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**STANDARD**

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Corinne Schroeder stopped all 29 shots she faced to earn first-star honors in the inaugural Professional Women's Hockey League (PWHL) game on Jan. 1 at a sold-out Mattamy Athletic Centre as New York picked up a 4-0 road win over Toronto.

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# Carman Fire Department recognizes years of service

By Ty Dilello

Just before the start of the Christmas break, the Carman Dufferin Fire Department honoured nine members for their years of service.

Isaiah 'Zeke' Hofer, Taylor 'TJ' Dyck and Colin Penner celebrated five years of service, while Brett Veldman was acknowledged for ten years. Along with Brett Takvam and Joey McElroy, who were honoured for 15 years, Chris Lemky received recognition for 20 years of dedication.

In addition, both Martin Dewit and Rick Penner were honoured with the Canadian Volunteer Fire Service Association Municipal Long Service Award for their respective 30 and 45 years of dedicated service.

"It is always an honour to be able to show a small token of appreciation for the hard work and dedication all of our volunteers put into the Carman/Dufferin Fire Department," said Carman Fire Department fire chief Chris Lemky.

Lemky was incredibly humbled to be able to present Martin Dewit and Rick Penner with 30 years and 45 years of service, respectively.

"These two members have given

so much and continue to give to this community through the Carman Dufferin Fire Department."

Lemky himself was honoured for his 20 years of service and plans to try and make it to 45 years like his colleague Rick Penner.

"I certainly hope I can make it; as long as I can keep learning and contributing in positive ways to this department and this community, I will continue to do so."

Some of the most memorable moments for Lemky in his 20 years include the expansion and addition of the Fire Hall in 2008/2009. Being hired by the RM of Dufferin and the Town of Carman councils as Fire Chief in 2023 was also a major honour for him.

"I have enjoyed every aspect of my 20 years on this department, and will continue to find ways to push this organization to be able to better serve this community."

Lemky and his colleagues are excited about what 2024 will bring for the Carman Dufferin Fire Department.

"There will be many new training opportunities for our members, new equipment to learn and train on, con-

tinued work on our training facility, a recruitment evening, and a first-ever Firefighter's Association Fundraiser Ball."

The Firefighter's Association Valen-

tines Ball will be held on Feb. 10 at the Carman Community Hall.

Tickets are available from any Carman Dufferin Fire Department member.



STANDARD PHOTOS BY AMY VANDERVEEN PHOTOGRAPHY

The Carman Dufferin Fire Department recently honoured nine members of its fire department for varying years of service. Pictured, left to right, Town of Carman Mayor Brent Owen, Rick Penner (45 years of service), RM of Dufferin Reeve Cor Lodder, Fire Chief Chris Lemky and Deputy Chief Joey McElroy.



Left to right, RM of Dufferin Reeve Cor Lodder, Martin Dewit (was honoured with 30 years of service), Town of Carman Mayor Brent Owen, Chief Chris Lemky and Deputy Chief Joey McElroy.



## Planning an Event?

### Are you planning a Community Event?

Did you know we will add it to our community calendar that can be found on the website!

Email [janine@townofcarman.com](mailto:janine@townofcarman.com) with all your details for the Event.



[carmanmanitoba.ca](http://carmanmanitoba.ca)

## *The Carman-Dufferin* STANDARD

**We want to hear from you.**

The Carman-Dufferin Standard connects people through stories to build stronger communities.

Please share your story ideas with Dennis Young at [denjohnyoung@gmail.com](mailto:denjohnyoung@gmail.com) or Lana Meier at [news@carmanstandard.ca](mailto:news@carmanstandard.ca) or call 204-467-5836.

# Elm Creek native appointed to Order of Canada

By Becca Myskiw

An Elm Creek native has received the second highest honour for merit one can get in Canada.

Richard Kroeker has been appointed to the Order of Canada, the honour system the country has for those who make extraordinary contributions to the nation. The Order of Canada began in 1967, more than 7,600 Canadians have received the same appointment Kroeker has in that time. Each Order of Canada appointee has contributed to the country in a way far different than the next, but they have all "enriched the lives of others and made a difference to this country."

Kroeker is an architect. He started studying the craft in the 1970s at the University of Manitoba, then went to London, England, where he worked as an architect for a decade. It was in London that Kroeker worked on developing Canary Wharf and designed entire chunks of the fast-paced, small street city.

"You're looking at how you build a major building when you've got narrow streets and lots of traffic," said Kroeker. "And how you get cement and steel delivered on time."

He initially got into architecture after trying his hand at a few other disciplines. It was the diversity of architecture that pulled Kroeker in.

"It looked like fun," he said. "It's hard work and academically, it was hard, but it covers a whole bunch of subjects."

Kroeker noted architecture includes art, and drawing is one of his favourite hobbies. It also includes math, science, logistics, history, and countless other subjects he enjoys. In short, Kroeker was never bored when working.

He also liked that architecture required original thinking from his first day at school. Other subjects have students memorize formulas, facts, and passages, but architecture requires thinking rather than memorization.

"You're responsible for the information flow and providing vision from the first models and quick drawings," he said. "You start from the inception of when something's just an idea and go right through to drawing the instructions on how to build it. You make sure everything's happening on time and then hand over the key to the owner."

After London, Kroeker did some work in a West African community without electricity and plumbing. It was there he became interested in designing structures that live with the communities they're in and provide

something back to them.

Upon moving back to Canada to teach full-time at Dalhousie University, Kroeker was chosen to be the architect on the Pictou Landing Health Centre in the remote community. Pictou Landing has an 80 per cent unemployment rate — so Kroeker designed a structure that came completely from the community it's built in, and that will add to it for years to come.

The Pictou Landing Health Centre was built from trees in the community's forests. Kroeker designed a structural system that could use the trees, bought a saw mill, and members of the community worked within it to harvest them. The health centre was built completely by Pictou Lake community members too, offering a training program for the workers so they could learn new skills and hone in their current ones. Those skills are still being worked on and used today, continuing to support the community almost two decades later.

Kroeker designed the Pictou Landing Health Centre to be an expression of the community's culture. It's a building from the community serving the community, and the residents are genuinely proud of what they and Kroeker created.

"A job like that is as satisfying as it gets," he said.

Kroeker keeps a focus on Indigenous projects, dedicating his life to work that addresses the local economy by benefiting the community on an ongoing basis. Still, he never expected to be appointed to the Order of Canada.

To receive an appointment, the person has to first be nominated before an advisory board recommends them,

and the governor general formally inducts them. Kroeker said he was told they appointed him because of how he brought those concerns to the forefront of architectural thinking.

Kroeker believes by tapping into our history, we can build structures that do more for the community than they do today.

"When the Egyptians were building the pyramids, there were people here doing stuff that was arguably just as interesting," he said. "The birch bark canoe was made before the pyramids, and from a technology point of view, it's as interesting as anything that's made today. It's incredibly sophisticated thinking."

Receiving this appointment is a great honour for Kroeker, who's still trying to get his head around it. He said this is for everyone where he comes from, and he's proud to share the appointment with everyone he knows. This award, he said, is special in comparison to the numerous others he's won because this one isn't architecture-specific — it recognizes Canadians in all disciplines.

The Order of Canada's motto is "they seek a better country."

Kroeker said that means he has been working to make a better world throughout his life, and it's being recognized.

"It's just my little corner of it but you're always brought to where you are by the good people around you," he said.

Kroeker grew up on a small mixed farm in Elm Creek with five brothers and his parents.

"In that context, you have the first-hand experience of the cycles of

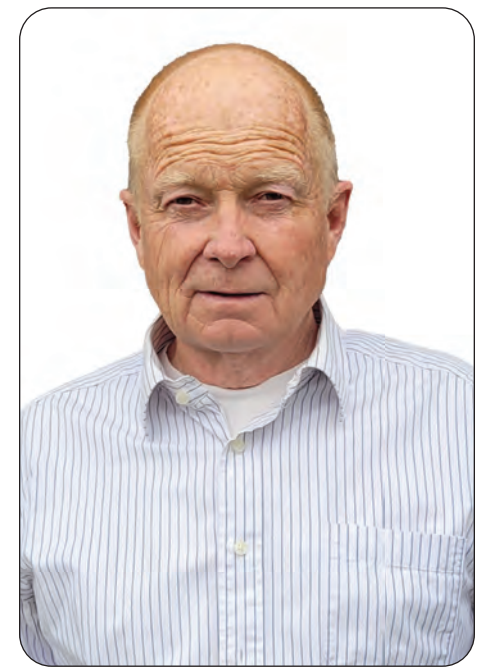


PHOTO SUBMITTED

Elm Creek's Richard Kroeker was named to the Order of Canada for his stellar career as one of Canada's finest architects.

the natural world, and you learn a lot about the physics of how things work," said Kroeker. "I was surrounded by a supportive community and family that gave me the sense that anything was possible, wherever I might end up going. I had the direct examples of others in my community who had survived great adversities and gone on to achieve remarkable things."

