, members \$20 from 6:30 - 8 p.m.

Feb. 15 - Macrame Wall Hanging (age 10+), fee \$40, members \$35, from 7-9:30 p.m.

Feb. 26 - Card of the Month (age 16+), fee \$30, members \$25 from 7-10 p.m.

March 6 - Watercolours (age 8-12), fee \$25, members \$20 from 6:30-8 p.m.

March 18 - Card of the Month (age 16+), fee \$30, members \$25 from 7-10 p.m.

Unfortunately, a couple of classes to take place in January have to be rescheduled. This includes the

Macrame Plant Hanger class (age 10+), fee \$35, members \$30, and the Gluten Free Baking Bread class (age 14+), fee \$25, members \$20. If either of these are of interest, call for further info.

To register for any of the classes or to purchase a membership, contact miamiarts.association@gmail.com

New in 2024 - payment due upon registration.

Classes held at the Miami United Church Basement or place of class will be announced upon registration if a different location is needed to host the class.

> SEXUAL BOOKS, FROM PG. 4

spect for Human Diversity), the division "believes in the importance of understanding, respecting, valuing, and appreciating the diverse cultural and human sexual differences and perspectives within PRSD in order for it to be more successful in providing appropriate educational services for students."

Fox then read a response she received from Rhonda Shaw, executive director for Manitoba's minister of education. She told Fox that while the province is responsible

for curriculum development, they do not review or recommend individual school resources. School divisions are to provide their own recommendations and resources that match their community's needs.

Fox said Manitoba Education does not endorse or take responsibility for the books in question in PRSD, meaning all responsibility lies with the board of trustees. So, Fox, along with her husband and the 1,331 signatures, are asking for a policy to be put in place that "prohibits resources or instructional materials from entering the libraries or private collections for use by students,

educators, instructors, assistants, or guests that instruct on or contain written or visual depictions of sexual touching, how to engage in sex and sex acts with adults, child sexual abuse, sexual acts between adults, sexual acts between minors, pedophilia, bestiality, paraphilia, and rape as defined by the Criminal Code of Canada.

The PRSD board of trustees will deliberate on Fox's demand at the next Committee of the Whole meeting. Fox and her husband will then receive a written response from the board.

letter to the editor

Hello from Greece!

Hello from Greece!

I am sorry I am so lazy when it comes to answering Dennis but tonight, I decided to write. My Dad (your Louis the Boot) is doing ok despite his age of 79. A little trouble with his hearing but other than that he is fine. No stress like the one I have being a pharmacist. The whole family gathered for Christmas and New Year's Day and spent a little time together with my parents. Almost every week I read the Carman Standard and like the articles and stories. I watch the National too and it's sad to know that the cost of living in Canada is out of control! It's not that bad in Greece...not yet.

Take care and say hello to people who remember us!

- Athanasios Papsotiriou

Keep on trucking Rod

(In reference to Rod Winkler's Letter to the Editor published in the Jan. 25 *Carman Dufferin Standard*, 'Don't make truckers break the law for a double-double')

One thing Carman does not need is signs telling people 'Do not park here, we don't want your business, go elsewhere'.

We didn't like the new speed limit of 30 km, but we got used to it. The flashing signs helped a lot for safety.

A lot of people don't realize that 90% of products are shipped via truck including clothing, hardware, autos, lumber and everything that we use in everyday life.

Whoever is behind the new signs should take their head out of wherever they had it shoved, take a deep breath and take a look at the big picture. You are hurting all businesses on the highway. Hurt them too much and they may not survive.

Remember, truckers have to eat too and they are only there for a few minutes and they are not there 24/7. Trucks park by the Co-op and Liquor Store and nobody says anything, so let's make it fair for every business. I spent 36 of my 38 years in business on the north side of town on Highway #13 and dealt with truckers from Ottawa to Chilliwack and could not have stayed in business without them. They accounted for at least 25% of my business, so all I can say is treat them right and they will treat you right.

-Best regards, Larry Stout

Carman Collegiate's Class of '74 plans 50-year reunion

By Ty Dilello

The Class of 1974 of Carman Collegiate is busy planning a 50th-year reunion in Carman on June 21-22. This is the fourth reunion this class has organized, having held 10, 20 and 30-year reunions.

The events will kick off with a tour of Carman Collegiate, followed by a Meet and Greet at the Boyne River Bistro, complete with a display of vintage 1970s memorabilia. Saturday's events will include golf, a banquet at the Carman Golf and Curling Club, and other activities still in the planning stages.

The planning committee of Kathy Stansfield, Barb Lepp, Bonnie McCutcheon, Laurel Laing, Lois Johnson, Kim Knudsen and Lois Van Koughnet have been busy since last fall locating contact information of all classmates who attended Carman Collegiate with the class of '74, including any students who attended for only part of their high school years.

A special invitation is extended to all faculty who taught students in this class at any point in grades 9-12.

"Right now, we have 49 confirmed



STANDARD PHOTO SUBMITTED

Carman Collegiate's graduating class of 1974 is planning a 50-year reunion for June 21-22.

contacts out of more than 130 potential students who attended Carman Collegiate at any time during grades 9-12 that would be part of the class of '74," said Kathy Stansfield. "We have email addresses and contacts for 73 students, so we're still looking for about 50 more contacts. It will be

great to see everyone - including our faculty from that time."

If you attended Carman Collegiate during this period, please forward your contact information or that of classmates and faculty to carman-reunion74@gmail.com.

"There are many former classmates

who live in Carman and the surrounding area and have made contributions to the community over the years, and others who have moved away, so we'd love to catch up with everyone at the reunion."

Carman Area Foundation 2024 Grant Applicants

Is your non-profit planning a project that will make a positive impact within our communities?
Carman Area Foundation is here to support you!

Mark your calendars!
The 2024 application window swings open from
Monday, January 29th to Thursday, February 29th.

Apply online
www.carmanareafoundation.com

For additional details and inquiries,
visit our website or email
exedir@carmanareafoundation.com

Carman Area Foundation
today's needs, tomorrow's dreams

LOOKING FOR CUPID

We have hidden 6 Cupids in this week's edition. If you find all six you can enter to win our Valentine's Contest.

There are tiny cupids hidden deep within the paper... so search with all your heart!

Email us: ads@carmanstandard.ca with the page numbers you found the cupids on and be entered to win one of 4 prizes!

Find the cupids that look like this  *P.S it's not the cupid on this page, and they won't be in any ad!*

Contest deadline Feb 14, 2024 at 12:00 noon.
Please include your name, age & phone number in your email entry.
Only emailed entries will be accepted.

Sponsored by

Valley Bowling & Entertainment Center

\$25 Gift Certificate
1765 Diamond Dr, Winkler
204-325-7736
www.valleybowlinglanes.ca

STANDARD

MEADOWS Amusement

\$25 Gift Certificate
15044 PR 428, Stanley
204-325-8282
www.meadowsamusements.com

Carman Golf & Curling Club

\$50 Gift Certificate
225 4th Ave Sw, Carman
204-745-2366
www.carmangolfandcurlingclub.com

BELL AURA BED & BREAKFAST
RETREATS | WEDDINGS
DINNER PARTIES | MURDER MYSTERIES
bellaura.ca | 204-745-6787 | Carman

One night stay at the Beautiful Bell Aura
77 - 2nd St. Carman

Roland municipality boasts new website

By Ty Dilello

At long last, the RM of Roland has stepped into the 21st century with a brand-new website that can be visited at <https://www.rmofroland.ca/>.