Kroeker, along with 78 other recipients, will officially receive his appointment from the Governor General before the end of 2024.



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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

Ty Dilello  
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## Ukrainian newcomers celebrate Christmas in Canada

Submitted by Diane Gillingham

As the war in Ukraine continues many citizens have fled their country seeking refuge, safety and a new life elsewhere. To date Canada has welcomed roughly 166,000 Refugees from Ukraine, 17,200 of those have arrived in Manitoba.

A group of Carman's Ukrainian newcomers gathered on Dec. 26 to celebrate their first Canadian Christmas. Included here are some of their early impressions of life in this community:

**S.S.** 'Comparing people from Europe and Canada, we can say that Canadians are very open, ready to help, advise, share things, and experience with newcomers. I return home safely and calmly after work at night. The employer is a very reliable and decent person, helps in solving work issues, ensures all processes. Although I live far from relatives and friends I feel the support of the local population and Ukrainians who also choose the small wonderful town of Carman to build a new life.

**O.A.** I understood why Ukrainians chose Manitoba for a new life more than 100 years ago - the plains are suitable for agriculture, the vegetation and climate are similar to Ukraine. Here I met many descendants of those first Ukrainians, some of them have preserved our traditions and even speak Ukrainian. In general, very sensitive, caring, open people, even strangers. I really like the service system, services, quality of products and clothes, education, communal economy, respect for religion as well as safety in the town. Even the usually cold November and December were mild and warm to us newcomers. I am sincerely grateful to my employers and colleagues for their patience, support and willingness to teach and creation of decent working conditions. Also sincere gratitude to the local government and volunteer organizations for organizing English language courses, providing medical insurance, replacing driver's licenses, etc. Although



STANDARD PHOTO SUBMITTED

Newly immigrated Ukrainians in Carman celebrated Christmas together on Dec. 26.

we came from another continent and we have a different mentality we feel the care, support and love of the local population.

**A.** At first I was very frustrated and skepticism prevailed. But after many encounters with incredibly kind and friendly people, I found it much easier to get used to Canada. The way the law works here and how friendly everyone is, is amazing. It's hard to believe sometimes, but it's true. I am glad I am here. Safety, friendliness, patience is what I've seen in Canada.

**L.K.** In Canada, in Winnipeg and Carman alike friendly, friendly people everywhere, in the hotel, in the bank, in shops, at work, everyone wants to help and support. In Carman a lot is being done for recreation and a healthy lifestyle for residents, like bike paths, outdoor exercise equipment, golf courses, a swimming pool and much more. I liked the celebration of Canada Day, the open-air theatre, the drone show, and the concert. In Canada-we do not feel like strangers, everyone treats us with respect and understanding, just like the local residents.

**A.A.** At first a lot of questions arise such as household appliances, sockets, etc. Sometimes you get a little stuck even on little things, such as different units of measurement for something. But very quickly you start to get used to everything. What is truly surprising is the kindness and responsiveness of the local residents. Even if you don't know them, they are always friendly and patient with your language barriers. Moreover people you barely know help you with job search and housing, dishes and necessary furniture, organize your leisure time and help you solve problems that arise.

**Y.S.** Getting to Canada was my childhood dream. And many years later when my family and I came here, it finally came true. We are a family from Ukraine: I am Yana, my husband Eugene, and two children Alex and Maria. We live in the picturesque and cosy town of Carman, Manitoba. For our short stay here, we have met wonderful people who helped us find housing and work. The kids go to school and they really like it there. We feel safe here. I can easily say that I am

Continued on page 5

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# Carman self storage units under new ownership

By Lana Meier

Bring n Lock Self Storage in Carman's industrial park has new owners for 2024.

Cheryl and Dennis Young have sold the business to Ted Doell and Lindsay Boeve of Carman.

Built in 1999 by Doug, Alex and Jim Stow, the Youngs managed it from 2002-2005 before purchasing it outright.

The popular cold storage facility has 62 units of 4 different sizes available to rent ranging from \$69 to \$191 per month, with discounts for three-, six- and 12-month pre-paid bookings.



The compound is fully fenced and locked, with entry by appointment only. There is space outside the compound for RVs, campers and boats for year round storage, too.

The Young's thank all their clients they served over the last 21 years and wish Ted and Lindsay the best.



PHOTO SUBMITTED

Bring n Lock Self storage, located in Carman's industrial park, features 62 units and 24/7 security,

# Carman Health Auxiliary celebrating 120 years of service

By Ty Dilello

The Carman Health Auxiliary commemorates 120 years of dedicated service on Jan. 25.

In 1903, two women took the initial steps towards constructing a hospital in Carman when they canvassed the community for \$200 to start building construction. This led to the formation of a Women's Hospital Aid Society in January 1904, which ten charter members attended.

The founding members utilized various methods to gather funds, including placing collection boxes in the neighbourhood, and hosting events such as concerts, plays, skating benefits, charity balls, bazaars, socials, and catering for paid functions. They also sold candy and refreshments and held a "tag day" at the Carman Fair to support their cause.

They also organized showers to collect linen for use at the hospital. The Carman General Hospital was completed in 1905 at a cost of \$6,500, along with donations from the provincial government, the Rural Municipality

of Dufferin, and the Town of Carman.

The women immediately set about "scrubbing out the new building" to make it sanitary for medical purposes, then embarked on a three-year fundraising campaign to purchase further supplies. Group members were also responsible for hiring and discharging domestic staff, doing the laundry, and setting visiting hours.

During their free time, they repaired hospital linens, preserved various fruits and vegetables for the kitchen, tended to the upkeep of the grounds, and purchased presents for patients who were spending their holidays in the hospital.

By 1948, there were plans for a new Carman Memorial Hospital, and the group committed to furnishing a three-bed ward in the new building, which opened in 1949. This building was replaced by the present hospital, which opened in 1982.

Since its inception in 1977, the bursary program for graduating students pursuing careers in health care has

awarded over 100 recipients. Notable acquisitions made with these funds were a colonoscope valued at \$16,000 and a Fetal Heart Monitor priced at \$17,613, both procured during the 1960s.

They also gift the New Year's baby a quilt every year, and due to patient confidentiality, they do not know the baby and ask the Public Health Nurse to deliver when they make their first visit.

To this day, the Carman Health Auxiliary continues to fundraise for medical care in the Carman area.

"We have been raising monies to support equipment purchases for Carman Memorial Hospital, and occasionally for Boyne Lodge, plus bursaries and the occasional health-related requests since 1904," said Betty Park of the Carman Health Auxiliary. "Members of the Auxiliary consisted of both individuals and community groups such as the McDermott Ladies."

Individual membership in the

Health Auxiliary has gradually diminished from 20 to 5-8 members. Most current members are pushing 80 years old, and a couple are 90.

"The decline in membership has seriously affected our ability to raise money to purchase the equipment requested," said Park. "We have not been able to keep up with technology, so for example, e-transfers are not possible. Individuals interested in leadership positions are going to be soon non-existent. Consequently, we are seriously considering disbanding at year-end and going by the way many other Auxiliaries in the province."

Memorial Donations are always welcome, and the Carman Health Auxiliary can provide a tax receipt upon the donation.

For those interested in becoming a member of the Carman Health Auxiliary or making a donation, kindly reach out to Betty Park at parkbm@live.com.

## > NEWCOMERS CHRISTMAS, FROM PG. 4

at home. We started writing our story from scratch, and I want to write it here in Carman surrounded by sincere and kind people. Now I know dreams come true.

O.Z. We are a family from Ukraine, we flew to Canada in March 2023. From the first day our lives have been surrounded by the best people. We had the opportunity to live and work in the small town of Carman. My husband and son work at a meat

processing plant. I work as a cook in a local restaurant and it's great. In the nine months of living here we have made many new friends, we bought a car. It's not like here without it... in such a short time we realized that we want to stay here forever and create our own history. And the most important thing is that we waited to meet our children. Our daughter came to us with her husband and our grandchildren whom we had not seen for almost two years. This is

the best gift of Christmas!! We rent a house and live together, the children go to school, the daughter works at a day care, the son-in-law works at the meat processing plant. But we are infinitely grateful for the support of our friends, the church, and the community for their help and understanding!!! Sincerely, our big family.

A.N. Of course I really miss my home, my family. However, I consider myself very lucky, because here in

Canada, in particular in Carman, I met kind and sympathetic people who understand what a difficult situation Ukrainians find themselves in and they are making every effort so that we don't feel lonely. They support us morally, help us financially and do not leave us alone with our gloomy thoughts. Canadian friends, thank you so much for your support!!! May the New Year bring you health, happiness, luck and prosperity!!!

# Homegrown fitness equipment manufacturing business upscaling to bigger digs

By Jeremiah Knight

This might be Garth Irwin's biggest flip yet.

The Carman product's homegrown fitness equipment manufacturing business, Irwin Fitness, will upgrade to bigger digs when it moves from its 1,200-square-foot store at 79 4th Avenue NorthEast to a new 7,000-square-foot space in the Carman Industrial Park in February.

The new facility will include a full-scale gym for prospective customers to view Irwin's products and mark another milestone in an unlikely business venture that took off in August of 2020.

"It's quite a big jump for us," said Irwin, who started building equipment out of his parent's garage.

"We're building that new facility in town here and the way things are going, it's probably going to need another building quite soon."

Irwin, 30, was flipping houses before he started manufacturing gym equipment. But when the COVID-19 pandemic caused a shortage in gym supplies, the lifelong fitness buff decided to put his background in fabrication welding to good use.

Irwin made his own squat rack and bench and documented it on Instagram, and it wasn't long before his friends began requesting additions for their home gym.

"Initially, I really didn't want to just because I was busy with other projects. I agreed to make one for a friend and, long story short, he ended up not needing it after I built it, so I put it on the Facebook marketplace and it sold in 30 minutes," he said.

A short time later, Irwin had another five messages from strangers who were requesting his services.

"I was like, 'If I actually put some effort into it, I could probably streamline this and just make some extra cash on the side,' he said. 'I kind of got obsessed with it and got pretty crazy with it.'"

Irwin's venture hasn't come without



Garth Irwin is the owner of Irwin Fitness.

its naysayers. Some warned him to not invest too much time and effort into Irwin Fitness, as it would die off once gyms re-opened following the pandemic.

While Irwin admitted there were stretches that required some mental fortitude — such as enduring the price increase of materials, which led to leaner profit margins — he trusted that it would remain a viable business.

"It seems so cliché but that was what motivated me a lot at the beginning," Irwin said. "There were probably four or five other businesses across Canada that started making gym equipment (during the pandemic), but none of them are in business today."

Irwin has expanded his catalogue to storage racks, gym flooring, weight plates and advanced custom designs and now owns an extensive customer base that reaches Peru, Australia and Germany.

In December of 2022, Irwin completed his biggest custom job when he manufactured the Winnipeg Blue Bombers weight room. He said he's in talks with other sports teams like the Calgary Flames and Florida Panthers about designing their weight rooms, too.

"We've kind of cornered the high-



STANDARD PHOTOS SUBMITTED

Irwin Fitness has expanded and will be moving into their new home in Carman's Industrial Park in February.

end gym market, which is where we've gone with the business," he said. "In a perfect world, I would love to do a lot more of that — the full gym for a sports team or athletic facility."

Irwin Fitness has remained local, with welding done in the Carman shop, bench pads sourced from Winnipeg and powder coatings done in Winkler.

With business booming, Irwin said he's more motivated than ever to continue growing. No matter how much Irwin Fitness expands, however, he's

just as committed to the smaller projects that have proved to be the bedrock of his company.

"I always wanted to have my own business, I just didn't know it was gonna take shape like this," Irwin said.

"I find enjoyment out of doing a full (gym) start to finish, but the business was built on home gyms, and that's who supports us the most right now. So I'm never going to shy away from that, I'm always going to try and support that community, as well."

## MPI's Winter Tire Program offers low-cost options and increased safety

By Lana Meier

Beware! Winter conditions are now present throughout the province, and Manitoba Public Insurance (MPI) is offering their Winter Tire Program to ensure your vehicle is prepared for navigating icy and slick roads.

MPI's well-established program offers eligible individuals a chance to receive low-interest financing on winter tires and related products and services, up to \$2,000 per vehicle at prime plus two percent.

Since its launch in 2014, the program has provided over 230,000 loans to customers throughout the province.

"MPI is proud to continue to offer this popular program, which aims to reduce overall claims and keep Manitobans as safe as possible in the months when road conditions are often the most treacherous," said Satvir Jatana, MPI's Chief Customer Officer.

To take part in the Winter Tire Program, Manitobans can visit any par-

ticipating winter tire retailer across the province to confirm eligibility and begin the loan authorization process. This program provides a range of financing options, from one to four years, and allows customers to select their preferred monthly payment withdrawal date. For more information about the program, visit [mpi.mb.ca/wintertires](http://mpi.mb.ca/wintertires).

Winter tires increase traction, reduce stopping distance

Winter tires are specifically engineered with a cold weather rubber compound and tread patterns to effectively navigate wet, snow covered, and icy surfaces. Studies have demonstrated that utilizing winter tires significantly improves traction, facilitating easier escape from snowdrifts, while also reducing stopping distance by over 25 per cent.

# Stone enjoying first months as Midland's MLA

By Ty Dilello

La Salle's Lauren Stone is learning the ropes and getting a feel for things in her first couple of months as the newly elected MLA for Midland, which encompasses the communities of Morris, Oak Bluff, La Salle, Aubigny, Rosenort, Carman, Roland, Roseisle, and St Claude.

Stone won the Midland riding for the Conservative party on Oct. 3 over NDP candidate Hannah Drudge by a 6,240 to 2,015 margin.

"It has been a whirlwind the past two months, but I am very honoured to be the MLA for Midland, and I am enjoying connecting with constituents across this great region," said Lauren Stone.

Stone is a Queen's University graduate and has professionally worked in the agri-food and manufacturing sectors, managing corporate affairs for Cargill, working for the Manitoba Beef Producers, and managing her own consulting business.

"Although I had a very strong working knowledge of the legislature prior to entering this role, it has still been a very positive learning experience," said Stone. "Despite the short three-week legislative session, I participated in question period numerous times, holding the NDP to account on their \$3 billion in campaign promises; I recognized the 110th celebration of 4-H Canada in Roland in my first member's statement; and I had the opportunity to give my inaugural speech. I am also very much enjoying learning my roles as Critic for Families and Deputy Whip."

With half of her caucus being new MLAs, Stone notes that her PC team has new energy, along with seasoned veterans.

"Together, our PC Team succeeded in challenging the NDP to amend Bill 3 (Fuel Tax Amendment Act), which is the initial bill to temporarily remove the 14-cent fuel tax for Manitobans as it failed to include farm equipment

and dyed gas. Our PC Team successfully pressured the NDP to reverse course, pause the three-cent per litre tax on marked gas used in farm operations, and include off-road vehicles in the fuel tax cut."

Outside the legislature, Stone has been busy setting up her constituency office, which is located on Main Street in Carman. She recently hosted a holiday open house at her office on Dec. 19.

"I am looking forward to connecting with constituents, organizations, and businesses so that I can advocate for your needs at the Manitoba Legislature," said Stone. "I look forward to supporting events across the constituency and launching into our spring session to hold the NDP to account. Thank you for the honour of serving you in the Manitoba Legislature. I look forward to connecting in 2024, and I wish you and your families a very Merry Christmas and Happy New Year."



PHOTO SUBMITTED

Midland MLA Lauren Stone is enjoying getting to advocate for the needs to the people of her riding in her first couple of months on the job.