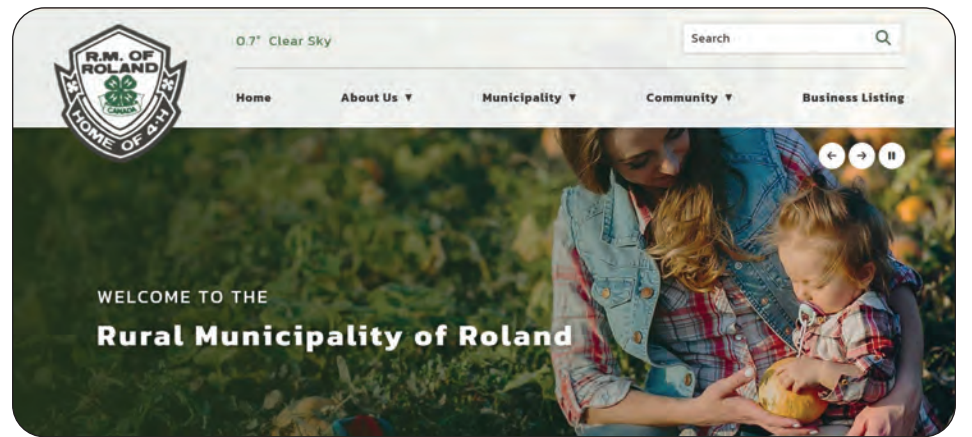
The new website has been building since last summer, as the previous one was quite outdated compared to the other municipalities and towns in the area. The RM had previously discussed having a new website for a few years, but it was finally put into the priority list for 2023.

The website provider Catalis (previously All-Net) also does many municipal websites in the area, such as the RM of Thompson, RM of Stanley and the RM of Grey.

“Our old website was no longer functional, and this new site enables our administrators the ability to have more control over the content without reaching out to third parties,” said RM of Roland reeve Jodi Gaultier. “This website is also mobile compatible whereas with the previous website, certain components did not show up on the mobile version.”

The RM of Roland Winter Activity Day is also coming up on Louis Riel Day on Feb. 19 from 1:00-4:00 p.m.

“It’s going to be fun,” said Gaultier, “but we are keeping details vague right now as with this warm weather, we may need to pivot our activities.”



What the hay?



STANDARD PHOTO BY DENNIS YOUNG

Prairie Ag N'Auto on Hwy #245, east of Roseisle, has a couple of bale art tractors constructed with round hay bales and painted in John Deere green and Case IH red for passersby to enjoy.

WELCOMING ALEX DRUMMOND TO OUR CARMAN OFFICE

MMJS

LAW OFFICES
McCulloch Mooney Johnston Selby LLP

YOUR LOCAL LAWYERS



Alex grew up in Holland, Manitoba, and graduated from Treherne Collegiate in 2010. He attended Brandon University and graduated with a Bachelor of Arts in 2014. Prior to attending law school at the University of Manitoba in 2019, Alex worked with an agricultural company and as a carpenter. He also has experience as a staff member with the

Manitoba government. Alex enjoys working in rural communities and articulated with MMJS before being called to the Bar in 2023. He and his girlfriend are excited to move to Carman and make it their home. In his spare time, Alex enjoys playing a variety of sports, the piano, and fishing at the family cottage.

MEET COPPER

Friendly. Adaptable. Electric.

UPMB.ca

Manitoba's minerals and metals are shaping our world.



MAMI MINING ASSOCIATION OF MANITOBA INC.



McTavish receives 2023 Watershed District Builder Award

By Lana Meier

The Redboine Watershed District (RBWD) extends its congratulations to Walter McTavish, who has been awarded the 2023 MAW Watershed District Builder Award at the recent MAW Conference in Brandon on Dec. 4-6.

McTavish was born and raised on a mixed grain farm near Rosebank. He became involved in the family farm upon graduating from Miami Collegiate and immediately recognized livestock's impact on their land. McTavish managed grain and cattle on his family farm until his retirement in 2015.

For three decades, McTavish has served as a Municipal Councilor for the Rural Municipality of Thompson, embodying the ideals of good citizenship. In addition to his role as a councillor, he has dedicated himself to various boards within and beyond his community. Some of his notable appointments include the Morden Veterinary Board, MSTW Planning District, Red River Basin Commission – South Chapter, and several in-house committees such as Operations, Waste Disposal Grounds, Drainage and Finance. He has also been actively involved with organizations such as the Rosebank United Church Board, Manitoba Pool Elevator Board, Miami Curling Club, and Miami and Rosebank Centennial Committees. For 30 years, McTavish was also a dedicated school bus driver for the Midland School Division.

In 1999, McTavish was appointed to the Pembina Valley Conservation District Board and acted as the Chairman for the Lizard Lake Sub-district and the



STANDARD PHOTO SUBMITTED

Walter McTavish was awarded the 2023 MAW Watershed District builder Award late last year. Pictured left to right, Jake Hiebert (Vice Chair MAW Board), Marshall Piper (RBWD Board Chair), Walter McTavish and Gary Wasylowski (MAW Chair).

main board's Vice Chairman. Through the PVCD he was also involved with the Boyne River Watershed Action Group and the Boyne Morris IWMP. With the boundary realignment, McTavish shifted to the Redboine Watershed District where he is currently the Chairman of the Tobacco-Shannon Creeks Sub-District and the Vice Chairman for the district's Executive Board.

"Walter brings an enormous amount of knowl-

edge about the Tobacco and Shannon Creeks landscape to our district," said RBWD Manager Justin Reid. "We are extremely lucky to have him as Board Member".

For the past 24 years, McTavish has played an integral role in the development and success of both CD and Watershed District programs. He currently serves on RBWD's Policy, Finance, and Employee/Personnel Committees, as well as the Red River Basin Commission and the Manitoba Association of Watersheds.

According to Cliff Greenfield, retired PVWD Manager, "Walter has served his community as a leader in many capacities, including on the Watershed District Boards. It has been a great honour and pleasure to work with Walter for many years delivering conservation programs. He is a real legend, hard worker, a gentleman, super pleasant with a great sense of humour and a ton of common sense and down-home wisdom. He would be very deserving of this award."

Throughout his life, McTavish has been dedicated to conservation efforts. This includes practicing rotational grazing and cropping for his cattle, as well as implementing shelterbelts to prevent erosion. His unwavering commitment to improving watershed health and preserving our environment in both PVWD and RBWD will be remembered for generations to come. In particular, he has shown great interest in RBWD's various dam projects and their effectiveness in mitigating erosion along the Manitoba Escarpment.



JOIN US FOR THE FEBRUARY CONSIGNMENT SALE 2024

ITEMS AVAILABLE TO VIEW FEBRUARY 12TH TO FEBRUARY 16TH FROM 9AM TO 5PM BIDDING STARTS: FEBRUARY 15TH AT 9AM. OFFSITE ITEMS WILL BE CLOSING ON FEBRUARY 22ND IN CONJUNCTION WITH ONSITE ITEMS.

Pickup Days: February 23rd and 24th from 9am to 5pm
Arrangements can be made otherwise. CLOSED SUNDAYS



SALE WILL CONSIST OF FARM EQUIPMENT, GENERAL MERCHANDISE, OVERSTOCK AND SURPLUS ITEMS, PLUS MUCH MORE!
THIS IS AN ONLINE BIDDING AUCTION ONLY! IF YOU REQUIRE HELP OR DO NOT HAVE INTERNET ACCESS PLEASE CALL THE OFFICE AT (204) 434-6519.