# Gas tax holiday



STANDARD PHOTO BY JO-ANNE PROCTER

Manitoba gas prices are at their lowest point in nearly two years. As of Jan. 1, the province's 14-cent per litre tax on gasoline and diesel for motor vehicles were paused for six months, as part of the NDP government's promised gas tax holiday. The Manitoba government introduced amendments to Bill 3, the fuel tax amendment act, which will temporarily pause the collection of the provincial tax on gasoline, natural gas, marked fuel and diesel fuels for at least six months starting January 1, 2024. The average Manitoba family with two cars is expected to save approximately \$250 during the six-month fuel tax holiday.

WELCOMING HARLEY SHEPHERD AS OUR  
NEW PARTNER AT

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## LAW OFFICES

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YOUR LOCAL LAWYERS



We are thrilled to announce Harley Shepherd has become Partner at MMJS Law Offices. This expansion reflects our commitment to providing quality and prompt legal services to assist our clients to succeed and prosper.

Harley Shepherd received his Bachelor of Arts in History from the University of Manitoba in 2008 and received his Bachelor of Laws in 2011. Harley was called to the Manitoba Bar on June 21, 2012. While studying at St. John's College at the University of Manitoba, Harley met his wife, Heather, a farm girl from Roland.

Harley and Heather married in 2013, welcomed their first daughter, Adelynn, in 2014, and their second daughter, Brielle, in 2016.

In 2021 Harley took a temporary position with Franz Hoepfner Wiens in Winkler and began attending the Deloraine office of that firm. Harley began a permanent position as an associate Lawyer with MMJS on January 1, 2022 and Franz Hoepfner Wiens sold the Deloraine Office to MMJS at the same time. In April, 2022 MMJS purchased the law practice of Michael Waldron in Boissevain and Harley has attended that office since that time. Harley works primarily out of our Carman location aside from Deloraine and Boissevain on Wednesdays.

Harley feels blessed to be able to practice law in rural communities across southern Manitoba.

Outside the office, Harley is the Sergeant-at-Arms for Carman Branch #18 of the Royal Canadian Legion. Harley and his family continue to enjoy living in Carman.

Congratulations Harley!

# Carman Collegiate rolls into the new year with lots on the go

By Ty Dilello

It has been a hectic few months at Carman Collegiate to kick start the 2023-24 school year.

The school canteen received a make-over to start the school year and now has an inviting space with comfortable seating and power charging stations at the tables.

"To further beautify this space, we are hoping to showcase the talent within our student body by including student artwork in the canteen," said Carman Collegiate principal Mary Reimer.

The band program is thriving as the students were mentored by Manitoba composer, Matt Neufeld.

Since then, the band has hosted a community Halloween concert and a Christmas concert and will look forward to a Valentine's Day Fundraising concert.

"Another highlight has been the Sources of Strength training that took place," said Reimer. "We now have several staff and students trained in this program, which works towards improving student well-being, in-

creasing resilience, and promoting belonging."

As always, the Christmas Dinner at Carman Collegiate was a highlight and a day when the entire student body, staff, divisional staff, Parent Advisory Council, and trustees were invited to sit together to enjoy amazing food and one another's company.

"An added highlight to this year's dinner was the contribution made by our sixth graders; our sixth graders made chocolate treats for everyone in attendance."

Athletics and extra-curricular events have always been a highlight, and this school year is no different.

Carman Collegiate took home the zone banner for girls golf and this same team won silver at the Manitoba High School Athletic Association Provincials. The Senior Girls Cross Country team also won the zone championships and went on to win the MHSAA Provincial Championships.

This year, Grade 11 and 12 students participated in the first-ever Crazy Cougar Christmas Classic Curling

Bonspiel. Future adventures planned for students are the annual ski trip, ziplining, and the beloved June So Soon Day.

The last few months have also focused on altruism at Carman Collegiate as the school boasts an active Youth in Philanthropy group that works tirelessly in the school and the community. During its Cancer Game, the Carman Cougars hockey team also raised \$2,417 for Cancer Care Manitoba. The hockey team also collected toques and mitts for the Cheerboard and will volunteer time during the holiday season.

"Perhaps the greatest highlight in terms of fundraising is the Chocolate Moustache Fundraiser, as Carman Collegiate will be donating a cheque for \$18,260 to Boundary Trails Cancer Care."

It has certainly been a very eventful few months at Carman Collegiate, filled with Cougar Blue pride and positive energy.

"Looking ahead, we wish our current Vice Principal, Evan Williams,



Mary Reimer  
Carman Collegiate principal

the best of luck as he begins his principalship at St. Paul's Collegiate in Elie," said Reimer. "We look forward to working with our new interim Vice Principal, Brandon Kipe, for the remainder of the year."

## > WINTER DRIVING TIPS, FROM PG. 6

In addition to preparing your vehicle for winter conditions, drivers should also adjust their behaviours behind the wheel this season, including:

- Planning ahead. Before you head out on the highway, check for road and weather conditions by calling 511. Don't rush and give yourself extra time to get to your destination safely.

- Slowing down and using caution. Slowing down will help maintain

traction and decrease your total stopping distance. This is especially important when travelling on overpasses and bridges as surfaces on these structures can freeze quickly.

- During this time of year, it is crucial to have clear windshields. Be sure to top up windshield washer fluid and remove any snow or ice from the windows. Additionally, remember to clear any snow and ice that may have accumulated on the hood, trunk, or

roof of your vehicle.

- Ensure ample space between vehicles. Avoid tailgating and keep in mind that distance between cars should be extended when driving at faster speeds or in adverse weather conditions. Be aware that slippery roads can decrease traction, resulting in a longer stopping distance.

- Navigating cautiously. Take your time around snowbanks, advancing cautiously and leaning forward to improve your view. Be sure to keep watch for pedestrians, snow clearing

equipment, and other vehicles.

MPI's Community Relations team provides complimentary 45-minute winter driving presentations. These sessions are designed for licensed drivers who want to enhance their skills or for those who may be encountering Manitoba's winter roads for the first time. Interested organizations or groups with 10 or more participants can request an in-person or virtual presentation this season by visiting [mpi.mb.ca/communityrelations](http://mpi.mb.ca/communityrelations).

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## Christmas celebration



STANDARD PHOTO BY ROSS BURSEY

The Carman Community Christmas Dinner was held on Dec. 25 at the Carman Community Hall. Approximately 225 people attended the dinner in addition to 25 volunteers, who made the dinner possible. There was plenty of food and tons of desserts to go around on the evening.





# Showing some pizazz

PHOTOS BY RICK HIEBERT/VOICE

The Pembina Pizazz, the regional synchronized skating program, hosted an open house in Morden Sunday night to showcase the individual and group skills of its skaters. Clockwise from above: the Pembina Pizazz Star 4 team; Alison Convery; the Pembina Pizazz Novice team; Hadleigh Belton. The novice team is currently raising funds to compete at the National Synchronized Skating Competition in Ontario next month.



## Friendship club bids farewell to friend



STANDARD PHOTO BY DONNA CAMERON

On Dec. 11, the Roland Friendship Club held its annual Christmas dinner. It was beautifully prepared by the Roland United Church. A big thank you goes out to Colleen and the elves. The club also said farewell to long-time member Marion Hodgson who has moved to Carman. The Roland Friendship Club will resume shuffling Jan. 8, so feel free to drop in for a coffee and visit even if you don't shuffle.

## Budget 2024 participation encouraged

By Lana Meier

Last month, Finance Minister Adrien Sala announced that the Manitoba government is urging citizens to be involved in Budget 2024. This can be done through completing the online EngageMB survey, participating in telephone town hall sessions, or attending public meetings in person.

Sala stated that our government is dedicated to addressing both the province's financial stability and issues within the healthcare system, in addition to reducing expenses for citizens. We are eager to listen to input from Manitobans regarding their concerns in order to ensure that Budget 2024 effectively meets the needs of families in Manitoba.

During the months of January and February, we will be holding both in-person sessions and telephone town halls. One in-person session

has already been confirmed to take place on Jan. 31 at 6 p.m. at the Riverbank Discovery Centre in Brandon (1 - 545 Conservation Dr.). Stay tuned for more consultation dates to be announced in the new year.

According to the minister, those interested in attending either an in-person meeting or a telephone town hall are required to pre-register and secure their spot by signing up at <https://engagemb.ca/budget-2024>.

Citizens of Manitoba are encouraged to take part in the digital survey, accessible at <https://engagemb.ca>. Additionally, individuals can share their thoughts and suggestions by emailing [MBbudgetfeedback@gov.mb.ca](mailto:MBbudgetfeedback@gov.mb.ca) or sending written submissions to:

Minister of Finance c/o budget engagement, 103 - 450 Broadway, Winnipeg, MB R3C 0V8

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Local goaltender Schroeder makes history in PWHL

By Ty Dilello

Corinne Schroeder, hailing from Elm Creek, is making a name for her hometown in the world of hockey. The talented 24-year-old goalie recently achieved a shutout for her New York team in the inaugural game of the Professional Women's Hockey League (PWHL).

The PWHL is a brand-new professional women's hockey league featuring six teams from Minnesota, New York, Toronto, Boston, Montreal and Ottawa. The league is the first full-fledged league for women's hockey, and it's gotten a ton of exposure since its inception.

Schroeder was chosen by the New York team during the first-ever PWHL Entry Draft a few months ago. Following that, she took part in their training camp over the past month and was ultimately named their starting netminder.

"Training camp went really well," said Schroeder. "It was very busy, but it was awesome to see the team come together through that time."

On Jan. 1, Schroeder was in goal for the PWHL's first-ever game between her New York squad and Toronto. The game was broadcast nationally from coast to coast as the entire country was able to see Schroeder shine on television.

Schroeder got between the pipes for New York in Monday's game against



Corinne Schroeder

Toronto at that city's Mattamy Athletic Centre in front of a sellout crowd of 2,537 fans.

New York ended up winning the game 4-0 as Schroeder earned a 29-save shutout, with many of the saves of the high-quality variety.

"I was very nervous for the game," said Schroeder. "With it being the first ever, it felt like there was a lot of pressure and expectations for the game, but I managed to settle into the game though and played my best. The game went very well. As a team, we did a really good job pressuring Toronto and creating chances for ourselves. We weren't afraid to get physical either."



STANDARD PHOTO BY JOHN E. SOKOLOWSKI/USA TODAY SPORTS

Corinne Schroeder made history on New Year's Day in Toronto. The 24-year-old picked up the first shutout in PWHL history, stopping all 29 shots she faced.

Schroeder's family watched the game from their home in Elm Creek but will have an opportunity to watch her live soon enough as the season progresses.

"I had a lot of people reach out from Elm Creek with their congratulations and praises. I'm very thankful to everyone who watched the game and was cheering me on back home."

Schroeder is settling in nicely with her new home in New York. She lives

nearby in Stamford, Connecticut, where her team trains. She also got a new set of goalie pads for this season to mark her debut with New York, as she wanted to design her pads initially with some sort of tie to New York City.

"I didn't want it to look too busy, so I did a simple navy boot, teal up top and then Lady Liberty, the Brooklyn Bridge and the Empire State Building across the width of my pads."

## Pethybridge wins fastest skater honours

By Ty Dilello

By Ty Dilello

Carman's own Cameron Pethybridge recently participated in the 13th annual skills competition and all-star game of the Winnipeg Ringette League (WRL), held at the Seven Oaks Arena.

It's quite an impressive feat as this is only the 12-year-old Pethybridge's second year playing ringette, as she used to be a figure skater.

"I used to figure skate for a couple of years at the Carman Skating Club, and that kind of helped with my stride," said Pethybridge. "Going into ringette, I was already a good enough skater, so I just kept on get-

ting faster and faster. I really like ringette as it's a great sport, and you have to have a lot of team-work to be successful. It's kind of like hockey, in a way."

This year, Pethybridge was one of the fastest players on her MacDonald Wildfire U14 team and was entered into the skills competition. She was part of the 14-and-under fastest skater event, where players from teams across the province race against the clock to complete the fastest lap around the rink.

When all was said and done, Pethybridge won the U14 fastest skater event at the skills competition.

"It was so much fun being at the

skills competition because I know a lot of the girls that I was playing against," said Pethybridge. "It was a great experience, and there was lots of talking with other girls, so that was fun."

Pethybridge is also having a successful season with her MacDonald-Wildfire U14 squad. So far, they have only lost one game all season and are ranked second in their league.

"I'm in Carman and play out of MacDonald so lots of my teammates are from Oak Bluff, Elie and Starbuck. No one really from Carman plays that I know of. I'm hoping in a few years to keep moving up in ringette and see where it can take me."



PHOTO SUBMITTED

Carman's Cameron Pethybridge won the fastest skating trophy.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Carman's U18 curling champs are headed to Nationals

By Ty Dilello

Carman's Shaela Hayward and her team of Keira Krahn, India Young, and Rylie Cox team captured the 2024 Asham U18 Women's Provincial Curling Championships over the weekend at the Selkirk Curling Club.

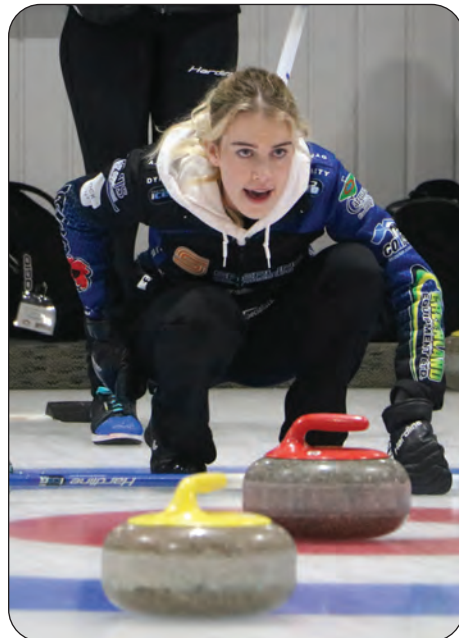
Team Hayward is very proud and honoured to now represent Manitoba at the upcoming U18 Canadian Curling Championship in Ottawa from Feb. 4 to 10.

"I'm just super proud of us as we worked very hard this year," said Shaela Hayward. "And I think the losses we had last year helped as everything happens for a reason, and it all came down to this. We played amazing all weekend."

Team Hayward entered the U18 Provincials in Selkirk as the top seed in the girl's event. They showed why they were the top seed all week: they went 5-0 in the round-robin. They defeated Heather's Cassidy Dundas 5-4 in the semi-final before defeating Dundas again 6-3 in the provincial final.

"We were very strong throughout the weekend," said India Young. "I think we got a few games under our belt in the round-robin to get used to the ice and stuff, and I knew we had to stay strong every game to have a chance going into the weekend."

"There were some tough teams, and some of the games were closer than the score looked," added Hayward.



Skip Shaela Hayward encourages her teammates to sweep a rock into the house.

"It was a strong field this year, and we're super excited to come out on top."

Team Hayward is finally getting the opportunity to represent Manitoba at a National Championship, following some close calls last season.

"It means everything to us," said Keira Krahn. "Going into this season, we knew that this was our goal to win a buffalo at the U18 Provincials. So to be able to do that is really awesome and feels great to accomplish our main goal this season."



STANDARD PHOTOS BY BRETT MITCHELL

Carman's Shaela Hayward and her team defeated the Heather Curling Club's Cassidy Dundas 6-3 last Sunday to win the 2024 Asham U18 Women's Provincial Championship at the Selkirk Curling Club. Pictured left to right: Shaela Hayward, Keira Krahn, India Young, Rylie Cox and Diane Hayward.

Team Hayward has a few weeks off before heading to Morden to play with the women at the Manitoba Scotties Provincial Championships from Jan. 23 to 28. They will also be competing as the home team at the U21 Provincials held at the Carman Golf and Country Club, which will be a great chance for locals to come out and cheer on your new U18 Provincial Champions.

The upcoming U21 Provincials in Carman could mark the end of this current iteration of Team Hayward, as their second India Young has been offered a golf scholarship at the University of Northern Colorado for the upcoming fall season.

"This is our last year as this team, but a few of us want to keep curling, so we'll see what next year brings," said Hayward.

## Winkler Flyers start 2024 with three wins in a row

By Ashleigh Viveiros

The Winkler Flyers knocked off three straight wins to start January on the right note last week.

A 5-0 blanking of the Winnipeg Freeze Wednesday was followed by wins of 7-3 and 5-4 against the Niverville Nighthawks over the weekend.

Winkler's Malachi Klassen got the shutout in net against Winnipeg, making 19 saves.