LAND AUCTION UPCOMING FEB 29, 10:00AM

160 acres (1/4) land auction for Marc and Michelle Robidoux, land is in the RM of De Salaberry MB, SW quarter 32 -4-5E, selling on timed online auction with Grunthal auction service opening Feb 29 and closing March 7 /2024, Marc and Michelle are continuing to

dairy farm like they have for several decades and have decided to liquidate this property by public auction. Terms and conditions of this sale. Contacts for registering at our office will be Barb, Debbie or Becky at home office 204-434-6519.

BAZINET AUCTION SALE 2024. TIMED ONLINE UPCOMING FEB 29, 10:00AM CST

Auction sale for Brad Bazinet dairy in dugald mb, (the dairy is sold). Grunthal auction service is pleased to announce the complete equipment dispersal of all major machines, tractors, skid steer, baler, tubeline, discbine, dodge Cummins, cattle trailer and much more on complete unreserved public auction. Opening Feb 29 at 10 am and closing March 7 / 2024, auction

is online only. All items must be removed by March 15/2024, any items remaining after March 15 /2024 become the property of the new owners. Grunthal Auction Service thanks Brad and Doug for the privilege of selling there machinery and thanks all the bidders for taking part in the sale.

Call today if you would like to consign your items. Office (204) 434-6519 • Brad Kehler (204) 346-2440
• Darryl Enns (204) 216-0931 ITEMS ARE SOLD AS YOU SEE THEM. WITH NO WARRANTY.

Free provincial park entry for month of February

Manitobans
Encouraged to Explore
the great outdoors

By Lana Meier

The Manitoba government has announced free park entry for the entire month of February in efforts to promote the various winter activities offered in provincial parks. Environment and Climate Change Minister Tracy Schmidt shared this news last Wednesday, urging both Manitobans and visitors to take advantage of this opportunity.

"February is a great time to enjoy Manitoba's provincial parks," said Schmidt. "We know affordability is top of mind for many families, so I am pleased to announce we are waiving the entry fee to all provincial parks for the month of February. We encourage all Manitobans to get outdoors and enjoy everything our beautiful provincial parks have to offer."

In February, vehicle permits are not necessary in provincial parks. However, for snowmobiles using designated trails, Snopasses are still required. Additionally, entrance fees remain

applicable in national parks.

Manitoba's provincial parks are equipped with a diverse range of trail systems, providing opportunities for cross-country skiing, fat biking, snowshoeing, and hiking. Additionally, Paint Lake, Spruce Woods, and Turtle Mountain provincial parks boast outdoor skating areas, hockey rinks, and toboggan hills. Those interested in ice fishing can utilize the free shelters on Lake Winnipeg at Hecla/Grindstone Provincial Park. For those seeking downhill skiing and snowboarding options, Assessippi Ski Resort in Assessippi Provincial Park or Falcon Ridge Ski Slopes in Whiteshell Provincial Park are excellent choices.

According to the minister, park interpreters at Birds Hill, Spruce Woods, and Whiteshell provincial parks are providing a variety of guided programs to enhance visitors' experiences and encourage conservation of Manitoba's park resources. These programs, which can be registered for at www.gov.mb.ca/sd/parks, include wolf howl hikes, snowshoe treks, ski clinics, quinzhee building, and ice fishing. Additionally, teachers have the opportunity to schedule free guided field trips or virtual programs with



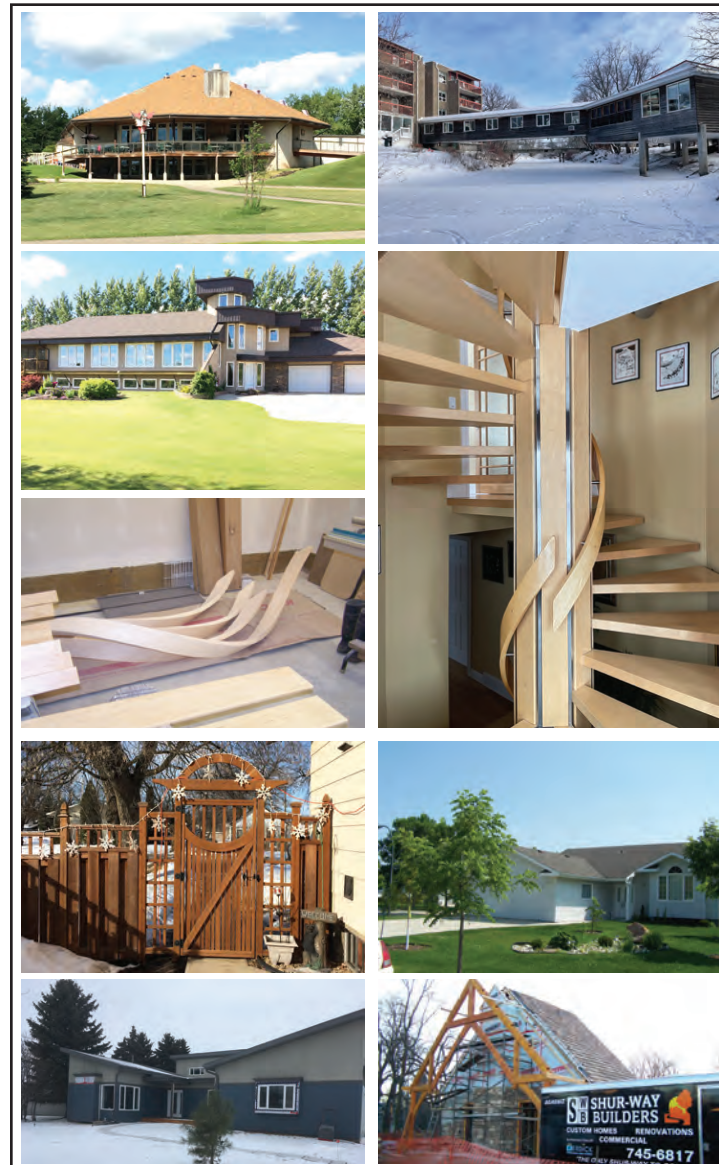
PHOTO SUBMITTED

The provincial government announced free park entry for the month of February and is encouraging Manitobans to get outside and enjoy the winter activities available in the provincial parks.

park interpreters from these three provincial parks.

Manitobans are encouraged to check trail conditions before visiting parks. Detailed maps and trail information can be accessed at www.gov.mb.ca/

sd/parks. It is requested that individuals using the trails adhere to designated activities, keep their dogs on leashes, and follow Leave No Trace principles by bringing back everything they brought in.



Shur-Way Builders Retirement Announcement

As many of you already know, after 50 years of doing what I have enjoyed. I would like to announce my retirement from my craft, known as Shur-Way Builders. Some of you may say, you never really worked, so what are you retiring from, so what is the difference! Ha ha! I'd say most of the time it did not feel like work, so there!

For some of you, I could not do my work fast enough, or good enough, or cheap enough! But I always gave it my best shot! Working for you was never about the money, though it was a necessary by product of the enterprise. My goal always was to keep the relationship as a win win for us both. It was about producing a product that we both could appreciate. Keeping the customer's own artistic ideas in mind.

To those of you, where acrimony came to exist. It was always a learning experience, about the human condition. I'd tried to learn from these encounters, wondering where did I go wrong in our equation.

During much of my career, I was a work-alcoholic. So most of my social interactions were

with you, my customers. Many of you became my friends, and for that I am truly blessed!

I have to, with great mention! That had it not been for my wife Dorothy's loving accounting skills. I could have been a failure!