His teammates fired 45 the other way, with shots from Trent Penner, Tanner George, Mike Svenson, Isaiah Peters, and Dalton Andrew all finding their mark.

Game one of the home-and-away with Niverville saw the visiting Nighthawks take a 2-1 lead after 20

minutes. Winkler's goal came courtesy of Nich McKee.

The Flyers made up for the slow start with four goals in the second (singles from Penner and Jakob Jones and two from Andrew), allowing the Nighthawks just one more in response.

Two more goals from Andrew and Jones sealed the deal in the third.

The Flyers outshot the Nighthawks 39-32 this game. Klassen made 22 saves in net.

The next night in Niverville saw the Flyers down 4-1 after two periods (Zach Nichols scored for them in the first), but they managed to tie it up with three goals in the third from Nicolas, Blake Matheson, and Jayce Legaarden. Legaarden then got the

winning goal three minutes into overtime.

Liam Ernst was in net this game for Winkler and he made 22 saves in regulation off 26 shots and stopped the lone shot on goal in overtime. The Flyers sent 32 shots on net the other way.

With that, Winkler has a good hold on the third place in the MGEU East Division with a record of 23-5-2-2 and 50 points. They trail the Portage Terriers in second place by just one point and the Steinbach Pistons in first place by four. Well behind them in fourth place with 42 points are the Niverville Nighthawks.

This week the Flyers play in Selkirk Tuesday night and in Neepawa on

Saturday. Their next home game is against the Winnipeg Freeze Jan. 17.

In other Flyers news, the team last week announced a three-team trade that will bring defenseman Will Brophy (2004) to Winkler.

The AJHL's Spruce Grove Saints receive forward Dylan Ruptash (2004) and the SJHL's Yorkton Terriers receive player development fees from Winkler and Spruce Grove in the trade.

"Will is a long-ranged defenseman offensive skillset to transport pucks," says Flyers head coach and general manager Justin Falk. "His ability to take time and space away defending will complement our back end going into the second half."

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Twisters, MMJHL teams graciously gave back to the community in December

By Ty Dilello

The Pembina Valley Twisters are currently dominating the Manitoba Major Junior Hockey League (MMJHL) with eight consecutive wins, following their recent victories over the weekend. As a result, they have climbed to third place in the league standings with an impressive record of 16-8-2.

The Twisters emerged victorious on the road against the Fort Garry/Fort Rouge Twins on Jan. 5 with a final score of 5-3. Merek Degraeve led the charge for Pembina Valley with a pair of goals, while Derek Wiebe, Brett Bergman and Colton Wiebe had the other Twisters' tallies. Logan Enns stopped 33 shots in net for the win.

A few nights later on the road on Jan. 7, the Twisters blasted the River East Royal Knights by a 5-1 count. Twisters' spread the wealth offensively as the team's goals were scored by Riley Goertzen, Slade Sotheran, Caelan Russell, Josh Guilford and Mike Hepner. Owen LaRocque was fantastic in the Twisters' net as he stopped 30

shots in the win.

"We have been sticking to our game plan, as we've learned enough lessons at the beginning of the year that we have to play Twisters hockey no matter who we are playing to be successful," said Pembina Valley Twisters head coach Braeden Beernaerts. "The keys to our consistency have been just sharpening our play on the little things every night. At the beginning of the year, it can take some time for the little things to add up to big things and really click. We hope to continue our success and keep things rolling down a very tough stretch."

Twisters' sniper Wiebe is currently third in the MMJHL's scoring race with 43 points in 26 games and Degraeve is in fifth with 41 points in 27 games, while Enns is currently fifth in the goalie rankings as he boasts a 3.08 goals-against average and a .911 save percentage.

The Twisters are back in action with a road game on Jan. 12 against the Raiders Jr. Hockey Club. The puck drops at 7:30 p.m.



STANDARD PHOTO SUBMITTED

Record breaking attendance at Breakfast with Santa event sponsored by the Morris Area Recreation Commission and Morris and Area Christmas Cheer board resulted in record breaking donation.

The Pembina Valley Twisters players were giving back to the community in December and helped out with a Breakfast with Santa event in Morris.

"The team is only here because of such a great community to have us in Morris," said Beernaerts. "When

help is needed, we don't hesitate to get some players out to volunteer and give back as much as we can to a wonderful community. I'm not sure how much was raised with the Breakfast with Santa, but I know it was very successful."

## Female Hawks looking to get back in the win column

By Lorne Stelmach

Gaining a point for a shootout loss this past weekend offered a small bit of consolation for the female U18

Pembina Valley Hawks.

They battled hard with the Eastman Selects Sunday afternoon in Morden, but they came up just short in falling 2-1 with the Selects connecting for the lone shootout goal.

Emma Durand scored the lone

goal for the Hawks to even the game at 1-1 in the second period, while Kasia Rakowski made 41 saves with Pembina Valley outshot 42-35 overall.

It leaves the Hawks in seventh place at 5-11-3 for 13 points, which has them tied with Interlake, although the Lightning have two games in hand and one more victory. There is an 11-point differential then to fifth place

Eastman, while Central Plains sits in the cellar in eighth place at six points.

The Hawks will try to get back into the win column with a busier week ahead that started with hosting Central Plains in Morden Wednesday. This weekend then has them hosting Westman Saturday afternoon in Carman and welcoming Interlake to Morden Sunday.

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## Beavers move into last place in SEMHL standings

By Ty Dilello

The Carman Beavers continued their downward spiral, suffering two more losses over the weekend. As a result, they now hold the last spot in the SEMHL standings with a dismal record of two wins and ten loss-es.

The Beavers suffered a 7-1 defeat against the top-ranked Ste. Anne Aces on Jan. 6. Ste. Anne's Brendan Walker netted a hat trick and Jordan DePape

scored twice. Matt Miles managed to score the only goal for the Beavers in the final minutes of the third period, with the score already at 7-0. Carman's Luke Zacharias made 49 saves in the loss.

The following evening, Jan. 7, the Beavers showed some improvement, but ultimately fell short in their second match against Ste. Anne with a score of 10-6. Kale Ilchena and Ben Dalke each scored twice for

Carman and Scott Atkins and Fraser Mirrlees also contributed goals for the team. On the opposing side, Braden Purtill completed a hat trick for the Aces and Jordan DePape added two more goals to their tally.

The Carman Beavers are back in action with a road game against the Altona Maroons on Thursday, Jan. 11. The puck drops at 8:00 p.m.

# Mateychuk captains Canada at World Juniors

By Ty Dilello

Denton Mateychuk, hailing from Dominion City, served as the captain for Team Canada in the 2024 World Junior Hockey Championships held in Gothenburg, Sweden.

Mateychuk, a prospect of the NHL's Columbus Jackets, accumulated four points for Team Canada during their matches throughout the tournament.

Mateychuk credits his family and growing up in a small town for helping him get to where he is today in hockey.

"My Dad played college baseball, and so he's always been a huge sports guy, while my mom was also into sports too," said Mateychuk. "Growing up in a small town, there are ups and downs as there are good things that come from it and some disadvantages as well. There was certainly more access to ball fields or hockey rinks in Dominion City than other places. I'm sure. In the winter, my Dad could get the rink for me whenever I wanted, which was nice when I was younger, and I would skate for



STANDARD PHOTO SUBMITTED

Dominion City's Denton Mateychuk recently captained Team Canada to a quarterfinal finish at the 2024 World Junior Hockey Championships in Gothenburg, Sweden.

hours. That really helped, and it just gave me the love for the game that I have today."

Having come up through the Eastman Selects AAA system, Mateychuk

has spent the last four years playing defence for the Moose Jaw Warriors in the WHL. He was appointed team captain for the last two seasons and currently boasts 34 points in 25 games

during the 2023-24 season.

Mateychuk was selected as the 12th overall pick by the Columbus Blue Jackets during the 2022 NHL Entry Draft. In the past two years, he has participated in the team's training camp and is expected to have a chance at making it onto the main roster for next season.

During this season, he achieved the dual honour of being selected for Team Canada's World Juniors team and chosen as captain. Despite a 3-2 loss to the Czech Republic in the quarterfinals, the Canadian squad won three out of five games in a successful tournament.

Mateychuk, who comes from a big family of three brothers and one sister, will return to Moose Jaw for the second half of his WHL campaign.