To my son Nathan who became a Red seal Journeyman carpenter working for Shur-Way Builders. (Graduating with honours) I'm sure, I learned more about myself than you learned about carpentry. I'm glad I could teach you about the craft, and always have integrity show in our work. I did not always show it, but it was an honour to able to work with you!

To my many employees over the last 50 years, and you number more than a few. I hope you found me largely fair and honest. I would like you to know I have largely tamed the dragon in me. Without you all, there would not have been the success we enjoyed.

I have had the pleasure of living and working in this community for the past 50 years, with your support I have been able to raise a family of four, who all still live in this great community. To you, I am eternally grateful!



Kehler overcomes injuries to succeed in gymnastics

By Ty Dilello

Paisley Kehler is a local up-and-coming gymnast who has had to overcome some major injuries to return to competing in her sport.

Kehler, a Grade 7 student at Elm Creek School, first started gymnastics at three and has been training at Springers Gymnastics in Winnipeg for the past five years.

Unfortunately, Kehler tore two ligaments and had an avulsion fracture in her ankle in late January of 2023 during a fellow gymnast's birthday party while doing parkour.

"It was a fluke accident that happened during a jump down from the climbing wall," said Paisley's mom, Laura Kehler. "Her foot got trapped between two landing mats. She took one week off from gymnastics training and then returned to the gym on crutches and in a boot. Unfortunately, due to the timing of her injury, she missed the entire competition season last year."

Gradually, over six months, Kehler returned to full training. Conditioning and physiotherapy were her focus during these months. Rehabbing her ankle was vital, but maintaining strength, flexibility, and a positive mentality was just as important.

Being in the gym with her peers and coaches was also essential to her recovery. During summer, gymnasts get a few weeks off before returning for fall training. When September rolled



Paisley Kehler finished 1st overall at the Springers Classic this past weekend.

in, Kehler was back in the gym and ready to go.

"Things were looking good, and her ankle was feeling okay but not like before her injury. In late October of 2023, she was running through the parking lot after school to be picked up to go home and rolled her ankle. It was a doozie. After a few days with no relief, we headed back to see the orthopedic doctor at Legacy Sports Medicine, and he gave us bad news."

Due to the incomplete healing of the ligaments on the outside of her ankle, Kehler's ankle was now broken on the inside, and the ligaments were reinjured.

"Jokingly, he



STANDARD PHOTOS BY LAURA KEHLER

Elm Creek's Paisley Kehler has returned to competition as a gymnast after injuries that saw her miss a year.

recommended she take up a more sedentary sport such as chess. At this time, I suggested maybe it was time to give up gymnastics. She, without hesitation, said, 'No, I'm not quitting.'"

Back on crutches and in a boot, Kehler trudged into gymnastics practice and has been back ever since training at her sport. Kehler's coaches at Springers Gymnastics have allowed her to be her best self, dedicated and passionate about gymnastics like them.

"They have been unwaveringly supportive and allowed and assisted with endless training modifications," said

Kehler. "They continue to be a positive influence for Paisley both physically and mentally."

As for recovery, Kehler's ankle is about 85 per cent, which is good enough to compete. The competition season for 2024 starts in January and goes through May.

At her first event, the Panthers Snowflake Classic Gymnastics meet, Kehler was first overall in her division, first on uneven bars, first on floor, third on beam and sixth on vault.

This past weekend, Kehler had another meet at the Springers Classic. It was another great event as she placed 1st overall in her division, with first on floor, uneven bars and beam, and fourth on vault.

"Paisley has learned a lot about what her body and her mind are capable of. She learned to accept heartbreaking news, how to ask for help, work hard, be patient, be positive, stay the course and have faith. Her love for gymnastics has never wavered, and it is wonderful to see her confidence and smile return. She plans to continue training and competing and hopes to begin as a junior coach when she turns 13."

Grow, Grow, Grow Your Money

Finances are top of mind for most these days and they would welcome your expertise and services!

Don't miss this opportunity to do just that by reaching 6,400 homes in our Financial Section in our February 1, 8, 15, 22 & 29 editions.

Contact us for ad sizes and rates and how you can get a second week at a discount!

... includes FREE COLOUR!

Do you have your own editorial? Book a double spot and you can insert your own story at no extra charge!

For more information or to book your ad space, please contact

The Carman-Dufferin
STANDARD

Gwen Dyck
204-823-0535

Email: ads@carmanstandard.ca



What's *Your* story?

We want to hear from you.

The Carman-Dufferin Standard connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

get inspired

> MEAL IDEAS



Mexinut Dip

- 1 cup shredded cheddar cheese
- 1 can (10 ounces) tomatoes and green chiles
- 2 tablespoons finely chopped onion
- 1 tablespoon hot chili powder
- 1/2 cup peanut butter
- corn chips or crackers

In 2-quart microwave-safe container, combine soup, cheddar cheese, tomatoes and green chiles, onion, chili powder and peanut butter. Cover with glass or plastic lid.

Microwave on high 2 1/2 minutes; stir. Microwave 2 1/2 minutes, or until cheese is melted.

Stir before serving with corn chips or crackers.

Recipe courtesy of the Georgia Peanut Commission

Yield: 4 cups

1 can (11 1/2 ounces) condensed bean with bacon soup



Asian Peanut Slaw

- 1/4 teaspoon crushed red pepper
- 1/2 cup coarsely chopped dry roasted peanuts
- 1 bag (16 ounces) three-colored deli slaw mix
- chow mein noodles

Drain juice from mandarin oranges into mixing bowl and reserve oranges.

In bowl with juice, add dressing, peanut butter and red pepper; whisk until well blended. Add peanuts, oranges and coleslaw mix; toss until thoroughly coated.

Garnish with chow mein noodles before serving.

Recipe courtesy of the Georgia Peanut Commission

1 can (11 ounces) mandarin oranges

1/4 cup Asian sesame dressing

2 tablespoons creamy peanut butter



Bone-In Prime Rib

and warm at room temperature 20 minutes. Starting at tail on bone side of roast, cut bone along ribs, between meat and ribs, to back side, separating bones from meat.

Rub prime rib with light coat of oil. Season on all sides and under bone with blend of seasonings. Return bones to bottom side and, using butcher twine, secure in 2-3 areas by tying bones to meat. Wrap in plastic wrap or place in pan and refrigerate 12-16 hours.

Preheat smoker or grill to 200 F and load with preferred smoking wood chunks, if desired.

Place prime rib on grill rib side down, fat side up, allowing drippings to collect in drip tray. Increase heat to 350 F. Close lid and cook, uncovered, until desired doneness is reached.

Photo courtesy of Getty Images (Bone-In Prime Rib)

Recipe courtesy of chef Jason K. Morse, C.E.C., 5280 Culinary, LLC, and Ace Hardware Grill Expert on behalf of the Colorado Corn Administrative Committee

1 bone-in prime rib roast (8 pounds)

oil

5280 Culinary Rub-a-Dub seasoning, to taste

5280 Culinary Island Boys Coffee seasoning, to taste

Remove roast from packaging and place on large sheet pan. Drain juices

Ask the money lady

Dear Money Lady Readers,

I wanted to do something a little different this time as we all wrap up the end of the year. I always get questions from people who want to retire earlier than the 65-age benchmark, which honestly surprises me with so many "lap-top-class" employees now working from home. But alas, the allure of leaving their career and finally being free as bird, for some, can't come fast enough. So, with that in mind, here are the questions you must ask yourself to be able to break free in 2024 and finally do that hard stop to working.

Be truthful with your answers; if for nothing else, this will be a good exercise to help you understand what you need to work toward to retire earlier if you can. Good luck – who knows, 2024 could be your year to break free!

1. Is all your debt paid off? All debt means, credit cards, lines of credit, mortgages, and car loans.

2. Are you really ready to give up working, or are you just tired of your current position and in need of a change?

3. Will you need to support anyone other than yourself? If so, for how long, and how much will that cost annually?

4. Can you downsize your residence or move to a less expensive area to lower your monthly expenses?

5. Will you have a consistent monthly revenue stream that is long-lasting and able to sustain you during times of uncertainty? Preferably this would be in addition to CPP and OAS government benefits.

6. Do you have any future large expenditures that you have not already saved for? Can they be cancelled?

7. If necessary, could you make sacrifices to live a more minimalist lifestyle?

8. Have you made a financial budget for the future and can you write out exactly how you can, to the best of your knowledge, envision your retirement? How much do you anticipate this will cost in today's dollars?



Christine Ibbotson

What about inflation and taxation? What are your plans for assisted living should you need care as you age?

9. How will you socialize in retirement and how much will this cost? Do you plan to continue club memberships or join new ones, and how much will this cost?

10. Have you thought of ways to fill your time in retirement? Does your retirement partner want the same things as you and are they willing to make the same sacrifices to retire early?

So, how did you do? Do you have a budget or are you now going to begin to make one?

Short of knowing when you will die, there is no real way to know whether you can really retire early. But, one thing is certain, you must make sure you have a plan for the future and a strategy to stay in retirement; because once you give up working for good, very few will want to go back to it.

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 syndicated across Canada. Send your questions through her website at askthemoneylady.ca

Tropical Boba Smoothie



Recipe by Marcia Stanley, MS, RDN, culinary dietitian, on behalf of Milk Means More

Total time: 10 minutes

Servings: 1

1 pack (2.12 ounces) instant brown sugar boba

1 1/2 cups frozen mixed pineapple, mango and strawberries

1/2 cup milk (whole or 2%)

1/4 cup plain Greek yogurt (5%, 2% or fat free)

1 tablespoon honey

1/4 teaspoon coconut extract or vanilla

Prepare boba according to package directions. In blender, combine fruit, milk, yogurt, honey and coconut extract. Cover and blend until nearly smooth. Place boba in 14-16-ounce glass. Pour fruit mixture over top. Serve.

Twisters split games, hold successful headshave fundraiser

By Ty Dilello

The Pembina Valley Twisters had a great weekend both on and off the ice. They won one game and lost another, while also holding a successful CancerCare fundraiser during their most recent home game. These results have solidified their position in second place in the MMJHL standings, with an impressive record of 22-9-3.

On Feb. 2, the Twisters were 5-1 winners on the road against the Charleswood Hawks. Merek Degraeve led the way for Pembina Valley with a pair of goals, while Slade Sotheran, Riley Goertzen, and Cody Clark had the other Twisters' tallies. Logan Enns stopped 31 shots in net for the win.

The next night, on Feb. 3, was the Twisters' head-shave CancerCare fundraiser night. While they experienced a tough 3-2 shootout defeat against the Ft. Garry/Ft. Rouge Twins, the night proved to be a triumph as they managed to raise an impressive \$22,000 for the cause. Scoring for the Twisters were Caelan Russell and Riley Goertzen, while goaltender Owen LaRocque put up an admirable 32 saves in their loss.

"It was a tough back-to-back facing the Charleswood Hawks, where we played exceptionally, shutting them down all night and capitalizing on our chances," said Twisters' head coach Braeden Beer-naerts. "The next night, we started slow and got our feet under us in the third period. However, we couldn't buy a goal. Even though we didn't get the win, it was nice to get out of that game with a point in the standings."

Derek Wiebe from the Twisters is currently ranked third in the MMJHL's scoring race, having accumulated 58 points over the span of 34 games. Meanwhile, Degraeve holds the fifth spot with 55 points in 35 games. Additionally, Enns is proving to be a top performer in his position as he currently sits at fourth place in the goalie rankings with remarkable stats of a 2.91 goals-against average and an impressive .916 save percentage.

It was also recently announced that Enns, Degraeve, Wiebe, Goertzen, and Mike Heppner from the Twisters have been selected for the 2024 MMJHL All-Star Game. The All-Star Game will take place on Feb. 10 at the Seven Oaks Sportsplex (3 p.m.)

"It's always an honour to have your guys selected for an All Star Game as they've worked ex-



STANDARD PHOTOS BY LANA MEIER

The Pembina Valley Twisters hosted their 13th annual Head Shave CancerCare Manitoba Foundation fundraiser following their 3-2 shoot-out loss against the Ft. Garry/Ft. Rouge Twins last Saturday.

remely hard all year to get the team where we are at. I feel with the run we had in the past few months, we could've had a few more guys named also."

The Twisters are back in action with a road game on Feb. 9 against the River East Royal Knights. The puck drops at 7:30 p.m.

"We just got to get back to consistency in our game to get more wins now," said Beer-naerts. "We got too comfortable during our streak, and even after one win, we kind of relaxed a bit again. With the strength of the league, we can't afford to take nights off based on the standings."



The Twisters Caelan Russell and Riley Goertzen scored in the 3-2 shoot-out loss against the Ft. Garry/Ft. Rouge Twins in MMJHL action.



The Pembina Valley Twisters players held their annual head shaving for CancerCare Manitoba last Saturday.

Beaver's season comes to an end

By Ty Dilello

The Carman Beavers' season came to an end last Saturday night with a 3-1 loss to the Ile des Chenes North Stars. The loss effectively knocked them out of playoff contention. With the loss, the Beavers finished in ninth place in the SEMHL standings with a record of five wins and thirteen losses.

On Feb. 3, Carman went up against the Ile des Chenes North Stars in a must-win game to keep their playoff hopes alive. Fraser Mirrlees got Carman on the board just eleven seconds in the contest, but unfortunately, that's all the offense that the Beavers would muster on the evening.

Bradley Goethals scored a pair

of goals for the North Stars, while Cole St. Laurent had the other tally as Ile des Chenes won by a 3-1 score. Rocky Van de Velde stopped 28 shots in the loss for Carman.

Ben Dalke and Scott Atkins led the way in scoring for the Beavers on the 2023-24 season with each having 30 points in 18 games, followed by Fraser Mirrlees who had 26 points in 16 games.

The SEMHL playoffs will begin next week with eight teams competing for the trophy. The qualified playoff teams are the Ste. Anne Aces, Warren Merces, Red River Wild, Portage Islanders, Morden Bombers, Winkler Royals, Notre Dame Hawks, and Ile des Chenes North Stars.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Team Hayward, in Ottawa for 2024 Canadian Curling championships

By Lana Meier

Manitoba's next generation of curling stars headed off to Ottawa last Friday morning to compete with some of Canada's best curlers in the 2024 Canadian Under-18 Curling Championships.

Team Hayward representing Manitoba and the Carman Curling Club of Shaela Hayward, Keira Krahn, India Young and Rylie Cox played their first game Sunday defeating Quebec #1 (Fortin) 8-4. The girls then defeated British Columbia #2 (Rempel) 9-1 Monday morning before beating Newfoundland and Labrador #2 (Connolly) Monday night by 9-4.

Representing Manitoba on the Men's side are Manitoba #1, Team Campbell of the Altona Curling Club including Rylan Graham, Nick Senff, Logan Zacharias, and Rylan Campbell.