"It's hard being away from all of my family, but I especially miss my brothers," said Mateychuk. "We do a lot of stuff together, whether it's fishing, baseball or golf. We love doing that together. Having my family support makes going away a bit easier."

## Hawks split pair of games with Bruins, fall to Selects

By Lorne Stelmach

The male U18 Pembina Valley Hawks were on both ends of a pair of shootout losses this past weekend.

Friday saw the Hawks fall 4-3 to the Eastman Selects in the overtime skills session, but Pembina Valley then pulled out a 5-4 victory Saturday over the Winnipeg Bruins.

That followed a 3-1 loss to the Bruins last Wednesday in Morden, which leaves the Hawks in seventh place at 10-12-3-4 for 27 points. They are one

point ahead of Eastman and six behind the Winnipeg Thrashers.

The Hawks may have deserved a better fate against the Bruins Jan. 3 as they outshot Winnipeg 41-32 but could not manage anything more than an early third-period goal which drew them to within 2-1.

Kam Thomas was the lone scorer for Pembina Valley while Bryson Yaschyshyn took the loss in net with 29 saves.

Haideen Friesen scored his second

of the game with just under a minute remaining to send the Eastman game to overtime, but the Selects won the shootout 2-0.

Ryder Wolfe scored the other goal for the Hawks, who got 40 saves from Ryler Gates as Pembina Valley was outshot 43-36.

On Saturday, it was the Bruins who scored with 20 seconds remaining to send the game to overtime, but the Hawks this time got the only shootout goal from Acoyen Fehr.

Pembina Valley got a pair of goals from Adrien McIntosh and singles from Friesen and Sam Delaquis en route to victory. Bryson Yaschyshyn made 35 saves in net as Winnipeg held a 39-31 edge in shots on goal.

The Hawks have only one game this week with a visit to Teulon Saturday for a matchup with the Interlake Lightning. Their next home game is against the Winnipeg Thrashers in Morden Jan. 17.

## Local teacher working to bring ringette back to the community

By Becca Myskiw

While it remains the quickest sport on ice, its growth has not kept pace.

Ringette is a Canadian winter sport, dubbed the fastest on ice. It works similarly to hockey but is played with a stick and ring and requires more teamwork. In ringette, players must pass the ring over each blue line, never carrying it over themselves. Instead of a faceoff, the team that was scored on passes the ring out from the centre circle, and each end of the ice has a ringette line, where only three players from each team can be in at a time.

Erin Pethybridge grew up playing the sport against teams from all over the community. Since she's had her

own family, it's fizzled out in the area, forcing her daughters to play ringette for a team outside of the region.

Pethybridge has been dedicated to reintroducing ringette to the community, beginning with a recreation program in Elm Creek last year. Every Monday from 4:30 to 5:30 p.m., she'd meet close to 17 youth at the rink, and they'd work on their skating skills, learn the ringette game, and eventually, play three-on-three games. Pethybridge ran 10 sessions last year and hopes to do more this year.

"They were really enjoying it, and they really wanted to play, and that's what I wanted," she said. "If they decide to register from there on, that's

just icing on the cake."

Pethybridge is running two 45-minute sessions each Monday this year starting Jan. 15.

Session one will start at 4:15 p.m. followed by a second session at 5 p.m. The first session will be tailored to those needing to learn the skating and ringette basics. The second one will be for more confident skaters who want to work on their skills and play the game.

The MacDonald Ringette Association has given sticks for Pethybridge to use during her sessions, so those without a stick need not worry. Players must be between six and 13 years old and don't have to pay anything to

participate. You only need a pair of skates, a helmet, and some protective equipment like knee pads.

"It's just a fun sport and it's a team sport," said Pethybridge. "You need to pass the ring over the lines each time; there are no breakaways and no cherry-picking. It's a really good way to develop skating compared to hockey and it teaches good teamwork."

To learn more about Pethybridge's rec ringette sessions, email [ecre-cringette@gmail.com](mailto:ecre-cringette@gmail.com). People can come from any community and take part in the sport.

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**TENDER FOR SALE OF LAND**

Sealed tenders clearly marked with the words "Land Tender - Friesen/Sandcock" will be received by **Thompson Dorfman Sweatman LLP (Attention: Scott Hoepfner)** until **January 17, 2024 at 4:00 p.m.** for the purchase of the following land, with the potential for possible development:

Lot 2 in SE ¼ 18-3-5 WPM, near the North-West corner of the City of Morden (close to the Discovery Trails School currently under construction) being approximately 28.5 acres, and being legally described as follows:  
**LOT 2 PLAN 72414 MLTO IN SE 1/4 18-3-5 WPM**

**Terms and conditions of sale:**

1. Each tender must be sealed and in writing, accompanied by deposit paid by bank draft, certified cheque or solicitor's trust cheque in the amount of 10% of the offered price payable to Thompson Dorfman Sweatman LLP, IN TRUST. Deposits accompanying unaccepted bids will be returned.
2. All tenders must be received by the deadline of January 17, 2024 at 4:00 p.m. and include the full name, address, phone number and email of the purchaser.
3. Only tenders for the entire portion of land will be considered and shouldn't be subject to any conditions precedent.
4. On acceptance of the tender, the deposit will be applied to the purchase price and the balance remaining will become due and payable on the closing date. The closing date shall be 30 days after the successful bid is determined. If the balance of the accepted tender is not paid by the closing date, the deposit paid will be forfeited as liquidated damages and not as a penalty.
5. Interested purchasers must rely on their own inspection and knowledge of the land. The land is sold on an "as is" basis. The vendor makes no representations or warranties with regard to the condition, value, land quality, environmental condition, suitable use, size, or zoning of the land.
6. The land has not been listed for sale with any agent and no sales commissions will be paid to any agent representing any tenderer.
7. The highest, or any tender, need not be accepted.
8. No submitted tender may be varied or withdrawn prior to the notification of acceptance or rejection.
9. The successful bidder will be required, following acceptance, to sign a purchase agreement based on the accepted tender terms and will sign the standard Thompson Dorfman Sweatman LLP agreement of purchase and sale for agricultural property within seven days of being advised that he or she is the successful bidder.
10. Property taxes will be paid to December 31, 2023. Property taxes for 2024 will be solely the responsibility of the purchaser. All other taxes including GST and Land Transfer Tax shall be the responsibility of the purchaser. Each of the vendor and purchaser shall be responsible for their own legal fees to complete the sale.

Please send sealed Tenders to purchase the land to:  
Thompson Dorfman Sweatman LLP  
3-175 Roblin Blvd. East, Winkler, MB R6W 0H2  
Attention: Scott Hoepfner

For further information contact Scott Hoepfner at 204-934-2355 or sjh@tdslaw.com

**CARMAN LEGION BRANCH #18 ELECTIONS HAVE BEEN POSTPONED UNTIL WEDNESDAY, JANUARY 24, 2024 7:30 P.M.**

**FARMERS AND RANCHERS**  
Interlake Cattlemen's Co-op  
Plan to attend the Bred Cow sale  
**Saturday, January 20, 2024 at 1:00 p.m.**  
**Ashern Auction Mart**  
Open consignment bred cow and heifer sale  
250 cows are expected, including  
125 cows for 3Bar Cattle  
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More consignors are welcome  
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*The Carman-Dufferin*  
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Call **204-467-5836**

**Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836**

OBITUARY



**Harry Palchynski**  
1935 – 2023

In the early morning of Saturday, December 30th, 2023, Harry Palchynski passed away at the St. Claude Health Centre at the age of 88 years old.

Harry was predeceased by his parents and several aunts, uncles, and cousins. He is survived by his sister, nephews, and several cousins.

Harry was born in Ukraine on November 4, 1935, as the son and oldest child of Doris (nee Kapelus) and John Palchynski. When he was one-and-a-half years old, his parents embarked on a ship and moved to Canada. Harry never really said much about his early years, merely that they were extremely hard for them all in many ways. The hard times did cause him to have a great work ethic and a healthy appreciation for money and goods.

Growing up, he enjoyed farming between Roseisle and St. Claude. After his father passed away, he took over the responsibilities on the farm and the care of his mother. During his farming years, he also worked at Ed's Tire in Carman for a time. People from the area knew where to find Harry for small mechanical repairs, from farm equipment to cars to watches.

After his mother died, he moved to St. Claude. Increasing health issues forced him to move into the St. Claude Health Centre in 2021.