After two days of competition Team Campbell had one win and one loss, defeating Yukon #1 (Snider) 8-2 but lost 3-5 to Alberta #2 (Hiebert) on Tuesday.

Manitoba #2 Team Sugden of Morden Curling Club including Ryan Thiessen, Tanner Treichel, Tyler Fehr and Nash Sugden has had a rough

start and conceded 2-6 to Alberta #1 (Hlushak) and 3-5 to Newfoundland and Labrador #1 (Perry).

A total of 42 teams — 21 female and 21 male entries — will be competing for the national championships, which will be decided on Saturday, Feb. 10 in the medal-round games that will take place at the RA Centre.

The 21 teams were distributed to all 14 Member Associations, with additional spots awarded based on a two-year ranking of results from the Canadian Under-18 Championships. If any province or territory declined an entry, additional teams were accepted from the next highest ranked Member Association.

As a result, many provinces will be represented by two teams.

Teams are separated into three pools of seven teams and will play a round-robin schedule within each pool. 12 teams — the top four in each pool — advance to the playoffs for an opportunity to win a gold medal on Feb. 10.

Live-streaming coverage of selected games at the 2024 Canadian Under-18 Curling Championships will be available on Curling Canada +, Curling Canada's streaming platform.



STANDARD PHOTO SUBMITTED

Carman's Shaela Hayward, left, and her curling team of Keira Krahn, India Young and Rylie Cox with coaches Diane Hayward and Ron Westcott are in Ottawa competing at the Curling Canada 2024 Canadian Under 18 Championships Nationals.

Schedules, team lineups and other official event website: www.curling.ca/2024u18. Information are available on the of-

Roland rink wins event at Manitoba Open

By Ty Dilello

Roland's Michael Zacharias and his curling team of Brent Dunn, Devin Gitzel and Matt Froese captured the Manitoba Hydro Trophy at the Manitoba Open, which is the world's biggest curling bonspiel every year, with nearly 200 teams competing.

After losing a couple of early games, the Zacharias foursome rattled off six consecutive wins to capture the Manitoba Hydro event.

"We had a rough start dropping the first two games, as curling ice in the city is much faster than we are used to, and it made us adjust in how we set up an end," said Zacharias. "But then, once we were settled in, we were able to manufacture some big ends all the way through to the finals."

Throughout the weekend, the Zacharias rink had a great time playing at the curling clubs in and around Winnipeg, and the socialization aspect with other teams.

"The Manitoba Open is a blast as we

never enter with the goal to win an event," said Zacharias. "It's just great getting to see and play different clubs that otherwise we would likely never end up going to,

In the Manitoba Hydro event final, the Zacharias foursome went up against the Tom Scott rink out of Hibbing, Minnesota. Zacharias ultimately prevailed 9-4 in the final to lift the trophy.

"We curled a strong game in the final. Our front end was able to set up and get rocks under cover early, allowing me to really only throw draws and guards all game, as it felt like the other team was having to chase us in and had to try and make a lot tougher shots."

The Zacharias rink curls twice a week, once out of the Roland Curling Club and once at the Carman Golf and Curling Club. Despite their success in the Manitoba Open, the team just prefers to play for fun as opposed



STANDARD PHOTO BY CURLMANITOBA

Roland's Michael Zacharias are winners of the Manitoba Hydro event at the Manitoba Open. From left-to-right: Matt Froese, Brent Dunn, Devin Gitzel, Michael Zacharias.

to chasing berths to the men's provincial championships.

"We have no intention of trying for

any kind of berth spot next year. Instead, we just curl for the love of the game."

Carman Cougars having strong start to basketball season

By Ty Dilello

The Carman Cougars varsity boys' basketball team is having a fantastic start to the season, as they are currently undefeated after beating the Morris Mavericks by an 84-47 score on Feb. 1.

The Cougars' are now undefeated at 3-0 on the season, with a pair of regular season games to play before the team moves on to the Zone 4 playoffs.

"Our 2023-24 Varsity Boys Basketball team is small in numbers and has only two seniors, but we're big on heart with every player bringing a unique talent to the court," said Cougars' coach Larisa Ens. "We rely on everyone to do their part, but when the game is on the line, watch out for Jack Bausman. His Grade 12 leadership and the ability to finish with a soft touch make him a clutch player who consistently delivers when it matters most."

Ens notes that fellow grade 12 student Lee Gomez is also a force

to be reckoned with in the paint.

"His commanding presence and remarkable court vision not only control the key but elevate our entire game."

The varsity team is also thrilled to have former players Kevin Dunn and Nathan Warburton as assistant coaches, as their experiences bring a wealth of knowledge, and their dedication to shaping these young men extends beyond the game.

Coach Ens thinks this Cougars team has everything it takes to take home another Zone 4 title at the season's end.

"We have the talent, size, and heart to make an impression at MHSAA Provincials this year; we just need to stay healthy enough to get there, as the bench is pretty empty."

Carman's junior varsity boys' and girls' teams are currently at a combined 0-6 start to the season, while the Cougars' varsity girls' team boasts a 3-2 record.



STANDARD PHOTOS BY LANA MEIER

The Carman Cougars varsity boys' basketball team is having a fantastic start to the season as they are currently undefeated after beating the Morris Mavericks on Feb. 1.

Two local teams competing at Viterra Championships this week

By Ty Dilello

The 2024 Viterra Championships will be taking place in Stonewall at the Veteran's Memorial Sports Complex from Feb. 7-11.

It's going to be an exciting time as 32 of the top men's curling teams from across the province will be competing for a chance to wear Team Manitoba colours at the upcoming Montana's Brier.

The top seeds at the provincial championships will be Granite's Brad Jacobs (Reid Carruthers, Derek Samagalski, Connor Njegovan) and Fort Rouge's Ryan Wiebe (Ty Dilello, Sean Flatt, Adam Flatt). Rounding out the top five seeds will be Fort Rouge's Braden Calvert (Corey Chambers, Kyle Kurz, Brendan Bilawka), Assiniboine Memorial's Jordon McDonald (Dallas Burgess, Elias Huminicki, Cam Olafson) and Brandon's Steve Irwin (Daley Peters, Travis Taylor, Travis Brooks).

"Our team is very much looking forward to competing in Stonewall next week," said Wiebe, skip of the second-seeded rink out of the Fort Rouge Curling Club. "We've had a pretty good season to date, and we really want to try and peak at this Provincial Championships as the ultimate goal for our team this season is to win the provincials and play in the Brier. That would be a major accom-

plishment for us."

Team Matt Dunstone out of the Fort Rouge won't be playing in the Viterra Championships as they have been awarded a Wild Card entry to the upcoming Montana's Brier.

There will be a number of local curlers participating. The home team representing Stonewall is Logan Ede's team (Reece Hamm, Emerson Klimpke, Ryan Zapotchny) who won a spot through the regionals. Stonewall's Greg Melnichuk will skip a team after he earned a spot winning the Manitoba Open and Thomas Dunlop is representing Charleswood on Devon Wiebe's team. The Interlake will also be represented by Winnipeg Beach's Justin Reynolds (Nick Weshnoweski, Josh Maisey, Sean Giesbrecht), who won a spot through the same regionals as Ede. Kyle Einarson is curling with Justin Richter, Jared Litke and Mitch Einarson and are representing Beausejour.

The Carman area has a pair of entries in the Viterra Championships as Carman's Dean North (Brad Wainikka, Rob Van Deynze, Mike Orchard) and Holland's Jeremy Sundell (Elliot Sundell, Paul Sundell, Thomas Huggart) each won a berth through the southern regionals event.