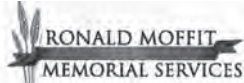
Buying, repairing, and selling watches was one of Harry's hobbies. He also thoroughly enjoyed hunting down bargains at stores or auction sales, as well as saving and recycling all sorts of items. He himself lived extremely frugal, yet in his later years he was also generous to others. Even the nurses and other staff often could not leave his room before they had agreed to accept a candy, a chocolate, a coke, or some other treat.

Harry lived a rather private life, yet loved to visit with friends. Till the end, company always lifted his spirits. He was known to have a temper, but he also had a strong sense of justice. He had a hard time coping with being mistreated by some he considered friends. As he was getting old, he felt very sad when many of his friends passed away. Till the very last few days, Harry had a sharp mind and his memory remained in excellent shape. It was impressive to hear how he remembered events from the past and could recall minute details of his diverse conversations and projects over the years. He has passed on much practical advice and experience in the field of repairs and farming.

Heartfelt appreciation is extended to the many nurses and other staff at the St. Claude Health Centre for their patience with Harry and the excellent and dedicated care for him during the last years of his life, right until the end.

As per Harry's wishes, a private burial will take place at the Sts. Peter and Paul Ukrainian Cemetery south of St. Claude.

To share memories and leave condolences, please visit [www.ronaldmoffitmemorialservices.com](http://www.ronaldmoffitmemorialservices.com)



of Portage la Prairie, MB  
in care of arrangements

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OBITUARY



**Alvin Glenn Phillips**  
1945 – 2023

With great sadness we announce that Alvin Phillips passed away on Sunday December 31, 2023.

He is survived by his brothers, Barry Wayne, James Dale and Vernon Rae, his sister-in-law, Sally Anne Phillips, two nephews, three nieces and several cousins. He was predeceased by his parents, James Clifford and Ruby May.

Alvin had a great sense of humor and personality and lived a good life with many friends. He was fond of the color red, and he owned a red Oldsmobile, a red motorcycle and a red boat in his early years. To the chagrin of his parents, he took flying lessons and used to buzz their house during his practice runs in the evenings. In these early years, he was known as an 'Evel Knievel'. He joined Manitoba Hydro in July 1964 and after four years in construction he spent the rest of his career at the Morden office and retired in January 2001. He loved his work and farming and he continued to farm the home farm on a part-time basis throughout his career with Manitoba Hydro and after retirement. He loved to fly and he spent many hours with his good friend, Don Pfrimmer, flying around the country looking at crops. Alvin will be greatly missed.

A private family interment will be held at a later date at Fairview Cemetery in Roland.

Wiebe Funeral Chapel, Morden  
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[wiebefuneralhomes.com](http://wiebefuneralhomes.com)



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## take a break > GAMES

### SUDOKU

		1		9		8		
9					4			
5				8		7	3	
	7	6			5		4	
					8			
2			4				5	
				5		2		
				2		3	9	7
1	9			3				

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**Sudoku Answer**

4	9	5	7	3	8	2	6	1
7	6	3	4	2	1	8	5	9
8	1	2	5	6	3	4	7	9
9	5	7	1	8	4	9	3	2
6	3	8	2	7	6	5	1	4
2	4	1	5	6	3	9	7	8
3	7	6	8	1	2	4	9	5
8	7	4	2	9	5	6	3	1
5	8	6	9	7	1	4	2	3

**Crossword Answer**

W	R	S	S	E	R	A	E	S	E	R	E	H
E	D	G	I	T	O	O	S	E	N	E	K	V
N	I	N	S	I	T	I	N	O	L	I	R	E
V	O	I	L	S	S	E	D	O	N	V		
S	V	L	O	R	S	S	E	L	V	H	V	E
S	E	R	I	T	S	E	R	I	S	N	O	
B	V	O	D	V	O	V	E	A	W	O	B	E
I	A	S	T	R	I	B	W	S	I	O	V	
N	O	N	V	I	V	V	V	O	T			
S	N	O	I	T	I	V	I	S	V	O	T	O
S	T	R	E	B	O	R	V	E	O	N	I	V
V	S	V	N	V	E	L	V	B	V	E	E	Z
O	M	F	V	O	G	E	O	C	O	V	E	D

**CLUES ACROSS**

1. Defensive nuclear weapon
4. Moved back and forth
9. One-time coach of the Cowboys
14. Last letter
15. Cause to become less intense
16. Genus of tree bugs
17. Body art
18. Romance novelist
20. Be filled with love for
22. City
23. Make vivid
24. Horses
28. Mauna \_\_, Hawaiian volcano
29. Atomic #18
30. Shortly
31. A type of prejudice
33. Whirls
37. Six
38. Old world, new
39. \_\_ Hess, oil company
41. Talk
42. Not off
43. Begets
44. Cars need them
46. Computing architecture (abbr.)
49. Of I
50. Journalist, activist Wells
51. Takes apart
55. Lists
58. Positively charged electrode
59. Hard, colorless compound
60. Inflammation of the peritoneum
64. Trent Reznor's band
65. Simply dry fruit
66. "Ivanhoe" author
67. Google certification
68. French commune
69. Medieval circuit courts
70. Soviet Socialist Republic

**CLUES DOWN**

1	2	3	4	5	6	7	8	9	10	11	12	13	
14			15					16					
17			18					19					
20			21			22							
23					24	25				26	27		
		28			29				30				
31	32				33	34	35	36			37		
38				39	40						41		
42				43					44	45			
46		47	48			49			50				
51					52	53	54			55		56	57
									59				
60	61							62	63			64	
65								66				67	
68								69				70	

1. Indigenous people of Mexico
2. Dietary supplement
3. Having a particular sheen or luster
4. Views
5. Academic Bill of Rights
6. Automobile
7. When you anticipate arriving
8. Beef or chicken intestine
9. Conspiracy
10. Blood disorder
11. Long-time NBAer Shawn
12. Time zone
13. US, Latin America, Canada belong to
19. Upton Sinclair novel
21. What a cow does
24. Cavalry-sword
25. Ancient Greek war galley
26. Stars
27. Rebukes
31. Billion year periods
32. Some are in a bottle
34. Tears down
35. Lethal dose
36. Humorists
40. Midwestern US state (abbr.)
41. Frameworks
45. Rocker Billy
47. More than
48. Dog
52. Habitual repetitions
53. State of fuss
54. Uneasy
56. Chemical compounds
57. More cognizant of reality
59. A place to build
60. Exclamation that denotes disgust
61. Supplement with difficulty
62. Very slick
63. Hill or rocky peak

January

# Alzheimer's Awareness Month



## Join the fight for a cure

### Dispelling common myths about Alzheimer's

January is National Alzheimer's Awareness Month. This campaign aims to raise awareness, fight stigma, reinforce human rights and push for policy change. To be a good ally, you must distinguish the facts about the disease from the myths. Here are five common Alzheimer's myths debunked.

**1. ALZHEIMER'S DISEASE ONLY AFFECTS OLDER PEOPLE**  
Although age is a risk factor for Alzheimer's, there are two forms of the disease. Young-onset Alzheimer's disease is rarer and affects people from their 30s to their mid-60s. Late-onset Alzheimer's disease is more common and develops when a person is in their mid-60s and older.

**2. BEING FORGETFUL IS A TELLTALE SIGN OF ALZHEIMER'S DISEASE**  
Many people have trouble with their memory as they get older. However, being forgetful doesn't necessarily mean you have Alzheimer's disease.

**3. ALZHEIMER'S DISEASE IS PREVENTABLE**  
There's no single factor that can prevent Alzheimer's disease. However, there's growing evidence that lifestyle choices, including participating in regular activity and maintaining good heart health, may help reduce the risk.

**4. YOU'LL 100% DEVELOP ALZHEIMER'S DISEASE IF YOUR PARENT HAS IT**  
Your chance of developing Alzheimer's is higher if you have certain

genetic variants that can be passed down from a parent. However, just because a biological parent has Alzheimer's doesn't mean their children will automatically develop it.

**5. THERE'S NO TREATMENT FOR ALZHEIMER'S DISEASE**  
Although there's no cure for Alzheimer's disease, various medications and treatments can successfully help alleviate some symptoms and improve quality of life.

This Alzheimer's Awareness Month, do your research and get involved in your local community to help raise awareness of this disease.



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