Event passes can be purchased online at: <https://curlmanitoba.org/viterra-championship/>. The physical

tickets can then be picked up at the door during the event. Tickets can also be purchased in person (cash/debit/credit card) at the Club bar.

Single Draw Admission (\$20) will only be available during the event. Children 12 and under are free.

The draw times for the 2024 Viterra Championships are as follows:

Wednesday Feb. 7 – 8:30 a.m., 12:15 p.m., 4 p.m., 8:15 p.m.

Thursday Feb. 8 – 8:30 a.m., 12:15 p.m., 4 p.m., 7:45 p.m.

Friday, Feb. 9 – 8:30 a.m., 12:15 p.m., 4 p.m., 7:45 p.m.

Saturday, Feb. 10 – 9 a.m., 2 p.m., 6 p.m.

Sunday, Feb. 11 – 9 a.m., 2:30 p.m.

50/50 for the Viterra Championships is also now available online at www.raffle.link/curling, with the first drawing on Feb. 7 at 10 p.m. promising to be a big one.

There will be a "Quarry Patch" where fans can come out before and after games to socialize. It will be open from 9 a.m. to 1 a.m. from Wednesday to Saturday and from 9 a.m. to 5 p.m. on Sunday.

At the "Quarry Patch," there will be DJ music on a few of the nights, Neil Kitching performing on Thursday night, Grant Leutshaft on Friday night, and Grant Leutshaft/Bruce Jacobs performing on Saturday night. These musical performances will take

place from 9 p.m. to 1 a.m. each night.

The winner of the Viterra Championships will represent Manitoba at the 2024 Montana's Brier in Regina, Saskatchewan, from Mar. 1-10. This will be the first Brier under the sponsorship of Montana's BBQ & Bar, following the departure of Tim Hortons as a sponsor.

A total of eighteen teams will qualify for the 2024 Brier. The fourteen Canadian curling member associations will hold playdowns to determine who will represent their province or territory. Team Canada is represented by Newfoundland and Labrador's Brad Gushue, who won their second consecutive Brier championship at the 2023 Tim Hortons Brier.

In a change in the qualification format, the Brendan Bottcher of Alberta and Matt Dunstone rinks automatically pre-qualified for the 2024 Brier field based on their 2022-23 Canadian Team Ranking Standings (CTRS), which meant they bypassed the provincial qualifiers. A fourth qualifying team will join the field as the top non-qualified team on the 2023-24 CTRS standings following all of the provincial and territorial playdowns.

The winning team at the Brier will ultimately represent Canada at the 2024 World Men's Curling Championship in Schaffhausen, Switzerland.

Classifieds The Carman-Dufferin STANDARD **Announcements**

Book Your Classified Ad Today - Call 204-467-5836

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

HOUSE FOR RENT

5 bdrm., 2 bath home. Kitchen, living room, basement & garage. In Carman. \$1350/mo. plus utilities. Call 204-242-0765.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

FLIGHT ACADEMY

Want to learn how to fly? LS Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

WANTED

Wanted old advertising: dealership signs, service station, gas pumps, globes, oil cans, Red Indian, White Rose, Buffalo, Husky, Ford, GM, Dodge, tire signs, Coke, Pepsi etc. Call 306-221-5908.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

SEASONAL HIRING? NEED DRIVERS? Having an AGM? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking winter and spring advertising for 2024. Please Call 204-467-5836 to book, or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

ADVERTISE YOUR ITEMS FOR SALE IN THE STANDARD

WANTED

Gold, Silver & Platinum!!



Cash Paid For Coins, Coin Collections, Bullion, 999 bars, Ingots, Rounds, Jewelry, Watches, Nuggets, Scrap, Gold Dust, Sterling Silver, Sterling Silverware plus anything Gold, Silver or Platinum.

Also purchasing Old Money, Royal Canadian Mint Coins, Franklin Mint, Coin Sets, etc. **Wanted:** USA, Canada and World Coin Collections, coin sets & old money. Buying Entire Collections!

Todd The Coin Guy 250-864-3521

FIND THE RIGHT PERSON FOR THE POSITION with an EMPLOYMENT/CAREERS AD in **The Carman-Dufferin STANDARD** 204-467-6836



In Loving Memory of Gwendolyn Paula Learmond

With heavy hearts and profound sadness, we announce the passing of Gwendolyn Paula Learmond, a beloved mother, wife, and cherished friend, who departed from this world on January 25th, 2024.

Paula is predeceased by her father, George Raymond Biggs (1991); her mother, Floria Pauline Beach-Biggs (2022); and her sister, Oralyn MacLowich (2023) and is survived by her husband, William (Bill) Learmond, sister Marlene Lisk (Blayne) and brother Gregg Biggs (Shelley). Also left to mourn are her two children, January (Trip) and Chad (RaeAnn) and her three grandchildren, Carson, Josh, and Eva.

Paula met Bill in Moose Jaw, Saskatchewan, in 1971. They were married in 1972 and recently celebrated 50 years of marriage! After 39 years of raising their children and supporting Bill's flying career in the Canadian Armed Forces, Paula flourished when they moved into their beautiful retirement home in Carman, Manitoba. She was deeply involved with the Carman Garden Club and Carman/Dufferin Communities in Bloom organizations, where she developed many friendships with colleagues and community volunteers.

Paula was a loving mother and grandma who passed her many gifts to her children and grandchildren, especially her love of music, cooking, baking and playing cards. She was an incredible hostess and was happiest when surrounded by her family and friends.

Paula was passionate about horticulture, especially home and community gardens, flowers, and succulents. The family would appreciate donations (instead of flowers) being sent to: Carman and Dufferin Communities in Bloom, Attn: Terri Dyck, Ph: 204-750-1064 (please use for e-transfers), P.O. Box 1141, Carman, MB. R0G 0J0.

We would like to thank the HSC staff, especially the Surgical Intensive Care Unit team. Details regarding her celebration of life will be issued at a later date.

Doyle's Funeral Home in care of arrangements www.doylesfuneralhome.ca

McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving

Featuring Coins Closes February 14 @ 7:00 PM

Estate & Moving

Featuring Guns & Ammo Closes February 21 @ 7:00 PM

Estate & Moving

Featuring Coins Closes February 28 @ 7:00 PM

204-467-1858 or

204-886-7027

Consignments Welcome!



Now Hiring HEAVY DUTY MECHANIC

COME AND DEVELOP YOUR MECHANICAL SKILLS AT OUR BUSY, WELL-EQUIPPED SHOP.

** \$40/HR AND \$20,000 BONUS FOR THE RIGHT CANDIDATE ** WE OFFER COMPETITIVE WAGES, A COMPREHENSIVE BENEFITS PACKAGE AND RRSP/DPSP PLAN. WE ARE WILLING TO APPRENTICE THE RIGHT CANDIDATE.

HOUSING IS AVAILABLE.

SUBMIT YOUR RESUME jitrucking@sasktel.net OR VISIT

www.jitruckingltd.com

ReVolution Trailers

RVs Reimagined

- Custom Renovations
- Renovated RV Sales
- Service & Repair
- Parts
- Storage

1480 Springfield Rd Winnipeg, MB www.revolutiontrailers.ca

Call Now: 204-955-7377

BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

- *Auto *Farm *Truck
- *Construction *ATV
- *Motorcycle *Golf Carts
- *Rechargeables *Tools
- *Computers *Medical
- *All phones *Chargers
- *Marine *RV & more

THE BATTERY MAN

1390 St. James St. Winnipeg

TF 1-877-775-8271 www.batteryman.ca



Twin Valley

OWNER OPERATORS TRUCK DRIVERS WANTED

To deliver Anhydrous Ammonia (NH3): May/June (4-6 wks), Oct. (4 wks)

Highway: Brandon/Bloom to Harrowby.

Paid by MT delivered. \$1200-1600/load

Field: Local Deliveries. Paid by MT delivered. \$1000-1400/day

Twin Valley Co-op Russell Agro Contact: Mark or Lori (204) 773-2166

www.twinvalleyco-op.crs

Remember Your Loved Ones with an Announcement in the **The Carman-Dufferin STANDARD** Call 204-467-5836

FUNDING WORKSHOPS

FUNDING OPPORTUNITIES FOR FARMERS, LANDOWNERS AND PRODUCERS



Join us as we share the various funding opportunities that are currently available to landowners and producers within the watershed district. We are here to help you reach your farm goals! Coffee and snack will be provided.

Wed, Feb 7	10:00 am - 12:00 pm 2:00 pm - 4:00 pm	St. Claude Carman
Thurs, Feb 8	10:00 am - 12:00 pm 2:00 pm - 4:00 pm	La Salle St. Agathe
Mon, Feb 12	10:00 am - 12:00 pm 2:00 pm - 4:00 pm	Miami Darlingford
Tues, Feb 13	10:00 am - 12:00 pm 2:00 pm - 4:00 pm	Elm Creek Oakville
Thurs, Feb 22	10:00 am - 12:00 pm 2:00 pm - 4:00 pm	St. Francis Xavier Warren
Tues, Feb 20	11:00 am - 12:00 pm	Zoom Virtual Session - Register for link

Call or email to reserve a spot!
(204) 526-4223
grow@redboine.com

FREE TO ATTEND

AVAILABLE TO LANDOWNERS IN RBWD

EMPLOYMENT OPPORTUNITIES

Full-time/seasonal positions in Churchill with staff housing provided:

SERVING STAFF/HOUSEKEEPING STAFF/FRONT DESK

On site training provided.

WILDLIFE/ECO-TOURISM VIEWING GUIDE

Boat experience, PAL, public speaking, bus license an asset.

BUILDING MAINTENANCE

Minimum 1 year experience.

CARPENTER

Dock building, renovations.

Full-time permanent positions in Churchill:

OPERATIONS MANAGER

Wages D.O.E.

RED SEAL MECHANIC

Wages D.O.E.



LAZY BEAR EXPEDITIONS

Churchill, Manitoba, Canada

eMail résumé with references to jef@lazybearexpeditions.com

Biz Cards
Call 467-5836



We offer smart **HOME SECURITY** with a special promo this month

DIGITAL SURVEILLANCE and financing available

204-989-4000

Manitoba owned and operated

February is HEART MONTH

Stay Young at Heart

How sleep affects your heart health

According to the National Heart, Lung, and Blood Institute (NHLBI), nearly 70 million people suffer from a sleeping disorder. Did you know that getting a good night's rest is critical for maintaining a healthy heart? This February, join the NHLBI in celebrating Heart Month by learning about the importance of adopting healthy sleep habits.

1. Be physically active during the day
2. Avoid cellphones, tablets and computers the hour before bedtime
3. Avoid drinking alcohol and caffeinated beverages before going to bed
4. Sleep in a cool, dark and quiet room
5. Go to bed and wake up at the same time every day

SLEEP AND HEART HEALTH

Getting a good night's rest helps you stay healthy by giving your body the time it needs to restore, recharge and recuperate. Consequently, chronic sleep deprivation has been linked to numerous heart problems including high blood pressure, heart attacks, obesity, diabetes and strokes. In addition, people who don't get enough sleep are more likely to develop calcium deposits in their coronary arteries, increasing their risk of developing heart disease.

5 TIPS FOR GETTING BETTER SLEEP

Experts recommend that adults between 18 and 65 get at least seven to eight hours of sleep each night. Here are five tips for getting a good night's rest:



*This feature brought to you by these community-minded businesses.
Please show them your support.*

The **Voice**
Altona • Rbineland
Your Community
NEWSPAPER

ADS
111 Lyle Drive Carman MB
204-745-6151
www.ads-pipecanada.ca

Trust our Experience
agassiz
seed farm ltd
Homewood 745-6655
agassizseedfarm.com

For all your REAL ESTATE needs
KLOS REALTY LTD
204-745-6693
klosrealty@gmail.com www.klosrealty.com

BESCO GRAIN
A DIVISION OF WISCONSIN SPICE
www.bescograin.ca
(204) 745-3662

AUTO SENSE
Carman Auto
Ag Parts
204-745-2066

Home hardware
14-1st Street S.W.
204-745-6789 • Carman
www.homehardware.ca
Beauty-Tone
CANADA'S PAINT EXPERTS

BELL AURA
BED & BREAKFAST
RETREATS | WEDDINGS
DINNER PARTIES
MURDER MYSTERIES
bellaura.ca | 204-745-6787

The **Voice**
Winkler • Morden
Your Community
NEWSPAPER

Nakonechny & Power CPA
(204) 745-2061

VANDERVEEN'S
GREENHOUSES
Carman, MB
(204) 745-3534

LEE & LEE LAW OFFICE
BROCK G. LEE, K.C.
(204) 745-6751
5 Centre Ave. W, Carman

Family Law
Real Estate & Mortgages
Wills & Estates
Corporate & Commercial

safe communities
carman-dufferin
safecommunitiescarmduff@gmail.com
Supported by the Councils of the Town of Carman & RM of Dufferin

BODY VIBE
massage therapy
Tia DeLichte, RMT (204) 245-0909

Prairie GOLF SUPPLIES
(204) 745-6644 • 37077 Hwy. 13 N Carman
www.prairiegolfsupplies.com

PHYSIOTHERAPY
CARMAN • MORDEN • WINKLER
360 - 4th Street, SW
Carman, MB
Phone: (204) 745-PAIN (7246)

PEG CONSTRUCTION
Gerald deRuiter
(204) 745-7891 • Carman, MB

RV MANUFACTURING
GRAYSVILLE, MANITOBA
ONE STOP FABRICATION
OF STAINLESS, ALUMINUM,
AND STEEL PRODUCTS
METAL FORMING
LASER CUTTING
ALUMINUM WELDING
GENERAL REPAIRS
MIG & TIG WELDING
CAD DESIGNING
STEEL SALES MACHINING
IVAN WALDNER
C:204-745-7143
P:204-828-3338 x 243
E: ivanrvimg@gmail.com

ROSEISLE
Backhoe & Excavating
Jason Klassen • (204) 750-0172
jasonklassen.rbs@gmail.com
Box 83, Roseisle, MB R0G 1V0

ROYAL LEPAGE
Legacy Realty
Independently owned and operated
204.745.7777
royallepagelegacy.com

WEBMARKERS
COMPUTER SALES & SERVICE
www.webmarkers.ca
info@webmarkers.ca
4 First St. SW. Carman
204-745-3730

WES'S TIRE SHOP
215 Main St. N., Carman
204-745-2076
GOODYEAR STIHL Auto Value

NOW THE LARGEST MANITOBA-OWNED BROKERAGE!
BSI INSURANCE As of November 2023, BSI Insurance Brokers Ltd. and ONE Insurance Group have joined forces!
scan me
ONE INSURANCE
your broker, wherever you are

The Carman-Dufferin
STANDARD
Your Community
NEWSPAPER